

OCCUPATIONAL EXPOSURE AS A FIREFIGHTER

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OF CARCINOGENIC HAZARDS
TO HUMANS

Table S1.25 Biomarkers of exposure other than fire smoke and polycyclic aromatic hydrocarbons

Sample type	Type of fire	Location, sampling date	Sampling period and duration	No. of individuals sampled and type of firefighter	No. of samples	Mean \pm SD *geometric mean (\pm GSD or 95% CI) **median (range)	Units	LOD and/or LOQ	Comments and other relevant information	Reference
<i>Asbestos</i>										
Radiograph	NA	New York City, USA	NA	212 municipal firefighters	212	Pleural/parenchymal abnormalities	NA	NA	Mixed biomarker of exposure and effect	Markowitz et al. (1991)
<i>Chemical flame retardants: polybrominated diphenyl ethers (PBDEs) and other brominated flame retardants</i>										
Serum	NA	California, USA, 2009	NA	12 veteran municipal firefighters (11 male)	12	BDE-28: 2 ± 3 BDE-47: 52 ± 70 BDE-99: 10 ± 11 BDE-100: 12 ± 16 BDE-153: 33 ± 32 BDE-209: 27 ± 24	ng/g lipid	NR	Blood collected post-fire	Shaw et al. (2013)
Serum	NA	California, USA, 2010-2011	NA	101 (99 male) municipal firefighters	101	BDE-28: $1.7 (1.5-1.93)^*$ BDE-47: $32.3 (27.8-37.5)^*$ BDE-99: $6.19 (5.35-7.17)^*$ BDE-100: $5.68 (4.77-6.75)^*$ BDE-153: $15.4 (12.9-18.3)^*$ BDE-209: 29% detection	ng/g lipid	0.003–0.15 ng/mL		Park et al. (2015)
Serum	Controlled residential fires	Illinois, USA, 2015	Before and after fires	36 firefighters (32 male career and volunteer, mostly from midwest)	36	<i>Post-fire concentrations</i> BDE-28: $0.54 \pm 2.15^*$ BDE-47: $8.37 \pm 2.57^*$ BDE-99: $1.49 \pm 2.76^*$ BDE-100: $1.67 \pm 2.28^*$ BDE-153: $5.53 \pm 2.44^*$ BDE-209: $3.01 \pm 1.57^*$	ng/g lipid	NR	Serum concentrations at 23-h post-fire provided here. No evidence of pre- to 23-h post-fire increase in PBDE metabolites	Mayer et al. (2021)

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Serum	NA	Busan, Republic of Korea, 2020	NA	92 male Busan firefighters	92	Sum 27 PBDE congeners: 17.1 (range, 1.58–95.2)	ng/g lipid	0.0013–0.399	The summed concentration of PBDEs in firefighters was higher than in the general population, and there was a positive correlation in the firefighters between PBDE levels and duration of service	Ekpe et al. (2021)
<i>Polychlorinated and polybrominated dibenzo-para-dioxins and dibenzofurans (PCDD/Fs and PBDD/Fs)</i>										
Serum	NA	Taiwan, China, 2010	NA	20 (16 firefighters and 4 fire investigators)	20	<i>IARC Group 1</i> 2,3,7,8-TCDD: 1.4 \pm 0.45 2,3,4,7,8-PeCDF: 8.0 \pm 2.3 <i>Selected others</i> 1,2,3,7,8-PeCDD: 5.8 \pm 2.6 1,2,3,6,7,8-HxCDD: 8.8 \pm 4.8 1,2,3,4,6,7,8-HpCDD: 14 \pm 8.1 OCDD: 250 \pm 150 1,2,3,4,6,7,8-HpCDF: 6.9 \pm 4.3 OCDF: 1.6 \pm 1.2	pg/g lipid	NR	Fire investigators had median TEQs higher than the general Taiwanese male population	Hsu et al. (2011)

