

POLYCHLORINATED BIPHENYLS AND POLYBROMINATED BIPHENYLS

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ON THE EVALUATION
OF CARCINOGENIC RISKS
TO HUMANS

POLYCHLORINATED BIPHENYLS

1. EXPOSURE DATA

1.1 Identification of the agent

1.1.1 Nomenclature

Polychlorinated biphenyls (PCBs) are a class of aromatic chemical compounds in which some or all hydrogen atoms attached to the biphenyl ring are substituted by chlorine atoms ($m + n = 1-10$) (Fig. 1.1). Synonyms for PCBs include chlorinated biphenyls, chlorinated diphenyls, chlorobiphenyls, or polychlorobiphenyls.

The general chemical formula is $C_{12}H_{(10-m-n)}Cl_{(m+n)}$, where $(m + n)$ is the number of chlorine atoms on the two rings. Depending on the position and number of the chlorine atoms, there are theoretically 209 individual PCB compounds (congeners). The carbon positions are numbered 1 to 6 on one ring, and 1' to 6' on the other. While positions 2,2',6, and 6' are called “ortho,” positions 3,3',5 and 5' are named “meta” and positions 4 and 4' are called “para.”

Two different but correlated nomenclature systems are currently used. According to the International Union of Pure and Applied Chemistry (IUPAC) and in particular rule A-52.3 related to hydrocarbon systems, an unprimed number is considered lower (higher priority) than the same number when primed. Assemblies of unprimed and primed numbers are arranged in ascending numerical order. For a given PCB congener, the name lists the numbers sequentially [e.g. the PCB congener with chlorines on carbons 2,4,5, and 3',4' is identified as 2,3',4,4',5 (and not 2',3,4,4',5')]. A deviation in that system

lists the unprimed and primed chlorinated ring positions separately, sometimes eliminating the prime symbols and the commas for clarity and ease of typing (e.g. 245-3'4'5' or 245-345).

In an additional strategy proposed by [Ballschmiter & Zell \(1980\)](#), a number (called “BZ number”) is attributed to each individual congener. This number correlates the structural arrangement of the PCB congener and ascending order of number of chlorine substitutions within each sequential homologue ([Ballschmiter & Zell, 1980](#)). This results in the congeners being numbered from PCB-1 to PCB-209. This shorthand nomenclature has become quite popular and is convenient for many uses, although it is important to note that it obscures the chemical identity of the congener and does not strictly follow the IUPAC rules.

Slight changes in the original BZ congener-numbering system were later recommended to correct some errors ([Schulte & Malisch, 1983](#); [Ballschmiter et al., 1992](#)), and this resulted in the renumbering of BZ numbers 199–201. [Guitart et al. \(1993\)](#) used a computer program to systematically renumber the PCBs according to the strict IUPAC rules. As a result, they recommended that the congeners previously numbered 107, 108, 109, 199, 200, and 201 be renumbered 109, 107, 108, 200, 201, and 199, respectively (reviewed in [Mills et al., 2007](#)). The nomenclature for PCB congeners based on this report is shown in [Table 1.1](#) and will be preferred in this *Monograph*. However, in the scientific literature,

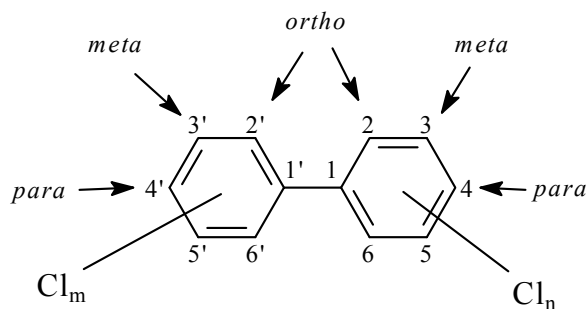
Table 1.1 Correspondance between BZ number^a and position of chlorine atoms on each phenyl ring of the PCBs^b

Position of chlorine atom on each ring	2	3	4	2,3	2,4	2,5	2,6	3,4	3,5	2,3,4	2,3,5	2,3,6	2,4,5	2,4,6	3,4,5	2,3,4,5	2,3,4,6	2,3,5,6	2,3,4,5,6
None	1	2	3	5	7	9	10	12	14	21	23	24	29	30	38	61	62	65	116
2'	4	6	8	16	17	18	19	33	34	41	43	45	48	50	76	86	88	93	142
3'	11	13	20	25	26	27	27	35	36	55	57	59	67	69	78	106	108	112	160
4'	15	22	28	31	32	32	32	37	39	60	63	64	74	75	81	114	115	117	166
2',3'	40	42	44	44	46	46	56	58	58	82	83	84	97	98	122	129	131	134	173
2',4'	47	49	51	51	66	68	85	90	91	99	100	123	137	139	147	181	185	185	185
2',5'	52	53	70	72	87	87	92	95	101	103	124	141	144	144	145	152	152	152	186
2',6'	54	71	73	73	89	94	96	102	104	125	143	145	145	145	152	152	152	152	186
3',4'	77	79	105	109	110	118	119	126	156	163	190	190	192	192	192	192	192	192	192
3',5'	80	107	111	113	120	121	127	159	161	165	192	192	192	192	192	192	192	192	192
2',3',4'	128	130	132	138	140	157	170	171	177	195	195	195	195	195	195	195	195	195	195
2',3',5'	133	135	146	162	172	175	178	198	198	198	198	198	198	198	198	198	198	198	198
2',3',6'	136	149	150	164	174	179	200	200	200	200	200	200	200	200	200	200	200	200	200
2',4',5'	153	154	167	180	183	187	203	203	203	203	203	203	203	203	203	203	203	203	203
2',4',6'	155	168	182	184	188	204	204	204	204	204	204	204	204	204	204	204	204	204	204
3',4',5'	169	189	191	193	205	205	205	205	205	205	205	205	205	205	205	205	205	205	205
2',3',4',5'	194	196	199	206	206	206	206	206	206	206	206	206	206	206	206	206	206	206	206
2',3',4',6'	194	196	199	206	206	206	206	206	206	206	206	206	206	206	206	206	206	206	206
2',3',5',6'	197	201	207	207	207	207	207	207	207	207	207	207	207	207	207	207	207	207	207
2',3',4',5',6'	202	202	208	208	208	208	208	208	208	208	208	208	208	208	208	208	208	208	208
																			209

^a Revised PCB numbering system, including the revised numbering of congeners 107–109 and 199–201. For several PCB congeners, the indicated (truncated) structural names do not strictly adhere to the IUPAC rules (primed and unprimed numbers are interchanged). A comprehensive review of PCB nomenclature, including IUPAC names, is given in [Mills, et al. \(2007\)](#).

^b Dioxin-like PCBs are indicated in bold type
BZ, Ballschmiter and Zell; IUPAC, International Union of Pure and Applied Chemistry; PCB, polychlorinated biphenyl

Fig. 1.1 Chemical structure of PCBs and the IUPAC numbering system



Hydrogen atoms in positions 2,2',6,6' (*ortho*), 3,3',5,5' (*meta*) and/or 4,4' (*para*) may be substituted by chlorine atoms; (m + n) is the number of chlorine atoms on the two rings

IUPAC, International Union of Pure and Applied Chemistry; PCB, polychlorinated biphenyl

the revised numbering of congeners 107–109 has not been adopted systematically; the numbering system commonly used has been that proposed by Ballschmiter *et al.* (1992) where only the original BZ numbers 199–201 are changed.

PCBs can be categorized by degree of chlorination (number of chlorine atoms) in 10 homologue groups (Table 1.2) from monochlorobiphenyls to decachlorobiphenyls. More than 60% of the PCBs are tetra- to hexachlorophenyls.

In the biphenyl molecule, the two aromatic rings can rotate about the connecting single 1,1'-bond (Fig. 1.1). As with all molecules, there is a low-energy preferred conformation. With PCBs, this conformation is dependent on the degree of chlorine substitution, since chlorine is larger than hydrogen and creates more steric hindrance to the rotation (Erickson, 2001). The two extreme theoretical configurations are “planar” or “coplanar,” in which the two benzene rings are in the same plane, and “non-planar” in which the benzene rings are at a 90° angle to each other (Faroon *et al.*, 2000). The probability of attaining a planar configuration is essentially determined by the number of substitutions in the *ortho* positions (2,2',6,6'): the benzene rings of non-*ortho* substituted PCBs as well as mono-*ortho* substituted

PCBs can assume a planar configuration and are referred to as “planar” or “coplanar” congeners (Erickson, 1997). The replacement of hydrogen atoms in the *ortho* positions with larger chlorine atoms forces the aromatic rings to rotate out of the planar configuration (Fig. 1.2); such structures are referred to as “non-planar” or “non-coplanar” congeners. [The Working Group does not recommend the use of this terminology, which is not technically appropriate since these PCBs do not easily assume a planar conformation.]

The relationship between PCB congener number and the Chemical Abstracts Service (CAS) registry number is given in Table 1.3. The congener numbering presented in this table follows that in Table 1.1, with the revised numbering of congeners 107–109. The congener lipophilicity is given in the same table, and was expressed against capacity to partition in octanol and water (K_{ow}) (see Section 1.1.2). Congeners can also be characterized by descriptors (CP0, CP1, 4Cl, PP, 2M) that give rapid access to geometry and substituent positions. The first descriptor, CP0, characterizes 20 congeners that are referred to as non-*ortho* congeners, consisting of those with chlorine substitution at none of the *ortho* positions on the biphenyl backbone. The second descriptor, CP1, comprises 48 congeners that are referred to as mono-*ortho* congeners and include those with chlorine substitution at only one of the *ortho* positions; CP0 and CP1 congeners can adopt a planar configuration. The 4Cl descriptor designates 169 congeners that have a total of four or more chlorine substituents, regardless of position. There are 54 PP congeners that have both *para* positions chlorinated. The 2M group contains 140 congeners that have two or more of the *meta* positions chlorinated. A total of 11 congeners have no descriptor.

The twelve congeners that display all descriptors are referred to as “dioxin-like” (Table 1.4). These twelve PCBs, namely PCB-77, PCB-81, PCB-105, PCB-114, PCB-118, PCB-123, PCB-126, PCB-156, PCB-157, PCB-167, PCB-169, and

Table 1.2 Physical and chemical properties of PCBs according to homologue group

Homologue group	CAS No.	Formula	No. of isomers	BZ No.	Relative molecular mass	Chlorine (% w/w)	Vapour pressure (Pa at 25 °C) ^a	Melting point (°C) ^b	Boiling point (°C) ^c
Monochlorobiphenyl	27323-18-8	C ₁₂ H ₉ Cl	3	1-3	188.66	18.79	1.1	25-77.9	285
Dichlorobiphenyl	25512-42-9	C ₁₂ H ₈ Cl ₂	12	4-15	223.10	31.77	0.24	24.4-149	312
Trichlorobiphenyl	25323-68-6	C ₁₂ H ₇ Cl ₃	24	16-39	257.55	41.30	0.054	28-87	337
Tetrachlorobiphenyl	26914-33-0	C ₁₂ H ₆ Cl ₄	42	40-81	291.99	48.65	0.012	47-180	360
Pentachlorobiphenyl	25429-29-2	C ₁₂ H ₅ Cl ₅	46	82-127	326.44	54.30	2.6.10 ⁻³	76.5-124	381
Hexachlorobiphenyl	26601-64-9	C ₁₂ H ₄ Cl ₆	42	128-169	360.88	58.93	5.8.10 ⁻⁴	77-200	400
Heptachlorobiphenyl	28655-71-2	C ₁₂ H ₃ Cl ₇	24	170-193	395.33	62.77	1.3.10 ⁻⁴	83-149	417
Octachlorobiphenyl	55722-26-4	C ₁₂ H ₂ Cl ₈	12	194-205	429.77	65.98	2.8.10 ⁻⁵	159-162	432
Nonachlorobiphenyl	53742-07-7	C ₁₂ HCl ₉	3	206-208	464.22	68.73	6.3.10 ⁻⁶	182.8-206	445
Decachlorobiphenyl	2051-24-3	C ₁₂ Cl ₁₀	1	209	498.66	71.10	1.4.10 ⁻⁶	305.9	456

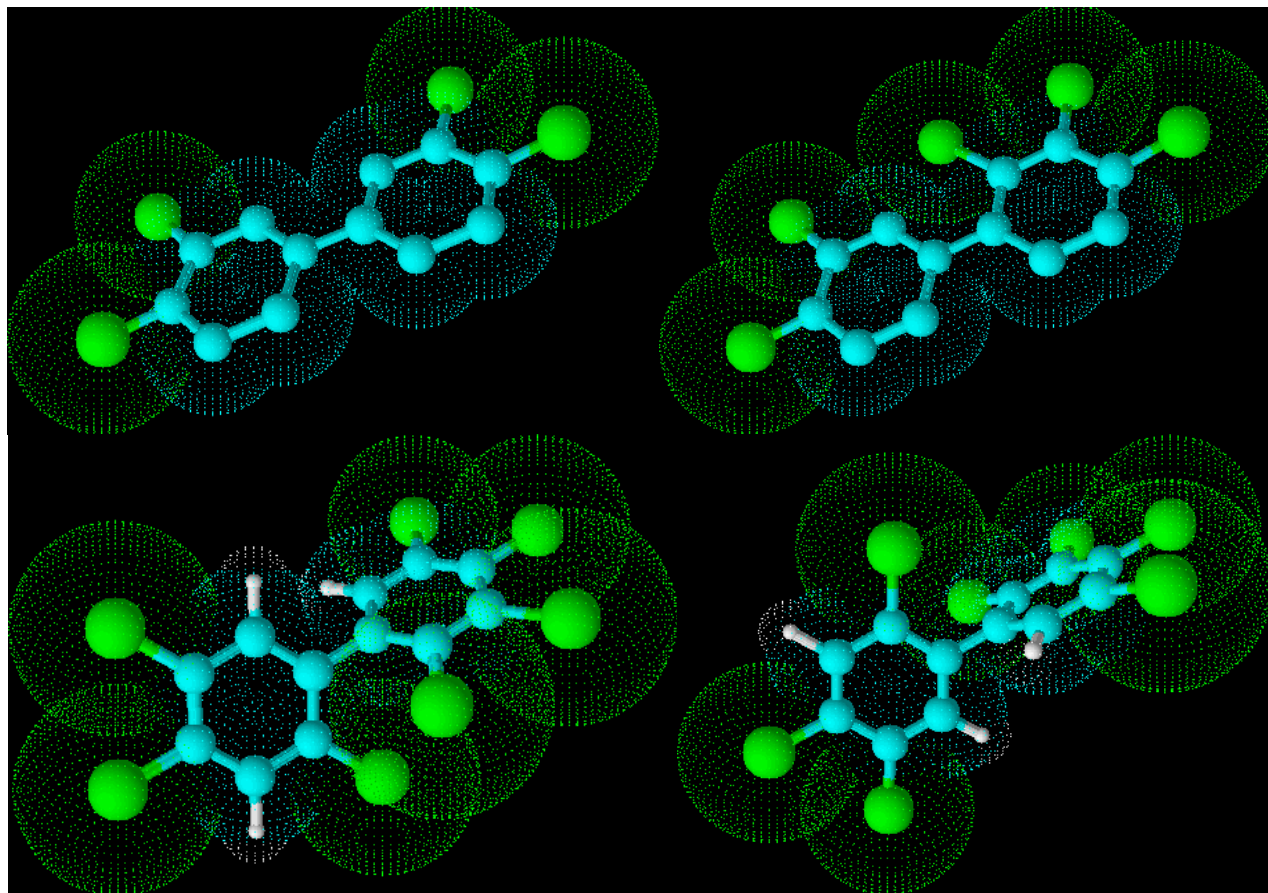
^a Mean value for liquid.

^b Values are approximations of the range across the isomers.

^c Average value of all isomers in the group.

[The Working Group noted that the CAS No. for octachlorobiphenyl homologue group differs between [ATSDR \(2000\)](#) and [Lindell \(2012\)](#). BZ, Ballschmiter and Zell; CAS, Chemical Abstracts Service

From [Shiu & Mackay \(1986\)](#), [ATSDR \(2000\)](#), [Erickson \(2001\)](#), and [Lindell \(2012\)](#)

Fig. 1.2 Tridimensional chemical structures of selected PCBs

Upper panel: Spatial configuration of two dioxin-like PCBs: PCB-77 (3,3',4,4'-tetrachlorobiphenyl), a non-*ortho* congener (left), and PCB-105 (2,3,3',4,4'-pentachlorobiphenyl), a mono-*ortho* congener (right)

Lower panel: Spatial configuration of two di-*ortho* PCBs: PCB-153 (2,2',4,4',5,5'-hexachlorobiphenyl; left) and PCB-180 (2,2',3,4,4',5,5'-heptachlorobiphenyl; right)

Courtesy of Professor B. LeBizec

PCB-189, have been assigned toxicity equivalency factors (TEFs, assigned by WHO in 1998 and revised in 2005) ([Van den Berg et al., 2006](#)). [The Working Group stressed that the activities of these PCB congeners are not solely dioxin-like.]

Depending on the context of the study or investigation, specific congeners may be monitored. For instance, the Stockholm Convention on Persistent Organic Pollutants (POPs) recommends measurement of six indicator PCBs (PCB-28, PCB-52, PCB-101, PCB-138, PCB-153, and PCB-180) to characterize contamination by PCBs. These congeners were chosen because

they are found at higher concentrations in the environment, in food, or in human fluids/tissues. Depending on country and context, different lists of varying numbers of congeners may be used, e.g. 36 congeners for the Centers for Disease Control and Prevention, USA, or only PCB-138, PCB-153, and PCB-180 most frequently in epidemiological studies with human blood (see Section 2).

Of the 209 PCB congeners, 78 display axial chirality. Only 19 of these congeners, those with three or more chlorine atoms in the *ortho* position, exist as two mirror-image atropisomers, i.e. two chiral atropisomers ([Lehmler & Robertson,](#)

Table 1.3 Relationship between BZ number, CAS number, IUPAC name,^a congener descriptor, and log K_{ow} for individual PCBs

BZ No.	IUPAC name	CAS No.	Descriptor ^b	Log K _{ow}	Vapour pressure (atm at 25 °C) ^c
1	2-CB	2051-60-7	CP1	4.46	
2	3-CB	2051-61-8	CP0	4.69	
3	4-CB	2051-62-9	CP0	4.69	
4	2,2'-DiCB	13029-08-8		4.65	1.5 to 4.2 × 10 ⁻⁶
5	2,3-DiCB	16605-91-7	CP1	4.97	
6	2,3'-DiCB	25569-80-6	CP1	5.06	
7	2,4-DiCB	33284-50-3	CP1	5.07	9.9 × 10 ⁻⁷ to 2.1 × 10 ⁻⁶
8	2,4'-DiCB	34883-43-7	CP1	5.07	
9	2,5-DiCB	34883-39-1	CP1	5.06	2.0 to 2.3 × 10 ⁻⁶
10	2,6-DiCB	33146-45-1		4.84	
11	3,3'-DiCB	2050-67-1	CP0, 2M	5.28	4.1 to 9.1 × 10 ⁻⁷
12	3,4-DiCB	2974-92-7	CP0	5.22	1.3 × 10 ⁻⁸ to 7.8 × 10 ⁻⁷
13	3,4'-DiCB	2974-90-5	CP0	5.29	
14	3,5-DiCB	34883-41-5	CP0, 2M	5.28	
15	4,4'-DiCB	2050-68-2	CP0, PP	5.30	5.0 to 7.4 × 10 ⁻⁷
16	2,2',3-TriCB	38444-78-9		5.16	
17	2,2',4-TriCB	37680-66-3		5.25	
18	2,2',5-TriCB	37680-65-2		5.24	3.5 × 10 ⁻⁷ to 1.2 × 10 ⁻⁶
19	2,2',6-TriCB	38444-73-4		5.02	
20	2,3,3'-TriCB	38444-84-7	CP1, 2M	5.57	
21	2,3,4-TriCB	55702-46-0	CP1	5.51	
22	2,3,4'-TriCB	38444-85-8	CP1	5.58	
23	2,3,5-TriCB	55720-44-0	CP1, 2M	5.57	
24	2,3,6-TriCB	55702-45-9		5.35	
25	2,3',4-TriCB	55712-37-3	CP1	5.67	
26	2,3',5-TriCB	38444-81-4	CP1, 2M	5.66	1.8 to 4.5 × 10 ⁻⁷
27	2,3',6-TriCB	38444-76-7		5.44	
28	2,4,4'-TriCB	7012-37-5	CP1, PP	5.67	1.5 to 3.3 × 10 ⁻⁷
29	2,4,5-TriCB	15862-07-4	CP1	5.60	
30	2,4,6-TriCB	35693-92-6		5.44	9.3 × 10 ⁻⁷ to 1.5 × 10 ⁻⁶
31	2,4',5-TriCB	16606-02-3	CP1	5.67	
32	2,4',6-TriCB	38444-77-8		5.44	
33	2,3',4'-TriCB	38444-86-9	CP1	5.60	
34	2,3',5'-TriCB	37680-68-5	CP1, 2M	5.66	
35	3,3',4-TriCB	37680-69-6	CP0, 2M	5.82	
36	3,3',5-TriCB	38444-87-0	CP0, 2M	5.88	
37	3,4,4'-TriCB	38444-90-5	CP0, PP	5.83	
38	3,4,5-TriCB	53555-66-1	CP0, 2M	5.76	
39	3,4',5-TriCB	38444-88-1	CP0, 2M	5.89	
40	2,2',3,3'-TetraCB	38444-93-8	4CL, 2M	5.66	4.5 × 10 ⁻⁸ to 1.1 × 10 ⁻⁷
41	2,2',3,4-TetraCB	52663-59-9	4CL	5.69	
42	2,2',3,4'-TetraCB	36559-22-5	4CL	5.76	
43	2,2',3,5-TetraCB	70362-46-8	4CL, 2M	5.75	
44	2,2',3,5'-TetraCB	41464-39-5	4CL, 2M	5.75	

Table 1.3 (continued)

BZ No.	IUPAC name	CAS No.	Descriptor ^b	Log K _{ow}	Vapour pressure (atm at 25 °C) ^c
45	2,2',3,6-TetraCB	70362-45-7	4CL	5.53	
46	2,2',3,6'-TetraCB	41464-47-5	4CL	5.53	
47	2,2',4,4'-TetraCB	2437-79-8	4CL, PP	5.85	
48	2,2',4,5-TetraCB	70362-47-9	4CL	5.78	
49	2,2',4,5'-TetraCB	41464-40-8	4CL	5.85	
50	2,2',4,6-TetraCB	62796-65-0	4CL	5.63	
51	2,2',4,6'-TetraCB	68194-04-7	4CL	5.63	
52	2,2',5,5'-TetraCB	35693-99-3	4CL, 2M	5.84	1.8 to 8.9 × 10 ⁻⁷
53	2,2',5,6'-TetraCB	41464-41-9	4CL	5.62	1.1 to 4.0 × 10 ⁻⁷
54	2,2',6,6'-TetraCB	15968-05-5	4CL	5.21	1.2 × 10 ⁻⁶ to 6.5 × 10 ⁻⁷
55	2,3,3',4-TetraCB	74338-24-2	CP1, 4CL, 2M	6.11	
56	2,3,3',4'-TetraCB	41464-43-1	CP1, 4CL, 2M	6.11	
57	2,3,3',5-TetraCB	70424-67-8	CP1, 4CL, 2M	6.17	
58	2,3,3',5'-TetraCB	41464-49-7	CP1, 4CL, 2M	6.17	
59	2,3,3',6-TetraCB	74472-33-6	4CL, 2M	5.95	
60	2,3,4,4'-TetraCB	33025-41-1	CP1, 4CL, PP	6.11	
61	2,3,4,5-TetraCB	33284-53-6	CP1, 4CL, 2M	6.04	
62	2,3,4,6-TetraCB	54230-22-7	4CL	5.89	
63	2,3,4',5-TetraCB	74472-34-7	CP1, 4CL, 2M	6.17	
64	2,3,4',6-TetraCB	52663-58-8	4CL	5.95	
65	2,3,5,6-TetraCB	33284-54-7	4CL, 2M	5.86	
66	2,3',4,4'-TetraCB	32598-10-0	CP1, 4CL, PP	6.20	
67	2,3',4,5-TetraCB	73575-53-8	CP1, 4CL, 2M	6.20	
68	2,3',4,5'-TetraCB	73575-52-7	CP1, 4CL, 2M	6.26	
69	2,3',4,6-TetraCB	60233-24-1	4CL	6.04	
70	2,3',4',5-TetraCB	32598-11-1	CP1, 4CL, 2M	6.20	
71	2,3',4',6-TetraCB	41464-46-4	4CL	5.98	
72	2,3',5,5'-TetraCB	41464-42-0	CP1, 4CL, 2M	6.26	
73	2,3',5',6-TetraCB	74338-23-1	4CL, 2M	6.04	
74	2,4,4',5-TetraCB	32690-93-0	CP1, 4CL, PP	6.20	
75	2,4,4',6-TetraCB	32598-12-2	4CL, PP	6.05	
76	2,3',4',5'-TetraCB	70362-48-0	CP1, 4CL, 2M	6.13	
77	3,3',4,4'-TetraCB	32598-13-3	CP0, 4CL, PP, 2M	6.36	5.2 × 10 ⁻⁹ to 2.1 × 10 ⁻⁸
78	3,3',4,5-TetraCB	70362-49-1	CP0, 4CL, 2M	6.35	
79	3,3',4,5'-TetraCB	41464-48-6	CP0, 4CL, 2M	6.42	
80	3,3',5,5'-TetraCB	33284-52-5	CP0, 4CL, 2M	6.48	
81	3,4,4',5-TetraCB	70362-50-4	CP0, 4CL, PP, 2M	6.36	
82	2,2',3,3',4-PentaCB	52663-62-4	4CL, 2M	6.20	
83	2,2',3,3',5-PentaCB	60145-20-2	4CL, 2M	6.26	
84	2,2',3,3',6-PentaCB	52663-60-2	4CL, 2M	6.04	
85	2,2',3,4,4'-PentaCB	65510-45-4	4CL, PP	6.30	
86	2,2',3,4,5-PentaCB	55312-69-1	4CL, 2M	6.23	
87	2,2',3,4,5'-PentaCB	38380-02-8	4CL, 2M	6.29	
88	2,2',3,4,6-PentaCB	55215-17-3	4CL	6.07	
89	2,2',3,4,6'-PentaCB	73575-57-2	4CL	6.07	

Table 1.3 (continued)

BZ No.	IUPAC name	CAS No.	Descriptor ^b	Log K _{ow}	Vapour pressure (atm at 25 °C) ^c
90	2,2',3,4',5-PentaCB	68194-07-0	4CL, 2M	6.36	
91	2,2',3,4',6-PentaCB	68194-05-8	4CL	6.13	
92	2,2',3,5,5'-PentaCB	52663-61-3	4CL, 2M	6.35	
93	2,2',3,5,6-PentaCB	73575-56-1	4CL, 2M	6.04	
94	2,2',3,5,6'-PentaCB	73575-55-0	4CL, 2M	6.13	
95	2,2',3,5',6-PentaCB	38379-99-6	4CL, 2M	6.13	
96	2,2',3,6,6'-PentaCB	73575-54-9	4CL	5.71	
97	2,2',3,4',5'-PentaCB	41464-51-1	4CL, 2M	6.29	
98	2,2',3,4',6'-PentaCB	60233-25-2	4CL	6.13	
99	2,2',4,4',5-PentaCB	38380-01-7	4CL, PP	6.39	
100	2,2',4,4',6-PentaCB	39485-83-1	4CL, PP	6.23	
101	2,2',4,5,5'-PentaCB	37680-73-2	4CL, 2M	6.38	1.4 to 3.5 × 10 ⁻⁸
102	2,2',4,5,6'-PentaCB	68194-06-9	4CL	6.16	
103	2,2',4,5',6-PentaCB	60145-21-3	4CL	6.22	
104	2,2',4,6,6'-PentaCB	56558-16-8	4CL	5.81	4.3 × 10 ⁻⁸ to 1.7 × 10 ⁻⁷
105	2,3,3',4,4'-PentaCB	32598-14-4	CP1, 4CL, PP, 2M	6.65	8.6 × 10⁻⁹
106	2,3,3',4,5-PentaCB	70424-69-0	CP1, 4CL, 2M	6.64	
107	2,3,3',4,5'-PentaCB	70424-68-9	CP1, 4CL, 2M	6.71	
108	2,3,3',4,6-PentaCB	70362-41-3	4CL, 2M	6.72	
109	2,3,3',4',5-PentaCB	74472-35-8	CP1, 4CL, 2M	6.48	
110	2,3,3',4',6-PentaCB	38380-03-9	4CL, 2M	6.48	
111	2,3,3',5,5'-PentaCB	39635-32-0	CP1, 4CL, 2M	6.76	
112	2,3,3',5,6-PentaCB	74472-36-9	4CL, 2M	6.45	
113	2,3,3',5',6-PentaCB	68194-10-5	4CL, 2M	6.54	
114	2,3,4,4',5-PentaCB	74472-37-0	CP1, 4CL, PP, 2M	6.65	
115	2,3,4,4',6-PentaCB	74472-38-1	4CL, PP	6.49	
116	2,3,4,5,6-PentaCB	18259-05-7	4CL, 2M	6.33	
117	2,3,4',5,6-PentaCB	68194-11-6	4CL, 2M	6.46	
118	2,3',4,4',5-PentaCB	31508-00-6	CP1, 4CL, PP, 2M	6.74	1.2 × 10⁻⁸
119	2,3',4,4',6-PentaCB	56558-17-9	4CL, PP	6.58	
120	2,3',4,5,5'-PentaCB	68194-12-7	CP1, 4CL, 2M	6.79	
121	2,3',4,5',6-PentaCB	56558-18-0	4CL, 2M	6.64	
122	2,3,3',4',5'-PentaCB	76842-07-4	CP1, 4CL, 2M	6.64	
123	2,3',4,4',5'-PentaCB	65510-44-3	CP1, 4CL, PP, 2M	6.74	
124	2,3',4',5,5'-PentaCB	70424-70-3	CP1, 4CL, 2M	6.73	
125	2,3',4',5',6-PentaCB	74472-39-2	4CL, 2M	6.51	
126	3,3',4,4',5-PentaCB	57465-28-8	CP0, 4CL, PP, 2M	6.89	
127	3,3',4,5,5'-PentaCB	39635-33-1	CP0, 4CL, 2M	6.95	
128	2,2',3,3',4,4'-HexaCB	38380-07-3	4CL, PP, 2M	6.74	1.0 to 3.6 × 10 ⁻⁹
129	2,2',3,3',4,5-HexaCB	55215-18-4	4CL, 2M	6.73	
130	2,2',3,3',4,5'-HexaCB	52663-66-8	4CL, 2M	6.80	
131	2,2',3,3',4,6-HexaCB	61798-70-7	4CL, 2M	6.58	
132	2,2',3,3',4,6'-HexaCB	38380-05-1	4CL, 2M	6.58	
133	2,2',3,3',5,5'-HexaCB	35694-04-3	4CL, 2M	6.86	
134	2,2',3,3',5,6-HexaCB	52704-70-8	4CL, 2M	6.55	

Table 1.3 (continued)

BZ No.	IUPAC name	CAS No.	Descriptor ^b	Log K _{ow}	Vapour pressure (atm at 25 °C) ^c
135	2,2',3,3',5,6'-HexaCB	52744-13-5	4CL, 2M	6.64	
136	2,2',3,3',6,6'-HexaCB	38411-22-2	4CL, 2M	6.22	
137	2,2',3,4,4',5-HexaCB	35694-06-5	4CL, PP, 2M	6.83	
138	2,2',3,4,4',5'-HexaCB	35065-28-2	4CL, PP, 2M	6.83	5.2 × 10 ⁻⁹
139	2,2',3,4,4',6-HexaCB	56030-56-9	4CL, PP	6.67	
140	2,2',3,4,4',6'-HexaCB	59291-64-4	4CL, PP	6.67	
141	2,2',3,4,5,5'-HexaCB	52712-04-6	4CL, 2M	6.82	
142	2,2',3,4,5,6-HexaCB	41411-61-4	4CL, 2M	6.51	
143	2,2',3,4,5,6'-HexaCB	68194-15-0	4CL, 2M	6.60	
144	2,2',3,4,5',6-HexaCB	68194-14-9	4CL, 2M	6.67	
145	2,2',3,4,6,6'-HexaCB	74472-40-5	4CL	6.25	
146	2,2',3,4',5,5'-HexaCB	51908-16-8	4CL, 2M	6.89	
147	2,2',3,4',5,6-HexaCB	68194-13-8	4CL, 2M	6.64	
148	2,2',3,4',5,6'-HexaCB	74472-41-6	4CL, 2M	6.73	
149	2,2',3,4',5',6-HexaCB	38380-04-0	4CL, 2M	6.67	
150	2,2',3,4',6,6'-HexaCB	68194-08-1	4CL	6.32	
151	2,2',3,5,5',6-HexaCB	52663-63-5	4CL, 2M	6.64	
152	2,2',3,5,6,6'-HexaCB	68194-09-2	4CL, 2M	6.22	
153	2,2',4,4',5,5'-HexaCB	35065-27-1	4CL, PP, 2M	6.92	1.9 × 10 ⁻⁹ to 6.9 × 10 ⁻⁸
154	2,2',4,4',5,6'-HexaCB	60145-22-4	4CL, PP	6.76	
155	2,2',4,4',6,6'-HexaCB	33979-03-2	4CL, PP	6.41	3.5 × 10 ⁻⁹ to 4.4 × 10 ⁻⁸
156	2,3,3',4,4',5-HexaCB	38380-08-4	CPI, 4CL, PP, 2M	7.18	2.1 × 10 ⁻⁹
157	2,3,3',4,4',5'-HexaCB	69782-90-7	CPI, 4CL, PP, 2M	7.18	
158	2,3,3',4,4',6-HexaCB	74472-42-7	4CL, PP, 2M	7.02	
159	2,3,3',4,5,5'-HexaCB	39635-35-3	CPI, 4CL, 2M	7.24	
160	2,3,3',4,5,6-HexaCB	41411-62-5	4CL, 2M	6.93	
161	2,3,3',4,5',6-HexaCB	74472-43-8	4CL, 2M	7.08	
162	2,3,3',4',5,5'-HexaCB	39635-34-2	CPI, 4CL, 2M	7.24	
163	2,3,3',4',5,6-HexaCB	74472-44-9	4CL, 2M	6.99	7.9 × 10 ⁻¹⁰
164	2,3,3',4',5',6-HexaCB	74472-45-0	4CL, 2M	7.02	
165	2,3,3',5,5',6-HexaCB	74472-46-1	4CL, 2M	7.05	
166	2,3,4,4',5,6-HexaCB	41411-63-6	4CL, PP, 2M	6.93	
167	2,3',4,4',5,5'-HexaCB	52663-72-6	CPI, 4CL, PP, 2M	7.27	
168	2,3',4,4',5',6-HexaCB	59291-65-5	4CL, PP, 2M	7.11	
169	3,3',4,4',5,5'-HexaCB	32774-16-6	CP0, 4CL, PP, 2M	7.42	7.9 × 10 ⁻¹⁰
170	2,2',3,3',4,4',5-HeptaCB	35065-30-6	4CL, PP, 2M	7.27	
171	2,2',3,3',4,4',6-HeptaCB	52663-71-5	4CL, PP, 2M	7.11	
172	2,2',3,3',4,5,5'-HeptaCB	52663-74-8	4CL, 2M	7.33	
173	2,2',3,3',4,5,6-HeptaCB	68194-16-1	4CL, 2M	7.02	
174	2,2',3,3',4,5,6'-HeptaCB	38411-25-5	4CL, 2M	7.11	
175	2,2',3,3',4,5',6-HeptaCB	40186-70-7	4CL, 2M	7.17	
176	2,2',3,3',4,6,6'-HeptaCB	52663-65-7	4CL, 2M	6.76	
177	2,2',3,3',4,5',6'-HeptaCB	52663-70-4	4CL, 2M	7.08	
178	2,2',3,3',5,5',6-HeptaCB	52663-67-9	4CL, 2M	7.14	
179	2,2',3,3',5,6,6'-HeptaCB	52663-64-6	4CL, 2M	6.73	

Table 1.3 (continued)

BZ No.	IUPAC name	CAS No.	Descriptor ^b	Log K _{ow}	Vapour pressure (atm at 25 °C) ^c
180	2,2',3,4,4',5,5'-HeptaCB	35065-29-3	4CL, PP, 2M	7.36	1.3 × 10 ⁻⁹
181	2,2',3,4,4',5,6-HeptaCB	74472-47-2	4CL, PP, 2M	7.11	
182	2,2',3,4,4',5,6'-HeptaCB	60145-23-5	4CL, PP, 2M	7.20	
183	2,2',3,4,4',5',6-HeptaCB	52663-69-1	4CL, PP, 2M	7.20	
184	2,2',3,4,4',6,6'-HeptaCB	74472-48-3	4CL, PP	6.85	
185	2,2',3,4,5,5',6-HeptaCB	52712-05-7	4CL, 2M	7.11	
186	2,2',3,4,5,6,6'-HeptaCB	74472-49-4	4CL, 2M	6.69	
187	2,2',3,4',5,5',6-HeptaCB	52663-68-0	4CL, 2M	7.17	
188	2,2',3,4',5,6,6'-HeptaCB	74487-85-7	4CL, 2M	6.82	
189	2,3,3',4,4',5,5'-HeptaCB	39635-31-9	CPI, 4CL, PP, 2M	7.71	
190	2,3,3',4,4',5,6-HeptaCB	41411-64-7	4CL, PP, 2M	7.46	
191	2,3,3',4,4',5',6-HeptaCB	74472-50-7	4CL, PP, 2M	7.55	
192	2,3,3',4,5,5',6-HeptaCB	74472-51-8	4CL, 2M	7.52	
193	2,3,3',4',5,5',6-HeptaCB	69782-91-8	4CL, 2M	7.52	
194	2,2',3,3',4,4',5,5'-OctaCB	35694-08-7	4CL, PP, 2M	7.80	
195	2,2',3,3',4,4',5,6-OctaCB	52663-78-2	4CL, PP, 2M	7.56	
196	2,2',3,3',4,4',5,6'-OctaCB	42740-50-1	4CL, PP, 2M	7.65	
197	2,2',3,3',4,4',6,6'-OctaCB	33091-17-7	4CL, PP, 2M	7.30	
198	2,2',3,3',4,5,5',6-OctaCB	68194-17-2	4CL, 2M	7.62	
199	2,2',3,3',4,5,5',6'-OctaCB	52663-75-9	4CL, 2M	7.62	
200	2,2',3,3',4,5,6,6'-OctaCB	52663-73-7	4CL, 2M	7.20	
201	2,2',3,3',4,5',6,6'-OctaCB	40186-71-8	4CL, 2M	7.27	
202	2,2',3,3',5,5',6,6'-OctaCB	2136-99-4	4CL, 2M	7.24	
203	2,2',3,4,4',5,5',6-OctaCB	52663-76-0	4CL, PP, 2M	7.65	
204	2,2',3,4,4',5,6,6'-OctaCB	74472-52-9	4CL, PP, 2M	7.30	
205	2,3,3',4,4',5,5',6-OctaCB	74472-53-0	4CL, PP, 2M	8.00	
206	2,2',3,3',4,4',5,5',6-NonaCB	40186-72-9	4CL, PP, 2M	8.09	
207	2,2',3,3',4,4',5,6,6'-NonaCB	52663-79-3	4CL, PP, 2M	7.74	
208	2,2',3,3',4,5,5',6,6'-NonaCB	52663-77-1	4CL, 2M	7.71	
209	2,2',3,3',4,4',5,5',6,6'-DecaCB	2051-24-3	4CL, PP, 2M	8.18	

^a The nomenclature in this table adheres to the IUPAC rules and thus primed and unprimed numbers may be interchanged compared with [Table 1.1](#). Please see text for more details.

^b Congener descriptors (CP0, CP1, 4Cl, PP, 2M) have been given where relevant; they give rapid access to geometry and substituent positions. 68 coplanar congeners fall into one of two groups CP0 or CP1.

The first group of 20 congeners consists of those without chlorine substitution at any of the “ortho” positions on the biphenyl backbone and are referred to as CP0 or non-“ortho” congeners. The second group of 48 congeners includes those with chlorine substitution at only one of the “ortho” positions and are referred to as CP1 or mono-“ortho” congeners. 175 congeners have a total of four or more chlorine substituents, regardless of position (4Cl). 54 congeners have both “para” positions chlorinated (PP). 146 congeners have two or more of the “meta” positions chlorinated (2M). The twelve congeners that have all four of the congener descriptors are referred to as being “dioxin-like,” and are indicated in bold type.

In [ATSDR \(2000\)](#), PCB-63 was mistakenly attributed the CAS number of a pentachlorobiphenyl; for Henry’s law constants, vapour pressure and solubility of most individual congeners, the reader is referred to [Dunnivant & Elzerman \(1988\)](#) and references within.

^c Vapour pressures have been indicated for a selection of individual congeners.

BZ, Ballschmiter and Zell; CAS, Chemical Abstracts Service; CB, chlorinated biphenyl; IUPAC, International Union of Pure and Applied Chemistry

From [Dunnivant & Elzerman \(1988\)](#), [ATSDR \(2000\)](#), [Mills et al. \(2007\)](#), and [Lindell \(2012\)](#)

Table 1.4 The 12 dioxin-like PCBs, with corresponding CAS number, IUPAC name, and individual WHO₁₉₉₈-TEF and WHO₂₀₀₅-TEF values

PCB	IUPAC name	CAS No.	WHO ₁₉₉₈ -TEF	WHO ₂₀₀₅ -TEF
PCB-77	3,3',4,4'-TetraCB	32598-13-3	0.0001	0.0001
PCB-81	3,4,4',5-TetraCB	70362-50-4	0.0001	0.0003
PCB-105	2,3,3',4,4'-PentaCB	32598-14-4	0.0001	0.00003
PCB-114	2,3,4,4',5-PentaCB	74472-37-0	0.0005	0.00003
PCB-118	2,3',4,4',5-PentaCB	31508-00-6	0.0001	0.00003
PCB-123	2,3',4,4',5-PentaCB	65510-44-3	0.0001	0.00003
PCB-126	3,3',4,4',5-PentaCB	57465-28-8	0.1	0.1
PCB-156	2,3,3',4,4',5-HexaCB	38380-08-4	0.0005	0.00003
PCB-157	2,3,3',4,4',5'-HexaCB	68782-90-7	0.0005	0.00003
PCB-167	2,3',4,4',5,5'-HexaCB	52663-72-6	0.00001	0.00003
PCB-169	3,3',4,4',5,5'-HexaCB	32774-16-6	0.01	0.03
PCB-189	2,3,3',4,4',5,5'-HeptaCB	39635-31-9	0.0001	0.00003

CAS, Chemical Abstracts Service; CB, chlorinated biphenyl; IUPAC, International Union of Pure and Applied Chemistry; PCB, polychlorinated biphenyl; TEF, toxicity equivalency factor

From [Van den Berg et al. \(1998, 2006\)](#)

2001; [Kania-Korwel & Lehmler, 2013](#)). The IUPAC nomenclature and BZ number for the 19 atropisomeric PCBs are listed in [Table 1.5](#). They are stereoisomers resulting from hindered rotation around single bonds where the steric-strain barrier to rotation is high enough to allow for the isolation of the enantiomers ([Haglund & Wiberg, 1996](#); [Harju & Haglund, 1999](#)). Both atropisomers have the same chemical and physical behaviour, except for optical rotation ([Lehmler et al., 2010](#)). They are stable at 25 °C, but at elevated temperatures it is necessary to separate the enantiomers via high-resolution chiral gas chromatography (GC) ([Schurig & Reich, 1998](#); [Harju & Haglund, 1999](#)).

1.1.2 Chemical and physical properties of PCBs

Pure single PCB congeners are mostly colourless or slightly yellowish, often odourless, crystalline compounds. Commercial products, however, are viscous liquid mixtures of these compounds, with viscosity increasing with degree of chlorination, and colour ranging from light yellow to a dark colour. For example,

Aroclor 1242 is a “mobile liquid” and Aroclor 1260 is a “sticky resin” ([Erickson, 2001](#)). These products do not crystallize at low temperatures, but turn into solid resins. An important property of PCBs is their general inertness; they resist acids, alkalis and oxidants and are fire-resistant because of their high flash-points ([IPCS, 2003](#)). However, under certain conditions, they may be destroyed by chemical, thermal and biochemical processes. PCBs show excellent dielectric (insulating) properties. This has made them useful in a wide variety of applications, including as dielectric fluids in transformers and capacitors, heat-transfer fluids, and lubricants.

The physical properties of PCBs are important in understanding their analytical, physiological, and environmental properties. However, the interactions of the various physical properties can be extremely complex ([Erickson, 2001](#)). Chemical and physical properties such as solubility, vapour pressure, and Henry's law constant have been reported for individual congeners ([Shiu & Mackay, 1986](#); [Murphy et al., 1987](#); [Sabljic & Güsten, 1989](#); [Dunnivant et al., 1992](#); [Falconer & Bidleman, 1994](#)). Data for homologue groups and for a selection of PCBs are presented in [Table 1.2](#),

Table 1.5 PCB congeners that exist as chiral atropisomers

PCB	IUPAC name
PCB-45	2,2',3,6-TetraCB
PCB-84	2,2',3,3',6-PentaCB
PCB-88	2,2',3,4,6-PentaCB
PCB-91	2,2',3,4',6-PentaCB
PCB-95	2,2',3,5',6-PentaCB
PCB-131	2,2',3,3',4,6-HexaCB
PCB-132	2,2',3,3',4,6'-HexaCB
PCB-135	2,2',3,3',5,6'-HexaCB
PCB-136	2,2',3,3',6,6'-HexaCB
PCB-139	2,2',3,4,4',6-HexaCB
PCB-144	2,2',3,4,5',6-HexaCB
PCB-149	2,2',3,4',5',6-HexaCB
PCB-171	2,2',3,3',4,4',6-HeptaCB
PCB-174	2,2',3,3',4,5,6'-HeptaCB
PCB-175	2,2',3,3',4,5',6-HeptaCB
PCB-176	2,2',3,3',4,6,6'-HeptaCB
PCB-183	2,2',3,4,4',5',6-HeptaCB
PCB-196	2,2',3,3',4,4',5,6'-OctaCB
PCB-197	2,2',3,3',4,4',6,6'-OctaCB

CB, chlorinated biphenyl; IUPAC, International Union of Pure and Applied Chemistry; PCB, polychlorinated biphenyl

[Table 1.3](#), and [Table 1.6](#). Melting points range from 25 °C (PCB-2, PCB-7 and PCB-9) to 306 °C (PCB-209). Boiling points increase from low (monochlorobiphenyl, 285 °C) to highly (deca-chlorobiphenyl, 456 °C) chlorinated congeners ([Hutzinger et al., 1974](#); [Shiu & Mackay, 1986](#)).

The solubility of PCBs in water is extremely low, ranging from an average of 0.0012 to 4830 µg/L for the chlorobiphenyl congeners that occur commonly. The high solubility of the *ortho*-chlorinated congeners (4.8 mg/L for PCB-1) may be due to hydrogen bonding associated with the more polar character of these molecules. Solubility decreases rapidly in *ortho*-vacant congeners, especially as the *para* positions are filled, which may result in greater and more uniform perimeter electronegativity and interference with hydrogen bonding. PCBs are freely soluble in non-polar organic solvents, oils and biological lipids, and the shift from water

to lipid solubility is linked to the degree of chlorination ([Hutzinger et al., 1974](#); [Shiu & Mackay, 1986](#); [ATSDR, 2000](#); [IPCS, 2003](#)).

The octanol/water partition coefficient (K_{ow}) is defined as the ratio of a chemical's concentration in the octanol phase to its concentration in the aqueous phase of a two-phase octanol/water system; values of K_{ow} are thus unitless ([Table 1.3](#) and [Table 1.6](#)). The reported log K_{ow} values have been reviewed by [Shiu & Mackay \(1986\)](#). [Fig. 1.3](#) shows the remarkable correlation between log K_{ow} (lipophilicity) and number of chlorine atoms (BZ numbers); log K_{ow} values ranged from 4.5 to 8.3. This partitioning plays a key role in environmental fate and transport. PCBs tend to favour the non-polar phase and will partition away from water to most solids, the organic portion being the preferred site ([Erickson, 2001](#)).

PCBs are characterized by Henry's law constants [a measure of the equilibrium distribution coefficient between air and water] that tend to decrease with a higher degree of chlorination. Less chlorinated PCB congeners have a considerably higher vapour pressure (1–2 Pa at 25 °C for monochlorobiphenyls) than the more highly chlorinated congeners (1.4×10^{-6} Pa for deca-chlorobiphenyl) ([Shiu & Mackay, 1986](#)). Therefore, the composition in air is dominated by the less chlorinated congeners and atropisomers.

At high temperatures, PCBs are combustible, and the products of combustion include polychlorinated dibenzofurans (PCDFs) and hydrogen chloride, and polychlorinated dibenzodioxins (PCDDs) ([IPCS, 1993](#); [ATSDR, 2000](#)).

Photochemical degradation may be one route for the breakdown of PCBs in the environment: photochemical experiments conducted under simulated natural conditions on several pure chlorobiphenyls and on commercial PCB products have indicated several degradative reactions, such as dechlorination, polymerization and solvolysis.

Table 1.6 Physical and chemical data for a selection of PCB congeners

PCB	No. of chlorine atoms	Melting point (°C)	Boiling point (°C)	Vapour pressure (10 ⁻⁶ kPa at 25 °C)	Log K _{ow}	Water solubility (µg/L)
PCB-1 ^a	1	34	274	184	4.5	4830 (25 °C)
PCB-105	5	–	–	0.87	7.0	3.4 (25 °C)
PCB-118	5	–	–	1.20	7.1	13.4 (20 °C)
PCB-138	6	78.5–80	400 ^b	0.53	6.5–7.4 ^b	15.9 ^b
PCB-153	6	103–104	–	0.05	6.7	0.9 (25 °C)
PCB-156	6	–	–	0.21	7.6	5.3 (20 °C)
PCB-163	6	–	–	0.08	7.2	1.2 (25 °C)
PCB-169	6	201–202	–	0.05	7.4	0.04–12.3 ^b
PCB-180	7	109–110	240–280 (at 2.66 kPa)	0.13	6.7–7.2 ^b	0.2 (25 °C)
PCB-183	7	83	–	–	8.3	4.9 (20 °C)

^a Included based on its significantly different solubility and vapour pressure

^b Calculated

K_{ow}, octanol/water partition coefficient; PCB, polychlorinated biphenyl
From [Lindell \(2012\)](#)

1.1.3 Trade names and composition of commercial products

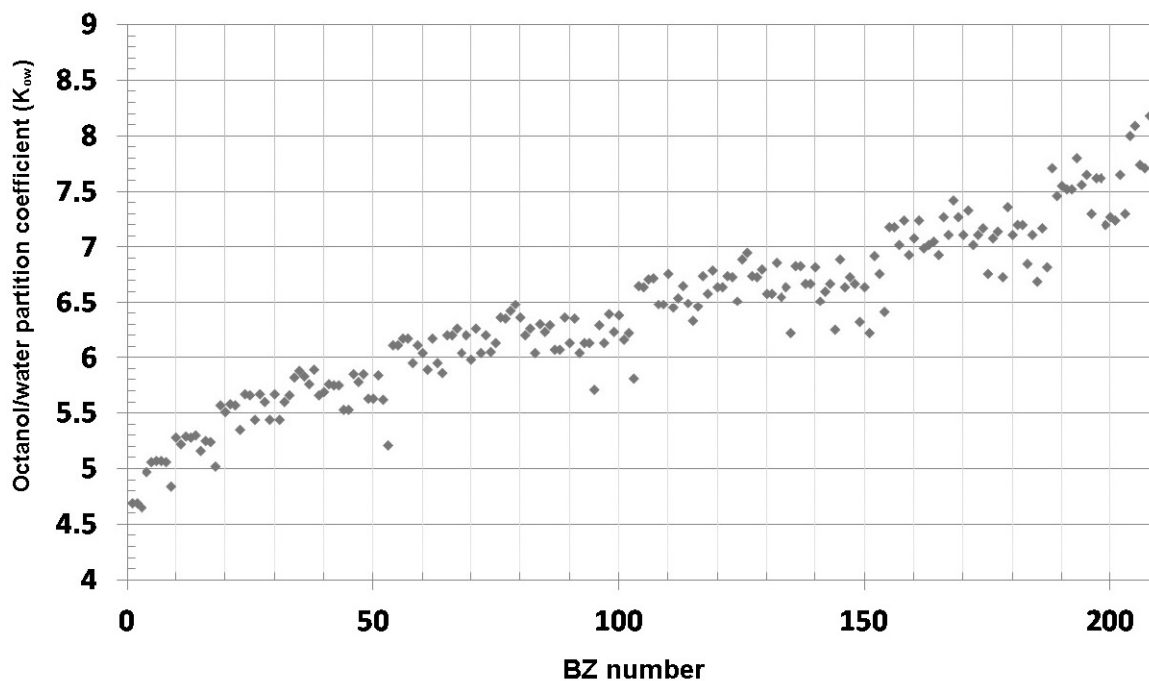
PCBs have never been used as single compounds, but rather as complex mixtures. The commercial products were manufactured to yield a certain degree of chlorination to fulfil technical requirements, generally between 21% and 68% chlorine.

Trade names for commercial products are given in [Table 1.7](#). The most well known are Aroclor, Clophen, Phenochlor, Kanechlor, Pyralene, Fenclor, and Delor. The Aroclors, which were manufactured in the USA, are identified by a four-digit numbering code in which the first two digits indicate the type of mixture and the last two digits indicate the approximate chlorine content by percentage weight. Thus Aroclor 1242 is a chlorinated biphenyl mixture with an average chlorine content of 42%. The exception to this code is Aroclor 1016, which has an average chlorine content of 41% ([Hutzinger et al., 1974](#)). Similarly, the Kanechlors are identified by a three-digit value indicating the average chlorine content (300 for 30%). Other products of similar chlorination content have been produced by different companies in Europe, Japan, and China.

[Table 1.8](#) indicates equivalencies between main commercial formulations of PCBs. [The Working Group noted that these should be considered as approximate.] Since different production yield slight differences in the congener mixture, mixtures with comparable chlorine content but from different manufacturers (e.g. Aroclor 1260 and Clophen A60) show varying compositions, although with strong similarities ([Johnson et al., 2000](#)).

The homologue composition of the commercial PCB products varies greatly according to chlorination degree achieved ([Table 1.9](#)). For example, Aroclor 1242 is a mixture of mono- to heptachlorobiphenyls, while Aroclor 1260 contains penta- to octachlorinated homologues. The concentrations of single congeners within each homologue group also differ between different products and batches ([Fig. 1.4](#)). About 130 of the 209 congeners have been identified in commercial formulations at concentrations above 0.05%. Generally, commercial PCB products consist of about 100–140 PCB congeners, with mono- and non-*ortho* substituted PCBs as minor or trace constituents ([Frame et al., 1996a, b](#); [Johnson et al., 2000](#)).

Fig. 1.3 Octanol/water partition coefficient (K_{ow}) of PCB congeners according to the degree of chlorination (BZ number)



BZ, Ballschmiter and Zell; PCB, polychlorinated biphenyl
Compiled by the Working Group

An archetypal distribution of PCB congeners was detected in Aroclor 1254, lot 124–191 (corresponding to the historical G4 production process), while lot 6024 showed a profile characteristic of the A4 production process used between 1974 and 1976 (Kodavanti *et al.*, 2001). Indeed, Aroclor 1254 was produced by two different chlorination procedures (two-step versus single-step chlorination) (Frame *et al.*, 1996a, b). The differences in composition of the two lots are given in Table 1.10. Although Aroclor 1254 A4 probably represented less than 1% of the total production of Aroclor 1254, this PCB product was extensively used by standard suppliers and thus by researchers (Frame, 1999).

Chiral PCB congeners are important constituents of both technical and environmental mixtures of PCBs. For example, the total concentration of

chiral PCB congeners in the commercial mixtures Aroclor 1242 and Aroclor 1260 is 6% and 30% by weight, respectively (Kania-Korwel *et al.*, 2007). Chiral enantiomers may have different biological and toxicological properties (Püttmann *et al.*, 1989; Rodman *et al.*, 1991). There is evidence that PCB atropisomers differ in their biological activities (Kania-Korwel *et al.*, 2006, 2008). They have been found in non-racemic proportions in many species (Lehmler *et al.*, 2010; Wong & Warner, 2009). While physical and chemical processes in the environment generally affect the two enantiomers of a known compound at the same rate, biological processes may result in the enrichment of one of the enantiomers, because of enantio-selective interactions with biological macromolecules (Buser & Mueller, 1993).

Table 1.7 Trade names for commercial PCB products^{a, b}

Asbestol (trans, cap)	Hydol (trans, cap)
Askarel	Montar
Bakola 131 (trans, cap)	Nepolin
Biclor (cap)	No-Flamol (trans, cap)
Chlorextol (trans)	Phenoclor (trans, cap)
Chlorinol	Pydraul
Clophen (trans, cap)	Pyralene (trans, cap)
Clorphen (trans)	Pyranol (trans, cap)
Delor	Pyroclor (trans)
Duconol (cap)	Saf-T-Kuhl (trans, cap)
Dykanol (trans, cap)	Santotherm FR
EEC-18	Santovac 1 and 2
Elemex (trans, cap)	Siclonyl (cap)
Eucarel	Solvol (trans, cap)
Fenchlor (trans, cap)	Sovol
Elemex (trans, cap)	Therminol FR
Hivar (cap)	

^a Each trade name may correspond to one or several products with varying chlorine content (see [Table 1.8](#)).

^b Products may be used in transformers (trans) or capacitors (cap).

PCB, polychlorinated biphenyl

From [IPCS \(1993\)](#)

1.1.4 Contaminants and impurities of commercial products

Commercial PCB products have been reported to be contaminated with other chlorinated aromatic compounds, such as polychlorinated naphthalenes and PCDFs ([IARC, 1978](#)). [Vos & Koeman \(1970\)](#) were able to identify tetrachlorodibenzofurans, pentachlorodibenzofurans, and chlorinated naphthalenes in samples of Phenoclor DP-6 and Clophen A60. [Bowes *et al.* \(1975\)](#) examined samples of Aroclor 1248, 1254 and 1260 produced in 1969, samples of Aroclor 1254 from 1970 and Aroclor 1016 from 1972, and samples of Aroclor 1260, Phenoclor DP-6 and Clophen A60. They found PCDFs in all Aroclor preparations except Aroclor 1016, and in Clophen A60 and Phenoclor DP-6 ([Table 1.11](#)). The levels of PCDFs were in the low microgram per gram range ([Erickson, 2001](#)), but additional PCDFs may be formed from PCBs on heating. Impurities such as 2,3,7,8-tetrachlorodibenzofuran and 2,3,4,7,8-pentachlorodibenzofuran

have been reported in different amounts under various manufacturing conditions in Aroclor 1248, Aroclor 1254, Clophen A-60, Phenoclor DP-6, and Kanechlor 400 ([de Voogt & Brinkman, 1989](#)). [Rappe & Gara \(1977\)](#) confirmed by capillary gas chromatography–mass spectrometry (GC–MS) that 2,3,7,8-tetrachlorodibenzofuran was one of the main PCDFs in “Yusho oil,” as reported by [Nagayama *et al.* \(1976\)](#).

The proportion of impurities may vary between batches. For example, Aroclor 1254 with lot numbers 6024 and 124–191, which were produced by the same company by two different production processes, showed a 3.4-fold difference in the total concentration of PCDFs ([Table 1.10](#)).

It is important to note that PCDDs are not found in commercial PCB preparations ([Erickson, 2001](#)).

Overall, differences in composition as well as the presence of toxicologically relevant impurities may have had a significant impact on the results of toxicological studies with commercial

Table 1.8 Comparison of commercial PCB products based on percentage chlorination

Average number of chlorine atoms/molecule	Range of chlorination (%)	Aroclor (USA)	Clophen (Germany)	Phenoclor (France)	Pyralene (France)	Kanechlor (Japan)	Fenoclor (Italy)	Delor (former Czechoslovakia)	PCB (China)
1.15	21	1221							
2	32–33	1232			2000	200			
2.5	38				1500				
3	40–42	1242, 1016	A30	CP3	3000	300	42	2; 103	PCB ₃
4	48	1248	A40	DP4		400		3; 104	
5	52–54	1254	A50	DP5		500	54	4 and 5; 105	PCB ₅
6–6.8	60–62	1260, 1262	A60	DP6		600	64	106	
8.7	68	1268					70		
10	71	1270					DK		

PCB, polychlorinated biphenyl

Adapted from [de Voogt & Brinkman \(1989\)](#), [Erickson \(1997\)](#), and [Johnson *et al.* \(2000\)](#)

Table 1.9 Homologue composition and physical properties of selected commercial PCB products

	Aroclor					Kanechlor				
	1221	1232	1016	1242	1248	1254	1260	300	400	500
<i>Composition (%)</i>										
Biphenyl	11	6	< 0.01	-	-	-	-	-	-	-
Monochlorobiphenyl	51	26	1	1	-	-	-	-	-	-
Dichlorobiphenyl	32	29	20	17	1	-	-	17	3	-
Trichlorobiphenyl	4	24	57	40	23	-	-	60	33	5
Tetrachlorobiphenyl	2	15	21	32	50	16	-	23	44	27
Pentachlorobiphenyl	0.5	0.5	1	10	20	60	12	0.6	16	55
Hexachlorobiphenyl	-	-	< 0.01	0.5	1	23	46	-	-	13
Heptachlorobiphenyl	-	-	-	-	-	1	36	-	-	-
Octachlorobiphenyl	-	-	-	-	-	-	6	-	-	-
Nonachlorobiphenyl	-	-	-	-	-	-	-	-	-	-
<i>Properties</i>										
Relative molecular mass	200.7	232.2	257.9	266.5		328.0	357.7			
Colour	Clear	Clear	Clear	Clear		Light yellow	Light yellow			
Density (g/cm ³ at 25 °C)	1.18	1.26	1.37	1.38	1.41	1.50	1.56			
		1.27			1.44	1.54	1.62			
Viscosity (cP at 38 °C)	5	8	20	24	70	700	Resin			
Physical state	Oil	Oil	Oil	Oil		Viscous liquid	Viscous liquid			
Boiling point (°C)	275–320	290–325	325–356	325–366		365–390	385–420			
Water solubility (µg/L at 25 °C)	200	1450 ^a	240	240	52	12	3			
	15 000 ^a		420		54					
Vapour pressure (10 ⁻⁶ kPa at 25 °C)	893	613	53	53	53	11	5.3			
Henry's law K (atm.m ³ /mol, 25 °C)	3.5 × 10 ⁻³		2.9 × 10 ⁻⁴	5.2 × 10 ⁻⁴		2.0 × 10 ⁻³	4.6 × 10 ⁻³			
Log K _{ow} ^b	2.8	3.2	4.4	4.1	6.1	6.5	6.9			
Flashpoint (°C)	141–150	152–154	170	176–180	193–196	None to boiling	None to boiling			

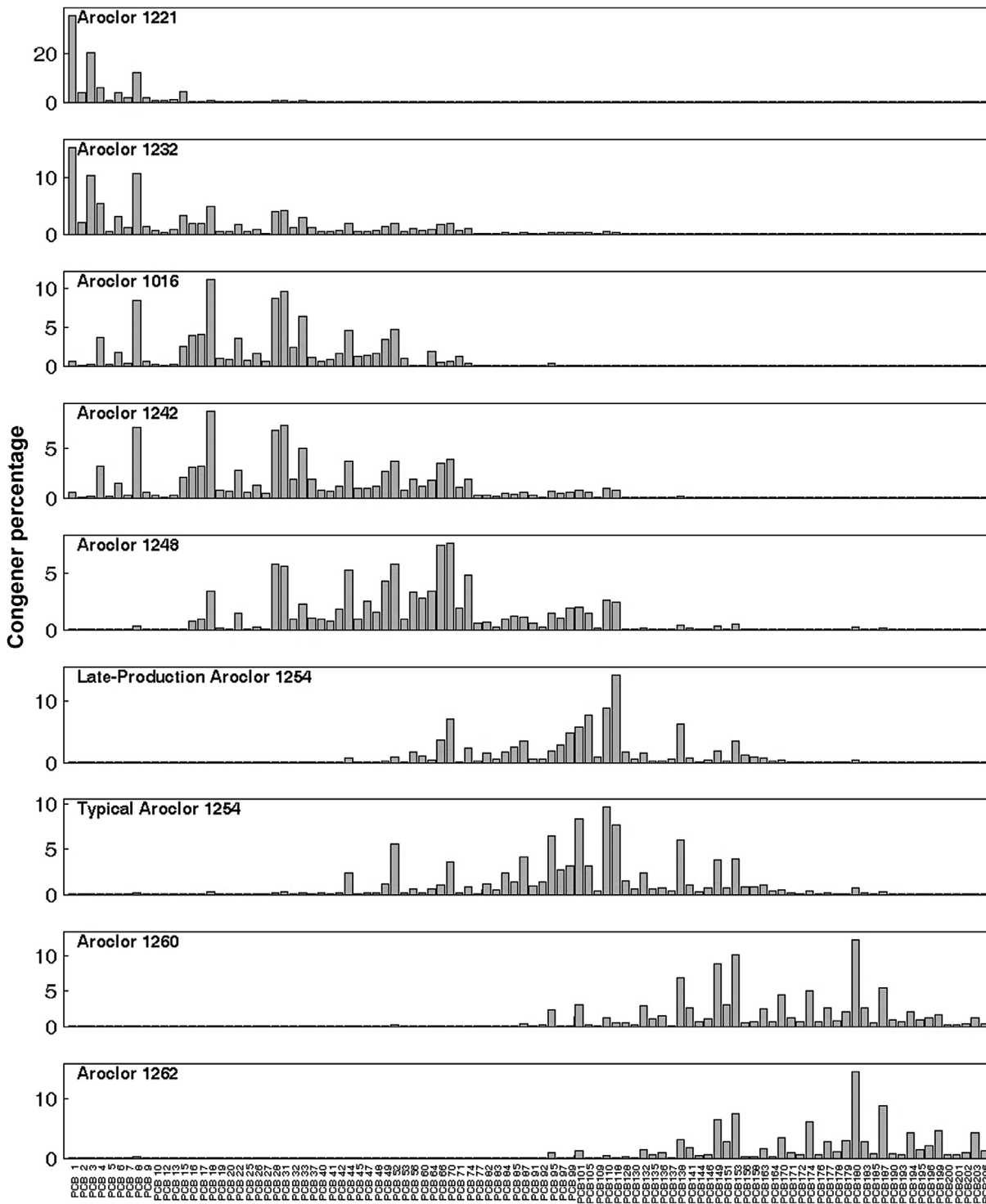
^a Estimated value

^b Log K_{ow} represents an average value for the major components of the Aroclor mixture. The Henry's law constants were estimated by dividing the vapour pressure by the water solubility (Cohen & Mercer, 1993; Erickson, 1997).

PCB, polychlorinated biphenyl

From Hutzinger *et al.* (1974), Pellet *et al.* (1993), and Lindell (2012).

Fig. 1.4 Congener-specific composition of Aroclor formulations



Only the 100 most abundant congeners are shown in this figure.
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Table 1.10 Chemical profile and impurities (polychlorodibenzodioxins, polychlorodibenzofurans and polychlorinated naphthalenes) in lots 124–191 and 6024 of Aroclor 1254

PCBs and impurities	Aroclor 1254	
	Lots 124–191 (G4 process)	Lot 6024 (A4 process)
<i>Non-ortho congeners</i>		
PCB-77	0.01 mg/g	27.2 mg/g
PCB-81	0.01 mg/g	0.28 mg/g
PCB-126	0.17 mg/g	3.24 mg/g
PCB-169	0.01 mg/g	0.02 mg/g
<i>Mono-ortho congeners</i>		
PCB-105	51.00 mg/g	130.00 mg/g
PCB-114	0.05 mg/g	0.78 mg/g
PCB-118	127.00 mg/g	124.00 mg/g
PCB-123	0.57 mg/g	2.14 mg/g
PCB-156	4.80 mg/g	51.00 mg/g
PCB-157	0.36 mg/g	26.30 mg/g
PCB-167	ND	ND
PCB-189	ND	ND
<i>PCDFs</i>		
2,3,7,8-TetraCDF	129.9 ng/g	350.1 ng/g
1,2,3,7,8-PentaCDF	295 ng/g	1920.2 ng/g
2,3,4,7,8-PentaCDF	821 ng/g	4049.2 ng/g
1,2,3,4,7,8-HexaCDF	1638.1 ng/g	4571.4 ng/g
1,2,3,6,7,8-HexaCDF	733.7 ng/g	3190.5 ng/g
1,2,3,7,8,9-HexaCDF	ND	ND
2,3,4,6,7,8-HexaCDF	213.3 ng/g	1333.3 ng/g
1,2,3,4,6,7,8-HeptaCDF	581.8 ng/g	1506.5 ng/g
1,2,3,4,7,8,9-HeptaCDF	533.3 ng/g	1459.4 ng/g
1,2,3,4,6,7,8,9-OctaCDF	356 ng/g	945.6 ng/g
Σ polychlorinated dibenzofurans (PCDF)	11.3 µg/g	38.7 µg/g
Σ polychlorinated dibenzo-p-dioxins (PCDD)	< 2 ng/g	< 2 ng/g
Σ polychlorinated naphthalenes	155 µg/g	171 µg/g
Σ non-ortho congeners-TEQ	17.3 µg WHO-TEQ/g	353 µg WHO-TEQ/g
Σ mono-ortho congeners-TEQ	5.51 µg WHO-TEQ/g	10 µg WHO-TEQ/g
Σ PCDF-TEQ	0.54 µg WHO-TEQ/g	2.25 µg WHO-TEQ/g
Total PCDD+PCDF+PCB-TEQ	23.4 µg WHO-TEQ/g	365.3 µg WHO-TEQ/g

CDF, chlorodibenzofuran; ND, not detected; PCB, polychlorinated biphenyl; PCDFs, polychlorodibenzofurans; TEQ, toxic equivalent
Adapted from [Kodavanti et al. \(2001\)](#) and [EFSA \(2005\)](#)

Table 1.11 Concentrations of chlorodibenzofurans in Aroclor, Clophen, and Phenoclor

Commercial PCB mixture (date of production)	Polychlorodibenzofurans (concentrations in mg/g)			
	Tetra-CDF	Penta-CDF	Hexa-CDF	Total
Aroclor 1248 (1969)	0.5	1.2	0.3	2.0
Aroclor 1254 (1969)	0.1	0.2	1.4	1.7
Aroclor 1254 (1970)	0.2	0.4	0.9	1.5
Aroclor 1260 (1969)	0.1	0.4	0.5	1.0
Aroclor 1260 (lot AK3)	0.2	0.3	0.3	0.8
Aroclor 1016 (1972)	< 0.001	< 0.001	< 0.001	-
Clophen A60	1.4	5.0	2.2	8.6
Phenoclor DP6	0.7	10.0	2.9	13.6

CDF, chlorodibenzofuran

Adapted from [Bowes et al. \(1975\)](#)

PCB products and mixtures ([EFSA, 2005](#)). Consistent interpretation of the results of such studies, especially differentiation of the effects caused by respective PCBs, may only be achieved if the congener composition of these mixtures is known. The determination of the content in specific congeners was not feasible in most cases due to the lower sensitivity of analytical techniques available in the past.

1.2 Analysis

1.2.1 General considerations

Past and current methods for the chemical analysis of PCBs have been reviewed recently ([Le Bizec et al., 2015](#)). Since the 1960s, PCBs have been determined using GC techniques with electron capture detection (ECD), initially using packed columns. Today the separation has been improved by the use of capillary columns and the selectivity by the use of MS detectors. Increase in sensitivity, expressed as decreasing detection limits, has been achieved as analytical techniques have improved.

Originally, PCB concentrations were determined on the basis of commercial products, e.g. various Aroclor products with different chlorination levels. Later, PCB concentrations were determined based on homologue groups, while today

congener-specific analysis is a common practice. These methodological changes, including differences in the basis of quantification, are an obstacle when comparing older with more recent studies.

Even when comparing studies from the same period, it can be difficult to compare PCB concentrations reported by different laboratories, if information on data quality is not available and if the results for different numbers of congeners are summarized. Often “total” PCB concentrations are reported, summing up all the congeners included in the laboratory’s method and assumed to approach the true total PCB concentration. Operational sum parameters have been defined to harmonize congener lists and improve comparability, for example, the six indicator PCB congeners (PCB-28, PCB-52, PCB-101, PCB-138, PCB-153, and PCB-180), expressed as PCB₆. The six congeners were not selected from a toxicological point of view, but were considered as indicators for the different PCB patterns in various sample types and are most suitable for evaluating non-dioxin-like PCBs (NDL-PCBs) ([EFSA, 2005](#)). This parameter is used, for example, in the European food and feed regulation ([EC, 2011a](#)).

