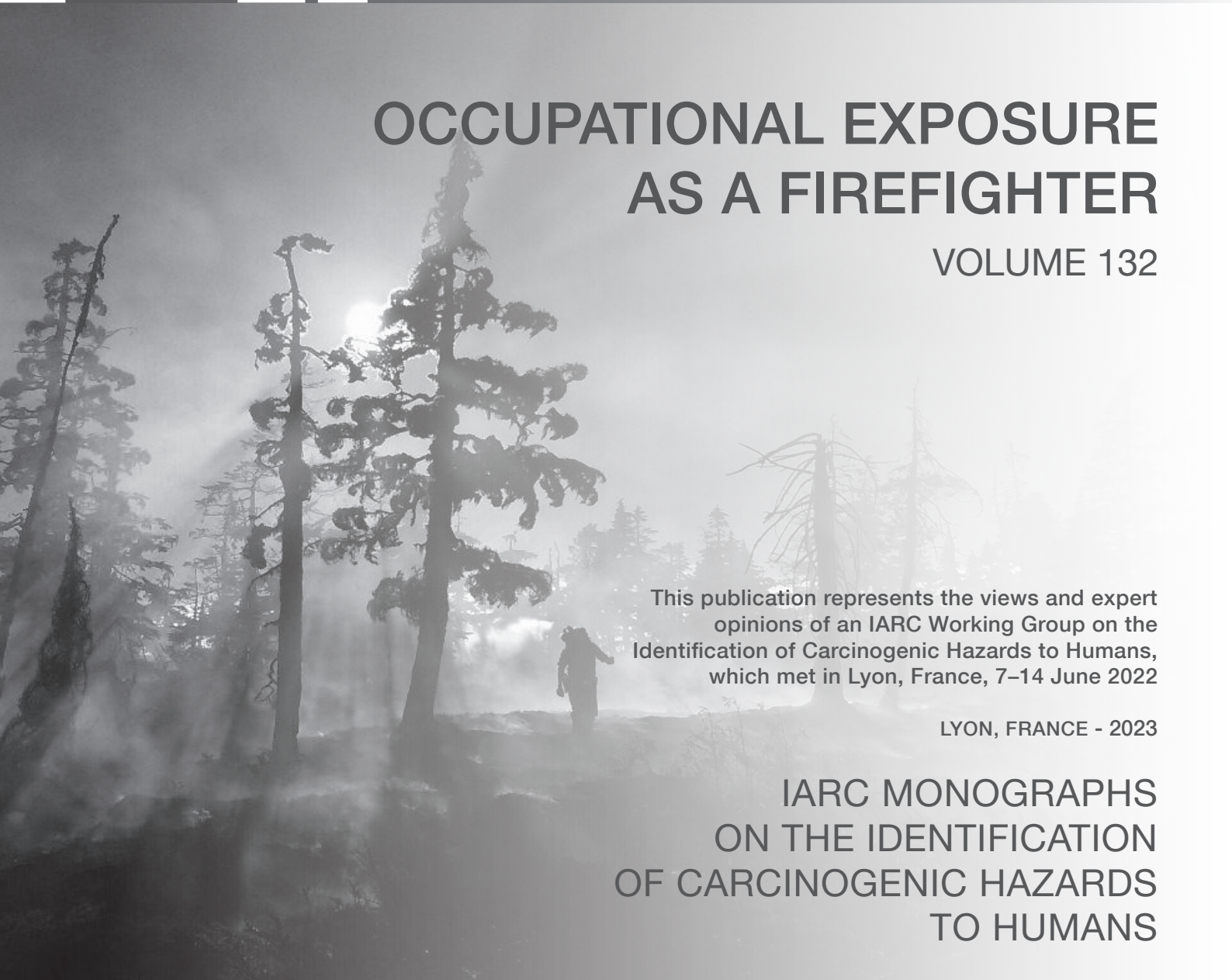


# OCCUPATIONAL EXPOSURE AS A FIREFIGHTER

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TO HUMANS

**Table S1.15 Levels of carbon monoxide, polycyclic aromatic hydrocarbons, particulate matter, and volatile and semi-volatile organic compounds measured at other fire types**