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Serum	NA	Eastern Siberia, Russian Federation	NA	13 current firefighters	13	1,2,3,4,6,7,8-HpCDD: 13.1 (range, 4.6–46.8) 1,2,3,7,8,9-HxCDF: 1.7 (range, 0.5–3.3) OCDF: 5.8 (range, 1.4–8.9)	pg/g lipid	NR	HpCDD and HxCDF levels were higher in current firefighters than non-firefighters and OCDF was higher in current firefighters than former firefighters and non-firefighters	Chernyak et al. (2012)
Serum	NA	California, USA, 2009	NA	12 veteran municipal firefighters (11 male)	12	1,2,3,6,7,8-HxCDD: 33 \pm 25 1,2,3,4,6,7,8-HpCDD: 87 \pm 51 OCDD: 250 \pm 180 1,2,3,4,6,7,8-HpCDF: 78 \pm 119 2,3,7,8-TBDD: 58 \pm 134 2,3,4,7,8-PeBDF: 126 \pm 312 1,2,3,7,8-PeBDF: 126 \pm 303 OBDF: 2987 \pm 1755	pg/g lipid	NR	Blood collected post-fire. Firefighters had higher HpCDD concentrations than did general US population	Shaw et al. (2013)

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Serum	Controlled residential fires	Illinois, USA, 2015	Before and after fires	9 firefighters (mostly from midwest)	9	<i>Post-fire concentrations:</i> <i>IARC Group 1</i> 2,3,7,8-TCDD: 0.75 ± 1.12* 2,3,4,7,8-PeCDF: NR <i>Selected others</i> 1,2,3,7,8-PeCDD: 2.49 ± 1.11* 1,2,3,6,7,8-HxCDD: 12.5 ± 1.15* 1,2,3,4,6,7,8-HpCDD: 15.7 ± 1.13* OCDD: 91.7 ± 1.19* 1,2,3,4,6,7,8-HpCDF: 6.09 ± 1.20* OCDF: NR	pg/g lipid	NR	Concentrations at 23-h post-fire provided here. Concentrations were near or below those for general US population levels. No evidence of an increase from before to 23 h after the fire	Mayer et al. (2021)
<i>Polychlorinated biphenyls (PCBs)</i>										
Serum	NA	Eastern Siberia, Russian Federation	NA	13 current firefighters	13	PCB-105: 11.37 (range, 5.03–32.55) PCB-118: 41.39 (range, 16.35–105.76) PCB-157: 4.29 (range, 1.63–11.78) PCB-167: 3.28 (range, 1.02–8.22)	ng/g lipid	NR	PCB-105 and PCB-118 higher in current firefighters than in non-firefighters. PCB-157 and PCB-167 higher in current (and former) firefighters than in non-firefighters	Chernyak et al. (2012)
Serum	NA	California, USA, 2009	NA	12 veteran municipal firefighters (11 male)	12	<i>IARC Group 1</i> PCB-105: 1 ± 1 PCB-118: 4 ± 2 PCB-156: 5 ± 4 ΣPCBs: 135 ± 91	ng/g lipid	NR	Sum of PCB concentrations for firefighters collected post-fire were lower than those for the general US population	Shaw et al. (2013)

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Serum	NA	California, USA, 2010–2011	NA	101 (99 male) municipal firefighters	101	PCB-66: 1.17 (1.09–1.25)* PCB-74: 1.77 (1.61–1.95)* PCB-99: 1.76 (1.61–1.93)* PCB-118: 2.66 (2.46–2.87)* PCB-138: 5.53 (4.98–6.15)* PCB-153: 12.2 (10.8–13.7)* PCB-156: 1.84 (1.61–2.09)* PCB-170: 3.64 (3.16–4.19)* PCB-180: 13.4 (11.7–15.4)* PCB-183: 1.03 (0.93–1.15)* PCB-187: 2.99 (2.61–3.42)* PCB-194: 3.37 (2.89–3.93)* PCB-203: 3.37 (2.92–3.89)*	ng/g lipid	0.01 ng/g lipid	Serum PCBs were lower than in the 2003–2004 NHANES comparison group	Park et al. (2015)
<i>Chemical flame retardants: organophosphate flame retardants (OPFRs)</i>										
Urine	Controlled structure training fires with modern furnishings	Chicago, Illinois, USA, 2010–2011	~20-min or 3-h training fires	146 firefighters	146	TCEP (BCETP): 0.86 (ND–10)** TCPP (BCPP): 0.24 (ND–2.9)** TDCPP (BDCPP): 3.4 (0.30–44)** TBP (DBuP): 0.18 (ND–2.4)** TPP (DPhP): 2.9 (0.24–28)**	ng/mL	0.05–0.16	Concentrations in firefighters generally higher than in the general public in Atlanta, USA, collected in 2015	Jayatilaka et al. (2017)

