



NIGHT SHIFT WORK

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TO HUMANS

LIST OF ABBREVIATIONS

6-OHMS	6-hydroxymelatonin sulfate
8-OHdG	8-hydroxy-2'-deoxyguanosine
13-HODE	13-hydroxyoctadecadienoic acid
24/7	24 hours per day, 7 days per week
aMT6s	6-sulfatoxymelatonin
BAP	biological antioxidant potential
BMI	body mass index
bw	body weight
C171	(ILO) Night Work Convention, 1990 (No. 171)
CAT	catalase
CI	confidence interval
CLL	chronic lymphocytic leukaemia
CMR	carcinogenic, mutagenic, and reprotoxic
CNS	central nervous system
CRP	C-reactive protein
CYP	cytochrome P450
DEN	diethylnitrosamine
DMBA	7,12-dimethylbenz[<i>a</i>]anthracene
DNFB	2,4-dinitro-1-fluorobenzene
d-ROM	reactive oxygen metabolite-derived compound
DSS	dextran sodium sulfate
DTH	delayed-type hypersensitivity
EPIC	European Prospective Investigation into Cancer and Nutrition
ER	estrogen receptor
ERR	excess relative risk
EU	European Union
FSH	follicle-stimulating hormone
GH	growth hormone
GSH-Px	glutathione peroxidase
h	hour
HeLa	human cervical cancer cell
HER2	human epidermal growth factor 2
HR	hazard ratio
ICAO	International Civil Aviation Organization

IFN	interferon
IL	interleukin
ILO	International Labour Organization
JEM	job-exposure matrix
LD	light–dark schedule
LD0:24	continuous darkness
LD10:14	10 hours of light followed by 14 hours of darkness
LD12:12	12 hours of light followed by 12 hours of darkness
LD24:0	continuous light
LH	luteinizing hormone
LPS	lipopolysaccharide
MCC-Spain	multicase–control Spain study
MDA	malondialdehyde
MDSC	myeloid-derived suppressor cell
miRNA	microRNA
MNU	<i>N</i> -methyl- <i>N</i> -nitrosourea
mRNA	messenger RNA
NHANES	National Health and Nutrition Examination Survey
NHL	non-Hodgkin lymphoma
NHS	Nurses' Health Study
NK	natural killer
NL	natural light
OR	odds ratio
OSI	total oxidative stress index
PC3	human prostate cancer cell
PCNA	proliferating cell nuclear antigen
PIP	prolactin-induced protein
PR	progesterone receptor
PRL	prolactin
R178	(ILO) Night Work Recommendation, 1990 (No. 178)
RNU	Rowett nude
RR	relative risk or rate ratio
Rsg16	regulator of G protein signalling-16
SCN	suprachiasmatic nucleus
SIR	standardized incidence ratio
SNP	single-nucleotide polymorphism
SOD	superoxide dismutase
SRBCs	sheep red blood cells
SRR	standardized rate ratio
TAC	total antioxidant capacity
TAS	total antioxidant status
TERT	telomerase reverse transcriptase
TNF α	tumour necrosis factor alpha
TOS	total oxidative status
vs	versus
wk	week
WTD	European Working Time Directive No. 2003/88/EC
yr	year