Sample type	Type of fire ( <i>n</i> , no. of firefighters)	Sampling period	No. of fires (sampling duration)	Units	Mean concentration; SD <sup>a</sup> (range)	Location	Reference
<i>Carbon monoxide (CO)</i>							
Ambient air	Experimental fires ( <i>n</i> = 7)	2015, 2019	NR	mg/m <sup>3</sup>	< 460 (NR)	Gestosa, Portugal	<a href="#">Sebastião et al. (2021)<sup>b</sup></a>
Ambient air	Warehouse fire ( <i>n</i> = 80)	March 1985	2 days	mg/m <sup>3</sup>	10 695 (NR)	New Jersey, USA	<a href="#">Markowitz et al. (1989)<sup>b</sup></a>
Ambient air	Training exercises ( <i>n</i> = 7)	NR	3–5 days/week (2–3 times/day)	mg/m <sup>3</sup>	115; 977.5 (NR)	Portsmouth, UK	<a href="#">Minty et al. (1985)<sup>b</sup></a>
<i>Polycyclic aromatic hydrocarbons (PAHs)</i>							
Ambient air	Simulated controlled compartment fires ( <i>n</i> = 26)	May, October 2018	8 events (15 min)	µg/m <sup>3</sup>	Anthracene: (41–19 000) Benzo[ <i>b+k</i> ]fluoranthene: (0.10–1500) Benzo[ <i>e+a</i> ]pyrene (51–5200) Benzo[ <i>g,h,i</i> ]perylene: (1.4–2400) Chrysene + benz[ <i>a</i> ]anthracene: (77–8400) Dibenz[ <i>a,h</i> ]anthracene: (13–390) Fluorene: (74–15 000) Fluoranthene: (130–16 000) Indeno[1,2,3- <i>c,d</i> ]pyrene: (15–2000) Naphthalene: (1300–54 000) Phenanthrene: (230–32 000) Pyrene: (180–15 000) Total PAHs: (2200–180 000)	Queensland, Australia	<a href="#">Banks et al. (2021a)</a>
Personal air	Training exercises – live fires ( <i>n</i> = 5)	May 2014	1 event (77–196 min)	µg/m <sup>3</sup>	Acenaphthene: (0.015–0.083) Acenaphthylene: (0.052–0.860) Anthracene: (0.0063–0.045) 1-Methylantracene: (0.0020–0.0062)	Stockholm, Sweden	<a href="#">Strandberg et al. (2018)</a>

**Table S1.15 (continued)**

Sample type	Type of fire ( <i>n</i> , no. of firefighters)	Sampling period	No. of fires (sampling duration)	Units	Mean concentration; SD <sup>a</sup> (range)	Location	Reference
Personal air (cont.)					Benz[ <i>a</i> ]anthracene: (0.0014–0.013)  Benzo[ <i>a</i> ]pyrene: (0.0045–0.056) Benzo[ <i>b</i> ]fluoranthene: (0.0057–0.040) Benzo[ <i>k</i> ]fluoranthene: (0.0025–0.021) Benzo[ <i>g,h,i</i> ]perylene: (0.0041–0.056) Biphenyl: (0.060–0.420) Chrysene: (0.0025–0.018) 2-Methylchrysene: ( $< 0.00010$ –0.00078) Dibenz[ <i>a,h</i> ]anthracene: (0.0028–0.012) Fluorene: (0.018–0.260) 1-Methylfluorene: (0.002–0.011) Fluoranthene: (0.0063–0.021) 1-Methylfluoranthene: ( $< 0.000020$ –0.00015) Indeno[1,2,3- <i>c,d</i> ]pyrene: (0.0052–0.077) Naphthalene: (1.00–3.00) 2-Methylnaphthalene: (0.150–0.700) 1-Methylnaphthalene: (0.100–0.450) 2,3-Dimethylnaphthalene: (0.0057–0.031) 2,3,5-Trimethylnaphthalene: (0.003–0.0088)		<a href="#">Strandberg et al. (2018)</a> (cont.)