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Urine	Controlled residential fires	Illinois, Wisconsin and Indiana, USA, 2015	Before and after fires	36 firefighters (32 male career and volunteer, mostly from midwest)	36	<i>Post-fire concentrations:</i> TCEP (BCEtP): 1.67 ± 1.94* TDCPP (BDCPP): 2.7 ± 1.97* TPP (DPhP): 0.34 ± 2.09*	µg/g creatinine	0.08–0.16	3-h post-fire urine concentrations provided here. Significant increase from pre to post-fire found for BCEtP and DPhP	Mayer et al. (2021)
<i>Per and poly-fluoroalkyl substances (PFAS)</i>										
Serum	NA	California, USA, 2009	NA	12 veteran municipal firefighters (11 male)	12	<i>IARC Group 2B</i> PFOA: 7 ± 3 <i>Selected others</i> PFOS: 12 ± 15 PFHxS: 1 ± 1 PFNA: 2 ± 1	ng/mL	NR	Concentrations of PFOA and PFNA were higher, and PFOS and PFHxS were lower in firefighters than in 2013–2014 NHANES participants	Shaw et al. (2013)
Serum	NA	Phoenix and Tucson, Arizona, USA 2009	NA	38	38	PFHxS: 3.07 (2.66–3.55)* PFOS: 13.36 (11.64–15.34)* PFOA: 3.33 (2.89–3.84)* PFNA: 0.93 (0.81–1.06)* PFDA: 0.25 (0.22–0.29)* PFUnDA: 0.12 (0.10–0.14)* Me-FOSAA: 0.21 (0.17–0.26)*	ng/mL	0.1–0.2	Comparing 38 Arizona firefighters and 49 NHANES 2009–2010 participants, firefighters had elevated PFHxS and lower PFNA and PFUnDA	Khalil et al. (2020)

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Serum	Training fires burning jet fuel and wooden pallets, Sthamex 3% AFFF used for fire suppression	Oulu Airport, Finland 2010	Two 60–63-minute training sessions daily for 3 days over a 3-mo period	Blood samples collected at baseline and 2 wk after each training session in 8 airport firefighters	32	<i>Post-exposure concentrations:</i> PFHxS: 2.19 (1.05–4.30)** PFOS: 11.1 (2.8–35.8)** PFOA: 2.94 (1.61–4.85)** PFNA: 1.22 (0.43–6.69)**	ng/mL	0.35	PFHxS and PFNA concentrations increased after three consecutive training sessions, statistical analysis NR	Laitinen et al. (2014)
Serum	NA	Ohio and West Virginia, USA 2005–2006	NA	8826 male adults, including 37 firefighters	36	PFHxS: 4.60 (0.25–14.60)** PFOS: 27.85 (0.25–67.50)** PFOA: 31.50 (0.25–75.35)** PFNA: 1.60 (0.25–4.40)**	ng/mL	NR	Concentration of PFHxS was significantly higher in firefighters than in non-firefighters	Jin et al. (2011)
Serum	NA	Southern California firefighters 2010–2011	NA	101	101	PFOS: 12.50 (11.34–13.78)* PFOA: 3.75 (3.37–4.17)* PFHxS: 2.26 (2.00–2.54)* PFNA: 1.15 (1.06–1.25)* PFDA: 0.90 (0.78–1.03)* PFHpA: 0.90 (0.78–1.03)* PFOSA: 0.032 (0.027–0.037)* Me-FOSAA: 0.16 (0.13–0.18)* Et-FOSAA: 0.016 (0.014–0.018)*	ng/mL	0.01–0.22 ng/mL	PFDA concentrations higher in firefighters than in NHANES 2009 participants. PFHpA concentrations increased with use of class A firefighting foam	Dobraca et al. (2015)

