

CONTENTS

NOTE TO THE READER	1
LIST OF PARTICIPANTS	3
WORKING PROCEDURES	7
A. GENERAL PRINCIPLES AND PROCEDURES	7
1. Background.....	7
2. Scope.....	7
3. Objectives.....	8
4. Meeting participants.....	8
5. Working procedures.....	9
6. Inclusion criteria for data for the <i>Handbooks</i>	10
B. SCIENTIFIC REVIEW AND EVALUATION	11
1. Global burden and disease characteristics.....	11
2. Screening techniques.....	11
3. Availability and use of screening programmes.....	11
4. Efficacy of screening tests.....	12
5. Effectiveness of population-based screening.....	12
6. Summary.....	13
7. Evaluation.....	13
References.....	14
GENERAL REMARKS	15
LIST OF ABBREVIATIONS	17
GLOSSARY	19
1. BREAST CANCER	23
1.1 The global burden of breast cancer: incidence, mortality, survival, and prevalence.....	23
1.1.1 Global burden.....	23
1.1.2 International variation.....	24
1.1.3 Incidence and mortality in relation to level of development.....	28
1.1.4 Time trends.....	28
1.1.5 Time trends by age.....	29
1.1.6 Projection to 2025.....	32

1.2	Classification and natural history	33
1.2.1	Benign breast disease	33
1.2.2	Breast carcinoma in situ	44
1.2.3	Invasive breast carcinoma	47
1.2.4	Breast cancer with hereditary and somatic mutations	51
1.2.5	Summary	52
1.3	Risk factors	53
1.3.1	Hormonal and reproductive factors	54
1.3.2	Lifestyle factors and environmental exposures	58
1.3.3	Non-modifiable risk factors	59
1.3.4	Ionizing radiation	61
1.3.5	Women at high genetic risk of breast cancer	69
1.3.6	Attributable burden to known risk factors	73
1.4	Stage at diagnosis, survival, and management	74
1.4.1	Stage at diagnosis and survival	75
1.4.2	Management	79
1.5	Breast awareness, early detection and diagnosis, and screening	84
1.5.1	Breast awareness	85
1.5.2	Early diagnosis of symptomatic breast cancer	85
1.5.3	Screening asymptomatic women	87
	References	90
2.	SCREENING TECHNIQUES	113
2.1	X-ray techniques	113
2.1.1	X-ray equipment	113
2.1.2	Screen-film mammography	116
2.1.3	Digital mammography	119
2.1.4	Digital breast tomosynthesis	123
2.1.5	Breast computed tomography	124
2.1.6	Radiation dose	125
2.1.7	Quality assurance and quality control in mammography	126
2.1.8	Mammography screening performance	129
2.1.9	Host factors that affect performance	135
2.2	Non-mammographic imaging techniques	138
2.2.1	Ultrasonography	138
2.2.2	Magnetic resonance imaging	143
2.2.3	Positron emission tomography/mammography	146
2.2.4	Scintimammography	147
2.2.5	Electrical impedance imaging	148
2.2.6	Other techniques	149
2.3	Clinical breast examination	149
2.3.1	Technique	149
2.3.2	Training	151
2.3.3	Quality control	151
2.3.4	Screening performance	151
2.3.5	Host factors that affect performance	152

2.4 Breast self-examination	152
2.4.1 Technique	152
2.4.2 Training	152
2.4.3 Quality control	153
2.4.4 Screening performance	153
2.4.5 Host factors that affect performance	154
References	154
3. SCREENING PROGRAMMES	165
3.1 Determinants of participation in screening	165
3.1.1 Personal and socioeconomic factors	165
3.1.2 Cultural factors	168
3.1.3 Information and understanding	169
3.1.4 Psychological consequences of mammography screening	172
3.2 Availability and use of screening programmes	174
3.2.1 Europe	174
3.2.2 North America	181
3.2.3 Latin America	187
3.2.4 Sub-Saharan Africa	193
3.2.5 Central and West Asia and North Africa	199
3.2.6 South-East Asia	206
3.2.7 Oceania	214
References	217
4. EFFICACY OF BREAST CANCER SCREENING	237
4.1 Methodological and analytical issues	237
4.1.1 Efficacy versus effectiveness	237
4.1.2 Primary outcome measures	237
4.1.3 Biases	238
4.1.4 Use of randomized controlled trials	239
4.1.5 Use of observational studies in assessing efficacy	241
4.2 Mammography	241
4.2.1 Description of randomized trials	241
4.2.2 Beneficial effects	247
4.2.3 Performance indicators	254
4.3 Clinical breast examination	260
4.3.1 Randomized clinical trials	260
4.3.2 Nested case-control study	262
4.3.3 Observational studies	265
4.4 Breast self-examination	267
4.4.1 Randomized trials	267
4.4.2 Observational studies	269
References	274
5. EFFECTIVENESS OF BREAST CANCER SCREENING	281
5.1 Indicators for monitoring and evaluating effectiveness	281
5.1.1 Performance indicators	281