Some agencies, such as the International Council for the Exploration of the Sea (ICES), recommend reporting PCB₇, which includes the

mono-*ortho* congener PCB-118 in addition to the PCB₆ (ICES, 2012; Webster *et al.*, 2013). In the Arctic Monitoring and Assessment Programme (AMAP), the sum of 10 PCB congeners is often reported (PCB-28, PCB-31, PCB-52, PCB-101, PCB-105, PCB-118, PCB-138, PCB-153, PCB-156, PCB-180), which includes the six indicator PCBs. However, reports of individual concentrations in scientific studies have the advantage of allowing sum calculations as required. In food analyses, PCB concentrations are preferred to compliance/non-compliance reports (EFSA, 2005).

Depending on the sample type and the purpose of the study, PCB concentrations may be reported in different units. Concentrations in solid samples are generally reported in mass per mass. Normalizations to dry weight or lipid weight are common for abiotic matrices (e.g. soil and sediment) and those with a high lipid content (e.g. fatty food products), respectively. For liquid and air samples, the concentrations are often given in mass per volume. However, as liquid volumes are susceptible to small changes during sample storage and cannot be determined as precisely as masses, concentrations in small liquid volume samples (e.g. blood) are increasingly related to mass instead of volume.

Apart from the adjustment of mass for fresh weight (also referred to as raw weight, wet weight), lipid normalization of PCB concentrations in blood samples is also common. (Schisterman *et al.*, 2005; Phillips *et al.*, 1989; Grimvall *et al.*, 1997). [The Working Group has acknowledged that a variety of lipid determination methods for blood are used and that there is no consensus on how to determine lipid concentrations.]

Given the low concentrations of PCBs in some matrices, reliable quality assurance and quality control are particularly important, including for example monitoring of recovery rates and procedural blanks, duplicate analyses, analyses of in-house reference material and external quality control in proficiency testing schemes.

The transport and storage of samples can be a source of error through PCB loss or contamination. Studying the effects of storage conditions on PCBs in biological material, De Boer & Smedes (1997) generally did not find temperature effects as long as the temperature was < 5 °C, or downward trends in PCB contents. Practical guidance on the storage and transport of marine samples intended for PCB analysis is given by OSPAR (1999, 2002) and Webster *et al.* (2013).

[The Working Group stressed the importance of how the “non-detects” were reported and treated in the data analysis. There are a variety of methods used and there is currently no global consensus.]

1.2.2 Analytical tools

Instrumental analysis is essentially identical for all matrices. Dioxin-like PCBs (DL-PCBs) are often analysed together with dioxins and furans by gas chromatography-high resolution mass spectrometry (GC-HRMS). For this purpose, DL-PCBs are separated from other PCB congeners as part of the clean-up and fractionation process, for example using activated carbon, porous graphite columns, or 2-(1-pyrenyl) ethyldimethylsilylated (PYE) silica (Hess *et al.*, 1995).

Gas chromatography-electron capture detection (GC-ECD) provides low detection limits and high precision, but is less specific than MS, as it separates PCB congeners only by retention time. MS adds a second dimension in terms of different mass spectra. Therefore, ¹³C-labelled PCB congeners can be separated from the native molecule on a mass basis. In contrast, as retention times are identical to the native analogues, ¹³C-labelled PCB congeners cannot be used in GC-ECD analyses.

Due to lower selectivity and the risk of interference, GC-ECD is often based on two GC capillary columns of different polarity (dual column GC) (Covaci & Schepens, 2001). Webster

[et al. \(2013\)](#) recommend that retention times be checked for shifts between analytical runs, usually with the help of characteristic peaks, for example those added as injection standards. Coelution of PCB-138 and PCB-163 occurs on many common capillary columns.

Among the MS techniques, electron capture negative ionization (ECNI) is very sensitive for detection of penta- to decachlorinated PCBs ([Webster et al., 2013](#)). However, electron impact (EI) has better selectivity than ECNI and comparable sensitivity when combined with large-volume injection, which requires rigorous sample clean-up ([Covaci et al., 2002a](#)). Suitable target and qualifier ions for PCBs are listed by [Webster et al. \(2013\)](#).

Some studies have applied gas chromatography-ion trap mass spectrometry (GC-ITMS), for example for the analysis of PCBs in human milk ([Gómara et al., 2011](#)). GC-ITMS with its MS/MS option offers increased selectivity while being less expensive than HRMS ([Webster et al., 2013](#)). Triple quadrupole mass spectrometry (LRMS/MS) operated in the selected reaction monitoring mode has also been shown to provide selectivity and sensitivity comparable to that of HRMS in food analyses ([Ingelido et al., 2012](#)).

Bioassays are an alternative method of determining PCB concentrations and have been suggested as screening tools for monitoring PCDD/Fs and DL-PCBs in foodstuffs by the European Commission Directive 2002/69 ([EC, 2002](#)). The dioxin-responsive chemically activated luciferase (CALUX or lux) assay is mechanism-specific and uses the interaction with the aryl hydrocarbon (Ah) receptor. Differences between results of the bioassay and of the conventional targeted high resolution gas chromatography-high-resolution mass spectrometry (HRGC-HRMS) analysis of PCDD/Fs and DL-PCBs have been shown ([van Leeuwen et al., 2007](#)), possibly caused by other compounds capable of interactions with the AhR ([Vorkamp et al., 2012](#)).

Enzyme-linked immunosorbent assays (ELISA) have been successfully applied to PCB analyses in environmental samples, showing reasonable agreement with conventional GC analyses, but with a high dependence on sample pretreatment ([Johnson & Van Emon, 1996](#); [Deng et al., 2002](#)). Recent developments include, for example, immunosensors for applications in situ ([Lin et al., 2008](#)) and immunoaffinity chromatography for sample purification ([Van Emon & Chuang, 2013](#)).

1.2.3 Analysis of environmental samples

Selected methods for analysis of PCBs in environmental matrices are presented in [Table 1.12](#).

Supplementary material on analysis of PCBs in soil and sediment is available online at: http://monographs.iarc.fr/ENG/Monographs/vol107/suppl_S1.pdf.

(a) Air and dust

Both active and passive sampling are used for PCB analysis in air. Passive sampling has been applied to the analysis of outdoor air using semi-permeable membrane devices ([Ockenden et al., 2001](#)) and polyurethane foam ([Mari et al., 2008](#)). Vegetation is used as a natural passive sampler, for example tree bark integrating atmospheric PCB concentrations over the life time of the tree ([Hermanson and Hites, 1990](#)) or pine needles reflecting up to several years of PCB exposure ([Kylin et al., 1994](#)).

Polyurethane foam has also been used for indoor air collection ([Hazrati & Harrad, 2006](#)), but active sampling is often the preferred method ([EPA, 1999](#); [Kohler et al., 2005](#)). To account for concentration differences and the limited air volume in an indoor setting, outdoor air is usually sampled by high-volume sampling, while low-volume sampling is used for indoor air.

Once retained on a solid matrix (filter, sorbent), PCBs are solvent-extracted using the same techniques as commonly applied for soil,

Table 1.12 Selected methods of analysis of PCBs in environmental matrices

Sample matrix	Sample preparation	Assay method	Detection limit ^a	Reference
Air	Collection on sorbent/filter, solvent extraction, evaporation, acid treatment and/or other clean-up (if necessary), separation of dioxin-like and non-dioxin-like PCBs if required.	GC-ECD; GC-HRMS	0.03–10 pg/m ³ ; 10 pg/m ³	McCConnell et al. (1998) , Mari et al. (2008)
Dust	Sieving of samples (during sampling or afterwards), solvent extraction, evaporation, acid treatment, back extraction, clean-up, evaporation.	GC-MS	NA	Harrad et al. (2009)
Water	Liquid-liquid extraction or SPE of unfiltered or filtered water, evaporation, clean-up if necessary. Alternative technique: Passive sampling	GC-ECD; GC-HRMS	0.22–3 ng/L; 0.004–0.5 ng/L	Hope et al. (1997) , EPA (2008a)
Soil	(Water removal), extraction, evaporation, clean-up, including sulfur removal, separation of dioxin-like and non-dioxin-like PCBs if required.	GC-HRMS	1.5 ng/kg; 0.4–46 ng/kg	Wang et al. (2010) , EPA (2008a)
Sediment	(Water removal), extraction, possibly in combination with sulfur removal, evaporation, clean-up, including sulfur removal, separation of dioxin-like and non-dioxin-like PCBs if required.	GC-ECD; GC-MS; GC-HRMS	NA; 0.4–46 ng/kg	Webster et al. (2013) , EPA (2008a)

^a Detection limits are given for individual PCB congeners

PCB, polychlorinated biphenyl; ECD, electron capture detection; EI, electron impact; GC, gas chromatography; HRMS, high-resolution mass spectrometry; MS, mass spectrometry; NA, not available; SPE, solid-phase extraction

sediment or biota. Before extraction, recovery/internal standards are added, e.g. PCB congeners that are not present in the environment, or ^{13}C -labelled PCB congeners. Extraction is often performed by Soxhlet (EPA, 1999; Menichini *et al.*, 2007). Ultrasonic extraction and pressurized liquid extraction (PLE) have also been described (Aydin *et al.*, 2007; Mari *et al.*, 2008). Barro *et al.* (2005) applied headspace-solid phase micro extraction, which does not involve solvents.

Whether or not clean-up steps are required depends on potential interferences from the matrix (e.g. particles) and co-extracted compounds as well as on expected concentrations. Adsorption chromatography can be applied, for example using alumina (Zhang *et al.*, 2011a) or silica. As all PCB congeners are acid stable, acid treatment is possible.

Dust for PCB analysis has been collected in several ways, for example from the residents' vacuum cleaner bags (Franzblau *et al.*, 2009; Knobeloch *et al.*, 2012), by vacuuming (Wilson *et al.*, 2001; Harrad *et al.*, 2009) and from air conditioning units (Tan *et al.*, 2007). Dust samples originating from vacuum bags might be sieved, but cut-off sizes differ, e.g. 150 μm (Wilson *et al.*, 2001) and 1 mm (Knobeloch *et al.*, 2012) have been described.

Extraction techniques are basically the same as described for sorbents, including Soxhlet extraction (Dirtu & Covaci, 2010), PLE (Harrad *et al.*, 2009) and ultrasonic extraction (Wilson *et al.*, 2001). Before extraction, internal/recovery standards should be added, as described for air samples. Due to interferences from the matrix and co-extraction of other compounds, clean-up of dust samples will be required. PLE can be combined with simultaneous clean-up by adding adsorption materials to the cells; however, additional clean-up steps may be necessary (Harrad *et al.*, 2009). Various sorbents have been used for clean-up of dust samples, including Florisil (Wilson *et al.*, 2001; Harrad *et al.*, 2009), silica

gel (Dirtu & Covaci, 2010), and combinations of both (Knobeloch *et al.*, 2012). As described for air samples, acid treatment has also been applied (Harrad *et al.*, 2009).

(b) Water

The PCB content in a water sample is strongly influenced by the amount of suspended particulate matter (SPM) that adsorbs PCBs. Depending on the objectives of the analysis, different approaches can be chosen, resulting in different fractions to be analysed:

- Unfiltered water includes dissolved components and those bound to colloids and SPM.
- Filtered water gives PCB concentration on SPM (residue on the filter) and dissolved or bound to colloids (filtrate).
- Passive sampling targets the dissolved fraction.

Passive sampling devices integrate PCB concentrations over time, which reduces temporal variability. Common formats for water sampling include semipermeable membrane devices, low density polyethylene, and silicone rubber (Lohmann *et al.*, 2012). Passive sampling techniques have been applied for analysis of PCBs in river water (Grabic *et al.*, 2010) and seawater (Granmo *et al.*, 2000; Fernandez *et al.*, 2012).

In water bodies with a low SPM content, e.g. seawater, PCB concentrations will likely be low, and large amounts of water will have to be sampled and processed, while avoiding contamination. Guidelines for seawater sampling and the subsequent analysis of organic contaminants have been established by OSPAR (OSPAR, 2013). Studies have shown that the critical part of such analysis occurs outside the laboratory, i.e. during sampling, transport, and storage (Wolska *et al.*, 2005). As described for air and dust, recovery/internal standards should be added before extraction.

PCBs from water samples are typically extracted by either liquid–liquid extraction (LLE), i.e. the direct extraction of PCBs with a non-polar solvent ([Hope et al., 1997](#)), or solid-phase extraction (SPE), where PCBs are retained on a solid phase and subsequently eluted with a non-polar solvent ([Russo et al., 1999](#)). The United States Environmental Protection Agency (EPA) method 1668B for determination of PCBs in several matrices describes SPE, continuous LLE, and separatory funnel extraction as suitable extraction methods for aqueous samples ([EPA, 2008a](#)).

The amount of SPM in the sample is a critical factor, as LLE might be insufficient and SPE cartridges might become blocked by samples with a high SPM content ([Erger et al., 2012](#)). Alternatively, SPM might be removed by filtration and analysed separately, for example by Soxhlet or ultrasonic extraction. This could be the method of choice for water samples with a high SPM content, for example wastewater samples or landfill leachate ([Zorita & Mathiasson, 2005](#)).

To what extent purification is necessary depends on the nature of the sample, its SPM content, PCB concentration and that of interfering compounds. Although sampling only freely dissolved PCBs, some passive sampling approaches add a clean-up step after extraction, for example using acid silica or aluminium ([Grabic et al., 2010](#)). Surface-water samples, however, have often been analysed without clean-up ([Hope et al., 1997](#); [Erger et al., 2012](#)), while other studies have included adsorption chromatographic steps ([Khim et al., 2001](#)). Gel permeation chromatography (GPC) may be used for water extracts that contain organic compounds of high relative molecular mass ([EPA, 2008a](#)).

PCB exposure from snow can be considered insignificant, with the exception of polar regions where snow may be a source of drinking-water. Analytical methods are similar to those for water ([Carrera et al., 1998](#)).

1.2.4 Analysis of biological samples

Several matrices have been analysed to determine internal exposure to PCBs, or body burden, including adipose tissue, meconium, placenta, blood, umbilical cord blood, human milk, and hair ([Table 1.13](#)).

(a) Tissues (adipose tissue and placenta)

The analytical methods applied to the analysis of PCBs in tissues such as adipose and placenta are similar to those used for environmental samples. The characteristically high lipid content of adipose and other tissues, however, requires rigorous lipid removal before instrumental analysis.

Different ways of sample pretreatment have been applied after or as part of the homogenization procedure, for example sample drying with Na_2SO_4 or hydromatrix ([Covaci et al., 2002a](#); [Saito et al., 2004](#)), melting of fat ([De Saeger et al., 2005](#)), mixing with base ([Kim & Fisher, 2008](#)) and addition of ethanol for protein precipitation ([Whitcomb et al., 2005](#)).

Extraction is generally carried out with a non-polar solvent such as toluene or hexane, in some cases in a mixture with acetone, dichloromethane or propanol ([Guvenius et al., 2002](#); [Saito et al., 2004](#); [Fernandez et al., 2008](#)). The extraction could often proceed by shaking or rotating, for example in an Ultra Turrex or Vortex ([Guvenius et al., 2002](#)). Other extraction techniques are the same as those applied in environmental analyses, including ultrasonic extraction ([Suzuki et al., 2005](#)), Soxhlet ([Fernandez et al., 2008](#)), PLE ([Saito et al., 2004](#)), and MAE ([Li et al., 2006](#)). Supercritical fluid extraction with carbon dioxide (sometimes modified with dichloromethane) has also been applied ([Stellman et al., 1998](#)). For the extraction of placenta, [Gómara et al. \(2012\)](#) additionally described the preparation of a suspension that was liquid–liquid extracted. As for other matrices, recovery/internal standards are generally added before extraction.

Table 1.13 Selected methods for analysis of PCBs in biological matrices

Sample matrix	Sample preparation	Assay method	Detection limit ^a	Reference
Adipose tissue	Pre-treatment (drying and/or protein denaturation), extraction, evaporation, lipid removal, further clean-up, separation of dioxin-like and non-dioxin-like PCBs if required.	GC-ECD; GC-HRMS	0.009–1.1 ng/g lipid; 0.002–0.2 ng/g lipid	Whitcomb et al. (2005) , Fernandez et al. (2008)
Placenta	Pretreatment (drying and/or protein denaturation), extraction, evaporation, lipid removal, further clean-up, separation of dioxin-like and non-dioxin-like PCBs if required.	GC-ECD; GC-MS (ECNI)	NA	Gómará et al. (2012) , Ma et al. (2012)
Blood	Protein denaturation, extraction, evaporation, lipid removal, further clean-up, separation of dioxin-like and non-dioxin-like PCBs if required.	GC-ECD; GC-MS; GC-HRMS	10–100 pg/mL; 2–5 pg/mL	Covaci & Schepens (2001) , Lu et al. (2012)
Urine (hydroxylated PCBs)	Acidification, extraction, evaporation, derivatization.	GC-MS (EI)	0.02–0.04 ng/mL	Hong et al. (2005a, b)
Human milk	Drying or protein denaturation + fat globules dispersion, extraction, evaporation, lipid removal, further clean-up, separation of dioxin-like and non-dioxin-like PCBs if required.	GC-ECD; GC-MS; GC-HRMS	NA; 0.01–0.03 ng/mL; NA	Duarte-Davidson et al. (1991) , Covaci et al. (2001) , Fürst (2006)
Hair	Washing, incubation with HCl, extraction, evaporation, lipid removal, further clean-up.	GC-ECD; GC-MS (EI)	0.3–2 ng/g	Covaci et al. (2002b)

^a Detection limits are given for individual PCB congeners
ECD, electron capture detection; ECNI, electron capture negative ionization; EI, electron impact; GC, gas chromatography; HCl, hydrochloric acid; HRMS, high-resolution mass spectrometry; MS, mass spectrometry; NA, not available

A common method for lipid removal is treatment of the sample with acid, usually sulfuric acid ([Whitcomb et al., 2005](#)). GPC is another suitable method ([Ma et al., 2012](#)), but may not achieve complete removal of lipids. The use of partially deactivated neutral aluminium for lipid removal has also been described ([Stellman et al., 1998](#)).

For further clean-up of the extracts, the same techniques are applied as in the environmental analyses, either individually or in combinations. These include silica gel ([Suzuki et al., 2005](#); [Fernandez et al., 2008](#)), alumina ([Covaci et al., 2002a](#)), Florisil ([Whitcomb et al., 2005](#)) and GPC ([Saito et al., 2004](#)). Impregnating the silica gel with acid is a common way of combining adsorption chromatography with lipid removal ([Covaci et al., 2002a](#); [Fernandez et al., 2008](#)).

Some studies have analysed PCB metabolites in adipose tissue and placenta, e.g. hydroxylated PCBs and methylsulfonyl-PCBs. These methods usually included a fractionation by adsorption chromatography and elution with different solvents ([Guvenius et al., 2002](#); [Saito et al., 2004](#)). In the method by [Gómara et al. \(2012\)](#), hydroxylated PCBs were separated from the parent compounds during liquid-liquid extraction (LLE). After derivatization, the fraction containing hydroxylated PCBs was cleaned up in the same way as described for the parent compounds.

(b) Blood (including umbilical cord blood)

Numerous studies have analysed PCBs in blood, mostly in serum, but also in plasma ([Schettgen et al., 2011](#)). The analytical methods used generally do not differ for serum and plasma. Given the low lipid content of blood, PCB concentrations are generally low and the sample amount available for analysis may be a challenge. Most studies work with volumes of 0.5–2 mL. Methods have recently been developed to extract PCBs from only 50 µL of plasma and from dried blood spots ([Lu et al., 2012](#)).

Umbilical cord blood has often been analysed in combination with maternal blood, using the same methods. Given the lower lipid content and usually lower PCB concentrations in cord blood, adjustments of the sample intake might be useful; however, sample availability is usually the limiting factor.

Apart from the addition of internal standards, the first step in PCB analysis of serum, plasma or cord blood is generally the denaturation of protein, e.g. by addition of formic acid ([Kang et al., 2008](#)), methanol ([Korrick et al., 2000](#)), or acetonitrile ([Agudo et al., 2009](#)). Different extraction techniques have been described, among which the simple mixing of the sample with solvent ([Apostoli et al., 2005](#); [Schettgen et al., 2011](#)). LLE has also been used ([Kawashiro et al., 2008](#); [Bachelet et al., 2011](#)) as well as SPE on C₁₈ or hydrophilic-lipophilic balanced reversed phase sorbent ([Covaci & Schepens, 2001](#); [Lee et al., 2011](#)). [Guvenius et al. \(2003\)](#) used Lipidex 5000, a lipophilic gel, for extraction of PCBs from cord blood.

Since they are present at low concentration, lipids are not always removed from the extract ([Lu et al., 2012](#)). Lipids can be removed by direct addition of acid to the extracts ([Atuma & Aune, 1999](#)) or by clean-up methods on acidified silica ([Covaci & Schepens, 2001](#)). Further clean-up sorbents include Florisil ([Whitcomb et al., 2005](#)), alumina ([Stellman et al., 1998](#)), neutral silica gel ([Atuma & Aune, 1999](#)), or combinations of these ([Guvenius et al., 2003](#); [Apostoli et al., 2005](#)).

To account for the low concentrations of PCBs in blood, extracts are often reduced to very small volumes, e.g. 50 µL ([Covaci & Schepens, 2001](#)). This is achieved by addition of non-volatile keepers ([Covaci & Schepens, 2001](#)), or by evaporation to dryness ([Apostoli et al., 2005](#)) and reconstitution in the desired solvent or a solution of syringe standards in this solvent. Evaporation to dryness carries the risk of loss of volatile PCB congeners.

Hydroxylated PCB metabolites have been analysed in blood and umbilical cord blood. [Guvenius et al. \(2003\)](#) used the same extraction method as for parent PCBs, but obtained hydroxylated PCBs in an isolated fraction, based on different elution solvents. [Park et al. \(2009\)](#) treated the sample with hydrochloric acid and 2-propanol, and extracted hydroxylated PCBs by LLE. Hydroxylated PCBs require derivatization to non-polar molecules before separation by GC ([Sandau et al., 2000](#)).

(c) *Urine*

A few studies have assessed PCB metabolites (hydroxylated PCBs) in urine samples. Hydroxylated PCBs are more polar than their parent compounds and act as weak acids, which has to be taken into account in extraction, clean-up, and separation by GC.

[Hong et al. \(2005a, b\)](#) presented two methods for the extraction of hydroxylated PCBs from urine. The first method combined SPE testing of four different phases, with five derivatization methods. Best recoveries and GC separations were found for hydroxylated PCBs extracted on a C₂ phase and derivatized with iodopropane under basic conditions ([Hong et al., 2005a](#)). The second method used headspace solid-phase microextraction and on-fibre derivatization, achieved by placing the needle in the headspace of a solution of bis(trimethylsilyl)trifluoroacetamide (BSTFA) ([Hong et al., 2005b](#)). The derivatized hydroxylated PCBs were transferred to the GC injector by thermic desorption. Several fibre materials were tested, of which polydimethylsiloxane-divinylbenzene (PDMS-DVB) gave the highest signal in the analysis.

(d) *Human milk*

Breast milk is the most extensively analysed matrix for the estimation of PCB body burden in humans. The first studies date back to the 1970s ([Musial et al., 1974](#)), and programmes for the biomonitoring of human milk have

been established in several countries or regions ([Wilhelm et al., 2007](#); [Krauthacker et al., 2009](#); [Cerná et al., 2012](#)). Analytical methods are very diverse: the milk samples may be treated as liquid, or the lipid phase may be isolated, or the sample may be freeze-dried and treated as solid.

When the whole milk sample is treated as a liquid, the first steps usually include protein denaturation and dispersion of fat globules by addition of sodium oxalate, or acetic acid and methanol, sometimes in combination with ultrasound treatment ([Dmitrovic & Chan, 2002](#); [Fürst, 2006](#)). Before or after this step, internal standards are usually added, and the sample is extracted by LLE ([Chovancová et al., 2011](#)), or SPE ([Covaci et al., 2001](#); [Dmitrovic & Chan, 2002](#)). Hexane is a commonly used solvent, although a large variety of solvent combinations and solvent sequences have been described in the literature.

In some studies, the lipid phase of the milk sample is separated or extracted and a defined amount of fat used for further analysis ([Fürst, 2006](#); [Pérez et al., 2012](#)).

In the third approach, milk samples are freeze-dried and a defined amount is extracted with techniques commonly applied to solid samples, e.g. Soxhlet extraction ([Duarte-Davidson et al., 1991](#)) and PLE ([She et al., 2007](#)). Matrix solid-phase dispersion has also been described ([Gómara et al., 2011](#)). However, freeze-drying always runs the risk of loss of volatile PCBs and cross-contamination.

As described for other human matrices, lipids in the extract are removed before instrumental analysis. Furthermore, the extracts usually contain co-extracted compounds that are likely to interfere with PCBs in the instrumental analysis. The clean-up techniques therefore generally include lipid destruction by acid treatment, either directly in the extract ([Duarte-Davidson et al., 1991](#)), or by acidified silica gel ([Covaci et al., 2001](#)). Alternatively, GPC has been used, but usually in combination with acid treatment ([She et al., 2007](#)). Further clean-up techniques include

adsorption chromatography on neutral or basic silica (She *et al.*, 2007), alumina (Chovancová *et al.*, 2011), and Florisil (Pérez *et al.*, 2012), also in combinations (Fürst, 2006). Ingelido *et al.* (2007) described clean-up by supercritical fluid extraction.

(e) *Human hair*

With a lipid content of about 2% (Altshul *et al.*, 2004), hair accumulates lipophilic compounds such as PCBs and has the advantage of being sampled non-invasively. However, to what extent hair PCB content reflects internal exposure to PCBs is difficult to determine, even if the hair is washed before analysis to avoid co-extraction of dust particles. Comparisons of serum and hair samples showed weak correlations for most PCB congeners and considerably higher PCB concentrations in hair, also on a lipid-normalized basis (Altshul *et al.*, 2004). Effects of hair colour (natural or dyed) cannot be ruled out (Covaci *et al.*, 2002b).

Sample amounts of less than 1 g are sufficient for detection of PCBs. The hair samples are washed, and cut or pulverized, and then spiked with internal or recovery standards and incubated with hydrochloric acid (Covaci *et al.*, 2002b). Extraction techniques applied in hair analyses include LLE (Covaci *et al.*, 2002b), Soxhlet (Zhang *et al.*, 2007), and ultrasonic extraction (Barbounis *et al.*, 2012). The same methods for lipid removal and extraction clean-up as for other biological matrices have been used, e.g. adsorption chromatography on acidified silica gel, alumina (Covaci *et al.*, 2002b), and Florisil (Zhang *et al.*, 2007). A comparison between three laboratories analysing the same hair sample but using different internal standards, extraction techniques and analytical instruments (GC-ECD, GC-LRMS and GC-HRMS) showed good agreement, with a relative standard deviation of 15% (Gill *et al.*, 2004).

1.2.5 Analysis of food samples

Food items are regularly analysed for PCBs in various national and international food-monitoring programmes (Fromberg *et al.*, 2011; EFSA, 2005), and market-basket or duplicate-diet studies have been performed to identify PCB intake from food (Voorspoels *et al.*, 2008; Fromme *et al.*, 2009).

These studies have often applied methods that are sufficiently versatile to allow analysis of different kinds of food item with varying lipid content and consistency. The first step is often a drying of the food material with sodium sulfate (Voorspoels *et al.*, 2008; Schechter *et al.*, 2010), followed by the addition of recovery or internal standards, and Soxhlet extraction using hexane:acetone (Voorspoels *et al.*, 2008), or toluene (Kiviranta *et al.*, 2004). The clean-up usually includes lipid removal by acid treatment, either as direct addition to the extracts (Fromme *et al.*, 2009), or via acid-impregnated silica gel (Voorspoels *et al.*, 2008). Further clean-up steps can include neutral and basic silica gel (Son *et al.*, 2012), alumina (Kiviranta *et al.*, 2004), and Florisil (Schechter *et al.*, 2010); however, the extent of purification and fractionation is highly dependent on the target analytes.

Food monitoring sometimes focuses on DL-PCBs, which are analysed together with dioxins and furans. These are separated from other PCB congeners by fractionation on a carbon column, which separates the molecules by planarity (Fernandes *et al.*, 2004). Given the low concentrations of DL-PCBs, the fractions are sometimes further purified before instrumental analysis (Fromme *et al.*, 2009).

Some studies have used more specific methods for different food items, for example, protein denaturation and dispersion of fat globules in dairy products, by the addition of sodium oxalate, or potassium oxalate and ethanol (Fromberg *et al.*, 2011; Sirot *et al.*, 2012), followed by LLE. In other studies using cows' milk, the samples

are freeze-dried before extraction ([Lake et al., 2013](#)), or the fat is separated using a detergent ([Pérez et al., 2012](#)). The clean-up steps may be the same as for other lipid-containing matrices. For the analysis of butter and vegetable oil, [Roszko et al. \(2012\)](#) described a dialysis method based on low-density polyethylene semi-permeable membranes, followed by GPC and common column clean-up.

Numerous studies have dealt with analysis of PCBs in fish, as summarized by [Domingo & Bocio \(2007\)](#). Analyses of meat and fish basically follow the same methods ([Su et al., 2012](#)). Samples are often dried as the first step, e.g. by freeze-drying ([Abalos et al., 2010](#); [Liu et al., 2011](#)) or addition of anhydrous sodium sulfate ([de Boer et al., 2010](#)). After addition of internal standards, the samples are extracted on a Soxhlet apparatus ([Su et al., 2012](#)), by PLE ([Pérez-Fuentetaja et al., 2010](#)), or ultrasonic extraction ([Son et al., 2012](#)). The clean-up techniques are the same as described for other food matrices, including acid treatment ([Su et al., 2012](#)), acid and neutral silica gel, and alumina ([Liu et al., 2011](#)), and Florisil ([Villa et al., 2011](#)), sometimes in an automated PowerPrep system ([Abalos et al., 2010](#)). A rapid extraction and purification method was presented by [Kalachova et al. \(2011\)](#), combining PCB partitioning into ethyl acetate and lipid removal on a silica gel microcolumn.

Eggs are commonly analysed for PCBs, with a focus on the egg yolk ([Kiviranta et al., 2004](#); [Voorspoels et al., 2008](#)). While the same methods could be applied as for other food samples, recent publications have only equilibrated the sample with solvents ([Fromberg et al., 2011](#); [Rawn et al., 2012](#)). The clean-up steps include lipid removal by direct acid treatment and adsorption chromatography on acid silica and Florisil ([Rawn et al., 2012](#)).

Fruit and vegetables are analysed less frequently than lipid-rich food items. In the methods described by [Grassi et al. \(2010\)](#) and [Sirot et al. \(2012\)](#), freeze-drying, extraction using

Soxhlet or PLE, and acid treatment were applied, in a manner very similar to that used for analyses of other food items.

1.3 Production and uses

1.3.1 Production processes

PCBs have commonly been synthesized commercially by catalytic chlorination of biphenyl. The catalysts used include iron, iodine, and chlorides of aluminium, tin, and antimony. The synthesis is performed as a one-step chlorination process, or in two steps with further chlorination of residues from the first step. The crude products are purified by alkali wash to remove hydrogen chloride and ferric chloride, blown with air, and sometimes also by distillation ([IARC, 1978](#)). The degree of chlorination is controlled by the time (range, 12–36 hours) in the reactor.

The manufacturing process for Aroclors involved the chlorination of biphenyl with anhydrous chlorine in the presence of a catalyst, such as iron filings or ferric chloride. In 1974–1977, “late production” Aroclor 1254 was made by a two-stage chlorination procedure. In the first stage, biphenyl was chlorinated to 42% chlorine content by weight as for Aroclor 1242. This was then fractionated to give a distillate (Aroclor 1016). The residue (mostly mono-*ortho* tetrachlorobiphenyls and higher homologues) was further chlorinated to 54% chlorine by weight, resulting in a lot (Monsanto lot KI-02–6024) with markedly higher levels of the high non-*ortho* and mono-*ortho* PCB congeners than the Aroclor 1254 lots produced earlier. The differences between the early and late lots of Aroclor 1254 are discussed in more detail above (see Section 1.1.3 and [Table 1.10](#)).

1.3.2 Production volumes and trends

Although the commercial production of PCBs began in the 1920s, it was not until after 1945 that production reached substantial volumes. Production peaked in the 1960s and 1970s, and had ceased in most countries by the end of the 1970s or early 1980s.

Estimates of the total cumulative worldwide production of PCBs indicate that 1 to 1.5 million tonnes (or more) of commercial PCB products were manufactured. Production volumes from former Czechoslovakia, France, Germany, Italy, Japan, China, Poland, the Russian Federation and the former Soviet Union, Spain, the United Kingdom, and the USA, as reported by [Tatsukawa \(1976\)](#), [de Voogt & Brinkman \(1989\)](#), [Jiang *et al.* \(1997\)](#), [AMAP \(2000\)](#), [Holoubek *et al.* \(2001a\)](#), and [Sułkowski *et al.* \(2003\)](#), add up to around 1 325 000 tonnes for 1930–1993 ([Table 1.14](#)).

In the USA, annual production peaked in 1970 with a total volume of 39 000 tonnes. From 1957 to 1971, 12 different types of Aroclor with chlorine contents ranging from 21% to 68% were produced in the USA by Monsanto Chemicals Co. (see Section 1.1). In addition, Geneva Industries produced a smaller amount of PCBs from 1972 to 1974 ([EPA, 2008b](#)).

In China, the production of PCBs began in 1965 and was gradually stopped between 1974 and the 1980s. According to preliminary investigation and analysis, 7000–10 000 tonnes of PCBs were produced in China from 1965 to 1974, with 9000 tonnes as PCB₃ [similar to Aroclor 1242] and 1000 tonnes as PCB₅ [similar to Aroclor 1254] ([Xing *et al.*, 2005](#); [NIP China, 2007](#)).

Information from the Democratic People's Republic of Korea ([NIP Korea DPR, 2008](#)) indicated that production of PCBs has been ongoing at two sites since the 1960s. The initial production capacity for PCBs was 1200 tonnes per year, with a tendency to increase until the 1980s; however, capacity has decreased since the early 1990s, and the average annual production

volume in 2001–2006 was 411.6 tonnes. The total amount produced up to 2006 could be estimated at around 30 000 tonnes. According to this report, the Democratic People's Republic of Korea planned to reconsider its production of PCBs in 2012.

The commercial products were marketed under more than one hundred different trade names, depending on place of manufacture, production process, and chlorine content. Aroclors comprised at least 10 different commercial PCB products, under the names Aroclor 1016, 1221, 1232, 1242, 1248, 1254, 1260, 1262, 1268, and 1270. It should be noted that Aroclor 5460 was not a PCB product, but consisted of polychlorinated terphenyls. Other commercial PCB products include Clophen (four products), Delor (three products), Fenclor (five products), Kanechlor (five products), Phenochlor (four products), Pyralene (three products), Sovol, and Therminol (see Section 1.1.3).

1.3.3 Uses

Due to the physical and chemical properties of PCBs, such as non-flammability, chemical stability, high boiling point, and high dielectric constants, PCBs were widely used in several industrial and commercial open and closed applications ([Table 1.15](#)). PCBs have also been used in corresponding military applications, but detailed information on military use is typically very scarce.

As a result of the production process, PCBs were never used as individual congeners, but as technical products composed of multiple congeners. The commercial PCB products were generally used as such, but mixtures with other compounds were also produced to obtain specific properties. For example, the PCB product Sovol may have been mixed with α -nitronaphthalene to increase volatility, and sold as Nitrosovol ([UNEP, 1988](#)). Similarly, Galbestos was a mixture of PCBs and asbestos used on galvanized steel and

Table 1.14 Volume and duration of PCB production in countries with known production (by production volume)

Producer	Country	Duration		Volume (tonnes)	Reference
		Start	Stop		
Monsanto	USA	1930	1977	641 246	de Voogt & Brinkman (1989)
Bayer AG	Germany, western	1930	1983	159 062	de Voogt & Brinkman (1989)
Orgsteklo	Russian Federation	1939	1990	141 800	AMAP (2000)
Prodelec	France	1930	1984	134 654	de Voogt & Brinkman (1989)
Monsanto	United Kingdom	1954	1977	66 542	de Voogt & Brinkman (1989)
Kanegafuchi	Japan	1954	1972	56 326	Tatsukawa (1976)
Orgsintez	Russian Federation	1972	1993	32 000	AMAP (2000)
Caffaro	Italy	1958	1983	31 092	de Voogt & Brinkman (1989)
2.8 Vinalon and the Sunchon Vinalon Complex	Democratic Republic of Korea	1960 ^a	2012 ^b	30 000 ^c	NIP Korea DPR (2008)
SA Cros	Spain	1955	1984	29 012	de Voogt & Brinkman (1989)
Chemko	Former Czechoslovakia	1959	1984	21 482	Schlosserová (1994)
Xi'an	China	1965	1980	10 000	Jiang et al. (1997) , NIP China (2007)
Mitsubishi	Japan	1969	1972	2 461	Tatsukawa (1976)
Electrochemical Co.	Poland	1966	1970	1 000	Sułkowski et al. (2003)
Zakłady Azotowe Tarnow-Moscice	Poland	1974	1977	679	Sułkowski et al. (2003)
Geneva Industries	USA	1972	1974	454	EPA (2008b)
<i>Total</i>		<i>1930</i>	<i>2012</i>	<i>1 355 810</i>	

^a During the 1960s

^b “The Ministry of Chemical Industry will, by 2012, take measures to dismantle the PCBs production process and establish a new process of producing an alternative.”

^c Estimated from Republic of Korea 2008, National Implementation Plan for the Stockholm Convention on Persistent Organic Pollutants.

PCB, polychlorinated biphenyl

Adapted from [Breivik et al. \(2007\)](#)

galvanized corrugated sliding panels in various industrial and military applications.

(a) Closed applications

The predominant applications for PCBs were in dielectric fluids in capacitors and transformers. These applications are considered to be closed applications, since PCBs are not expected to leak out of the system. However, transformers had occasionally to be topped up with PCBs so that these systems were not completely closed.

While applications in hydraulic and heat transfer, and cooling systems are also usually considered to be closed applications, there have been reports of accidental leaks from such

systems, and thus these applications are often referred to as “normally closed.”

During the 1960s, dielectric fluid in capacitors and transformers represented 50–60% of the sales of PCBs in the USA ([IARC, 1978](#)). In 1972, Monsanto restricted its sale of PCBs to capacitor and transformer applications ([Erickson, 2001](#)); after this date, these applications represented some 99% of the total use of PCBs in the USA ([Durfee et al., 1976](#)). In China, PCB₃ [similar to Aroclor 1242] was used primarily in power capacitors applied in electricity production, distribution and transmission, while PCB₅ [similar to Aroclor 1254] was used mainly as a paint additive (see [Table 1.8](#)).

Table 1.15 Industrial uses of PCBs

System/category	Aroclor										DecaCB
	1221	1232	1016	1242	1248	1254	1260	1262	1268		
<i>Dielectric fluids</i>											
Capacitors	✓		✓+	✓+							
Transformers			✓	✓		✓+	✓+				
<i>Hydraulic/lubricants/heat-transfer fluids</i>											
Heat transfer				✓	✓						
Hydraulic fluids		✓		✓	✓				✓		
Vacuum pumps				✓	✓				✓		
Gas transmission turbines	✓			✓							
Immersion oil for microscopes									✓		✓
<i>PCBs incorporated into products and materials</i>											
Rubber	✓	✓		✓+	✓	✓	✓				✓
Synthetic resins					✓	✓			✓		✓
Carbonless copy paper				✓+							
Pipeline valve grease											✓
Adhesives	✓	✓		✓+	✓	✓	✓				✓
Wax extenders				✓+		✓	✓				✓
Caulk and joint sealants						✓ ^a					
Insulation and other building materials						✓					✓
De-dusting agents				✓		✓			✓		
Inks						✓					
Cutting oils						✓					
Wire and cable coatings						✓					✓
Die or investment casting											✓
Pesticide extenders									✓		

^a Also others

✓ Denotes use of given Aroclor in a specific end-use

✓+ Denotes principal use

PCB, polychlorinated biphenyl

Adapted from [Johnson et al. \(2000\)](#) and [Erickson & Kaley \(2011\)](#)

As production and use of PCBs became banned, outdated PCB-containing equipment (equipment filled with PCBs as dielectric fluid) was generally removed from use and stored for disposal (Xing *et al.* 2005). In this equipment, about 6000 tonnes of PCBs came from capacitors (NIP China, 2007).

(b) Open applications

PCBs were also used in several open applications as a major constituent of permanent elastic sealants and as flame-retardant coatings (Heinzow *et al.*, 2007).

The use as plasticizer in sealants (caulking material) and flooring material was common in many countries, representing up to 15–20% of the total use of PCBs in Sweden (Jansson *et al.* 1997). The sealants were mainly used in outdoor applications, but indoor use was not uncommon. Use in flooring material was limited to indoor use.

Sealants that were mixed with PCBs were mainly of the polysulfide type. The mixing was often performed on site. Information on concentrations to be used were not available to the Working Group; however, from a technical point of view, PCB concentrations were likely to be above 5%. Sealants analysed some 40 years after application often contained concentrations of PCBs of 5–15%, with concentrations of up to 35% being reported. The concentration may vary not only between sites, but also within a building. These variations may be the result of use of sealants with different PCB content, or of secondary processes, such as migration out of the matrix. There are reports indicating that inner parts of sealants could contain higher concentrations than the superficial parts (Johansson *et al.*, 2003).

In addition to the use as sealants and flame-retardant coatings, PCBs have also been used in other open applications, such as in inks, adhesives, microencapsulation of dyes for carbonless duplicating paper, conveyor belts, rubber products, paints, pesticide fillers, plasticizers,

polyolefin catalyst carriers, immersion oil for microscopes, cutting and lubricating oils, surface coatings, wire insulators, and metal coatings (ATSDR, 2000; Erickson, 2001; Erickson & Kaley, 2011). Also, use in small ballasts for fluorescent lights could be regarded as an open application, especially after long-lasting usage.

(c) Disposal of equipment containing PCBs

Improper handling of electronic waste (e-waste) has been identified as a source of environmental contamination with PCBs, especially for old equipment (Leung *et al.*, 2006). Dismantling of ships has also been identified as a potentially important source of occupational exposure to and environmental contamination with PCBs (Basel Convention, 2003).

With the complete ban on the use of PCBs, stockpiles awaiting elimination have successively appeared in many countries.

In 2000, 23 companies worldwide had facilities for the disposal of equipment containing PCBs, of which 11 were in Europe. The use of solvent for decontamination represents the most common procedure of disposal, followed by destruction by incineration, dechlorination with sodium, retrofilling and vitrification. The most common technology used for destruction of PCBs is by incineration, with an efficiency of between 99% and 99.99999% (IOMC, 1998). For example, France has an installed capacity for incineration of PCB residues amounting to around 20 000 tonnes per year (INERIS, 2013).

1.4 Environmental occurrence and exposure

PCBs are found worldwide at measurable levels in all environmental media (soils and sediments, water, air), in wildlife, and also probably in the body of every human. Human exposure to PCBs occurs mostly via ingestion of

contaminated food (see Section 1.4.7), but also via inhalation and dermal absorption.

Soils are natural sinks for persistent and lipophilic compounds such as PCBs; PCBs are absorbed by the organic carbon of the soil, and once absorbed they are relatively persistent ([Buckley-Golder, 1999](#)) (see Section 1.4.5). PCBs enter the soil via different pathways: industrial releases from manufacture, use and disposal, accidental releases, atmospheric deposition, application of sewage sludge, and erosion and leachate from nearby contaminated areas. PCBs in organic liquids may be dissolved by soils and then migrate with the solvent.

The congener patterns of PCBs in soils and sediments change over time as a result of the activity of aerobic bacteria (that degrade less chlorinated congeners) and anaerobic bacteria (that can cause partial dechlorination of more highly chlorinated congeners) ([Hardell et al., 2010](#)). The patterns found in environmental biota are often referred to as “weathered,” since they result from alterations in the composition of a mixture (e.g. resulting from bio accumulative and metabolic processes in higher biological organisms and through bacterial action, exposure to ultraviolet radiation, etc.). “Weathering” processes result in PCB patterns with either a higher chlorinated fraction or congeners with higher bioaccumulative properties compared with the commercial products. “Weathering” must be considered when assessing PCB-associated risks based on studies with experimental animals exposed to commercial PCB products.

Water is a major pathway for migration of PCBs, both in solution and particulate-bound, although PCBs are lipophilic and generally not very soluble in water (see Section 1.4.6). Less chlorinated PCB congeners have greater solubility than more highly chlorinated congeners.

Air is another major pathway for PCB migration (see Sections 1.4.3 and 1.4.4). PCBs are semi-volatile compounds and, as with water solubility, less chlorinated congeners are more volatile than

more highly chlorinated ones ([Totten et al., 2006](#)). There is extensive evidence that PCBs in aquatic systems exchange with PCBs in air ([Bamford et al., 2002](#)). Air transport of PCBs can occur in either the vapour phase or particulate-bound, thus contributing to global pollution and PCB contamination of remote regions of the earth. PCBs in air come from several direct or indirect sources, including industrial facilities, military sites, contaminated bodies of water, landfills and hazardous waste sites, electric arc furnaces, incineration and other forms of combustion, sewage sludge applied to agricultural lands, and construction materials, including in paints ([Hu & Hornbuckle, 2010](#)), caulking, light ballasts, floor sealants, and adhesives and plasticizers in older buildings ([Wallace et al., 1996](#)).

PCBs from soil, sediment, air and water enter the food-chain by uptake and bioaccumulation in plants and animal fats. There is significant biological magnification of PCB concentration as PCBs move up the food-chain. PCB concentrations vary depending on the degree of bioaccumulation, and are usually highest in carnivorous fish coming from contaminated waters. PCBs are found in the fat of all meat animals, in all dairy products containing fat, and in eggs ([ATSDR, 2000](#); [IOM, 2003](#)), sometimes at high concentrations due to local contamination of grasses, and feeding practices in some countries (see Section 1.4.2). Also, it is not uncommon to feed domestic animals with fish meal or oil, or waste animal fats, which results in recycling of PCBs ([IOM, 2003](#)). For example, farmed salmon fed with concentrated fish meal or fish oil containing significant amounts of PCBs showed elevated concentrations of PCBs ([Hites et al., 2004](#)). PCBs found in food are typically of higher chlorination, since they are less volatile and more biologically persistent in plants and animals than the lower congeners.

Another important route of exposure to PCBs is inhalation; however, it is difficult to determine the relative contribution of inhalation

compared with ingestion. [Harrad et al. \(2006\)](#) have suggested that inhalation may account for 4–63% (median, 15%) of overall exposure in humans. PCBs may be attached to indoor dust, which can be either ingested or inhaled. Individuals who spend significant periods of time in the presence of either outdoor or indoor vapour-phase PCBs will have continuous exposure that is not reflected in measurements of “total” PCBs, because the less chlorinated congeners are more rapidly metabolized and excreted by the human body ([Fig. 1.5](#); [Johansson et al., 2003](#)). Concentrations of different PCB congeners were measured in blood from individuals living in houses where PCB-containing sealant was used. Concentrations of most congeners were only slightly elevated (1.2 to 3.2 times), but the two congeners with a low level of chlorination (PCB-28 and PCB-66) were detected at much higher concentrations (30 and 9 times, respectively) in contaminated flats than in control flats.

Dermal absorption of PCBs may occur primarily in the occupational setting, but also through contact with contaminated sediments or other applications to the skin ([Wester et al., 1987, 1993](#)). Less chlorinated congeners are more rapidly absorbed through the skin than more highly chlorinated congeners ([Garner & Matthews, 1998](#)).

Congener patterns in the general human population are always different from any pattern found in commercial PCB products ([Patterson et al., 2009](#)). The factors that may explain this are:

- The general public is exposed to multiple sources of PCBs, only rarely to a single commercial product.
- There may be more than one route of exposure for almost all matrices/animals/humans.
- Dechlorination occurs to varying degrees in sediments, soils, water and air. Commercial PCB products will volatilize to some degree, and in doing so, will lose less chlorinated congeners.
- PCBs ingested by fish and animals will be metabolized (to less chlorinated and hydroxylated congeners) to different degrees. Thus most food stuffs will demonstrate a shift in the congener profile compared to the commercial product.
- When inhalation is the major route of exposure, there is selective exposure to the more volatile, less chlorinated and less persistent congeners.
- Genetic differences among individuals may confer differences in metabolic activity and selective metabolism of different congeners.

1.4.1 Diffuse sources of PCBs worldwide

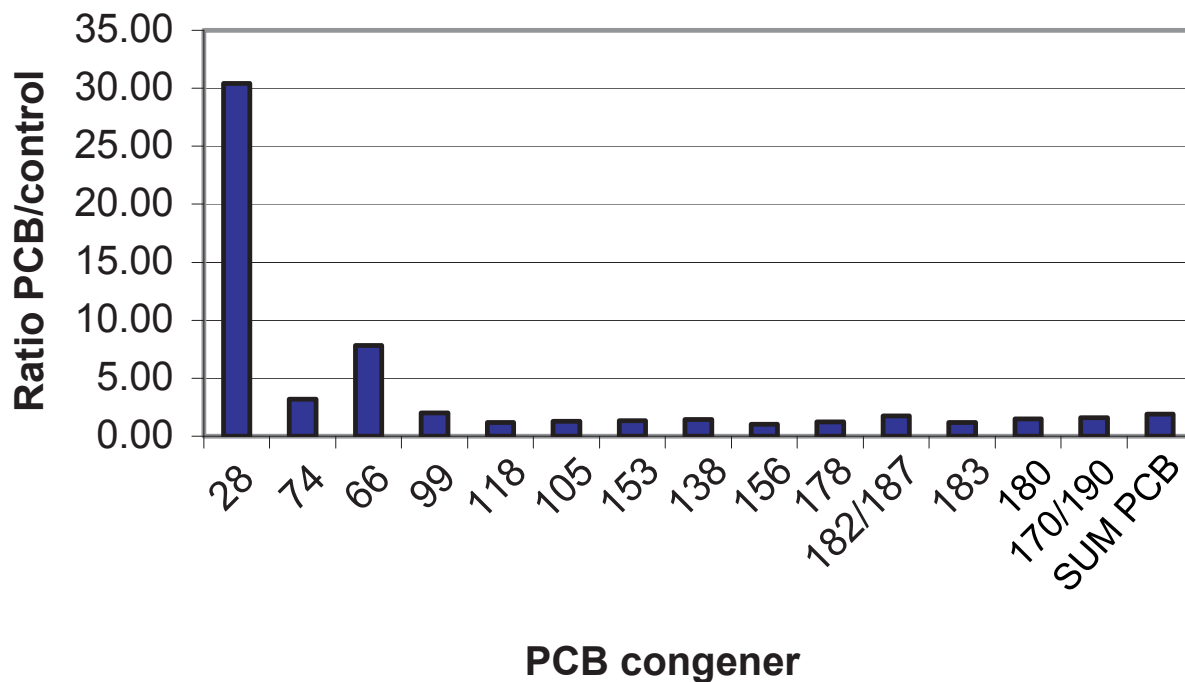
(a) North America

The two Monsanto facilities that manufactured PCBs in the USA were located in Anniston, Alabama, and Sauget, Illinois. In Anniston, more than 400 000 tonnes of PCBs were produced, at least 4550 tonnes were discarded in two landfills, and at least 20.5 tonnes were released into the atmosphere ([Hermanson & Johnson, 2007](#)). Many of the large industries using PCBs manufactured by Monsanto were located near major bodies of water, and PCBs were released into the environment as a result of unintentional leaks, volatilization during the production process, and migration from associated landfills and waste products. There was also production, at lower quantities, by Geneva Industries in Houston, Texas ([de Voogt & Brinkman, 1989](#)). As a result, contamination has occurred in many rivers and streams near these sites of production (see Section 1.4.6(a)).

(b) Europe

In western Europe, many chemical plants are located along major rivers (i.e. Rhine, Rhone, and Seine) and there have been several isolated incidents of organic chemical pollution. The Seine estuary remains one of the most polluted

Fig. 1.5 Blood PCB concentrations in individuals living in PCB-contaminated flats relative to individuals living in control flats



PCB, polychlorinated biphenyl
From [Johansson et al. \(2003\)](#)

in Europe ([RNO, 2012](#)). Also, the Venice lagoon in Italy is particularly polluted owing to the proximity of an important industrial district (the Marghera Harbour) (see Section 1.4.6(b)).

In the Slovak Republic, the Chemko Chemical Co. (based in the Michalovce district) produced 21 000 tonnes of commercial PCB mixtures between 1959 and 1984 (Delor 103, 104, 105, 106, Delotherm DK and DH, Hydeler 137). Improper disposal from the Chemko plant via release of effluent directly into the Laborec river resulted in long-term environmental contamination.

During the conflict of the former state union of Serbia and Montenegro throughout the 1990s, the burning or damaging of industrial and military targets resulted in the release of large amounts of PCBs into the environment: more than 1000 electro-transformer stations that contained PCB oil were damaged. After the

bombardment of Kragujevac, Serbia, 2500 kg of PCB-based oil from the transformers of the Zastava automobile industry were spilled.

A French inventory reported that the number of installed transformers containing at least 100 kg of PCBs was 100 000 units in 1987, corresponding to 50 000 tonnes of fluids containing 60% PCBs (Pyralene), and to 50 000 tonnes of carcasses with 5% of PCB residues. The 250 000 medium-voltage capacitors represented about 3000–5000 tonnes of pure PCBs, while the low-voltage capacitors represented 1500–2000 tonnes of hardly extractable PCBs.

In Spain, an inventory in 1997 reported some 6000 tonnes of PCBs, although the amount of material containing or contaminated with PCBs could reach 200 000 tonnes.

(c) Asia

Contamination of soil and sediments has been reported in the Russian Federation, China, Viet Nam, and Japan. Such contamination may originate from PCB producing plants (e.g. China, Japan, Democratic People's Republic of Korea), or from e-waste recycling facilities (e.g. China). In addition, two major accidents of food contamination occurred in Taiwan, China and Japan (see Section 1.4.2(a)).

(d) South and Central America

There has been no manufacture of PCBs in South and Central America, but there has been widespread use of PCB-containing transformers and other PCB-containing devices.

(e) Africa

There has been no manufacture of PCBs in Africa, but there has been widespread use of PCB-containing transformers and other PCB-containing devices. In Africa, several studies showed an increase in the number of sources of PCBs, due to leakage and wrongly disposed transformers, shipwrecks, and biomass burning.

Another major source of exposure is the importing of e-waste and increase of e-waste recycling facilities, usually illegal, but common in Ghana, Senegal, Nigeria, Kenya, and the United Republic of Tanzania. A report by the United Nations Environment Programme (UNEP) documented issues concerning e-waste in South Africa, Kenya, Uganda, Morocco, and Senegal (UNEP, 2009).

In spite of the lack of homogenous data, an attempt has been made to compare the main PCB stocks that reside in the various countries of the region. [These data should only be seen on the relative scale since lacking the accuracy to make them valuable in the absolute sense.]

In Algeria, the national inventory of electrical equipment and PCB wastes identified 6770

appliances and around 4000 tonnes of oil to remove. The deposit of transformers, capacitors and various equipment containing PCBs was estimated at 1700 tonnes in Tunisia and 1150 tonnes in Morocco ([Business Med, 2010](#)).

*1.4.2 Accidental releases into the food-chain**(a) Asia*

Cooking oil contaminated by Kanechlor has been the source of two accidental mass poisonings in western Japan (later called “Yusho,” oil disease in Japanese) and in Taiwan, China (later called “Yucheng,” oil disease in Chinese). Commercial PCB mixtures were used as heat-transfer media in oil tanks; leakage of the pipes caused exposure to the PCB mixture and PCB pyrolytic products, mainly PCDFs and polychlorinated quaterphenyls (PCQs) ([Masuda et al., 1986](#)). Patients from both countries have been exposed to comparable quantities of PCBs and PCDFs. The PCB/PCDF concentrations in the Yusho oil were higher (several hundred ppm to 3000 ppm) than those in the Yucheng oil (53 to 100 ppm) ([Guo et al., 2003](#)); however, on average, Yucheng patients consumed the contaminated oil for a longer duration than the Yusho patients.

(i) Yusho incident, Japan

In 1968, the Yusho incident involved approximately 1800 people who ingested rice oil contaminated by Kanechlor 400 and its pyrolytic products, mainly in Fukuoka and Nagasaki prefectures ([Masuda, 1994a, b](#); [Kuratsune, 1996](#); [Matsueda et al., 1993](#); [Todaka et al., 2007a](#); [Nagayama et al., 1977](#); [Tanabe et al., 1989](#); [Masuda et al., 1998](#); [Ohta et al., 2008a](#)). Affected people developed a “strange skin disease,” including acne-form eruption, follicular accentuation, and pigmentation, as well as eye discharge and swelling of eyelids. The mean concentrations of seven PCB congeners (PCB-105, PCB-118, PCB-138, PCB-153, PCB-157, PCB-170, and PCB-180) detected in blood were 6.7 ppb and 3.84 ppb (95% confidence

interval, 3.54–4.17), 5 and 20 years after being exposed, respectively ([Masuda & Yoshimura, 1982](#)). Mortality data among registered Yusho patients were identified by follow-up studies to 1990 and 2007. The first of these two reports ([Ikeda & Yoshimura, 1996](#)) reported serum PCB concentrations in the range of 0 to 35 ppb in 1972, and a decrease to about 5 ppb in 1984 ([Iida et al., 1999](#)) (see Sections 1.4.9(b)(iii) and (c)(iv) for additional data on PCB concentrations in blood and adipose tissue, respectively).

(ii) *Yucheng incident, Taiwan, China*

In 1978–9, the Yucheng incident involved approximately 2000 people who ingested rice oil contaminated with Kanechlor 500 and its pyrolytic products ([Hsu et al., 1985](#)). After a few months, these people developed chloracne, hyperpigmentation, severe fatigue, peripheral neuropathy, and other signs and symptoms similar to Yusho disease. On the basis of a dietary questionnaire, it was estimated that Yucheng patients had consumed on average about 1 g (range, 0.7–1.4) of PCBs and 3.8 mg (range, 1.8–5.6) of PCDFs ([Lan et al., 1981](#)). Another study estimated the intakes of PCBs, PCDFs, and PCQs by Yucheng patients at 673, 3.8, and 490 mg, respectively ([Masuda et al., 1986](#)). DL-PCBs contributed to approximately 30% and 20% of the total TEQ (toxic equivalent) in Yucheng men and women, respectively. Compared with the general population in Taiwan, China, the mean total serum PCB concentrations in the Yucheng victims were still nine times higher 15 years after exposure (see Sections 1.4.9(b)(iii) and (c)(iv) for additional data on PCB concentrations in blood and adipose tissue, respectively).

(b) *Europe*

In Europe, the “Belgian dioxin crisis” was caused by the accidental release of 50 kg of a commercial PCB mixture contaminated with 1 g of dioxins commonly found in transformers, to a stock of recycled fat used for the production

of 500 tonnes of animal feed. In May 1999, it appeared that more than 2500 poultry and pig farms could have been contaminated. Chickens showed the classical signs of oedema disease.

In Ireland in 2008, a tank for storage of pork fat was contaminated with heat-transfer fluid containing PCBs ([Hovander et al., 2006](#)). [The Working Group noted that the label of “dioxin crisis” attributed to these episodes of PCB feed contamination was inappropriate.]

1.4.3 Outdoor air

PCBs in outdoor air may be a significant source of exposure. Concentrations of PCBs in air depend on a variety of factors, including temperature and proximity to local sources. Temperature is particularly important in controlling the cycle of volatilization and precipitation. Proximity to local sources, such as industrial facilities, landfills, or contaminated bodies of water, results in elevated air concentrations of both vapour phase and particulate-bound PCBs that dissipate with distance at different rates, resulting in both local and distant contamination. Combustion and other high-temperature processes generate PCBs, in particular during combustion of highly chlorinated compounds; however, this route of unintentional formation is considered to contribute little to total airborne PCBs. Migration to the outdoor environment has also been shown to occur as a result of erosion of exposed sealants.

(a) *North America*

PCB concentrations in outdoor air vary greatly between urban and rural sites in North America, and may be very high near industrial facilities and other contaminated sites ([Table 1.16](#)). These differences reflect primarily the impact of local sources and dilution in air, but also the deposition of PCBs at lower temperatures.

The major sources in Chicago are from landfills, sewage sludge drying beds, and transformer storage yards ([Hsu et al., 2003](#)). [Shen et al.](#)

Table 1.16 PCB concentrations in outdoor air in North America

Reference	Location, sources	PCBs measured	PCB concentration in pg/m ³ as mean and/or range	Comments
Vorhees et al. (1997)	Near a PCB-contaminated site, New Bedford Harbor, Massachusetts	"PCB concentrations"	400–61 000	
Hung et al. (2001)	Comparison neighbourhood Canadian Arctic	Sum of 102 congeners	100–8200 28 in 1993; 23 in 1997	PCB-28, PCB-52, and PCB-118 showed little or no decline over time
Hermanson et al. (2003)	Near the former Monsanto PCB-manufacturing facility in Anniston, Alabama	Sum of 120 congeners	8700–82 000 [annual average, 27 000]	
Totten et al. (2004)	Urban sites (Camden and Jersey City, New Jersey)	Sum of 116 congeners	Average, 3250 and 1260, respectively Averages of 150–220	
Sun et al. (2006)	Remote and suburban areas at various sites near the New York City metropolitan region Six sites near USA–Canadian Great Lakes (Lake Michigan near Chicago)	Sum of 84 congeners	± 100–1400	
Hermanson & Johnson (2007)	Near the former Monsanto PCB-manufacturing facility in Anniston, Alabama	PCBs in tree bark	171 927 ng/g (ppb) lipid near the site, to 35 ng/g (ppb) lipid at a distance of 7 km	Tree bark serves as passive vapour-phase air sampler
Sun et al. (2007)	Six sites distant from urban areas near USA–Canadian Great Lakes (Lakes Superior and Huron) Six sites near near USA–Canadian Great Lakes (Lake Erie)	Sum of 84 congeners	60–86 ± 1.1–230	
Palmer et al. (2008)	Near the contaminated Hudson River, downstream communities City upstream of the industrial sites that caused the contamination	Sum of 84 congeners	Median, 711 Median, 431	Concentrations were higher closer to the river than further away, and higher in warmer than cooler months of the year. The congener pattern in air was primarily PCBs with three or four chlorines
Palmer et al. (2008)	Contaminated portion of the Hudson River	Sum of 84 congeners	102–4011 (median, 711)	
Harrad et al. (2009)	Community upstream of the contamination Toronto, Canada	Sum of 8 congeners	80–2366 100–1400 (mean, 350)	
Li et al. (2010)	North America Remote sites in Alaska and rural sites in the lower 48 states of the USA Large urban areas like Chicago	Sum of PCBs	79 (49–120) 1–50 1000 and 150 000	
Persoon et al. (2010)	Cleveland, Ohio Chicago, Illinois	Sum of 151 congeners	1730–4240 1130–2690	

PCB, polychlorinated biphenyl

(2006) found large relative differences in air PCB concentrations between urban, rural and remote sites, with the highest concentrations in Toronto, Canada, and the Eastern third of the USA [absolute concentrations could not be quantified] using results from passive air samplers in 31 stations in Canada and the USA.

(b) Europe

In Europe, the reported PCB concentrations in outdoor air range from ~10 up to ~1000 pg/m³ in western European countries and from ~50 up to ~9000 pg/m³ in eastern European countries.

Measurement in the Baltic region showed PCB concentrations in southern Norway to be rather high and similar to those in urban areas (Backe *et al.*, 2000; Agrell *et al.*, 2001). Results from the Czech national monitoring system and European Monitoring and Evaluation Programme (EMEP) background monitoring stations also showed relatively high PCB concentrations in this country (EC, 2004). Typical values for background sites usually range up to ~100 pg/m³ and up to several 100s pg/m³ for contaminated areas (Kocan, 2000, 2001).

PCB concentrations in outdoor air may also be measured in precipitation as total deposition rates (ng/m² per day). In southern Sweden (Backe *et al.*, 2002), PCB concentrations ranged from 1.18 to 81.4 ng/L, with no seasonal trends. In Paris, France, average PCB concentrations (sum of seven congeners) in rain during 1986–2001 remained approximately constant at about 40 ng/L (Chevreuil *et al.*, 2001).

Declining concentrations of PCBs have been observed since the early 1960s and 1970s, decreasing by 67% in France (EC, 2004) and by 78% in the United Kingdom (CITEPA, 2013) over 20 years. The difference observed between the steady concentrations in rain and the decrease in general atmospheric emissions may be partly explained by water solubility limits and differences between point sources and global emissions.

Air concentrations of the seven indicator PCBs 28, 52, 101, 118, 153, 138 and 180 were measured at four locations in the Czech Republic, Finland, Sweden, and the Netherlands, from 1996 to 2001. Measured values did not vary noticeably during this period at any location (Fig. 1.6). This suggests that a steady-state has been reached between degradation and environmental cycling, with an ongoing low-level input from existing equipment and contaminated material (Holoubek *et al.*, 2003).

(c) Asia

Limited information on the concentrations of PCBs in air and dust has been reported in Asian countries (Table 1.17). One of the most extensive studies reported results for outdoor air samples from 55 sites in Japan, 20 in China, 30 in the Republic of Korea, and 1 in Taiwan, China. The range of concentrations was 100–1000 pg/m³.

(d) South and Central America

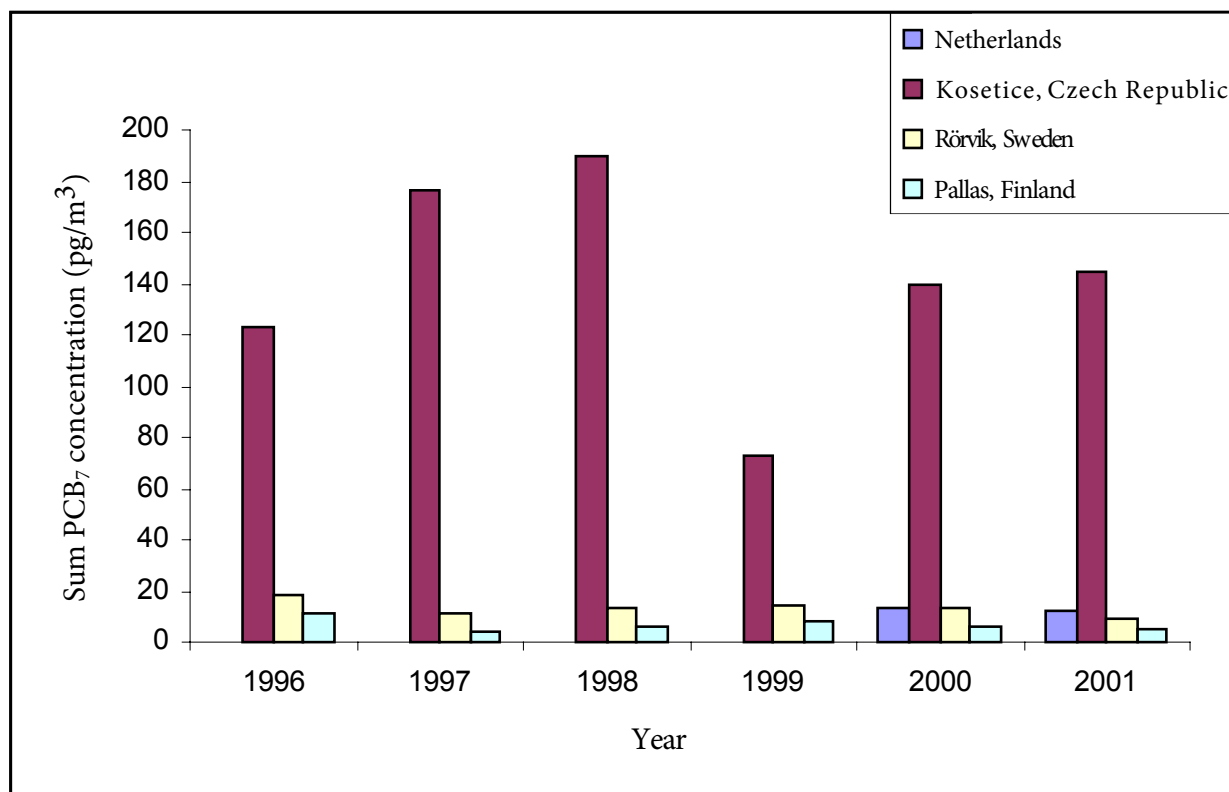
Shen *et al.* (2006) found large relative differences in air PCB concentrations between urban, rural and remote sites using passive air samplers in 4 stations in Mexico, Belize, and Costa Rica. One site in Mexico had higher concentrations than sites in Central America and in Canada.

Li *et al.* (2010) reviewed information from various research groups around the world and reported the average concentration of the sum of PCBs in air to be 66 pg/m³ (range, 9–670 pg/m³) for South America, and 59 pg/m³ (range, 17–150 pg/m³) for Central America.

(e) Africa

Only recently have data from passive air samplers deployed on the African continent become available. PCB concentrations have been reported as very high in Senegal (500 pg/m³) (Klánová *et al.*, 2009), Côte d'Ivoire, and the Gambia (up to 300 pg/m³) (Gioia *et al.*, 2011). Concentrations in some areas in South Africa, Kenya, Egypt, the Democratic Republic of the

Fig. 1.6 Annual average atmospheric concentrations of seven indicator PCBs (PCB₇) from four European Monitoring and Evaluation Programme stations in Europe, 1996–2001



PCB₇, sum concentration of PCB-28, PCB-52, PCB-101, PCB-118, PCB-153, PCB-138, and PCB-180
From [Holoubek et al. \(2003\)](#)

Congo, Ghana, Mali, and the Sudan were also high, and comparable to those in urban areas in more developed countries. These levels could not be explained by biomass burning or primary emissions, and were probably due to e-waste dumps. Lower concentrations have been measured in the Congo, Ethiopia, Mauritius, Nigeria, the Togolese Republic, Tunisia, and Zambia.

(f) Vegetation used for monitoring studies

Plant foliage is a reliable proxy for monitoring levels of vapour-phase compounds in outdoor air since it bioaccumulates organic pollutants. Several researchers have used vegetation, grass, conifer needles, mosses, pollen, and leafy vegetable species (cabbage and lettuce) as biomonitors to evaluate patterns of PCB contamination

([Larsen et al., 1985](#); [Reischl et al., 1989](#); [Kylin, 1994](#); [Simonich & Hites, 1995](#)). This method has been employed in high-mountain ecosystems ([Daly & Wania, 2005](#)), and in several countries, including the Czech Republic ([Holoubek et al., 1994](#)), Poland ([Migaszewski, 1999](#)), western Finland ([Sinkkonen et al., 1995](#)), Germany ([Reischl et al., 1987](#)), Italy ([Gaggi et al., 1985](#)), and France ([Granier & Chevreuril, 1992](#)).

1.4.4 Indoor air

PCBs have been shown to migrate into surrounding materials, such as concrete or wood, and to indoor air. The major sources are PCB-containing caulk, paint (where PCB-11 is the main marker), floor sealants, and ballasts

Table 1.17 PCB concentrations in outdoor air and dust in Asian countries

Reference	Country, region Date of study	Sources	PCBs measured Comments	Concentrations
Iwata <i>et al.</i> (1995)	Russian Federation, Lake Baikal May 1992	Six outdoor air samples from research vessel	Kanechlors 300, 400, 500, 600 as standards	Range, 8.7–23 pg/L
McConnell <i>et al.</i> (1996)	Russian Federation, Lake Baikal June 1991	A total of 19 outdoor air samples	Arochlors 1242 and 1254 as standards	Mean, 196 ± 65 pg/m ³
Hogarth <i>et al.</i> (2012)	Taiwan, China; China; Japan; Republic of Korea March–May, 2008	Outdoor air samples from 55 sites in Japan (37 rural, 4 suburban and 14 urban), 20 in China (3 rural and 17 urban), 30 in the Republic of Korea (12 rural, 2 suburban and 16 urban), and 1 in Taiwan, China	Sum of 202 congeners	Japan, 40–760 pg/m ³ China, 300–2500 pg/m ³ Taiwan, China, about 317 pg/m ³ Republic of Korea, 36–600 pg/m ³
Thacker <i>et al.</i> (2013)	India, central and western regions 2009–2010	Outdoor air samples from various cities	Sum of dioxin-like PCBs	Range, 0.0001 × 10 ⁻¹ to 0.0295 ng TEQ/Nm ³

PCB, polychlorinated biphenyl; TEQ, toxic equivalent

in lighting devices. Outgassing from contaminated dust may also contribute. Joint sealants are increasingly recognized as important diffuse sources of indoor air contamination by PCBs.