**Table S1.15 (continued)**

Sample type	Type of fire ( <i>n</i> , no. of firefighters)	Sampling period	No. of fires (sampling duration)	Units	Mean concentration; SD <sup>a</sup> (range)	Location	Reference
Personal air (cont.)					2-Phenylnaphthalene: (0.00064–0.0036)  Phenanthrene: (0.058–0.480) 1-Methylphenanthrene: (0.0022–0.0061) 2-Methylphenanthrene: (0.0013–0.0063) 3-Methylphenanthrene: (0.0022–0.0067) Perylene: (0.00063–0.0085) Pyrene: (0.0079–0.029) 1-Methylpyrene: (0.00021–0.0012) Retene: (0.0039–0.0081) Total PAHs: (1.80–4.80)		<a href="#">Strandberg et al. (2018)</a> (cont.)
Ambient air	Training exercises – Simulated house fires	NR	(< 30 min)	mg/m <sup>3</sup>	Total PAHs: (6.4–470)	Finland	<a href="#">Ruokojärvi et al. (2000)</a>
Ambient air	Training exercises – House fires	February, June 1997	5 events (47–182 min)	µg/m <sup>3</sup>	Acenaphthene: (ND–65) Acenaphthylene: (ND–100) Anthracene: (ND–1.6) Benz[ <i>a</i> ]anthracene: (ND–0.29) Benzo[ <i>a</i> ]pyrene: (ND–0.39) Benzo[ <i>b</i> ]fluoranthene: (ND–0.21) Benzo[ <i>k</i> ]fluoranthene: (ND–0.12) Benzo[ <i>g,h,i</i> ]perylene: (ND–0.25) Fluorene: (0.4–18) Fluoranthene: (ND–1.1) Naphthalene: (30–200) Phenanthrene: (0.1–8.0) Pyrene: (ND–0.74)	Virginia, USA	<a href="#">NIOSH (1998)</a>

Table S1.15 (continued)

Sample type	Type of fire ( <i>n</i> , no. of firefighters)	Sampling period	No. of fires (sampling duration)	Units	Mean concentration; SD <sup>a</sup> (range)	Location	Reference
Ambient air	Training exercises – diesel oil fire	NR	NR	mg/g soot	Acenaphthene: (0.02–0.42) Anthracene: (ND–0.89) Benz[ <i>a</i> ]anthracene + chrysene: (0.44–4.57) Benzo[ <i>a+e</i> ]pyrene + perylene: (0.87–4.46) Benzofluorenes: (0.09–1.55) Benzofluoranthenes: (0.54–3.50) Benzo[ <i>m,n,o</i> ]fluoranthene: (0.22–2.00) Benzo[ <i>g,h,i</i> ]perylene: (ND–2.50) Fluoranthenes: (0.33–6.11) Fluorene: (0.02–0.83) Indeno[1,2,3- <i>c,d</i> ]pyrene: (ND–3.34) Methylphenanthrenes: (0.36–4.31) 4,5-Methylphenanthrene: (0.16–1.84) Methylpyrenes: (0.04–0.97) Naphthalene: (0.15–0.59) Phenanthrene + anthracene: (0.41–2.36) Pyrene: (0.58–8.66)	NR	<a href="#">Hill et al. (1972)</a>
<i>Particulate matter (PM)</i>							
Personal air	Training exercises – rescue educational course ( <i>n</i> = 43)	Summer, autumn, winter and spring 2015–2016	(3 days)	number/cm <sup>3</sup>	Total PM (< 10 nm) <sup>a</sup> inside SCBA (799–876) Total PM (41–98 nm) <sup>a</sup> outside SCBA (17 600–244 387)	Denmark	<a href="#">Andersen et al. (2017)</a>
Air inside respirator	Training exercises – fire overhaul in a controlled laboratory setting ( <i>n</i> = 11)	NR	11 tests (10 min)	number/cm <sup>3</sup>	Total PM (192–1276)	Ohio, USA	<a href="#">Dietrich et al. (2015)</a>

