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An illustration depicting a woman with a shocked expression, surrounded by children and various fruits. The woman is in the center, looking upwards with a wide-open mouth. To her left, a young girl with blonde pigtails looks on. Below her, another girl is eating a slice of watermelon. To the right, a boy is eating from a bowl. The scene is filled with vibrant colors and various fruits like watermelon, oranges, and bananas, suggesting a focus on diet and health.

ENERGY BALANCE AND OBESITY

EDITED BY ISABELLE ROMIEU,
LAURE DOSSUS, AND WALTER C. WILLETT

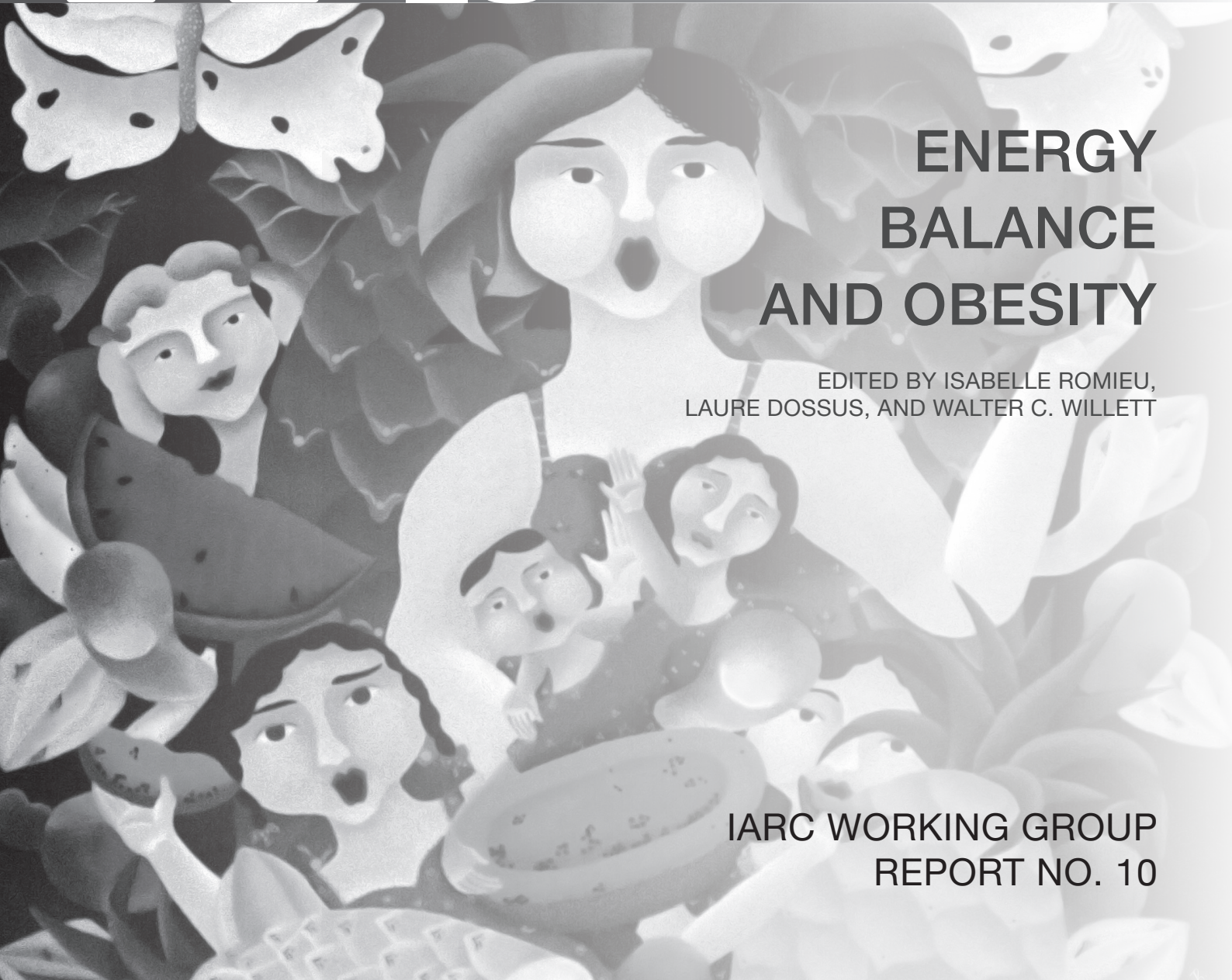
IARC WORKING GROUP
REPORT NO. 10

International Agency for Research on Cancer



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Cover art: "My family eating fruits" (Ivannia Zambrana Rios, 1998). This acrylic painting on watercolour paper was created by Costa Rican artist Ivannia Zambrana Rios, who is part of Corazones Valientes, a women's folk art cooperative. She painted it to show the colourful fruits available in her country that she likes to eat.
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