(a) *North America*

PCBs have been measured in indoor air in several studies ([Vorhees et al., 1997](#); [Vorhees et al., 1999](#); [Herrick et al., 2004](#); [Colt et al., 2005](#); [Franzblau et al., 2009](#); [Harrad et al., 2009](#)). In the USA it was reported that indoor air concentrations of PCBs were 5–300 times greater than those in outdoor air ([Wallace et al., 1996](#)), and that concentrations were higher in older buildings. The concentrations of PCBs in indoor air in North America are summarized in [Table 1.18](#).

(b) *Europe*

The highest indoor concentrations (up to 7500 ng/m³) have been reported in buildings constructed between 1960 and 1975 from prefabricated concrete elements sealed with elastic materials containing PCBs ([Balfanz et al., 1993](#)). Joint sealants containing PCB were discovered in various public buildings in Europe ([Kohler et al., 2005](#); [Wilkins et al., 2002](#)). Estimated indoor PCB concentrations in contaminated sections were the lowest in microenvironments such as cars (8.92 ng/m³), and were inversely related to the degree of chlorination of the PCB mixtures used ([Hammar 1992](#); [Harrad et al., 2006](#); [Kuusisto et al., 2006, 2007](#); [Frederiksen et al., 2012](#)). The concentrations of PCBs in indoor air in Europe are summarized in [Table 1.19](#).

(c) *Asia*

Indoor floor dust samples ($n = 43$) collected from rural homes and mosques in Gujarat, Pakistan, showed median total PCB concentrations of 0.67 ng/g (range, 0.3–6.1 ng/g) ([Ali et al., 2012](#)). The PCB profile was dominated by PCB-153 (> 60% of the sum of PCBs), with concentrations between < 0.2 and 2.4 ng/g. These

PCB concentrations were 10 times lower than those reported in house dust in Singapore ([Tan et al., 2007](#)).

1.4.5 Soil and sediments

PCBs can enter soil and sediments through various routes. Sediments constitute an important sink for PCBs entering the marine environment. Sewage sludges are monitored for PCBs in countries where they are largely used (60%) in agriculture. The dumping of incinerator-related materials and/or the inadequate management of commercial PCBs have resulted in significantly elevated PCB concentrations.

1.4.6 Water

Inputs of PCBs to the hydrological cycle are principally via discharges of sewage and industrial effluents, urban run-off, leachates from solid waste landfill sites, atmospheric deposition and, of increasing concern, via agricultural run-off ([Scrimshaw et al., 1996](#)).

Water can contain PCBs either in solution or bound to particulates. While PCBs are not very water-soluble, water can be a significant source of exposure to less chlorinated congeners that have a greater solubility than more highly chlorinated congeners. PCB concentrations in sea and fresh-water are summarized in [Table 1.20](#).

(a) *North America*

(i) *Drinking-water*

In the USA, the EPA has set a goal for PCBs in drinking-water of zero, and a maximum contaminant concentration of 500 ng/L (500 ppt), with sources being primarily landfills, and discharge of waste chemicals ([EPA, 2014](#)). While conventional treatment of drinking-water will remove particulate-bound PCBs, those that are soluble are often not completely removed. Solubilities of individual PCB congeners vary from about 4 ppm for monochlorobiphenyl to as low as 0.0007

Table 1.18 PCB concentrations in indoor air in North America

Reference	Location	Source	PCBs measured	Concentration	Comments
Vorhees et al. (1997)	New Bedford Harbor, Massachusetts, USA	18 homes	Sum of 65 congeners	Geometric mean concentration, 18 ng/m ³ (range, 7.9–61 ng/m ³)	
		Comparison neighbourhood		Geometric mean concentration, 10 ng/m ³ (range, 5.2–51 ng/m ³)	
Vorhees et al. (1999)	New Bedford Harbor, Massachusetts, USA	House dust in homes surrounding the Superfund site	Sum of 65 congeners	1400 (range, 320–23 000) ng/g dry weight	
Herrick et al. (2004)	Greater Boston, USA	Comparison neighbourhood, 24 university buildings		60 (15–290) ng/g > 36 200 ppm 111–395 ng/m ³	One third of the 24 buildings investigated contained caulk at concentrations > 50 ppm (the EPA limit)
Colt et al. (2005)	Four geographical regions in the USA	PCBs in carpet dust, 443 homes of Caucasian Americans who served as controls in a case-control study on non-Hodgkin lymphoma		Specific concentrations not reported	PCB concentration in dust was significantly related to age of the house, being greatest in homes built before 1940, and significantly greater in homes built in 1960–1979 (when PCBs were being manufactured in the USA) than in homes constructed after 1980
Franzblau et al. (2009)	Five counties in Michigan, USA	House dust	PCB-123	439 000 ppt	Dioxin-like PCBs contributed 66.2% of the total WHO TEQ found in dust
Harrod et al. (2009)	Texas, USA	House dust, 20 homes	PCB-118 Sum of 9 tri- to heptachlorinated congeners	33 600 000 ppt 200 ng/g (ppb); (range, 0.71–620 ng/g)	
	Toronto, Ontario, Canada	10 homes	Sum of 9 tri- to heptachlorinated congeners	260 ng/g (ppb) (range, 51–820 ng/g)	Levels were more than four times higher than those measured in cities in the United Kingdom and New Zealand

EPA, United States Environmental Protection Agency; PCB, polychlorinated biphenyl

Table 1.19 PCB concentrations in indoor air in Europe

Reference	Country	Source	PCB concentration (mean or range)	Comments
Hammar (1992)	Sweden	Joint sealants	80 ng/m ³	Outside the building, mean concentrations were 0.5–4.6 ng/m ³
Balfanz <i>et al.</i> (1993)	Germany	Air from contaminated buildings	Range, > 300–7500 ng/m ³	Indoor PCB concentrations were inversely related to the degree of chlorination of the PCB mixtures used
Wilkins <i>et al.</i> (2002)	Denmark (Organization of Sealant Branch's Manufacturers and Distributors)	Dust from public and residential buildings with excessive microbial growth	Estimated inventory of 75 tonnes in caulking materials	Concentration in polluted buildings was 10–20 times higher than the amount found in samples from other buildings
Kohler <i>et al.</i> (2005)	Switzerland	Joint sealants in public buildings	> 10 g/kg in 48% of samples	70% of samples contained PCB mixtures such as Clophen A50, Aroclor 1248, and Aroclor 1254
Harrad <i>et al.</i> (2006)	United Kingdom	Homes, offices, cars, public microenvironments	8.92 ng/m ³	The least contaminated microenvironment was the car (average, 1391 pg/m ³)
Kuusisto <i>et al.</i> (2007)	Finland	Walls/floor	110–540 µg/m ²	Detected PCBs were highly chlorinated
Frederiksen, <i>et al.</i> (2012)	Denmark	Air from uncontaminated apartments Elastic sealants from contaminated apartments	168–3843 ng/m ³ 187–221 680 mg/kg	Significant correlations were observed between the lower chlorinated congeners in air and sealant

PCB, polychlorinated biphenyl

Table 1.20 PCB concentrations in various types of water around the world

Reference	Type of water	Location	PCB measured	Concentration	Comments
<i>North America</i>					
Jeremiason et al. (1994)	Lake	Lake Superior, USA		2.4 ng/L in 1980; 0.18 ng/L in 1992	
Connolly et al. (2000)	River	Hudson River		Sometimes > 1300 ng/L	Varied greatly with season and water flow
Rowe et al. (2007)	River	Delaware River	Sum of 116 congeners	420–1650 pg/L	
Wang et al. (2012)	River	Mississippi River	Sum of 27 congeners	86 and 254 ng/L	
	Lake	Lake Pontchartrain		134–728 ng/L	In some months the PCBs in river water were primarily in the liquid phase, whereas in other months primarily in the sediment
<i>South and Central America</i>					
Rissato et al. (2006)	River	Sao Paulo State, Brazil	Sum of seven congeners	0.02–0.5 ng/L	Predominantly lower chlorinated congeners
<i>Africa</i>					
Scarpato et al. (2010)	Sea	Tunisia Morocco–Algeria coastal sites	Sum of 10 congeners	10–12 ng/g 7–8 ng/g	PCB contamination evaluated by mussel-caging technique (exposure, 12 weeks)
Javed et al. (2010)	Ocean	Thirteen sites along the Atlantic Moroccan coast	Sum of PCB-28, PCB-153, PCB-138	Wet season: 11 ng/g Dry season: 8.2 ng/g	Concentrations in mussels during wet and dry seasons not significantly different, but values in the northern sites exceeded 2–3 times the medians registered for the other sampling sites
Vorkamp et al. (2010)	Ocean	Cape Town harbour Cape Town sea shore Ghana coast	Sum of congeners	81 ng/g dw 15 ng/g dw 5 ng/g dw	Bivalve samples
<i>Europe</i>					
Nondek & Frolíkova (1991)	Lake	Sumava lakes, Czech Republic		1900 ng/g	Contamination due to atmospheric transport to non-industrialized areas
Winkels et al. (1998)	River	River Danube, Czech Republic		< 5 ng/g dw	Contamination due to flood disaster in the Moravian part of the Czech Republic in July 1997

Table 1.20 (continued)

Reference	Type of water	Location	PCB measured	Concentration	Comments
Fillmann <i>et al.</i> (2002)			Sum of seven congeners	≤ 700 ng/g dw (2–196 µg/kg ww in fish)	
UNEP (2002)	River	Krupa, Sana and Lepenica rivers, Balkan area, Slovenia		380 ng/L (in 1988) 100 ng/L (in 1997)	The factory in Semič was storing 5–6 tonnes of waste oil containing PCBs
Desmet <i>et al.</i> (2012)	River	Rhone river, France	Sum of PCB ₇	1–40 ng/g dw	Concentrations consistently lower than those found during the previous decade (Burns & Villeneuve, 1987). Maximum PCB concentration was identified in 1960–75. The downward trends in concentration followed emission reductions, although soil concentrations decreased at much slower rates (Tolosa <i>et al.</i>, 1995)
ADEME (1998) , Blanchard <i>et al.</i> (2001)	Wastewater	Wastewater treatment plants, France	Sum of seven congeners	Input water, 100–300 ng/L Output water, 15–54 ng/L	In 1999, average concentration was 15–26 ng/L. High levels of DL-PCBs in eel from Dutch freshwater were reported in a screening of Dutch fishery products (Van Leeuwen <i>et al.</i>, 2002)
<i>Asia</i>					
Kucklick <i>et al.</i> (1994)	Lake	Lake Baikal, Siberia, the Russian Federation, June 1991	61 PCB congeners using standards of Aroclor 1242, 1254, and 1260	Mean, 560 ± 180 pg/L for dissolved phase, and 420 ± 400 pg/L for particulate phase	
Iwata <i>et al.</i> (1995)	Lake	Lake Baikal, the Russian Federation, May 1992	Kanechlor 300, 400, 500, 600 as standards	Range, 8.7–23 pg/m ³	
McConnell <i>et al.</i> (1996)	Lake	Lake Baikal, the Russian Federation, June 1991	Aroclors 1242, 1254 as standards	Mean, 1 324 ± 96 pg/m ³	

DL-PCB, dioxin-like polychlorinated biphenyl; dw, dry weight; PCB, polychlorinated biphenyl; ww, wet weight

ppm for the decachlorobiphenyl ([Erickson, 1997](#)). Thus under certain circumstances, drinking-water can still be a source of exposure to less chlorinated congeners.

(ii) *Sea and freshwater*

The USA–Canadian Great Lakes are contaminated by multiple sources of PCBs ([Bhavsar et al., 2007](#); [Turyk et al., 2012](#)). It has been shown that industrial sites on rivers feeding Lake Erie received the largest quantities of PCBs, with 26% derived from atmospheric deposition ([Kelly et al., 1991](#)). The Hudson River in New York is highly contaminated with PCBs because of releases from two large capacitor plants ([Carpenter & Welfinger-Smith, 2011](#)), the Fox River in Wisconsin is highly contaminated because of releases from a manufacturer of carbonless copy paper, and a paper mill ([Imamoglu et al., 2004](#)), and the St Lawrence River and several of its tributaries have been contaminated by releases from aluminium foundries operated by companies that discarded hydraulic fluids containing PCBs in drains ([Fitzgerald et al., 1996](#)). The Hudson and Fox Rivers are being dredged to remove these contaminants.

(b) *Europe*

(i) *Sea*

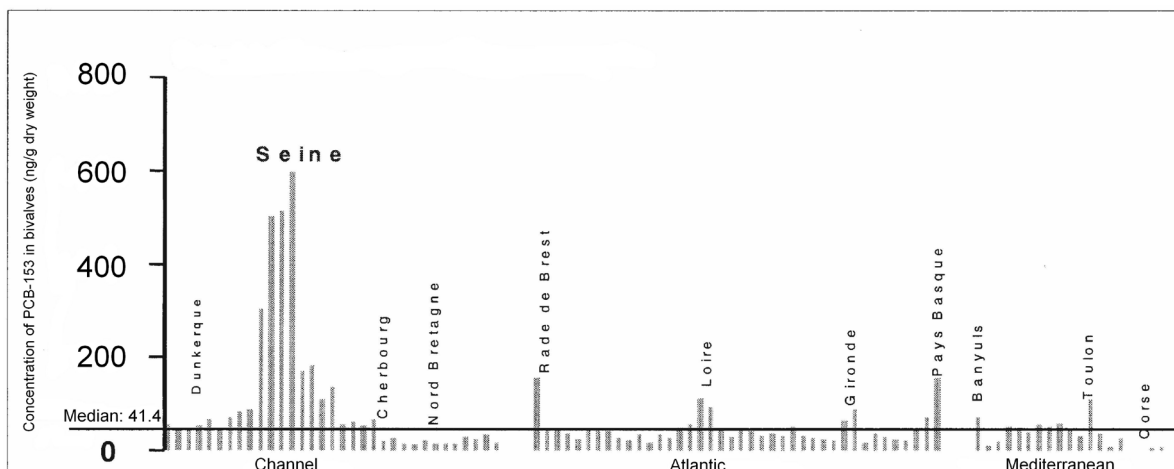
An extensive review of data obtained during the 1980s has been published ([Tolosa et al., 1995](#)). In general, the concentrations of PCBs for all the investigated areas in the Mediterranean Sea were similar except in the Ligurian Sea where concentrations were higher. Predictably, the highest concentrations were reported in urban and industrial wastewaters (e.g. from Marseille and Barcelona) as well as in river discharges (e.g. from the Rhone), and decreasing concentration gradients have been found in transects offshore from these sources. PCB concentrations in the suspended particulate matter from coastal and open Western Mediterranean waters were of 5–35 pg/L in 1990, of the same order of

magnitude as those reported in other regions, e.g. North Sea and North Atlantic. A more recent study covering the whole Western basin also shows a spatial gradient from the continental shelf (3.5–26.6 pg/L) towards the open sea (1.7–6.6 pg/L); a relatively important enrichment (8.4 pg/L) in open sea stations located in higher productivity frontal zones was observed ([Dachs et al., 1997](#)). The dissolved PCBs ($\Sigma 12$ congeners) amounted to 28–63 pg/L. Total concentrations of PCBs in estuarine and coastal sediment samples of the Mediterranean Sea ranged from 0.04 to 1684 ng/g dw ([Koci, 1998](#); [Vale et al., 2002](#); [Vojinovic-Miloradov et al., 2002](#); [Cardellicchio et al., 2007](#)).

During 1974–82, PCB concentrations decreased by a factor of 3 in offshore Monaco ([Burns & Villeneuve, 1987](#)), while the surface sediments of the Adriatic coast did not show a temporal trend ([Picer & Picer, 1991](#)).

Concentrations of PCBs in ocean water are usually in the low picogram per litre range. The general trend for concentrations in the Baltic Proper suggests an increase in PCB concentrations from the early 1970s onwards ([ICES, 2000](#)). This is an opposing trend to the decreasing concentration trends for PCBs in biota from the Baltic Proper ([HELCOM, 1996](#); [Roots, 1996](#)).

The monitoring of PCBs in coastal areas may be based on measurements in mussels. Trends in PCB concentrations in the Seine estuary in France are reported in [Fig. 1.7 \(RNO, 2012\)](#). The rate of decrease was 3.5% per year. As reported by the Arctic Monitoring and Assessment Programme (AMAP), several time-series of PCB-153 concentrations in blue mussels from around Iceland showed significant decreasing trends; however, one time-series from a fjord system showed a significant increase ([Rigét et al., 2010](#)). Active mussel watching (mussel transplantation) has also been applied in monitoring programmes in Africa (see [Table 1.20](#)).

Fig. 1.7 PCB contamination along the coast of France

Concentrations of PCB-153 in mussels or oysters (used as “sentinel species”) sampled from coastal areas of France. The Seine estuary and bay are heavily exposed to manmade chemicals of terrestrial origin derived from the urbanized and industrialized river Seine. Data from The French pollution monitoring programme (Réseau National d’Observation de la qualité du milieu marin) Reproduced from [Abarnou et al. \(2002\)](#), with permission from the publisher

(ii) Freshwater

The major source of freshwater contamination in Europe comes from diffuse leaching of products from users, households, and industries into wastewater streams ([UNEP, 2002](#)). The areas most polluted by flood disasters are in Poland (the River Odra) ([Wolska et al., 1999](#); [Protasowicki et al., 1999](#)) and in the Czech Republic. The River Danube is a major source of contamination to the Black Sea; however, many chlorinated hydrocarbons have been banned by several European and other countries in the past 10 years ([Winkels et al., 1998](#); [Covaci et al., 2002c](#); [Fillmann et al., 2002](#); see [Table 1.20](#)).

Industrial contamination is known to have occurred in Germany (the Rivers Elbe and Rhine and their tributaries) ([Brauch, 1993](#)), in former Czechoslovakia (the Sumava Lakes) ([Nondek & Frolikova, 1991](#)), in England and Ireland (where however approximately a 50% decline in concentrations between 1970 and 1990, was recorded) ([Sanders et al., 1992](#); [Harrad et al., 1994](#)) and in Slovenia through the dumping of industrial waste in the Krupa river during the manufacture of transformers. PCB contamination also occurred

in the Balkan area, in the cities of Pancevo, Novi Sad, Belgrade, Kragujevac, in Serbia, after military intervention by NATO in spring 1999.

1.4.7 Food products

Since the early 1990s, food has been identified as the major route of human exposure to lipophilic and persistent organochlorines such as PCBs, PCDDs, and PCDFs. In populations that are not exposed to other known sources, dietary intake contributes to about 90% of the total daily intake of dioxin-like compounds including dioxin-like PCBs, and of this, food of animal origin contributes about 90% in various regions of the world ([Schecter et al., 1997](#); [Büchert et al., 2001](#); [Llobet et al., 2003a, b](#); [Päpke & Fürst, 2003](#); [Schecter et al., 2003a, b](#); [Charnley & Doull, 2005](#); [Huwe & Larsen, 2005](#)).

Similarly, it is generally accepted that the major route of exposure to non-dioxin-like PCBs, namely to PCB₆, is dietary intake, by consumption of fatty foodstuffs ([IARC, 1978](#); [IPCS, 1993](#); [EFSA, 2005](#); [Lindell, 2012](#)). However, inhalation can also be a significant source of exposure (see Section 1.4.4).

Human food can become contaminated by PCBs via three main routes:

- uptake from the environment, by fish, birds, livestock (via food-chains), and crops;
- contamination of animal feed, by regular practices or accidentally;
- direct contamination of food, accidentally.

Data on PCB concentrations in food are reported in many different ways, making comparisons difficult. The number of congeners analysed differs between studies and often congeners are summed according to groups, such as indicator PCBs, DL-PCBs, or some other number of congeners. When using TEQs, the scheme used should be noted; also some studies report TEQ on the basis of bioassays such as the CALUX system as biological equivalents (BEQ). Results have been reported with different reference units (wet weight, dry weight, or lipid weight). Further difficulties in interpretation arise since different parts of fish or seafood are analysed (muscle, liver, skin, etc.) and PCB concentrations are also sometimes reported on the basis of prepared food (to account for changes by cooking or frying). Finally, the objectives of a study may bias the sampling strategy, often resulting in reporting of higher concentrations.

(a) PCB concentrations in food

Concentrations of DL-PCBs in various meats and dairy products from selected countries and regions are presented in [Table 1.21](#).

(i) Polar regions and North America

PCB concentrations in food for polar regions and North America are summarized in [Table 1.22](#). [Domingo & Bocio \(2007\)](#) reviewed the concentrations of PCB and PCDD/PCDF in marine species and human intake through fish and seafood consumption by different region-specific sections.

The traditional food items for indigenous peoples in the Arctic include lipid-rich tissue

of high trophic-level animals. After long-range transport and biomagnification of PCBs in the Arctic marine food-chain, PCBs accumulate in edible animals like fish, seals and whales ([AMAP, 2004](#)). This dietary exposure led to PCB concentrations in Arctic inhabitants that exceeded those of individuals living at temperate latitudes ([Dewailly et al., 1993](#)), but levels have been shown to decrease ([AMAP, 2009](#)). Likewise, PCBs in traditional food items have generally decreased ([Rigét et al., 2010](#)).

(ii) Africa

[Loutfy et al. \(2006\)](#) investigated levels of WHO-TEQs from diet in Egypt, and determined a range of 6.59–9.98 pg TEQ/kg per day, with about 40% of this value due to DL-PCBs. This value exceeds the maximum WHO tolerable daily intake (TDI) of 4 pg TEQ/kg per day. The primary source was found to be dairy products, in which PCB concentrations were several times higher than in such products in more developed countries. [Loutfy et al. \(2007\)](#) determined the concentrations of PCDD/PCDF and dioxin-like PCBs in samples of fish and seafood (mullet fish, boliti fish, bivalves and crab) randomly acquired in local markets in Egypt. The upper-bound concentrations of dioxin-like PCBs ranged from 0.14 (bivalves) to 0.76 (mullet) pg WHO-TEQ/g wet weight, respectively.

[Adu-Kumi et al. \(2010\)](#) reported an average TEQ for dioxin-like PCBs in fish from two lakes in Ghana to be 0.7 pg WHO-TEQ/g.

(iii) Australia and New Zealand

In 2000–2001, 168 samples of 22 foods collected for the Australian Total Diet Survey were analysed for DL-PCBs and compared with those from other areas of the world ([Table 1.21](#); [Food Standards Australia New Zealand, 2004](#)).

A more recent study reported PCB concentrations from composite samples of Australian farmed yellowtail kingfish (mean, 21 µg/kg; range, 8.6–29 µg/kg), mullet (mean, 5.4 µg/kg; range,

Table 1.21 Concentrations of dioxin-like PCBs in selected foods from various countries and regions

Food	PCB concentration (range of means), pg TEQ/g lipid					
	Australia	Europe ^a	New Zealand ^{a,b}	North America ^a	Netherlands ^c	United Kingdom
Beef	0.03–0.11	–	0.0036–0.092	0.5	1.24	0.25–0.31 ^f
Pork	0.04–0.07 ^d	0.8	0.15–0.43 ^e	0.02–1.7	0.23	–
Lamb	0.02–0.06	–	0.01–0.045	–	–	–
Poultry	0.18–0.24	0.7	0.018–0.14	0.3	1.72	0.47–0.53
Fish	9.46–9.5	0.03–9 ^h	0.77	0.11–0.28 ^h	0.412 ^{g,h}	3.57–3.57
Eggs	0.04–0.11	0.2–0.6	0.05–0.11	0.029 ^h	0.87	0.11–0.20
Milk	0.04–0.11	0.2–1.8	0.027–0.15	0.5	0.69	0.34–0.43
Bread	0.0003–0.005	–	0.00099–0.004	–	–	0.06–0.15
Butter	0.021–0.086	–	0.15–0.15	–	0.96	–

^a Results reported in international toxic equivalents (I-TEQ), which are 10–20% lower than WHO-TEQs

^b Results reported in the range of lower to middle bound

^c Results reported as lower bound only

^d Assumes bacon is representative of all pork products

^e Pork meat

^f Carcass meat

^g Lean fish

^h Reported on a fresh-weight basis

From [Food Standards Australia New Zealand \(2004\)](#)

PCB, polychlorinated biphenyl; TEQ, toxic equivalent

4.7–6 µg/kg) and manufactured feed ([Padula et al., 2012](#)). The mean concentration of DL-PCBs was 2.1 pg TEQ/g (range, 1.2–2.8 pg TEQ/g) in kingfish, and 0.51 pg TEQ/g (range, 0.41–0.61 pg TEQ/g) in mulloway.

(iv) Asia

Concentrations of specific PCB congeners in samples of food from Asia are summarized in [Table 1.23](#). In Japan, a study sponsored by the Ministry of Health and Welfare showed a more than 50% decrease in concentrations of three non-ortho substituted PCBs in human milk samples between 1973 and 1996 ([Environment Agency of Japan, 1999](#)). A report from the Republic of Korea demonstrated regular dietary exposure ([Son et al., 2012; Table 1.23](#)). In China, [Liu et al. \(2011\)](#) determined concentrations of seven indicator PCBs in marine fish. The sum of PCB₇ ranged from 0.3 to 3.1 µg/g wet weight, with median and mean values of 6.4 ng/g wet weight

and 398 ng/g wet weight, respectively ([Table 1.23](#)). The average concentrations and contributions of the seven specific congeners at four different sites are presented in [Table 1.24](#). [It was noted that the concentrations found in this study were higher than in other parts of the world.]

(v) Europe

The major contributors to total exposure in Europe appeared to be milk and dairy products for almost all groups of infants and toddlers ([Barr et al., 2006; Becker et al., 2009](#)), and fish and seafood products for most of the adolescents, adults, elderly and very elderly groups ([Langer et al., 2007; Fréry et al., 2009; ANSES, 2011](#)).

The most comprehensive assessment of PCB concentrations in food was undertaken by the European Food Safety Agency (EFSA) ([EFSA, 2005, 2010, 2012](#)). For the 27 European Union Member States, and Switzerland and Norway, in a report that took all food groups together, the

Table 1.22 PCB concentrations in marine foods and estimated dietary intake in polar regions and North America

Country	Food analysed	PCB concentration	Estimated dietary intake	Comments	References
<i>Polar regions</i>					
Inuit of Quebec, Canada	ΣPCB10 in: Polar bear fat Seal blubber Arctic char muscle	7 µg/g lipid 1 µg/g lipid 150 ng/g lipid		Female consumers of these foods had higher PCB concentrations in milk than a group in Southern Quebec	Dewailly et al. (1993)
West Greenland	ΣPCB10 in: Minke whale, beluga and narwhal blubber Halibut liver, kittiwake liver and muscle, minke whale skin, and seal blubber	> 500 ng/g 50–500 ng/g	23 µg/day per person (3 µg/day per person if blubber food items are excluded from the diet)	Compared with the marine animals, concentrations in food sources from the terrestrial environment were characterized as low	Johansen et al. (2004)
North-western Territory, Canada	Food including cooked sucker flesh, raw beluga mattak (skin/blubber) and boiled Canada goose meat	Foodstuffs in the 50–500 ng/g group (Berti et al., 1998)	Mean, 23 ng/kg bw per day Median, 11 ng/kg bw per day	Provisional tolerable daily intake was 300 ng/kg bw per day, based on Health Canada	Johansen et al. (2004)
Canada	Fish products from retail market	Geometric mean WHO-TEQ (pg/g wet weight): 0.06 (shrimp), 0.08 (tilapia), 0.92 (salmon)		No information on human exposure	Rawn et al. (2006)
<i>North America</i>					
USA (California coast)	Samples of a variety of fish	Mean I-TEQ: 109 pg/g lipid (non-ortho PCBs 77, 126, 169)		No information on human exposure	Brown et al. (2006)
USA, Maryland, Washington, DC, and North Carolina	Commercially wild caught and farm-raised fish	Bluefish, 800 ng/g ww (highest) Coho salmon, 0.35 ng/g ww (lowest)			Hayward et al. (2007)
USA	Salmon and canned sardines	Salmon: PCB-153, 1.2 ng/g ww; PCB-138, 0.93 ng/g ww Canned sardines: PCB-153 and PCB-138, 1.8 ng/g ww		Six of seven NDL-PCBs congeners were detected, with PCB-153 and PCB-138 at highest levels	Schechter et al. (2010)

NDL-PCB, non-dioxin-like polychlorinated biphenyls; ww, wet weight

Table 1.23 PCB concentrations in food in Asia

Country, region	Date	Source	PCBs measured	Concentration	Reference
<i>Russian Federation</i>					
Lake Baikal, Siberia	June 1991	Pelagic sculpin, omul, Baikal seal	61 PCB congeners using standards of Aroclor 1242, 1254, and 1260	Ranges, 2.7–2.8 mg/kg of lipid for pelagic sculpin, and 0.73–1.6 mg/kg of lipid for omul	Kucklick <i>et al.</i> (1994)
Lake Baikal, Siberia	May–June 1992	Five species of 35 fresh fish samples collected from Lake Baikal in 1993	Total PCBs using an equivalent mixture of Kanechors 300, 400, 500, and 600 as standards	Mean, 1.7 ± 0.96 µg/g lipid	Nakata <i>et al.</i> (1995)
Lake Baikal, Siberia	1993	Three species of fish collected from Lake Baikal in 1993	Total PCBs using an equivalent mixture of Kanechors 300, 400, 500, and 600 as standards	350 ± 350 ng/g ww	Nakata <i>et al.</i> (1997)
<i>China</i>					
Shanghai and its vicinity	2000–1	Various fish and seafood	Kanechlor-300, 400, 500, 600 as standards	Range, 0.20 (shrimp and mussel) to 2.5 (mackerel) ng/g ww	Nakata <i>et al.</i> (2002b)
North-eastern, Bohai Sea coastline	Early 2000s	Bivalves and gastropods	PCB mixture (EPA 68A-LCS)	Range, 62.3–344.9 ng/g lipid, for bivalves Range, 81.6–583.6 ng/g lipid, for gastropods	Zhao <i>et al.</i> (2005)
Dalian, Tianjin, and Shanghai		Fish and shellfish collected from local supermarkets	PCB-138 and PCB-153 were dominant, followed by PCB-101 and PCB-180	3.60 (0.83–8.04) ng/g ww Estimated daily intake: 1.83 ng/kg bw	Yang <i>et al.</i> (2006)
Guangzhou and Zhoushan	2003–4	Seafood (mainly harvested locally) purchased from local markets in Guangzhou and Zhoushan	PCBs 81, 77, 123, 118, 114, 105, 126, 167, 156, 157, 169, 189	Range, 1510–10 200 pg/g lipid	Jiang <i>et al.</i> (2007)
South China Sea, Bohai Sea, East China Sea, and Yellow Sea	2006–9	Marine fish	7 PCB congeners (28, 52, 101, 118, 138, 153, and 180); details in Table 1.24	Mean, 398 ng/g ww Median, 6.4 ng/g ww Range, 0.3–3100 ng/g ww	Liu <i>et al.</i> (2011)
South, Daya Bay and Hailing Bay	July 2007, December 2007	Fish	PCBs 31/28, 52, 44, 99, 149/118, 153, 138, 180, 170, 194, 101, 110, 147, 146, 187	Range, 1.5–4.0 ng/g ww	Yu <i>et al.</i> (2011a, b)
Nanjing	July, 2006	Fish and meat from 10 markets	PCBs 8, 18, 28, 52, 44, 66, 101, 81, 77, 123, 118, 114, 105, 153, 126, 138, 128, 187, 167, 156, 157, 170, 180, 189, 169, 195, 206, 209	Range, 0.87–15 ng/g ww for different fishery product; 5.1–20 ng/g ww for meat product	Su <i>et al.</i> (2012)
Fengjiang town (Taizhou)	2005–9	Rice hulls from a waste electrical and electronic-equipment dismantling area	PCBs 77, 81, 105, 114, 118, 123, 126, 156, 157, 167, 169, 28, 52, 101, 138, 153, 180, 3, 15, 19, 202, 205, 208, 209 (dry weight basis)	44.1 ng/g (range, 12.8–124 ng/g) in 2005, 16.3 ng/g (range, 5.44–24.9 ng/g) in 2006, 9.01 ng/g (range, 2.57–22.8 ng/g) in 2007, 7.90 ng/g (range, 3.08–16.5 ng/g) in 2008, 7.39 ng/g (range, 3.80–10.7 ng/g) in 2009	Fu <i>et al.</i> (2012)

Table 1.23 (continued)

Country, region	Date	Source	PCBs measured	Concentration	Reference
<i>Japan</i>					
Ariake Sea		Shrimp, mussel, and mackerel		Range, 0.20–2.5 ng/g ww	Nakata et al. (2002a)
Japan		Fish and shellfish	PCB-126 and PCB-118 were the highest contributing congeners	In 1999: 0.98×10^{-3} WHO-TEQ _{PCDD/PCDF} In 2004: 0.91×10^{-3} WHO-TEQ _{PCDD/PCDF} ^{PCB}	Sasamoto et al. (2006)
Hirakata city, Osaka Prefecture	Unspecified	Domestic and imported seafood purchased from three food markets	PCBs 81, 77, 123, 118, 114, 105, 126, 167, 156, 157, 169, 180, 170, 189	Range, 13–40 182 pg/g ww ^{PCB}	Ohta et al. (2008b)
<i>Lao People's Democratic Republic</i>					
Vientiane (Agent Orange-non-sprayed capital)	2001	Meat, fish, and dairy products from food markets	PCBs 37, 77, 126, 169, 81, 28, 33, 55, 60, 66, 74, 105, 114, 118, 122, 123, 124, 156, 157, 167, 189, 52, 101, 128, 138, 153, 170, 180, 187, 194, 206, 209	Range, 0.004–0.186 pg TEQ/g in fish samples; 0.011–0.063 pg TEQ/g in meat and dairy products	Schecter et al. (2003a)
<i>Republic of Korea</i>					
		Muscle of sport and market fish	22 PCB congeners	23.0 (4.48–95.6) ng/g ww (sport fish) 8.91 (2.96–68.2) ng/g ww (market fish)	Yim et al. (2005)
		40 species of marine organism	DL-PCBs	0.4×10^{-3} (0.008–0.6) $\times 10^{-3}$ WHO-TEQ _{ww}	Moon & Ok (2006)
	2005 to 2007	26 marine species (<i>n</i> = 78) collected annually during 2005–2007 from a large fish market in Busan	PCBs 8, 18, 28, 29, 44, 52, 87, 101, 105, 110, 118, 128, 138, 153, 170, 180, 187, 194, 195, 200, 205, 206	Range, 0.2–41 ng/g ww	Moon et al. (2009)
<i>Singapore</i>					
<i>Singapore (cont.)</i>	June 2002 to June 2003	Twenty types of seafood from local supermarkets	PCBs 17, 18, 28/31, 33, 44, 49, 52, 70, 74, 82, 87, 90, 101, 95, 99, 105, 110, 118, 128, 132, 138, 149, 151, 153, 156, 169, 170, 171, 177, 180, 183, 187, 194, 199, 201, 205, 206, 208, 209	Mean, 3.72 ng/g ww (range, 0.61–28.47 ng/g ww)	Baven et al. (2005)

DL-PCBs, dioxin-like polychlorinated biphenyls; ww, wet weight

Table 1.24 PCB concentrations in marine fish from China

PCB	PCB concentration (n/g ww)											
	South China Sea			Boahi Sea			East China Sea			Yellow Sea		
	Average concentration (n/g ww)	Contribution (%)	Average concentration (n/g ww)	Contribution (%)	Average concentration (n/g ww)	Contribution (%)	Average concentration (n/g ww)	Contribution (%)	Average concentration (n/g ww)	Contribution (%)	Average concentration (n/g ww)	Contribution (%)
PCB-25	0.10	5.0	6.7	10.7	38.8	7.5	111.9	11.1				
PCB-52	0.13	6.4	4.6	7.3	40.8	7.8	64.2	6.4				
PCB-101	0.35	17.3	8.6	13.7	48.3	9.3	88.1	8.7				
PCB-118	0.22	10.7	12.1	19.3	43.9	8.4	106.2	10.5				
PCB-138	0.66	32.4	11.2	17.8	167.1	32.1	336.5	33.4				
PCB-153	0.39	18.8	16.3	26.0	136	26.2	248.8	24.7				
PCB-180	0.19	9.4	3.3	5.3	45.0	8.7	52.4	5.2				
Σ 7 PCBs	2.0	–	62.8	–	520	–	1008	–				

PCB, polychlorinated biphenyl; ww, wet weight
 Data from [Liu *et al.* \(2011\)](#)

upper bound (lower bound) for the 50th, 90th and 95th percentiles were < 0.005 (< 0.005), 0.02 (0.01) and 0.03 (0.01) pg WHO₂₀₀₅-TEQ/g wet weight for PCDD/PCDF, respectively. For the total TEQ, the upper bound (lower bound) concentrations were 0.01 (< 0.005), 0.04 (0.02) and 0.07 (0.04) pg WHO₂₀₀₅-TEQ/g wet weight, respectively (EFSA CONTAM, 2012). Infant formulae showed upper bound concentrations below the current maximum levels (0.2 pg WHO₂₀₀₅-TEQ/g wet weight), with highest concentrations found in ready-to-eat meals containing fish or meat. Overall, a decrease in concentrations of DL-PCBs was observed for the three food groups available: “raw milk and dairy products,” “hen eggs and egg products” and “muscle meat from fishes other than eels.” Feed and food of animal origin contained higher concentrations of PCDD/PCDF and DL-PCBs combined (the non-ortho PCBs were the main contributors to the total TEQs) than foods from plant origin. PCB-153, PCB-138, and PCB-180 represented altogether 36.9–97.8% of the sum of PCB₆. The maximum levels were exceeded in 9.7% of the food samples and 2.3% of the feed samples for PCDD/PCDF and DL-PCBs combined, and in 3.0% of the food samples and 2.4% of the feed samples for the PCB₆. With respect to food categories, lower PCB concentrations were found in meat from sheep, eggs from battery rearing, farmed salmon and trout, and farm milk (which however showed higher concentrations of PCDD/PCDF and DL-PCBs combined than milk from bulk) (EFSA, 2012).

The Baltic Sea area is heavily contaminated with persistent organochlorine compounds, including PCBs (Kiviranta *et al.*, 2003), as is clearly attested by samples of fatty fish from the eastern coast in Sweden (Svensson *et al.*, 1995). In the most contaminated feed group, the highest relative contribution to the WHO₂₀₀₅-TEQ_{total} came from non-ortho PCBs, up to twice the average contribution (EFSA, 2012).

(b) Estimated daily dietary intake

In Europe, more than 90% of PCB exposure in the general population is via food consumption (EFSA, 2005; Table 1.25). Average daily dietary intakes of the sum of PCB₆ are in the range of 10–45 ng/kg bw for adults, and two and a half times higher in children. Limited exposure data for young children indicate that the average daily intake (breastfeeding excluded) of the sum of PCB₆ is about 27–50 ng/kg bw. Overall, the non-ortho PCBs represented 21.0–74.9% of the WHO₂₀₀₅-TEQ_{total} of PCDD/PCDF and DL-PCBs combined in food (EFSA, 2012), and the mono-ortho PCBs represented no more than 12% of the WHO₂₀₀₅-TEQ_{total}. In the most contaminated samples, such as products from aquatic animals and from ruminants, the relative contribution of the non-ortho PCBs ranged from 34.2% to 86.1%. Most likely due to an effect of the European risk management measures, a decrease in exposure to the sum of PCB₆ was observed between 2002–2004 and 2008–2010 in most but not all population groups, and it was estimated between 2.0% and 75.6%.

In the USA, the daily dietary intake of PCBs for adults decreased from 1978 (0.027 µg/kg bw) until 1986–1991 (< 1 ng/kg bw) (IPCS, 2003). Mean daily intakes for infants during the same period decreased from 11 to < 1 ng/kg bw. However, trends during 1991–1997 did not appear to decrease, and ranges of daily dietary intake were 3–5 ng/kg bw for adults, and 2–12 ng/kg bw for children of different ages (IPCS, 2003).

Daily dietary intake of PCBs from countries in Asia are presented in Table 1.26. In China, the estimated daily intake from four food groups of animal origin ranged from 0.09 to 0.59 pg TEQ/kg bw for DL-PCBs, which is lower than the daily intake in some developed countries (Liu *et al.*, 2013). A survey of food items on the market and typical consumption patterns in Japan reported a daily intake for the general population of 2.60 pg TEQ/kg bw per day (Koizumi *et al.*, 2005). Of

Table 1.25 Dietary exposure to PCBs for an average consumer on the European market

Food group	Mean Σ PCBs (ng/g)	Consumption (g/day)			Exposure (ng/day)		
		Italy	France	Sweden	Italy	France	Sweden
Cereals and cereal products	0.0213	270	218	292	6	5	6
Fruits and vegetables	0.0495	498	313	387	25	15	19
Eggs	0.73	18	17	15	13	12	11
Fats and oils	5.05	38	18	24	192	91	121
Meat and meat products	1.52	134	117	143	204	178	218
Offals	0.74	3	3	7	2	2	5
Fish and fish products	12.50	43	32	35	538	400	438
Milk	0.17	124	106	343	21	18	59
Cheese and dairy products	0.98	87	100	45	86	98	44
Total (ng/kg bw per day)		-	-	-	18.1	13.7	15.4
Total (ng/kg bw per day) for a high consumer of meat and meat products		-	-	-	22.0	17.6	18.9
Total (ng/kg bw per day) for a high consumer of fish and fish products		-	-	-	40.4	31.8	33.3

PCB, polychlorinated biphenyl
Adapted from [EFSA \(2005\)](#)

Table 1.26 Estimated daily dietary intake of PCBs in Asia

Country, region	Date	Source	PCBs measured	Mean daily intake	Reference
Japan, Fukuoka Prefecture	1969–70	Patients Individual consumption of oil was estimated by taking into account age, sex and the number of meals at home	PCBs, PCDFs, and PCQs	Estimated total intake: PCBs, 633 mg PCDFs, 3.4 mg PCQs, 596 mg	Hayabuchi et al. (1979)
Japan, eight sites from Hokkaido to Okinawa	1995 survey	Food duplicate study 40 women (mean age, 52 years)	11 PCB congeners (74, 99, 118, 138, 146, 153, 156, 163, 170, 180, and 182)	165.9 ng/day	Koizumi et al. (2005)
Japan, 75 different areas of 25 prefectures	Not reported	Food duplicate study 374 subjects, 86 men and 288 women (mean age, 48.0 years; range, 17–72 years)	12 PCBs	Mean PCB intake, 0.59 pg/kg bw per day Median PCB intake, 0.39 pg/kg bw per day	Arisawa et al. (2008)
Republic of Korea	2010	Estimated dietary intake 200 individual food samples from 40 different foodstuffs	62 PCB congeners, including 7 indicator PCBs and 12 DL-PCBs (PCB-1, 3, 4, 8, 10, 15, 18, 19, 22, 33, 37, 44, 49, 54, 70, 74, 87, 95, 99, 104, 110, 112, 128, 149, 151, 155, 158, 168, 170, 171, 177, 178, 183, 187, 188, 191, 194, 199, 201, 202, 205, 206, 208, and 209)	9.9 ng/kg bw per day	Son et al. (2012)

DL-PCBs, dioxin-like polychlorinated biphenyls; PCDFs, polychlorinated dibenzofurans; PCQs, polychlorinated quaterphenyls; ww, wet weight

these, 2.41 pg TEQ/kg bw per day was from ingestion of food, while inhalation and soil ingestion contributed only to 0.19 pg TEQ/kg bw per day. A “typical” Japanese person receives 120.7 pg TEQ per day through food consumption (mainly fish/shellfish, followed by meat/eggs).

In specific subpopulations with high dietary PCB exposure, such as Baltic Sea fishermen, the daily intake from fish of the sum of PCB₆ was estimated at 40 ng/kg bw, corresponding to a total daily intake of the sum of non-dioxin-like PCBs of 80 ng/kg bw, before taking into account the rest of the diet ([Lindell, 2012](#)).

In breastfed infants, the most recent WHO study of PCB exposure reported a mean daily intake of about 1600 ng/kg bw (range, 230–7300 ng/kg bw per day) for total PCB₆. Thus, exposure of infants to PCB₆ (and DL-PCBs) through human milk is about two orders of magnitude higher than the average daily intake by adults.

1.4.8 Occurrence in manufactured products other than commercial PCB preparations

In addition to commercial PCB preparations, many manufactured products contain PCBs as a result of contact with PCB products, as contaminants during manufacture, or as degradation products of other chlorinated compounds. For example, PCBs have been found in various paint pigments ([Hu & Hornbuckle, 2010](#); [Kuusisto et al., 2006](#)). Electronic equipment contains PCBs, which are released during dismantling.

Since the sampling and determination of the presence of PCBs is a difficult process, the Basel Convention has established a so-called “grey list” of materials and equipment that are suspected to contain PCBs ([Basel Convention, 2003](#)):

- Cable insulation
- Rubber and felt gaskets

- Thermal insulation material including fibre-glass, felt, foam and cork
- Transformers, capacitors (also contained in electronic equipment)
- Voltage regulators, switches, bushings and electromagnets
- Adhesives and tapes
- Oil, including that contained in electrical equipment and motors, anchor windlasses, hydraulic systems
- Surface contamination of machinery and other solid surfaces
- Oil-based paint
- Caulking
- Rubber isolation mounts
- Foundations mounts
- Pipe hangers
- Light ballasts
- Plasticizers.

1.4.9 Population biomonitoring

(a) Blood

The presence of PCBs in serum or blood may reflect exposure from any source ([Dewailly et al., 1988](#)). Results from different studies in humans have indicated that measurements of PCBs in serum generally reflect cumulative past exposure. Many PCB congeners can remain in the body for years after exposure, although some of the less chlorinated congeners are more volatile and consequently show shorter residence times.

(i) North America

[Hopf et al. \(2009a\)](#) provided an extensive review of reports on background levels of PCBs in the USA population. They concluded that serum concentrations increased up to 1979 and decreased after that, but that the background levels are still of concern. The NHANES survey over the period 2002–2004 reported increasing

concentrations of PCBs with age, and concentrations were higher in men than in women, and higher in African-Americans and Caucasians than in Mexican-Americans ([Patterson et al., 2009](#)). [Sjödin et al. \(2004\)](#) showed a decline in concentrations of PCB-153 between 1985 and 2002 in pooled samples from the NHANES study.

Several studies have looked at specific populations living near specific contaminated sites or eating contaminated fish ([Table 1.27](#)).

Serum concentrations for the sum of 17 congeners in Viet Nam veterans were 167.5 ng/L lipid adjusted, of which the major portion (116.6 ng/L) were di-*ortho* congeners ([Schechter et al., 1996](#)).

[Jarrell et al. \(2005\)](#) determined the sum of 24 congeners in pregnant women in Canada, and reported a mean value of 0.78 ng/L wet weight.

Because the less chlorinated PCBs are more volatile, teachers working in a school where caulk containing PCBs was used showed serum congener profiles that were enriched in less chlorinated congeners ([Herrick et al., 2011](#)).

[DeCaprio et al. \(2005\)](#) reported finding a pattern of PCB congeners in serum specific of young native Americans living near a PCB-contaminated waste site. This pattern was not clearly observed in older individuals because it was obscured by the greater concentrations of more persistent congeners, coming primarily from dietary exposure.

(ii) Europe

Several European studies on human biomonitoring have reported blood PCB concentrations in adults or children (summarized in [Table 1.28](#)). Past environmental contamination in industrial areas has polluted surrounding soils and forage, leading in turn to high blood PCB concentrations in the adult population. Age-related accumulation of PCBs has been observed in many studies ([Patterson et al., 1994](#); [Apostoli et al., 2005](#); [Park et al., 2007](#)), and may be partially explained by historical high levels of exposure in the 1970s.

In Germany, Environmental Surveys (GerES) were carried out in 1998 ([Becker et al., 2002](#)) and during 2003–2006 ([Becker et al., 2009](#)). GerES data show mean blood concentrations for the sum of PCBs of 1.3–1.7 µg/L in 1998 and of 286 ng/L in the more recent survey, with strong difference (factor of 5.6) between age groups 18–25 and 66–69 years. In Belgium in 2007–2011 ([Schoeters et al., 2011](#)), the Flemish Human Environmental Survey reported average blood PCB concentrations of 333 ng/g lipid. Average concentrations in the United Kingdom in 2003 were 170 ng/g lipid ([Thomas et al., 2006](#)). In Spain in 2004–2008, concentrations of the most common PCBs were in the range of 21.8 to 38.9 ng/g lipid ([Ibarluzea et al., 2011](#)). In France, blood analysis in the general adult population was first carried out in 1986 ([Dewailly et al., 1988](#)) and then in 2006–2007 (French Nutrition and Health survey; [Fréry et al., 2013](#)). The reported blood PCB concentrations in populations in industrial polluted areas such as Italy ([Turci et al., 2004](#); [Apostoli et al., 2005](#); [Turrio-Baldassarri et al., 2008](#)) and Slovakia ([Jursa et al., 2006](#)) were high compared with those in non-occupationally exposed populations such as in Sweden ([Salihovic et al., 2012](#)). In the Faroe Islands (Denmark), high concentrations of PCBs and hydroxylated PCBs in serum samples from pregnant women were attributed to the traditional diet, made of pilot whale meat, blubber and other marine food ([Fängström et al., 2002](#)).

The most frequently detected di-*ortho*-chlorine-substituted PCBs in population studies are PCB-138, PCB-153, and PCB-180 ([Glynn et al., 2000](#)), accounting for 65–78% of the measured sum of total PCBs ([Needham et al., 2005](#)). The seven PCB indicator congeners (118, 138, 153, 156, 170, 180, and 194) contributed to 99% of the total PCB levels, with a modest contribution from dioxin-like congeners ([Apostoli et al., 2005](#)).

In several countries in the European Union, a clear decrease in blood concentrations of PCBs has been observed in the last two decades. Overall,

Table 1.27 Serum concentrations of PCBs after consumption of PCB-contaminated fish, North America

Country, region	Sample	PCBs measured	Mean ng/g (ppb)	Reference
North Canada, Nunavik	Inuit women, <i>n</i> = 159	Sum of 14 congeners	313.2 ± 2 Range, 71.3–1951.3	Muckle et al. (2001)
USA, St Lawrence River	Native American adults, <i>n</i> = 753	Sum of 101 congeners	4.39 ± 4.18	DeCaprio et al. (2005)
USA, St Lawrence River	Native American adolescents		0.71 ± 0.668 (if not breastfed) 0.95 ± 0.806 (if breastfed)	Schell et al. (2008)
USA, Great Lakes	Fish consumers, <i>n</i> = 293 Fishing-ship captains, men	Sum of 89 congeners in µg/L (ppb) wet weight	4.2 (2.7), in 1994–95 2.8 (2.0), in 2001–05 6.3 (5.0), in 1994–95 1.2 (0.9) – 3.8 (3.0), in 2001–05	Knobeloch et al. (2009)
USA, Anniston, Alabama	Adult residents, <i>n</i> = 394	Sum of 35 congeners	4.72 ± 11.05 Range, 0.09–170.42	Goncharov et al. (2011)

PCB, polychlorinated biphenyl

mean whole blood concentrations of PCB-138, PCB-153, and PCB-180 appear to have decreased by approximately 80% in 20 years ([Link et al., 2005](#); [Hagmar et al., 2006](#); [Agudo et al., 2009](#); [AMAP, 2009](#)). Nevertheless, compared with North America ([CDC, 2005](#)), serum concentrations of PCB-138, PCB-153, and PCB-180 were higher by two- to fivefold in Germany in 1998 ([Heudorf et al., 2002](#)), or Italy in 2001–2003 ([Turci et al., 2004](#); [Apostoli et al., 2005](#); [Needham et al., 2005](#)). Similarly, serum concentrations of hydroxylated PCBs and methylsulfonyl-substituted metabolites of PCBs were higher by two to threefold in a contaminated area in a study in Slovakia ([Hovander et al., 2006](#)).

(iii) Asia

In Asia, PCB concentrations in several biological samples (including serum or whole blood, umbilical cord blood, hair, breast milk, adipose tissue, liver, kidney, and lung tissues) showed a wide range ([Table 1.29](#); [Schechter et al., 2003a](#)). Data specific to the Yusho and Yucheng patients are presented in [Table 1.30](#) and [Table 1.31](#), respectively.

(iv) South and Central America

[Rodríguez-Dozal et al. \(2012\)](#) analysed serum samples from pregnant women in Mexico for 19 congeners and Aroclor 1260. For Aroclor 1260 [calculated as the sum of PCB-138 and PCB-153 multiplied by 5.2], they reported regional differences (mean concentration, 31.1 ng/g lipid) and elevated concentrations from residents of Merida (maximum, 546.2 ng/g lipid). [Trejo-Acevedo et al. \(2012\)](#) measured serum PCB concentrations (sum of 14 congeners) from children living in a malaria-endemic area of Mexico, and reported a mean serum PCB concentration of 5892 ± 3895.7 ng/g lipid. In an analysis of PCB congeners in maternal blood of women in Sao Paulo State, Brazil, PCB-118, PCB-138, and PCB-153 were detectable in more than 70% of samples, and their concentrations were almost double in women from industrial areas compared with women from rural areas ([Rudge et al., 2012](#)).

(v) Africa

[Röllin et al. \(2009\)](#) reported overall low blood concentrations of PCBs (99, 118, 138, 153, 170, 180 and 187) in delivering mothers from seven geographical regions in South Africa. Large regional differences were observed, with women

Table 1.28 Blood concentrations of PCBs in various European countries

Country	Reference/study	Period	Age (years)	Number	PCBs measured	Mean	95th percentile
France	Dewailly et al. (1988)	1986	Men: 38	569	Σ 7 PCBi	4020 ng/L	5000 ng/L
	Fréry et al. (2009)	2005	30–65	1030	138, 153, 180	347 ng/g lipid	714 ng/g lipid
	ANSES (2011)	2009–10	18–75	606	138, 153, 180	305 ng/g lipid	1368 ng/g lipid
	Fréry et al. (2013)	2006–7	18–74	386	Σ 6 PCBi	681 ng/g lipid	3150 ng/g lipid
Germany	GerES III	1998	18–69	2815	138, 153, 180	287 ng/g lipid	721 ng/g lipid
	GerES IV (2008)	2003–6	7–14	1079		1858 ng/L	4977 ng/L
United Kingdom	Thomas et al. (2006)	2003	22–80	151	Σ 31 congeners	170 ng/g lipid	670 ng/g lipid
Belgium	Schoeters et al. (2011)	2007–11	50–65	1530	138, 153, 180	333 ng/g lipid	
Italy	Turci et al. (2004)	2001–3		162	Total PCBs	2480 ng/L	5240 ng/L
	Apostoli et al. (2005)	2003	20–79	311	Σ 24 congeners	897 ng/g lipid	2643 ng/g lipid
	Turrio-Baldassarri et al. (2008)	2004	Men: 51	94	Σ 6 congeners	866 ng/g lipid	
	Iursa et al. (2006)	2001–2	20–70	315	Σ 45 congeners	CA:5863 ng/g lipid RA:1245 ng/g lipid	Max: 55 334 ng/g lipid
Slovakia	Park et al. (2007)	2002–4	Pregnant	CA: 762 RA: 341	118, 153, 105, 138, 180, 170	CA: 734 ng/g lipid RA: 351 ng/g lipid	Max: 9015 ng/g lipid CA:2105 ng/g lipid RA: 469 ng/g lipid
	Agudo et al. (2009)	1992–6	35–64	953	138, 153, 180	459 ng/g lipid	
Spain	Ibarluzea et al. (2011)	2004–8	Pregnant	1259	138, 153, 180	88 ng/g lipid	
	Salihovic et al. (2012)	2001–4	70	Men: 495 Women: 517	138, 153, 180	Men: 600 ng/g lipid Women: 517 ng/g lipid	753 ng/g lipid 664 ng/g lipid

CA, contaminated area; PCB, polychlorinated biphenyl; RA, reference area; PCBi, indicator PCBs

Table 1.29 PCB concentrations in biological samples from populations in Asia

Country, region, Year	Subjects, participants	Samples	PCBs measured	Mean concentrations (standard deviation or range)	Reference
Taiwan, China 1994	Pooled blood of 50 women	Blood serum	PCBs 28, 52, 74, 66, 101, 153, 138, 187, 183, 156, 157, 180, 170	386 ng/g lipid	Guo et al. (1997)
Central Taiwan, China 2001	30 primiparous women (mean age, 27.8 yr; range, 20–35 yr)	Breast milk	PCBs 77, 81, 126, 169, 105, 114, 118, 123, 156, 157, 167, 189	4.87 (SD 8.04) pg TEQ/g lipid	Chao et al. (2003)
Central Taiwan, China 2000–1	20 pregnant women; mean age, 28 yr (range, 25–35 yr)	Placenta, milk, venous blood, and cord blood	12 DL-PCBs and 6 indicator PCBs	DL-PCBs: 5292 pg/g lipid in placenta, 10 170 pg/g lipid in milk, 9496 pg/g lipid in venous blood, and 3577 pg/g lipid in cord blood Indicator PCBs: 32 457 pg/g lipid in placenta, 55 425 pg/g lipid in milk, 36 416 pg/g lipid in venous blood, and 37 758 pg/g lipid in cord blood	Wang et al. (2004)
Taiwan, China 2004	Pooled blood plasma of 10 blood donors	Blood plasma	33 PCB congeners included PCB-8, 37, 44, 49, 52, 60, 66, 70, 74, 77, 82, 87, 99, 101, 105, 110, 114, 118, 126, 128, 138, 153, 156, 157, 158, 166, 169, 170, 179, 180, 183, 187, and 189.	187 ng/g lipid	Hsu et al. (2005)
East China July 11–13, 2006	64 male workers, aged 18–60 yr	Hair	PCBs (1668A-LCS, 1668A-IS)	Mean 1 600 pg/g dw (55 400–7 200 000 pg/g dw)	Wen et al. (2008)
China, Zhejiang April 2007 to January 2008	Surgical patients newly diagnosed for cancer (mean age, 65 yr; range, 32 to 94 yr)	Kidney, liver and lung tissues	27 PCB congeners	Median (range) in ng/g lipid: 382.15 (86.92–1403.92) (kidney); 460.00 (89.19–1742.57) (liver); 304.64 (104.85–373.25) (lung)	Zhao et al. (2009)
China, Shenzhen July to November 2007	60 samples from primiparous women living in areas not polluted by POPs (mean age, 28 yr; range 20–34 yr)	Breast milk	PCBs 28, 52, 101, 138, 153, 180, 77, 81, 126, 169, 105, 114, 118, 123, 156, 157, 167, 189	DL-PCBs: median (range): 4580 (1964–13 967) pg/g fat Indicator PCBs: 13.2 (3.4–39.2) pg/g fat	Deng et al. (2012)
China, Zhejiang Province 2008	74 women in rural areas (mean age, 25.0 yr; range, 19–29 yr) and in urban areas (mean age, 26.5 yr; range, 22–29 yr)	Breast milk	PCBs 77, 81, 105, 114, 118, 123, 126, 156, 157, 167, 169, 189, 28, 52, 101, 138, 153, 180	42 774 ± 27 841 pg/g lipid (urban group) 26 546 ± 11 375 pg/g lipid (rural group)	Shen et al. (2012)
India, six different locations, 2009	55 mothers, reproductive age, ranged 21–38 yr	Breast milk	¹³ C ₁₂ -labelled PCBs	3.1 to 5 400 ng/g lipid weight	Devanathan et al. (2012)

Table 1.29 (continued)

Country, region, Year	Subjects, participants	Samples	PCBs measured	Mean concentrations (standard deviation or range)	Reference
India, Bangalore and Chidambaram 2007	25 e-waste recycling workers	Serum	62 PCB congeners	360 pg/g ww	Eguchi et al. (2012)
India, Bangalore and Chidambaram 2007	20 residents near a coastal area	Serum	62 PCB congeners	140 pg/g ww	Eguchi et al. (2012)
Islamic Republic of Iran, Ahvaz and Noushahr cities, and the countryside of Noushahr	16 pregnant women in Noushahr (mean age, 26 yr; range, 16–43 yr) 21 pregnant women in Ahvaz (mean age, 27 yr; range, 18–36 yr)	Hair	PCBs 28, 52, 101, 118, 138, 143, 153, 180	Median (range): 9 (4–140) ng/g in Noushahr 8 (4–14) ng/g in Ahvaz 2 (undetected –15) ng/g in Noushahr countryside	Dahmardeh Behrooz et al. (2012)
November 2007 to January 2008	19 pregnant women in countryside of Noushahr (mean age, 25 yr; range, 15–36 yr)				
Japan, Fukuoka Prefecture April to June, 1991	Nine normal women (mean age, 30 yr; range, 25–32 yr)	Breast milk	PCB-77, PCB-126, PCB-169	Mean coplanar PCBs, 21.3 pg TEQ/g fat Mean PCB-77: 12.4 pg/g fat; Mean PCB-126: 183.7 pg/g fat; Mean PCB-169: 65.7 pg/g fat TEFs as proposed by the NAIO-CCMS (1988) , and those of the coplanar PCBs were calculated using data reported by Safe (1990) .	Matsueda et al. (1993)
Japan September 1994 to November 1996	31 normal volunteers (age, 20–61 yr)	Sebum, and blood	PCB-77, PCB-126, PCB-169	Mean PCBs, 447.3 pg/g lipid (sebum), and 204.6 pg/g lipid (blood)	Iida et al. (1999)
Japan 1998–9	28 patients with various illnesses (age, 19–87 yr)	Liver and adipose tissue	Non-ortho-PCBs	Mean (range): 20 (2.8–91) TEQ/g lipid (liver tissue) 17 (2.7–57) pg TEQ/g lipid (adipose tissue)	Takenaka et al. (2002)
Japan 1999–2000	80 women (mean age, 36.9 yr; range, 26–43 yr)	Serum	36 PCBs	Median, 0.46 (25th percentile, 0.35; 75th percentile, 0.66) nmol/g lipid	Tsukino et al. (2006)

Table 1.29 (continued)

Country, region, Year	Subjects, participants	Samples	PCBs measured	Mean concentrations (standard deviation or range)	Reference
Japan, Fukuoka Prefecture 2002–3	127 normal controls (age, 68.0 yr; SD, 5.4 yr)	Blood/serum	PCB-77, PCB-126, PCB-169	11.9 pg TEQ/g lipid	Todaka et al. (2007a)
Japan Born 1950–86	15 samples from 9 healthy subjects	Preserved umbilical cord	Dioxin-like PCBs (81, 77, 123, 118, 114, 105, 126, 167, 156, 157, 169, 189)	Mean (range): 2700 (250–12 000) pg/g	Aozasa et al. (2008)
Japan, Sapporo City July 2002 to July 2004	101 primiparous pregnant women (mean age, 28.8 yr; range, 18–40 yr) and 94 multiparous pregnant women (mean age, 32.3 yr; range, 28–47 yr)	Blood	PCBs 28, 44, 47/48, 49, 52/69, 56/60, 63, 66, 70, 71, 74, 85, 87, 92, 93/95/98, 99, 101, 107/108, 110, 117, 128, 130, 132, 134, 135, 137, 138, 139, 141, 146, 147, 151, 153, 163/164, 165, 170, 172, 177, 178, 179, 180, 181, 182/187, 183, 191, 194, 195, 196/203, 198/201, 200, 202, 205, 206, 207, 208, and 209	Mean (range): 114.5 ± 61.0 (42.2–329.3) ng/ g lipid (primiparous) 100.2 ± 48.2 ng/g lipid (31.5–258.0) (multiparous)	Todaka et al. (2008a)
Japan, Sapporo City, Hokkaido Prefecture July 2002 to July 2004	60 mothers (mean age, 31 yr; range, 21–47 yr)	Blood and breast milk	PCBs 77, 81, 126, 169, 105, 114, 118, 123, 156, 157, 167, 189	Mono-ortho PCBs, 13.4 ± 5.8 ng/g lipid (blood) and 14.4 ± 8.2 ng/g lipid (breast milk) Non-ortho PCBs 97 ± 10 pg/g lipid (blood); and 60 ± 28 pg/g lipid (breast milk)	Todaka et al. (2008b)
Japan, Fukuoka and Nagasaki prefectures Born 1970–3	Five babies born to healthy mothers	Preserved umbilical cord	DL-PCBs (77, 81, 126, 169, 105, 114, 118, 123, 156, 157, 167, 189)	0.1 pg TEQ/g dw	Nagavama et al. (2010)
Japan, Sapporo City July 2002 to October 2005	119 primiparous mothers (mean age, 30 yr; range, 21–40 yr)	Blood and breast milk	Non-ortho PCBs, mono-ortho PCBs, and 56 NDL-PCBs	120.2 ± 67.3 ng/g lipid (blood) 90.4 ± 51.6 ng/g lipid (breast milk)	Todaka et al. (2010)
Japan, Sapporo City July 2002 to October 2005	514 pregnant women (mean age, 32 yr; range, 22–41 yr)	Blood and breast milk	Non-ortho PCBs, mono-ortho PCBs, and 56 NDL-PCBs	Non-ortho PCBs, 77 ± 32 pg/g lipid (blood) and 51 ± 21 pg/g lipid (breast milk) Mono-ortho PCBs, 11.7 ± 5.7 pg/g lipid (blood) and 10.0 ± 5.2 ng/g lipid (breast milk) NDL-PCBs, 107 (16–326) ng/g lipid (blood) and 73 (12–252) ng/g lipid (breast milk)	Todaka et al. (2011)

Table 1.29 (continued)

Country, region, Year	Subjects, participants	Samples	PCBs measured	Mean concentrations (standard deviation or range)	Reference
Republic of Korea, Kyungpook May 2007 to May 2008	53 female myoma patients (mean age, 47 yr; range, 40–68 yr)	Adipose tissue	PCBs 8, 18, 28, 29, 44, 52, 87, 101, 105, 110, 118, 128, 138, 153, 170, 180, 187, 194, 195, 200, 205, 206	270 ± 140 ng/g lipid	Moon <i>et al.</i> (2012)
Russian Federation, Irkutsk Region 1992	Three groups of Siberians	Blood	PCBs 77, 126, 169	Mean TEQ, 2.0–25.2 ppt	Schecter <i>et al.</i> (2002)
Viet Nam, areas sprayed with Agent Orange 2006	Potentially exposed persons	Blood	Coplanar PCBs, mono-ortho PCBs	Coplanar PCBs TEQ, 1.1–5.6 pg/g lipid Mono-ortho PCBs TEQ, 1.8–7.3 pg/g lipid	Schecter <i>et al.</i> (2006)

DL-PCB, dioxin-like polychlorinated biphenyl; dw, dry weight; NDL-PCB, non-dioxin-like polychlorinated biphenyl; TEQ, toxic equivalent; ww, wet weight; yr, year

Table 1.30 PCB, PCDF, and PCDD concentrations in biological samples from the Yusho population, Japan

Region Period	Subjects/ participants	Sample	PCB measured	Concentration (mean, median, range)	Reference
Fukuoka, Saga, and Ishigaki cities 1970 in Saga; 1972 in Fukuoka; and 1972 in Ishigaki	<i>n</i> = 11 in Saga; <i>n</i> = 19 in Fukuoka; and <i>n</i> = 12 in Ishigaki	Adipose tissue, and breast milk	Mean PCBs	In Saga, PCBs in adipose tissue, mean, 2.6 (range, 0.5–5.3) ppm fat basis In Fukuoka, PCBs in breast milk, mean, 1.2 (range, 0.3–5.6) ppm fat basis In Ishigaki, PCBs in breast milk, mean, 0.4 (0.1–0.7) ppm fat basis	Masuda et al. (1974)
Japan 1973		Blood (<i>n</i> = 41), adipose tissue (<i>n</i> = 6), liver (<i>n</i> = 5)	PCB-118, 105, 153, 132, 156, 170, 180	Mean, 6.7 ppb in blood Mean, 2.5 ppm in adipose tissue Mean, 0.1 ppm in the liver	Masuda & Yoshimura (1982)
Fukuoka Prefecture 1981	59 Yusho patients aged > 40 years not receiving antihypertensive treatment	Blood/serum	Total PCBs	5.1 ± 2.3 ppb for men 6.4 ± 5.3 ppb for women	Akagi & Okumura (1985)
Japan 1988	259 patients (136 men and 123 women)	Blood/serum	Specific congeners not mentioned	Geometric means of PCBs and triglyceride: 3.84 (95% CI, 3.54–4.17) ppb and 114.3 (95% CI, 106.6–122.6) mg/dL, respectively Arithmetic mean of PCBs: 4.8 ppb (range, 0.6–320 ppb)	Hirota et al. (1993)
Japan September 1994 to November 1996	39 Yusho patients	Sebum, blood serum	PCB-77, PCB-126, PCB-169	428.1 pg/g lipid in sebum, and 390.7 pg/g lipid in blood	Iida et al. (1999)
Japan 2002	279 Yusho patients	Blood/serum	PCB-77, PCB-81, PCB-126, PCB-169	3.383 ± 2.765 (range 0.25–25.1) ppb	Uenotsuchi et al. (2005)
Japan 2002–3	279 Yusho patients in 2002 and 269 Yusho patients in 2003.	Blood/serum	PCB-77, PCB-81, PCB-126, PCB-169	125.0 pg-TEQ/g lipid	Todaka et al. (2005)
Fukuoka Prefecture 2002	279 Yusho patients and 92 Yusho-suspected persons	Blood/serum	PCBs 81, 77, 126, 169, 105, 114, 118, 123, 156, 157, 167, 189	Yusho patients: Non-ortho PCBs, 12.3 pg TEQ/g lipid; mono-ortho PCBs, 25.0 pg TEQ/g lipid Yusho-suspected persons: Non-ortho PCBs, 10.0 pg TEQ/g lipid; mono-ortho PCBs, 8.8 pg TEQ/g lipid	Todaka et al. (2007a)

Table 1.30 (continued)

Region Period	Subjects/participants	Sample	PCB measured	Concentration (mean, median, range)	Reference
Fukuoka Prefecture 2002-5	242 Yusho patients, 74 Yusho-suspected persons in 2004, and 237 Yusho patients and 114 Yusho-suspected persons in 2005	Blood/serum	PCB-77, PCB-81, PCB-126, PCB-169	Yusho patients: 12.3, 11.7, 10.6, and 11.0 pg TEQ/g lipid in 2002, 2003, 2004, and 2005, respectively Yusho-suspected persons: 10.0, 8.3, 8.3, and 10.5 pg TEQ/g lipid in 2002, 2003, 2004, and 2005, respectively	Todaka et al. (2007b)
Japan 2001-3	359 Yusho patients	Blood/serum	PCBs 81, 77, 126, 169, 105, 114, 118, 123, 156, 157, 167, 189	3.14 ng/g blood	Imamura et al. (2007)
Fukuoka Prefecture 2004-7	242, 237, 300, and 96 Yusho patients from 2004 to 2007, respectively, and 74, 113, 125, and 148 Yusho-suspected persons, respectively	Blood/serum	Concentrations of 64 PCB congeners: TriCB-(28, 29), TetraCB-(44, 47/48, 49, 52/69, 56/60, 63, 66, 70, 71, 74), PentaCB-(85, 87, 92, 93/95/98, 99, 101, 105, 107/108, 110, 114, 117, 118, 123), HexaCB-(128, 130, 132, 134, 135, 137, 138, 139, 141, 146, 151, 153, 156, 157, 163/164, 167), HeptaCB-(170, 172, 177, 178, 179, 180, 181, 182/187, 183, 189, 191), OctaCB-(194, 195, 196/203, 198/201, 200, 202, 205), NonaCB-(206, 207, 208), DecaCB-209	Yusho patients: 2004, 645 (40-3032) ng/g lipid; 2005, 760 (40-4723) ng/g lipid; 2006, 667 (74-2432) ng/g lipid; and 2007, 510 (51-2252) ng/g lipid Yusho-suspected persons: 2004, 355 (20-1418) ng/g lipid; 2005, 490 (64-4055) ng/g lipid; 2006, 397 (18-1850) ng/g lipid; and 440 (19-2183) ng/g lipid	Todaka et al. (2009a, b)
Fukuoka Prefecture 2002-8	26 pairs of Yusho mothers and their children (19 mothers, 26 children)	Blood/serum	PCB-77, PCB-81, PCB-126, PCB-169	In the formula-fed group: 12.65 pg TEQ/g lipid for the mothers, and 3.85 pg TEQ/g lipid for the children In the breast-fed group: 10.64 pg TEQ/g lipid for the mothers; and 3.27 pg TEQ/g lipid for the children	Tsukimori et al. (2011)
Japan [Period not specified]	27 Yusho patients	Blood/serum	Hydroxylated PCBs (4-OH-CB109, 4-OH-CB146 + 3-OH-CB153, 4-OH-CB187, 4'-OH-CB172)	Total mean (range), 687 (95-1740) pg/g ww Range of the major hydroxylated PCB metabolites: 4-OH-CB187 (54-906 pg/g ww), 4-OH-CB146 + 3-OH-CB153 (32-527 pg/g ww), 4-OH-CB109 (ND-229 pg/g ww) and 4'-OH-CB172 (ND-143 pg/g ww).	Tobiishi et al. (2011)
Japan 1968-2006 (the time of delivery of Yusho descendants)	64 Yusho mothers and 117 descendants (10 with FYD and 107 without FYD)	Maternal blood/serum	DL-PCBs (77, 81, 126, 169)	Black baby group, 57.6 pg TEQ/g lipid Non-black baby group, 31.8 pg TEQ/g lipid	Tsukimori et al. (2012)

Table 1.30 (continued)

Region Period	Subjects/ participants	Sample	PCB measured	Concentration (mean, median, range)	Reference
<i>Umbilical cord</i>					
Japan Yusho victims (1968–2000)	11 samples from 6 Yusho babies	Preserved umbilical cord	DL-PCBs (77, 81, 105, 114, 118, 123, 126, 156, 157, 167, 169, 189)	6500 (130–11 000) pg/g in three designated patients 580 (130–1400) pg/g in eight suspected patients	Aozasa et al. (2008)
Fukuoka and Nagasaki prefectures Born 1970–3	7 babies born to Yusho mothers	Preserved umbilical cord	DL-PCBs (77, 81, 105, 114, 118, 123, 126, 156, 157, 167, 169, 189)	0.3 pg TEQ/g dw	Nagayama et al. (2010)

dw, dry weight; FYD, fetal Yusho disease; PCB, polychlorinated biphenyl; PCDD, polychlorinated dibenzodioxins; PCDF, polychlorinated dibenzofurans; TEQ, toxic equivalent; ww, wet weight

Table 1.31 PCB concentrations in biological samples from Yucheng patients, Taichung County, Taiwan, China

Date of study	Patients	Sample	PCB measured	Concentration (mean, median, range)	Reference
1979–81	Children (n = 113)	Blood	PCBs	39 000 pg/g	Kashimoto et al. (1985)
1992	Mothers (n = 56)	Adipose tissue		2820 ± 300 (SE) ng/g	Guo et al. (1997)
1994–6	Adults (n = 42)	Sebum Blood	Dioxin-like PCBs	868.6 pg/g 714.4 pg/g	Iida et al. (1999)
1994	Adults (n = 414)	Serum	NR	1500 ng/g lipid (PCB-138 represented 29% of all measured PCBs)	Lung et al. (2005)
1994–5	Adults (n = 41)	Blood	NR	2468 ng/g lipid (13.3 ng/g sample) 133 pg/g (PCB TEQ in men) 127 pg/g (PCB TEQ in women)	Hsu et al. (2005) Lambert et al. (2006)

NR, not reported; PCB, polychlorinated biphenyl; SE, standard error; TEQ, toxic equivalent

from rural areas having the lowest levels of PCBs. PCB-138 and PCB-153 were found in the blood of mothers from all of the 61 sites studied at geometric mean concentrations of 3.56 and 3.2 ng/g lipid, respectively. [Ahmed et al. \(2002\)](#) reported the sum concentration of 29 congeners in blood from Egyptian women to be 61.9 ng/g. [Weiss et al. \(2006\)](#) reported concentrations of PCB-153 in infertile women in the United Republic of Tanzania to be 0.17 µg/kg. Sum PCB concentrations in serum samples from Bizerte, Tunisia, ranged from 37.5 to 284.6 ng/g lipid, with mean and median value of 136.1 ng/g lipid and 123.2 ng/g lipid, respectively. The PCB profile consisted mainly of persistent congeners such as PCB-138, PCB-153, and PCB-180 (82.7% of the sum of PCBs). PCB concentrations were significantly higher in men ($P < 0.05$) than in women ([Ben Hassine et al., 2014](#)).