**Table S1.15 (continued)**

Sample type	Type of fire (n, no. of firefighters)	Sampling period	No. of fires (sampling duration)	Units	Mean concentration; SD <sup>a</sup> (range)	Location	Reference
<i>Volatile and semi-volatile organic compounds (VOCs and sVOCs)</i>							
Ambient air	Training exercises – firefighting simulations (n = 13)	NR	(20–58 min)	mg/m <sup>3</sup>	<i>Conventional simulator</i> Benzene: 1.20; 0.61 <sup>a</sup> Ethylbenzene: 0.060; 0.040 <sup>a</sup> Phenol: 0.430; 0.410 <sup>a</sup> Toluene: 0.370; 0.270 <sup>a</sup> Xylene: 0.018; 0.027 <sup>a</sup> (NR) <i>Modern simulator</i> Benzene: 0.180; 0.021 <sup>a</sup> (NR) Ethylbenzene: 0.027; 0.001 <sup>a</sup> (NR) Phenol: 0.001 (NR) Toluene: 0.120 (NR)	NR	<a href="#">Laitinen et al. (2012)</a>
Ambient air	Training exercises – diving simulators	NR	4 events	mg/m <sup>3</sup>	Benzene: NR (0.183–2.516) Formaldehyde: NR (0.3–11)	Finland, France	<a href="#">Laitinen et al. (2010)</a>
Ambient air	Training exercises – house fires	February, June 1997	5 events (47–182 min)	mg/m <sup>3</sup>	Formaldehyde: NR (ND–0.22) Acetaldehyde: NR (ND–0.23) Acrolein: NR (ND–0.05)	Virginia, USA	<a href="#">NIOSH (1998)</a> <sup>b</sup>
Ambient air	Firefighting – burning oil wells (n = 40)	October 1991	< 16 h	mg/m <sup>3</sup>	Proximity to burning oil wells Benzene: 0.0091 (NR) Ethylbenzene: 0.0179 (NR) Toluene: 0.0231 (NR) <i>m-/p-Xylene</i> : 0.0491 (NR) <i>o-Xylene</i> : 0.016 (NR)	Kuwait	<a href="#">Etzel &amp; Ashley (1994)</a>
Ambient air	Warehouse fire (n = 80)	March 1985	2 days	mg/m <sup>3</sup>	Benzene: 466 (NR) Methane: 1155 (NR)	New Jersey, USA	<a href="#">Markowitz et al. (1989)</a> <sup>b</sup>
Ambient air	Training exercises – diesel oil fire	NR	NR	mg/m <sup>3</sup>	Acetylene/ethylene: 2.40 (NR) Acrolein: 0.14 (NR) Benzene: 3.73 (NR) Butane/butene: 1.63 (NR) C9 aromatics: 0.97; 0.65; 0.51 (NR) C10 aromatics: 1.91 (NR)	NR	<a href="#">Hill et al. (1972)</a>

**Table S1.15 (continued)**

Sample type	Type of fire ( <i>n</i> , no. of firefighters)	Sampling period	No. of fires (sampling duration)	Units	Mean concentration; SD <sup>a</sup> (range)	Location	Reference
Ambient air (cont.)					C11 aromatics: 4.10 (NR) C12 aromatics: 1.64 (NR) C14 aromatics: 0.84 (NR) Cyclohexane: 0.22; 0.19 (NR) Cyclooctyne: 1.21 (NR) Cyclopentane: 0.21 (NR) Cyclopentene: 0.061 (NR) Cyclopentadiene: 0.29 (NR) Decane: 0.51 (NR) Diethylbenzene: 4.00; 1.95 (NR) Diisopropylbenzene: 1.04 (NR) Dimethyldihydroindene: 1.11 (NR) Dimethylcyclohexane: 0.22 (NR) Dimethylstyrene: 0.88 (NR) Ethylbenzene: 1.66 (NR) Ethylstyrene: 3.15 (NR) Heptane: 0.26 (NR) Hexane/hexene: 1.21 (NR) Indene: 1.28 (NR) Isoprene: 0.46 (NR) Isopropylbenzene: 1.12 (NR) Methylcyclohexane: 0.16 (NR) Methylcyclopentane: 0.21 (NR) Methylethylbenzene: 1.24 (NR) Methylnaphthalene: 0.65; 2.06 (NR) Mesitylene: 1.47 (NR) Naphthalene: 2.19 (NR) Nonane: 0.16 (NR) Octyne: 0.80 (NR) Octane: 0.21 (NR) Pentane/pentene: 0.51 (NR)		<a href="#">Hill et al. (1972)</a> (cont.)

**Table S1.15 (continued)**

Sample type	Type of fire ( <i>n</i> , no. of firefighters)	Sampling period	No. of fires (sampling duration)	Units	Mean concentration; SD <sup>a</sup> (range)	Location	Reference
Ambient air (cont.)					Propylbenzene: 1.26 (NR) Styrene: 2.28 (NR) Trimethylbenzene: 0.36 (NR) Trimethylhexane: 0.31 (NR) Toluene: 2.09 (NR) V7 aromatic: 0.45 (NR) <i>m</i> -Xylene: 1.74 (NR) <i>o</i> -Xylene: 2.07 (NR)		<a href="#">Hill et al. (1972)</a> (cont.)

CO, carbon monoxide; ND, not detected; NR, not reported; PAH, polycyclic aromatic hydrocarbon; PM, particulate matter; sVOC, semi-volatile organic compound; SCBA, self-contained breathing apparatus; SD, standard deviation; UK, United Kingdom; VOC, volatile organic compound.

<sup>a</sup> Standard deviation (SD) of the mean.

<sup>b</sup> Data was converted from ppm to mg/m<sup>3</sup>.



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