5.1.2	Study designs to assess the effectiveness of screening	287
5.1.3	Surrogate indicators of effect on mortality	295
5.2	Preventive effects of mammography	295
5.2.1	Incidence-based cohort mortality studies	295
5.2.2	Case-control studies	328
5.2.3	Ecological studies	346
5.2.4	Other measures of screening performance	348
5.3	Adverse effects of mammography	363
5.3.1	False-positive rates	363
5.3.2	Overdiagnosis	364
5.3.3	Overtreatment	378
5.3.4	Risk of breast cancer induced by radiation	379
5.3.5	Psychological consequences of mammography screening	384
5.4	Cost-effectiveness and balance of harms and benefits	388
5.4.1	Mammography screening programmes in developed countries	390
5.4.2	Screening in low- and middle-income countries	391
5.4.3	Harm-benefit ratio and generalizability	392
5.4.4	Lower age limit for screening	392
5.4.5	Upper age limit for screening	393
5.4.6	Digital mammography	394
5.4.7	Impact of individual risk factors	394
5.4.8	Quality of life	395
5.5	Other imaging techniques	395
5.5.1	Preventive effects	396
5.5.2	Adverse effects	406
5.5.3	Cost-effectiveness analysis	407
5.5.4	Other techniques	408
5.5.5	Psychosocial harm	409
5.6	Screening of women at an increased risk	410
5.6.1	High familial risk, with or without a <i>BRCA1</i> or <i>BRCA2</i> mutation	410
5.6.2	Personal history of invasive breast cancer or DCIS	418
5.6.3	Lobular neoplasia or atypical proliferations	422
5.7	Clinical breast examination	422
5.7.1	Preventive effects of clinical breast examination	422
5.7.2	Adverse effects	423
5.7.3	Cost-effectiveness analysis	423
5.8	Breast self-examination	423
5.8.1	Preventive effects of teaching breast self-examination	423
5.8.2	Adverse effects	425
5.8.3	Cost-effectiveness analysis	425
	References	426
6.	SUMMARY	451
6.1	Breast cancer	451
6.2	Implementation of breast cancer screening worldwide	452
6.2.1	Europe	452

6.2.2	North America	453
6.2.3	Latin America	453
6.2.4	Sub-Saharan Africa	453
6.2.5	Central and West Asia and North Africa	453
6.2.6	South-East Asia	454
6.2.7	Oceania	454
6.3	Mammography screening	454
6.3.1	Efficacy of mammography screening from randomized controlled trials	454
6.3.2	Effectiveness of mammography screening	456
6.3.3	Adverse effects of mammography screening	459
6.3.4	Cost-effectiveness of mammography screening	461
6.4	Other imaging techniques	461
6.4.1	Techniques	461
6.4.2	Effectiveness in screening	462
6.5	Screening of women at an increased risk	463
6.5.1	Women with a <i>BRCA1/2</i> mutation	463
6.5.2	Women with a high familial risk without a <i>BRCA1/2</i> mutation	464
6.5.3	Women with a high familial risk with or without a <i>BRCA1/2</i> mutation	464
6.5.4	Women with a personal history of breast cancer (invasive or in situ)	464
6.5.5	Women with lobular neoplasia or atypical proliferations	464
6.6	Clinical breast examination	465
6.7	Breast self-examination	465
7. EVALUATION		467
7.1	Mammography screening	467
7.1.1	Mammography screening: preventive effects	467
7.1.2	Mammography screening: adverse effects	467
7.1.3	Mammography screening: cost-effectiveness	468
7.2	Other imaging techniques	468
7.2.1	Breast ultrasonography	468
7.2.2	Digital breast tomosynthesis/three-dimensional mammography	468
7.3	Screening of women at an increased risk	468
7.4	Clinical breast examination	469
7.5	Breast self-examination	469