(b) Human milk

Due to its high fat content, human milk can accumulate large amounts of PCBs, thus making it an ideal matrix for the determination of concentrations of PCBs and other lipophilic compounds, and can be sampled using non-invasive

techniques. In addition, human milk represents a good indicator of the body burden of lipophilic non-metabolized PCBs, since fat is mobilized for the production of milk during lactation. Animal studies and mass balance studies for humans have revealed that large amounts of PCBs can be eliminated through lactation ([Lindell, 2012](#)). Data are summarized in [Table 1.32](#).

(i) Global assessment

The transfer of PCBs from mother to infants via breast milk is an important source of exposure, and several factors (including maternal residence, age, and parity) can potentially affect levels of contaminants in breast milk. Because of the importance of breastfeeding for infants, contamination of human milk is of specific public concern.

The Stockholm Convention on Persistent Organic Pollutants (POPs) is a guidance document, the objective of which is to document the effectiveness of the implementation of the obligations under the Convention. The World Health Organization (WHO) introduced worldwide measurement campaigns to determine the exposure of infants to dioxin-like PCBs ([UNEP, 2012](#)).

Table 1.32 PCB concentrations in human milk, by country

Country, population	PCBs (WHO-TEQ pg/g fat)			Sum indicator PCBs (ng/g fat) ^a			Reference
	Mean	Median	Range	Mean	Median	Range	
<i>Europe, 1992–2003</i>							
Czech Republic	–	15.24	14.32–28.5	–	502	496–1009	Van Leeuwen & Malisch (2002)
Germany	–	13.67	12.8–14.3	–	220	188–238	Ulaszewska et al. (2011)
	DL-PCBs: 12.60 (in Duisburg)	–	–	–	–	–	
Greece	–	6.56 DL- PCBs	–	–	–	–	Costopoulou et al. (2006)
Italy (Milan, Rome, Venice)	–	16.29	11.02–19.33	–	253	195–323	Weiss et al. (2003) , Ingelido et al. (2007) , Abballe et al. (2008)
	–	–	DL-PCBs, 6.02–19.21 pg WHO ₂₀₀₅ -TEQ/g lipid	–	–	–	
Norway	–	8.9	6.56–9.61	–	119	106–132	Polder et al. (2008)
Spain	–	–	–	–	(Sum of PCB-138, PCB-153, PCB- 180) × 1.7: 1355 (in 1994) 653 (in 2000)	–	Cerná et al. (2008)
Spain	–	–	–	–	241	162–467	Schuhmacher et al. (2009)
	DL-PCBs, 4.8 pg WHO ₂₀₀₅ TEQ/g lipid	–	–	–	–	–	
Sweden	–	9.71	–	–	146	–	Norén & Meironyté (2000)
<i>North America</i>							
Canada, <i>n</i> = 86 women eating fish from Lake Ontario	–	–	153 (50th percentile)	–	–	–	Stewart et al. (2003)
Western Canada, <i>n</i> = 47 women	–	38.20	–	–	–	–	Jarrell et al. (2005)
Canada, Northern Quebec, Inuit women from Nunavik	–	385.0 ± 1.9 SD	75.7–1915.8	–	–	–	Muckle et al. (2001)
USA, North Carolina, <i>n</i> = 331 women	–	77	9–708	–	–	–	Pan et al. (2010)

Table 1.32 (continued)

Country, population	PCBs (WHO-TEQ pg/g fat)			Sum indicator PCBs (ng/g fat) ^a			Reference
	Mean	Median	Range	Mean	Median	Range	
<i>South and Central America</i>							
Brazil, Rio de Janeiro, n = 40 mothers	9.7	-	150	-	-	-	Paumgartten et al. (2000)
<i>Africa</i>							
Ghana, n = 67 mothers	62	-	15-160	-	-	-	Asante et al. (2011)
South Africa, Limpopo Province	10	-	-	-	-	-	Darnerd et al. (2011)
Tunisia	180	-	-	-	-	-	Ennaceur et al. (2008)
Zimbabwe	26	-	-	-	-	-	Chikuni et al. (1997)
<i>Asia</i>							
Japan	1.30 × 10 ³ (in 1972) 1.51 × 10 ³ (in 1974) 0.20 × 10 ³ (in 1998)	-	-	-	-	-	Environment Agency of Japan (1999)
China, n = 1237	5.42	5.11	Upper bound, 2.59-9.92	-	-	-	Li et al. (2009)
Total TEQ							
Estimated dietary intake of PCDD/PCDF + DL-PCBs in infants	28.0 pg TEQ/kg bw per day	-	14.2-48.6 pg TEQ/kg bw per day	-	-	-	

^a Indicator PCBs are PCBs 28, 52, 101, 138, 153 and 180 DL-PCB, dioxin-like polychlorinated biphenyl; PCB, polychlorinated biphenyl; TEQ, toxic equivalent

The evaluation of the Stockholm Convention has been applied (with slight changes) for five rounds of the UNEP/WHO survey. Often, human milk from primiparae mothers (for detail, see [UNEP, 2012](#)) is preferred to human blood, since sampling is non-invasive and PCBs are easier to detect (due to the higher lipid content of milk). It should be noted that for global assessment, the concentrations of dioxin-like PCBs (DL-PCBs) on a TEQ basis for the last three rounds of the UNEP/WHO survey on mothers' milk may be lower by 30% (range, 2–60%) if WHO toxic equivalency factors (TEFs) for 2005 (WHO₂₀₀₅-TEF) are applied, rather than those for 1998 (WHO₁₉₉₈-TEF). International chemical assessments report that the average concentration of PCBs in human milk fat ranges from 0.5 to 4 µg/g ([IPCS, 2003](#)). For the sum of PCB₆, the median is between 10.8–30.7 ng/g lipid, and maxima are between 37.1–65.8 ng/g lipid. Overall, the UNEP/WHO survey showed a correlation between maternal age and concentrations of DL-PCBs in breast milk, and lower concentrations of PCBs in breast milk of multiparous women when compared with primiparous women.

(ii) Americas

The mean concentration of PCBs in whole breast milk in Canadian women steadily increased from 6 µg/kg in 1970 to 12 µg/kg in 1975, and to 26 µg/kg in 1982, before declining to 6 µg/kg in 1986 ([IPCS, 2003](#)).

Recent data on concentrations of PCDD/PCDFs and DL-PCBs in human milk from South America were reported only for Brazil ([Paumgarten et al., 2000](#)).

(iii) Europe

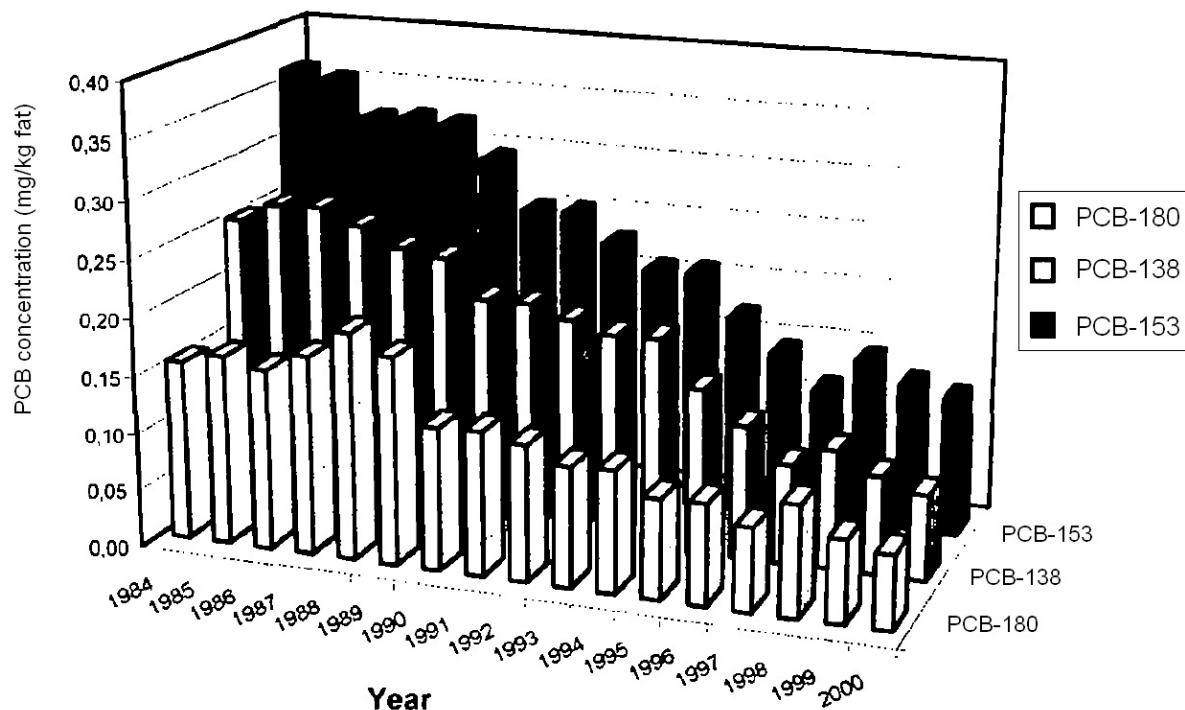
In Europe, concentrations of DL-PCBs (on a TEQ basis) and PCB indicators in human milk are considerably higher than in other regions of the world, a legacy from past exposures. For the sum of PCB₆, the median of 115.3 ng/g lipid is between 3.8 times and 10.7 times higher than in

other regions of the world, and maximum concentrations are up to 14.9 times higher ([IPCS, 2003](#)). However, a WHO survey identified a decrease in WHO-TEQ PCDD/PCDF and PCB concentrations in human milk over the last decade ([Van Leeuwen et al., 2002](#)). It was assumed that this decrease was the result of the ban of PCB use in open systems, and the strict regulations on the use of PCBs and on their disposal in closed systems.

Norén & Meironyté (referenced in [IPCS, 2003](#)) reported a steady decrease (from 910 to 324 ng/g lipid) in total PCB concentrations in the breast milk of Swedish women between 1967 and 1997. A declining trend could be observed for the sum of the PCB₆ in Germany, and mean values for the congeners PCB-138, PCB-153 and PCB-180 were approximately 60–70% lower in 2000 than in 1984 ([Fürst, 2001](#); [Fig. 1.8](#)). An approximately 74% decrease in DL-PCB concentrations during the last decade was reported in Italy ([Di Domenico & Turrio Baldassarri, 1990](#); [Weiss et al., 2003](#); [Abballe et al., 2008](#)). Analyses of milk samples from the Czech Republic also revealed a decline in median concentrations between 1994 and 2000, the strongest decrease being observed between 1994 and 1997 ([Cerná et al., 2008](#)). Nevertheless, it should be noted that concentrations in areas with heavy contamination did not show a significant decline in exposure over the past 10 years.

(iv) Asia

In Japan, a time-trend study showed that average PCB concentrations in human milk increased from 1.3 ng/g in 1972 to a peak of 1.5 ng/g in 1974, and then decreased by about 13% in 1998 ([Environment Agency of Japan, 1999](#)). In contrast, daily intake of PCBs from breast milk was estimated to decrease from 22.3 µg/g to 0.31 µg/g during this same period. [This trend reflects a change in PCB concentrations in food, due to both a decrease in contamination and more dependence on imported foods, which were less

Fig. 1.8 PCB concentrations in human milk in Germany, 1984–2000

From [Fürst \(2001\)](#)
PCB, polychlorinated biphenyl

contaminated than domestic foods ([IPCS, 2003](#)), and is consistent with the observed decline in PCB concentrations in the environment and in human tissues.]

In China, a national investigation of individuals in 12 provinces representing approximately 50% of the total Chinese population reported PCDD/PCDF-TEQ and total-TEQ in human milk from rural areas to be lower than those from urban areas ([Li et al., 2009](#)). Positive correlations were found between total-TEQ in human milk and the consumption of aquatic food and meat.

PCB levels in breast milk samples from women in Asia are summarized in [Table 1.29](#) and [Table 1.30](#).

(c) *Adipose tissue*

(i) *North America*

[Lordo et al. \(1996\)](#) reported PCB concentrations (sum of tetra- to octochlorobiphenyls) in pooled adipose tissue to be 672 ng/g in 1986, compared with 407 ng/g in 1982, and 508 ng/g in 1984. [Stellman et al. \(1998\)](#) reported a total PCB concentration of 267 ng/g in breast adipose tissue of healthy women from Long Island, New York. An approximation of Aroclor 1260 [summed concentrations of PCB-138 and PCB-153 multiplied by 5.2] measured in breast adipose tissue, was reported to be 870 ng/g ([Aronson et al., 2000](#)). [Muscat et al. \(2003\)](#) measured PCB concentrations (sum of 14 congeners) in breast adipose

tissue in women without metastatic breast cancer to be 361 ± 235.9 ng/g and 395.4 ± 279.3 ng/g, in women who did not have recurrence and women who did have recurrence, respectively.

(ii) *Europe*

The results of a study conducted in 1993–94 suggested that concentrations of PCBs in adipose tissue are the best indicator of long-term exposure or of total body burden of PCBs, compared with human milk or blood ([Kocan et al., 1994](#)).

PCB concentrations in adipose tissue of the general population in industrialized countries vary very widely, ranging from < 1000 to 5000 ng/g fat ([Falandyasz et al., 1994](#); [Holoubek et al., 1995, 2001b](#)). In a comparative study in Europe ([Van Bavel et al., 2003](#)), PCB concentrations in the population in Sweden were one third (mean, 661.9 ng/g fat; range, 247.2 – 1651.2 ng/g fat; $\Sigma 37$ PCBs) of those in the Hungarian samples.

(iii) *South and Central America*

Breast adipose tissue in 76 women from an agricultural region of north-eastern Argentina contained eight PCBs at very low levels (only 1.3% above detection limits), but high levels of *p,p*-dichlorodiphenyldichloroethane (DDE) and other pesticides ([Muñoz-de-Toro et al., 2006](#)).

The sum of four PCB congeners in children from Nicaragua was 530 ng/g lipid weight (2.0 ng/g wet weight) in those living and working near a waste-disposal site and eating fish from contaminated Lake Managua, 230 ng/g lipid weight (0.9 ng/g wet weight) in those living nearby but not working at the waste site and not eating fish, and 160 ng/g lipid weight (0.6 ng/g wet weight) in those living at a distance from the waste site and not eating fish ([Cuadra et al., 2006](#)).

(iv) *Asia*

PCB concentrations in adipose tissue were reported from Yusho and Yucheng patients (see [Table 1.30](#) and [Table 1.31](#)).

(v) *Adipose versus serum measurements*

[Arrebola et al. \(2012a, b\)](#) measured concentrations of three PCB congeners in serum and adipose tissue in adults from Bolivia. PCB-138 had median concentrations of 0.2 ng/mL in serum [33.7 ng/g lipid] and 84 ng/g in adipose tissue [105 ng/g lipid]. The median values for PCB-153 was 0.3 ng/mL in serum [59.0 ng/g lipid], and 52.7 ng/g in adipose tissue [65.8 ng/g lipid]. PCB-180 had median values of 0.1 ng/mL in serum [26.7 ng/g lipid] and 32.8 ng/g in adipose tissue [41.0 ng/g lipid].

(d) *Umbilical cord blood, placenta, and fetal tissue*

(i) *North America*

[Stewart et al. \(2000\)](#) reported cord blood PCB concentrations from women living along Lake Ontario and eating contaminated fish. The average cord blood PCB concentration was 0.525 ng/g wet weight [25th percentile, 0.174 ng/g wet weight; 75th percentile, 1.11 ng/g wet weight]. In plasma from umbilical cord in Inuit women from northern Canada, the geometric mean for the sum of 14 PCB congeners was 279.9 ng/g lipid (range, 70.8 – 1420.1 ng/g lipid) ([Muckle et al. 2001](#)). [Dallaire et al. \(2003\)](#) reported changes in concentrations in umbilical cord blood in this population over time, and found a 7.9% annual decrease between 1994 and 2000. [Choi et al. \(2006\)](#) measured 51 congeners in cord blood from women living near a PCB-contaminated site in Massachusetts, and reported a geometric mean of 0.40 ng/g (range, 0.068 – 18.14), with no consistent relationship with residential distance from the waste site. Consumption of meat and local dairy products (but not fish) were associated with higher cord blood PCB concentrations.

In women from New York state, [Schecter et al. \(1998\)](#) reported the concentration of three dioxin-like PCBs to be 18.2 pg/g lipid in placenta, giving a TEQ of 1.05. The concentrations of 14 single PCB congeners in plasma from Inuit

women from Nunavik and southern Quebec were highly correlated with those in placenta (Pearson's $r = 0.77-0.97$; $P < 0.001$), and concentrations in Inuit women were on average four times higher than in women from southern Quebec ([Pereg et al., 2002](#)). [Doucet et al. \(2009\)](#) analysed placenta from Canadian women having elective abortions in 1998–2006 and reported annual average total PCB concentrations ranging from 7 to 70 ng/g lipid, with no clear time trend.

(ii) *Europe*

[Koopman-Esseboom et al. \(1994\)](#) used the concentrations of four congeners (PCB-118, PCB-138, PCB-153, and PCB-180), as measured in umbilical cord blood and in breast milk, as indicators of exposure of the developing fetus and breastfed infant. For these congeners, the correlation coefficients between maternal plasma, cord plasma and human milk were highly significant.

[Soechitram et al. \(2004\)](#) analysed PCBs (PCB-118, PCB-138, PCB-146, PCB-153, PCB-156, PCB-180) and hydroxylated metabolites of PCBs (PCB-107, PCB-136, PCB-146, PCB-153, PCB-172, PCB-187) in samples of maternal plasma and corresponding cord blood in the Netherlands. The calculated ratio for cord versus maternal blood was 1.28 ± 0.56 for PCBs and 2.11 ± 1.33 for hydroxylated PCBs, expressed per gram of lipid. A significant correlation between the respective maternal and cord concentrations for both PCBs and hydroxylated PCBs was found. The results indicated that approximately 50% and 30% of hydroxylated PCBs and PCBs, respectively, was transferred across the placenta to the fetus.

(e) *Hair*

(i) *North America*

[Altshul et al. \(2004\)](#) reported median PCB concentrations (sum of 57 congeners) in hair of 2640 ng/g fat (range, 1180–3620 ng/g fat) in a population of students in Boston, USA. Washing hair with shampoo decreased concentrations of PCBs by 25–33% on average, and up to 62%

for less chlorinated congeners. [The Working Group considered that the analytical method was reliable and reproducible.] The concentrations of PCBs in hair were higher than in serum. Correlation between concentrations in hair and blood was moderate for the more persistent PCB congeners, with no or little correlation for the other congeners.

(ii) *Europe*

[Covaci et al. \(2002b\)](#) assessed PCB exposure in hair samples from Greece, Romania, and Belgium. Mean PCB concentrations in samples from Belgium were up to 14 ng/g hair, while concentrations in samples from Greece were about three times lower. Similar ratios of PCB-153 over total PCBs were found for all three countries.

(iii) *Asia*

One study measured PCB concentrations in the hair of pregnant women in various cities in the Islamic Republic of Iran (see [Table 1.29](#)).

1.5 Occupational exposure to PCBs

In 1978, an estimated 12 000 persons in the USA were exposed occupationally to PCBs ([Lloyd et al., 1976](#); [NIOSH, 1977](#)). Since the previous IARC evaluations of PCBs ([IARC, 1978, 1987](#)), occupational exposures to PCBs have changed, since most industrial countries have banned or partially banned their use. Nevertheless, the earlier references cited previously have been incorporated in the present monograph.

Earlier occupational exposures to PCBs occurred during PCB manufacture, capacitor and transformer manufacture and repair, production of carbonless copy paper, and accidental releases from these processes. More recent occupational exposures to PCB usually occur through PCB emissions via waste incineration, fires, and waste recycling.

1.5.1 PCB manufacture

The few available studies of occupational exposure among PCB-manufacturing workers have been performed in France, Italy, Japan, Poland and the USA. Workers' exposures during PCB manufacture have been mentioned since 1936 (Jones & Alden, 1936); air PCB concentrations ranged from 26 to 163 $\mu\text{g}/\text{m}^3$. Evidence of extensive exposures was available from two larger clinical studies in Slovakia in which workers' blood concentrations were measured at 1160–9600 ng/g lipid ($n = 242$) (Langer *et al.*, 1997), and 4905–6540 ng/g lipid ($n = 240$) (Langer *et al.*, 2002). These workers had been employed at the plant for at least 5 years, but no information was given regarding the type of activities that they had performed.

1.5.2 Capacitor manufacture

Before PCBs were banned, capacitor manufacturers filled (impregnated) casings with wound paper and foil/plastic with the PCB-containing oil before the top was fastened (crimped, sealed, soldered). PCB exposure (probably via the dermal route) occurred during filling: the capacitors were either flood-filled or manually filled, resulting in spills and worker exposures. The brand of PCB oil used differed geographically (Aroclors were used in the USA, Pyralene/Phenochlor in Sweden and Italy) and temporally (the percentage chlorination was reduced, e.g. there was a switch from Aroclor 1254, with 54% chlorination, to Aroclor 1242, with 42% chlorination).

Other chemical exposures in capacitor manufacturing were possible, such as from other impregnation oils (e.g. mineral oils), degreasing agents such as trichloroethylene (Brown & Jones, 1981; Bertazzi *et al.*, 1987), dibenzofurans (Gustavsson *et al.*, 1986), chlorinated naphthalenes, lead solder, epoxies, and methyl ethyl ketone (MEK) (Mallin *et al.*, 2004; Persky *et al.*, 2012). Ageing capacitors can from time to

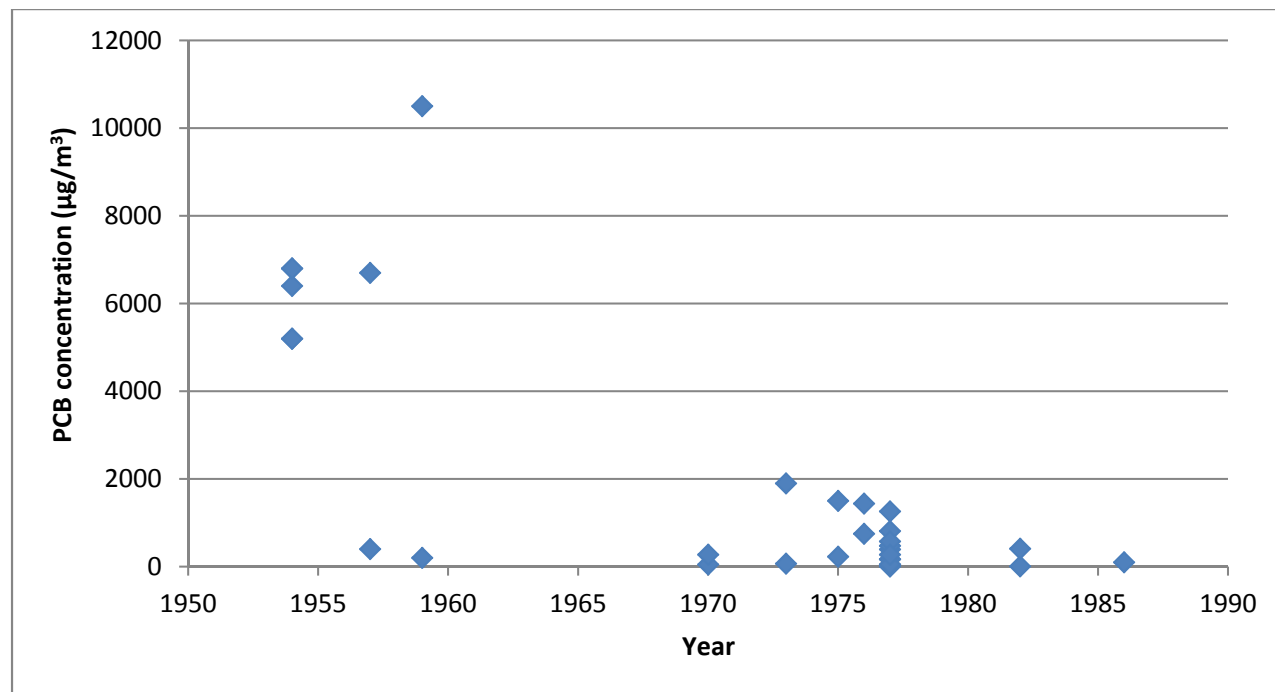
time explode [due to the physical stress of metal ageing], thus further exposing workers.

Fig. 1.9 shows ranges of air PCB concentrations in capacitor-manufacturing sites (Ouw *et al.*, 1976; Brown & Jones, 1981; Bertazzi *et al.*, 1982; Fischbein *et al.*, 1982; Lawton *et al.*, 1985; Gustavsson *et al.*, 1986). The earlier concentrations (measured in the 1950s–1960s) were highest (Bertazzi *et al.*, 1982), and decreased in later years.

In the 1950s, maximum PCB concentrations in workroom air in several plants in the USA (Massachusetts) were reported to be 200–10 500 $\mu\text{g}/\text{m}^3$ (Elkins, 1959). No details on the number of plants surveyed, nor the number of samples collected, or the work performed in the plants were given, but four different jobs were surveyed: for impregnating with PCBs, average air concentrations ranged from 200 to 5800 $\mu\text{g}/\text{m}^3$; for soldering, 800 $\mu\text{g}/\text{m}^3$; mixing oil, 600 $\mu\text{g}/\text{m}^3$, and regulator filling, 100 $\mu\text{g}/\text{m}^3$. No toxic effects were noted at these concentrations; however, it was noted that air PCB concentrations of $> 10\,000\ \mu\text{g}/\text{m}^3$ were “unbearably irritating.” This is contrary to a report in a Japanese capacitor-manufacturing plant where a dermatitis outbreak occurred when air PCB concentrations reached 100 $\mu\text{g}/\text{m}^3$ (Meigs *et al.*, 1954). Air PCB concentrations between 1953 and 1957 in a Japanese capacitor-manufacturing factory ranged from 400 to 6700 $\mu\text{g}/\text{m}^3$ (NIEHS, 1976).

Ouw *et al.* (1976) reported that workers in the electrical industry in Australia were exposed to Aroclor 1242 at air concentrations of 320–2220 $\mu\text{g}/\text{m}^3$, with a mean of 1270 $\mu\text{g}/\text{m}^3$; and were found to have PCB blood concentrations of approximately 0.4 g/kg bw. Contact with PCBs was primarily via the skin.

Brown & Jones (1981) measured air concentrations of Aroclor 1016 in two plants in the USA (New York and Massachusetts) plants in 1977. The time-weighted averages (TWA) were different for the two plants, with air concentrations at the New York plant being lower than at the Massachusetts

Fig. 1.9 Air PCB concentrations in capacitor manufacturing plants ($\mu\text{g}/\text{m}^3$) by year

Compiled by the Working Group using data from [Ouw et al. \(1976\)](#), [Brown & Jones \(1981\)](#), [Bertazzi et al. \(1982\)](#), [Fischbein et al. \(1982\)](#), [Lawton et al. \(1985\)](#) and [Gustavsson et al. \(1986\)](#)
 PCB, polychlorinated biphenyl

plant. For the New York plant, PCB concentrations in personal air samples ranged from 24 to 393 $\mu\text{g}/\text{m}^3$ ($n = 28$), and in area air samples from 3 to 476 $\mu\text{g}/\text{m}^3$ ($n = 19$). For the Massachusetts plant, PCB concentrations in personal air samples ranged from 170 to 1260 $\mu\text{g}/\text{m}^3$ ($n = 29$), and in area air samples from 50 to 810 $\mu\text{g}/\text{m}^3$ ($n = 25$). Air PCB concentrations (TWA) were extremely high during capacitor impregnation (New York: 160 $\mu\text{g}/\text{m}^3$, Massachusetts: 850 $\mu\text{g}/\text{m}^3$), degreasing (Massachusetts: 1260 $\mu\text{g}/\text{m}^3$), and sealing/soldering (New York: 393 $\mu\text{g}/\text{m}^3$, Massachusetts: 720 and 1060 $\mu\text{g}/\text{m}^3$). Capacitors that failed were sent for repair where they were re-opened and manually drained. Repair workers' PCB exposures were measured as 298 $\mu\text{g}/\text{m}^3$ (recovery), and 50 $\mu\text{g}/\text{m}^3$ (repair) in the New York plant. [These workers would also have had extensive dermal exposures, which were not assessed.]

Eight studies have reported PCB concentrations in workers' blood in Australia, Finland, Italy, Germany, and the USA ([Karppanen & Kolho, 1972](#); [Ouw et al., 1976](#); [Maroni et al., 1981a](#); [Bertazzi et al., 1982](#); [Acquavella et al., 1986](#); [Wolff et al., 1992](#); [Kannan et al., 1994](#); [Seegal et al., 2011](#); [Persky et al., 2012](#)). The reporting of PCB blood concentrations was not uniform, which hindered comparison across studies.

[Karppanen & Kolho \(1972\)](#) compared blood PCB concentrations in workers in a capacitor factory in Finland where Aroclor 1242 had been used as the impregnating fluid: the groups comprised laboratory workers handling PCBs ($n = 6$), impregnation workers ($n = 11$) employed for 4 years, and a control group ($n = 9$) that had never been professionally exposed to PCBs. Blood PCB concentrations were approximately 50 times greater in impregnation workers (0.07–1.9 $\mu\text{g}/\text{g}$)

than in the control group (0.003–0.012 µg/g), and were also higher in laboratory workers (0.036–0.062 µg/g) than in the controls. The pattern of PCB congeners in the exposed workers differed markedly from that of the PCBs actually used. More highly chlorinated PCBs persisted in the blood, while the less chlorinated PCBs contained in Aroclor 1242 had been eliminated from the body. [Consequently, the total PCB intake must have been higher than that reflected by the levels detected in blood.]

Total serum PCB concentrations have been reported to be 18.2 ppb ([Acquavella et al., 1986](#)) in a clinical survey among 205 workers at a capacitor-manufacturing plant in the USA. This mean value represented workers ($n = 205$) with (39%) and without (61%) potential for PCB exposure in their jobs. [The Working Group noted that PCB concentrations were not reported separately for workers with and without occupational PCB exposure.] Log serum PCB concentrations were found to be significantly correlated with duration of employment, age, cumulative occupational exposure, and fish and wine consumption, as confirmed by multiple linear regression.

In a study of mortality in Italy ([Bertazzi et al., 1982](#)), workers in the autoclave room were exposed to air PCB concentrations of 5200–6800 µg/m³ in 1954 ($n = 3$), and 48–275 µg/m³ in 1977 ($n = 9$). Eighteen workplace surface-wipe samples showed extensive PCB contamination (0.2–159 µg/cm²), as did nine hand-wipe samples (0.3–9.2 µg/cm²). Workers' serum PCB concentrations were reported by type of PCBs: for highly chlorinated PCBs (54% chlorination) ($n = 67$), the mean was 230.5 ppb (SD, 174.5), while for less chlorinated PCBs (42% chlorination) ($n = 67$) the mean was 114.1 ppb (SD, 79.6). In a later study ([Bertazzi et al., 1987](#)), the corresponding values were 202.8 ppb (SD, 111.7; $n = 37$) and 42.9 ppb (SD, 34.7; $n = 37$), respectively.

[Wolff et al. \(1992\)](#) studied PCB blood concentrations in capacitor workers in 1976 and 1979 in the USA. For the first sampling year, the mean

concentration of the less chlorinated PCBs (di-, tri-, and tetrachlorobiphenyls) was 55 ng/mL (range, 6–2257 ng/mL), and for the latter year was 41 ng/mL (range, 6–350 ng/mL). Mean concentrations of highly chlorinated PCBs were 10 ng/mL (range, 1–308 ng/mL) in 1976, and 13 ng/mL (range, 2–350 ng/mL) in 1979. These capacitor workers ($n = 60$) were also surveyed by the National Institute for Occupational Health and Safety in 1977 ([NIOSH, 1977](#)), when the following blood PCB concentrations were reported as follows: less chlorinated PCBs (quantified as Aroclor 1242), 2–3300 ppb (ng/mL), and more highly chlorinated PCBs (quantified as Aroclor 1254), 5–250 ng/mL.

About 30 years later (in 2003–2006), [Seegal et al. \(2011\)](#) measured blood concentrations of individual PCB congeners in some of these former capacitor workers, and found that concentrations had dropped statistically significantly: mean concentration of less chlorinated PCBs (PCBs 28, 56, 66, 74, 99, 101) was 2.84 ng/g or 0.45 µg/g lipid in men, and 2.29 ng/g or 0.34 µg/g in women; mean concentration of highly chlorinated PCBs (PCBs 105, 118, 138, 146, 153, 156, 167, 170, 172, 174, 177, 178, 180, 183, 187, 199, 203) was 4.09 ng/g or 0.65 µg/g lipid in men, and 3.21 ng/g or 0.47 µg/g lipid in women; and total PCB concentration was 7.47 ng/g or 1.19 µg/g lipid in men, and 5.81 ng/g or 0.86 µg/g lipid in women.

[Maroni et al. \(1981a\)](#) carried out a study in two Italian electrical-capacitor manufacturing plants using PCBs as a dielectric fluid. Plant A produced electric capacitors filled with a mixture of mineral oils and PCBs. PCBs with 54% chlorination were used from 1949 to 1965, and subsequently replaced with Pyralene 3010 with 42% chlorination. The power-capacitor casings were filled with PCBs in autoclaves, and were manually removed when cooled from 70 °C to 40 °C before they were welded, tested, and finished externally. Electric “filters” (small capacitor systems used in electrical household appliances)

were impregnated with PCBs. Plant B performed short-circuit testing of high-power capacitors filled with Apirolio, a PCB mixture with 42% chlorination. Stress-testing the capacitors often included explosions. Airborne PCBs were mainly trichlorobiphenyls and concentrations ranged from 48 $\mu\text{g}/\text{m}^3$ (filter operations) to 275 $\mu\text{g}/\text{m}^3$ (power-capacitor manufacturing). Surface-wipe samples showed both tri- and pentachlorobiphenyl mixtures, with the highest amounts being found on the capacitor basket rolling carrier: trichlorobiphenyls, 127 mg; and pentachlorobiphenyls, 15 mg. Plant A employed 67 workers (40 women and 27 men): 48 were currently employed in the capacitor-manufacturing departments, 16 had been employed there for at least 6 months before the beginning of the study, and 3 had always been employed in other non-manufacturing departments without direct exposure to PCBs. PCB recovery from the palms of the hands of power-capacitor workers (plant A) showed total PCB (tri- and pentachlorinated biphenyls) skin-surface concentrations to be 4–28 $\mu\text{g}/\text{cm}^2$. Mean (\pm SD) blood PCB concentrations differed between current ($377 \pm 190 \mu\text{g}/\text{kg}$) and past exposed workers ($292 \pm 161 \mu\text{g}/\text{kg}$); workers with occasional exposure had the lowest mean total PCB exposures ($110 \pm 31 \mu\text{g}/\text{kg}$). Blood PCB concentrations by job performed were highest for welders ($1259 \mu\text{g}/\text{kg}$), followed by impregnation workers ($556 \pm 337 \mu\text{g}/\text{kg}$), assembly of capacitors ($406 \pm 173 \mu\text{g}/\text{kg}$), and finally assembly of filters ($246 \pm 130 \mu\text{g}/\text{kg}$). The blood PCB concentrations were not correlated with duration of exposure, but with the percentage ratio of hours per year spent with direct exposure to PCBs. Plant B included 13 workers (all men) exposed to PCBs during handling of the capacitors contaminated with Apirolio, dispersed from explosions sometimes caused by stress-testing. Blood PCB concentrations in currently exposed workers in plant B ($200 \pm 146 \mu\text{g}/\text{kg}$) were between occasionally exposed ($110 \pm 31 \mu\text{g}/\text{kg}$) and past exposed workers ($292 \pm 161 \mu\text{g}/\text{kg}$) in plant A. Although

the PCB mixture used in both plants had a chlorine content of 42%, the workers differed in their ratio of penta- to trichlorobiphenyls; plant A workers had higher concentrations of pentachlorobiphenyls than of trichlorobiphenyls, while the reverse was true in plant B workers. This difference was attributed to the heavy past exposure to highly chlorinated PCBs used until 1965 in plant A. Workers with abnormal liver findings ($n = 16$) had twice the concentrations of tri- ($215 \pm 95 \mu\text{g}/\text{kg}$) and pentachlorobiphenyls ($308 \pm 306 \mu\text{g}/\text{kg}$) compared with workers ($n = 64$) without abnormal liver findings (tri- and pentachlorobiphenyl concentrations were 92 ± 64 and $176 \pm 108 \mu\text{g}/\text{kg}$, respectively) ([Maroni et al., 1981b](#)). Duration of exposure did not explain this observed difference.

One German capacitor-manufacturing worker was reported to have a blood PCB-169 concentration of 11 ng/g ([Kannan et al., 1994](#)).

After a capacitor explosion at a Finnish paper mill, workers' ($n = 15$) blood PCB concentrations were 3.5–48.3 $\mu\text{g}/\text{L}$ ([Luotamo et al., 1984](#)). [These levels were much lower than during capacitor manufacturing itself.]

In a recent cross-sectional study, [Persky et al. \(2012\)](#) reported blood PCB concentrations separately for diseased (having diabetes) and non-diseased (without diabetes) workers. In diseased workers, the concentrations were: DL-PCBs, 2.5 ng/g; NDL-PCBs, 17.0 ng/g; estrogenic PCBs [PCB-52, 99, 101, 110, 153], 3.6 ng/g; anti-estrogenic PCBs [PCB-105, PCB-156], 3.6 ng/g; and PCB-74, 4.9; PCB-99, 1.0 ng/g; PCB-118, 1.4 ng/g; PCB-138, 2.5 ng/g; PCB-146, 0.4 ng/g; PCB-153, 2.8 ng/g; PCB-156, 0.6 ng/g; PCB-170, 0.7 ng/g; PCB-180, 1.1 ng/g; PCB-187, 0.3 ng/g; PCB-194, 0.2 ng/g; PCB-201, 0.2 ng/g; PCB-203, 0.2 ng/g; and PCB-206, 0.1 ng/g. In non-diseased workers, the concentrations were: DL-PCBs, 0.4 ng/g; NDL-PCBs, 4.3 ng/g; estrogenic PCBs, 1.0 ng/g; anti-estrogenic PCBs, 0.1 ng/g; PCB-74, ng/g; 0.8, PCB-99; 0.3 ng/g; PCB-118, 0.2 ng/g; PCB-138, 0.6 ng/g; PCB-146, 0.1 ng/g; PCB-153,

0.8 ng/g; PCB-156, 0.1 ng/g; PCB-170, 0.2 ng/g; PCB-180, 0.4 ng/g; PCB-187, 0.1 ng/g; PCB-194, 0.1 ng/g; PCB-201, 0.1 ng/g; PCB-203, 0.1 ng/g; and PCB-206, 0.04 ng/g.

1.5.3 Transformer manufacture and repair

Transformer manufacture was very similar to capacitor manufacture. Transformers were filled with PCBs, but the impregnation fluid was usually diluted with other chlorinated solvents (e.g. trichlorobenzene; [Greenland et al., 1994](#)), and sold under different names such as Askarel (Inerteen), Pyranol, Chlophen, Apiolio, and Derol ([Kerns, 1975](#); [Lees et al., 1987](#); [Emmett et al., 1988](#); [Kalina et al., 1991](#); [Greenland et al., 1994](#); [Yassi et al., 1994](#); [Altenkirch et al., 1996](#); [Loomis et al., 1997](#); [Caironi et al., 2005](#)).

Although air concentrations from transformer manufacture were not available, two studies reported air PCB concentrations during transformer repair in two different USA plants ([Lees et al., 1987](#); [Emmett et al., 1988](#)). Work activities were sampling and testing transformer fluids for dielectric properties, topping up transformers when oil levels were low, clean-up of any spills or leaks, repair of transformers by drainage of transformer oil to replace parts, and periodic filtering of the transformer oil to upgrade its dielectric properties. Ranges of air PCB concentrations for several job tasks were reported: repair and clean-up ($n = 3$), 43.1–60.0 $\mu\text{g}/\text{m}^3$ and TWA, 16.7–24.0 $\mu\text{g}/\text{m}^3$; clean-up of PCB leakage ($n = 3$), 0.1–3.1 $\mu\text{g}/\text{m}^3$ and TWA, 0.01–0.4 $\mu\text{g}/\text{m}^3$; and secondary oil leak repair and clean-up ($n = 15$), 2.1–17.1 and TWA, 0.7–12.4 $\mu\text{g}/\text{m}^3$ ([Emmett et al., 1988](#)). Other job tasks for which concentrations were reported were draining and pumping transformer oil ($n = 9$), 1.1 $\mu\text{g}/\text{m}^3$; transformer repair ($n = 15$), 1.2 $\mu\text{g}/\text{m}^3$; network repair ($n = 6$), 0.5 $\mu\text{g}/\text{m}^3$; topping-up transformer oil ($n = 3$), 0.5 $\mu\text{g}/\text{m}^3$; explosion spill clean-up ($n = 16$), 1.7 $\mu\text{g}/\text{m}^3$; and filtering transformer oil ($n = 6$), 6.1 $\mu\text{g}/\text{m}^3$ ([Lees et al., 1987](#)). Transformer-repair

activities included handling transformer parts that were wet with transformer fluid without protective gloves, resulting in extensive dermal exposure. In one case, a maintenance transformer worker involved in cleaning up transformer fluid spills daily had a plasma PCB concentration of 250 $\mu\text{g}/\text{L}$ ([Tröster et al., 1991](#)). [This value is comparable to highly exposed capacitor-manufacturing workers.]

1.5.4 Waste incineration of PCB materials

Ten studies from seven countries (USA, Germany, Spain, Japan, the Republic of Korea, Belgium, and Poland) reported PCB exposures during waste incineration of PCB materials ([Colucci et al., 1973](#); [Angerer et al., 1992](#); [Wrbitzky et al., 1995](#); [Gonzalez et al., 2000](#); [Kitamura et al., 2000](#); [Domingo et al., 2001](#); [Raemdonck et al., 2006](#); [Mari et al., 2009](#); [Park et al., 2009](#)). The PCB congeners frequently reported in this industry were PCB-28, PCB-138, PCB-153, and PCB-180. The distribution of PCB congeners in plasma depended on the type of waste material, the furnace (age and type), and the workers' activities. During burning of waste in a waste-incinerating plant, heat from combustion gases is recuperated in a cauldron to produce electricity. PCBs are, together with dioxins, produced by synthesis from organic substances and chlorine during this and subsequent cooling-down processes. PCBs (with dioxins) precipitate onto particulate matter (fly ash) and are trapped in the filter ([Raemdonck et al., 2006](#)).

Exposed refuse workers ($n = 37$) in the USA had a median plasma PCB concentration of 2.6 ppb (maximum, 14.1 ppb) ([Colucci et al., 1973](#)). [No methods were reported.] Hazardous-waste workers ($n = 53$) in Germany had a mean plasma PCB concentration of 6.33 $\mu\text{g}/\text{L}$ calculated as the sum of PCB congeners PCB-138 (1.86 $\mu\text{g}/\text{L}$) + PCB-153 (2.83 $\mu\text{g}/\text{L}$) + PCB-180 (1.65 $\mu\text{g}/\text{L}$), which was not significantly different

from controls (6.22 µg/L) in the same study ([Angerer et al., 1992](#)).

Another study in Germany ([Wrbitzky et al., 1995](#)) reported mean plasma PCB concentrations in waste-incineration workers (total PCBs, 3.10 µg/L; range, 1.59–6.89 µg/L) that were approximately half those in the previously described study ([Angerer et al., 1992](#)). The total PCBs were the sum of the same PCB congeners as previously reported: PCB-138, 0.95 µg/L (range, 0.49–2.60 µg/L); PCB-153, 1.38 µg/L (range, 0.97–3.10 µg/L); PCB-180, 0.79 µg/L (range, 0.32–1.63 µg/L). Concentrations of PCB-28, PCB-52, and PCB-101 were below the limit of detection (< 0.2 µg/L). These workers operated the incinerator, control panels, electronics, waste gas and transfer stations, and maintained and cleaned boilers and furnaces. Workers employed in the central laboratory, incoming control and sampling, chemical-sorting station, waste-water purification, and mechanical workshop among other periphery jobs had blood PCB concentrations similar to those of workers in management. Concentrations in exposed workers were: total PCBs, 2.82 µg/L; range, 1.21–7.03 µg/L, and this was the sum of PCB-138 (0.87 µg/L; range, 0.24–2.35 µg/L), PCB-153 (1.22 µg/L; range, 0.27–2.83 µg/L), and PCB-180 (0.72 µg/L; range, 0.32–3.48 µg/L). Concentrations in workers in management were: total PCBs, 3.19 µg/L (1.59–7.53 µg/L); PCB-138, 0.98 µg/L (0.49–1.98 µg/L); PCB-153, 1.42 µg/L (0.67–3.37 µg/L); PCB-180, 0.80 µg/L (0.43–2.18 µg/L). [Of the six PCB congeners analysed, only these three were detected.]

Waste-incinerator workers in a plant in Spain were reported to have mean total PCB concentrations of 1.47 µg/L: as in the German study, this was the sum of congeners PCB-138 (0.36 µg/L) + PCB-153 (0.49 µg/L) + PCB-180 (0.57 µg/L) ([Gonzalez et al., 2000](#)). Congeners PCB-28 and PCB-52 were not detected, and the concentration of PCB-101 was very low (0.02 µg/L). In another study in Spain, congener-specific concentrations

were reported as means (and geometric means): PCB-28, 18.5 (12.9) µg/kg lipid; PCB-52, 10.4 (7.5) µg/kg lipid; PCB-101, 9.0 (7.1) µg/kg lipid; PCB-138, 151 (129) µg/kg lipid; PCB-153, 213 (182) µg/kg lipid; and PCB-180, 209 (158) µg/kg lipid ([Domingo et al., 2001](#)). [Although the distribution of congeners differed between the two studies, the PCB concentrations could not be directly compared as the latter values were lipid-adjusted.]

[Kitamura et al. \(2000\)](#) reported blood PCB concentrations in Japanese waste workers ($n = 94$) for other PCB congeners: mean (median) PCB-77, 148.59 (149.07) pg/g lipid; PCB-126, 131.81 (98.60) pg/g lipid; and PCB-169, 104.55 (90.45) pg/g lipid. [None of these congeners were measured in the other studies.]

Workers ($n = 15$) employed as operators for incinerators, boiler-maintenance, furnace maintenance, control panel, and waste-gas washing had a mean concentration of total PCBs of 115.7 µg/kg lipid (PCB-28, 0.7 µg/kg lipid; PCB-138, 17.5 µg/kg lipid; PCB-153, 45.5 µg/kg lipid; PCB-180, 52 µg/kg lipid) ([Mari et al., 2009](#)). The sum of congeners PCB-138 + PCB-153 + PCB-180 in this study resulted in a total concentration of 115 µg/kg lipid, which was five times lower than that reported in the workers in Spain (573 µg/kg lipid) ([Domingo et al., 2001](#)).

In 26 waste-incineration workers from the Republic of Korea, [Park et al. \(2009\)](#) found a mean concentration of total PCBs of 214.93 ng/g lipid (median, 161.13 ng/g lipid), of which hexachloro- and heptachloro-congeners accounted for 70% (congeners measured, PCB-77, PCB-81, PCB-105, PCB-114, PCB-118, PCB-123, PCB-126, PCB-156, PCB-157, PCB-167, PCB-169, and PCB-189). [Co-exposures to dioxins, furans, and other combustible products found in fly-ash are common for waste-incineration workers.] The waste-incinerator workers did not have statistically significantly higher PCB concentrations than control subjects ($n = 7$) (mean PCB concentration, 19.13 ng/g lipid; median, 94.63 ng/g lipid).

1.5.5 Electronic-waste recycling and scrap-metal dealers

One study reported PCB exposures of workers in e-waste recycling in China ([Wen et al., 2008](#)). However, they did not report air or serum PCB concentrations, but PCB concentrations in hair samples collected from 94 workers. The PCB concentration range was 55.4–7200 ng/g.

In 17 scrap-metal dealers in two plants in the USA, mean serum PCB concentrations were 7.5 ppb (range, 1–65.3 ppb) ([Malkin, 1995](#)). Serum PCB concentrations were significantly related to eating lunch outside the lunchroom [suggesting hand-to-mouth contact as a source of exposure]. The gas-chromatography peak pattern resembled that of Aroclor 1260. [Both waste recycling and scrap handling result in coexposures to dioxins and metals.]

1.5.6 Locomotive-repair workers

Locomotive-repair workers ($n = 120$) in the USA were found to have elevated serum concentrations of PCBs, which was attributable to exposure to transformer fluids (Pyranol, Inerteen, Aroclor) ([Chase et al., 1982](#)). Workers were divided into three exposure groups: “exposed” workers who had frequent opportunity for direct contact with PCB-containing transformer fluids; “nominally exposed” workers in the facility did not have opportunity for contact with PCBs; and “non-exposed” workers whose work environment did not involve any PCB fluids. Workers’ plasma PCB concentrations were: exposed workers, 33.4 ppm (10–312 ppm); nominally exposed workers, 14.2 ppm (10–30 ppm); and non-exposed workers, 12.0 ppm (10–27 ppm).

1.5.7 Miscellaneous use of PCB oil

PCBs can be emitted by several other sources, including light ballasts and microscopic immersion oil, which contains 30–45% PCBs. Fluorescent light ballasts emit PCBs during

burnout ([IARC, 1978](#)) and air concentrations depend on the distance from the source. Since the previous *IARC Monograph* on PCBs ([IARC, 1978](#)), no new studies regarding PCB exposures during work with carbonless copy paper, microscopic immersion oil, or after a fluorescent light ballast burnout have been published.

One study reported a PCB air measurement from a carbonless copy paper stockroom of 0.07 mg/m³ ([Tatsukawa, 1976](#)). [Hasegawa et al. \(1973\)](#) reported that blood PCB concentrations in workers in carbonless paper producing plants (0.01–0.02 µg/g) 2 years after exposure were 10% those found during the period when the PCBs were used. No air or biological monitoring data have been published to assess the extent of PCB exposures during the use of microscope oil ([Bennett & Albro, 1973](#)). Four and a half hours after burn-out of a ballast, the concentration of PCBs was the highest (166 µg/m³) 1 m below the burned-out ballast, while the lowest concentration (12 µg/m³) was found at a distance of 4.5 m from the fixture ([Staiff et al., 1974](#)).

In 1958–1978 in Canada, areas around transformers mounted outdoors were treated with phenoxy herbicides (2,4-D and 2,4,5-D) to reduce foliage ([Hay & Tarrel, 1997](#)). To increase adherence of the herbicides to the plant leaves, herbicide sprayers ($n = 225$) would mix 4 pounds [1.8 kg] of phenoxy herbicide with 10 gallons [37.9 L] of used transformer fluid and 90 gallons [340.7 L] of water before spraying. PCB exposures were not measured during this operation.

Use of Aroclor 1254 was reported in a petrochemical plant in the USA during the 1950s, where 31 men had been “heavily exposed” ([Bahn et al., 1976](#)). No information regarding how PCB was used was given [but could have been PCBs used as fluids for hydraulic and heat-transfer systems]. No air or blood concentrations of PCBs were reported.

United States navy vessels built between 1946 and 1977 commonly contained PCBs in insulation material, electrical cable, and ventilation

gaskets ([Still et al., 2003](#)). In nuclear submarines, PCBs were also used in soundproofing material, missile-launch tubes, electrical cables, banding and sheet rubber, heat-resistant paints, hull coatings, and electrical transformers. Activities associated with PCB exposure during dismantling of these vessels were transformer clean-up and removal; cutting/crushing of PCB-contaminated steel, steel-shot blasting of PCB-contaminated surfaces, chiselling/hand-chipping of PCB-contaminated surfaces, and shovelling/sweeping of PCB-contaminated debris. Surface-wipe sampling showed PCB amounts ranging from non-detects to 11 000 µg/100 cm². [Information for PCB exposure in the military is scarce.]

Cumulative lifetime exposure to PCBs among Mohawk men at Akwesasne (a Native American community of more than 10 000 persons located along the St Lawrence River in New York, Ontario, and Quebec) who had been occupationally exposed to PCBs was positively associated with serum total PCB concentration ($P = 0.03$) (other non-occupational sources such as fish consumption and living close to hazardous waste sites discussed in the article are not referenced here). The congener profile was most similar to that of Aroclor 1248, the commercial mixture used at local industrial facilities ([Fitzgerald et al., 2007](#)) as a hydraulic fluid in a foundry's die-casting machines from 1959 to 1974, and as a component in aluminium-processing heat-transfer equipment. The occupational exposure of Mohawk men was independently assessed by two occupational hygienists as the probability of exposure to PCBs for all jobs of more than 6 months duration with the following qualitative ratings: (1) definitely not exposed; (2) possibly exposed; (3) probably exposed; and (4) definitely exposed. These ratings were assigned weights of zero, 0.25, 0.5, and 1.0, respectively. The weights for each job were then multiplied by duration of employment in that job, and the results were summed over all jobs to estimate cumulative

lifetime occupational exposure to PCBs for each man. [The Working Group noted that this population was also exposed environmentally (see Section 1.4.1(a)).]

A qualitative PCB exposure assessment among welders in Sri Lanka was performed recently ([Lankatilake et al., 2012](#)). PCB oil extracted from discarded transformers was widely used as coolant oil in small-scale welding facilities in Sri Lanka to facilitate heat transmission and thereby assist in the cooling process. Exposure to coolant oil occurs during replacement of the coolant and while repairing machinery. The amount of coolant oil used in a welding machine depends on the type of machine, but on average is about 5 L. During repairs, there is a high risk of exposure to PCBs in the transformer oil.

1.5.8 Occupations with exposure to PCB by-products

PCBs have also been reported as a by-product in an electric arc furnace steelmaking plant in the United Kingdom ([Aries et al., 2008](#)). Air PCB concentrations in decreasing order by department were: melting shop, 586 pg/m³ (range, 144–1313 pg/m³); casting area, 187 pg/m³ (range, 73–272 pg/m³); control cabin, 99 pg/m³ (range, 57–129 pg/m³). The most prominent congeners were PCB-118 (100–500 pg/m³), PCB-105 (10–80 pg/m³), and PCB-77 (5–35 pg/m³).

Using static high-volume samplers (0.2 m³/min for 12 hours or 24 hours) in a basic oxygen steelmaking (BOS) and iron ore sintering plant, [Jackson et al. \(2012\)](#) calculated mean TEQ pg/m³ for the by-products PCDD/F and PCBs. The BOS process involves the transfer, desulfurization, and refining of hot metal in a steel converter, and secondary steelmaking treatments. Sintering is a process for blending and fusing iron-ore fines, fluxes, coke, and recycled materials (grit and dusts from other processes). Air concentration ranges were: sinter plant, 0.19–3.72 TEQ pg/m³ ($n = 12$); and BOS plant, 0.08–0.71 TEQ pg/m³ ($n = 24$). In

all instances, concentrations of PCBs were much higher than of PCDD/Fs. PCB-126 contributed significantly to the total TEQ (5–20%).

PCBs have been reported as a by-product in penta- and trichlorophenol wood-preservation pesticide manufacturing with PCDFs and PCDDs ([Hryhorczuk et al., 1998](#); [Collins et al., 2008](#)). Serum PCB concentrations (sum of PCB-77, PCB-81, PCB-126, and PCB-169) were measured by the company in these workers ([Collins et al., 2008](#)): for pentachlorophenol workers only ($n = 26$; period exposed, 1944–1980) 73.6 pg/g lipid; trichlorophenol workers only ($n = 12$; period exposed, 1954–1979): 75.9 pg/g lipid; pentachlorophenol and trichlorophenol workers ($n = 14$; period exposed, 1961–1980): 86.3 pg/g lipid; tradesmen ($n = 10$): 121.1 pg/g lipid. These PCB concentrations were not much different from those of a selected reference population ($n = 36$; 75.0 pg/g lipid).

1.5.9 Removal of PCB-containing sealants

PCB-containing sealants were used in building construction before PCBs were banned in that country. For example, sealant used in Sweden contained 4.7–8.1% Clophen A40 ([Sundahl et al., 1999](#)). Air PCB concentrations of 10–120 $\mu\text{g}/\text{m}^3$ were reported after removal of the sealant by a variety of methods: cutting the elastic sealant with an oscillating knife; grinding the concrete with a mechanical machine; sawing the concrete with a mechanical saw; or cutting the concrete with a mechanical chisel. The removal methods were changed by equipping the tool with suction, which reduced air PCB concentrations to non-detects to 3.1 $\mu\text{g}/\text{m}^3$ ([Kontsas et al., 2004](#)). Serum PCB concentrations in sealant-remover workers were 0.6–17.8 $\mu\text{g}/\text{L}$ (mean, 3.9 $\mu\text{g}/\text{L}$; and median, 1.9 $\mu\text{g}/\text{L}$). For highly chlorinated PCBs, the mean was 3.5 $\mu\text{g}/\text{L}$ (median, 1.6 $\mu\text{g}/\text{L}$), and for less chlorinated PCBs, the mean was 0.4 $\mu\text{g}/\text{L}$ (median, 0.2 $\mu\text{g}/\text{L}$). Correlation between concentrations in air and serum was only noted for PCB-28 and PCB-52.

During sealant removal in Finland, total PCB concentration in dust samples was 0.026 mg/m^3 ([Priha et al., 2005](#)). Congeners determined in the sealant were: PCB-28, 82 mg/kg ; PCB-52, 3030 mg/kg ; PCB-77, 37 mg/kg ; PCB-101, 10 325 mg/kg ; PCB-118, 6145 mg/kg ; PCB-126, 42 mg/kg ; PCB-138, 11 765 mg/kg ; PCB-153, 11 185 mg/kg ; PCB-169, 32 mg/kg ; and PCB-180, 7254 mg/kg ([Priha et al., 2005](#)).

Swedish construction workers removing PCB-containing sealants had serum PCB concentrations (sum of 19 congeners) of 575 mg/g lipid, while controls (construction workers not involved in PCB abatement work) had levels of 267 mg/g lipid ([Seldén et al., 2008](#); [Wingfors et al., 2006](#)). Concentrations of PCB-180 were not significantly different between groups, while concentrations of many less chlorinated PCBs (especially PCB-66 and PCB-56/PCB-60, but also PCB-28, PCB-44, PCB-52, PCB-74, PCB-101, and PCB-105) were much higher in the exposed workers than in the controls.

1.5.10 People working in contaminated buildings

People working in contaminated buildings (office workers, teachers) are exposed to PCBs ([Wiesner et al., 2000](#)); PCB concentrations have been surveyed in workers' air ([Gabrio et al., 2000](#); [Schwenk et al., 2002](#); [Peper et al., 2005](#); [Schettgen et al., 2012](#)) and blood ([Gabrio et al., 2000](#); [Schwenk et al., 2002](#); [Peper et al., 2005](#); [Herrick et al., 2011](#); [Schettgen et al., 2012](#)).

Mean indoor air concentrations of PCBs in three contaminated schools in Germany were reported to be between 77 and 10 125 ng/m^3 ; 90% of the total PCBs were either PCB-28 or PCB-52 ([Gabrio et al., 2000](#)). These congeners were also reported to be found at high concentrations ($> 4000 \text{ ng}/\text{m}^3$) in other studies in Germany ([Schwenk et al., 2002](#); [Peper et al., 2005](#); [Schettgen et al., 2012](#)). The teachers ($n = 96$) working in the three contaminated buildings had mean

blood PCB-28 concentrations that differed by school (0.045 µg/L, 0.057 µg/L, and 0.098 µg/L, respectively), and that were significantly elevated compared with teachers ($n = 55$) not working in contaminated schools (range, not detected to 0.035 µg/L) ([Gabrio et al., 2000](#)).

Median indoor air concentrations were measured over 2 years in schools in Germany for congeners PCB-28 (33 ng/m³), PCB-52 (293 ng/m³), and PCB-101 (66 ng/m³) ([Liebl et al., 2004](#)). Concentrations of more highly chlorinated indicator congeners (PCB-153, PCB-138, and PCB-180) were all below 80 ng/m³. The median sum of indicator congeners was 2.04 µg/m³. Biomonitoring of teachers ($n = 9$) and cleaning personnel ($n = 1$) in schools in Germany showed that median blood PCB concentrations exceeded the German reference values after adjusting for age in 8 out of 10 workers for PCB-138, 7 out of 10 for PCB-153, and 8 out of 10 for PCB-180 ([Neisel et al., 1999](#)).

In teachers in the USA, the relative contribution of lighter congeners (PCBs 6–74) (mean total serum PCB concentration, 1.86 ng/g; $n = 18$) was higher than in controls ([Herrick et al., 2011](#)). This was also observed in other studies: mean concentration of PCB-28, 0.28 µg/L; PCB-101, 0.07 µg/L; PCB-138, 1.29 µg/L; PCB-153, 1.68 µg/L; and PCB-180, 1.14 µg/L in [Peper et al., \(2005\)](#); median concentration of PCB-28, 0.087 µg/L; PCB-52, 0.024 µg/L; and PCB-101, 0.012 µg/L in [Schettgen et al., \(2012\)](#); and mean concentration of PCB-28, 0.24 µg/L; PCB-52, 0.07 µg/L; PCB-101, 0.02 µg/L; PCB-153, 0.96 µg/L; PCB-138, 0.70 µg/L; and PCB-180, 0.62 µg/L in [Schwenk et al., \(2002\)](#).

People working inside contaminated buildings other than schools may also be exposed to PCBs. In Germany, air PCB concentrations in contaminated commercial buildings were 1280 ng/m³ (PCB-28, 110 ng/m³; PCB-52, 125 ng/m³; PCB-101, 11 ng/m³; PCB-138, < 2 ng/m³; PCB-153, < 2 ng/m³; PCB-180, < 2 ng/m³) ([Broding et al., 2007](#)). The PCB contamination originated from insulation material and elastic sealing compounds. Serum

PCB concentrations were determined in 2002 for 583 persons who had worked between 1 and 40 years in the contaminated commercial building. The median serum total PCB concentration was 2.32 µg/L (PCB-28, 0.09 µg/L; PCB-52, 0.01 µg/L; PCB-138, 0.55 µg/L; PCB-153, 0.9 µg/L; and PCB-180, 0.7 µg/L). People not working in the contaminated building ($n = 205$) had significantly lower serum concentrations of PCB-28 and PCB-52 (0.023 µg/L and 0.004 µg/L, respectively) ([Broding et al., 2008](#)).

1.5.11 Clean-up of hazardous waste

Occupational exposure to PCBs has also been measured in workers who perform clean-up of hazardous waste. After an explosion and fire of unlabelled chemical waste drums at the former site of Chemical Control Corporation in Elizabeth, New Jersey, USA, the mean air PCB concentration was 0.11 µg/m³ ($n = 3$) ([Costello & King, 1982](#)). In workers ($n = 32$) removing hazardous waste, including transformers, in the USA, plasma PCB mean concentration was 205 ng/g lipid (range, limit of detection to 527 ng/g lipid) ([Horii et al., 2010](#)). Hexa and heptachlorinated biphenyls accounted for 60% of the PCB concentrations.

1.5.12 Firefighters and rescue workers

Firefighters and rescue workers have also been surveyed for PCB exposure in several recent studies, demonstrating a wide variability in serum PCB concentrations ([Table 1.33](#); [Kelly et al., 2002](#); [Schechter et al., 2002](#); [Dahlgren et al., 2007](#); [Chernyak et al., 2009, 2012](#)).

1.6 Exposure assessment of epidemiological studies

1.6.1 Studies of occupational exposure

Many epidemiological studies of occupational PCB exposure and cancer have been performed; the majority are among workers in capacitor-manufacture and transformer manufacture and repair. Duration of employment was used to assess exposure in most of these studies ([Brown & Jones, 1981](#); [Bertazzi et al., 1982, 1987](#); [Cammarano et al., 1984](#); [Brown, 1987](#); [Nicholson & Selikoff, 1987](#); [De Guire et al., 1988](#); [Taylor et al., 1988](#); [Liss, 1989](#); [Petruska & Engelhard, 1991](#); [Greenland et al., 1994](#); [Tynes et al., 1994](#); [Yassi et al., 1994, 2003](#); [Gustavsson et al., 1986](#); [Savitz & Loomis, 1995](#); [Tironi et al., 1996](#); [Gustavsson & Hogstedt, 1997](#); [Hay & Tarrel, 1997](#); [Kimbrough et al., 1999, 2003](#); [Loomis et al., 1997](#); [Charles et al., 2003](#); [Mallin et al., 2004](#); [Caironi et al., 2005](#); [Prince et al., 2006a, b](#); [Ruder et al., 2006](#); [Ahrens et al., 2007](#); [Hopf et al., 2009b, 2010, 2014](#); [Silver et al., 2009](#); [Pesatori et al., 2013](#)). In the remaining studies, exposure to PCBs was assessed using a variety of approaches, including job-exposure matrices (JEM), development of worker's exposure zones, and measurement of serum PCB concentrations.

JEMs were used in several studies ([Greenland et al., 1994](#); [Loomis et al., 1997](#); [Prince et al., 2006a, b](#); [Ruder et al., 2006](#); [Silver et al., 2009](#)).

[Greenland et al. \(1994\)](#) developed a JEM in a case-control study of cancer mortality at a transformer-assembly facility. Pyranol was used as the transformer oil from 1936 to 1976. Pyranol was composed of 50% PCBs (mainly hexachlorobiphenyls) and 50% trichlorobenzene, but the PCB content could vary from 45% to 80%. A combination of 1000 job titles in 50 departments in 100 buildings resulted in more than 5500 entries in the JEM. Each entry was rated for seven selected exposures from 1901 to 1984. A four-point categorical rating scale was used to rate the jobs.

Former employees and experienced industrial hygienists rated each entry. For pyranol, benzene, and solvents, the analysis categories were: 0, no exposure; 1, indirect exposure, meaning that the chemical was found in the work area, but the worker did not perform tasks using it; 2, direct exposure. Cumulative exposures were calculated using these scores and individual job histories.

A cancer mortality study among electric-utility workers in five companies exposed to PCBs used job categories to estimate weekly exposures in hours for each job ([Loomis et al., 1997](#)). PCBs were used in capacitors, transformers and switches. Capacitor fluids were 100% PCBs, while transformer fluids contained 70% PCBs and 30% chlorinated benzene solvents. Exposure assessments were performed by expert panels for each company. The panel members (industrial hygienists, safety personnel, managers, and long-term workers) recorded their individual exposure assessments for PCBs, and other exposures, which were later discussed to resolve differences. For each occupational category and decade, the frequency in times per week and duration in hours of exposure to insulating fluids during the average working week was indicated. This was used to construct company and calendar time-specific JEMs. Industrial hygiene surveys of the plants were used to interpret the panel's exposure assessment. Each occupational category (in total, 28) was classified according to workers' potential exposure to PCBs.

Three plant-specific semiquantitative JEMs were used in a study of cancer of the breast in former capacitor-manufacturing workers (women) in Indiana, Massachusetts, and New York, USA ([Silver et al., 2009](#)). Two of these JEMs had been used previously in a mortality study ([Prince et al., 2006a, b](#)) of former workers at the Indiana and Massachusetts plants, and one in a mortality study of former workers at the Indiana plant ([Ruder et al., 2006](#)). Two of the three JEMs have been described in detail in separate publications ([Hopf et al., 2009b](#),

Table 1.33 Serum PCB concentrations in firefighters

Country	Population	Activity	PCB congeners measured	Mean serum PCB concentration	Reference
USA	Firefighters (n = 58)	Extinguishing a transformer fire	NA	2.96 ppb (range, 1.9–9.6 ppb)	Kelly et al. (2002)
	Rescue workers (n = 7)	Working during the collapse of the World Trade Center, New York, September 2001	Non-ortho PCBs	43–328 pg/g lipid	Dahlgren et al. (2007)
			Mono-ortho PCBs	19–404 ng/g lipid	
			ΣDL-PCBs ^a	19–405 ng/g lipid	
Russian Federation	Firefighters, symptomatic (n = 8)	Participated in extinguishing a fire at a cable-manufacturing plant (no SCBA)	ΣDL-PCBs ^a	198.6 pg/g lipid	Chernyak et al. (2009, 2012) , Schechter et al. (2002)
	Firefighters, asymptomatic (n = 5)	Participated in extinguishing a fire at a cable-manufacturing plant (no SCBA)	ΣDL-PCBs ^a	198.9 pg/g lipid	
	Firefighters (n = 7)	Other fires	ΣDL-PCBs ^a Congener 77, 126, 169	231.7 pg/g lipid Symptomatic firefighters > than the other groups	Schechter et al. (2002)

^a DL-PCBs, dioxin-like PCBs, i.e. PCBs 77, 81, 105, 114, 118, 123, 126, 156, 157, 167, 169, 189
NA, not available; PCB, polychlorinated biphenyl; SCBA, self-contained breathing apparatus

2010). Exposure determinants or factors that influenced PCB exposures for each plant were assessed for all jobs listed in the work histories. Jobs with similar rating of the exposure determinants were grouped into exposure categories. Each job-exposure category, exposure intensity (high, medium, low, background) and frequency (continuous, intermittent) were qualitatively rated separately for inhalation and dermal exposure. The plant-specific JEMs used available air PCB concentrations (the same as in [Sinks et al. \(1992\)](#) for the Bloomington plant) to assign inhalation weightings. The product of intensity and frequency (fraction of day exposed) was calculated for each job-exposure category. Finally, the JEM was modified for eras with different conditions of PCB exposure (change in Aroclor use, ventilation-system improvements, lay-out changes etc).