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Serum	NA	Queensland, Australia, 2013	NA	20 firefighters with 19–38 yr of exposure to AFFF	20	PFOS: NR (92–343) PFHxS: NR (49–326)	ng/mL	PFOS, 0.02 PFHxS, 0.07	PFOS and PFHxS concentrations were markedly elevated in firefighters compared with 19 university students and office workers, samples collected in 2011–2012	Rotander et al. (2015a)
Serum	NA	Australia, 2013	NA	149 firefighters who used AFFF	149	<i>IARC Group 2B</i> PFOA: 4.6 ± 2.4 <i>Selected others</i> PFOS: 74 ± 61 PFHxS: 33 ± 36 PFNA: 0.76 ± 0.3	ng/mL	0.02–0.06	Lower PFOS concentrations in newer firefighters who did not use PFOS-containing AFFF	Rotander et al. (2015b)
Serum	NA	San Francisco, California, USA, 2014–2015	NA	86 female municipal firefighters	86	<i>IARC Group 2B</i> PFOA: 1.15 (1.05–1.25)* <i>Selected others</i> PFOS: 4.11 (3.68–4.59)* PFHxS: 3.79 (3.24–4.43)* PFNA: 0.67 (0.61–0.74)* PFUnDA: 0.18 (0.14–0.22)* PFDA 0.25 (0.23–0.28)	ng/mL	0.05–0.1	Firefighters had higher PFHxS, PFUnDA, and PFNA concentrations than did office workers. Firefighters and officers had higher PFNA, PFOA, PFDA, and PFUnDA concentrations than did drivers	Trowbridge et al. (2020)

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Sample type	Type of fire	Location, sampling date	Sampling period and duration	No. of individuals sampled and type of firefighter	No. of samples	Mean \pm SD *geometric mean (\pm GSD or 95% CI) **median (range)	Units	LOD and/or LOQ	Comments and other relevant information	Reference
Serum	NA	Ohio, USA, 2018–2019	NA	47 male airport and suburban firefighters	45	<i>IARC Group 2B</i> PFOA: 2.17 (1.10–4.65)** <i>Selected others</i> PFOS: 10.7 (4.28–30.4)** PFHxS: 6.45 (2.2–12.3)** PFNA: 0.45 (0.22–1.36)**	ng/mL	NR	PFHxS was elevated in firefighters compared with NHANES 2015–2016 participants. PFOS higher in airport than suburban firefighters	Leary et al. (2020)
Serum	NA	New Jersey, USA 2019	NA	116 volunteer firefighters	116	PFHxS: 1.83 (1.61–2.09)* PFOS: 4.25 (3.76–4.80)* PFOA: 2.07 (1.89–2.26)* PFNA: 0.97 (0.89–1.05)* PFDA: 0.31 (0.29–0.33)* PFDoA: 0.14 (0.13–0.15)* PFUnDA: 0.11 (0.10–0.12)* Me-FOSAA: 0.08 (0.07–0.09)*	ng/mL	0.1	PFDoA, PFNA, and PFDA concentrations were elevated in firefighters compared with NHANES 2015–2018 participants. PFDoA and PFDA were positively associated with years of firefighting	Graber et al. (2021)
<i>Heavy metals</i>										
Serum	NR, multiple types	Saudi Arabia (two regions), NR	Within 1 h after firefighting	49 male firefighters	24–27	<i>Stratified by two regions:</i> <i>IARC Group 1</i> Cadmium: 0.7 \pm 0.3 and 1.0 \pm 0.8 Arsenic: 3.4 \pm 2.3 and 3.3 \pm 1.5 <i>Other</i> Antimony: ND Lead: 34.9 \pm 10.6 and 38.3 \pm 16.4	μ g/L	NR	No significant difference compared with control participants	Al-Malki (2009)

