

Contents

Foreword

1. Global Cancer Control

1.1 Introduction: Needs and Prospects for Cancer Control	12
1.2 Cancer Nomenclature	40
1.3 Worldwide Cancer Burden	42
1.4 Cancer Control in Low-Resource Environments	56
1.5 Principles of Cancer Therapy: Medical Oncology	62
1.6 Basics of Cancer Surgery	68
1.7 Radiotherapy	72
1.8 Principles of Supportive and Palliative Care	76
1.9 Psycho-Oncology	82
1.10 Rehabilitation in Oncology	92
1.11 Modern Imaging in Oncology	96
1.12 Breast Health Care Delivery in Low- and Middle-Income Countries	100

2. Etiology of Cancer

2.1 Identifying Human Carcinogens	106
2.2 Tobacco Smoking	110
2.3 Passive Smoking	118
2.4 Smokeless Tobacco	124
2.5 Chronic Infections	128
2.6 Alcohol Drinking	136
2.7 Reproductive Factors and Endogenous Hormones	140
2.8 Exogenous Hormones and Cancer	146
2.9 Diet, Obesity and Physical Activity	154
2.10 Ionising Radiation	160
2.11 Sunlight and Ultraviolet Radiation	164
2.12 Electromagnetic Radiation	170
2.13 Occupational Exposures	174
2.14 Environmental Pollution	178
2.15 Genetic Susceptibility	182
2.16 Medical and Iatrogenic Causes	186

3. Mechanisms of Carcinogenesis

3.1 Molecular Hallmarks of Cancer	190
3.2 DNA Damage Response and DNA Repair	200
3.3 The Cell Cycle	210
3.4 Cell Death	216
3.5 Invasion and Metastasis	224
3.6 Emerging Technologies	230
3.7 Biomarkers at a Crossroads: Implications for Early Cancer Detection and Diagnosis	236
3.8 Stem Cells and Cancer Stem Cells	240
3.9 Biobanks and Biological Resource Centres	246

9 4. Acting for Prevention

4.1 Tobacco Control	262
4.2 Prevention of Occupational Cancer	270
4.3 Vaccination	274
4.4 Cancer Chemoprevention	280
4.5 Screening for Cervical Cancer	288
4.6 Screening for Breast Cancer	296
4.7 Screening for Colorectal Cancer	302
4.8 Screening for Oral Cancer	304
4.9 Screening for Stomach Cancer	308
4.10 Screening for Prostate Cancer	310
4.11 Screening for Ovarian Cancer	314
4.12 Screening for Lung Cancer	316
4.13 Screening for Cutaneous Melanoma	318
4.14 Genetic Testing	320

5. Cancer Site by Site

5.1 Head and Neck Cancers	330
5.2 Esophageal Cancer	338
5.3 Stomach Cancer	344
5.4 Liver Cancer	350
5.5 Pancreas Cancer	358
5.6 Gallbladder Cancer	366
5.7 Colorectal Cancer	374
5.8 Nasopharyngeal Carcinoma	380
5.9 Kaposi Sarcoma	384
5.10 Lung Cancer	390
5.11 Mesothelioma	396
5.12 Non-Melanoma Skin Cancer	398
5.13 Cutaneous Melanoma	404
5.14 Breast Cancer	412
5.15 Cervical Cancer	418
5.16 Ovarian Cancer	424
5.17 Endometrial Cancer	428
5.18 Testicular Cancer	432
5.19 Kidney Cancer	438
5.20 Bladder Cancer	444
5.21 Prostate Cancer	450
5.22 Thyroid Cancer	456
5.23 Tumours of the Nervous System	460
5.24 Lymphoma	468
5.25 Leukaemias	474
5.26 Cancer in Children	482
5.27 Cancer in Adolescents	488
5.28 Rare Cancers	494

Contributors 499

Subject index 503