[These historical reconstructions are better than using duration of employment alone in the epidemiological studies, since duration does not

distinguish between jobs with higher or lower potential for PCB exposure. Most of these retrospective studies involved manufacturing plants that used limited amounts of other chemicals, or at least when other chemicals were used, these jobs were often indicated and could be excluded from the epidemiological analysis. Creating cohorts of today's working environment would include a very diverse industry with multitude of job activities, including an array of different chemicals. Therefore it would be difficult to draw definitive statements on the causations of a possible observed mortality excesses.]

In their retrospective study of mortality, [Sinks et al. \(1992\)](#) developed workplace exposure zones to classify worker exposure. The capacitor-manufacturing plant studied was divided into five zones of exposure by drawing consecutive circles (radius, approximately 69 m) centred upon the heaviest source of PCB exposure. The production area was thus divided into three zones by proximity to PCB source. Two other zones were

defined: maintenance and office workers. Air sampling was conducted in these five zones, and means were assigned as the weight (1–5) of PCB exposure for the zone.

Serum PCB concentrations were used in one case–control study ([Laden *et al.*, 2001b](#)), and in a recent cross-sectional study ([Persky *et al.*, 2012](#)) (see Section 1.5.2).

1.6.2 Studies of environmental exposure

Cohort studies of environmental exposure have used many approaches to assess exposure to PCBs. Exposure approaches include interview, questionnaires, cumulative PCB exposure, dietary intake of fatty fish, PCB concentrations in biological media such as blood, adipose tissue, and breast milk, and in the environment such as carpet dust, or any combinations of these. Biological measures of body burden have been used extensively (see [Table 1.34](#)).

1.7 Regulations and guidelines

1.7.1 Global

For Parties to the Stockholm Convention on Persistent Organic Pollutants (POPs) ([UNEP, 2001](#)), presently 179 Member States, the production of PCBs is totally prohibited, although the presence of PCBs in equipment is allowed to continue until 2025. The environmentally sound management of waste containing or contaminated with PCBs at a content above 0.005% must be achieved by 2028.

Annex I of the Basel Convention on the Transboundary Movements of Hazardous Wastes and Their Disposal ([UNEP, 2011](#)) defines a category of hazardous waste specific to PCBs: “Y10 waste substances and articles containing or contaminated with PCBs and/or polychlorinated terphenyls (PCTs) and/or polybrominated biphenyls (PBBs).” Additionally, Annex VIII defines as “hazardous” any electrical waste containing

or contaminated with PCBs at a concentration greater than 50 mg/kg. The Basel Convention is legally binding for 179 countries (status in 2013).

The Codex Alimentarius Commission, recognizing the importance of prevention of human exposure through source-directed measures (i.e. strict control of industrial and agricultural processes that may generate and release PCDDs, PCDFs, and PCBs), adopted the Code of Practice Concerning Source Directed Measures to Reduce Contamination of Food with Chemicals (CAC/RCP 49–2001) ([Codex Alimentarius, 2001](#)) and the Code of Practice for the Prevention and Reduction of Dioxin and Dioxin-like PCB Contamination in Foods and Feeds (CAC/RCP 62–2006) ([Codex Alimentarius, 2006](#)). No limits in foodstuffs were included, but management options were recommended.

(a) Provisional tolerable monthly intake

In 2002, the Joint Food and Agriculture Organization of the United Nations (FAO)/WHO Expert Committee on Food Additives (JECFA) established a provisional tolerable intake of 70 pg/kg bw per month for PCDDs, PCDFs, and DL-PCBs expressed as TEFs, based on reproductive end-points ([JECFA, 2002](#)). The value was expressed “per month” to reflect that exposure is cumulative and chronic rather than acute.

(b) Drinking-water

No water quality guidelines have been set for these substances because of their low solubility in water.

(c) Air

Air quality guidelines for PCBs have not been established, because exposure by direct inhalation generally constitutes only a small proportion of total exposure, in the order of 1–2% of the daily intake from food. Although this air concentration is only a minor contributor to direct human exposure, it is a major contributor to contamination of the food-chain ([WHO, 2000](#)).

Table 1.34 Common measures of exposure to PCBs and design of the exposure assessment in epidemiological studies in non-occupational settings

Exposure measure	Exposure assessment	Examples of exposure categories reported
Cumulative PCB exposure	Regular jobs held	<ul style="list-style-type: none"> • Job-exposure schemes • Industry classifications • Potential exposure to PCBs as assessed by an occupational hygienist
Dietary intake of fatty fish containing PCBs	Standardized questionnaires or interviews	<ul style="list-style-type: none"> • Number of fish meals per day
High-level dietary intake of contaminated rice oil (mass poisoning)	Admission to hospital	<ul style="list-style-type: none"> • Area of residence
Environmental PCB concentrations	PCB concentrations in carpet dust PCBs in soil	<ul style="list-style-type: none"> • Amount of PCBs in dust • Amount of PCBs in soil
PCB concentrations in biological samples	Serum PCB concentration, non-lipid adjusted	<ul style="list-style-type: none"> • Sum of PCB congeners • High or low PCB body burden: 'high' exposure (higher than the median based on the control group) vs. 'low' exposure (lower than the median based on the control group)
	Serum PCB concentration, lipid adjusted	<ul style="list-style-type: none"> • Sum of PCB congeners measured • Single PCB congeners • Potentially estrogenic PCBs (PCB-44, PCB-54) and PCB-101, PCB-187 • Potentially anti-estrogenic, immunologic, dioxin-like, non-<i>ortho</i> substitution, mono-<i>ortho</i> substitution, moderately persistent (PCB-66, PCB-77, PCB-105, PCB-118, PCB-126) • Immunotoxic PCBs (PCB-66, PCB-74, PCB-105, PCB-118, PCB-138, PCB-153, PCB-156, PCB-167, PCB-180) • Di-<i>ortho</i> substitution, limited DL-PCBs and persistent PCBs (PCB-128, PCB-138, PCB-170) • Biologically persistent inducers of CYP1A and CYP2B • Environmentally relevant PCBs (PCB-195, PCB-206, PCB-209) • Neurotoxic PCBs (PCB-18, PCB-28) • Non-dioxin-like PCBs (PCB-74, PCB-99, PCB-118, PCBs 138–158, PCB-146) • Sum of DL-PCBs (PCB-105, PCB-118, PCB-156) • Sum of NDL-PCBs (PCB-28, PCB-99, PCB-138, PCB-153, PCB-170, PCB-183, PCB-187) • <i>BRCA1</i> inhibiting PCBs (PCB-101, PCB-138) • Pseudo-estrogen PCBs (PCB-28, PCB-52, PCB-153) • Phenobarbital inducers (PCB-101, PCB-153, PCB-180, PCB-194) • Most-represented congeners (PCB-118, PCB-138, PCB-153, PCB-180)
	Plasma PCB concentration	Sum of the four most prevalent PCB congeners (PCB-118, PCB-153, PCB-138, PCB-180)
	Adipose tissue PCB concentrations	Sum of 18 PCBs Sum of dioxin-like PCBs (PCB-77, PCB-126, PCB-169)
PCB concentrations in biological samples (cont.)	Tumour tissue PCB concentrations	Sum of PCB congeners (PCB-28, PCB-31, PCB-49, PCB-52, PCB-101, PCB-105, PCB-118, PCB-138, PCB-153, PCB-170, PCB-180), measured at the time of diagnosis

DL-PCB, dioxin-like polychlorinated biphenyl; NDL-PCB, non-dioxin-like polychlorinated biphenyl

1.7.2 Environmental regulations

(a) European Union and Member States

The Member States of the European Union have taken actions to eliminate the production, use, and release of PCBs since 1985. In 2004, to implement the Stockholm Convention on POPs, by regulation EC/850/2004 (EU 850/2004), the production, placing on the market, and use of PCBs were prohibited. Low POPs concentration limits were adopted through Council Regulation (EC) No. 1195/2006 (EU 1195/2006) amending Annex IV to Regulation (EC) No 850/2004. Within the European Union of 26 Member States, several measures have been adopted to reduce the presence of PCDDs, PCDDs, PCDFs, and PCBs in the environment, in food and in feed. These include:

- Commission Regulation (EC) No. 1883/2006 of 19 December 2006 laid down methods of sampling and analysis for the official control of levels of dioxins and DL-PCBs in certain foodstuffs;
- Commission Recommendation 2006/88/EC of 6 February 2006 concerning the reduction of the presence of dioxins, furans and PCBs in feedingstuffs and foodstuffs;
- Commission Recommendation 2006/794/EC of 16 November 2006 on the monitoring of background levels of dioxins, DL-PCBs and NDL-PCBs in foodstuffs.
- The most recent Commission Regulation (EU) No. 1259/2011 amended Regulation EU 1881/2006 as regards maximum levels for DL-PCBs and NDL-PCBs ([EC, 2011a](#)); it also changed the formerly used 1998 WHO TEFs to the scheme adopted in 2005 (referred to as WHO₂₀₀₅-TEFs) ([Van den Berg *et al.*, 2006](#)) and includes maximum levels for NDL-PCBs in food.

See [Table 1.35](#)

(b) North America

(i) USA

The United States Food and Drug Administration has established tolerance levels in various foods in an attempt to reduce human exposure to PCBs ([FDA, 2013](#)). [These limit values were set in 1971 and 1977, before any epidemiological and most experimental studies were conducted, and have not been revised since.] The temporary tolerance levels for PCB residues are as follows:

- 1.5 ppm in milk (fat basis);
- 1.5 ppm in manufactured dairy products (fat basis);
- 3 ppm in poultry (fat basis);
- 0.3 ppm in eggs;
- 0.2 ppm in finished animal feed for food-producing animals (except the following finished animal feeds: feed concentrates, feed supplements, and feed premixes);
- 2 ppm in animal feed components of animal origin, including fishmeal and other by-products of marine origin and in finished animal feed concentrates, supplements, and premixes intended for food-producing animals.
- 2 ppm in fish and shellfish (edible portion). The edible portion of fish excludes head, scales, viscera, and inedible bones;
- 0.2 ppm in infant and junior foods;
- 10 ppm in paper food-packaging material intended for or used with human food, finished animal feed and any components intended for animal feeds. The tolerance does not apply to paper food-packaging material separated from the food therein by a functional barrier that is impermeable to migration of PCB.

The United States Environmental Protection Agency (EPA) has set a maximum contaminant level for PCBs of 0.0005 mg/L (500 ppt) in drinking-water. The EPA requires that spills

Table 1.35 Maximum permitted levels for dioxin-like compounds and indicator PCBs in the European Food and Feed regulation

Foodstuffs	Maximum permitted levels ^a			Sum of PCB ₆ ^c (ng/g fat)
	Sum of PCDDs, PCDFs, DL-PCBs ^b (pg WHO ₂₀₀₅ -TEQ per g fat)	DL-PCBs ^b (pg WHO ₂₀₀₅ -TEQ per g fat)	DL-PCBs ^b (pg WHO ₂₀₀₅ -TEQ per g fat)	
<i>Meat and meat products (excluding edible offal) of the following animals):</i>				
Bovine animals and sheep	4.0	1.75		40
Poultry	3.0	0.75		40
Pigs	1.25	0.5		40
Liver of terrestrial animals and derived products thereof	10.0			40
Muscle meat of fish and fishery products and products thereof (with the exemption of wild caught eel and wild-caught fresh water fish, with the exception of <i>diadromous</i> fish species caught in fresh water, fish liver and derived products, and marine oils) ^a	6.5 pg/g ww	2.5 pg/g ww		75 ng/g ww
Muscle meat of wild caught fresh water fish, with the exception of <i>diadromous</i> fish species caught in fresh water, and products thereof ^d	6.5 pg/g ww			125 ng/g ww
Muscle meat of wild caught eel (<i>Anguilla anguilla</i>) and products thereof	10.0 pg/g ww			300 ng/g ww
Fish liver and derived products thereof with the exception of marine oils referred to above	20.0 pg/g ww			200 ng/g ww
Marine oils (fish body oil, fish liver oil and oils of other marine organisms intended for human consumption)	6.0			200
Raw milk and dairy products, including butter fat	5.5	2.0		40
Hen eggs and egg products	5.0	1.75		40
<i>Fat of the following animals:</i>				
Bovine animals and sheep	4.0			40
Poultry	3.0			40
Pigs	1.25			40
Mixed animal fats	2.5	0.75		40
Vegetable oils and fats	1.25			40
Foods for infants and young children	0.2 pg/g ww			1.0 ng/g ww
Fruits, vegetables and cereals		0.1 pg/g ww		

^a The maximum level expressed on fat is not applicable for foods containing < 2% fat (the maximum level expressed on product basis for foods containing < 2% fat = maximum level expressed on fat for that food × 0.02).

^b The Commission Recommendation 2011/516/EU ([EC, 2011b](#)) replaces regulation 2006/88/EC and sets separate action levels for PCDD/PCDF (expressed as WHO₂₀₀₅-TEQ) and DL-PCB (expressed as WHO₂₀₀₅-TEQ).

^c PCB₆ comprises PCB-28, PCB-52, PCB-101, PCB-138, PCB-153, and PCB-180

^d The maximum level for crustaceans applies to muscle meat from appendages and abdomen. In the case of crabs and crab-like crustaceans (*Brachyura* and *Anomura*) it applies to muscle meat from appendages.

DL-PCB, dioxin-like polychlorinated biphenyl; PCDD, polychlorinated dibenzodioxins; PCDF, polychlorinated dibenzofurans; TEQ, toxic equivalent; ww, wet weight
Adapted from [EC \(2011a\)](#) and [EC \(2011b\)](#)

or accidental releases into the environment of 1 pound (0.45 kg) or more of PCBs be reported to the EPA ([ATSDR, 1996](#)).

(ii) *Canada*

The import, manufacture, and sale (for re-use) of PCBs were made illegal in Canada in 1977. Release of PCBs to the environment was made illegal in 1985. However, use of PCB-containing equipment is allowed until the end of its service life. The storage of PCBs has been regulated since 1988. Export has been regulated since 1997. These provisions are maintained in the Chlorobiphenyls Regulations, under the Canadian Environmental Protection Act, 1999 ([CEPA, 2011](#)).

The regulation of waste is consistent with the Basel Convention's "Technical guidelines for the environmentally sound management of wastes consisting of, containing, or contaminated with persistent organic pollutants" ([Basel Convention, 2007, 2015](#)).

(c) *Australia and New Zealand*

(i) *Australia*

The Industrial Chemicals (Notification and Assessment) Act 1989 was amended to give effect to the Stockholm Convention ([NICNAS, 1989](#)).

The National Strategy for The Management of Scheduled Waste was endorsed by the Australian and New Zealand Environment and Conservation Council in 2003 ([ANZECC, 2003](#)) and provides for the safe management and disposal of organochlorine pesticides, PCBs and hexachlorobenzene. The PCB Management Plan provides treatment provisions for different types of PCB waste including liquid residues and discharges, gaseous emissions, solid residues and disposal ([Australian Government, 2006, 2007](#)).

(ii) *New Zealand*

The Hazardous Substances and New Organisms (HSNO) Act 1996 (as amended by the HSNO [Stockholm Convention] Act Amendment 2003), prohibits the production, use

and import of the chemicals listed in Annex A of the Convention, including PCBs. Exempted use of PCBs as per the Toxic Substances Regulations 1983 is permitted, but subject to phase-out no later than December 2016. The HSNO Act 1996 is administered by The New Zealand Environment Risk Management Authority (ERMA) by: assessing new chemicals, pesticides or industrial chemicals currently in use that exhibit POP characteristics (Articles 3.3 and 3.4); permitting the appropriate use of POPs for laboratory-scale research or as a reference standard (Article 3.5); managing the existing exempted use and storage of PCBs (Article 3.6); prohibiting import, manufacture, or use of POPs (Article 3.1 and 3.2). The Imports and Exports (Restrictions) Act 1988, via the Imports and Exports (Restrictions) Prohibition Order (No. 2) 2004, prohibits export of POPs (except as conditionally provided under Article 3.2). Import and export are regulated under The Imports and Exports (Restrictions) Act 1988.

(d) *Asia*

(i) *China*

China implements an import and export registration system, included under its Regulations on Environmental Management of Chemicals and the Import and Export of Toxic Chemicals of 1994. In 2005, PCBs were included in the List of Toxic Chemicals Strictly Prohibited from Import and Export, by No. 116 Notice on the List of Goods Prohibited from Import (the Sixth Group). The National Implementation Plan under the Stockholm Convention entered into force for China in 2004, and also applied to the Special Administrative Regions of Hong Kong and Macao ([NIP China, 2007](#)). This plan aims to prohibit and prevent the production and import of PCBs, and to achieve the environmentally sound management of currently used equipment containing PCBs. China used to produce PCBs, but production was stopped in the 1970s. The

plan called for establishing a system for the declaration, registration, and environmentally sound management of equipment in use containing PCBs by 2010. Identification of high-risk equipment currently in use across the country is to be achieved by 2015, with uses of PCBs eliminated by 2025.

Furthermore, China has also stipulated special administrative regulations and standards with regard to PCBs. The Notice on the Issues Concerning Prevention of Pollution Caused by Hazardous Polychlorinated Biphenyls was promulgated in 1979 to ban future imports of power equipment containing PCBs. The Notice on Enhancement of the Management over Waste Polychlorinated Biphenyl Power Capacitors was issued in 1990 to forbid trading and dismantling downstream capacitors containing PCBs. The Provisions on the Pollution Caused by Power Installations Containing Polychlorinated Biphenyls and Related Wastes of 1991 addresses the declaration, transfer, transport, import, treatment, disposal, sealing-up and storage of PCB wastes and other sources. The Control Standard on Polychlorinated Biphenyls for Wastes (GB13015-91) was implemented in 1991, in which the value of the control standard on PCBs wastes and the treatment methods for wastes containing PCBs are stipulated ([NIP China, 2007](#)).

(ii) *Taiwan, China*

Importation of PCBs was prohibited in 1980. The Environmental Protection Administration of Taiwan, China, banned the manufacture, sale, and use of PCBs in 1988. An extensive investigation of electrical devices in 1990-1991 indicated that more than 80 000 PCB-containing electrical devices were still in use, mainly capacitors and transformers. A full-scale ban on the use of PCBs, with the exception of experimental, research, and educational purposes, took effect in January 2001. This prohibited use of any electrical devices containing PCBs by the end of 2000, mandating immediate disposal at end of use of

capacitors and transformers containing PCBs ([Environmental Protection Administration, 1988](#)). Furthermore, PCBs may not be detectable in effluents from business, sewage systems and building sewage-treatment facilities.

(iii) *India*

According to Schedule VI of the Hazardous Waste (Management, Handling and Transboundary Movement) Rules 2008, the import and export of hazardous wastes, substances and articles containing or consisting of or contaminated with PCBs are prohibited ([Ministry of Environment and Forests, 2008](#)).

(e) *Africa*

United Republic of Tanzania

The Industrial and Consumer Chemicals (Management and Control) Act of 2003 provides for the management and control of PCBs under the list of severely restricted/banned/eliminated chemicals in Schedule 8. The government of the United Republic of Tanzania issued an Environmental Management Act ([Government of the United Republic of Tanzania, 2004](#)) that specifically provides for the control and management of current and future POPs, requiring submission of an annual report on implementation.

1.7.3 *Occupational exposure limits*

(a) *USA*

The manufacture of PCBs ended in the USA in 1977. Standards for occupational exposures (permissible exposure limits; PELs) in the USA are set by the Occupational Safety and Health Administration (OSHA) (29CFR1910.1000 Table Z-1 Limits for air contaminants). The PELs are 8-hour TWAs unless otherwise noted, and are determined from breathing-zone air samples. The PELs established by OSHA are 1000 µg/m³ for PCB mixtures containing 42% chlorine, and 500 µg/m³ for PCB mixtures containing 54%

chlorine (set in 1971 and not revised after this time). Both standards encompass all physical forms of these compounds: aerosols, vapour, mist, sprays, and PCB-laden dust particles. OSHA recognizes that PCBs are absorbed through intact skin; therefore, routes for dermal and inhalation exposure should be evaluated by an industrial hygienist. The National Institute for Occupational Safety and Health (NIOSH) recommends a 10-hour TWA of 1 µg/m³ based on minimum reliable detectable concentration and the potential carcinogenicity of PCBs. NIOSH also recommends that all workplace exposures be reduced to the lowest feasible level.

(b) Europe

The maximum allowable airborne concentrations for PCBs containing 42% and 54% chlorine in the Federal Republic of Germany [before reunification] were 1.0 and 0.5 mg/m³, respectively; and in Sweden, 0.5 mg/m³ (IARC, 1978).

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2. CANCER IN HUMANS

2.1 Cohort studies of occupational exposure

Commercial mixtures of congeners of polychlorinated biphenyls (PCBs) were manufactured starting in the 1920s in Austria, France, Germany, Italy, Japan, Spain, Poland, the Russian Federation, the United Kingdom, and the USA. No published epidemiological studies of cancer among PCB-production workers were available to the Working Group.

2.1.1 Capacitor manufacture

Studies of cancer mortality and incidence among workers exposed to PCBs in the manufacture of capacitors have been conducted in Italy ([Bertazzi et al., 1982, 1987](#); [Tironi et al., 1996](#); [Pesatori et al., 2013](#)), Sweden ([Gustavsson et al., 1986](#); [Gustavsson & Hogstedt, 1997](#)), and the USA ([Brown & Jones, 1981](#); [Brown, 1987](#); [Sinks et al., 1992](#); [Kimbrough et al., 1999, 2003](#); [Mallin et al., 2004](#); [Prince et al., 2006a, b](#); [Ruder et al., 2006](#); [Silver et al., 2009](#)). The details of cohort studies among capacitor-manufacturing workers are presented in [Table 2.1](#).

[Bertazzi et al. \(1982, 1987\)](#) studied 544 male and 1556 female former capacitor-production workers exposed between 1946 and 1980 at one capacitor-manufacturing plant in Monza, Italy. Cancer mortality until 1991 was non-statistically significantly increased among men (standardized mortality ratio, SMR, 1.1; 95% CI, 0.7–1.7; 20 deaths) and women (SMR, 1.2; 95% CI, 0.7–1.8;

19 deaths) ([Tironi et al., 1996](#)). The most recent update also included 373 male and 97 female workers at a second plant that operated from 1950 to 1982 ([Pesatori et al., 2013](#)). There was no excess overall cancer mortality; however, mortality due to cancers of the digestive tract, not otherwise specified, was statistically significantly increased (SMR, 2.5; 95% CI, 1.2–5.3; seven deaths). Deaths due to cancer of the brain (SMR, 1.8; 95% CI, 0.9–3.6; eight deaths) and lymphoma (SMR, 1.9; 95% CI, 1.0–3.3; twelve deaths) were in excess, especially for Hodgkin disease (SMR, 4.0; 95% CI, 1.3–12; three deaths) among women. Men were at increased risk of mortality from cancer of the biliary tract (SMR, 3.9; 95% CI, 1.5–10.4; four deaths) and cancer of the prostate (SMR, 1.7; [95% CI, 0.8–3.5]; seven deaths). [This cohort was notable for the high proportion of women.]

[Gustavsson & Hogstedt \(1997\)](#) studied cancer incidence and mortality until 1991 among 242 male capacitor-manufacturing workers employed for at least 6 months between 1965 and 1978 at a plant in Sweden. Individuals were classified as “high-exposed” if they had ever worked in the impregnation or repair departments. Cancer mortality was not significantly elevated among highly exposed workers (SMR, 1.9; 95% CI, 0.8–3.9; seven deaths). Two cases of cancer of the liver and bile duct were diagnosed (SMR, 6.7; 95% CI, 0.0–37 for highly exposed workers). Mortality from non-Hodgkin lymphoma (NHL) was increased among highly exposed workers based on one case (SMR, 9.1; 95% CI, 0.2–51).

Table 2.1 Cohort studies in capacitor-manufacturing workers

Reference, location, follow-up period	Total No. of subjects	Exposure assessment	Organ site (ICD code)	Exposure categories	Exposed cases	Relative risk (95% CI)	Covariates Comments
Tironi et al. (1996) , Italy, 1954–1982	1556 women, 544 men	Employment, 1 wk, 1946–82	All cancers (140–209) Digestive organs (150–159) Lymphatic & haematopoietic (200–209) Lymphoma (200–202)	All women All men All women All men All women All men Women	19 20 2 10 5 3 4	SMR, 1.2 (0.7–1.8) SMR, 1.1 (0.7–1.7) SMR, 0.9 (0.1–3.3) SMR, 2.0 (0.9–3.6) SMR, 1.4 (0.5–3.3) SMR, 2.0 (0.4–5.9) SMR, 1.8 (0.5–4.5)	Update of cohort studied by Bertazzi et al. (1982, 1987)
Pesatori et al. (2013) , Italy, 1946–1978 (plant 1) women and 544 men (plant 1); 97 women and 373 men (plant 2)	1551 women and 544 men (plant 1); 97 women and 373 men (plant 2)	Employment > 1 wk 1946–1978 (plant 1), all workers employed 1950–1982 (plant 2); PCBs used until 1980	All cancers Lymphoma (200–202) Digestive NOS (159) Brain Breast Prostate	All workers All men All women All men High-exposed	183 12 7 8 16 7	SMR, 1.0 (0.9–1.0) SMR, 1.9 (1.1–1.3) SMR, 2.5 (1.2–5.3) SMR, 1.8 (0.9–3.6) SMR, 0.8 (0.5–1.3) SMR, 1.7 (0.8–3.5)	
Gustavsson & Hogstedt (1997) ; Gustavsson et al. (1986) , Sweden, 1965–1991	242 men	Employed > 6 mo, 1965–1978; low, medium, or high exposure to PCBs	All cancers (140–209) Liver (155) Lung (162) Prostate (185) Lymphatic & haematopoietic (200–209) Lymphoma (200–202)	High-exposed High-exposed High-exposed High-exposed High-exposed	7 1 2 1 1	SMR, 1.9 (0.8–3.9) SMR, 6.7 (0.02–37) SMR, 2.2 (0.3–8.0) SMR, 2.2 (0.1–12) SMR, 3.3 (0.1–19)	Age, calendar period, country of origin
			Lymphoma (200–202)	High-exposed	1	SMR, 9.1 (0.2–51)	

Table 2.1 (continued)

Reference, location, follow-up period	Total No. of subjects	Exposure assessment	Organ site (ICD code)	Exposure categories	Exposed cases	Relative risk (95% CI)	Covariates Comments
Mallin et al. (2004) , Illinois, USA, 1944–2000	2885 white (25 non-white workers excluded)		All cancers (140–208)	All	347	[SMR, 1.1 (1.0–1.2)]	Sex, age, race, calendar period
			Stomach (151)	All	17	[SMR, 1.9 (1.1–3.1)]	Workers also exposed to trichloroethylene, 1,1,1-trichloroethane, lead solder, mineral oil, lacquer, paint thinner, epoxies, methyl ethyl ketone
			Intestine excluding rectum (152–153)	All	39	[SMR, 1.3 (0.9–1.7)]	
			Biliary passages, liver, & gallbladder (155–156)	All	14	[SMR, 2.4 (1.3–4.1)]	
			Thyroid (193)	Men	3	SMR, 15.2 (3.1–45)	No deaths from thyroid cancer among women
			Rectum (154)	All	7	[SMR, 1.1 (0.5–2.4)]	
			Prostate (185)	Men	9	SMR, 1.1 (0.5–2.0)	
			Breast (174–175)	Men	49	SMR, 1.2 (0.9–1.6)	
			NHL (200, 202)	Women:			No NHL deaths among those who worked 5–9 years. Data not reported for men
			Oral cavity & pharynx (140–149)	Worked < 1 yr Worked 1–4 yr Worked ≥ 10 yr Men only	7 4 2 3	SMR, 2.1 (0.8–4.3) SMR, 1.6 (0.4–4.1) SMR, 1.9 (0.2–6.8) SMR, 1.1 (0.2–3.3)	No deaths among women
Ruder et al. (2006) , Indiana, USA, 1957–1998	3569	JEM based on department, job, tasks, monitored exposure levels, estimated cumulative exposure for each worker	All cancers	Cumulative exposure Lowest tertile (< 11 000 unit-days) Middle tertile (11 000–89 999 unit-days) Highest tertile (≥ 90 000 unit-days)	56 62 52	SMR, 0.9 (0.7–1.2) SMR, 0.9 (0.7–1.2) SMR, 0.8 (0.6–1.1)	Sex, age, race, calendar period <i>P</i> for trend = 0.48
			Melanoma	Lowest tertile Middle tertile Highest tertile	5 2 9	SMR, 3.7 (1.2–8.7) SMR, 1.5 (0.2–5.4) SMR, 2.4 (1.1–4.6)	<i>P</i> for trend = 0.72
			Brain	Lowest tertile Middle tertile Highest tertile	3 4 5	SMR, 1.4 (0.3–4.0) SMR, 1.8 (0.5–4.6) SMR, 2.7 (0.9–6.3)	<i>P</i> for trend = 0.016

Table 2.1 (continued)

Reference, location, follow-up period	Total No. of subjects	Exposure assessment	Organ site (ICD code)	Exposure categories	Exposed cases	Relative risk (95% CI)	Covariates Comments
Ruder et al. (2006) , Indiana, USA, 1957–1998 (cont.)			Breast	Lowest tertile Middle tertile Highest tertile	4 3 0	SMR, 1.0 (0.3–2.7) SMR, 0.9 (0.2–2.7) –	
			Prostate	Lowest tertile Middle tertile Highest tertile	1 2 1	SMR, 0.5 (0.0–2.7) SMR, 0.8 (0.1–2.7) SMR, 0.3 (0.0–1.8)	
			NHL (200, 202)	Lowest tertile Middle tertile Highest tertile	1 5 3	SMR, 0.4 (0.0–2.3) SMR, 1.9 (0.6–4.5) SMR, 1.3 (0.3–3.8)	
			Oral cavity & pharynx	Lowest tertile Middle tertile Highest tertile	2 0 1	SMR, 2.0 (0.2–7.1) – SMR, 0.9 (0.0–4.9)	Sex, age, race, calendar period The New York plant was also studied by Kimbrough et al. (1999, 2003) . Results for 0-yr lag P for trend = 0.03
Prince et al. (2006b) , Hopf et al. (2010) , Massachusetts & New York, USA, 1939–1998	14 458	JEM for each plant based on department, job, tasks, monitored exposure levels, estimated cumulative exposure for each worker	All cancers	Cumulative exposure: referent category < 150 unit-yr 150 to < 620 unit-yr 620 to < 2300 unit-yr ≥ 2300 unit-yr	229 238 240	RR, 1.1 (0.9–1.3) RR, 1.3 (1.1–1.5) RR, 1.3 (1.1–1.5)	P for trend = 0.83
			Melanoma	150 to < 620 unit-yr ≥ 620 unit-yr	2 6	RR, 0.3 (0.1–1.3) RR, 0.7 (0.2–1.9)	P for trend = 0.83
			Brain	150 to < 620 unit-yr 620 to < 2300 unit-yr ≥ 2300 unit-yr	5 3 3	RR, 0.6 (0.2–1.8) RR, 0.4 (0.1–1.6) RR, 0.5 (0.1–1.7)	P for trend = 0.32
			Stomach	150 to < 620 unit-yr 620 to < 2300 unit-yr ≥ 2300 unit-yr	6 10 8	RR, 1.5 (0.5–4.9) RR, 3.2 (1.1–9.3) RR, 2.9 (0.9–9.2)	P for trend = 0.12 P for trend = 0.55
			Intestine excluding rectum	150 to < 620 unit-yr 620 to < 2300 unit-yr ≥ 2300 unit-yr	26 26 27	RR, 1.5 (0.8–2.6) RR, 1.5 (0.8–2.6) RR, 1.4 (0.8–2.6)	

Table 2.1 (continued)

Reference, location, follow-up period	Total No. of subjects	Exposure assessment	Organ site (ICD code)	Exposure categories	Exposed cases	Relative risk (95% CI)	Covariates Comments
Prince et al. (2006b), Hopf et al. (2010), Massachusetts & New York, USA, 1939–1998 (cont.)			Rectum	150 to < 620 unit-yr	5	RR, 1.1 (0.3–3.9)	
				620 to < 2300 unit-yr	1	RR, 0.2 (0.0–1.8)	
				≥ 2300 unit-yr	8	RR, 1.4 (0.4–4.3)	P for trend = 0.36
			Biliary passages, liver, & gallbladder	150 to < 620 unit-yr	3	RR, 1.7 (0.3–10.0)	
				620 to < 2300 unit-yr	6	RR, 3.1 (0.6–15)	
				≥ 2300 unit-yr	9	RR, 4.2 (0.9–20)	P for trend = 0.07
			Breast	150 to < 620 unit-yr	26	RR, 1.1 (0.6–1.9)	
				620 to < 2300 unit-yr	19	RR, 0.8 (0.4–1.4)	
				≥ 2300 unit-yr	27	RR, 1.3 (0.8–2.3)	P for trend = 0.26
			Prostate	150 to < 620 unit-yr	5	RR, 1.5 (0.4–5.6)	
			620 to < 2300 unit-yr	7	RR, 2.8 (0.8–9.6)		
			≥ 2300 unit-yr	18	RR, 6.1 (2.0–18)	P for trend < 0.01	
		NHL (200, 202)	150 to < 620 unit-yr	13	RR, 1.6 (0.7–3.6)		
			620 to < 2300 unit-yr	3	RR, 0.5 (0.1–1.7)		
			≥ 2300 unit-yr	7	RR, 1.2 (0.4–3.3)	P for trend = 0.99	
		Myeloma (203)	150 to < 620 unit-yr	6	RR, 1.5 (0.5–4.9)		
			620 to < 2300 unit-yr	9	RR, 2.4 (0.8–7.3)		
			≥ 2300 unit-yr	8	RR, 1.9 (0.6–5.9)	P for trend = 0.48	
Kimbrough et al. (2003), New York, USA, 1946–1998	7075	Duration of employment, whether hourly or salaried	All cancers (140–208)	Hourly workers	381	[SMR, 1.0 (0.9–1.2)]	Sex, age, race, calendar period
			Prostate	Salaried workers	111	[SMR, 0.8 (0.7–1.0)]	The plant was also studied by Prince et al. (2006b) and Silver et al. (2009)
				Hourly workers	17	SMR, 1.3 (0.7–1.8)	
				Salaried workers	4	SMR, 0.5 (0.1–1.4)	
			Brain	Hourly workers	5	[SMR, 0.5 (0.2–1.2)]	
				Salaried workers	6	[SMR, 1.5 (0.6–3.4)]	
			Breast	Hourly workers	32	SMR, 0.9 (0.6–1.3)	
				Salaried workers	6	SMR, 0.9 (0.3–1.9)	
			Skin, including melanoma	Hourly workers	9	[SMR, 1.2 (0.6–2.4)]	
				Salaried workers	6	[SMR, 2.1 (0.8–4.7)]	
			Biliary passages, liver, & gallbladder	Hourly workers	6	[SMR, 0.97 (0.4–2.1)]	
				Salaried workers	1	[SMR, 0.3 (0.0–2.6)]	

Table 2.1 (continued)

Reference, location, follow-up period	Total No. of subjects	Exposure assessment	Organ site (ICD code)	Exposure categories	Exposed cases	Relative risk (95% CI)	Covariates Comments
Kimbrough et al. (2003) , New York, USA, 1946–1998 (cont.)			Intestine excluding rectum Rectum	Hourly workers Salaried workers Hourly workers Salaried workers	41 11 8 4	[SMR, 1.3 (0.9–1.7)] [SMR, 0.9 (0.5–1.7)] [SMR, 1.2 (0.5–2.4)] [SMR, 1.6 (0.4–4.5)]	
Silver et al. (2009) , Indiana, Massachusetts & New York, USA, 1940–1998	5752 women	JEMs (see Ruder et al., 2006 and Prince et al., 2006b for description) Questionnaire for non-occupational risk factors	Oral cavity Breast	Hourly workers Salaried workers All	4 1 257	[SMR, 2.0 (0.6–5.2)] [SMR, 1.1 (2.9–6.4)] SIR, 0.8 (0.7–0.9)	Sex, age, race, calendar period. Results for subcohort with questionnaire data (<i>n</i> = 3141). Exposure lagged 10 yr
				<i>Cumulative exposure per 1000 unit-yr:</i> All women White women Non-white women	145 131 14	HR, 1.0 (1.0–1.1) HR, 1.0 (1.0–1.0) HR, 1.3 (1.1–1.6)	Age, race, calendar period, ever smoking, parity, age at first live birth, breast cancer in first-degree female relative, age began hormone use

HR, hazard ratio; JEM, job-exposure matrix; mo, month; NHL, non-Hodgkin lymphoma; NOS, not otherwise specified; RR, rate ratio; SIR, standardized incidence ratio; SMR, standardized mortality ratio; SRR, standardized rate ratio; wk, week; yr, year

[Findings based on this small cohort were difficult to interpret because of limited precision.]

A cohort of 2885 white workers employed between 1944 and 1977 at a capacitor-manufacturing facility in Illinois, USA, who were exposed to PCBs (1952–1977), chlorinated naphthalenes (1944–1981), and other chemicals, was followed until 2000 ([Mallin et al., 2004](#)). Plant records were incomplete and short-term workers (less than 1 year employment) were least likely (83%) to have been traced. There was excess mortality from cancers of the stomach [SMR, 1.9; 95% CI, 1.1–3.1], liver and biliary tract [SMR, 2.4; 95% CI, 1.3–4.1] and breast [SMR, 1.2; 95% CI, 0.9–1.6]. Women with 5 or more years employment during the period of PCB use had significantly elevated mortality from cancers of the liver and biliary tract (SMR, 5.6; 95% CI, 1.5–14; four deaths) and intestine (SMR, 2.3; 95% CI, 1.0–4.3; nine deaths). Men had excess mortality from cancer of the thyroid (SMR, 15.2; 95% CI, 3.1–45; three deaths), while women had excess mortality from NHL, which was not related to the duration of employment (SMRs, 1.6–2.1). Data on NHL were not reported for men. [Exposure assessment was limited and workers were exposed to multiple chemicals, which hampered attribution of cancer outcomes to PCB exposure.]

The United States National Institute for Occupational Safety and Health (NIOSH) cohort ([Ruder et al., 2014](#)) included 25 000 workers at facilities in three states, originally studied separately, in Indiana ([Sinks et al., 1992](#); [Ruder et al., 2006](#)) and Massachusetts and New York ([Brown & Jones, 1981](#); [Brown, 1987](#); [Prince et al., 2006a, b](#)), and combined for an analysis of cancer of the breast ([Silver et al., 2009](#)). Separate job-exposure matrices were developed for each of the plants, based on department, job title, era, company records, information about job tasks, and sampling data ([Nilsen et al., 2004](#); [Hopf et al., 2009, 2010](#)), with each worker receiving an estimated cumulative exposure score, so that cancer

outcomes could be analysed by level of relative exposure.

Updating vital status until 1998 for the Indiana subcohort (which comprised 3569 workers exposed to PCBs between 1957 and 1977) confirmed the earlier findings of excess melanoma and cancer of the brain ([Sinks et al., 1992](#)). Melanoma remained in excess (SMR, 2.4; 95% CI, 1.1–4.6), particularly in the lowest tertile of estimated cumulative exposure (SMR, 3.7; 95% CI, 1.2–8.7; five deaths). Mortality from cancer of the brain (SMR, 1.9; 95% CI, 1.0–3.3) increased with exposure, with a standardized mortality ratio of 2.7 (95% CI, 0.9–6.3; five deaths) in the highest quartile and a significant exposure–response trend in the standardized rate ratio (SRR) ($P = 0.02$). Among those having worked ≥ 90 days, both melanoma (SMR, 2.7; 95% CI, 1.1–5.2) and cancer of the brain (SMR, 2.1; 95% CI, 1.1–3.8) were elevated, especially for women (melanoma: SMR, 6.0; 95% CI, 1.2–17.5; three deaths; cancer of the brain: SMR, 2.9; 95% CI, 0.6–8.4; three deaths). The standardized mortality ratio for mortality from NHL was 1.2 (95% CI, 0.6–2.3) ([Ruder et al., 2006](#)).

The original studies in the Massachusetts-New York subcohorts ([Brown & Jones, 1981](#); [Brown, 1987](#)) included only 2567 workers considered to be highly exposed to PCBs during 1938–1977 (Massachusetts) or 1946–1977 (New York). The update until 1998 expanded the study population to include 14 458 workers with at least 90 days of potential exposure to PCBs ([Prince et al., 2006b](#)). Cancer of the liver, leukaemia and aleukaemia [aplastic anaemia], and NHL were not in excess overall, but mortality from multiple myeloma was (SMR, 1.85; 95% CI, 1.23–2.67). In the New York subcohort, mortality from melanoma was elevated (SMR, 1.79; 95% CI, 0.98–3.0). Mortality from cancer of the stomach was elevated among men (SMR, 1.53; 95% CI, 0.98–2.28) and increased with cumulative exposure (trend, $P = 0.039$). Mortality from cancer of the prostate was not elevated overall (SMR, 1.0; 95% CI, 0.72–1.45),

but increased with cumulative exposure (trend, $P < 0.001$). Mortality from intestinal cancer was elevated among women (SMR, 1.31; 95% CI, 1.02–1.66), especially in categories with higher cumulative exposure, but did not show a clear trend.

[The NIOSH studies were originally reported in multiple, overlapping publications based on several plants, but were subsequently merged into a single cohort. The Working Group regarded the quality of the NIOSH studies as high, and noted that they represented considerable effort to enumerate, expand and update the cohorts and assess exposure using objective job-exposure matrices.]

In addition to the NIOSH studies, separate analyses were conducted independently for the New York plant ([Kimbrough et al., 1999, 2003](#)). These studies, which used duration of employment and whether hourly or salaried as surrogates for exposure, reported on virtually the same workers as in the NIOSH New York subcohort (mortality until 1998, employed at least 90 days, 7075 workers versus the 6941 studied by NIOSH), but found no significant excess mortality for any cancers ([Kimbrough et al., 1999, 2003](#)). [The Working Group noted that the analyses by Kimbrough included 134 more workers than did Prince et al. but was not able to determine the reason for the discrepancy. In addition, Kimbrough et al. presented results only in subgroups defined by sex and pay grade, limiting the power of the analyses.]

The NIOSH study of cancer of the breast ([Silver et al., 2009](#)) included 5752 women employed for at least 1 year in any one of the three capacitor-manufacturing facilities studied previously by NIOSH. Exposure to PCBs was estimated semiquantitatively using job-exposure matrices and information about incident cancer of the breast, parity, age at first live birth, breast cancer in a first-degree female relative, hormone use, and smoking was used in analyses for 3952 women who completed questionnaires. Cancer

registries and death certificates up to 1998 were used to identify 281 incident cases. The overall standardized incidence ratio (SIR) for cancer of the breast was 0.8 (95% CI, 0.7–0.9), with little effect of employment duration or cumulative exposure. However, for the 282 women of race identified by questionnaire as “other than white,” there was a positive, statistically significant association with cumulative exposure, with a hazard ratio for cancer of the breast of 1.3 (95% CI, 1.1–1.6) per 1000 unit-years of estimated cumulative exposure, while no association was observed in “white” women.

2.1.2 Transformer manufacture and repair

Studies of cancer mortality and incidence among workers exposed to PCBs in the manufacture or repair of transformers have been conducted in Canada ([Yassi et al., 1994, 2003](#)), Italy ([Caironi et al., 2005](#)), and the USA ([Greenland et al., 1994; Table 2.2](#)).

Cancer mortality among a subset of deceased former workers at a transformer-manufacturing plant in Massachusetts, USA, was evaluated for (ever having had) exposure to PCBs (Pyranol) ([Greenland et al., 1994](#)). There were positive associations with cancer of the liver and biliary tract (odds ratio, OR, 2.4; 95% CI, 0.6–9.7) and lymphoma (OR, 3.3; 95% CI, 1.1–9.3). In an analysis adjusted for age at death, year of death, and year of hire, the adjusted odds ratio was 2.2 (95% CI, 0.8–6.5) for cancer of the liver and biliary tract and 1.5 (95% CI, 0.55–4.3) for lymphoma. [The Working Group noted that numbers of deaths by site associated with exposure to PCBs were not reported, and job histories were unavailable for 34% of the study population.]

Cancer incidence and mortality until 1995 were studied in a cohort of 2222 men working between 1946 and 1975 at a transformer-manufacturing plant in Manitoba, Canada, where PCBs (Askarels) were used from 1956 to fill large transformers (mineral oils were used in other

Table 2.2 Cohort studies in transformer-manufacturing and transformer-repair workers

Reference, location, follow-up period	Total subjects	Exposure assessment	Organ site (ICD code)	Exposure categories	Exposed cases	Relative risk (95% CI)	Covariates Comments
Greenland, <i>et al.</i> (1994), Massachusetts, USA, 1969–1984	1821 deceased white male workers, aged 21–90 yr, vested in company pension plan	Expert assessment	Oral cavity, larynx, pharynx Oesophagus Stomach Colon excluding rectum Rectum Pancreas Biliary passages, liver, and gallbladder	Pyranol exposure, ever	NR NR NR NR NR NR NR NR	OR, 1.1 (0.4–3.4) OR, 0.9 (0.2–4.1) OR, 0.9 (0.3–3.1) OR, 0.6 (0.3–1.4) OR, 0.9 (0.3–2.3) OR, 1.1 (0.4–2.6) OR, 2.4 (0.6–9.7) OR, 2.2 (0.8–6.5)	Age at death, yr of hire, yr of death. Job history unavailable for 34% of deceased former workers; non-white men and women excluded; workers with > 50% work history unrated for PCBs excluded; deceased < 1969 or not vested (10–15 yr work) excluded. No. of exposed deaths, NR. Pyranol contained about 50% PCB. Other exposures included solvents, machining fluids, asbestos, resins
			Trachea, bronchus, & lung Prostate Bladder Kidney Lymphoma (200–203) Leukaemia (204–208) Brain	Pyranol exposure, ever Pyranol exposure, ever at 97th percentile of control exposure	NR NR NR NR NR NR	OR, 1.0 (0.6–1.6) OR, 0.8 (0.4–1.7) OR, 0.5 (0.1–2.3) OR, 0.4 (0.1–3.4) OR, 3.3 (1.1–9.3) OR, 1.5 (0.6–4.3) OR, 0.5 (0.1–2.1) OR, 1.1 (0.3–3.9)	

Table 2.2 (continued)

Reference, location, follow-up period	Total subjects	Exposure assessment	Organ site (ICD code)	Exposure categories	Exposed cases	Relative risk (95% CI)	Covariates Comments
Yassi et al. (1994, 2003) , Manitoba, Canada, 1946–1995; 1950–1995 (mortality); 1969–1995 (cancer incidence)	2222 men		All cancers	Employment: > 1 mo > 6 mo Transformer assembly	NR NR NR	SMR, 1.2 (1.0–1.5) SMR, 1.2 (0.9–1.6) SMR, 1.6 (0.9–2.8)	13% excluded from original mortality study because of missing identifiers. Total of 261 deaths in cohort until 1995 Total of 104 deaths in subcohort until 1995 Total of 31 deaths in transformer-assembly department until 1995
			Digestive organs (150–159)	> 1 mo > 6 mo Transformer assembly	NR NR NR	SMR, 1.3 (0.9–1.9) SMR, 1.3 (0.6–2.3) SMR, 2.7 (1.0–5.9)	
			Stomach	> 1 mo > 6 mo Transformer assembly	NR NR NR	SMR, 0.8 (0.2–2.3) SMR, 1.8 (0.4–5.2) SMR, 5.1 (9.6–18)	
			Pancreas	> 1 mo > 6 mo Transformer assembly	NR NR NR	SMR, 3.6 (1.9–6.1) SMR, 4.8 (2.1–9.5) SMR, 7.5 (1.5–2.2)	
			Melanoma	> 6 mo	8	SMR, 1.8 (0.2–6.4)	
			All cancers	> 1 mo > 6 mo Transformer assembly	NR NR NR	SIR, 1.2 (1.0–1.4) SIR, 1.0 (0.8–1.3) SIR, 1.1 (0.6–1.7)	Total diagnoses, 168 Total diagnoses, 65 Total diagnoses, 18
			Digestive organs (150–159)	> 1 mo > 6 mo Transformer assembly	NR NR NR	SIR, 1.4 (1.1–1.9) SIR, 1.1 (0.6–1.8) SIR, 1.6 (0.6–3.4)	
			Stomach	> 1 mo > 6 mo Transformer assembly	NR NR NR	SIR, 1.3 (0.5–2.7) SIR, 0.4 (0.0–2.4) SIR, 1.7 (0.0–9.5)	

Table 2.2 (continued)

Reference, location, follow-up period	Total subjects	Exposure assessment	Organ site (ICD code)	Exposure categories	Exposed cases	Relative risk (95% CI)	Covariates Comments
Yassi et al.(1994, 2003) , (cont.)			Pancreas	> 1 mo > 6 mo Transformer assembly	NR NR NR	SIR, 2.7 (1.3–4.9) SIR, 4.3 (1.7–8.8) SIR, 7.2 (1.5–21.1)	
			Gall bladder	> 1 mo > 6 mo Transformer assembly	NR NR NR	SIR, 5.1 (1.4–13) SIR, 2.9 (0.0–16) 0	
			Melanoma	> 1 mo	NR	SIR, 2.2 (1.1–4.0)	
Caironi et al. (2005), Bergamo, Italy, 1950–early 1990s;	471 (372 men, 99 women)		Stomach Intestine excluding rectum (153–4, 159)	All exposed All exposed	7 11	SMR, 1.6 (0.6–2.5) SMR, 2.6 (1.6–3.5)	No. of deaths, but not SMRs reported for other cancers (oral cavity, 4; oesophagus, 1; pancreas, 1; larynx, 2; lung, 18; breast, 3; prostate, 3; bladder, 2; lymphoma, 3; other cancers, 4)
1950–2002			Liver Leukaemia (204–208)	All exposed All exposed	3 2	SMR, 0.3 (0.0–1.1) SMR, 1.8 (0.0–3.6)	

HR, hazard ratio; JEM, job-exposure matrix; mo, month; NHL, non-Hodgkin lymphoma; NR, not reported; RR, rate ratio; SIR, standardized incidence ratio; SMR, standardized mortality ratio

transformers) ([Yassi et al., 2003](#)). The mortality study showed an increased risk of mortality for cancer of the digestive tract, particularly cancers of the stomach and pancreas, among workers in the transformer-assembly department. The incidence study included ten cases of malignant melanoma in the full cohort (SIR, 2.2; 95% CI, 1.1–4.0). Increased risk of cancers of the gall bladder and pancreas was also observed among all workers, and an excess of cancer of the pancreas was reported among workers in the transformer-assembly department (SIR, 7.2; 95% CI, 1.5–21.1) ([Yassi et al., 2003](#)). [The Working Group noted that the authors did not assess individual exposure to PCBs, which makes it difficult to attribute effects specifically to PCBs.]

In a study in Bergamo, Italy, among 471 workers who built transformers between 1950 and 1988, using PCBs until 1980 and mineral oils thereafter, and who repaired transformers from 1988 until the early 1990s, mortality from cancer of the intestine was significantly elevated (SMR, 2.6; 95% CI, 1.6–3.5; 11 deaths), but mortality from cancer of the stomach or liver, or leukaemia, was not ([Caironi et al., 2005](#)). [This was a small study, but it focused on transformer-repair workers who would have had substantial dermal exposure to PCBs.]

2.1.3 Electric power and telecommunications

Studies of cancer mortality and incidence among workers exposed to PCBs in the electric-power and telecommunications industries have been conducted in Canada ([De Guire et al., 1988](#); [Hay & Tarrel, 1997](#)), Italy ([Cammarano et al., 1984, 1986](#)), Norway ([Tynes et al., 1994](#)), and the USA ([Savitz & Loomis, 1995](#); [Loomis et al., 1997](#); [Charles et al., 2003](#); [Table 2.3](#)).

De Guire and coworkers found increased incidence of and mortality from malignant melanoma among 9590 employees of a telecommunications company in Montreal, Canada, who had been employed for 6 months or more between

1976 and 1983 ([De Guire et al., 1988, 1992](#)). Three deaths were identified among men (SMR, 3.0; 95% CI, 0.6–8.8), with a stronger association for those with < 20 years latency (SMR, 9.4; 95% CI, 1.1–34; two deaths) than for those with ≥ 20 years latency (one death; SMR, 1.3; 95% CI, 0.0–7.1). Only one case occurred among women (SMR, 4.8; 95% CI, 0.1–27). [This was a reasonably large cohort, but the number of incident cases was small. Exposure to PCBs may have occurred, but was not assessed.]

Cancer incidence among 5088 workers in the hydroelectric-power industry in Norway employed for at least 1 year between 1920 and 1991 was examined in relation to magnetic fields or electric sparks, and to exposure to PCBs ([Tynes et al., 1994](#)). Workers were classified as ever or never exposed to PCBs, based on work histories. The incidence of malignant melanoma was increased in the full cohort (SIR, 1.1; 95% CI, 0.7–1.8) and among power-supply electricians (SIR, 2.1; [95% CI, 1.0–3.7]). Significantly increased incidence was also reported among workers ever exposed to PCBs and to > 15 μT-years of magnetic fields (SIR, 2.7; [95% CI, 1.2–5.2]). [This study investigated exposure to PCBs and to electric and magnetic fields. Exposures to PCBs and to electric and magnetic fields may be correlated through associations with certain jobs, but exposure is unlikely to confound the association with PCBs, as such exposure is not known to be associated with melanoma.]

Loomis and colleagues assessed risk of cancer in relation to PCB exposure among 138 905 male employees of five utility companies in California, North Carolina, Pennsylvania, Tennessee, and Virginia, USA, who were employed for at least 6 months between 1950 and 1986 ([Savitz & Loomis, 1995](#); [Loomis et al., 1997](#)). Exposures were assessed jointly by representatives of employees and management and by industrial hygienists. Mortality from melanoma increased with increasing exposure to PCBs, from 1.2 (95% CI, 0.6–2.5) for those with < 2000 hours cumulative

Table 2.3 Cohort studies in electric-power and telecommunications workers

Reference, location, follow-up period	Total subjects	Exposure assessment	Organ site (ICD code)	Exposure categories	Exposed cases	Relative risk (95% CI)	Covariates Comments
De Guire et al. (1988, 1992) , Montreal, Canada, 1976–1983	9590	Working on 1 January 1976 or up to 31 December 1963, ≥ 6 mo employment. Exposed to polyvinyl chloride, soldering fumes, and PCBs	All cancers	Men	67	SMR, 0.6 (0.5–0.7)	
			Oral cavity, larynx, pharynx	Men	1	SMR, 0.2 (0.0–1.0)	
			Digestive organs (150–159)	Women	17	SMR, 0.9 (0.5–1.4)	
			Trachea, bronchus, lung	Men	22	SMR, 0.7 (0.4–1.1)	
			Melanoma	Women	5	SMR, 1.2 (0.4–2.9)	
				Men	26	SMR, 0.6 (0.4–0.8)	
				Women	4	SMR, 1.5 (0.4–4.0)	
				Men	3	SMR, 3.0 (0.6–8.8)	
				Women	1	SMR, 4.8 (0.1–27)	
				Men, < 20 yr latency	2	SMR, 9.4 (1.1–34)	
				Men, ≥ 20 yr latency	1	SMR, 1.3 (0.0–7.1)	
				Women, < 20 yr latency	1	SMR, 12.1 (0.0–67)	
				Men	2	SMR, 0.5 (0.1–1.7)	
	Men	7	SMR, 0.7 (0.3–1.5)				
	Women	5	SMR, 0.9 (0.3–2.0)				
Tynes et al. (1994) , Norway, 1920–1991; 1953–1991	5088 men	Worked ≥ 1 yr at any of eight hydroelectric-power companies	Rectum	Employment ≥ 1 yr	27	SIR, 1.1 (0.7–1.6)	
			Lung		68	SIR, 1.1 (0.9–1.4)	
			Breast		1	SIR, 1.1 (0.0–76)	
			Prostate		90	SIR, 1.1 (0.9–1.3)	
			Bladder		27	SIR, 0.8 (0.5–1.2)	
			Melanoma		19	SIR, 1.1 (0.7–1.8)	
			Brain		13	SIR, 0.9 (0.5–1.5)	
			Lymphoma		12	SIR, 0.7 (0.4–1.2)	
			Leukaemia		11	SIR, 0.9 (0.5–1.6)	
			Melanoma	Ever exposed to PCBs	9	SIR, 1.8 [0.8–3.4]	Incidence of other cancers not analysed in association with PCB exposure
				Ever exposed to PCBs, 0–15 µT-yr	0		
				Ever exposed to PCBs, > 15 µT-yr	9	SIR, 2.7 [1.2–5.2]	

Table 2.3 (continued)

Reference, location, follow-up period	Total subjects	Exposure assessment	Organ site (ICD code)	Exposure categories	Exposed cases	Relative risk (95% CI)	Covariates Comments
Loomis et al. (1997) , California, North Carolina, Pennsylvania, Tennessee, Virginia, USA, 1950–1988	138 905 men	Employed > 6 mo, 1950–1986, exposures assessed by panels of workers, hygienists, managers; calculated cumulative exposure to insulating fluids containing PCBs	All cancers	Potential PCB exposure: > 0 to < 5 year 5 to < 10 year 10 to < 20 year ≥ 20 year Cumulative PCB exposure (h), 20-yr lag: > 0–2000 > 2000–10 000 > 10 000	916 454 601 656 2605 331 81	RR, 2.2 (0.9–1.2) RR, 1.0 (0.9–1.2) RR, 1.1 (1.0–1.2) RR, 1.1 (1.0–1.2) RR, 1.0 (1.0–1.1) RR, 1.2 (1.1–1.3) RR, 1.0 (0.8–1.3)	Age, calendar time, race, social class, active work status.
			Brain	Potential PCB exposure: 0 to < 5 yr 5 to < 10 yr 10 to < 20 yr ≥ 20 yr Cumulative PCB exposure (h), 20-yr lag: > 0–2000 > 2000–10 000 > 10 000	32 15 17 12 66 5 0	RR, 1.3 (0.8–2.2) RR, 1.4 (0.7–2.6) RR, 1.3 (0.7–2.4) RR, 1.1 (0.6–2.2) RR, 1.0 (0.7–1.6) RR, 0.7 (0.3–1.9) RR, 0.0 (0.0–2.6)	Age, calendar time, race, social class, active work status, magnetic fields, solvents
			Liver (155)	Potential PCB exposure: 0 to < 5 yr 5 to < 10 yr 10 to < 20 yr ≥ 20 yr Cumulative PCB exposure (h), 20-yr lag: > 0 to 2000 > 2000–10 000 > 10 000	13 5 13 5 29 3 1	RR, 1.1 (0.5–2.3) RR, 0.8 (0.3–2.2) RR, 1.8 (0.9–3.6) RR, 0.7 (0.3–1.9) RR, 0.5 (0.3–0.5) RR, 0.4 (0.1–1.4) RR, 0.4 (0.1–3.0)	Age, calendar time, race, social class, active work status, solvents

Table 2.3 (continued)

Reference, location, follow-up period	Total subjects	Exposure assessment	Organ site (ICD code)	Exposure categories	Exposed cases	Relative risk (95% CI)	Covariates Comments
Loomis et al. (1997) , (cont.)			Melanoma	Potential PCB exposure: 0 to < 5 yr 5 to < 10 yr 10 to < 20 yr ≥ 20 yr Cumulative PCB exposure (h), 0-yr lag: > 0-2000 > 2000-10 000 > 10 000 Cumulative PCB exposure (h), 20-yr lag: > 0 to 2000 > 2000-10 000 > 10 000 RR per 2000 h cumulative PCB exposure (continuous variable): 0-yr lag 20-yr lag	25 9 11 8 73 12 3 42 8 1 - -	RR, 1.3 (0.6-2.6) RR, 1.1 (0.5-2.7) RR, 1.4 (0.6-3.3) RR, 1.6 (0.6-4.2) RR, 1.2 (0.6-2.5) RR, 1.7 (0.7-7.1) RR, 1.9 (0.5-7.1) RR, 1.3 (0.8-2.2) RR, 2.6 (1.1-6.0) RR, 4.8 (1.5-15) RR, 1.02 (0.99-1.05) RR, 1.05 (1.01-1.09)	Age, calendar time, race, social class, active work status, occupational sunlight, wood preservatives
Charles et al. (2003) , California, North Carolina, Pennsylvania, Tennessee, Virginia, USA, 1950-1988	387 cases of prostate cancer and 1935 controls matched on age at risk	See Loomis et al. (1997)	Prostate (185)	Cumulative PCB exposure (h): < 1.9 1.9 to < 12.6 12.6 to < 620.1 620.1 to < 2821.4 ≥ 2821.4	94 85 105 55 48	OR, 1.0 OR, 0.9 (0.6-1.2) OR, 1.1 (0.8-1.5) OR, 0.8 (0.6-1.2) OR, 1.2 (0.8-1.7)	Age-matched and adjusted for race Same cohort studied by Loomis et al. (1997)

Table 2.3 (continued)

Reference, location, follow-up period	Total subjects	Exposure assessment	Organ site (ICD code)	Exposure categories	Exposed cases	Relative risk (95% CI)	Covariates Comments
Charles et al. (2003) (cont.)				Cumulative PCB exposure (h), 5-yr lag:			
				< 1.6	91	OR, 1.0	
				1.6 to < 12.1	87	OR, 0.9 (0.6–1.2)	
				12.1 to < 597.9	104	OR, 1.1 (0.8–1.5)	
				597.9 to < 2763.2	58	OR, 0.9 (0.6–1.3)	
				≥ 2763.2	47	OR, 1.1 (0.8–1.7)	
				Cumulative PCB exposure ≥ 2763.2 h and EMF ≥ 4.4 µT-yr	35	OR, 1.5 (1.0–2.2)	Equivalent results for total cumulative exposure
Hay & Tarrel (1997) , New Brunswick, Canada, 1950–1966; 1950–1992	225 men		All cancers	First sprayed 1950–1958 First sprayed 1959–1966	18 3	SMR, 1.5 (0.9–2.3) SMR, 1.1 (0.2–3.2)	Sprayed vegetation under power lines with 2,4-D and 2,4,5-T; 1958–66, waste transformer oil with PCBs added to herbicides
Cammarano et al. (1984, 1986) , Milano, Italy; 1960–1969; 1969–1985	270 men	Working on 1 January 1960 or up to 31 December 1969, ≥ 6 mo employment	All cancers Stomach Trachea, bronchus, lung Bladder	Exposure: ≥ 10 yr ≥ 10 yr ≥ 10 yr ≥ 10 yr	18 3 5 2	[SMR, 2.2 (1.3–3.4)] [SMR, 3.0 (0.6–8.7)] [SMR, 1.8 (0.6–4.1)] [SMR, 7.4 (0.9–26)]	Exposed to PAHs, asbestos, hydrazine, chromium, nickel, beryllium, and PCBs SMRs from Cammarano et al. (1986) All other cancer sites had one or zero death

EMF, electromagnetic fields; mo, month; OR, odds ratio; PAH, polycyclic aromatic hydrocarbon; PCB, polychlorinated biphenyl; RR, rate ratio; SIR, standardized incidence ratio; SMR, standardized mortality ratio; wk, weeks; yr, year

exposure to PCBs, to 1.7 (95% CI, 0.7–7.1) among those with 2000–10 000 hours cumulative exposure, to 1.9 (95% CI, 0.5–7.1) for those with > 10 000 hours of cumulative exposure over their career. When exposure was lagged by 20 years, the respective relative risks were 1.3 (95% CI, 0.8–2.2), 2.6 (95% CI, 1.1–6.0), and 4.8 (95% CI, 1.5–15.0). When the risk of melanoma was modelled with a continuous variable for cumulative exposure to PCBs, the relative risk per 2000 hours of exposure was 1.05 (95% CI, 1.01–1.09) with a 20-year lag. There was no association with cancer of the liver, and the association with cancer of the brain was less strong: the relative risk was 1.6 (95% CI, 0.9–3.0) among those with < 2000 hours cumulative exposure and 1.8 (95% CI, 0.8–4.0) among those with 2000–10 000 hours cumulative exposure, but there were no deaths from cancer of the brain among those with > 10 000 hours cumulative exposure ([Loomis *et al.*, 1997](#)).

A nested case–control study within this utility-worker cohort investigated mortality from cancer of the prostate relative to exposure to electromagnetic fields and PCBs ([Charles *et al.*, 2003](#)). Cases were 387 prostate-cancer decedents; 1935 controls (5 per case) were randomly selected from the risk sets of the cases. The odds ratio for cumulative exposure to PCBs for ≥ 2821.4 hours and mortality from cancer of the prostate, adjusted for age and race, was 1.2 (95% CI, 0.8–1.7). For workers with ≥ 2763.2 hours of exposure to PCBs and ≥ 4.4 μT years of exposure to magnetic fields, the adjusted odds ratio was 1.5 (95% CI, 1.0–2.2).

[The Working Group considered that, because of the size of the cohort and the efforts to assess exposure, the Loomis–Charles studies were the strongest in this group, especially the results showing an exposure–response effect. The lagged analysis of melanoma mortality was informative about exposure–time windows.]

Some information about cancer risk among electrical workers with exposure to PCBs was reported in two smaller studies. [Hay & Tarrel](#)

([1997](#)) investigated mortality in 1958–1991 among power-company workers in Canada who applied mixtures of the pesticides 2,4-D (2,4-dichlorophenoxyacetic acid) and 2,4,5-T (2,4,5-trichlorophenoxyacetic acid) and waste transformer oil that contained up to 10% PCBs. All-cancer mortality was increased among workers who first sprayed in 1958 or earlier (SMR, 1.5; 95% CI, 0.9–2.3; 18 deaths), but not among those first exposed in 1959 or later, when used transformer oil was added to the pesticide mix (SMR, 1.1; 95% CI, 0.2–3.2; three deaths). [The Working Group noted that the results were not presented by cancer site and concluded that exposures to PCBs were likely to have been negligible.]

Mortality until 1985 was investigated among 270 men who had worked for at least 6 months in a thermoelectric power plant in Italy and who were exposed to PCBs, chromium, nickel, beryllium, polycyclic aromatic hydrocarbons (PAHs), asbestos, and hydrazine ([Cammarano *et al.*, 1984, 1986](#)). Among workers with > 10 years exposure, 18 cancer deaths occurred [SMR, 2.2; 95% CI, 1.3–3.4] ([Cammarano *et al.*, 1986](#)). [The Working Group noted that workers were exposed to several human carcinogens and that the study was very small, with only one death for most cancer sites, making it difficult to interpret site-specific mortality.]

2.1.4 Miscellaneous industries

As PCBs have been used in many applications, workers in many industries have been exposed, and as structures and equipment that contain PCBs are repaired, demolished, or replaced, workers involved in these operations and/or in waste recycling and disposal may be exposed. There have been many reports of PCB exposure levels and existing or potential health effects associated with exposure to materials containing PCBs, but studies of cancer are very limited.

[Robinson *et al.* \(1999\)](#) conducted a proportionate mortality study of 31 068 deceased,

unionized, electrical workers employed in the construction industry, who might have been exposed to PCBs (and other agents) during their working lives. Excess mortality occurred for melanoma (proportionate mortality ratio, PMR, 1.23; 95% CI, 1.02–1.47) and cancer of the prostate (PMR, 1.07; 95% CI, 1.00–1.14). [Although this very large death-certificate study found an excess risk for cancers that have been associated with exposure to PCBs in other PCB-exposed cohorts, exposure in this cohort could not be confirmed.]

Unspecified industrial uses of PCBs have been associated with an increased risk of cancer. Bahn and colleagues reported two cases of malignant melanoma among 31 workers in research and development and refinery industries in New Jersey, USA, who were exposed to PCB mixtures, where 0.04 cases would be expected [SIR, 50.0; 95% CI, 5.6–217] ([Bahn et al., 1976](#)).

2.2 Cohort studies of environmental exposure

2.2.1 Accidental exposure to PCBs

(a) Cancer mortality in Yusho patients, Japan

The first evaluation by IARC of the possible carcinogenic risk of human exposure to PCBs reported the accidental exposure to PCBs through ingestion of rice oil contaminated by Kanechlor 400 in 1968 in western Japan (see Section 1). In an early analysis of deaths occurring up to 5.5 years after exposure among 1200 Yusho patients, nine deaths from malignant neoplasms were reported, including three tumours of the stomach, two tumours of the lung, one cancer of the liver, one of the breast, and two lymphomas ([Urabe, 1974](#); [Kuratsune, 1976](#)). A first update considered mortality among 1761 Yusho patients followed up until 1983 ([Kuratsune et al., 1988](#)). Among men, there was a statistically significant increase in mortality from all neoplasms (SMR,

2.13; 95% CI, 1.5–3.0), and particularly cancer of the liver (SMR, 5.6; 95% CI, 2.6–10.7), and lung (SMR, 3.2; 95% CI, 1.4–6.3). No statistically significant increase in tumours was reported among the women.

After these early reports, two other mortality analyses of this cohort have been published with follow-up periods up to 1990 and up to 2007 respectively (see [Table 2.4](#)). The first report ([Ikeda & Yoshimura, 1996](#)) analysed the mortality of 1815 patients (916 men and 899 women), with an average follow-up of 17 years. In the 40-year follow-up of the total of 1918 patients registered as of 31 December 2007 ([Onozuka et al., 2009](#)), 254 cases who had not been diagnosed as Yusho from the beginning of the incident were excluded, leaving 1664 cases for analysis (860 men and 804 women). Of the 269 deaths among men, there was a significant excess mortality from all cancers (SMR, 1.37; 95% CI, 1.11–1.66), and from cancers of the lung (SMR, 1.75; 95% CI, 1.14–2.57) and liver (SMR, 1.82; 95% CI, 1.06–2.91). For women, mortality for cancer of the liver was in excess, although not significantly so (SMR, 1.95; 95% CI, 0.78–4.01). Analysis of different periods since the incident showed that the increased risk for all malignancies, and for cancers of the lung and liver tended to decrease over time.

A more recent analysis that did not exclude the 254 patients diagnosed after 1977 ([Yoshimura, 2012](#)) reported essentially the same pattern of mortality, with slightly weaker standardized mortality ratios for cancers of the lung and liver ([Table 2.4](#)).