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Blood	Wildland	Western USA, 2007–2009	Pre- and post-season	66 firefighters (41 with pre- and post-season blood draws)		In the 2009 season, only 1 of 31 firefighters had a measurable mercury level pre- or post-season	µg/L	4	No significant difference compared with control participants	Smith et al. (2013)
Blood	NA	California, USA, 2011	NA	101 firefighters (99 male)	101	<i>IARC Group 1</i> Cadmium: 0.19 (0.18–0.21)* <i>Selected others</i> Lead: 9.6 (8.7–10.5)* Mercury: 2.79 (2.36–3.30)* Manganese: 7.61 (7.26–7.98)*	µg/L	0.06–0.54	Only blood concentrations of mercury were above general population levels	Dobraca et al. (2015)
Blood	NA	Dammam city, Saudi Arabia	NA	50	50	<i>IARC Group 1</i> Cadmium: 0.24 ± 0.04 <i>Selected others</i> Antimony: 0.006 ± 0.002 Lead: 3.03 ± 1.09 Mercury: 0.41 ± 0.67	µg/dL	NR	No significant difference comparing firefighters with 50 controls	Salama & Bashawri (2017)

Table S1.25 (continued)

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Blood	Structure fire (Notre Dame Cathedral)	Paris, France, 2019	Initial blood sample 2–3 weeks after response	168 structural [municipal] firefighters (164 male)	168	Lead: 31.5 (27.7–35.9)*	µg/L	0.2	Initially, 42 firefighters > 50 µg/L; 1 mo later, 16 firefighters > 50 µg/L; 6 mo later, 3 firefighters > 50 µg/L	Allonneau et al. (2021)

AFFF, aqueous film-forming foam; BCEtP, bis(2-chloroethyl) phosphate; BCPP, bis-(1-chloro-2-propyl) phosphate; BDCPP, bis(1,3-dichloro-2-propyl)phosphate; BDE, brominated diphenyl ether; CI, confidence interval; DBuP, di-*n*-butyl phosphate; DPhP, diphenyl phosphate; Et-FOSAA, 2-(*N*-ethyl-perfluorooctanesulfonamido) acetic acid; FR, flame retardant; GSD, geometric standard deviation; HpCDD, heptachlorodibenzo-*para*-dioxins; HpCDF, 1,2,3,4,6,8,9-heptachlorodibenzofuran; HxCDD, 1,2,3,7,8,9-hexachlorodibenzo-*para*-dioxin; HxCDF, 1,2,4,6,8,9-hexachlorodibenzofuran; LOD, limit of detection; LOQ, limit of quantification; Me-FOSAA, 2-(*N*-methyl-perfluorooctanesulfonamido) acetic acid; mo, month; NA, not applicable; ND, not detected; NHANES, National Health and Nutrition Examination Survey; NR, not reported; OBDF, 1,2,3,4,6,7,8,9-octabromodibenzofuran; OCDD, octachlorodibenzodioxine; OCDF, 1,2,3,4,6,7,8,9-octachlorodibenzofuran; OPFR, organophosphate flame retardant; PAH, polycyclic aromatic hydrocarbon; PBDD/F, polybrominated dibenzo-*para*-dioxins and dibenzofurans; PBDE, polybrominated diphenyl ether; PCB, polychlorinated biphenyl; PCDD/F, polychlorinated dibenzo-*para*-dioxins and dibenzofurans; PeBDF, 1,2,3,7,8-pentabromodibenzofuran; 1,2,3,7,8-PeCDD, 1,2,3,7,8-pentachlorodibenzo-*para*-dioxin; 2,3,4,7,8-PeCDF, 2,3,4,7,8-pentachlorodibenzofuran; PFAS, per- and polyfluoroalkyl substances; PFDA, perfluorodecanoic acid; PFDoA, perfluorododecanoic acid; PFHpA, perfluoroheptanoic acid; PFHxS, perfluorohexanesulfonic acid; PFNA, perfluorononanoic acid; PFOA, perfluorooctanoic acid; PFOS, perfluorooctane sulfonate; PFOSA, perfluorooctane sulfonamide; PFUnDA, perfluoroundecanoic acid; SD, standard deviation; TBP, tributyl phosphate; 2,3,7,8-TCDD, 2,3,7,8-tetrachlorodibenzo-*para*-dioxin; TCEP, tris(2-carboxyethyl) phosphate; TCPP, tris(2-chloropropyl) phosphate; TDCPP, tris(1,3-dichloro-2-propyl)phosphate; TEQ, toxic equivalent quantity; TPP, triphenyl phosphate; wk, week.

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