Finally, another analysis of mortality of Yusho patients followed up until 2007 was restricted to the area of Tamamura in the Goto Archipelago (Nagasaki prefecture), because it was the most severely affected ([Kashima et al., 2011](#)). Standardized mortality ratios for all cancers, lung cancer, and liver cancer were estimated using the rates of Nagasaki prefecture as the reference and compared for the years 1968–77 and 1978–2002. A slight excess cancer of the

Table 2.4 Cohort studies of cancer associated with poisoning from rice oil contaminated with PCBs in Japan and Taiwan, China

Reference, location follow-up period	Total subjects	Exposure assessment	Organ site (ICD code)	Exposure categories	Exposed cases/deaths	SMR (95% CI)	Covariates Comments
<i>Yusho patients</i>							
Onozuka et al. (2009) Fukuoka and Nagasaki, Japan 1968–2007	1664 Yusho patients	Mass poisoning by contaminated rice oil Men	All cancers Liver Lung Stomach Rectum Pancreas Leukaemia	Overall, compared with national death rates	100 men, 33 women	1.37 (1.11–1.66) 1.82 (1.06–2.91) 1.75 (1.14–2.57) 1.17 (0.72–1.81) 0.65 (0.08–2.36) 1.49 (0.55–3.24) 1.19 (0.14–4.29)	Age, sex Total number of Yusho patients was 1918, but 254 subjects registered after 1977 (not diagnosed as Yusho from the beginning of the incident) were excluded in this analysis
		Women	All cancers Liver Lung Stomach Rectum Pancreas Leukaemia (204–206) Breast Uterus		33 7 4 2 1 3 0 3 3	0.75 (0.51–1.05) 1.95 (0.78–4.01) 0.82 (0.22–2.11) 0.22 (0.03–0.81) 0.56 (0.01–3.10) 1.02 (0.21–2.98) 0.00 (0.00–3.25) 0.93 (0.19–2.72) 1.14 (0.24–3.33)	
Yoshimura (2012) Fukuoka and Nagasaki, Japan 1968–2007	1918 Yusho patients	Mass poisoning by contaminated rice oil Men	All cancers Liver Lung Stomach All cancers Liver Lung Stomach	Overall, compared with national death rates	106	1.26 (1.03–1.53) 1.67 (0.99–2.63) 1.56 (1.03–2.27) 1.09 (0.68–1.67)	Age, sex As for Onozuka et al. (2009) , including the 254 subjects registered after 1977
		Women	All cancers Liver Lung Stomach		18 27 21 46 8 5 4	0.89 (0.65–1.17) 1.87 (0.81–3.69) 0.86 (0.28–2.01) 0.39 (0.11–0.99)	

Table 2.4 (continued)

Reference, location follow-up period	Total subjects	Exposure assessment	Organ site (ICD code)	Exposure categories	Exposed cases/deaths	SMR (95% CI)	Covariates Comments
Kashima et al. (2011) Fukuoka and Nagasaki, Japan 1968–2002	533 Yusho patients from Tamamoura area	Mass poisoning by contaminated rice oil 1968–77	All cancers Lung All cancers Liver Lung	Rates from Tamamoura, compared with Nagasaki prefecture	329 (total) 86 11 243 21 37	1.13 (0.92–1.40) 1.37 (0.76–2.48) 1.03 (0.91–1.17) 0.77 (0.50–1.18) 0.87 (0.63–1.20)	Age, sex As for Onozuka et al. (2009) for both sexes combined, using different reference population; Tamamoura was the most affected area Liver cancer was not mentioned in the analysis of the period 1968–77
<i>Yucheng patients</i>							
Tsai et al. (2007) Three counties in central Taiwan, China 1980–2003	1823 Yucheng patients	Mass poisoning by contaminated rice oil Men (n = 841) Women (n = 987) Both sexes	All cancers Nasopharynx Liver & intrahepatic bile ducts Lung Lymphatic & haematopoietic (200–208) All cancers Nasopharynx Liver & intrahepatic bile ducts Lung Lymphatic & haematopoietic All cancers Nasopharynx Liver & intrahepatic bile ducts Lung Lymphatic & haematopoietic (200–208)	Overall, compared with national death rates	215 deaths (129 men, 86 women) 29 3 4 7 4 12 0 4 1 0 41 3 8 8 4	0.9 (0.6–1.3) 2.3 (0.5–6.8) 0.5 (0.1–1.2) 1.1 (0.4–2.2) 2.3 (0.6–6.0) 0.7 (0.3–1.1) – 1.6 (0.4–4.1) 0.3 (0.0–1.9) – 0.8 (0.6–1.1) 1.6 (0.3–4.7) 0.7 (0.3–1.4) 0.8 (0.4–1.6) 1.3 (0.4–3.4)	Age, sex There was also a significant association for mortality by chronic liver disease and cirrhosis (ICD-9 571)

Table 2.4 (continued)

Reference, location follow-up period	Total subjects	Exposure assessment	Organ site (ICD code)	Exposure categories	Exposed cases/deaths	SMR (95% CI)	Covariates Comments
Li <i>et al.</i> (2013) Three counties in central Taiwan, China 1980–2008	1803 Yucheng patients and 5170 referents (neighbours)	Mass poisoning by contaminated rice oil Men (<i>n</i> = 830)	All neoplasms (148–239) Liver & intrahepatic bile ducts (155) Trachea, bronchus & lung (162) Stomach (151) Lymphatic & haematopoietic (200–208) Thyroid gland (193) All neoplasms (148–239) Liver & intrahepatic bile ducts (155) Trachea, bronchus & lung (162) Stomach (151) Lymphatic & haematopoietic (200–208) Thyroid gland (193)	Overall, compared with neighbourhood referents	295 deaths (178 men, 117 women) 46 4 10 7 5 0 21 6 1 1 0 2 4 67 10 11 8 5 2	1.3 (0.9–1.7) 0.4 (0.1–1.1) 1.5 (0.8–2.7) 3.5 (1.5–7.0) 3.0 (1.1–6.6) – 0.8 (0.5–1.2) 2.1 (0.9–4.5) 0.4 (0.0–1.7) 0.5 (0.0–2.5) – 2.0 (0.3–6.7) 1.1 (0.4–2.7) 1.1 (0.8–1.4) 0.9 (0.4–1.5) 1.1 (0.6–1.9) 2.0 (0.9–3.8) 1.5 (0.6–3.4) 2.2 (0.4–7.2)	Age, sex, community Significant association for mortality from chronic liver disease and cirrhosis (ICD-9 571)
		Women (<i>n</i> = 973)					
		Both sexes					

PCB, polychlorinated biphenyl; SMR, standardized mortality ratio

lung was observed in Tamamura in 1968–77 (SMR, 1.37; 95% CI, 0.76–2.48) [data for cancer of the liver not reported for that period] and no increase in mortality was seen during the later period ([Table 2.4](#)). However, significant excess mortality for all cancers, and for cancers of the lung or liver, were observed for the rest of the Goto Archipelago (excluding Tamamura) in 1978–2002.

[The Working Group noted that excess cancer mortality was largely restricted to men. In addition the excesses of cancers of the lung and liver were observed in the full population of Yusho patients in analyses using national reference rates, but not in the subset from the Tamamura area analysed using local reference rates. Important confounders such as tobacco smoking for cancer of the lung, or viral hepatitis for cancer of the liver could not be taken into account directly, although they may have been partially controlled for by using local reference rates, if the distribution of such confounders in the local reference population were similar to that of the study population. Yusho patients were also exposed to PCDFs. The possibility of confounding by other exposures therefore could not be completely ruled out.]

(b) *Cancer mortality in Yucheng patients, Taiwan, China*

In 1979, about 10 years after the incident in western Japan, a similar food poisoning incident occurred in three counties (Taichung, Changhua, and Miaoli) of central Taiwan, China (see Section 1). About 2000 residents from these counties had ingested rice oil contaminated with PCBs, and showed clinical manifestations similar to those described for Yusho (skin eruptions and pigmentation, ocular hypersecretion, and peripheral neuropathy); the syndrome was named ‘Yucheng’ (‘oil disease’ in Chinese) (see Section 4). Two mortality analyses have been carried out on this exposed cohort, after 12 and 24 years of follow-up, and are summarized in

[Table 2.4](#). The first study cohort was based upon 2038 cases registered until 1979; after excluding 99 cases for which vital status could not be assessed, 1940 [sic] Yucheng patients (929 men, 1011 women) remained for analysis of mortality ([Hsieh et al., 1996](#)). During 1980–91, 11 deaths from malignancies were observed (8 men, 3 women); overall and sex-specific mortality was non-significantly lower than among the general population, using either local or national reference rates. Data for specific tumour sites were sparse, and included one death from Hodgkin lymphoma and two deaths from cancer of the liver (one man and one woman). Another analysis of the same study population was conducted with the same follow-up (1980–91), but further exclusions, leaving 1837 patients for analysis and 10 observed deaths from cancer ([Yu et al., 1997](#)). Although the standardized mortality ratio for all cancers differed substantially from that in the previous analysis, it was not significantly different from that expected based on national rates (SMR, 1.2; 95% CI, 0.6–2.3). Data for specific cancer sites were not reported. [The Working Group noticed the discrepancy between estimates of standardized mortality ratio based upon apparently very similar data sets.]

Data for updated analyses of Yucheng patients are shown in [Table 2.4](#). [Tsai et al. \(2007\)](#) extended the follow-up to 2003. From a list of 2061 registered patients, 70 exposed in utero and 168 who could not be traced were excluded, leaving 1823 patients. Forty-one deaths by cancer were observed between 1980 and 2003. Mortality from all neoplasms was not statistically different from that in the population in Taiwan, China, overall or by sex; mortality from cancers at several sites, including liver, lung, and the lymphatic and haematopoietic system, was also similar to that of the national population. As in a previous study, mortality from chronic liver disease and cirrhosis was significantly increased. [The Working Group noted that chronic liver disease and cirrhosis are important risk factors for cancer of the liver,

together with infection with hepatitis B and C viruses, and tobacco smoking.]

A second updated analysis of Yucheng patients extended the follow-up to 2008 ([Li et al., 2013](#)). As referents for comparison, the authors used subjects from the registry set up in 1979, residents of the same community, of the same sex and age (within 3 years) as the Yucheng patients, but who did not meet the criteria to be considered as Yucheng patients. After exclusions because of missing or inconsistent data, a total of 1803 Yucheng subjects and 5170 neighbourhood referents were considered for analysis; a total of 67 Yucheng patients died from cancer during 1980–2008. No significant association with all cancer mortality was found overall or among women. Among men, increased mortality was reported for cancer of the stomach (SMR, 3.5; 95% CI, 1.5–7.0, seven deaths) and neoplasms of lymphatic and haematopoietic tissue (SMR, 3.0; 95% CI, 1.1–6.6, five deaths). Mortality from cancer of the liver was elevated among women (SMR, 2.1; 95% CI, 0.9–4.5, six deaths), but not among men (SMR, 0.4; 95% CI, 0.1–1.1, four deaths). [The neighbourhood referent population used in this study may also have been exposed, which would lead to underestimation of relative risks.]

[The Working Group noted that the excess mortality from all cancers and tumours of the liver observed in Yusho patients was not present in Yucheng patients. The composition of PCDF isomers differed markedly between the two incidents: the main PCDF isomer in Yusho patients was 2,3,4,7,8-pentachlorinated dibenzofuran, which has a higher toxic equivalency factor than the main isomer affecting Yucheng patients, 1,2,3,4,7,8-hexachlorinated dibenzofuran ([Onozuka et al., 2009](#)). On the other hand, no excess mortality for cancers of the stomach or lymphatic and haematopoietic tissue was observed in the Yusho patients. The same other limitations mentioned for the Yusho cohort applied to the Yucheng studies:

residual confounding, or chance due to multiple comparison made in these analyses could not be discounted.]

2.2.2 Dietary exposure to PCBs

See [Table 2.5](#)

Apart from incidental contamination, chronic exposure to PCBs may occur through a diet rich in foods with a high content of PCBs; such exposure has been observed in northern Europe in populations with a high consumption of fish.

Cohorts of fishermen from the east coast and west coasts of Sweden were established in 1968 and 1965 respectively ([Rylander & Hagmar, 1995](#); [Svensson et al., 1995](#)). Women who were, or had been, married to these fishermen were identified from national and local population registries. After exclusion because of death, divorce, or emigration, the respective cohorts of fishermen's wives included 1986 women on the east coast and 6605 women on the west coast ([Rylander & Hagmar, 1995](#)). Information on vital status and cancer incidence up to 1989 was gathered from Swedish statistics and the Swedish cancer registry. Cancer incidence was compared directly between the cohorts on the east coast (contaminated) and west coast (control), with adjustment for age and calendar year. The incidence rate ratio (IRR) for all cancers was 1.19 (95% CI, 1.00–1.41). Among specific cancer sites, risk was increased for cancer of the breast (IRR, 1.35; 95% CI, 0.98–1.86), cervix (IRR, 1.93; 95% CI, 0.83–4.50) and corpus uteri (IRR, 1.16; 95% CI, 0.61–2.20). All cancer mortality was also significantly more elevated in the east-coast cohort when compared with the regional rates (SIR, 1.17; 95% CI, 1.00–1.36). Dietary information showed modest differences in consumption of fatty fish between the east and west coasts. In a recent update extending the follow-up until 2002 ([Mikoczy & Rylander, 2009](#)) expected mortality and cancer incidence were based on national

Table 2.5 Cohort studies of risk of cancer associated with high dietary intake of PCBs

Reference, location, follow-up period	Total subjects	Exposure assessment/population	Organ site (ICD code)	Exposure categories	Exposed cases	Relative risk (95% CI)	Covariates Comments
Mikoczny & Rylander (2009)	2042 (east coast) and 6674 (west coast) fishermen's wives	Dietary intake of fatty fish from Baltic Sea (east coast) West coast	All sites	Comparison with national rates	1201	SIR (95% CI)	Age Possible coexposure to PCDDs and PCDFs
Sweden 1968–2002 (east coast)			Stomach		39	0.92 (0.87–0.98)	
Sweden 1965–2002 (west coast)			Colon		103	0.86 (0.61–1.18)	
			Rectum		52	0.97 (0.79–1.18)	
			Liver, bile ducts		39	1.00 (0.75–1.31)	
			Lung		33	0.99 (0.70–1.36)	
			Breast		305	0.61 (0.42–0.86)	
			Melanoma		38	0.90 (0.81–1.01)	
			Skin		60	1.03 (0.73–1.41)	
			Brain		41	1.43 (1.09–1.84)	
			Soft tissue sarcoma		3	1.05 (0.75–1.42)	
			Lymphohaematopoietic (200–207)		3	0.38 (0.08–1.10)	
			Hodgkin lymphoma (201)		75	0.92 (0.73–1.16)	
			Multiple myeloma (203)		3	0.63 (0.13–1.83)	
			NHL (200, 202)		19	1.12 (0.68–1.76)	
			All sites (140–209)		35	1.03 (0.71–1.43)	
		East coast	Stomach		345	1.09 (0.98–1.21)	
			Colon		12	1.39 (0.72–2.43)	
			Rectum		38	1.61 (1.14–2.21)	
			Liver, bile ducts		13	1.09 (0.58–1.86)	
			Lung		11	1.35 (0.67–2.42)	
			Breast		12	0.83 (0.43–1.46)	
			Melanoma		92	1.03 (0.83–1.27)	
			Skin		8	0.76 (0.33–1.49)	
			Brain		9	0.95 (0.43–1.80)	
			Soft tissue sarcoma		14	1.37 (0.75–2.30)	
			Lymphohaematopoietic (200–207)		1	0.51 (0.01–2.84)	
			Hodgkin lymphoma (201)		18	0.94 (0.56–1.48)	
			Multiple myeloma (203)		1	0.93 (0.02–5.19)	
			NHL (200, 202)		6	1.58 (0.58–3.43)	
					6	0.71 (0.26–1.55)	

Table 2.5 (continued)

Reference, location, follow-up period	Total subjects	Exposure assessment/population	Organ site (ICD code)	Exposure categories	Exposed cases	Relative risk (95% CI)	Covariates Comments
Turunen <i>et al.</i> (2008) Finland 1980–2005	4260 fishermen's wives	Dietary intake of fatty fish from Baltic Sea	All malignant neoplasms Colon Rectum & anus Stomach Breast Larynx, trachea & lung Lymphoid, haematopoietic, & related tissue	Overall, compared with national death rates	115 10 8 2 18 8 10	SMR (95% CI) 0.97 (0.80–1.15) 1.30 (0.62–2.39) 2.13 (0.92–4.19) 0.30 (0.04–1.08) 0.80 (0.47–1.25) 0.70 (0.30–1.38) 0.83 (0.40–1.53)	Age
Helmfrid <i>et al.</i> (2012) Gusum, Sweden 1960–2003	Residents in contaminated area (number not given)	Consumption of foods with high PCB content from contaminated local river Men	(ICD-7) All sites Stomach Colon Rectum Liver/bile ducts Pancreas Bronchus & lung Breast Prostate Testis Malignant melanoma of skin Other skin Brain Lymphoma (200–202) Multiple myeloma (203) Leukaemia (204) Lymphatic & haematopoietic tissues (200–207)	Overall, compared with national death rates	346 25 21 10 8 14 22 1 100 7 15 15 3 22 7 5 38	SIR (95% CI) 0.91 (0.78–1.05) 1.00 (0.65–1.83) 0.76 (0.46–1.16) 0.54 (0.25–0.99) 0.88 (0.37–1.73) 1.17 (0.63–1.97) 0.64 (0.40–0.97) NR 1.06 (0.86–1.29) 2.46 (0.99–5.08) 1.56 (0.87–3.94) 0.81 (0.45–1.34) 0.31 (0.06–0.91) 1.60 (1.00–2.42) 1.25 (0.50–2.42) 0.88 (0.28–3.57) 1.20 (0.84–1.65)	Age, time period Possible coexposure to metals because of industrial activities

Table 2.5 (continued)

Reference, location, follow-up period	Total subjects	Exposure assessment/population	Organ site (ICD code)	Exposure categories	Exposed cases	Relative risk (95% CI)	Covariates Comments
Helmfrid et al. (2012)		Women	All sites		295	0.91 (0.77–1.07)	
Gusum, Sweden 1960–2003 (cont.)			Stomach		15	1.11 (0.62–1.88)	
			Colon		17	0.65 (0.37–1.04)	
			Rectum		12	0.95 (0.49–1.66)	
			Liver/bile ducts		9	0.91 (0.41–1.73)	
			Pancreas		6	0.62 (0.22–1.34)	
			Bronchus & lung		6	0.49 (0.18–1.08)	
			Breast		80	0.97 (0.77–1.21)	
			Malignant melanoma of skin		11	1.22 (0.60–2.19)	
			Other skin		7	0.70 (0.28–1.44)	
			Brain		13	1.37 (0.72–2.34)	
			Lymphoma (200–202)		8	0.82 (0.35–1.63)	
			Multiple myeloma (203)		2	0.49 (0.05–1.77)	
			Leukaemia (204)		4	1.25 (0.34–3.21)	
			Lymphatic & haematopoietic tissues (200–207)				
Tomasallo et al. (2010)	3757 subjects (2275 fish consumers, 1482 non-consumers)	Dietary intake of Great Lakes sport fish	All cancers	Fish consumers	83	SMR (95% CI) 0.92 (0.74–1.13)	
Great Lakes area, USA 1995–2006			Pancreas	consumers	6	1.24 (0.45–2.44)	
			Brain		5	1.91 (0.60–3.96)	
			Breast, ovary, & uterus		6	1.47 (0.46–3.04)	
			All cancers	Non-consumers	47	0.87 (0.64–1.13)	
			Pancreas	consumers	2	0.72 (0.07–2.07)	
			Brain		1	0.70 (0.0–2.76)	
			Breast, ovary, & uterus		1	0.44 (0.0–1.73)	

NHL, non-Hodgkin lymphoma; NR, not reported; OR, odds ratio; PCDDs, polychlorinated dibenzodioxins; PCDFs, polychlorinated dibenzofurans; SIR, standardized incidence ratio; SMR, standardized mortality ratio

rates, and no direct comparison between east- and west-coast cohorts were reported. Standardized mortality ratios for all cancers combined were 0.98 (0.91–1.06) for the west-coast cohort and 1.15 (95% CI, 0.98–1.34) for the east-coast cohort. Statistically significant excess incidence was reported for cancer of the colon in the east-coast cohort (SIR, 1.61; 95% CI, 1.14–2.21) and non-melanoma cancer of the skin in the west-coast cohort (SIR, 1.43; 95% CI, 1.09–1.84). [The Working Group noted that the excess of cancer incidence observed using regional rates as reference became nonsignificant when national rates were used. Because of the lack of specific exposure information, the possibility of confounding cannot be ruled out.]

In Finland, a cohort of Baltic Sea fishermen was identified from the Professional Fishermen Register, and their wives were identified from the Population Register (Turunen *et al.*, 2008). A cohort of 4260 women was linked with Statistics Finland's national cause-of-death data from 1980 to 2005, and expected deaths were calculated according to national rates. Furthermore, a cross-sectional substudy was conducted among 94 cohort participants who undertook a health examination in 2004–2005, including a food-frequency questionnaire and fasting-blood collection; data from a population-based survey were used for comparison. No statistically significant standardized mortality ratios were found for all cancers, or for any specific tumour site.

After an accidental spill of oil contaminated with PCBs from the brass works industry in Gusum, Sweden, in 1972, elevated levels of PCBs were measured in local fish in 2006. Among the population of the contaminated area, 641 cases of cancer were identified in 1960–2003, which was not above the expected number based on national rates for the same period (Helmfrid *et al.*, 2012). Among men, 22 lymphomas were observed, with a statistically significant increased standardized incidence ratio (SIR) of 1.60 (95% CI, 1.00–2.42). There was also an increased risk of cancer of the

testis (SIR, 2.46; 95% CI, 0.99–5.08; seven cases) and malignant melanoma of the skin (SIR, 1.56; 95% CI, 0.87–3.94) in the contaminated area when compared with the general population, while the risk for cancer of the prostate was near unity (SIR, 1.06; 95% CI, 0.86–1.29). In addition to the cohort analysis, a case–control study based upon a dietary questionnaire was carried out on 67 cases of cancer, including cancers of the colorectum, skin (including melanoma), cervix, breast, prostate, and lymphoma, and 326 controls resident in the same area. The case–control analysis reported an increased risk of cancer of the female breast associated with consumption of fish more than twice per month, but with only two cases. Excess risks of lymphoma (five cases, including men and women) were also observed with consumption of fish more than twice per month. Consumption of locally produced foods was also analysed, but no other statistically significant increased risks associated with potential sources of exposure to PCBs were reported in the case–control analysis. [The Working Group noted that subjects from this area could have also been exposed to other contaminants, such as metals. The case–control analysis was based upon a very small number of subjects, and there was poor assessment of dietary exposure and control for potential confounders.]

Regular consumption of predatory fish constitutes a large source of exposure to several persistent pollutants, including PCBs, for residents of the Great Lakes Basin (Falk *et al.*, 1999). A cohort of regular consumers of sport fish from the Great Lakes, and residents in the same communities who consumed no sport fish from the Great Lakes (referents), were recruited in 1993–94 (Tomasallo *et al.*, 2010). A total of 3757 subjects (2275 fish consumers and 1482 referents) were followed from 1995 to 2006, and mortality was compared with national death rates. Information about fish consumption and other lifestyle characteristics was obtained by telephone interview, and a blood sample for measurement of PCBs

was collected for a subgroup of 610 individuals. During the 12-year follow-up period, 342 deaths were recorded, including 134 deaths from cancer. Cancer mortality rates did not differ from those of the general population for fish consumers or referents: SMRs for all cancers were 0.92 (95% CI, 0.74–1.13) and 0.87 (95% CI, 0.64–1.13), respectively. However, fish consumers had non-statistically significant excesses of cancers of the pancreas, brain and combined breast, uterus and ovary. Although blood PCB levels were positively associated with fish consumption among fish consumers ($P < 0.001$ for comparison of mean PCB concentrations according to three levels of fish consumption), there was no association between fish consumption and cancer mortality. [The Working Group regarded this study as informative because it included information about PCB exposures, as well as fish consumption. However, the possibility of confounding from concurrent exposure to other contaminants could not be ruled out.]

[Compared with cohorts of Yusho or Yucheng patients, who consumed food contaminated with a high level of PCBs for a short period, potential exposure to PCBs through diet is a long-term, low-level exposure. Fish or local vegetables contaminated by PCBs are often also contaminated by other compounds such as DDT, PCDFs, PCDDs, or heavy metals. Furthermore, as detailed information on other risk factors for the tumours analysed (i.e. lymphoma, breast, colon, skin) was lacking, residual confounding could not be ruled out as a potential explanation for the associations found in these studies.]

2.2.3 *Nested case–control studies of PCB concentrations in blood or adipose tissue*

Since the 1980s, several cohort studies have addressed the potential relationship between risk of cancer and internal measurements of exposure to PCBs. The most commonly used

marker of past exposure to PCBs is the serum or plasma concentration of a set of PCB congeners, although a few studies have measured PCB concentrations in adipose tissue. Most studies used a case–control design nested within a cohort as an efficient method for analysis: PCB concentrations were measured in all incident cases diagnosed within a defined follow-up period, and in a sample of at-risk subjects (controls) selected within the same cohort. A few studies have used a case–cohort approach, in which the referent group is formed by a random sample of the whole cohort selected at baseline. Various sets of PCB congeners were measured; PCB-118, PCB-138, PCB-153, and PCB-180 were reported more often because they were frequently analysed and prevalent in human biological samples (see Section 1.2 for more information on analytical methods). In some instances results for individual congeners were provided but, unless otherwise specified, the summary estimate refers to the sum of all measured PCBs.

(a) *Cancer of the breast*

See [Table 2.6](#)

(i) *USA*

The New York University Women's Health Study (NYUWHS) enrolled 14 290 women from New York City between 1985 and 1991; these women donated a 30 mL blood sample while attending a mammography screening clinic ([Wolff *et al.*, 1993](#)). During this period, women who were diagnosed with cancer of the breast 1–6 months after entry into the study were defined as cases. Controls were selected at random from all cohort members who were alive and free of cancer at the time of the cancer diagnosis in a case patient, matched on menopausal status, age at entry and day of menstrual cycle at the time of blood collection. Concentrations of PCBs were measured without correction for serum lipids. [Since cases were diagnosed only 1–6 months subsequent to entry, the disease

Table 2.6 Nested case-control studies on risk of cancer of the breast and measured serum or adipose concentrations of PCBs

Reference, location, follow-up period	Total subjects	Exposure assessment	Subgroup analysis	Exposure categories	Exposed cases	Relative risk (95% CI)	Covariates Comments
USA							
Wolff et al. (2000a) New York, USA 1985–1991 until 1994	14 275 women; 148 cases and 295 controls	Serum, GC, lipid-corrected concentrations (Alkins method)		Quartiles of PCB concentration (ng/g lipid) 478–638 639–876 > 876	30 26 33	1.55 (0.59–4.12) 1.23 (0.49–5.08) 2.02 (0.76–5.37) <i>P</i> for trend = 0.23	Age, menopausal status, date of blood collection (matching), age at menarche, number of pregnancies, age at first pregnancy, family history of breast cancer, lactation, height, BMI No. and list of PCB congeners not provided; LOD, < 1 ng/mL
Krieger et al. (1994) Northern California, USA 1964–1969 until 1990							
	57 040 women; 150 case-control pairs (50 each white, black, Asian)	Serum, GC/ ECD, no lipid adjustment	All women White Black Asian	Tertiles of PCB concentration (ng/mL) 3.5–5.0 5.1–20.6 2.94–3.96 3.97–10.01 3.51–4.98 4.99–20.55 4.16–5.76 5.77–14.62			Race, age, date of entry, duration of follow-up (matching), BMI, age at menarche, menopausal status, ever pregnant No. and list of PCB congeners not provided; LOD, 2 ng/mL <i>P</i> for trend = 0.88 <i>P</i> for trend = 0.039 <i>P</i> for trend = 0.18 <i>P</i> for trend = 0.93
Hunter et al. (1997), Laden et al. (2001a) 11 states, USA (Nurses' Health Study cohort) 1989–1994							
	32 826 women; 370 case-control pairs	Serum PCB levels measured by GC/ECD, no lipid adjustment	Sum of PCBs	Quintiles of PCB concentration (µg/g lipid) 0.406–0.491 0.491–0.596 0.602–0.763 0.766–1.986	65 65 80 74	0.73 (0.44–1.21) 0.75 (0.44–1.28) 0.85 (0.49–1.47) 0.84 (0.47–1.52)	Age, menopausal status, month of blood collection, fasting status at blood sampling (matching), BMI, breast cancer in first-degree relatives, history of benign breast disease, age at menarche, first full term pregnancy, parity, lactation LOD, < 1 ng/mL; sum of 16 penta-, hexa-, and heptachlorobiphenyls; congeners 118, 138, 153 and 180 accounted for 64% of total Continuous (log-concentration) <i>P</i> = 0.56

Table 2.6 (continued)

Reference, location, follow-up period	Total subjects	Exposure assessment	Subgroup analysis	Exposure categories	Exposed cases	Relative risk (95% CI)	Covariates Comments	
Hunter et al. (1997) , Laden et al. (2001a) (cont.)			PCB-118	0.045–0.060	62	0.68 (0.39–1.17)	Continuous (log-concentration) $P = 0.67$	
				0.061–0.074	61	0.62 (0.36–1.06)		
				0.074–0.101	90	1.02 (0.59–1.77)		
				0.101–0.313	69	0.69 (0.39–1.22)		
				PCB-138	0.066–0.087	69	0.82 (0.49–1.37)	Continuous (log-concentration) $P = 0.21$
					0.087–0.108	75	0.90 (0.53–1.50)	
					0.109–0.142	65	0.71 (0.41–1.20)	
					0.143–0.402	78	0.87 (0.50–1.50)	
				PCB-153	0.078–0.094	58	0.67 (0.39–1.14)	Continuous (log-concentration) $P = 0.26$
					0.095–0.121	75	0.69 (0.41–1.15)	
					0.121–0.159	69	0.77 (0.45–1.31)	
				PCB-180	0.159–0.447	79	0.83 (0.47–1.48)	
					0.055–0.068	65	0.70 (0.41–1.20)	Continuous (log-concentration) $P = 0.67$
					0.069–0.082	62	0.65 (0.37–1.11)	
0.082–0.103	63	0.70 (0.41–1.19)						
0.103–0.467	91	0.98 (0.55–1.75)						
Laden et al. (2002) 1989–1994	367 pairs	Serum PCB levels measured by GC/ECD, no lipid adjustment	CYP1A1 exon 7 genotype Wildtype Variant Postmenopausal women Wildtype Variant	Tertiles of PCB concentration Tertile 2 Tertile 3 Tertile 2 Tertile 3 Tertiles of PCB concentration Tertile 2 Tertile 3 Tertile 2 Tertile 3	19/21 11/19 5/14 12/6 113 12 18 21 84 16 12 7	0.40 (0.15–1.05) 0.26 (0.09–0.76) 0.81 (0.18–3.68) 5.30 (1.06–26.6) 1.00 0.54 (0.24–1.22) 0.76 (0.35–1.63) 1.36 (0.60–3.12) 1.00 0.52 (0.20–1.36) 1.29 (0.51–3.21) 2.78 (0.99–7.82)	Continuous (log-concentration) $P = 0.02$ Continuous (log-concentration) $P = 0.02$ Continuous (log-concentration) $P = 0.02$ Continuous (log-concentration) $P = 0.02$ Interaction ($P = 0.19$) Interaction ($P = 0.05$)	
								Same data set as study by Hunter et al. (1997) , Laden et al. (2001a)

Table 2.6 (continued)

Reference, location, follow-up period	Total subjects	Exposure assessment	Subgroup analysis	Exposure categories	Exposed cases	Relative risk (95% CI)	Covariates Comments
Dorgan et al. (1999) Missouri, USA 1977–1987 until 1989	7224 women; 105 cases and 208 matched controls	Serum, GC/ECD, lipid-corrected concentrations	Sum of PCBs	Quartiles of PCB concentration (ng/g lipid)	21 33 21 25 34 23 29 26 26	0.7 (0.3–1.4) 1.1 (0.6–2.2) 0.7 (0.3–1.5) 1.1 (0.6–2.3) 1.6 (0.8–3.2) 1.0 (0.5–2.2) 1.3 (0.6–2.5) 1.2 (0.6–2.3) 1.2 (0.6–2.4)	Age, benign breast disease, mo/year blood collection (matching), height, weight, BMI, parity, age at menarche, menopause, estrogen use, history of breast cancer in first-degree relatives, smoking, education 70% lost to follow-up after 1983; LOD, 0.25–0.97ng/g; 27 PCB congeners measured ^a Continuous (log-concentration) $P = 0.79$ Continuous (log-concentration) $P = 0.77$ Continuous (log-concentration) $P = 0.82$
Helzlsouer et al. (1999) Maryland, USA 1974–1994 or 1989–1994	20 305 recruited in 1974; 25 080 recruited in 1989; 340 cases and matched controls	Serum, GC/ECD, lipid-corrected concentrations	Recruited in 1974 Recruited in 1989	Sum of PCBs (ng/g lipid) 394.48–558.72 558.73–669.46 669.47–852.22 852.23–6460.04 13.6–191.8 191.9–333.5 333.6–2007.9	42 59 41 45 48 40 32 33	1.00 1.41 (0.79–2.50) 0.94 (0.49–1.77) 1.08 (0.59–2.01) 1.12 (0.59–2.15) 1.00 0.78 (0.41–1.47) 0.76 (0.38–1.51)	Age, race, menopausal status, date of blood collection Approx. 70% participation; no association for specific congeners (data not reported); no effect modification by menopausal status, ER status, polymorphisms in <i>GSTM1</i> , <i>GSTT1</i> , <i>GSTP1</i> , <i>COMT</i> and <i>CYP17</i> ; LOD, NR; 27 PCB congeners measured P for trend = 0.44 P for trend = 0.60

Table 2.6 (continued)

Reference, location, follow-up period	Total subjects	Exposure assessment	Subgroup analysis	Exposure categories	Exposed cases	Relative risk (95% CI)	Covariates Comments
Cohn et al. (2012) Oakland, California, USA 1959–1967 until 1998 (average follow-up, 17 years)	Women in the CHDS who gave birth in 1959–1967 [number of participants not given]; 112 case-control pairs (cases all aged < 50 yr)	Serum samples collected during early post-partum, GC/ECD	PCB-167 PCB-187 PCB-203	Quartiles of PCB concentration (mmol/L) Quartile 2 Quartile 3 Quartile 4 Quartile 2 Quartile 3 Quartile 4 Quartile 2 Quartile 3 Quartile 4	NR NR NR NR NR NR NR NR NR	1.09 (0.48–2.47) 0.70 (0.27–1.78) 0.24 (0.07–0.79) 0.94 (0.41–2.17) 0.92 (0.36–2.38) 0.35 (0.11–1.14) 1.21 (0.46–3.18) 2.89 (0.98–8.55) 6.34 (1.85–21.7)	Age (matching), blood lipids (total cholesterol, total triglycerides), parity, year of blood draw, BMI, breast-feeding after current pregnancy 10 congeners measured ^b No associations with total PCBs or with Wolff's groups (data not shown) P for trend < 0.04 P for trend < 0.02 P for trend < 0.001
<i>Northern Europe</i>							
Høyer et al. (1998, 2000) Copenhagen, Denmark (CCHS cohort) 1979–1993	5838 women with two examinations (1976–78 and 1981–83); 155 cases, 274 controls	Serum, GC/ECD, lipid-corrected concentrations	Sum of PCBs PCB-118	Quartiles of PCB concentration [unit not given] Quartile 2 Quartile 3 Quartile 4 Quartile 2 Quartile 3 Quartile 4	NR NR NR NR NR NR	0.8 (0.4–1.9) 0.8 (0.4–1.7) 1.6 (0.8–3.3) 0.8 (0.4–1.9) 1.1 (0.5–2.4) 1.9 (0.9–3.9)	Age, date of examination, weight changes between two examinations, parity, HRT Response rate 75% (first exam), 78% (second exam); LOD, 0.66–0.20 ng/mL; No. and list of PCB congeners not provided P for trend = 0.17 P for trend = 0.07

Table 2.6 (continued)

Reference, location, follow-up period	Total subjects	Exposure assessment	Subgroup analysis	Exposure categories	Exposed cases	Relative risk (95% CI)	Covariates Comments			
Høyer et al. (1998, 2000) (cont.)			PCB-138	Quartile 2	NR	0.9 (0.4–1.9)	P for trend = 0.04			
				Quartile 3	NR	1.0 (0.5–2.1)				
				Quartile 4	NR	2.1 (1.0–4.4)				
			PCB-153	Quartile 2	NR	0.7 (0.3–1.4)				
				Quartile 3	NR	0.8 (0.4–1.8)				
				Quartile 4	NR	1.3 (0.2–2.6)				
			PCB-180	Quartile 2	NR	1.2 (0.6–2.5)				
				Quartile 3	NR	1.1 (0.5–2.2)				
				Quartile 4	NR	0.9 (0.4–2.2)				
			Høyer et al. (2001)	161 cases, 318 controls		ER status		Quartiles of PCB concentration [unit not given]		
ER+	811–1076.04	24/56				1.1 (0.6–1.7)				
	1076.04–1405.73	20/57				0.7 (0.4–1.2)				
	< 1405.73	36/56				1.3 (0.8–2.2)				
ER–	811–1076.04	11/23				1.0 (0.4–2.7)				
	1076.04–1405.73	11/23				1.3 (0.4–3.9)				
	< 1405.73	8/23				0.8 (0.3–2.6)				
Høyer et al. (2002)	162 cases, 316 controls					p53 mutations in tumour	Quartiles of PCB concentration [unit not given]			Age, weight, parity, HRT See Høyer et al. (2000) for details
						Wildtype	Quartile 2	24	0.53 (0.28–1.04)	
							Quartile 3	20	0.52 (0.26–1.05)	
				Quartile 4	34	0.96 (0.50–1.83)				
	≥ 1 p53 mutations	Quartile 2	9	1.78 (0.43–7.41)						
		Quartile 3	11	3.82 (0.85–17.4)						
		Quartile 4	10	3.00 (0.66–13.6)						

Table 2.6 (continued)

Reference, location, follow-up period	Total subjects	Exposure assessment	Subgroup analysis	Exposure categories	Exposed cases	Relative risk (95% CI)	Covariates Comments
Ward <i>et al.</i> (2000) Norway (Janus cohort) 1973–1991	25 431 women working outside home and resident on a farm; 150 case-control pairs	Serum, HRGC/ID-HRMS, lipid-corrected concentrations	Sum of PCBs	Quartiles of PCB concentration (ng/g lipid)		[95% CI not given]	Age (matching), occupation, age at first birth, parity, residence All cases ≥ 2 years from blood collection to diagnosis; sum of 36 congeners: 26 with > 90% samples > LOD Groups according to Wolff's classification (Wolff <i>et al.</i>, 1997) $P = 0.47$ (paired t-test)
				Quartile 2		0.6	
				Quartile 3		0.8	
				Quartile 4		0.5	
			Group 1B	Quartile 2		0.6	$P = 0.56$ (paired t-test)
				Quartile 3		0.6	
				Quartile 4		0.5	
			Group 2A	Quartile 2		0.8	$P = 0.50$ (paired t-test)
				Quartile 3		0.6	
				Quartile 4		0.6	
			Group 2B	Quartile 2		0.4	$P = 0.32$ (paired t-test)
				Quartile 3		1.0	
				Quartile 4		0.5	
			Group 3	Quartile 2		0.7	
				Quartile 3		0.8	
				Quartile 4		0.6	$P = 0.18$ (paired t-test)
Raaschou-Nielsen <i>et al.</i> (2005) Copenhagen and Aarhus, Denmark (DCH cohort) 1993–1997 until 2000	29 875 women; 220–365 pairs, depending on congener	Adipose tissue, GC/MS, lipid-corrected concentrations	All cases ($n = 365$)	Quartiles of PCB concentration (ng/g lipid) 671–852 852–1.024 1024–4357 Continuous (log ng/g lipid)			Age, use of HRT (matching), benign breast tumour, BMI, alcohol, parity, age at delivery, years of HRT, lactation Response rate, 37%; all cases were postmenopausal women; LOD, 2.8–28.4 ng/g lipids; 18 PCB congeners ^c measured $P = 0.44$
					NR	0.9 (0.6–1.4)	
					NR	0.7 (0.5–1.1)	
					NR	1.1 (0.7–1.7)	
					NR	$P = 0.44$	

Table 2.6 (continued)

Reference, location, follow-up period	Total subjects	Exposure assessment	Subgroup analysis	Exposure categories	Exposed cases	Relative risk (95% CI)	Covariates Comments
Raaschou-Nielsen et al. (2005) (cont.)			ER+ (<i>n</i> = 261)	671–852 852–1.024 1024–4357 Continuous (log ng/g lipid)	NR NR NR NR	1.1 (0.6–1.8) 0.8–0.5–1.4) 1.4 (0.8–2.5) <i>P</i> = 0.50	
			ER– (<i>n</i> = 75)	671–852 852–1.024 1024–4357 Continuous (log ng/g lipid)	NR NR NR NR	0.4 (0.1–1.3) 0.3 (0.1–0.9) 0.3 (0.1–0.9) <i>P</i> = 0.007	

^a Congeners measured: 28, 52, 56, 66, 74, 90, 101, 105, 110, 118, 138, 146, 153, 156, 170, 172, 178, 180, 183, 187, 189, 193, 194, 195, 201, 203, 206

^b Congeners measured: 101, 187, 201, 138, 170, 99, 153, 180, 183, 203

^c Congeners measured: 28, 52, 54, 99, 101, 104, 105, 118, 128, 138, 153, 155, 156, 170, 180, 183, 187, 201
BMI, body mass index; CHDS, Child Health and Development Studies; DCH, Diet, Cancer, and Health; ECD, electron capture detection; ER, estrogen receptor; FTP, full-term pregnancy; GC, gas chromatography; HRGC, high-resolution gas chromatography; HRT, hormone-replacement therapy; ID-HRMS, isotope dilution high-resolution mass spectrometry; LOD, limit of detection; mo, month; NR, not reported; PCB, polychlorinated biphenyl

could have been present when the blood sample was collected, despite negative mammography findings, and could therefore have affected the measured concentration of PCBs.] Additional cases and controls were included in an extended follow-up of this cohort to 1994, giving totals of 148 cases and 295 controls ([Wolff et al., 2000a](#)). In this update, only incident cases were considered (thus excluding those with a lag time of 6 months or less). Serum lipids were measured and PCB concentrations were calculated on a lipid basis. The risk estimates were further adjusted for family history of cancer of the breast, reproductive risk factors, height, and body mass index (BMI). Odds ratios increased across quartiles of serum PCB concentrations, reaching 2.02 (95% CI, 0.76–5.37) in the highest quartile; the trend was not statistically significant. [The Working Group noted that this was a well-designed study; however, the follow-up was relatively short and the analysis thus had limited power.]

[Krieger et al. \(1994\)](#) performed a nested case-control study among women in Northern California, USA, who were members of the Kaiser Permanente Medical Care Program and who underwent a health examination, including giving a sample of blood, between 1964 and 1969, and were followed up until 1990. Among the 2072 patients identified with cancer of the breast, 150 cases were randomly selected (50 white, 50 black, and 50 Asian) and matched to 150 controls by race, age, date of entry, and date of follow-up. After adjustment for reproductive factors, menopausal status and BMI, no association was seen between risk of cancer of the breast and serum PCB concentrations for all subjects (OR, 0.93; 95% CI, 0.83–1.05 per ppb). In subgroup analyses by ethnic group, there was an inverse association for white women (OR, 0.21; 95% CI, 0.05–0.88; and OR, 0.17; 95% CI, 0.03–0.89 for the second and third tertiles respectively, P for trend = 0.04) and a positive association for black women (OR, 1.74; 95% CI, 0.56–5.43 and OR, 2.13; 95% CI, 0.70–6.50, respectively, P for trend = 0.18). [This

was a well-designed study with adjustment for relevant confounders, with more than 2000 cases of cancer of the breast identified during the follow-up; however, only 150 were selected for measurement of PCBs and thus power was limited, especially for subgroup analyses.]

The Nurses' Health Study was established in 1976 and included more than 120 000 registered nurses in the USA, who were subsequently followed by questionnaire every 2 years and 32 826 women from the cohort provided a blood sample between 1989 to 1990. Results were reported from follow-ups until 1992 ([Hunter et al., 1997](#)) and 1994 ([Laden et al., 2001a](#)). In the first follow-up, no association was found between cancer of the breast and PCB concentrations after adjustment for family history of cancer of the breast, reproductive factors, BMI, and cholesterol ([Hunter et al., 1997](#)). The extended follow-up to 1994 included 370 case-control pairs, and provided results for individual congeners ([Laden et al., 2001a](#)). The pattern of risk by quintile did not change and no association was found for PCB-118, PCB-138, PCB-153, or PCB-180. In subgroup analyses, a significant increase in risk was reported for exposure to the sum of 16 PCBs in nulliparous women (OR, 5.30; 95% CI, 1.06–26.6 for the third tertile of PCB serum concentrations when compared with the first tertile, but the overall trend was not significant; $P = 0.11$). An inverse association was found for women with BMI ≥ 30 ; the odds ratio for the highest versus lowest tertile was 0.26 (95% CI, 0.09–0.76; P for trend = 0.01), while elevated odds ratios were found for women in the highest tertile of PCB exposure with BMI of 25–29.9 and < 25 . Since PCB exposure induces activity of cytochrome P450 1A1 (CYP1A1), and PCBs themselves can be metabolized to carcinogenic intermediates by this enzyme, it was explored whether the potential effect of PCBs was modified by the CYP1A1 polymorphism using the same data set ([Laden et al., 2002](#)). In 367 case-control pairs, CYP1A1 exon 7 and *MspI* polymorphisms

were determined. The relative risk increased across tertiles of PCB exposure among those with the variant exon 7 genotype, but not among those with the wild-type genotype. When the analysis was restricted to postmenopausal women, the odds ratio was 2.78 (95% CI, 0.99–7.82) for the highest tertile of PCB exposure, with a *P* value for interaction of 0.05. No gene–environment interaction was seen for *MspI* polymorphism. [The Working Group noted that this was a well-designed study with good controls for most relevant confounders, including reproductive factors and family history of cancer of the breast. The sample size was reasonable when compared with previous studies, and estimates for specific PCB congeners were reported. The only statistically significant associations were limited to specific subgroups after several subgroup analyses and multiple comparisons.]

In another study in the USA, 7224 female volunteers were identified through the Breast Cancer Detection and Demonstration Project (BCDDP) and donated blood to the Columbia Missouri Breast Cancer Serum Bank; active follow-up continued until 1989 ([Dorgan et al., 1999](#)). Among these women, 105 were diagnosed with histologically confirmed cancer of the breast, and two controls for each were selected, matched on year of age, date of blood sampling, and history of benign breast disease at the time of enrolment. No association was reported between risk of cancer of the breast and lipid-corrected concentrations of total PCBs (sum of 27 PCB congeners measured), or serum concentrations of PCB-118 and PCB-138, after adjustment for the main risk factors for cancer of the breast. [This study had a relatively small number of cases and was therefore of limited power].

A case–control study was conducted among residents of Washington County, Maryland, USA, who had participated in one of two studies conducted in 1974 and 1989 to obtain blood samples for a serum bank ([Helzlsouer et al., 1999](#)). Participants were followed up until 1994

by linkage with the Washington County Cancer Registry. Of the 346 cases of cancer of the breast diagnosed, valid measurements of PCBs were available for 340 cases, which were matched to 340 participating women without cancer of the breast by age, menopausal status and date of blood collection. Taking into account relevant confounders including family history of cancer of the breast, reproductive history and BMI, no association was found with total PCB serum concentration or with specific congeners. There were no statistically significant associations after stratifying for menopausal status, estrogen-receptor (ER) status or polymorphism in *GSTM1*, *GSTT1*, *GSTP1*, *COMT*, or *CYP17*. [The Working Group noted that this study, with an analysis adjusting for most relevant confounders, investigated the hormone-receptor status of tumours, and also considered possible effect modification by polymorphisms in several genes with a role in metabolism. Although the sample size was adequate for the main analysis, it was limited for subgroup analyses.]

A nested case–control study compared serum concentrations of 16 PCBs in archived early-postpartum serum samples collected between 1959 and 1967 from 112 cases of cancer of the breast and 112 age-matched controls ([Cohn et al. 2012](#)). Subjects were residents of Oakland, California, participating in the Child Health and Development Studies. Cases of cancer of the breast were identified by linkage to the California Cancer Registry, and the California Vital Status Records. The median time from blood draw to diagnosis was 17 years, and mean age of cases at diagnosis was 43 years. No associations were reported between risk of cancer of the breast and sum of total PCBs, or with PCB groups ([Wolff et al., 1997](#)). [No odds ratios were reported for these analyses]. PCB-167 was associated with a lower risk (OR for highest versus lowest quartile, 0.2; 95% CI, 0.1–0.8), as was PCB-187 (OR for highest versus lowest quartile, 0.4; 95% CI, 0.1–1.1). In contrast, PCB-203 was associated

with an increased risk (OR for highest versus lowest quartile, 6.3; 95% CI, 1.9–21.7). [This was the only nested case–control study to include mostly premenopausal women. The study had limited power.]

(ii) *Northern Europe*

Serum samples were obtained in 1976 from a cohort of 7712 women aged 20 years or older who participated in the Copenhagen City Heart Study (Denmark) and provided information and a non-fasting blood sample ([Høyer et al., 1998](#)). Case ascertainment was achieved by linkage to the Danish Cancer Registry up to 1993. For each case, two women free of breast cancer and alive at the time of diagnosis and matched for age and date of examination were selected from the rest of the cohort. After excluding subjects without a valid serum sample, 240 cases and 447 controls were included in the study. Concentrations of 28 PCB congeners were measured in serum. No association was reported between risk of cancer of the breast and lipid-adjusted concentrations of the sum of PCBs or specific congeners.

Participants in the same cohort study were invited for a second examination 5 years after recruitment; 155 cases and 274 controls from the previous study had a second serum sample available ([Høyer et al., 2000](#)). Analyses were carried out in this group for four common PCB congeners. A statistically significant increased risk and trend was found for subjects in the highest quartile of PCB-138 concentration (average of two measurements; OR, 2.1; 95% CI, 1.0–4.4; *P* for trend = 0.04). Elevated odds ratios were reported for the highest quartile of exposure to total PCBs and congeners PCB-118 and PCB-153 (OR, 1.6, 1.9 and 1.3, respectively), but the association was not significant for these congeners or for PCB-180.

Within the same cohort, a total of 161 cases with ER status information and 318 matched controls who were free of breast cancer were included in an analysis according to ER status

([Høyer et al., 2001](#)). No association was found between incidence of cancer of the breast and PCB concentrations regardless of ER status. Finally, paraffin embedded tumour-tissue specimens were retrieved for 162 cases and 316 controls and found to be suitable for *p53* analysis ([Høyer et al., 2002](#)). A non-significant increased risk of cancer of the breast (OR, 3.00; 95% CI, 0.66–13.62) was observed in the highest level of exposure to PCBs among women with mutant *p53*. [Several analyses were carried out using data from this Danish study, but power was limited, particularly for subgroups.]

The JANUS Serum Bank contains serum samples collected between 1973 and 1991 from almost 300 000 individuals undergoing routine health examinations in Norway. Cases of cancer of the breast were identified among 25 431 women working outside home and resident on a farm who were followed until 1993 through linkage with the Norwegian Cancer Registry ([Ward et al., 2000](#)). From the 272 cases diagnosed during this period, 150 women with a blood sample taken 2 or more years before diagnosis were randomly selected; an equal number of controls were matched to cases by date of sample collection and date of birth. The mean lipid-corrected concentration of serum PCBs (sum of 36 congeners) was similar for cases and controls (*P* value, 0.47 for paired *t*-test). No association was found for specific PCB congeners or for PCB groups as defined by [Wolff et al. \(1997\)](#). [The Working Group noted that this study was well designed and considered most relevant confounders for cancer of the breast but, similar to other nested case–control studies with serum PCB measurements, had limited power.]

Between 1993 and 1997, 29 875 Danish women aged 50 to 64 years were enrolled in a prospective study of diet and cancer and followed until December 2000 through linkage with Danish Cancer Registry ([Raaschou-Nielsen et al., 2005](#)). During this period, 409 women were diagnosed with postmenopausal cancer of the breast; each case was matched to one control by age,

postmenopausal status (known/probable), and use of hormone replacement therapy, and measurements of 18 PCBs in adipose-tissue biopsies were obtained. No association was found between concentrations of PCBs and risk of cancer of the breast in the whole data set. However, an inverse association was observed when the analysis was restricted to the 75 ER-negative (ER-) cases (OR, 0.3; 95% CI, 0.1–0.9). This inverse association for ER- cases was also observed for the congeners PCB-138, PCB-153, PCB-170, PCB-180, PCB-183 and PCB-187. [The Working Group noted that this was the largest nested case-control study of cancer of the breast with PCB measurements, and the only one to measure PCBs in adipose tissue rather than serum. The inverse association of concentrations of total PCB and some PCB congeners among women with ER- tumours does not have a clear interpretation.]

(b) NHL

See [Table 2.7](#)

(i) USA

Seventy-four cases of NHL (ICD-8 200 or 202) identified during follow-up from 1975 to 1994 of the cohort from Washington County, Maryland, USA (described in the previous section) and 147 controls matched by race, sex, and age were included in a case-control study ([Rothman et al., 1997](#)). PCB concentrations were measured in serum collected before diagnosis and corrected for lipids. There was a significant dose-response relationship between risk of NHL and quartiles of lipid-corrected serum concentrations of PCBs (sum of 28 measured congeners). The odds ratios for the third and fourth quartiles when compared with the first quartile were 2.8 (95% CI, 1.1–7.6) and 4.5 (95% CI, 1.7–12.0) respectively; these estimates were adjusted, in addition to matching variables, for education, cigarette smoking and occupational exposure to suspected risk factors for NHL. There was also an indication that seropositivity for the Epstein-Barr virus early antigen

(EBV-EA) potentiated the effects of serum PCBs, with a statistically significant interaction (P value = 0.025).

An analysis of the same data set focusing on the effect of specific congeners reported a significant exposure-response relationship between risk of NHL and increasing concentrations of PCB-118, PCB-138, and PCB-153 (P for trend < 0.05) ([Engel et al., 2007](#)). [The Working Group noted that this was the only nested case-control study on PCB concentrations and NHL that adjusted for occupational exposure to potential risk factors.]

An analysis of the association between NHL and exposure to PCBs conducted within the Nurses' Health Study cohort (described in the previous section) was reported in the same publication ([Engel et al., 2007](#)). Thirty women with incident NHL diagnosed between the date of blood collection and May 1994 (median follow-up, 1 year) were included as cases and 78 cohort members selected previously as controls for a study of cancer of the breast served as controls. Plasma samples were analysed for PCB concentrations for cases and for controls at the same time. A statistically significant exposure-response relationship was observed between risk of NHL and increasing concentrations of lipid-corrected PCBs (sum of 21 congeners), with an odds ratio of 4.7 (95% CI, 1.2–18.9) for the third tertile, adjusted for age, BMI, and smoking status. A significant exposure-response relationship was also observed for PCB-118 and PCB-138 (P for trend < 0.05), but not for PCB-153.

An extended follow-up of the Nurses' Health Study cohort (median time to diagnosis, 5.8 years) included 145 cases of NHL and selected two controls for each case ($n = 290$) matched on age, race, month of blood draw, and fasting status ([Laden et al., 2010](#)). Women with NHL were identified by annual follow-up questionnaires and confirmed by review of medical records and pathology reports. No association was observed between total serum concentrations of PCBs

Table 2.7 Nested case-control studies on risk of non-Hodgkin lymphoma and measured serum or adipose concentrations of PCBs

Reference, location follow-up period	Total subjects	Exposure assessment	Subgroup analysis	Exposure categories	Exposed cases	Relative risk (95% CI)	Covariates Comments
USA Rothman et al. (1997) Maryland, USA 1972–1990 until 1994	25 802 adults; 74 cases, 147 controls	Serum, GC/ECD, lipid-corrected concentrations	Sum of PCBs	Quartiles of PCB concentration (ng/g lipid) 648–806 814–1060 1070–2070	13 21 30	1.3 (0.5–3.3) 2.7 (0.9–7.8) 4.1 (1.7–11.9)	Race, sex, age (matching), education, cigarette smoking, potential for occupational exposure 28 congeners measured ^a <i>P</i> for trend = 0.0008
USA Engel et al. (2007) Maryland, USA				Median of quartiles of PCB concentration (ng/g lipid) 726.0 911.5 1337.5 124.6 164.9 214.7 129.1 164.5 242.4 122.4 163.2 246.9	13 21 30 23 17 29 20 19 27 14 17 27	1.6 (0.6–4.3) 3.0 (1.1–8.3) 4.6 (1.7–12.7) 4.9 (1.6–15.3) 3.5 (1.0–11.8) 5.4 (1.7–17.1) 2.5 (0.9–6.5) 2.7 (1.0–7.5) 4.4 (1.5–12.6) 1.0 (0.4–2.3) 1.4 (0.5–3.5) 2.2 (0.9–5.2)	Same population studied by Rothman et al. (1997) and Helzlsouer et al. (1999) <i>P</i> for trend < 0.05 <i>P</i> for trend < 0.05 <i>P</i> for trend < 0.05

Table 2.7 (continued)

Reference, location follow-up period	Total subjects	Exposure assessment	Subgroup analysis	Exposure categories	Exposed cases	Relative risk (95% CI)	Covariates Comments
Laden <i>et al.</i> (2010) 11 states, USA (Nurses' Health Study cohort)	145 cases and 290 controls	Serum, GC/ECD, lipid-corrected concentrations	Total PCB	Median of quartiles of PCB concentration (ng/g lipid)			Race, age, date of and fasting status at blood draw (matching), region, BMI, smoking, height, parity, breastfeeding 51 congeners measured ^a
				547.8	41/73	1.25 (0.68–2.28)	Continuous (log-concentration) $P = 0.76$
				678.0	41/73	1.32 (0.71–2.43)	
				945.4	30/72	1.02 (0.53–1.95)	
				42.9	49	1.39 (0.78–2.47)	Continuous (log-concentration) $P = 0.42$
				61.0	31	0.89 (0.48–1.64)	
				104.7	27	0.81 (0.42–1.56)	
				53.2	39	1.33 (0.73–2.40)	Continuous (log-concentration) $P = 0.59$
				75.7	48	1.61 (0.89–2.92)	
				113.3	27	0.95 (0.49–1.83)	
				91.2	33	0.85 (0.47–1.54)	Continuous (log-concentration) $P = 0.55$
				120.3	45	1.38 (0.76–2.51)	
				170.0	30	0.82 (0.43–1.56)	
				63.4	33	1.02 (0.54–1.93)	Continuous (log-concentration) $P = 0.82$
				80.5	44	1.24 (0.66–2.31)	
				109.4	32	1.03 (0.52–2.02)	
				111.5	56	1.83 (1.01–3.31)	Continuous (log-concentration) $P = 0.48$
149.6	30	0.94 (0.51–1.76)					
228.7	25	0.89 (0.45–1.77)					
		Immunotoxic congeners ^b					

Table 2.7 (continued)

Reference, location follow-up period	Total subjects	Exposure assessment	Subgroup analysis	Exposure categories	Exposed cases	Relative risk (95% CI)	Covariates Comments
Bertrand <i>et al.</i> (2010) USA (Physicians' Health Study cohort) 1982–2003	14 916 men; 205 cases and 409 controls	Serum, GC/ECD, lipid-corrected concentrations	Total PCB	Quintiles of PCB concentration (ng/g lipid)			Age, race, time and fasting status at blood draw (matching), region, height, BMI, alcohol, smoking
				163–617	33	1.0	51 congeners measured ^c
				> 617–742	31	0.86 (0.47–1.6)	Continuous (log-concentration) $P < 0.01$
				> 742–894	34	0.99 (0.55–1.8)	
				> 894–1121	46	1.3 (0.71–2.3)	
				> 1121–5322	61	1.6 (0.91–2.9)	
				PCB-118	29	0.80 (0.42–1.5)	Continuous (log-concentration) $P = 0.15$
				> 42–56	40	1.1 (0.59–2.0)	
				> 56–77	46	1.2 (0.63–2.2)	
				> 77–105	57	1.4 (0.76–2.5)	
				PCB-138	38	1.3 (0.68–2.3)	Continuous (log-concentration) $P = 0.02$
				> 59–76	38	1.2 (0.64–2.1)	
				> 76–97	37	1.2 (0.64–2.2)	
				> 97–122	63	1.8 (0.98–3.2)	
				PCB-153	37	1.2 (0.67–2.3)	Continuous (log-concentration) $P < 0.01$
				> 95–122	36	1.3 (0.68–2.4)	
				> 121–148	37	1.2 (0.62–2.2)	
				> 148–188	67	2.1 (1.1–3.8)	
				PCB-180	40	1.5 (0.82–2.7)	Continuous (log-concentration) $P < 0.01$
				> 188–761	35	1.4 (0.75–2.7)	
> 68–84	44	1.8 (0.96–3.3)					
> 84–102	61	2.4 (1.3–4.5)					
> 102–126	35	0.98 (0.54–1.8)	Continuous (log-concentration) $P = 0.09$				
Immunotoxic congeners ^b	36	0.99 (0.55–1.8)					
> 126–528	45	1.2 (0.64–2.1)					
> 113–145	57	1.4 (0.80–2.6)					
> 145–189							
> 189–245							
> 245–1813							

Table 2.7 (continued)

Reference, location follow-up period	Total subjects	Exposure assessment	Subgroup analysis	Exposure categories	Exposed cases	Relative risk (95% CI)	Covariates Comments
<i>Northern Europe (Norway, Denmark)</i>							
Engel et al. (2007) Norway (IANUS cohort) 1972–1978 until 1999	87 600; 190 case-control pairs	Serum, HRGC/ID-HRMS, lipid-corrected concentrations	Total PCB PCB-118 PCB-138 PCB-153	Median of quartiles of PCB concentration (ng/g lipid) 1398.3 1674.9 2148.2 80.6 100.0 138.7 122.8 153.4 190.0 268.1 330.2 417.3	48 38 60 43 47 58 29 42 68 44 43 63	1.1 (0.7–2.0) 1.0 (0.5–1.9) 1.7 (0.8–3.4) 1.0 (0.5–2.0) 1.2 (0.6–2.3) 1.7 (0.9–3.5) 0.6 (0.3–1.2) 0.9 (0.5–1.7) 1.7 (0.8–3.2) 1.2 (0.6–2.3) 1.2 (0.7–2.2) 2.0 (1.0–3.9)	Age, sex, county, date of examination (matching), BMI, smoking status All cases ≥ 2 years from blood collection to diagnosis; 36 congeners measured ^d <i>P</i> for trend < 0.05 <i>P</i> for trend < 0.05 <i>P</i> for trend < 0.05 <i>P</i> for trend < 0.05
Bräuner et al. (2012) Copenhagen and Aarhus, Denmark (DCH cohort) 1994–97 until 2008	57 053; 239 cases and 245 controls	Adipose tissue, GC/MS, lipid-corrected concentrations	Total PCB PCB-118	Quintiles of PCB concentration (ng/g lipid) 770–939 939–1143 1143–1351 1351–2157 Linear estimate per IQR 25–34 34–48 48–62 62–150 Linear estimate per IQR	55 57 42 23 239 63 58 34 25 233	<i>IRR</i> (95% CI) 0.74 (0.44–1.24) 0.81 (0.48–1.35) 1.15 (0.63–2.11) 0.71 (0.34–1.45) 0.99 (0.79–1.25) 0.88 (0.50–1.56) 0.96 (0.55–1.65) 0.67 (0.34–1.31) 0.72 (0.36–1.44) 0.88 (0.68–1.14)	Age, sex (stratified), adjusted for BMI Lipid content by gravimetric method; 10 PCB congeners measured. ^e Participants with PCB concentrations < LOD were excluded from the analysis Case-content analysis

Table 2.7 (continued)

Reference, location follow-up period	Total subjects	Exposure assessment	Subgroup analysis	Exposure categories	Exposed cases	Relative risk (95% CI)	Covariates Comments
Bräuner et al. (2012) Copenhagen and Aarhus, Denmark (DCH cohort) 1994–97 until 2008 (cont.)			PCB-156	28–34	51	0.59 (0.34–1.02)	
				34–41	54	0.68 (0.40–1.16)	
				41–50	45	0.94 (0.51–1.75)	
				50–88	23	0.66 (0.31–1.37)	
				Linear estimate per IQR	171	1.01 (0.79–1.29)	
			PCB-99	20–27	42	1.60 (0.85–3.01)	
				27–37	53	1.56 (0.84–2.89)	
				37–47	24	1.20 (0.58–2.49)	
				47–110	20	1.42 (0.59–3.40)	
			PCB-138	Linear estimate per IQR	171	1.09 (0.83–1.43)	
				100–140	44	0.66 (0.38–1.14)	
140–180	74	1.04 (0.62–1.74)					
180–230	41	1.25 (0.67–2.33)					
230–380	26	0.68 (0.34–1.36)					
Linear estimate per IQR	238	0.99 (0.78–1.26)					
PCB-153	240–300	57	0.88 (0.52–1.50)				
	300–370	56	0.67 (0.40–1.12)				
	370–430	42	1.50 (0.81–2.78)				
	430–730	28	0.85 (0.42–1.73)				
	Linear estimate per IQR	239	0.97 (0.77–1.23)				
PCB-170	87–100	47	1.19 (0.68–2.09)				
	100–130	69	0.93 (0.54–1.59)				
	130–150	42	1.46 (0.75–2.83)				
	150–230	23	0.80 (0.38–1.69)				
	Linear estimate per IQR	238	0.98 (0.72–1.33)				
PCB-180	170–200	55	1.03 (0.60–1.77)				
	200–240	61	1.19 (0.69–2.05)				
	240–290	49	1.09 (0.59–2.01)				
	290–480	21	0.69 (0.32–1.46)				
	Linear estimate per IQR	239	0.99 (0.77–1.27)				

Table 2.7 (continued)

Reference, location follow-up period	Total subjects	Exposure assessment	Subgroup analysis	Exposure categories	Exposed cases	Relative risk (95% CI)	Covariates Comments
Bräuner et al. (2012) Copenhagen and Aarhus, Denmark (DCH cohort) 1994-97 until 2008 (cont.)			PCB-183	19-24	35	0.58 (0.32-1.03)	
				24-31	69	0.91 (0.54-1.51)	
				31-39	40	1.03 (0.56-1.90)	
				39-65	23	0.68 (0.34-1.37)	
				Linear estimate per IQR	226	0.88 (0.70-1.10)	
				17-46	61	1.00	
				46-56	49	0.69 (0.40-1.17)	
				56-68	62	0.97 (0.57-1.64)	
				68-84	44	1.30 (0.68-2.47)	
				84-140	22	0.69 (0.33-1.44)	
PCB-187			PCB-201	Linear estimate per IQR	238	0.92 (0.73-1.15)	
				6-15	43	1.00	
				15-19	62	0.98 (0.56-1.73)	
				19-23	58	1.20 (0.66-2.21)	
				23-28	36	0.82 (0.41-1.67)	
				28-45	25	0.88 (0.38-2.03)	
				Linear estimate per IQR	224	0.93 (0.68-1.28)	

^a Congeners measured: PCBs 28, 52, 56, 74, 99, 110, 118, 138, 146, 153, 156, 170, 172, 177, 178, 180, 183, 187, 189, 193, 194, 195, 201, 203, and 206

^b Immunotoxic congeners: PCB-66, PCB-74, PCB-105, PCB-118, PCB-156, and PCB-167

^c Ninety-nine percent of samples had concentrations greater than the limit of detection for PCB congeners 74, 118, 138, 146, 153, 156, 170, 180, 187, 194, 196, 199, 203, 206, and 209

^d Congeners measured: PCBs 126, 169, 74, 99, 118, 105, 146, 153, 138, 158, 167, 156, 157, 178, 187, 183, 177, 172, 180, 170, 189, 201, 196, 203, 195, 194, 206, 209; 26 with > 90% samples having concentrations greater than the limit of detection

^e Congeners measured: PCBs 99, 118, 138, 153, 156, 170, 180, 183, 187, and 201. LOD, 0.10-1.00 ng/g lipid; proportion of subjects with values greater than the limit of detection ranged from 72% (PCB-99) to 100% (PCB-153 and PCB-180)

BMI, body mass index; ECD, electron capture detection; ER, estrogen receptor; FTP, full-term pregnancy; GC, gas chromatography; HRGC, high-resolution gas chromatography; ID-HRMS, isotope dilution high-resolution mass spectrometry; IRR, incidence rate ratio; IQR, interquartile range; LOD, limit of detection; mo, month; NHL, non-Hodgkin lymphoma; NR, not reported; OR, odds ratio; PCB, polychlorinated biphenyl

(sum of 51 congeners measured as lipid-corrected concentrations) or for specific congeners (PCB-118, PCB-138, PCB-153, PCB-180) after adjustment for several confounders. The same pattern of no association was observed in the subgroup analysis by the main subtypes of NHL, diffuse large B-cell lymphoma (DLBCL), follicular lymphoma, and chronic lymphocytic leukaemia/small lymphocytic lymphoma. [This was the only nested case-control study on non-Hodgkin lymphoma to include women only. The Working Group noted that it was a well-designed study. The positive association observed in the initial study was not confirmed in the second, larger study, after adjustment for additional relevant confounders. However, in the second study the time since blood draw was prolonged and different laboratories and laboratory methods were used for analysis.]

The Physicians' Health Study began in 1982 in the USA as a randomized trial for the primary prevention of cardiovascular disease and cancer in male physicians aged 40–84 years at enrolment. A total of 14 916 participants provided a blood sample in 1982–84 (before randomization) and were followed until 2003 using annual questionnaires confirmed by review of medical records to identify newly diagnosed NHL ([Bertrand et al., 2010](#)). After excluding those with a diagnosis within 6 months after blood collection, prior diagnosis of cancer, NHL of uncommon subtypes (i.e. mantle cell lymphoma), or lacking sufficient information for subtype classification, 205 cases with available blood samples were included. For each case, two subjects who were at risk of NHL when the case occurred were randomly selected as controls matched by race, age, and date of blood collection. Lipid-corrected concentrations of 51 PCB congeners in serum were determined for cases and controls. The odds ratio for the highest versus lowest quintile of total PCBs adjusted for matching variables was 1.9 (95% CI, 1.1–3.2), which was reduced to 1.6 (95% CI, 0.91–2.9) after adjustment for region, BMI, smoking

status, alcohol intake, and height, in addition to matching variables. However, using the natural log of lipid-corrected concentrations of PCBs, the association was statistically significant for the fully adjusted model (P value < 0.01, OR not reported). The association was also significant for the log-concentrations of PCB-138, PCB-153 and PCB-180, as well as for the sum of PCBs -118, -138, -153 and -180. [The Working Group noted that this was a well-designed study with reasonable sample size. The multivariable adjustment weakened the association with total PCBs, but did not substantially change the interpretation.]

(ii) Northern Europe

Within the JANUS cohort, described in the previous section, 194 histologically confirmed cases of NHL were ascertained with follow-up to 1999 (median time to diagnosis, 16.6 years) ([Engel et al., 2007](#)). Information, including lipid-corrected concentrations of 36 PCB congeners, was available for 190 case-control pairs matched by age, sex, county, and date of examination. In the analysis further adjustments were made for BMI and smoking status. The odds ratio for the association of NHL with the sum of PCBs was 1.7 (95% CI, 0.8–3.4) when comparing the fourth quartile with the first. A statistically significant increase in risk was reported for the highest to the lowest quartile of PCB-153 concentrations (OR, 2.0; 95% CI, 1.0–3.9), with a significant upward dose-response trend (P < 0.05). Odds ratios of 1.7 in the fourth exposure quartile and significant trends were also reported for PCB-118 and PCB-138. [The Working Group noted that the sample size, and therefore the power of the study, was in the range of that of the remaining nested case-control studies. It was not clear, therefore, why significant associations were found for three congeners, namely PCB-118, PCB-138, and PCB-153, but not for all PCBs combined.]

The association between NHL and PCB concentrations in adipose tissue was also studied among participants in the Danish diet and cancer

study ([Raaschou-Nielsen et al., 2005](#)) described in section 2.2.3(a)(ii) ([Bräuner et al., 2012](#)). Up to July 2008 (mean follow-up, 9.6 years), 278 initially cancer free cohort members were diagnosed with NHL; a subcohort of 256 participants was randomly selected for analysis using a case-cohort approach. Valid measurements of concentrations of 10 PCB congeners in adipose tissue were available for 239 cases and 245 subcohort members. Age was used as the timescale for the analysis, stratified by sex and adjusted for BMI. No association was observed between lipid-corrected concentrations of total PCBs in adipose tissue and risk of NHL. There was also no consistent association and no significant trend with PCB congeners. However, odds ratios were greater than 1 for all concentrations of PCB-99. [The Working Group noted that this was the largest nested case-control study on NHL and PCB concentrations measured in adipose tissue; estimates were adjusted only for age, sex, and BMI. The study explored the potential effect of all PCBs and a list of 10 specific congeners, with a consistent pattern of no association for all of them.]

(c) *Cancer of the male genital tract*

See [Table 2.8](#)

A nested case-control study on the risk of testicular germ cell tumours was carried out within the Norwegian JANUS cohort, described in Section 2.2.3(a)(ii) ([Purdue et al., 2009](#)). Cases and controls were selected from cohort members with baseline blood collection without prior history of cancer. One male control was matched to each case by region, age group (2 years), and year of blood draw. Lipid-corrected measurements of the concentrations of 34 PCBs were available for 49 cases and 51 controls; 34 of the 49 cases were seminomas, 8 were non-seminomas, 5 were of mixed histology, and 2 were of unknown histology. There was no statistically significant association between risk of testicular germ cell tumours and total PCB concentration (OR, 1.3;

95% CI, 0.5–3.8 for the third versus the first quartile); however, there was an increased risk of testicular germ cell tumours for the highest versus the lowest tertile of PCB-99 concentration (OR, 2.2; 95% CI, 0.8–5.9) and of PCB-167 (OR, 4.4; 95% CI, 1.0–19.8). Cases of seminoma had significantly lower concentrations of congeners PCB-44, PCB-49, and PCB-52 and significantly higher concentrations of congeners PCB-99, PCB-138, PCB-153, PCB-167, PCB-183, and PCB-195. Similar patterns of elevated odds ratios were seen for PCB-99 and PCB-167 in this subgroup of cases. [The Working Group noted that this was a well-designed study, but with small sample size and very limited power.]

[McGlynn et al. \(2009\)](#) analysed concentrations of 15 PCBs in pre-diagnostic serum samples of 736 incident cases of testicular germ cell tumours and 913 controls matched to the cases on age, race, and serum draw date in a cohort of men in the United States military. The sum of PCB concentrations was significantly associated with decreased risk of all testicular germ cell tumours, and with non-seminoma and seminoma. Statistically significantly decreased risks of all testicular germ cell tumours were also associated with eight specific congeners (PCB-118, PCB-138, PCB-153, PCB-156, PCB-163, PCB-170, PCB-180, and PCB-187). Similar decreases in risk were observed for non-seminoma with the same congeners, while decreased risk of seminoma was associated with PCB-138, PCB-153, PCB-156, PCB-163, and PCB-170. Other congeners and groups of congeners were not associated with testicular germ cell tumours. In another study using data from 568 cases and 698 controls enrolled in the same cohort, [Chia et al. \(2010\)](#) examined associations between testicular germ cell tumours and 11 PCB congeners in relation to polymorphisms in hormone-metabolizing genes. A statistically significant reduced risk of testicular germ cell tumour for PCB-118 and PCB-138 was found only among subjects with the major homozygous allele for *HSD17B4*. [These appear

Table 2.8 Nested case-control studies on risk of cancer of the male genital tract and measured serum concentrations of PCBs

Reference, location, follow-up period	Total subjects	Exposure assessment	Organ site (ICD code)	Exposure categories	Exposed cases	Relative risk (95% CI)	Covariates Comments
Purdue et al. (2009) Norway (IANUS cohort) 1972–1978 until 1999	87 647 men; 49 cases and 51 controls	Serum, HRGC/lipid-corrected HRMS, lipid-corrected concentrations	TGC tumour (186)	Tertiles of PCB concentration Tertile 1 Tertile 2 Tertile 3 Selected PCB congeners: tertile 3, tertile 1 as referent: PCB-44 PCB-49 PCB-52 PCB-99 PCB-138 PCB-153 PCB-167 PCB-183 PCB-195 Selected PCB congeners: tertile 3, tertile 1 as referent	14 16 19 18 20 20 21 24 19 19 18 15	1.0 1.1 (0.5–2.7) 1.3 (0.5–3.8) 0.6 (0.1–3.8) 1.2 (0.2–7.6) 1.0 (0.3–3.5) 2.2 (0.8–5.9) 1.8 (0.6–5.1) 1.2 (0.4–3.4) 4.4 (1.0–20.0) 1.3 (0.5–3.5) 1.7 (0.6–4.6)	Age, county, period of blood draw (matching) 34 congeners measured
			Seminoma (<i>n</i> = 34)	Selected PCB congeners: tertile 3, tertile 1 as referent PCB-44 PCB-49 PCB-52 PCB-99 PCB-138 PCB-153 PCB-167 PCB-183 PCB-195 Total PCBs	12 14 14 17 17 13 15 14 13 14	0.2 (0.01–2.0) 0.3 (0.02–4.7) 0.4 (0.07–2.3) 4.4 (1.0–21) 2.1 (0.6–7.2) 1.2 (0.4–4.3) 6.7 (1.1–43) 2.9 (0.6–14) 3.0 (0.8–12) 1.2 (0.4–4.1)	

Table 2.8 (continued)

Reference, location, follow-up period	Total subjects	Exposure assessment	Organ site (ICD code)	Exposure categories	Exposed cases	Relative risk (95% CI)	Covariates Comments
McClynn <i>et al.</i> (2009), USA (STEED Study) 2002–2005	Military men [number not reported]; 736 cases and 913 controls	Blood, GC-MS lipid-adjusted concentrations; questionnaire	TGC tumours	Quartiles of PCB concentration (ng/g lipid)			Age, race/ethnicity, date of serum sample collection, serum DDE level, age at serum draw, BMI, height
				<i>Total PCBs</i>			Quartile 1 as reference
			TGC tumours	(158–250)	171	0.88 (0.67–1.16)	<i>P</i> for trend = 0.006
				(251–390)	175	0.73 (0.54–0.98)	
				(> 390)	162	0.61 (0.43–0.86)	
			Seminoma	(158–250)	60	0.90 (0.6–1.35)	<i>P</i> for trend = 0.05
				(251–390)	91	0.89 (0.59–1.34)	
				(> 390)	88	0.64 (0.41–1.02)	
			Non-seminoma	(158–250)	111	0.84 (0.61–1.15)	<i>P</i> for trend = 0.007
				(251–390)	84	0.62 (0.43–0.88)	
				(> 390)	73	0.55 (0.37–0.83)	
				<i>PCB-118</i>			
			All TGC tumours	(7.2–10.5)	171	0.71 (0.53–0.94)	
				(10.6–15.6)	151	0.60 (0.45–0.81)	
				(> 15.6)	148	0.55 (0.40–0.76)	<i>P</i> for trend = 0.0007
				<i>PCB-138</i>			
				(15.6–24.5)	168	0.65 (0.48–0.88)	
				(24.6–37.7)	162	0.54 (0.39–0.75)	
				(> 37.7)	164	0.46 (0.32–0.66)	<i>P</i> for trend = 0.0001
				<i>PCB-153</i>			
				(23.4–37.2)	158	0.61 (0.45–0.82)	
				(37.3–56.3)	166	0.53 (0.38–0.73)	
				(> 56.3)	169	0.45 (0.31–0.66)	<i>P</i> for trend = 0.0003
				<i>PCB-156</i>			
				(5.3–6.9)	98	0.66 (0.48–0.90)	
				(7.0–10.0)	120	0.77 (0.56–1.06)	
				(> 10.0)	96	0.57 (0.40–0.81)	<i>P</i> for trend = 0.002

Table 2.8 (continued)

Reference, location, follow-up period	Total subjects	Exposure assessment	Organ site (ICD code)	Exposure categories	Exposed cases	Relative risk (95% CI)	Covariates Comments
McGlynn et al. (2009) , USA (STEED Study) 2002–2005 (cont.)				<i>PCB-163</i>			
				(5.9–8.1)	128	0.70 (0.52–0.93)	
				(8.2–11.5)	110	0.55 (0.40–0.76)	
				(> 11.5)	131	0.59 (0.42–0.83)	<i>P</i> for trend = 0.001
				<i>PCB-170</i>			
				(6.5–9.7)	145	0.73 (0.55–0.98)	
				(9.8–14.5)	136	0.61 (0.44–0.84)	
				(> 14.5)	144	0.56 (0.39–0.80)	<i>P</i> for trend = 0.002
				<i>PCB-180</i>			
				(15.8–25.9)	177	0.83 (0.62–1.12)	
				(26.0–41.8)	176	0.68 (0.49–0.95)	
				(> 41.8)	161	0.56 (0.38–0.82)	<i>P</i> for trend = 0.003
				<i>PCB-187</i>			
			(5.8–8.0)	133	0.70 (0.52–0.94)		
			(8.1–11.6)	120	0.58 (0.42–0.81)		
			(> 11.6)	133	0.60 (0.42–0.86)	<i>P</i> for trend = 0.004	
Chia et al. (2010) , USA 2002–2005	568 cases and 698 controls	Blood, GC-MS lipid-adjusted concentrations; questionnaire	TGC tumours (186)	<i>PCB-118</i>			Age, race, date of serum sample, cryptorchidism, family history of testicular cancer, BMI
				A.A genotype (7.01–10.40)	100	0.66 (0.46–0.96)	Same cohort studied by McGlynn et al. (2009)
							A.A genotype: AA-homozygous major allele <i>HSD17B4</i> ; A A/TT genotype: minor allele for <i>HSD17B4</i>
				(10.41–15.56)	92	0.59 (0.40–0.87)	Quartile 1 as reference
				(> 15.57)	74	0.46 (0.31–0.70)	<i>P</i> for trend ≤ 0.001
				A.T/TT genotype (7.01–10.40)	38	1.27 (0.66–2.41)	
				(10.41–15.56)	31	1.06 (0.54–2.08)	
				(> 15.57)	43	1.69 (0.85–3.38)	<i>P</i> for trend = 0.019

Table 2.8 (continued)

Reference, location, follow-up period	Total subjects	Exposure assessment	Organ site (ICD code)	Exposure categories	Exposed cases	Relative risk (95% CI)	Covariates Comments
Chia et al. (2010) USA 2002–2005 (cont.)				PCB-138 AA genotype (15.85–25.00) (25.01–38.53) (> 38.53) AA/TT genotype (15.85–25.00) (25.01–38.53) (> 38.53)	95 96 79	0.72 (0.49–1.07) 0.57 (0.38–0.85) 0.46 (0.30–0.72)	<i>P</i> for trend < 0.001
Sawada et al. (2010) 10 areas of Japan 1990–1995 until 2005	14 203 men; 201 cases and 402 controls	Serum, HRGC/ID- HRMS; lipid-corrected concentrations	Prostate	Quartiles of PCB concentration (ng/g lipid) 319–447 448–668 ≥ 669	27 36 43	0.61 (0.31–1.20) 1.10 (0.54–2.25) 1.61 (0.76–3.41)	<i>P</i> for trend = 0.287 Age, area, date, and fasting hours at blood draw (matching), BMI, smoking, alcohol, marital status, intake of green tea and miso soup Sum of 41 congeners; LOD, 2 pg/g wet weight <i>P</i> for trend = 0.9

BMI, body mass index; DDE, dichlorodiphenyldichloroethylene; ECD, electron capture detection; GC, gas chromatography; HRGC, high-resolution gas chromatography; ID-HRMS, isotope dilution high-resolution mass spectrometry; IRR, incidence rate ratio; LOD, limit of detection; NR, not reported; OR, odds ratio; PCB, polychlorinated biphenyl; STEED, US Servicemen's Testicular Tumor Environmental and Endocrine Determinants Study; TGC, testicular germ cell

to have been large, well-designed and well-implemented studies, but the consistent inverse associations of cancer risk with exposure to PCBs could not be explained biologically.]

The Japan Public Health Center-based Prospective Study was initiated in 1990. After excluding subjects from Tokyo for whom cancer information was not available, the cohort consisted of 65 657 men, of whom 14 203 (28%) donated blood between 1990 and 1995 ([Sawada et al., 2010](#)). Up to December 2005, 201 newly diagnosed cases of cancer of the prostate were identified using several information sources (97% pathologically confirmed). For each case, two controls were selected from among subjects with no history of cancer of the prostate when the case was diagnosed, matched by age (within 3 years), public health-centre area, residence, date and time of day of blood collection, and duration of fasting. Lipid-corrected plasma concentrations of 41 PCB congeners were measured. Apart from matching variables, comparisons between cases and controls were further adjusted for BMI, smoking, alcohol, marital status, and intakes of green tea and miso soup. No statistically significant association with all cancers of the prostate was seen for total PCBs, for individual PCBs, or for PCBs grouped according to [Wolff et al. \(1997\)](#). No statistically significant differences were found for total PCBs according to stage (localized or advanced) at diagnosis of cancer of the prostate. [The Working Group noted that this was a well-designed and -conducted study showing null results; although the sample size was limited, power was reasonable for the main analysis, but limited for subgroup analyses.]

2.3 Case-control studies of occupational and environmental exposure

2.3.1 NHL

See [Table 2.9](#)

In a case-control study in Australia ([Fritschi et al., 2005](#)), including 694 histologically confirmed cases of NHL, and 694 controls, exposure to PCBs was coded by an expert industrial hygienist based on questionnaire information. After adjusting by age, sex, residence and ethnicity, ever exposure to PCBs was not notably related to increased risk of NHL (OR, 1.10; 95% CI, 0.49–2.44) or to the subgroup of B-cell NHL (OR, 1.18; 95% CI, 0.53–2.62); however, risk was elevated among the subjects probably exposed (OR, 4.54; 95% CI, 0.97–21). Indicators of frequency, intensity, and duration of exposure did not show clear trends in risk. Occupational exposure to PCBs was very rare in this study, with only 25 subjects (13 cases and 12 controls) possibly or probably exposed. [The Working Group noted that this general-population case-control study may have been underpowered to detect associations with PCBs, given the low prevalence of exposure.]

A case-control study was conducted in an area of northern Italy where environmental exposure had resulted from soil contamination, most likely generated by spills from an adjacent factory producing PCBs and organochlorine chemicals. PCB concentration in the soil was used to define four areas with increasing concentrations of exposure. Overall, 495 cases of NHL, including 208 prevalent cases and 287 incident cases, identified in the Cancer Registry of the Brescia Local Health Authority, and 1467 population controls, randomly selected from the resident population, frequency-matched to cases by age and sex, participated in the study. Exposure to PCBs was assigned according to residence in one of three contaminated zones or a control zone, using three metrics: main lifetime residence; residence for at least 10 years in a given area; and duration of residence. Risk of NHL was elevated for subjects having resided 10 or more years in any of the three contaminated areas (OR, 1.4; 95% CI, 1.1–1.8), and particularly in the most polluted (OR, 1.9; 95% CI, 0.9–3.9).

Table 2.9 Case-control studies on risk of non-Hodgkin lymphoma and exposure to PCBs

Reference, study location and period	Total No. cases	Total No. controls	Control source (hospital, population)	Organ site (ICD code)	Exposure assessment	Exposure categories	Exposed cases	Relative risk (95% CI)	Covariates Comments
Fritschi et al. (2005) , Australia 2000-01	694	694	Population	NHL (200, 202)	Retrospective expert assessment of occupational exposure to PCBs	Unexposed Any exposure Possible exposure Probable exposure Low intensity level Medium intensity level <i>Intensity level</i> ≤ 4 days/yr > 4 days/yr < 5 yr duration > 5 yr duration	681 13 NR NR NR NR	1.0 1.10 (0.12-1.31) 0.40 (0.12-1.31) 4.54 (0.97-21) 1.91 (0.75-4.85) 0.78 (0.17-3.50)	Age, sex, state of residence, ethnicity
Maifredi et al. (2011) , Italy	495	1467	Population	NHL (200, 202)	Residence in PCB contaminated areas in Brescia, Italy; median total PCB soil concentration, 0.55 mg/kg	<i>Residence 1-9 yr</i> Most polluted area All contaminated areas <i>Residence ≥ 10 yr</i> Most polluted area All contaminated areas <i>Residence 10-19 yr</i> Most polluted area All contaminated areas <i>Residence ≥ 20 yr</i> Most polluted area All contaminated areas	13 21 15 80	1.4 (0.7-2.8) 0.8 (0.5-1.3) 1.8 (0.9-3.9) 1.4 (1.1-1.8)	Age, sex Subjects who changed area of residence were repeatedly considered in each area; substantial overlapping in contamination among the areas; incident and deceased cases were included
Hardell et al. (1996, 1997) , Sweden	27	17	Hospital	NHL, B-cell type	Total PCBs in adipose tissue	≤ 1300 ng/g lipid > 1300 ng/g lipid	5 55	0.8 (0.3-2.3) 1.3 (0.9-1.8)	Age, sex

Table 2.9 (continued)

Reference, study location and period	Total No. cases	Total No. controls	Control source (hospital, population)	Organ site (ICD code)	Exposure assessment	Exposure categories	Exposed cases	Relative risk (95% CI)	Covariates Comments	
Hardell et al. (2001) , Sweden	82	83	Hospital	NHL (200, 202)	PCBs in adipose tissue or lipid-adjusted serum				Age, sex, BMI, sample (blood or adipose tissue)	
					Total PCBs	> 1020 ng/g lipid	51	1.8 (0.9–3.9)	Interaction with EBV-EA	
					Immunotoxic PCBs	> 1020 ng/g lipid	57	3.2 (1.4–7.4)	immunity assessed; pooled	
					Total PCBs, EBV EA ≤ 80	> 1018 ng/g lipid	17	1.6 (0.5–5.1)	analysis of studies conducted at different times	
					Total PCBs, EBV EA > 80	> 1018 ng/g lipid	22	4.0 (1.2–14)	with different specimens	
					Immunotoxic PCBs, EBV EA ≤ 80	> 348 ng/g lipid	18	3.2 (1.7–11)	36 congeners measured	
					Immunotoxic PCBs, EBV EA > 80	> 348 ng/g lipid	25	6.4 (1.9–24)		
	Hardell et al. (2009) , Sweden	99	99	Population	NHL (200, 202)	Lipid-adjusted plasma PCB concentrations				Age, sex, BMI, time of sampling
						Total PCBs	> Median	59	2.0 (0.99–3.9)	Both sexes; interaction with EBV-EA
						Moderately chlorinated		58	1.8 (0.9–3.6)	immunity assessed.
					Higher-chlorinated		63	1.7 (0.8–3.4)		
					Immunotoxic		54	1.5 (0.8–3.0)		
				Follicular lymphoma	Total PCBs	> 646 ng/g lipid	15	5.9 (1.9–14)		
				Diffuse large B-cell lymphoma	Immunotoxic	> 226 ng/g lipid	13	3.0 (0.9–11)		
					Total PCBs	> 646 ng/g lipid	19	1.6 (0.6–4.0)		
					Immunotoxic	> 226 ng/g lipid	19	1.4 (0.6–3.3)		

Table 2.9 (continued)

Reference, study location and period	Total No. cases	Control source (hospital, population)	Organ site (ICD code)	Exposure assessment	Exposure categories	Exposed cases	Relative risk (95% CI)	Covariates Comments
Nordström et al. (2000) , Sweden	54	Population	Hairy cell leukaemia	Lipid-adjusted serum PCB concentrations, EBV EA antibody titre				Age, BMI
	54			Total PCBs	> 831.6 ng/g lipid; EBV EA > 40	13	4.4 (1.2–18.5)	Only men; OR for total PCB > 831.6 ng/g lipid = 0.8 (0.3–1.9)
				Immunotoxic PCBs	> 285.4 ng/g lipid; EBV EA > 40	15	11.3 (2.3–73.1)	
Spinelli et al. (2007) , Canada	422	Population	NHL (200, 202)	Lipid-adjusted plasma PCB concentration	Quartiles of exposure (ng/g lipid)			Age, sex, region, ethnicity, education, family history of NHL, BMI and farming; sum of 14 congeners
	460			Sum of PCBs	101–155.6 155.7–220.0	103 77	1.41 (0.93–2.14) 1.11 (0.71–1.74)	
				DL-PCBs (105, 118, 156)	> 220.0 10.13–15.35 15.36–23.72	142 96 82	2.14 (1.38–3.30) 1.41 (0.91–2.16) 1.57 (1.00–2.46)	<i>P</i> for trend < 0.001
				PCB-105	> 23.72	143	2.40 (1.53–3.77)	<i>P</i> for trend < 0.001
				PCB-118	> 1.32	132	1.06 (0.93–1.42)	
					4.58–7.78	88	1.12 (0.74–1.69)	
					7.79–12.85	95	1.23 (0.81–1.88)	
				PCB-156	> 12.85	129	1.77 (1.15–2.72)	<i>P</i> for trend = 0.004
					3.66–5.51	85	1.10 (0.72–1.68)	
					5.52–8.32	105	1.43 (0.93–2.21)	
					> 8.32	128	1.77 (1.14–2.74)	<i>P</i> for trend = 0.004
				NDL-PCBs (28, 99, 138, 153, 180, 183, 187)	88.58–136.2 136.21–196.4	96 93	1.30 (0.85–1.97) 1.19 (0.76–1.86)	
				PCB-28	> 196.4	148	2.18 (1.41–3.38)	<i>P</i> for trend < 0.001
				Undetected	348	1.0 (Ref)		
				> 1.38	74	0.95 (0.67–1.34)		

Table 2.9 (continued)

Reference, study location and period	Total No. cases	Control source (hospital, population)	Organ site (ICD code)	Exposure assessment	Exposure categories	Exposed cases	Relative risk (95% CI)	Covariates Comments
Spinelli et al. (2007), Canada (cont.)			PCB-99	3.07–4.83		82	0.78 (0.52–1.15)	
				4.84–7.78		85	0.81 (0.54–1.21)	
			PCB-138	> 7.78		130	1.27 (0.86–1.87)	P for trend = 0.045
				11.62–19.28		90	0.93 (0.62–1.38)	
				19.29–29.72		94	0.99 (0.66–1.50)	
			PCB-153	> 29.72		138	1.46 (0.98–2.18)	P for trend = 0.02
				25.3–38.68		86	1.04 (0.68–1.57)	
				38.69–59.0		106	1.34 (0.87–2.04)	
			PCB-170	> 59.0		140	1.79 (1.17–2.72)	P for trend = 0.002
				7.17–11.17		93	1.17 (0.77–1.79)	
				11.18–17.23		107	1.41 (0.91–2.18)	
			PCB-180	> 17.24		134	1.80 (1.16–2.79)	P for trend = 0.005
				21.94–35.63		94	1.28 (0.82–2.00)	
				35.64–54.72		89	1.25 (0.78–2.00)	
			PCB-183	> 54.72		126	1.91 (1.19–3.07)	P for trend = 0.005
				1.87–3.95		107	0.83 (0.59–1.18)	
			PCB-187	> 3.95		153	1.22 (0.87–1.71)	P for trend = 0.113
				5.94–9.82		98	1.27 (0.83–1.95)	
			9.83–15.46		79	1.04 (0.66–1.63)		
			> 15.46		136	1.92 (1.23–2.98)	P for trend = 0.003	
		Follicular lymphoma	Total PCBs	Largest vs smallest quartile			2.0 (1.1–3.7)	
			DL-PCBs				2.5 (1.3–4.7)	
			PCB-105				0.9 (0.6–1.4)	
			PCB-118				2.0 (1.1–3.7)	
			PCB-156				2.4 (1.2–4.5)	
			NDL-PCBs				2.1 (1.1–3.9)	
			PCB-28				0.7 (0.4–1.3)	
			PCB-99				1.3 (0.8–2.3)	
			PCB-138				1.5 (0.9–2.7)	
			PCB-153				2.0 (1.1–3.7)	
			PCB-170				1.5 (0.8–2.8)	
			PCB-180				1.6 (0.8–3.1)	

Table 2.9 (continued)

Reference, study location and period	Total No. cases	Control source (hospital, population)	Organ site (ICD code)	Exposure assessment	Exposure categories	Exposed cases	Relative risk (95% CI)	Covariates Comments	
Spinelli et al. (2007), Canada (cont.)				PCB-183			1.6 (1.0-2.7)		
				PCB-187			1.8 (1.0-3.3)		
			Diffuse large B-cell lymphoma	Total PCBs	Largest vs smallest quartile			1.8 (0.8-4.1)	
				DL-PCBs				2.1 (0.9-4.9)	
				PCB-105				0.8 (0.5-1.5)	
				PCB-118				2.0 (0.9-4.7)	
				PCB-156				1.3 (0.6-3.0)	
				NDL-PCBs				1.8 (0.8-4.1)	
				PCB-28				1.3 (0.7-2.4)	
				PCB-99				1.0 (0.5-2.0)	
				PCB-138				1.2 (0.6-2.6)	
				PCB-153				1.3 (0.6-2.7)	
				PCB-170				1.6 (0.7-3.6)	
				PCB-180				1.2 (0.5-2.9)	
				PCB-183				0.8 (0.4-1.6)	
				PCB-187				1.7 (0.7-4.0)	
Cocco et al. (2008), France, Spain, Germany	174	Hospital and population	NHL (200, 202)	Lipid-adjusted plasma PCB concentration (ng/g lipid)	200.43-387.79	50	1.2 (0.6-2.2)	Age, sex, education, centre Sum of 9 congeners LOD, 0.20-0.50 µg/L P for trend = 0.83	
				Total PCBs	387.8-576.36	33	0.7 (0.3-1.4)		
					> 576.36	50	1.0 (0.5-2.0)		
				PCB-28	10.51-31.70	25	0.9 (0.4-1.8)		
					31.71-67.94	21	0.7 (0.3-1.5)		
					> 67.94	45	1.6 (0.8-3.2)	P for trend = 0.23	
				PCB-118	12.31-38.76	41	1.0 (0.5-2.0)		
					38.77-59.17	20	0.5 (0.2-2.0)		
					> 59.18	19	0.4 (0.2-0.8)	P for trend = 0.004	
				PCB-138	45.74-72.41	37	1.1 (0.6-1.9)		
				72.42-116.12	42	1.1 (0.6-2.0)			
				> 116.12	44	1.1 (0.6-2.0)	P for trend = 0.88		

Table 2.9 (continued)

Reference, study location and period	Total No. cases	Control source (hospital, population)	Organ site (ICD code)	Exposure assessment	Exposure categories	Exposed cases	Relative risk (95% CI)	Covariates Comments
Cocco <i>et al.</i> (2008), France, Spain, Germany (cont.)				PCB-153	62.57–100.66	51	1.5 (0.8–2.8)	
					100.67–142.43	28	0.8 (0.4–1.6)	
					> 142.43	52	1.3 (0.7–2.5)	<i>P</i> for trend = 0.70
				PCB-170	0.21–21.53	40	1.1 (0.5–2.2)	
					21.54–34.28	36	0.8 (0.4–1.7)	
					> 34.28	45	1.0 (0.5–1.8)	<i>P</i> for trend = 0.83
				PCB-180	0.31–51.22	40	1.2 (0.6–2.6)	
					51.23–85.93	50	1.4 (0.6–3.0)	
					> 85.93	61	1.5 (0.7–3.2)	<i>P</i> for trend = 0.31
				Total PCBs	200.43–387.79	15	1.4 (0.5–4.4)	
			Chronic lymphocytic leukaemia	387.8–576.36	10	0.8 (0.2–2.8)		
				> 576.36	18	1.4 (0.4–4.5)	<i>P</i> for trend = 0.71	
				> median	NR	3.2 (0.9–12)	Subgroup analysis of combined French and German subjects	
De Roos <i>et al.</i> (2005), USA	100	Population	NHL (200, 202)	Total PCBs	200.43–387.79	12	0.8 (0.3–2.1)	
	100		Diffuse large B-cell lymphoma		387.8–576.36	7	0.5 (0.1–1.6)	
					> 576.36	13	0.9 (0.3–2.5)	
				Lipid-adjusted plasma PCB concentration (ng/g lipid)	Quartiles of PCB concentration			Sex, study site, birth date, and date of blood draw
				PCB-74	7.8–13.3	28	1.12 (0.51–2.45)	
					13.4–19.3	16	0.73 (0.30–1.75)	
					> 19.4	31	1.26 (0.52–3.03)	<i>P</i> for trend = 0.66
				PCB-99	5.6–9.3	22	0.63 (0.24–1.68)	
					9.4–16.1	30	1.04 (0.45–2.39)	
				PCB-118	> 16.1	24	0.77 (0.28–2.10)	<i>P</i> for trend = 1.0
				8.1–11.8	14	0.36 (0.13–0.98)		
				11.9–25.8	30	0.91 (0.42–1.98)		
				> 25.8	24	0.73 (0.29–1.84)	<i>P</i> for trend = 0.88	

Table 2.9 (continued)

Reference, study location and period	Total No. cases	Control source (hospital, population)	Organ site (ICD code)	Exposure assessment	Exposure categories	Exposed cases	Relative risk (95% CI)	Covariates Comments
DeRoos et al. (2005), USA (cont.)				PCB-138-158	25.2-38.3	20	0.82 (0.38-1.78)	
					38.4-55.5	25	1.04 (0.47-2.33)	
				PCB-146	> 55.5	29	1.42 (0.49-3.05)	P for trend = 0.53
					4.4-6.0	24	1.06 (0.36-3.08)	
					6.1-8.7	24	1.37 (0.50-3.79)	
				PCB-153	> 8.7	32	1.81 (0.70-4.64)	P for trend = 0.17
					37-56.2	27	1.36 (0.54-3.25)	
					56.3-71.3	16	0.80 (0.32-2.03)	
				PCB 156	> 71.3	34	1.59 (0.63-4.00)	P for trend = 0.40
					5.6-7.8	27	1.70 (0.48-6.03)	
					7.9-9.8	16	1.02 (0.32-3.26)	
				PCB-170	> 9.8	40	2.70 (0.97-7.50)	P for trend = 0.03
					12.2-17.0	16	0.84 (0.36-1.92)	
					17.1-22.5	27	1.59 (0.63-4.02)	
				PCB-180	> 22.5	31	1.73 (0.73-4.14)	P for trend = 0.13
					28.7-41.2	21	1.72 (0.65-4.54)	
					41.3-54.4	22	1.82 (0.70-4.76)	
				PCB-183	> 54.4	41	3.50 (1.53-9.15)	P for trend = 0.01
					2.8-4.4	21	0.93 (0.16-5.46)	
					4.5-6.3	22	0.73 (0.26-2.06)	
			PCB-187	> 6.3	27	1.02 (0.36-2.93)	P for trend = 0.96	
				8.9-12.0	13	0.59 (0.22-1.57)		
				12.1-18.0	33	1.34 (0.59-3.04)		
			PCB-194	> 18.0	30	1.22 (0.49-3.08)	P for trend = 0.18	
				8.0-11.2	24	1.59 (0.62-4.04)		
				11.3-15.6	20	1.35 (0.53-3.48)		
			PCB-126 (pg/g lipid)	> 15.6	37	2.68 (1.04-6.90)	P for trend = 0.04	
				19.0-30.3	20	0.65 (0.29-1.49)		
				30.4-52.7	21	0.73 (0.31-1.72)		
				> 52.7	30	1.09 (0.49-2.41)	P for trend = 0.54	

Table 2.9 (continued)

Reference, study location and period	Total No. cases	Control source (hospital, population)	Organ site (ICD code)	Exposure assessment	Exposure categories	Exposed cases	Relative risk (95% CI)	Covariates Comments							
De Roos et al. (2005) , USA (cont.)				PCB-169 (pg/g lipid)	18.6–28.4	23	1.14 (0.49–2.66)	P for trend = 0.11							
					28.5–37.7	20	1.08 (0.41–2.82)								
					> 37.7	35	2.62 (0.88–7.80)								
				Lower chlorinated PCBs (2–4) (mmol/g lipid)	0.028–0.046	28	1.12 (0.51–2.45)								
					0.047–0.066	16	0.73 (0.30–1.75)								
					> 0.067	31	1.26 (0.52–3.03)								
				Moderately chlorinated PCBs (5–7) (mmol/g lipid)	0.386–0.599	25	1.52 (0.58–4.01)								
					0.600–0.785	20	1.43 (0.49–4.11)								
					> 0.785	29	1.88 (0.67–5.26)								
				Highly chlorinated PCBs (8–10) (mmol/g lipid)	0.019–0.026	24	1.59 (0.62–4.04)								
					0.027–0.036	20	1.35 (0.53–3.48)								
					> 0.036	37	2.68 (1.04–6.90)								
				PCB TEQ (summed pg/g lipid, weighted by TEF)	6.41–8.69	16	0.59 (0.25–1.40)								
					8.70–13.17	20	0.86 (0.38–1.98)								
	> 13.17	33	1.51 (0.62–3.67)												
Colt et al. (2009) , USA			NHL (ICDO-3)	PCB-180 in carpet dust			Risk increase in % per 10% increase in concentration	Age, sex, race, study centre, education							
							<i>IFNG</i> (C–1615T) TT		243	1.2 (0.1–2.4)					
							<i>IL4</i> (5'-UTR, Ex1-168C>T) CC		403	1.0 (0.1–1.9)					
							<i>IL16</i> (3'-UTR, Ex22-871A>G) AA		330	1.1 (0.1–2.1)					
							<i>IL8</i> (T–251A) TT		172	1.4 (0.05–2.8)					
							<i>IL10</i> (A–1082G) AG/GG		431	0.9 (0.05–1.8)					
							<i>IFNG</i> (C–1615T) TT		39	16.9 (3.7–31.6)					
							<i>IL4</i> (5'-UTR, Ex1-168C>T) CC		62	9.3 (0.9–18.3)					
							<i>IL16</i> (3'-UTR, Ex22-871A>G) AA		46	15 (3.2–28.0)					
							<i>IL8</i> (T–251A) TT		27	28.9 (6.4–56.1)					
							<i>IL10</i> (A–1082G) AG/GG		59	9.9 (1.2–19.4)					
							100		Population			PCB-180 in plasma			

Table 2.9 (continued)

Reference, study location and period	Total No. cases	Control source (hospital, population)	Organ site (ICD code)	Exposure assessment	Exposure categories	Exposed cases	Relative risk (95% CI)	Covariates Comments
Colt et al. (2009) , USA (cont.)				TEQ in plasma	<i>IFNG</i> (C-1615T) TT <i>IL4</i> (5'-UTR, Ex1-168C>T) CC <i>IL16</i> (3'-UTR, Ex22-871A>G) AA <i>IL8</i> (T-251A) TT <i>IL10</i> (A-1082G) AG/GG	39 60 44 61 57	19.2 (4.8–35.7) 12.5 (3.0–22.9) 11.2 (–0.3–24.0) 9.1 (0.4–18.6) 5.0 (–3.0–13.8)	
Wang et al. (2011) , USA	685 646	Population	NHL (ICDO-3)	PCB-180 in carpet dust	> 20.7 ng/g HLA-DRBI*0101 absent > 20.7 ng/g HLA-DRBI*0101 present	81 17	1.36 (0.93–1.99) 1.25 (0.66–2.38)	Age, sex, race, study centre No risk estimates presented for AH 8.1 present genotype. In analysis by major lymphoma subtypes, no increase in risk for DLBCL or follicular lymphoma
	100 100	Population		PCB-180 lipid-adjusted plasma concentration	> 28.7 ng/g lipid HLA-DRBI*0101 absent > 28.7 ng/g lipid HLA-DRBI*0101 present	65 10	3.93 (1.49–10.35) 0.66 (0.18–2.37)	

BMI, body mass index; DLBCL, diffuse large B-cell lymphoma; DL-PCB, dioxin-like PCB; EA, early antigen; EBV, Epstein-Barr virus; Ex, exon; IFNG, interferon gamma; IL, interleukin; LOD, limit of detection; NA, not applicable; NHL, non-Hodgkin lymphoma; NR, not reported; OR, odds ratio; PCB, polychlorinated biphenyl; ref, reference; NDL-PCB, non-dioxin-like PCB; TEF, toxic equivalency factor; TEQ, toxic equivalent; vs, versus

Risk was highest for those who had resided 10–19 years in the most polluted area (OR, 3.8; 95% CI, 1.5–9.8) ([Maifredi et al., 2011](#)). [The authors used the ICD-9 classification to define NHL, and therefore did not include chronic lymphocytic leukaemia among their cases, which precluded any feasible analysis of specific NHL subtypes.]

Several small case–control studies in Sweden used adipose tissue or serum levels of total PCBs and individual congeners as the exposure indicator. In a first study with 27 cases and 17 controls ([Hardell et al., 1996, 1997](#)), risk of NHL was elevated for total PCB concentrations [17 congeners] above the median among controls (OR, 1.8; 95% CI, 0.4–7.4), after adjusting for age and sex. Thirty-six PCB congeners were measured in a second study with 82 cases of NHL and 83 controls. The odds ratio was significantly increased for concentration of immunotoxic PCBs ([Moysich et al., 1999a](#)) above the median among the controls (OR, 3.2; 95% CI, 1.4–7.4) ([Hardell et al., 2001](#)). An interaction was observed between elevated concentrations of total and immunotoxic PCBs above the median and EBV-EA antibodies: EBV-EA seropositivity (EBV-EA antibody titre >80) and adipose total PCB concentrations were associated with an increase in risk of NHL of two- to fourfold, which was highest when the immunotoxic PCB subgroup was considered (OR, 6.4; 95% CI, 1.9–24). When the low-grade B-cell NHLs were analysed separately, risk associated with elevated median concentrations of immunotoxic PCBs among subjects with EBV-EA seropositivity was increased 17-fold (95% CI, 3.1–150; 16 cases) ([Hardell et al., 2001](#)).

Another case–control study in Sweden included 99 cases of NHL and 99 population controls, matched to cases by age, sex, and health-service region ([Hardell et al., 2009](#)). After adjusting by age, sex, and BMI, risk of NHL was elevated for values above the median among controls for the sum of PCBs (OR, 2.0; 95% CI, 0.99–3.9), and to a lesser extent for the

subgroups of moderately chlorinated PCBs, highly chlorinated PCBs, or immunotoxic PCBs. Risk was highest for follicular lymphoma for the subgroup of highly chlorinated PCBs (OR, 9.6; 95% CI, 1.9–49; 18 cases); immunotoxic PCBs (OR, 3.0; 95% CI, 0.9–11); and less chlorinated PCBs (OR, 2.8; 95% CI, 0.9–9.0). Risks were only moderately and non-significantly elevated for diffuse large B-cell lymphoma. When stratified by EBV-EA antibody titre, risk of NHL associated with total PCB concentration above the median was 5.2 (95% CI, 1.9–14) among EBV-EA-positive subjects, and ranged from 3.0 to 5.0 for the above-mentioned PCB subgroups; risk for diffuse large B-cell lymphoma ranged from 3.8 to 7.0 by PCB subgroup (all statistically significant), and was 6.2 (95% CI, 1.6–25) for immunotoxic PCBs ([Hardell et al., 2009](#)).

A case–control study focused on 54 cases of hairy cell leukaemia [a rare subtype of NHL] identified in the Swedish Cancer registry, and 54 controls drawn from the national population registry, matched to cases by age, sex, and county ([Nordström et al., 2000](#)). Concentrations of 36 PCBs were measured in plasma. Overall, risk was not elevated for total PCB concentration greater than the median value (OR, 0.8; 95% CI, 0.3–1.9). When stratifying by EBV-EA antibody titre, the odds ratio for exposure above the median of values was 4.4 (95% CI, 1.2–18.5; 13 cases) for total PCBs and 11.3 (95% CI, 2.3–73.1; 15 cases) for immunotoxic PCBs among subjects with EBV-EA titres ≥ 40 ([Nordström et al., 2000](#)). [The Working Group highlighted some methodological concerns about this group of studies, including poor precision, recruitment of cases and controls at different times, some with PCB measurements in adipose tissue and others with measurements in plasma.]

The largest case–control study of PCB body burden in relation to risk of NHL was conducted in Canada ([Spinelli et al., 2007](#)). Lipid-adjusted concentrations of 14 PCB congeners were measured in pretreatment samples of plasma from

422 cases of NHL and 460 population controls, frequency-matched to cases by 5-year age-groups, sex, and residence. Odds ratios were adjusted for age, sex, education, BMI, ethnicity, farming, and family history of NHL. Risk of NHL was found to be highest in the highest quartile of the sum of dioxin-like PCBs (OR, 2.40; 95% CI, 1.53–3.77) and of non-dioxin-like congeners (OR, 2.18; 95% CI, 1.41–3.38). Individual congeners showing a significant excess risk in the top quartile of plasma concentration included PCB-118 and PCB-156, among the dioxin-like PCBs, and PCB-138, PCB-153, PCB-170, PCB-180, and PCB-187, among the non-dioxin-like PCBs. The observed associations were consistent across the four NHL subtypes examined, including DLBCL, follicular lymphoma, T-cell lymphoma, and other B-cell lymphomas ([Spinelli et al., 2007](#)). [This was one of the largest studies of NHL and PCBs, and accounted for relevant confounders. The Working Group judged it to be a high-quality study, which was notable for providing results for individual congeners and lymphoma subtypes. While the participation rate for controls was less than 50%, the Working Group noted that this was typical of the available case–control studies and that potential confounding factors, including education, were comparable between cases and controls despite differences in participation. The most consistent associations were seen for follicular lymphoma and exposure to dioxin-like PCBs.]

A multicentre European study of NHL included 174 cases and 203 controls from France, Germany, and Spain ([Cocco et al., 2008](#)). Patients admitted to the same hospital as the cases for non-cancer diseases not related to known risk factors for NHL were selected as controls in France and Spain; controls in Germany were a random sample of the general population. Concentrations of nine PCB congeners were measured in plasma, and risk estimates were adjusted by age (continuous), sex, education, and centre. Risk of NHL did not increase by quartile of plasma concentration

of total PCBs, or specific congeners, or the functional PCB congener groups as defined by Hansen ([Hansen, 1998](#)). When exploring risk by lymphoma subtype, a nonsignificant increase was observed for chronic lymphocytic leukaemia in the top quartile of concentration of immunotoxic PCBs and BRCA1-inhibiting PCBs, with no indication of an increasing trend, or of an association with specific PCB congeners. No association was observed with risk of diffuse large B-cell lymphoma. However, risk of chronic lymphocytic leukaemia associated with plasma concentrations of immunotoxic PCBs above the median showed a threefold increase (OR, 3.2; 95% CI, 0.9–11.5), increasing to sixfold (OR, 6.1; 95% CI, 1.0–37.8) in the upper quartile, in subgroup analyses of the German and French subgroups combined, but not in the Spanish subgroup; a significant heterogeneity by country was observed for risk of chronic lymphocytic leukaemia associated with immunotoxic PCBs, but not for the sum of total PCBs. [The Working Group judged this international study to be high in quality; the classification of lymphoma was particularly meticulous. Although the overall results were null, the association of immunotoxic PCBs with chronic lymphocytic leukaemia in two of the three centres is noteworthy. The heterogeneity between countries may have been a result of differences in PCB exposure or distribution of confounding factors.]

Pretreatment plasma samples were available in a subset of 100 cases with a histologically confirmed diagnosis of NHL and 100 controls out of the 1321 cases and 1057 general population controls who participated in a case–control study on NHL conducted by the United States National Cancer Institute in 1998–2000 in four areas with population-based cancer registries (Iowa, Los Angeles, CA, Detroit, MI, and Seattle, WA) ([De Roos et al., 2005](#)). Concentrations of 36 non-coplanar and 4 coplanar congeners were measured in plasma. Risk of NHL overall and of its major subtypes was analysed in relation

to 28 PCB congeners detected in at least 30% of samples. Values below the detection limit were estimated by multiple imputation. Odds ratios were adjusted for the matching factors, age, sex, study site, and date of blood draw. Other potential confounders were tested, including education, race, BMI, and family history of NHL, but no confounding was observed. The results showed significant upward trends in risk of NHL with increasing quartiles of plasma concentration of the subgroup of highly chlorinated PCB congeners (test for trend, $P = 0.04$), which included PCB-156, PCB-180, and PCB-194. An increase of 10 TEQ pg/g lipid was associated with a 35% excess risk of NHL (95% CI, 1.02–1.79). Some associations were stronger among the 14 cases of DLBCL than the 25 cases of follicular lymphoma, both in men and women, and trends by exposure quartiles became significant for follicular lymphoma for PCB-180 and PCB-187 (De Roos *et al.*, 2005). [Despite the extensive analysis, this was a relatively small study, with wide confidence intervals.]

Colt *et al.* (2009) used the same data set to explore the interaction between common variants in genes implicated in the immune and inflammatory response and PCB-180, (the non-dioxin like PCB that showed the strongest association between NHL and levels measured in plasma (100 cases and 100 controls) and carpet dust (682 cases and 513 controls) in the analysis by De Roos *et al.* (2005). Sixty-one single nucleotide polymorphisms in 36 proinflammatory and other immunoregulatory genes were analysed in samples of blood or buccal cells. Relative risk estimates were adjusted for sex, age, race, education, and study centre. The concentration of PCB-180 in plasma was associated with increased risk of NHL (OR, 8.3%; 95% CI, 1.9–14.6% per 10% increment), but the concentration in carpet dust was not (OR, 0.7%; 95% CI, 0.0–1.3% per 10% increment). Significant increases in risk of NHL were observed for PCB-180 in both plasma and carpet dust and for *IFNG* (C–1615T) TT, *IL4* (5'-UTR,

Ex1-168C>T) CC, *IL16* (3'-UTR, Ex22-871A>G) AA, *IL8* (T–251A) TT, and *IL10* (A–1082G) AG/GG genotypes (Colt *et al.*, 2009).

Another analysis was conducted on the same data set to explore the interaction between status of HLA-DRB1*01:01 class II leukocyte surface antigen and of the extended ancestral haplotype (AH) 8.1 (HLA-A*01-B*08-DR*03-TNF-308A) and blood concentrations of PCB-180 above the median in the control group. Risk of NHL overall was elevated among study subjects lacking the HLA-DRB1*01:01 allele or the AH 8.1 allele (OR, 3.93; 95% CI, 1.49–10.35). No significant increase in risk was observed with PCB-180 in carpet dust or for DLBCL or follicular lymphoma (Wang *et al.*, 2011). [These related studies were well conducted, but the subgroup analyses were based on small numbers.]

2.3.2 Cancer of the breast

See [Table 2.10](#)

(a) Smaller studies

Case-control studies of cancer of the breast with 100 or fewer cases, most published before 2000, are reviewed here briefly and are not presented in the table. Most of these studies did not present risk estimates according to PCB concentrations.

One of the earliest studies looked at PCB concentrations in samples of breast adipose tissue from 14 living and 18 deceased patients with cancer of the breast, 21 similar samples from non-cancer patients, and samples of adipose tissue from 35 non-cancer autopsies, and found no significant differences (Unger *et al.*, 1984).

In another study, mean concentrations of PCBs in the breast tissue of 20 women with cancer of the breast were significantly higher ($P = 0.02$) than in 20 women with benign breast disease, and the association persisted after controlling for age, smoking, and BMI (Falck *et al.*, 1992).

Table 2.10 Case-control studies on cancer of the breast and exposure to PCBs

Reference, study location and period	Total No. cases	Control source (hospital, population)	Exposure assessment	Exposure categories	Exposed cases	OR (95% CI)	Covariates Comments
Recio-Vega <i>et al.</i> (2011), Comarca Lagunera, Mexico	70	Hospital-based: 70 women with biopsies negative for malignancy, from the same hospital	Questionnaire; serum concentrations of 20 PCB congeners ^a measured by GC	Total PCBs	NR	1.09 (1.02–1.16)	Age, age at menarche, lactation, menopausal status, BMI, family history of breast cancer [The Working Group was not clear on how analysis was performed to obtain risk estimates.] PCb groups according to Wolff & Toniolo (1995)
	70			Premenopausal	NR	1.08 (0.99–1.17)	
				Postmenopausal	NR	1.13 (1.01–1.25)	
				Group 1a	NR	1.19 (0.81–1.7)	
				Group 1b	NR	1.40 (0.94–2.1)	
				Group 2a	NR	1.22 (0.99–1.49)	
				Group 2b	NR	1.90 (1.25–2.88)	
				Group 3	NR	1.81 (1.08–3.04)	
				Group 4	NR	1.57 (1.20–2.07)	
				Group 5	NR	1.30 (0.84–2.04)	
Moyisch <i>et al.</i> (1998, 1999b), Erie and Niagara counties of western New York, USA, 1986–1991	154	Community controls	Structured interview; CYP1A1	<i>Total PCBs:</i> PCB low (0.75–3.72 ng/g): Ile:Ile	62	1.00	Age, education, family history of breast cancer, parity, quetelet index (BMI), duration of lactation, age at first birth, serum lipids, years since last pregnancy, fruit and vegetable intake, serum lipids, and smoking status
		postmenopausal women with incident primary breast cancer identified from hospitals	polymorphism was determined by PCR-RFLP; Lipid-adjusted serum PCBs (56 congener peaks based on the concentrations of 73 congeners) measured by GC (ng/g lipid)	Ile:Val/Val:Val PCBs > 3.72 ng/g: Ile:Ile Ile:Val/Val:Val	8	0.88 (0.29–2.70)	
	192	controls		<i>Total PCBs:</i> All subjects: 2.93–4.43 4.44–19.04 Never lactated (<i>n</i> = 107): 2.93–4.43 4.44–19.04 Ever lactated (<i>n</i> = 191): 2.93–4.43 4.44–19.04 <i>Less chlorinated</i> 0.01–0.31 0.32–1.65	65	1.08 (0.62–1.89)	
					19	2.93 (1.18–7.45)	
					45	0.70 (0.37–1.29)	
					56	1.14 (0.61–2.15)	
					15	1.71 (0.55–5.35)	
					20	2.87 (1.01–7.29)	
					41	0.38 (0.17–1.03)	
					36	0.71 (0.31–1.61)	
					59	2.04 (1.09–3.83)	
					63	1.40 (0.76–2.59)	
						<i>P</i> = 0.51	
						<i>P</i> = 0.07	
						<i>P</i> = 0.72 Data NR for women who never lactated	

Table 2.10 (continued)

Reference, study location and period	Total No. cases	Control source (hospital, population)	Exposure assessment	Exposure categories	Exposed cases	OR (95% CI)	Covariates Comments
Moysich et al. (1998, 1999b) , (cont.)				<i>Moderately chlorinated</i>			
				All subjects:			
				2.20–3.12	41	0.57 (0.03–1.07)	
				3.13–15.07	60	1.37 (0.73–2.59)	P = 0.69
				Never lactated:			
				2.20–3.12	12	0.73 (0.22–2.63)	
				3.13–15.07	23	3.57 (1.10–8.60)	P = 0.08
				<i>Highly chlorinated</i>			
				All subjects:			
				0.26–0.44	43	0.79 (0.42–1.52)	
				0.45–1.30	54	1.19 (0.60–2.36)	
				Never lactated:			
				0.26–0.44	11	0.51 (0.15–1.69)	
				0.45–1.30	21	1.53 (0.47–4.95)	
Wolff et al. (2000b) , New York, New York, USA	175 cases with incident breast cancer 355 controls	Hospital controls matched by age, race/ethnicity	Structured interview in person or by telephone Lipid-adjusted serum PCB concentration (µg/g lipid)	Tertiles of PCB concentration (µg/g lipid) <i>Highly chlorinated</i> 0.460–0.798 0.799–3.3 <i>Less chlorinated</i> 0.085–0.162 0.163–2.39	46 46 54 38	0.88 (0.52–1.5) 0.78 (0.45–1.3) 1.47 (0.84–2.6) 0.96 (0.53–1.7)	Age, age ² , menopausal status, race, BMI, family history of breast cancer, lactation, parity Tumor stage and markers (ER, PR, p53, erbB-2) identified histologically and immunohistochemically by pathologist ORs not reported by tumour marker status

Table 2.10 (continued)

Reference, study location and period	Total No. cases	Control source (hospital, population)	Exposure assessment	Exposure categories	Exposed cases	OR (95% CI)	Covariates Comments
Millikan <i>et al.</i> (2000), North Carolina, USA 1993–1996	748 cases, aged 20–74 years 659 controls	Population-based, frequency-matched to cases on race and age	Structured interview. Lipid-adjusted plasma concentrations of PCBs measured by GC (µg/g lipid)	Tertiles of PCB concentration	266 243 97 116 172 135 NR NR NR NR	1.29 (0.97–1.72) 1.09 (0.79–1.52) 1.35 (0.84–2.16) 1.74 (1.00–3.01) 1.32 (0.92–1.90) 1.03 (0.68–1.56) 0.96 (0.73–1.27) 0.99 (0.73–1.35) 1.41 (1.05–1.87) 1.35 (0.97–1.88)	Age, age ² , race (all participants), menopausal status, BMI, parity, lactation, use of HRT, and income Response rates: cases, 76%; controls, 55%. PCB and lipid measurements were available for 748 cases (84%) and 659 controls (78%)
				Total PCBs			
				All women:			
				0.283–0.468			
				≥ 0.469			
				African-American:			
				0.312–0.53			
				≥ 0.54			
				White:			
				0.265–0.416			
≥ 0.417							
Low to moderately chlorinated							
Tertile 2							
Tertile 3							
Highly chlorinated							
Tertile 2							
Tertile 3							
Li <i>et al.</i> (2005), North Carolina, USA, 1993–1996 (same population as Millikan <i>et al.</i> , 2000)	612 cases 599 controls	Population	Lipid-adjusted plasma PCB concentration by GC (ng/g lipid)	Total PCBs	66 75 42 59 174 122 45 29	CYP1A1 M1 genotype Non-M1: 1.0 (Ref) Non-M1: 1.5 (0.9–2.5) Any M1: 1.0 (0.6–1.7) Any M1: 1.4 (0.8–2.5) Non-M1: 1.0 (Ref) Non-M1: 0.7 (0.5–1.0) Any M1: 0.8 (0.5–1.2) Any M1: 0.8 (0.4–1.4)	Age, race, parity, use of HRT, oral-contraceptive use, breast feeding, smoking, alcohol consumption, income, education, height, waist/hip ratio, BMI See Millikan <i>et al.</i> (2000) for details Interaction contrast ratio: 0.0 (–0.9–0.9) Interaction contrast ratio: 0.4 (–0.2–0.9)
				African-American:			
				< 0.430			
				≥ 0.430			
				< 0.430			
				≥ 0.430			
				White:			
				< 0.349			
				≥ 0.349			
				< 0.349			
≥ 0.349							

Table 2.10 (continued)

Reference, study location and period	Total No. cases	Control source (hospital, population)	Exposure assessment	Exposure categories	Exposed cases	OR (95% CI)	Covariates Comments
Li et al. (2005) , (cont.)				White: < 0.349 ≥ 0.349 < 0.349 ≥ 0.349	210 138 11 15	CYP1A1 M2 genotype Non-M2: 1.0 (Ref) Non-M2: 0.7 (0.5–1.0) Any-M2: 0.4 (0.2–0.8) Any-M2: 0.9 (0.4–1.9)	Likelihood ratio test for both groups not statistically significant Interaction contrast ratio: 0.8 (0.1–1.6) Likelihood ratio test: <i>P</i> = 0.02
Demers et al. (2000, 2002) , Quebec, Canada, 1994–1997	315 women with histologically confirmed infiltrating primary breast cancer 523 controls	Hospital and population, 523 cases frequency-matched by age and rural/urban residence	Telephone interview. Lipid-adjusted serum concentrations for 14 PCB congeners ^b measured by GC/ECD (µg/g lipid)	African-American: < 0.430 ≥ 0.430 < 0.430 ≥ 0.430 Quartiles of PCB concentration PCB-118 9.4– < 14.3 14.3– < 22.1 ≥ 22.1 PCB-156: 5.8– < 7.6 7.6– < 9.8 ≥ 9.8 DL-PCBs (PCB-105, PCB-118, and PCB-156 in TEQ ng/kg) 4.2 to < 5.7 5.7 to < 7.4 ≥ 7.4	95 105 13 29	CYP1A1 M3 genotype Non-M3: 1.0 (Ref) Non-M3: 1.3 (0.8–2.0) Any M3: 0.6 (0.3–1.2) Any M3: 1.6 (0.8–3.2)	Likelihood ratio test: <i>P</i> = 0.10 Age, region of residence, BMI, history of benign breast disease, breastfeeding duration Participation rate: cases, 91%; hospital controls, 89%; and population controls, 47%. PCBs 28, 52, 101, 105 and 128 were detected in < 70% of women and were excluded from analysis. Results for other PCBs were not statistically significant

Table 2.10 (continued)

Reference, study location and period	Total No. cases Total No. controls	Control source (hospital, population)	Exposure assessment	Exposure categories	Exposed cases	OR (95% CI)	Covariates Comments
Gammon <i>et al.</i> (2002), Long Island, New York, USA 1996–1997	646 cases 429 controls	Population based, matched by age	In-person interview and non-fasting blood sample Lipid-adjusted serum concentrations for 24 PCB congeners ^c	Quintiles of PCB concentration (Sum of PCBs 118, 138, 153, and 180)	112 132 123 126	0.76 (0.51–1.15) 0.90 (0.60–1.35) 0.82 (0.54–1.24) 0.83 (0.54–1.29)	Age, race, reproductive history, benign breast disease Interview response rates: cases, 83.2%; controls, 68.0%. No statistically significant results for other PCBs measured Results reported for four most common congeners. Numerous potential confounders investigated
				PCB-118	133	0.96 (0.64–1.42)	
				32.66–46.45	109	0.77 (0.52–1.16)	
				46.46–63.39	114	0.82 (0.54–1.24)	
				63.40–94.94	136	0.93 (0.60–1.43)	
				94.95–1015.88			
				PCB-138	153	1.26 (0.85–1.88)	
				49.38–81.09	129	1.04 (0.69–1.55)	
				81.10–111.15	106	0.80 (0.52–1.21)	
				111.16–156.22	120	0.96 (0.63–1.48)	
				156.23–936.75			
				PCB-153	115	0.75 (0.50–1.13)	
				103.75–130.02	132	0.85 (0.57–1.27)	
				130.03–170.81	107	0.68 (0.45–1.03)	
				170.82–227.54	132	0.86 (0.56–1.32)	
				227.55–1130.08			
				PCB-180	121	0.87 (0.58–1.31)	
				51.49–69.70	117	0.81 (0.54–1.23)	
				69.71–87.41	128	0.89 (0.58–1.34)	
				87.42–120.37	134	0.95 (0.62–1.46)	
				120.38–721.29			

Table 2.10 (continued)

Reference, study location and period	Total No. cases Total No. controls	Control source (hospital, population)	Exposure assessment	Exposure categories	Exposed cases	OR (95% CI)	Covariates Comments
Gatto et al. (2007) , Los Angeles County, USA, 1994–1998	355 African-American women with histologically confirmed invasive breast cancer 327 controls	Population based, African-American women matched by age	Interview with structured questionnaire. Lipid-adjusted serum PCB concentrations (congeners NR) measured by GC	Quintiles of total PCBs (µg/g) ≥ 0–0.38 > 0.38–0.47 > 0.47–0.60 > 0.60	61 46 42 61	1.06 (0.67–1.67) 0.82 (0.50–1.33) 0.76 (0.47–1.24) 1.01 (0.63–1.63)	Age, BMI, breastfeeding No statistically significant results by ER+/-, p53, or HER-2 status P for trend = 0.56
Itoh et al. (2009) , Nagano Prefecture, Japan, 2001–2005	403 women aged 20–74 years with newly diagnosed invasive breast cancer 403 controls	Hospital-based	Self-administered questionnaire; hormone receptor status obtained from medical records; lipid-adjusted serum concentrations of 41 PCB congeners (ng/g lipid)	Total PCB quartiles (median) 110 160 200 290 <i>Highest vs lowest quartiles of exposure</i> PCB-153 PCB-138 PCB-180	126 96 102 79 NR NR NR	1.00 (ref) 0.79 (0.36–1.72) 0.57 (0.28–1.15) 0.33 (0.14–0.78) 0.40 (0.18–0.91) 0.61 (0.28–1.35) 0.29 (0.13–0.66)	Total lipid concentration in serum, BMI, reproductive risk factors, smoking, diet, medical history P for trend = 0.008 P for trend = 0.04 P for trend = 0.29 P for trend = 0.004
Zheng et al. (2000a) , Connecticut, USA, 1994–1997	304 cases 186 controls	Hospital-based, with benign breast disease or normal tissue	Structured interview; lipid-adjusted breast adipose tissue concentrations of 9 PCB congeners ^d measured by GC (ng/g lipid)	Total PCBs 396.0–562.9 ≥ 563.0	79 114	0.6 (0.4–1.0) 0.7 (0.4–1.1)	Age, BMI, fat consumption, income, race, family history of breast cancer, and reproductive risk factors Participation rate: cases, 79%; controls, 74%. Stratification by type of breast disease, menopausal status, parity, lactation and body size showed no association with PCBs

Table 2.10 (continued)

Reference, study location and period	Total No. cases Total No. controls	Control source (hospital, population)	Exposure assessment	Exposure categories	Exposed cases	OR (95% CI)	Covariates Comments
Zheng et al. (2000b) , Connecticut, USA, 1995–1997	475 cases 502 controls	Hospital, with benign disease or population matched by age	Structured interview; lipid-adjusted serum concentrations of 9 PCB congeners ^d measured by GC (ng/g lipid)	Total PCBs 604.1–800.0 > 800.0	160 160	1.04 (0.76–1.45) 0.95 (0.68–1.32) P for trend = 0.41	Age, BMI, reproductive risk factors, HRT, dietary fat intake, family history of breast cancer, income, race, and study site When stratifying by parity, lactation and menopausal and ER status, no association was identified between PCBs and risk of breast cancer
Holford et al. (2000) , Connecticut, USA, 1994–1997 (same population as Zheng et al., 2000a)	304 cases 186 controls	Hospital-based	Breast adipose tissue analysed for 9 PCB congeners measured by GC (ng/g lipid)	<i>Linear logistic model</i> PCB-74 PCB-118 PCB-138 PCB-153 PCB-156 PCB-170 PCB-180 PCB-183 PCB-187 <i>Logistic ridge regression model</i> PCB-153 PCB-156 PCB-180 PCB-183		10-ppb change in exposure 0.93 (0.84–1.04) 1.04 (0.96–1.12) 1.04 (0.94–1.16) 0.87 (0.78–0.98) 0.79 (0.64–0.99) 0.85 (0.65–1.11) 1.14 (1.0–1.29) 1.82 (1.12–2.98) 1.11 (0.90–1.37) 0.98 (0.96–1.01) 0.87 (0.78–0.99) 1.02 (0.99–1.05) 1.23 (0.98–1.54)	Age, BMI, reproductive risk factors, dietary fat intake, income, fat concentrations of DDE See Zheng et al. (2000a) for details

Table 2.10 (continued)

Reference, study location and period	Total No. cases Total No. controls	Control source (hospital, population)	Exposure assessment	Exposure categories	Exposed cases	OR (95% CI)	Covariates Comments
Zhang <i>et al.</i> (2004), Connecticut, USA, 1999–2002	374 Caucasian women 406 controls	Hospital- and population-based, matched by age	Structured in-person interview; lipid-adjusted serum concentrations of 9 PCB congeners ^d measured by GC (ng/g lipid) Genotyping of <i>CYP1A1 m1</i> , <i>m2</i> , and <i>m4</i> by PCR-RFLP	Total PCBs:	173 201 157 177 16 24 130 125 13 21	1.00 (ref.) 1.2 (0.9–1.6) 1.00 (ref.) 1.2 (0.9–1.6) 1.6 (0.7–3.5) 3.6 (1.5–8.2) 1.0 1.1 (0.8–1.6) 1.8 (0.7–4.5) 4.3 (1.6–1.2)	See Zheng <i>et al.</i> (2000a, b) for details No significant association for <i>CYP1A1 m1</i> or <i>m4</i> genotype or in premenopausal women
				310–610			
				611–2600			
				<i>CYP 1A1 m2</i> genotype			
				All women:			
				Wildtype, low			
				Wildtype, high			
				Variants, low			
				Variants, high			
				Postmenopausal women:			
Wildtype, low							
Wildtype, high							
Variants, low							
Variants, high							
Rusiecki <i>et al.</i> (2004), Connecticut USA, 1994–97 (subgroup from same population as Zheng <i>et al.</i>, 2000a)	266 cases 347 controls	Hospital-based, benign breast disease	Interview; serum and breast adipose tissue analysed for 9 PCB congeners	Total PCBs	21 33 20 24 17 16 4 12	0.6 (0.3–1.2) 0.6 (0.3–1.3) 0.5 (0.3–1.0) 0.5 (0.3–1.1) 1.0 (0.4–2.5) 0.6 (0.2–1.6) 0.2 (0.1–0.7) 0.5 (0.2–12.0)	Age, reproductive risk factors, BMI, family history of breast cancer in a first-degree relative Tumours were apparent with concentrations of PCB-183 (third tertile vs first: OR, 2.4; 95% CI, 1.0–6.0, <i>P</i> for trend = 0.03, but data not otherwise shown) Analyses for individual congeners did not show any association
				ER+PR+			
				394.31–558.69			
				> 558.69			
				ER–PR–			
				394.31–558.69			
				> 558.69			
				ER+PR–			
				394.31–558.69			
				> 558.69			
ER–PR+							
394.31–558.69							
> 558.69							

Table 2.10 (continued)

Reference, study location and period	Total No. cases Total No. controls	Control source (hospital, population)	Exposure assessment	Exposure categories	Exposed cases	OR (95% CI)	Covariates Comments
Stellman <i>et al.</i> (2000), Long Island, New York, USA, 1994–1996	232 cases 323 controls	Hospital	Structured interviews; 14 PCB congeners ^a in breast adipose tissue using GC	Total PCBs (ng/g)	74	1.06 (0.67–1.69)	Age, BMI, race > 95% of eligible patients agreed to participate. Adipose tissue was obtained from 86% of all subjects. ORs for other PCB congeners, NR
				181.82–332.24	103	1.01 (0.60–1.69)	
				> 332.24	NR	1.9 (1.1–3.0)	
				PCB-156	NR	1.5 (0.9–2.5)	
				5.87–13.59	NR	1.3 (0.8–2.1)	
				> 13.60	NR	2.0 (1.2–3.4)	
Aronson <i>et al.</i> (2000), Ontario, Canada, 1995–1997	217 cases 213 controls	Hospital- based, cancer- free women, matched by age and study site	Telephone interview or mailed questionnaire; breast tissue analysed for 14 PCB congeners ^b expressed in $\mu\text{g}/\text{kg}$	PCB-105	NR	1.16 (0.62–2.14)	Age, study site, HRT, ethnicity, family history of breast cancer, BMI, fat intake, alcohol intake, smoking, reproductive history Most controls were diagnosed with benign breast disease PCBs 28, 52, 101 and 128 were < LOD for > 30% of subjects and were not investigated
				4.2–6.1	NR	2.03 (1.12–3.68)	
				6.2–12	NR	3.17 (1.51–6.68)	
				≥ 13	NR	<i>P</i> for trend ≤ 0.01	
				Premenopausal	12	1.29 (0.52–3.20)	
				4.2–6.1	30	3.91 (1.73–8.86)	
				> 6.1	25	0.98 (0.38–1.49)	
				Postmenopausal	86	1.49 (0.70–3.16)	
				4.2–6.1	NR	1.25 (0.68–2.29)	
				> 6.1	NR	1.88 (1.00–3.55)	
				PCB-118	NR	2.31 (1.11–4.78)	
				17–27	19	1.04 (0.46–2.35)	
28–49	28	2.85 (1.24–6.52)					
≥ 50	30	1.39 (0.57–3.41)					
Premenopausal	91	1.58 (0.70–3.58)					
17–27							
> 27							
Postmenopausal							
17–27							
> 27							

Table 2.10 (continued)

Reference, study location and period	Total No. cases Total No. controls	Control source (hospital, population)	Exposure assessment	Exposure categories	Exposed cases	OR (95% CI)	Covariates Comments
Aronson et al. (2000) , (cont.)				<i>PCB-170</i>			
				24–34	NR	1.60 (0.92–2.78)	
				35–53	NR	1.09 (0.61–1.96)	
				≥ 54	NR	1.15 (0.60–2.22)	
				Premenopausal			
				24–34	24	0.83 (0.39–1.78)	
				> 34	25	0.89 (0.49–1.91)	
				Postmenopausal			
				24–34	51	3.27 (1.44–7.44)	
				> 34	76	1.63 (0.77–3.45)	
				<i>PCB-180</i>			
				52–71	NR	1.56 (0.90–2.70)	
				72–105	NR	1.21 (0.68–2.14)	
				≥ 106	NR	1.27 (0.66–2.46)	
				Premenopausal			
				52–714	26	1.07 (0.55–2.27)	
				> 71	23	0.89 (0.42–1.91)	
				Postmenopausal			
				52–714	46	2.43 (1.09–5.43)	
				> 71	80	1.77 (0.85–3.69)	
Aschengrau et al. (1998) , Cape Cod, Massachusetts, USA, 1983–1986	261 incident cases 753 controls	Population, similar age and race	Structured interview, JEM and expert assessment	Possible or probable	5	3.2 (0.8–12.2).	Age, vital status, family history of breast cancer, age at first birth, personal history of prior breast cancer, benign breast disease, educational level and race PCB congeners to which cases were potentially exposed are not specified. Response rate: cases, 79%; controls, 74–81%

Table 2.10 (continued)

Reference, study location and period	Total No. cases	Control source (hospital, population)	Exposure assessment	Exposure categories	Exposed cases	OR (95% CI)	Covariates Comments
McElroy, <i>et al.</i> (2004), Wisconsin, USA, 1998–2000	1481 cases 1301 controls	Population-based, of similar age	Telephone interview; consumption of sport-caught fish	Recent consumption of sport-caught fish Any Premenopausal Postmenopausal Recent consumption of Great Lakes fish Any Premenopausal Postmenopausal	701 286 388 210 95 104	1.00 (0.86–1.17) 1.24 (0.96–1.59) 0.91 (0.74–1.11) 1.06 (0.84–1.33) 1.70 (1.16–2.50) 0.78 (0.57–1.07)	Age, family history of breast cancer, alcohol consumption, weight gain, weight at age 18 years, education, reproductive history

^a The 20 PCB congeners were PCBs 8, 18, 28, 44, 52, 66, 77, 101, 105, 118, 126, 138, 148, 153, 170, 180, 187, 195, 206 and 209

^b The 14 PCB congeners were PCBs 28, 52, 99, 101, 105, 118, 128, 138, 153, 156, 170, 180, 183, and 187

^c The 24 PCB congeners were PCBs 15, 28, 74, 66, 56, 101, 99, 82, 118, 146, 153, 105, 138, 178, 187, 183, 167, 174, 177, 156, 180, 170, 199, and 203

^d The 9 congeners were PCBs 74, 118, 138, 153, 156, 170, 180, 183, and 187

^e The 14 PCB congeners were PCBs 74, 99, 118, 138, 146, 153, 156, 167, 170, 172, 178, 180, 183, and 187

BMI, body mass index; CI, confidence interval; ER, estrogen receptor; GC, gas chromatography; HRT, hormone replacement therapy; Ile, isoleucine; JEM, job-exposure matrix; LOD, limit of detection; NR, not reported; OR, odds ratio; PCB, polychlorinated biphenyl; PCR-RFLP, polymerase chain reaction–restriction fragment length polymorphism; PR, progesterone receptor; ref., reference; TEQ, toxic equivalent; Val, valine; vs, versus

In a study in Quebec City, Canada, in 17 women with cancer of the breast and 17 controls ([Dewailly et al., 1994](#)), the concentration of PCB-99 was higher in the breast adipose tissue of women with ER-positive (ER+) infiltrating adenocarcinoma than in controls, while there were no significant differences for ER- women with cancer of the breast compared with controls, or for other PCB congeners or total PCBs.

In a study in Sweden, PCB concentrations were measured in non-tumour breast adipose tissue of 43 women with breast cancer and 35 controls ([Liljegren et al., 1998](#)). Odds ratios adjusted for age and parity showed no association with concentrations of total PCB congeners in all subjects. However, among the subgroup of women with ER+ tumours, increased risk was observed for PCB-77 (OR, 33; 95% CI, 1.8–588) and PCB-126 [odds ratio not calculated as there were no unexposed cases].

In Hesse, Germany, concentrations of 12 PCB congeners in breast tissue from 45 women with cancer of the breast were compared with those in breast tissue from 20 women with benign breast disease: the average concentration of PCB-118 was significantly higher in the cases, with no statistical difference for other congeners ([Güttes et al., 1998](#)).

A case-control study in eastern Slovakia included 24 cases of cancer of the breast diagnosed between 1997 and 1999 and 88 population controls, and measurements were made of 15 PCBs in serum ([Pavuk et al., 2003](#)). Median concentrations of total PCBs were slightly higher among controls, and although odds ratios were less than unity, no finding was statistically significant.

In two reports of studies of 100 cases of cancer of the breast and 100 surgical controls in Belgium ([Charlier et al., 2003](#)), concentrations of PCB-101 and PCB-153 were significantly higher for cases than controls. A second study of 60 cases and controls by the same authors reported an association only for PCB-153 (OR, 1.8; 95%

CI, 1.4–2.5) after adjusting for age and reproductive risk factors ([Charlier et al., 2004](#)). [It was not clear whether the same population was studied in both articles.]

In a case-control study in Mexico, 70 cases of cancer of the breast were compared with 70 hospital controls, and blood samples were taken for measurement of 20 PCB congeners ([Recio-Vega et al., 2011](#)). An increased risk of cancer of the breast was apparent for total PCBs (OR, 1.09; 95% CI, 1.02–1.16) and for the exposure groups 2b (OR, 1.90; 95% CI, 1.25–2.88), 3 (OR, 1.81; 95% CI, 1.08–3.04), and 4 (OR, 1.57; 95% CI, 1.20–2.07) defined according to [Wolff & Toniolo \(1995\)](#). Elevated odds ratios were reported for several PCB congeners (PCB-118, PCB-128, PCB-138, PCB-170, PCB-180, PCB-187, PCB-195, PCB-206 and PCB-209) and risks were generally higher in postmenopausal women. [Although this was a small study, several increased risks were reported. However, the analytical approach was unclear to the Working Group and the age distribution was notably different in cases and controls, suggesting potential for residual confounding by age.]

Using a registry of banked serum collected between 1981 and 1987 from 63 Alaskan native women who subsequently developed cancer of the breast and 63 age-matched cancer-free women, analyses adjusting for ethnicity, family history of cancer of the breast, and parity showed no association with PCB exposure ([Rubin et al., 2006](#)). In a study in Greenland of 31 cases of cancer of the breast and 115 controls, all of Inuit descent, some evidence of higher serum concentrations of PCBs was found for patients with cancer of the breast compared with controls; however, the odds ratios for total PCBs did not demonstrate any association ([Bonfeld-Jørgensen et al., 2011](#)). [The populations included in these studies were of special interest due to their documented high exposures to PCBs.]

(b) *Larger studies of PCB concentrations in blood*

In a case-control study in western New York State, USA, 154 postmenopausal women with incident cancer of the breast and 192 postmenopausal community controls were compared in terms of serum concentrations of 73 detected congeners ([Moysich et al., 1998](#)). No association with total PCBs, moderately chlorinated PCBs or highly chlorinated PCBs was found, but increased risk was apparent for less chlorinated PCBs above the detection limit (OR, 1.66; 95% CI, 1.07–2.88 for the combined second and third tertiles); among parous women who had never lactated the magnitude of risk was higher in association with total PCBs (OR, 2.87; 95% CI, 1.01–7.29) and moderately chlorinated PCBs (OR, 3.57; 95% CI, 1.10–8.60). In a subsequent study on PCBs and *CYP1A1* polymorphism (found to be induced by PCBs in experimental studies, see Section 4), no association with *CYP1A1* genotype was found among women with a low PCB body burden; among women with a PCB burden above the median for the control group, an increased risk of cancer of the breast was observed when at least one valine allele was present (OR, 2.93; 95% CI, 1.18–7.45) when compared with women who were homozygous for the isoleucine allele ([Moysich et al., 1999b](#)). Adjustment for serum lipids and BMI did not affect the magnitude of this association. [Although not large, this study was rigorous in terms of design and implementation.]

Among patients of several ethnic groups in a hospital-based case-control study in New York City, USA, 175 patients with cancer of the breast and 355 control patients were frequency-matched by age and race/ethnicity ([Wolff et al., 2000b](#)). Highly chlorinated and less chlorinated biphenyls and other chlorinated compounds were measured in serum, and the tumour markers ER, progesterone receptor (PR), *p53*, and *erbB-2* were assessed. Concentration of PCBs was not associated with risk of cancer of the breast. Risk

of cancer of the breast was not examined with respect to tumour stage or markers, but PCB concentrations did not differ according to these factors. [This was a high quality study notable for the number of tumour markers investigated, but the analysis focused largely on exposure markers, rather than exposure-disease associations.]

In a population-based case-control study of cancer of the breast in African-American and white women in North Carolina, USA, 748 cases and 659 controls were enrolled ([Millikan et al., 2000](#)). Lipid-adjusted concentrations of 35 PCB congeners were measured in plasma, but detailed analyses were presented only for total PCBs. Odds ratios were adjusted for age and age squared, and additionally for race, menopausal status, BMI, parity/lactation, hormone replacement therapy, and income, depending on the stratification factors. Results were presented in strata of race, parity plus lactation, BMI and history of farming. Risk of cancer of the breast was increased with total PCB exposure among African-American women (third tertile OR, 1.74; 95% CI, 1.00–3.01), but not among white women (third tertile OR, 1.03; 95% CI, 0.68–1.56). This risk was particularly high for African-Americans with BMI > 34.2 (third tertile total PCBs, OR, 4.92; 95% CI, 1.63–14.83). [This was a large, high-quality study, and included African-Americans.]

In the same study population as [Millikan et al. \(2000\)](#), [Li et al. \(2005\)](#) investigated *CYP1A1* polymorphisms and their interaction with PCB exposure in relation to risk of cancer of the breast among the 612 cases and 599 controls who had provided blood. Results showed no evidence of joint effects between *CYP1A1* M1-containing genotypes and total PCBs for either race. Among white women, statistically significant multiplicative interactions were observed between *CYP1A1* M2-containing genotypes and total PCBs ($P = 0.02$), but the association between PCBs and cancer of the breast was inverse. A multiplicative interaction was suggested among African-American women between *CYP1A1*

M3-containing genotypes and total PCBs, with an odds ratio of 1.6 (95% CI, 0.8–3.2) for women with total plasma PCB concentrations ≥ 0.430 ng/mL and any *CYP1A1* M3 genotype compared with lower PCB concentration and no M3 genotype (P for interaction = 0.10). [This large study was able to assess interactions with *CYP1A1*.]

In a case–control study conducted in 1994–7 in Quebec City, Canada, plasma concentrations of 14 PCB congeners were measured in 314 women with cancer of the breast and 523 controls (219 hospital controls, 304 population controls) (Demers *et al.*, 2002). Analyses in relation to cancer of the breast excluded five congeners that were detected in $< 70\%$ of the women. The remaining PCB congeners were correlated (Pearson correlation coefficients, 0.29 to 0.96). Risk of cancer of the breast was associated with the highest quartile of concentration of PCB-118 (OR, 1.60; 95% CI, 1.01–2.53) and PCB-156 (OR, 1.80; 95% CI, 1.11–2.94). Among the subgroup of premenopausal women, the odds ratio for the highest quartile of concentration of PCB-118 was 2.87 (95% CI, 1.13–7.31), and for PCB-156 it was 2.90 (95% CI, 1.18–7.15). No significant increase in risk was seen in postmenopausal women. When PCB-105, PCB-118 and PCB-156 were grouped, higher concentration was associated with increased risk of cancer of the breast (OR, 2.02; 95% CI, 1.24–3.28), but the PCBs that were the most abundant (PCB-138, PCB-153 and PCB-180) were not associated with risk of cancer of the breast. An earlier publication from this study investigated associations between organochlorine compounds and cancer of the breast, specifically in relation to axillary-lymph-node involvement and tumour size (Demers *et al.*, 2000). PCB-153 was selected as a surrogate for all PCB congeners because it was the most abundant in plasma samples and was strongly correlated with other prevalent congeners ($r \geq 0.72$; $P < 0.0001$). The relative risk of having a tumour size ≥ 2 cm was increased, but not significantly,

with increasing plasma concentration of PCB-153. However, a higher concentration of PCB-153 was significantly associated with increased risk among those with axillary lymph-node involvement (OR, 2.12; 95% CI, 1.05–4.30, adjusted for confounders) and when tumour size > 2 cm and node involvement were considered together, (OR, 3.51; 95% CI, 1.41–8.73), with an exposure–response trend. [This was a well-designed and well-implemented study with two control groups and stratification for menopausal status.]

In a large population-based case–control study of environmental exposures and cancer of the breast conducted in 1996–7 on Long Island, NY, USA, serum concentrations of 24 PCB congeners were measured for 646 cases and 429 controls, with results presented for the four most commonly occurring congeners (PCB-118, PCB-138, PCB-153 and PCB-180) (Gammon *et al.*, 2002). There was no association between cancer of the breast and the sum concentration of the four PCBs, or any specific congener, and there was no effect of lactation, menopausal status, stage of disease, or hormone receptor status. [This was a large, well-designed and well-implemented study.]

In a population-based case–control study of African-American women, serum concentrations of PCBs [congeners not specified] were measured in 355 cases and 327 controls (Gatto *et al.*, 2007). Risk of cancer of the breast was not associated with total PCBs (OR comparing highest with lowest quintile, 1.01; 95% CI, 0.64–1.63), and BMI, parity, breastfeeding, and menopausal status did not modify the measures of effect. PCBs were not associated with an increase in the risk of any subtype of cancer of the breast as defined by PR, ER, *p53*, or *HER-2/neu* status. [Statistical power was limited for subgroup analyses.]

In a hospital-based case–control study of cancer of the breast in Nagano, Japan, including 403 matched pairs collected from 2001 to 2005, serum concentrations of total PCBs were associated with decreased risk of cancer of the

breast for the highest versus lowest quartile of concentration of total PCBs (OR, 0.33; 95% CI, 0.14–0.78) ([Itoh et al., 2009](#)). For the specific congeners PCB-153 and PCB-180, the odds ratios were 0.40 (95% CI, 0.18–0.91) and 0.29 (95% CI, 0.13–0.66), respectively. The trend in the inverse relationship persisted when results were stratified by hormone-receptor and menopausal status. [The Working Group was not able to explain the inverse associations reported in this study.]

(c) *Larger studies of PCB concentrations in blood and breast adipose tissue*

Five publications from a research group in Connecticut, USA, were informative, although their potential overlap was not clear. In 1994–1997, 304 cases of cancer of the breast and 186 controls aged 40–79 years were recruited and breast adipose tissue was analysed for nine PCB congeners (PCB-74, PCB-118, PCB-138, PCB-153, PCB-156, PCB-170, PCB-180, PCB-183 and PCB-187) ([Zheng et al., 2000a](#)). Age- and lipid-adjusted risk estimates were null in relation to total PCBs, PCB groups, and any of the congeners. Stratification by type of breast disease, menopausal status, parity, lactation, and body size showed null associations with concentrations of PCBs. From the same study population, [Holford et al. \(2000\)](#) calculated risk in relation to both linear logistic and logistic ridge regression analyses for nine PCB congeners by incremental (10 ng/g) changes in exposure: PCB-153 and PCB-156 were associated with decreased risk and PCB-180 and PCB-183 were associated with increased risk of cancer of the breast. In analyses using ridge regression and adjusting for covariates, no congeners remained associated with cancer of the breast. In another case–control study from this research group, subjects were recruited in 1995–1997 (overlap in years of study with [Zheng et al., 2000a](#)): 475 incident cases of cancer of the breast were included, and 502 controls were randomly selected from the population or from patients with newly diagnosed

benign breast disease at the same hospital ([Zheng et al., 2000b](#)). Serum concentrations of nine PCB congeners were determined. After adjustment for confounding factors, all odds ratios were null. A related study focused on the potential interaction between CYP1A1 and lipid-adjusted serum concentrations of PCBs on risk of cancer of the breast among Caucasian women recruited in 1999–2002, with 374 cases and 406 controls ([Zhang et al., 2004](#)). The odds ratio for high exposure (> 610 ng/g) to PCBs was 1.2 (95% CI, 0.9–1.6). With respect to CYP1A1 genotype, the risks associated with higher serum concentration of total PCBs was highest for carriers of the *m2* variant genotype both among all women combined (OR, 3.6; 95% CI, 1.5–8.2), and in postmenopausal women (OR, 4.3; 95% CI, 1.6–12.0). No significant association was reported for CYP1A1 *m1* or *m4* genotypes or among premenopausal women. Finally, in another publication on a subset of 266 cases of cancer of the breast and 347 controls with benign breast disease, there was no association for total subjects, adjusted for standard risk factors, between cancer of the breast by joint ER/PR status and serum concentrations of total PCBs and adipose-tissue concentrations of nine PCB congeners ([Rusiecki et al., 2004](#)). However, among postmenopausal women, increased risk of cancer of the breast was seen in relation to increased concentrations of PCB-183 among women with ER+PR+ tumours (third versus first tertile, OR, 2.4; 95% CI, 1.0–6.0; *P* for trend = 0.03). [While there appeared to be overlap between this group of studies from Connecticut, the extent of the overlap was difficult to determine, therefore the independence of the findings was not known. Controls were drawn from a mix of hospital and population sources, and the impact of this selection method was difficult to gauge. The large number of subgroup analyses, particularly in the study by [Rusiecki et al. \(2004\)](#), which presented 80 odds ratios, increased the probability of chance findings.]

(d) Larger studies of PCB concentrations in adipose tissue

On Long Island, New York, USA, concentrations of 14 PCB congeners in adipose tissue did not differ for 232 women with cancer of the breast and 323 hospital controls with benign breast disease or non-breast-related conditions, after adjustment for age, race, and BMI (Stellman *et al.*, 2000). No increase in risk was observed for total PCBs, but congeners PCB-156 and PCB-183 were associated with significantly increased risk (OR, 1.9; 95% CI, 1.1–3.0 for the second tertile of exposure distribution for PCB-156; and OR, 2.0; 95% 1.2–3.4 for the highest tertile of PCB-183). No other congener was associated with risk of cancer of the breast, and no clear difference in risk was seen for ER+ and ER– tumours. [This was a large, well-designed study, but results were only presented for total PCBs and two congeners.]

In a case–control study in Kingston and Toronto, Ontario, Canada, noncancerous breast adipose tissue collected before treatment from 217 incident cases of cancer of the breast and 213 controls undergoing biopsy was analysed for 14 PCB congeners (Aronson *et al.*, 2000). PCB-105 and PCB-118 were associated consistently with risk of cancer of the breast after adjusting for other factors (OR, 3.17; 95% CI, 1.51–6.68; and OR, 2.31; 95% CI, 1.11–4.78, respectively, for the fourth versus first quartile of the exposure distribution) and these effects increased monotonically. PCB-138 was also associated consistently with increased risk, but the odds ratios were imprecise. Stronger associations were apparent among premenopausal women (PCB-105: OR, 3.91; 95% CI, 1.73–8.86; and PCB-118: OR, 2.85; 95% CI, 1.24–6.52, for the highest exposure category). Among postmenopausal women, risks associated with PCB-170 and PCB-180 were also elevated in the second of three exposure groups (OR, 3.27; 95% CI, 1.44–7.44; and OR, 2.43; 95% CI, 1.09–5.43, respectively), but declined below significance in the highest group (ORs 1.63 and

1.77, respectively). No other PCB congener was significantly associated with risk. Although the odds ratios did not differ significantly by subtype of cancer, the odds ratios for total PCBs were higher for ER– than for ER+ cancer of the breast (Woolcott *et al.*, 2001). Investigation of specific genotype–PCB interactions among 68 cases and 52 controls with blood samples in this study showed increased risk of cancer of the breast for *CYP1A1* M1 wildtype homozygotes with high exposure to PCB-105 (OR, 3.20; 95% CI, 1.14–8.98) (McCready *et al.*, 2004). [This was a large, well-designed study.]

(e) Exposure estimates from occupational or dietary histories

A few case–control studies have estimated PCB exposures from occupational or dietary histories.

A population-based case–control study in Massachusetts, USA, included 261 incident cases of cancer of the breast diagnosed between 1983 and 1986 and 753 controls. The subjects were interviewed to ascertain all full-time jobs held since age 18 years. Probable exposure to PCBs was associated with non-significant increases in the risk of cancer of the breast (adjusted OR, 3.2; 95% CI, 0.8–12.2; five exposed cases and six exposed controls) (Aschengrau *et al.*, 1998). [The Working Group noted imprecise findings.]

Consumption of fish from the Great Lakes as a source of exposure to PCBs was investigated as a potential risk factor for cancer of the breast in a population-based case–control study in Wisconsin, USA (McElroy *et al.*, 2004). There were 1481 cases aged 20–69 years, diagnosed in 1998–2000 in the Wisconsin Cancer Reporting System, and 1301 controls of similar age were randomly selected from licensed drivers and Medicare lists; telephone interviews were used to obtain information on consumption of all sport-caught (Great Lakes and other lakes) fish and risk factors for cancer of the breast. After adjustment for risk factors, including age, education, weight,

alcohol consumption, reproductive history, and family history of cancer of the breast, no association was found between risk of cancer of the breast and recent consumption of sport-caught fish (OR, 1.00; 95% CI, 0.86–1.17), recent consumption of fish from the Great Lakes (OR, 1.06; 95% CI, 0.84–1.33), or the number of fish meals per year. Menopausal status appeared to be an effect modifier, with recent consumption of fish from the Great Lakes not associated with postmenopausal cancer of the breast (OR, 0.78; 95% CI, 0.57–1.07), but with premenopausal breast cancer (OR, 1.70; 95% CI, 1.16–2.50). [This was a large study with exposure assessment that used consumption of sport fish as a proxy for PCB exposure, but did not use biomarkers.]

(f) *Combined analysis of five studies in the USA*

The results of five case–control studies in the north-east USA conducted before 2000 (of which three are nested in cohort studies) ([Moysich et al., 1998](#); [Helzlsouer et al., 1999](#); [Laden et al., 2001a, b](#) and [Hunter et al., 1997](#); [Zheng et al., 2000a, b](#); [Wolff et al., 2000b](#)) and in which plasma or serum concentrations of PCBs were measured have been combined into an analysis of 1400 cases and 1642 controls using a standardized approach to confounder and effect-modification assessment, and a random-effects model to estimate associations ([Laden et al., 2001b](#)). For women in the fifth quintile of lipid-adjusted values compared with those in the first quintile, the multivariate pooled odds ratio for cancer of the breast associated with the sum of PCBs (PCB-118, PCB-138, PCB-153 and PCB-180) was 0.94 (95% CI, 0.74–1.21). No consistent increase in risk was observed in subgroups defined by parity or lactation. [This combined analysis focused on the most prevalent PCBs that were analysed in all five studies; while this enhanced precision for the overall relationship, it did not show associations for specific PCB congeners and PCB subgroups.

The Working Group noted that several informative studies were published after this combined analysis.]

2.3.3 *Cancer of the prostate*

Several epidemiological studies have investigated possible associations between cancer of the prostate and exposure to PCBs. These studies differed in study design (i.e. case–control studies, nested case–control studies) and in the assessment of PCBs (i.e. job-exposure matrices, measurement of PCB concentrations in blood or adipose tissue).

[Seidler et al. \(1998\)](#) described the results of a case-referent study including 192 patients with cancer of the prostate and 210 controls from medical practices or clinic in Germany. Occupational exposure to PCBs was estimated using a British job-exposure matrix ([Pannett et al., 1985](#)). Most subjects had no or low exposure to PCBs and no association between exposure and risk of cancer of the prostate was reported. [Due to the relative low participation rate among controls (55%), selection bias could not be excluded. Furthermore, the validity of the job-exposure matrix was unknown and significant exposure misclassification could not be ruled out.]

[Ritchie et al. \(2003, 2005\)](#) conducted a hospital-based case–control study in Iowa, USA, in which 30 PCB congeners were measured in serum samples from 58 patients with cancer of the prostate and 99 age-matched controls. Odds ratios were elevated for total PCBs, and for PCB-153, and PCB-180. A monotonic, not statistically significant, exposure–response trend was observed for total PCBs. For PCB-180, the odds ratio was significantly increased (OR, 3.13; 95% CI, 1.33–7.34) only in the middle (but not the highest) category of exposure. [This study was small with multiple comparisons.]

In a population-based case–control study in Sweden, [Hardell et al. \(2006a\)](#) compared

concentrations of 37 PCB congeners in samples of fat tissue from 58 cases of cancer of the prostate and 20 controls with benign prostate hyperplasia. The odds ratio for the sum of PCBs and cancer of the prostate was 1.21 (95% CI, 0.42–3.50) in all men. PCB-153 was associated with an increased risk of cancer of the prostate (OR, 3.15; 95% CI, 1.04–9.54). Stronger associations were observed in men with prostate-specific antigen (PSA) > 16.5 ng/mL; the odds ratio was 1.91 (95% CI, 0.55–6.55) for total PCBs, and risks for enzyme and phenobarbital-inducing PCBs ([Wolff *et al.*, 1997](#)) and for less chlorinated PCBs ([Moysich *et al.*, 1999a](#)) were significantly increased in this subgroup of men. [This study was small and involved multiple comparisons.]

[Aronson *et al.* \(2010\)](#) conducted a case-control study among urology patients in Ontario, Canada. Concentrations of 14 PCB congeners were measured in serum of 79 men with incident cancer of the prostate and 329 age-matched controls. No association was observed between concentrations of individual PCB congeners or the sum of PCBs, and the risk of prostate cancer. [As both cases and controls underwent the same diagnostic procedures and were screened by PSA and digital rectal examination, selection bias was unlikely in this study].

2.3.4 Melanoma

(a) Cutaneous malignant melanoma

See [Table 2.11](#)

[Gallagher *et al.* \(2011\)](#) conducted a case-control study of 80 patients with malignant melanoma of the skin and 310 controls. The cases were part of a larger case-control study and were originally recruited to evaluate the effect of exposure to ultraviolet (UV) light and gene variants on risk of melanoma, and the controls were recruited using population-based registries. Lipid-adjusted plasma concentrations of 14 PCB congeners were determined and data were reported for 8, as well as for total PCBs,

and dioxin-like and non-dioxin-like PCBs. Statistically significant associations with malignant melanoma were observed for the highest compared with the lowest quartile for: total PCBs (OR, 6.02; 95% CI, 2.0–18.17); summed non-dioxin-like PCBs (OR, 7.02; 95% CI, 2.30–21.43); summed dioxin-like PCBs (OR, 2.84; 1.01–7.97), and all of the individual PCB congeners examined (PCB-118, PCB-138, PCB-153, PCB-156, PCB-170, PCB-180, PCB-183 and PCB-187). [The Working Group considered that, in light of its appropriate design and control of relevant potential confounders, this was a high-quality study, despite the relatively small sample size and being described as “preliminary” by the authors. The positive associations for all the individual PCB congeners may have been a result of correlations among congeners. Multiple comparisons were not formally addressed, but it is likely that adjustment for multiple comparisons would not change the interpretation of the results.]

(b) Uveal melanoma

See [Table 2.11](#)

In a multicentric case-control study in nine European countries, [Behrens *et al.* \(2010\)](#) investigated the association between risk of uveal melanoma and exposure to PCBs. The 293 men and women with uveal melanoma were frequency-matched to 3198 population and hospital controls by country, age, and sex. Exposure to transformer oils was assessed by questionnaire, with exposures to PCBs classified as “potential” or “confirmed,” depending on whether subjects reported exposure to a named brand of oil with known PCB content. Analyses were adjusted for age, country, eye colour, and history of ocular damage from ultraviolet light. Only men reported exposure to transformer/capacitor oils. The odds ratio for any exposure was 2.74 (99.3% CI, 1.07–7.02), and was similar in magnitude for men with more than 10 years of exposure and for “confirmed” exposure. For exposure to Pyralene (the most frequently reported PCB-containing

Table 2.11 Case-control studies on melanoma and exposure to PCBs

Reference, study location and period	Total No. cases	Total No. controls	Control source (hospital, population)	Exposure assessment	Exposure categories	Exposed cases	Relative risk (95% CI)	Covariates Comments
<i>Cutaneous malignant melanoma</i>								
Gallagher <i>et al.</i> (2011) British Columbia, Canada, 2000–2004	80	310	Population	Lipid-adjusted concentrations of 14 PCBs ^a (units NR)				Age, sex, education, skin reaction to repeated sun exposure, and total recreational sun exposure
					<i>Total PCBs</i>			
					98.01–148.71	11	1.36 (0.45–4.09)	
					148.72–213.44	12	1.27 (0.39–4.12)	
					> 213.44	29	6.02 (2.00–18.17)	<i>P</i> for trend < 0.001
					<i>DL-PCBs</i>			
					9.37–15.10	8	0.31 (0.10–0.98)	
					15.11–22.57	16	1.16 (0.41–3.26)	
					> 22.57	25	2.84 (1.01–7.97)	<i>P</i> for trend = 0.003
					<i>NDL-PCBs</i>			
					86.68–133.66	12	2.05 (0.66–6.39)	
					133.67–192.39	11	1.19 (0.36–3.90)	
					> 192.39	30	7.02 (2.30–21.43)	<i>P</i> for trend < 0.001
					<i>PCB-I18</i>			
					> 4.90–8.16	13	0.89 (0.34–2.34)	
					> 8.16–13.32	14	1.13 (0.40–3.23)	
					> 13.32–46.19	23	3.04 (1.05–8.74)	<i>P</i> for trend = 0.012
					<i>PCB-I38</i>			
					> 12.79–20.76	19	1.89 (0.68–5.28)	
					> 20.76–30.65	8	1.30 (0.37–4.56)	
					> 30.65–104.49	28	4.91 (1.69–14.32)	
					<i>PCB-I53</i>			
					> 27.75–42.07	14	2.01 (0.70–5.77)	
					> 42.07–60.43	12	1.35 (0.43–4.25)	
					> 60.43–735.90	27	4.86 (1.68–14.08)	<i>P</i> for trend = 0.002
					<i>PCB-I56</i>			
					> 4.09–6.07	13	1.04 (0.36–2.97)	
					> 6.07–8.65	13	1.48 (0.49–4.45)	
					> 8.65–113.32	29	4.22 (1.51–11.78)	<i>P</i> for trend = 0.001

oil), the odds ratio was 6.43 (99.3% CI, 1.17–35.30; four cases). [This study was notable in being the only large study of a rare cancer. Multiple comparisons were addressed via adjusted 99.3% confidence intervals, but exposure was rare and estimates were imprecise.]

2.3.5 Other cancers

(a) Urothelial cancer

[Steineck *et al.* \(1990\)](#) carried out a population-based case-referent study of urothelial cancer in men in Stockholm, Sweden. Occupational exposures to PCBs and several other agents were assigned by an industrial hygienist. The adjusted odds ratio for estimated exposure to PCBs was 3.3 (95% CI, 0.6–18.4). [The precision of this study was quite limited and the definition of the cancer sites was broad.]

(b) Cancer of the testis

[Hardell *et al.* \(2003\)](#) analysed 38 PCB congeners in blood samples collected from 61 incident cases of cancer of the testis and 58 age-matched controls from the Swedish population registry. No association between cancer of the testis and the sum of PCB concentrations in blood was found. Mothers of 44 cases and 45 controls also provided blood samples; significantly higher PCB concentrations were found for mothers of cases compared with mothers of controls (OR, 3.8; 95% CI, 1.4–10). A difference in the sum of PCBs between mothers of cases and mothers of controls was also reported in two subsequent publications by the same authors ([Hardell *et al.*, 2004](#), [2006b](#)). [Due to the timing of blood collection of the mothers, which was decades after the cases' births, the interpretation of these results was difficult. PCB concentrations in women may be affected by weight changes, child bearing, lactation, and subsequent exposure. Thus it could not be assumed that the concentrations measured in women at the time of the study were representative of their sons' exposures in utero.]

(c) Cancer of the lung

[Recio-Vega *et al.* \(2012\)](#) investigated the association between PCB concentrations, *CYP1A1* polymorphisms and the risk of cancer of the lung in a case-control study in northern Mexico including 43 cases of cancer of the lung and 86 controls without cancer who were recruited from two hospitals. Information including history of exposure to PCBs was collected through in-person interview and 20 PCB congeners were measured in serum. Odds ratios were adjusted for age, agricultural occupation, and tobacco smoking. There was a significant association between PCB-18 and cancer of the lung (OR, 1.13; 95% CI, 1.04–1.38). Odds ratios for PCB-52, PCB-118, and PCB-170 were similar in magnitude, but did not reach statistical significance, while odds ratios for other congeners were close to unity. *CYP1A1* polymorphism was not associated with serum concentrations of total PCBs. [The Working Group noted that this study provided information about less chlorinated PCBs, which are rarely measured; however, the etiological relevance of measurements of PCBs of short half-life was questionable. In addition, the methods used for subject recruitment and for statistical analysis were not clearly described, and the possibility of residual confounding by age was noted.]

(d) Cancer of the colorectum

[Howsam *et al.* \(2004\)](#) assessed associations between cancer of the colorectum and exposure to PCBs and gene-environment interactions in 132 cases and 76 controls sampled from a larger hospital-based case-control study in Barcelona, Spain. Serum concentrations of PCB-28, PCB-52, PCB-101, PCB-118, PCB-138, PCB-153, and PCB-180 were measured. Point mutations in *K-ras* and *p53* genes and expression of *p53* protein were assessed in tumour tissue. PCB-28 and PCB-118 were significantly associated with an increased risk of cancer of the colorectum (ORs, 2.75;

95% CI, 1.29–5.83; and 2.02; 95% CI, 1.00–4.08, respectively), for the more exposed category. A statistically significant exposure–response trend was observed for the mono-*ortho* PCB group that combined PCB-28 and PCB-118 (P for trend = 0.004). Odds ratios for the other PCBs were not consistently or significantly increased. No significant interaction of mono-*ortho* PCBs with *p53* or *K-ras* mutations was found. [The use of controls representing several diagnostic groups and control for potential confounding factors were strengths of this study. However, the case definition combining cancers of the colon and rectum may mix diseases with potentially different etiologies.]

(e) *Cancer of the pancreas*

In a population-based case–control study of cancer of the pancreas in the San Francisco area, USA, [Hoppin et al. \(2000\)](#) analysed 11 PCB congeners in serum samples from 108 cases of cancer of the pancreas and 82 controls matched by sex and age-group. Total lipid-adjusted PCB concentrations were estimated using the sum of all congeners. A statistically significant dose–response relationship ($P < 0.001$) was observed for total PCBs, with an odds ratio of 4.2 (95% CI, 1.8–9.4) for ≥ 360 versus < 185 ng/g. Significantly elevated odds ratios were also observed for the highest tertiles of PCB-153 (OR, 3.0; 95% CI, 1.4–6.6) and PCB-180 (OR, 8.4; 95% CI, 3.4–21). Odds ratios remained elevated after adjusting for dichlorodiphenyldichloroethylene (DDE) content, and in a sensitivity analysis of the effects of bioconcentration. [A strength of the study was that the issue of confounding by bioconcentration in fat due to adipose-tissue loss was addressed. Nevertheless, the small number of subjects limited a clear interpretation of the results.]

(f) *Cancer of the biliary tract*

[Ahrens et al. \(2007\)](#) investigated the association between cancer of the extrahepatic biliary tract and occupational exposure to endocrine-disrupting compounds in a European multicentre case–control study of 183 men with histologically confirmed carcinoma of the extrahepatic biliary tract and 1938 matched controls. Self-reported job descriptions were converted to semiquantitative indicators of occupational exposure to 14 types of suspected endocrine-disrupting compounds, including PCBs, hormones, phthalates, and pesticides. Odds ratios were adjusted for age, country, and history of gallstones. The adjusted odds ratio for cancer of the extrahepatic biliary tract and ever-exposure to PCBs was 2.8 (95% CI, 1.3–5.9). When exposure intensity was analysed, the highest odds ratio was observed in the low-intensity category. [These results were based on a small number of exposed cases and trends were inconsistent.]

(g) *Childhood cancer*

[Ward et al. \(2009\)](#) conducted a population-based case–control in California, USA of 184 children aged 0–7 years with acute lymphocytic leukaemia and 212 controls from birth certificates matched by birth date, sex, race, and ethnicity. Concentrations of six PCB congeners in residential carpet dust were used as an exposure indicator. The odds ratio for detection of any PCB in dust was 1.97 (95% CI, 1.22–3.17) and the odds ratio for the highest quartile of total PCBs compared with the lowest was 2.78 (95% CI, 1.41–5.48). Significant exposure–response trends were reported for PCB-118, PCB-138 and PCB-153. [The study was well-designed and the method of exposure assessment used was a strength. The authors were able to rule out confounding by several organochlorine pesticides. The Working Group was unable to replicate the P values for trend tests.]

(h) Cancer of the endometrium

[Sturgeon et al. \(1998\)](#) conducted a multicentric hospital-based case-control study of cancer of the endometrium in five areas of the USA. Serum concentrations of 27 PCB congeners were measured for 90 individually matched case-control pairs. No associations were observed between elevated serum concentrations of several PCB groups, including total PCBs and potentially estrogenic PCBs, and risk of cancer of the endometrium. [The results did not appear to be affected by selection bias, but precision was limited.]

[Weiderpass et al. \(2000\)](#) measured serum concentrations of 10 PCB congeners in a population-based case-control study of 154 cases of cancer of the endometrium and 205 controls in Sweden. After adjustment there was no increase in risk associated with high concentrations of any of the congeners evaluated, and there were no significant trends in risk. [The power of this study was limited due to the small number of subjects. However, selection bias was unlikely, as the main reason for non-participation was the failure of the hospital staff to collect blood samples before surgery.]

[Hardell et al. \(2004\)](#) conducted a hospital-based case-control study with 76 cases and 39 controls to evaluate the risk of cancer of the endometrium associated with environmental endocrine disruptors. Concentrations of 37 PCB congeners were measured in adipose tissue. No association was found for the sum of PCBs or for any grouping of PCBs by structure or activity. [The power of this study was limited due to the small number of subjects.]

(i) Cancer of the male breast

Occupational risk factors for cancer of the male breast were investigated in a multicentric study of 104 cases and 1901 controls in eight European countries ([Villeneuve et al., 2010](#)). Lifetime work history was obtained by in-person

interviews, and potential occupational exposures including to PCBs were assessed using expert judgment. Results were reported for PCBs and dioxins combined, for which the fully-adjusted odds ratio was 1.6 (95% CI, 0.7–3.7). [This study had limited power to detect excess risk.]

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3. CANCER IN EXPERIMENTAL ANIMALS

In previous evaluations in 1978, 1979, 1987, and 2012 ([IARC, 1978, 1979, 1987, 2012](#)), the Working Group concluded that there was *sufficient evidence* in experimental animals for the carcinogenicity of polychlorinated biphenyls (PCBs). New data have since become available, and these have been taken into account in the present evaluation.

3.1 Oral administration

See [Table 3.1](#) and [Table 3.2](#)

3.1.1 Individual PCBs and binary mixtures

The United States National Toxicology Program (NTP) has conducted a series of studies to evaluate the carcinogenicity of some PCB congeners administered alone or as binary mixtures in female Harlan Sprague-Dawley rats treated by gavage.

(a) PCB-126

Rat

Groups of 81 female Harlan Sprague-Dawley rats (age, 8 weeks) were given the dioxin-like congener PCB-126 at a dose of 0 (vehicle control), 30, 100, 175, 300, 550, or 1000 ng/kg body weight (bw) by gavage in corn oil : acetone (99 : 1), 5 days per week, for up to 104 weeks (core study) ([Brix et al., 2004](#); [Nyska et al., 2004](#); [Walker et al., 2005](#); [Yoshizawa et al., 2005, 2007, 2009](#); [NTP, 2006a](#)). Ten rats per group were evaluated at 14, 31, or 53 weeks. A stop-exposure group of 50 female rats was given PCB-126 at a dose of 1000 ng/kg bw in corn oil : acetone (99 : 1) by gavage for 30 weeks, then the vehicle only for the remainder of

the study. There were treatment-related increases in the incidences of cholangiocarcinoma and hepatocellular adenoma in rats treated with PCB-126 at doses of 300 ng/kg bw or higher, and 550 ng/kg bw or higher, respectively, for up to 104 weeks. There were three hepatocholangiomas in the group at 1000 ng/kg bw, and single incidences of cholangioma in the groups at 550 and 1000 ng/kg bw. [These tumours are rare, and it was uncertain whether they were related to treatment.] There were also statistically significant, dose-related increases in the incidences of a spectrum of non-neoplastic lesions that collectively were diagnosed as toxic hepatopathy. Significant increases in the incidence of cystic keratinizing epithelioma of the lung occurred in rats at 550 ng/kg bw or higher, and non-statistically significant low incidences of squamous cell carcinoma of the lung were also observed at the highest doses in the core-study groups. Gingival squamous cell carcinomas were observed in all exposure groups, and incidence was significantly increased in the group at 1000 ng/kg bw (core study). Adenomas and/or carcinomas were present in the adrenal cortex of rats in most groups, including the stop-exposure group, with a positive trend in the incidence of adenoma or carcinoma (combined) with increasing dose.

Table 3.1 Studies of carcinogenicity in rats exposed to PCBs and related compounds

Strain (sex) Duration Reference	Dosing regimen, Animals/group at start	For each target organ: Incidence and/or multiplicity of tumours	Significance	Comments
<i>Individual PCBs and binary mixtures</i>				
Harlan Sprague- Dawley (F) 104 wk NTP (2006a)	Core study: PCB-126 in corn oil : acetone (99 : 1) by gavage at doses of 0, 30, 100, 175, 300, 550, or 1000 ng/kg bw, 5 days/wk, for 104 wk 81 rats/group Stop-exposure study: PCB-126 at 1000 ng/kg for 30 wk followed by vehicle for the remainder of the study 50/group Interim evaluations: 10 rats per core study group were evaluated at wks 14, 31, and 53	<i>Liver</i> Cholangiocarcinoma (includes multiple): 0/53, 0/55, 1/53, 0/53, 5/53, 6/51, 22/53; 0/53, 2/50 (stop-exposure) Multiple: 0/53, 0/55, 0/53, 0/53, 4/51, 15/53; 0/53, 0/50 (stop-exposure) Hepatocellular adenoma ^a (includes multiple): 1/53, 2/55, 1/53, 0/53, 2/53, 4/51, 7/53; 1/53, 0/50 (stop-exposure) Multiple: 0/53, 0/55, 0/53, 0/53, 0/51, 1/53; 0/53, 0/50 (stop-exposure) Hepatocholangioma ^b (includes multiple): 0/53, 0/55, 0/53, 0/53, 0/51, 3/53; 0/53, 0/50 (stop-exposure) Multiple: 0/53, 0/55, 0/53, 0/53, 0/51, 1/53; 0/53, 0/50 (stop-exposure) Cholangioma ^c : 0/53, 0/55, 0/53, 0/53, 1/51, 1/53; 0/53, 0/50 (stop-exposure)	<i>Lung</i> Cystic keratinizing epithelioma (includes multiple): 0/53, 0/55, 0/53, 0/53, 1/53, 11/51**, 35/51*; 0/53, 0/50 (stop-exposure) Multiple: 0/53, 0/55, 0/53, 0/53, 8/51*, 30/51*; 0/53, 0/50 (stop-exposure) Squamous cell carcinoma: 0/53, 0/55, 0/53, 0/53, 1/51, 2/51; 0/53, 0/50 (stop-exposure)	Purity, 99% The overall incidence values are presented, but statistical analyses are based on the poly 3 test used by NTP that takes survival differences into account <i>Non-neoplastic lesions</i> Liver: toxic hepatopathy that included hepatocyte hypertrophy and hyperplasia, bile duct and oval cell hyperplasia, nodular hyperplasia, cholangiofibrosis, multinucleated hepatocytes, diffuse fatty change, bile duct cyst, necrosis, pigmentation, inflammation, portal fibrosis Lung: squamous metaplasia, and bronchiolar metaplasia of the alveolar epithelium No tumours were observed at interim evaluations at wk 14 and 31
			<i>Significance</i> P < 0.001 (1000 ng/kg bw) P < 0.001 (trend) P ≤ 0.001 (1000 ng/kg bw) P = 0.033 (1000 ng/kg bw) P < 0.001 (trend) P < 0.001 (trend) NS NS *P < 0.001 **P = 0.002 P < 0.001 (trend) *P ≤ 0.001 NS	

Table 3.1 (continued)

Strain (sex) Duration Reference	Dosing regimen, Animals/group at start	For each target organ: Incidence and/or multiplicity of tumours	Significance	Comments
Harlan Sprague- Dawley (F) 104 wk NTP (2006a) (cont.)		<i>Oral mucosa</i> Gingival squamous cell carcinoma: 0/53, 1/55, 1/53, 1/53, 2/53, 2/53, 7/53*; 0/53, 2/50 (stop-exposure) <i>Adrenal cortex</i> Adenoma: 0/52, 1/55, 1/53, 0/53, 0/53, 1/52, 2/53; 0/52, 2/50 (stop-exposure) Carcinoma: 0/52, 1/55, 0/53, 0/53, 1/53, 0/52, 2/53; 0/52, 1/50 (stop-exposure) Adenoma or carcinoma (combined): 0/52, 2/55, 1/53, 0/53, 1/53, 1/52, 4/53; 0/52, 3/50 (stop-exposure)	* $P = 0.010$ $P < 0.001$ (trend) NS NS $P = 0.022$ (trend)	
Harlan Sprague- Dawley (F) 105 wk NTP (2006b)	Core study: PCB-153 in corn oil : acetone (99 : 1) by gavage at doses of 0, 10, 100, 300, 1000 or 3000 µg/kg bw by gavage, 5 days/wk for 105 wk 80–82 rats/group Stop-exposure study: 3000 µg/kg bw for 30 wk followed by vehicle for the remainder of the study 50/group Interim evaluations: 10 rats per core study group were evaluated at 14, 31, and 53 wk	<i>Liver</i> Cholangioma: 0/53, 0/54, 0/53, 0/53, 2/53, 0/51; 0/53, 2/50 (stop-exposure) Hepatocellular adenoma: 0/53, 0/54, 0/53, 0/53, 0/53, 1/51; 0/53, 0/50 (stop-exposure) <i>Thyroid gland</i> Follicular cell adenoma: 0/51, 0/52, 0/53, 0/53, 0/53, 0/51; 0/51, 2/49 (stop-exposure) <i>Interim evaluation (wk 53)</i> <i>Thyroid gland</i> Follicular cell adenoma: 0/10, 0/10, 1/10, 0/10, 0/10, 0/10	NS NS NS NS	Purity, 99% <i>Non-neoplastic lesions</i> Liver: hepatocyte hypertrophy, bile duct hyperplasia, oval cell hyperplasia, fatty change and pigmentation Thyroid gland: follicular cell hypertrophy Ovary and oviduct: chronic active inflammation Uterus: suppurative inflammation No tumours were observed at 14 and 31 wk

Table 3.1 (continued)

Strain (sex) Duration Reference	Dosing regimen, Animals/group at start	For each target organ: Incidence and/or multiplicity of tumours	Significance	Comments
Harlan Sprague- Dawley (F) 105 wk NTP (2010)	Core study: PCB-118 by gavage in corn oil : acetone (99 : 1) at doses of 0, 100, 220, 460, 1000 or 4600 µg/kg bw, by gavage 5 days/ wk for 105 wk. 80/group Stop-exposure study: 4600 µg/kg bw for 30 wk followed by vehicle only for the remainder of the study 50/group Interim evaluations: 10 rats per core-study group were evaluated at 14, 31, and 53 wk	<i>Liver</i> Cholangiocarcinoma (includes multiple): 0/52, 0/51, 0/52, 0/52, 3/52, 36/49; 0/52, 29/49 (stop-exposure) Multiple: 0/52, 0/51, 0/52, 0/52, 30/49; 0/52, 17/49 (stop exposure) Hepatocellular adenoma (includes multiple): 0/52, 1/51, 1/52, 4/52, 12/52, 24/49; 0/52, 1/49 (stop-exposure) Multiple: 0/52, 0/51, 0/52, 0/52, 4/52, 14/49; 0/52, 1/49 (stop-exposure) Hepatocellular carcinoma: 0/52, 0/51, 0/52, 0/52, 1/49; 0/52, 0/49 (stop-exposure) Hepatocholangioma: 0/52, 0/51, 0/52, 0/52, 0/52, 4/49; 0/52, 0/49 (stop-exposure) <i>Lung</i> Cystic keratinizing epithelioma (includes multiple): 0/51, 0/52, 0/52, 0/52, 0/52, 20/50; 0/51, 0/50 (stop-exposure) Multiple: 0/51, 0/52, 0/52, 0/52, 8/50; 0/51, 0/50 (stop-exposure) <i>Uterus</i> Carcinoma ^a : 2/52, 2/52, 1/52, 3/52, 4/52, 3/52; 2/52, 11/50 (stop-exposure)	<i>Liver</i> P < 0.001 (4600 µg/kg and stop-exposure) P < 0.001 (trend) P ≤ 0.001 (4600 µg/kg) P < 0.001 (1000 and 4600 µg/kg) P < 0.001 (trend) P ≤ 0.01 (4600 µg/kg) NS P < 0.001 (trend) P < 0.001 (4600 µg/kg) P < 0.001 (trend) P ≤ 0.05 (4600 µg/kg) P = 0.014 (stop- exposure)	Purity, > 99% PCB-118 was analysed for the presence of PCDDs, PCDFs, and PCBs; trace amounts of TCDD (0.000005%), TCDF (0.00005%), PCB-126 (0.0000170%), PCB-169 (0.000003%) and various other PCB congeners were found. The calculated total non-PCB-118 TEQ contribution was 0.39 ng TEQ/1000 µg of PCB-118 bulk test article <i>Non-neoplastic lesions</i> Liver: toxic hepatopathy that included hepatocyte hypertrophy and hyperplasia, bile duct and oval cell hyperplasia, nodular hyperplasia, cholangiofibrosis, multinucleated hepatocytes, diffuse fatty change bile duct cyst, necrosis, pigmentation, inflammation, portal fibrosis Lung: alveolar epithelium, metaplasia; bronchiolar epithelium, squamous metaplasia Adrenal cortex: atrophy and hyperplasia Thyroid gland: follicular cell, hypertrophy Nose: respiratory epithelium, hyperplasia

Table 3.1 (continued)

Strain (sex) Duration Reference	Dosing regimen, Animals/group at start	For each target organ: Incidence and/or multiplicity of tumours	Significance	Comments
Harlan Sprague- Dawley (F) 105 wk NTP (2010) (cont.)		Squamous cell carcinoma: 0/52, 0/52, 3/52, 1/52, 1/52, 0/52; 0/52, 1/50 (stop exposure) <i>Pancreas</i> Acinar adenoma: 0/52, 0/52, 0/52, 2/52, 3/52, 1/47; 0/52, 0/49 (stop-exposure) Acinar adenoma or carcinoma (combined): 0/52, 0/52, 0/52, 2/52, 3/52, 2/47; 0/52, 0/49 (stop exposure) <i>Interim evaluation (wk 53)</i> <i>Liver</i> Cholangiocarcinoma (includes multiple): 0/8, 0/8, 0/10, 0/8, 0/8, 3/8 Hepatocellular adenoma: 0/8, 0/8 0/10, 0/8, 0/8, 1/8	NS NS NS	Pancreas: acinus, cytoplasmic vacuolization Nose: inflammation Kidney: pigmentation No tumours were observed at interim evaluations at wk 14 and 31.
Harlan Sprague- Dawley (F) 105 wk NTP (2006c)	<i>Constant-ratio study:</i> PCB-126 and PCB-153 as binary mixture with PCB-126 at doses of 0, 10, 100, 300, 1000 ng/kg bw per day, and PCB-153 at 0, 10, 100, 300, 1000 µg/kg bw per day in corn oil : acetone (99 : 1) by gavage <i>Varying-ratio study:</i> PCB-126 and PCB-153 as binary mixture at doses of PCB-126 at 300, 300, 300 ng/kg bw per day, and PCB-153 at 100, 300, 1000 µg/kg bw per day by gavage in corn oil : acetone 80–81/group <i>Interim evaluations:</i> 10 rats per core-study group were evaluated at wk 14, 31, and 53	<i>Constant-ratio study:</i> <i>Liver</i> Hepatocellular adenoma: 0/53, 0/53, 3/52, 5/52, 27/51* Multiple: 0/53, 0/53, 0/52, 0/52, 16/51* Hepatocellular carcinoma: 0/53, 0/53, 0/52, 0/52, 2/51 Cholangiocarcinoma: 0/53, 0/53, 1/52, 9/52*, 30/51** Multiple: 0/53, 0/53, 1/52, 5/53*, 21/52** Hepatocellular carcinoma: 0/53, 0/53, 0/52, 2/52, 6/51* Multiple: 0/53, 0/53, 0/52, 0/52, 16/51*	*P < 0.001 P < 0.001 (trend) *P ≤ 0.01 NS *P ≤ 0.05 **P ≤ 0.01 *P ≤ 0.05 **P ≤ 0.01 P ≤ 0.001 (trend) *P = 0.012 P ≤ 0.001 (trend) *P ≤ 0.01	Purity, > 99% (PCB-126 and PCB-153) <i>Non-neoplastic lesions</i> Liver: toxic hepatopathy that included hepatocyte hypertrophy and hyperplasia, bile duct and oval cell hyperplasia, nodular hyperplasia, cholangiofibrosis, multinucleated hepatocytes, diffuse fatty change bile duct cyst, necrosis, pigmentation, inflammation, portal fibrosis Lung: alveolar epithelium, metaplasia; bronchiolar epithelium, squamous metaplasia Adrenal cortex: atrophy and hyperplasia Thyroid gland: follicular cell hypertrophy Oral mucosa: gingival squamous hyperplasia

Table 3.1 (continued)

Strain (sex) Duration Reference	Dosing regimen, Animals/group at start	For each target organ: Incidence and/or multiplicity of tumours	Significance	Comments
Harlan Sprague- Dawley (F) 105 wk NTP (2006c) (cont.)		<i>Lung</i> Cystic keratinizing epithelioma: 0/53, 0/53, 0/52, 1/53, 11/52* Multiple: 0/53, 0/53, 0/52, 0/53, 8/52* Squamous cell carcinoma: 0/53, 0/53, 0/52, 1/53, 1/52 <i>Oral mucosa</i> Squamous cell carcinoma: 0/53, 0/53, 2/53*, 5/53, 9/53**	* $P < 0.001$ $P < 0.001$ (trend) * $P \leq 0.01$ NS * $P = 0.031$ ** $P = 0.002$ $P < 0.001$ (trend)	
		<i>Pancreas, acinus</i> Adenoma: 0/53, 1/53, 1/52, 3/52, 1/50 Adenoma or carcinoma (combined): 0/53, 1/53, 1/52, 4/52, 2/50 <i>Uterus</i> Squamous cell carcinoma*: 1/53, 1/53, 1/53, 4/53, 0/53 <i>Adrenal cortex</i> Adenoma: 0/53, 0/53, 0/52, 1/52, 1/51	NS NS NS NS	Pancreas acinus atrophy and cytoplasmic vacuolization
		<i>Varying-ratio study:</i> <i>Liver</i> Hepatocellular adenoma: 2/50, 5/52, 21/51 Multiple: 2/50, 0/52, 7/51 Cholangiocarcinoma: 7/50, 9/52, 25/51 Multiple: 1/50, 5/52, 13/51 Hepatocarcinoma: 0/53, 0/50, 2/52, 2/51	$P \leq 0.001$ NR $P \leq 0.001$ NR NR	For the varying-ratio study, note that P values represent a trend test across the three groups of PCB-126/PCB-153 mixtures and indicated the significance of the effect of increasing the proportion of PCB-153 in the mixture

Table 3.1 (continued)

Strain (sex) Duration Reference	Dosing regimen, Animals/group at start	For each target organ: Incidence and/or multiplicity of tumours	Significance	Comments
Harlan Sprague- Dawley (F) 104 wk NTP (2006d)	<i>Core study:</i> PCB-126 and PCB-118 by gavage as binary mixture at doses of PCB-126 at 0, 62, 187, 622, 1866 or 3110 ng/kg bw per day, and PCB-118 at 0, 10, 30, 100, 300 or 500 µg/kg bw per day, in corn oil : acetone (99 : 1). [0, 7, 22, 72, 216 or 360 ng TEQ/ kg bw] <i>Stop-exposure study:</i> PCB-126/PCB-118 at 3110 ng//500 µg/kg bw for 30 wk and then vehicle only for the remainder of the study. 81–86/group <i>Interim evaluations:</i> 10 rats per core study group were evaluated at 14, 31 and 53 wk	<i>Liver</i> Cholangiocarcinoma: 0/53, 0/51, 5/53, 19/53, 28/53, 12/65; 0/53, 19/50 (stop exposure) Multiple: 0/53, 0/51, 1/53, 12/53, 21/53, 72/65; 0/53, 12/50 (stop-exposure) Hepatocellular adenoma: 2/53, 1/51, 0/53, 4/53, 17/53, 5/65; 2/53, 1/50 (stop exposure) Multiple: 0/53, 0/51, 0/53, 2/53, 10/53, 2/65; 0/53, 0/50 (stop exposure) Hepatocellular carcinoma: 0/53, 0/51, 0/53, 0/53, 1/53, 0/65; 0/53, 0/50 (stop exposure) Hepatocholangioma: 0/53, 0/51, 0/53, 1/53, 1/53, 1/65; 0/53, 1/50 (stop exposure) Cholangioma: 0/53, 0/51, 0/53, 1/53, 0/53, 0/65; 0/53, 0/50 (stop exposure) <i>Lung</i> Cystic keratinizing epithelioma: 0/53, 0/51, 0/53, 20/53, 49/53, 41/66; 0/53, 12/50 (stop-exposure) Multiple: 0/53, 0/51, 0/53, 14/53, 48/53, 35/66; 0/53, 5/50 (stop exposure)	$P < 0.001$ (≥ 72 ng TEQ), $P < 0.001$ (trend) $P < 0.001$ (stop- exposure) $P \leq 0.05$ (≥ 72 ng TEQ) $P < 0.001$ (216 ng), $P = 0.021$ (360 ng) $P < 0.001$ (trend) $P \leq 0.001$ (216 ng) NS NS NS $P < 0.001$ (≥ 72 ng TEQ), $P < 0.001$ (trend) $P < 0.001$ (stop- exposure) $P \leq 0.01$ (≥ 72 ng TEQ) $P \leq 0.05$ (stop- exposure)	PCB-118, purity, > 98.5% (0.6% PCB-126; 0.2% PCB-77; 0.55% PCB-167) No animals in the core-study groups receiving the two higher doses survived to the end of the study, and survival in the stop-exposure group was significantly lower than in the vehicle- control group. Mean body weights in groups receiving PCB-126/PCB-118 at 622 ng/100 µg/kg bw or more were lower than in the vehicle-control groups throughout most of the study <i>Non-neoplastic lesions</i> Liver: the spectrum and severity of effects at the interim and 2-year time-points increased with dose and duration of exposure. At the end of the study in all groups receiving PCBs, there were significantly increased incidences and severity of toxic hepatopathy characterized by hepatocyte hypertrophy, multinucleated hepatocytes, pigmentation, diffuse fatty change, nodular hyperplasia, centrilobular fibrosis, cholangiofibrosis, oval cell hyperplasia, bile duct cyst, bile duct hyperplasia, and portal fibrosis

Table 3.1 (continued)

Strain (sex) Duration Reference	Dosing regimen, Animals/group at start	For each target organ: Incidence and/or multiplicity of tumours	Significance	Comments
Harlan Sprague- Dawley (F) 104 wk NTP (2006d) (cont.)		<p><i>Oral mucosa</i></p> <p>Gingival squamous cell carcinoma: 1/53, 1/51, 2/53, 4/53, 0/53, 1/66; 1/53, 1/50 (stop-exposure) <i>Interim evaluation (at 53 wk)</i></p> <p><i>Lung</i></p> <p>Cystic keratinizing epithelioma: 0/8, 0/7, 0/8, 1/8, 5/8, 0/0</p>	<p>NS</p> <p>$P \leq 0.05$ (216 ng TEQ)</p>	<p>Lung: bronchiolar metaplasia of the alveolar epithelium, squamous metaplasia, serosal fibrosis, and (in the stop-exposure group) keratin cysts</p> <p>Oral mucosa: gingival squamous hyperplasia</p>
<i>Known mixtures of PCBs</i>				
Wistar (M) 120 d Rao & Banerji (1988) , Silberhorn et al. (1990)	Aroclor 1260 at 0, 50, 100 ppm in the diet 32/group	Liver neoplastic nodules [tumours]: 0/32, 24/32*, 16/32*	* $P < 0.02$	Purity, NR <i>Non-neoplastic lesions</i> : adenofibrosis, centrilobular hypertrophy, individual hepatocyte necrosis, and vacuolated hepatocytes
F344 (M, F) 105 wk NTP (1978) , Ward (1985) , Morgan et al. (1981)	Aroclor 1254 at 0, 25, 50, 100 ppm in diet 24 M + 24 F per group	<p>Hepatocellular adenoma: 0/24, 1/24, 2/24, 5/24* (M) 0/24, 0/24, 3/24, 2/24 (F)</p> <p>Hepatocellular carcinoma: 0/24, 0/24, 0/24, 2/24 (M) 0/24, 0/24, 0/24, 0/24 (F)</p> <p>Hepatocellular adenoma or carcinoma (combined): 0/24, 1/24, 2/24, 7/24* (M) 0/24, 0/24, 3/24, 2/24 (F)</p> <p>Adenocarcinoma of the glandular stomach: 0/47, 1/48, 3/48, 2/48 (M + F)</p> <p>Lymphoma or leukaemia: 3/24, 2/24, 5/24, 9/24 (M)</p>	<p>*$P < 0.05$</p> <p>NS</p> <p>*$P < 0.05$</p> <p>NS</p> <p>$P = 0.009$ (trend)</p>	<p>Chlorination, 54.67%; impurities not identified or quantitated</p> <p>Survival in males: controls, 92%; lowest dose, 83%; intermediate dose; 58%; highest dose, 46%. All females survived to the end of the bioassay</p> <p><i>Non-neoplastic lesions</i></p> <p>Liver: pigmented macrophages with cytoplasmic crystalline structures and hepatocellular degeneration</p> <p>Stomach: gastric intestinal metaplasia in males and females; gastric intestinal metaplasia and adenocarcinoma commonly coexist and may share initiating mechanisms</p>

Table 3.1 (continued)

Strain (sex) Duration Reference	Dosing regimen, Animals/group at start	For each target organ: Incidence and/or multiplicity of tumours	Significance	Comments
CR Sprague- Dawley (M, F) 24 mo Maves et al. (1998) , Farooni et al. (2001) , Brown et al. (2007) (cont.)		<i>Liver (F)</i> <i>Aroclor 1016:</i> Hepatocellular adenoma: 1/100, 1/50, 5/50*, 5/50* Multiple: 0/100, 0/50, 1/50, 3/50 Hepatocellular carcinoma: 0/100, 0/50, 1/50, 0/50 Total liver tumours: 1/100, 1/50, 6/50*, 5/50**	* $P \leq 0.05$ $P \leq 0.05$ (trend) NS * $P \leq 0.01$ ** $P \leq 0.05$	
		<i>Aroclor 1242:</i> Hepatocellular adenoma: 1/100, 10/50*, 12/50* Multiple: 0/100, 3/50*, 7/50**	* $P \leq 0.01$ * $P \leq 0.05$ ** $P \leq 0.01$	
		Hepatocellular carcinoma: 0/100, 0/50, 2/50 Hepatocholeangioma: 0/100, 1/50, 2/50 Hepatocholeangiocarcinoma: 0/100, 1/50, 0/50 Total liver tumours: 1/100, 11/50*, 15/50*	NS NS NS * $P \leq 0.01$	
		<i>Aroclor 1254:</i> Hepatocellular adenoma: 1/100, 18/50*, 26/50*, 27/50* Multiple: 0/100, 9/50*, 15/50*, 21/50* Hepatocellular carcinoma: 0/100, 0/50, 4/50*, 6/50** Multiple: 0/100, 0/50, 1/50, 4/50*	* $P \leq 0.01$ * $P \leq 0.01$ * $P \leq 0.05$ ** $P < 0.01$ * $P \leq 0.05$	

Table 3.1 (continued)

Strain (sex) Duration Reference	Dosing regimen, Animals/group at start	For each target organ: Incidence and/or multiplicity of tumours	Significance	Comments
CR Sprague-Dawley (M, F) 24 mo Mayes et al. (1998) , Faroon et al. (2001) , Brown et al. (2007) (cont.)		Hepatocellular carcinoma: 0/100, 2/50, 6/50*, 1/50 Total liver tumours: 1/100, 19/50*, 28/50*, 28/50* <i>Aroclor 1260</i> : Hepatocellular adenoma: 1/100, 9/50*, 10/50*, 21/50* Multiple: 0/100, 6/50*, 8/50*, 16/50* Hepatocellular carcinoma: 0/100, 1/50, 1/50, 5/50* Multiple: 0/100, 0/50, 0/50, 1/50 Hepatocellular carcinoma: 0/100, 0/50, 0/50, 3/50* Total liver tumours: 1/100, 10/50*, 11/50*, 24/50* <i>Thyroid gland (M)</i> <i>Aroclor 1016</i> : Follicular cell adenoma: 1/100, 3/50, 2/50, 0/50 Follicular cell carcinoma: 1/100, 1/50, 1/50, 1/50 Total thyroid tumours: 2/100, 4/50, 3/50, 1/50 <i>Aroclor 1242</i> : Follicular cell adenoma: 1/100, 5/50*, 5/50* Follicular cell carcinoma: 1/100, 2/50, 1/50 Total thyroid tumours: 2/100, 7/50*, 6/50**	*P ≤ 0.01 *P ≤ 0.01 *P ≤ 0.01 *P ≤ 0.01 *P ≤ 0.01 NS *P ≤ 0.05 *P ≤ 0.01	
			NS	
			*P ≤ 0.05	
			*P ≤ 0.01	
			NS	
			NS	
			NS	
			*P ≤ 0.05	
			NS	
			*P ≤ 0.01 **P ≤ 0.05	

Table 3.1 (continued)

Strain (sex) Duration Reference	Dosing regimen, Animals/group at start	For each target organ: Incidence and/or multiplicity of tumours	Significance	Comments
CR Sprague-Dawley (M, F) 24 mo Maves et al. (1998) , Farooni et al. (2001) , Brown et al. (2007) (cont.)		<i>Aroclor 1254:</i> Follicular cell adenoma: 1/100, 6/50*, 4/50**, 5/50** Follicular cell carcinoma: 1/100, 1/50, 3/50, 1/50 Total thyroid tumours: 2/100, 7/50*, 7/50*, 6/50** <i>Aroclor 1260:</i> Follicular cell adenoma: 1/100, 6/50*, 4/50*, 3/50 Follicular cell carcinoma: 1/100, 1/50, 1/50, 1/50 Total thyroid tumours: 2/100, 7/50*, 5/50**, 4/50 <i>Mammary gland (F)</i> <i>Aroclor 1254:</i> Fibroadenoma: 34/100, 22/50, 29/50*, 10/50	* $P \leq 0.01$ ** $P \leq 0.05$ NS * $P \leq 0.01$ ** $P \leq 0.05$ * $P \leq 0.01$ NS * $P \leq 0.01$ ** $P \leq 0.05$ * $P \leq 0.01$	
Sprague-Dawley (M, F) 29 mo Norback & Weltman (1985)	Feed containing Aroclor 1260 (mixed with corn oil) at 100 ppm for 16 mo, then at 50 ppm for an additional 8 mo, and then the control diet for an additional 5 mo. Controls received basal diet with added corn oil for 18 mo, then the basal diet only for 10 mo. The medial and left lobes of the liver of 10 rats (2 M and 2 F controls, and 3 M and 3 F PCB-treated rats, for each period) were removed (partial hepatectomy) at 1, 3, 6, 9, 12, 15, and 18 mo Control: 63/group (M, F) Aroclor 1260: 70/group (M, F)	<i>Liver</i> Neoplastic nodule: 0/32, 5/46 (M); 1/49, 2/47 (F) Trabecular carcinoma: 0/32, 2/46 (M); 0/49, 19/47 (F) Adenocarcinoma: 0/32, 0/46 (M); 0/32, 24/47 (F) Cholangioma (simple): 2/32, 14/46 (M); 2/49, 21/47 (F) Cholangioma (cystic): 0/32, 2/46 (M); 1/49, 5/47 (F)	NS $P < 0.0001$ (F) $P < 0.0001$ (F) $P = 0.01$ (M) $P < 0.0001$ (F) NS	Purity, NR Some adenocarcinoma-bearing rats also had trabecular carcinoma (not included in the incidence of trabecular carcinoma) PCB-exposed rats developed hepatocellular lesions in the following sequence: centrilobular cell hypertrophy at 1 mo, foci of cell alteration at 3 mo, areas of cell alteration at 6 mo, neoplastic nodules at 12 mo, trabecular carcinoma at 15 mo, and adenocarcinoma at 24 mo

Table 3.1 (continued)

Strain (sex) Duration Reference	Dosing regimen, Animals/group at start	For each target organ: Incidence and/or multiplicity of tumours	Significance	Comments
Wistar (M) Up to 832 days Schaeffer et al. (1984) , Faroon et al. (2001)	Basic diet for 8 wk, then: Group 1: basic diet; 139 rats (controls) Group 2: basic diet supplemented with Clophen A 30 at 100 ppm; 152 rats Group 3: basic diet supplemented with Clophen A 60 at 100 ppm; 141 rats After 801 days, randomly selected rats from all three groups were killed daily up to day 832	Hepatocellular neoplastic nodules: 5/131, 38/130*, 63/126* Hepatocellular carcinoma: 1/131, 4/130, 61/126* Thymoma: 16/131, 4/130, 2/129 Other neoplasms: 88/131, 66/138, 33/129	* $P < 0.05$ * $P < 0.05$ NS NS	Purity of Clophen A 30, 99.1%; purity of Clophen A 60, 99.9% Over the first 800 days on study, total mortality in groups 2 and 3 was significantly lower than in group 1 (controls) Hepatic foci of cellular alteration were observed in all groups, but were more frequent in the treated groups. There was a trend from foci to neoplastic nodules to hepatocellular carcinoma. Other non-neoplastic hepatic lesions observed in control and treated groups included bile duct hyperplasia The results of a re-evaluation of the hepatocellular tumours using contemporary diagnostic criteria and nomenclature were in general consistent with the original evaluation (Moore et al., 1994) Tumour data were reported in six 100-day periods; the data reflected incidences from day 1 until day 832
Sherman (F) 22 mo Kimbrough et al. (1975) , Moore et al. (1994)	Diets containing Aroclor 1260 at 0 or 100 ppm for up to 21 mo 200/group	<i>Liver</i> Hepatic neoplastic nodules: 0/173, 144/184 Hepatocellular carcinoma: 1/173, 26/184	$P < 0.0001$ $P < 0.0001$	Purity, NR The incidences of the hepatocellular lesions were re-evaluated by a panel of pathologists using contemporary diagnostic criteria and nomenclature (Moore et al., 1994). Lesions that had been previously diagnosed as neoplastic nodules were now classified as either hepatocellular hyperplasia or hepatocellular adenoma. In general, the results were consistent between the original evaluation and the re-evaluation

Table 3.1 (continued)

Strain (sex) Duration Reference	Dosing regimen, Animals/group at start	For each target organ: Incidence and/or multiplicity of tumours	Significance	Comments
Donryu (M, F) ≤ 560 days Kimura & Baba (1973) , Silberhorn, et al. (1990)	Diets containing Kanechlor 400 (in olive oil) at 38.5 ppm for 4 wk, then, based on bw-gain, the initial concentration was sequentially increased: 2× for 8 wk 4× for 3 wk 8× for 3 wk 16× for 8 wk, decreased to 12× for 32 wk because bw decreased markedly; two 4-wk periods with no treatment during this time Controls were fed powdered diet mixed with pure olive oil Controls: 5 M + 5 F/group Treated: 10 M + 10 F/group	Liver adenomatous nodules: 0/5, 0/10 (M); 0/5, 6/10 (F) Adrenal gland adenoma: 0/5, 0/10 (M); 0/5, 1/10 (F)	P = 0.044 (F) NS	Purity, NR Multiple small nodules observed in the livers of females, but not males Fatty degeneration observed in the liver of all dosed groups, but only in two females in the control groups Study may have been limited by short duration, small number of rats/group, and may have exceeded the maximum tolerated dose The Working Group noted that current terminology for adenomatous nodules is hepatocellular adenoma

^a Historical controls: 4/371 (1.1% ± 1.5%); range, 0–4%

^b Historical controls: 0/371

^c Historical controls: 4/371 (1.1% ± 1.0%); range, 0–2%

^d Historical controls: 6/473 (1.3% ± 1.4%); range, 0–4%

^e Historical controls: 1/371 (0.3% ± 0.7%); range, 0–2%

bw, body weight; F, female; M, male; mo, month; NR, not reported; NS, not significant; PCB, polychlorinated biphenyl; wk, week; yr, year

Table 3.2 Studies of carcinogenicity in mice exposed to PCBs and related compounds

Species, strain (sex) Duration Reference	Dosing regimen, Animals/group at start	For each target organ: incidence of tumours	Significance	Comments
C57BL/6, B6D2F1 or DBA/2 (M) 44 wk Beebe et al. (1995)	Initiation with a single intraperitoneal dose of NDEA, 90 mg/kg bw, in tricaprylin, or tricaprylin only, and promoted 3 wk later ± Aroclor 1254 (100 ppm) in the diet for 20 wk 18–39/group	<i>Tricaprylin only, or tricaprylin + Aroclor 1254:</i> C57BL/6 mice: Liver tumours (all types): 0/27, 0/27 Lung tumours: 1/27, 1/27 B6D2F1 mice: Liver tumours (all types): 0/31, 2/34 Lung tumours: 0/31, 2/34 DBA/2 mice: Liver tumours (all types): 0/23, 0/24 Lung tumours: 3/31, 1/24	NS NS NS	Purity, NR
dd (M, F) 24 or 32 wk Nagasaki et al. (1975)	Diet containing Kanechlor 300, 400 or 500 for 24 or 32 wk 24-wk study: Kanechlor 400 (0, 100, 250 ppm) or Kanechlor 500 (0, 100, 250 ppm) 32-wk study: Kanechlor 300 (0, 100, 250, 500 ppm) Kanechlor 400 (0, 100, 250, 500 ppm) Kanechlor 500 (0, 100, 250, 500 ppm) 20/group	<i>Hepatocellular carcinoma, 24 wk study:</i> Kanechlor 400: 0/20, 0/20, 0/20 (M) Kanechlor 500: 0/20, 0/20, 0/20 (M) <i>Hepatocellular carcinoma, 32-wk study:</i> Kanechlor 300: 0/20, 0/19, 0/19, 0/20 (M); 0/12, 0/19, 0/20, 0/20 (F) Kanechlor 400: 0/20, 0/17, 0/19, 0/20 (M); 0/12, 0/20, 0/20, 0/17 (F) Kanechlor 500: 0/20, 0/18, 0/20, 9/17*(M); 0/12, 0/19, 0/20, 4/17*(F)	NS NS NS NS *P < 0.05	Purity, NR Other proliferative lesions observed in the liver of mice treated with Kanechlor 400 or 500 included oval cell hyperplasia, bile duct proliferation, cellular hypertrophy and nodular hyperplasia
BALB/cJ (M) 11 mo Kimbrough & Linder (1974) , Faroon et al. (2001)	Diets containing Aroclor 1254 (mixed with corn starch) at 0 or 300 ppm for 6 mo, followed by basal diet for 5 mo, or Aroclor 1254 at 0 or 300 ppm for 11 mo Group 1: control diet for 6 mo Group 2: Aroclor 1254 for 6 mo Group 3: control diet for 11 mo Group 4: Aroclor 1254 for 11 mo 50/group	<i>Hepatoma</i> 6 mo: 0/24, 1/24, 11 mo: 0/34, 10/22	NS P < 0.001	Purity, NR The Working Group noted that “hepatoma” is not a nomenclature currently used in toxicological pathology. In studies before 1978, the term “hepatoma” may have been used to denote benign or malignant liver tumours. In this study it was not clear whether hepatoma referred to a benign or malignant hepatic tumour

Table 3.2 (continued)

Species, strain (sex) Duration Reference	Dosing regimen, Animals/group at start	For each target organ: incidence of tumours	Significance	Comments
dd (M) 32 wk Ito et al. (1973) , Silberhorn et al. (1990) , Faroon et al. (2001)	Basal diet supplemented with Kanechlor for 32 wk: Kanechlor 300 at 0, 100, 250 or 500 ppm Kanechlor 400 at 0, 100, 250 or 500 ppm Kanechlor 500 at 0, 100, 250 or 500 ppm 12 mice/treated group; 6 controls	<i>Liver</i> <i>Kanechlor 300</i> Nodular hyperplasia: 0/6, 0/12, 0/12, 0/12 Hepatocellular carcinoma: 0/6, 0/12, 0/12, 0/12 <i>Kanechlor 400</i> Nodular hyperplasia: 0/6, 0/12, 0/12, 0/12 Hepatocellular carcinoma: 0/6, 0/12, 0/12, 0/12 <i>Kanechlor 500</i> Nodular hyperplasia: 0/6, 0/12, 0/12, 7/12* Hepatocellular carcinoma: 0/6, 0/12, 0/12, 5/12*	NS NS NS NS * $[P < 0.05]$ * $[NS]$	Purity: Kanechlor 300: 59.8% trichlorobiphenyl, 23.0% tetrachlorobiphenyl, 16.6% dichlorobiphenyl, 0.6% pentachlorobiphenyl Kanechlor 400: 43.8% tetrachlorobiphenyl, 32.8% trichlorobiphenyl, 5.8% pentachlorobiphenyl, 4.6% hexachlorobiphenyl, 3.0% dichlorobiphenyl Kanechlor 500: 55.0% pentachlorobiphenyl, 26.5% tetrachlorobiphenyl, 12.8% hexachlorobiphenyl, 5.0% trichlorobiphenyl The description of nodular hyperplasias provided was not sufficiently detailed to determine whether these hyperplastic nodules were benign hepatocellular adenomas according to current nomenclature Other histopathological changes in mice treated with PCBs included oval cell proliferation, bile duct proliferation and hepatocyte hypertrophy. Amyloid deposition was also observed in the livers of mice fed diets containing various commercial PCB mixtures at 100 or 250 ppm

d, day; mo, month; NDEA, *N*-nitrosodiethylamine; NR, not reported; NS, not significant; PCB, polychlorinated biphenyl; wk, week; yr, year

(b) PCB-153**Rat**

Groups of 80–82 female Harlan Sprague-Dawley rats (age, 8 weeks) were given the di-*ortho*-substituted non-dioxin-like congener PCB-153 (purity, 99%) at a dose of 0 (81 rats; vehicle control), 10, 100, 300, 1000, or 3000 µg/kg bw, in corn oil:acetone (99 : 1) by gavage, 5 days per week, for up to 105 weeks (core study) ([Yoshizawa et al., 2005, 2007, 2009](#); [NTP, 2006b](#)). Ten rats per group were evaluated at 14, 31, or 53 weeks. A stop-exposure group of 50 female rats was given PCB-153 at 3000 µg/kg bw corn oil : acetone (99 : 1) by gavage for 30 weeks, and then the vehicle only for the remainder of the study. At 2 years, cholangiomas occurred in two rats at 1000 µg/kg bw and in two rats in the stop-exposure group. A single hepatocellular adenoma was observed in the group at 3000 µg/kg bw. Cholangioma did not occur in the historical vehicle controls (0 out of 371) of the NTP studies. [One factor limiting interpretation of effects in this bioassay was that the highest dose of PCB-153 used (3000 µg/kg bw) was chosen to match the highest dose used in an NTP bioassay with a mixture of PCB-126 and PCB-153 ([NTP, 2006c](#)), rather than on the basis of the results of a previous short-term study of toxicity. There was no effect of PCB-153 at 3000 µg/kg bw on survival or body weight in this 2-year study, suggesting that higher doses would probably have been tolerated. In a tumour-promotion study in F344 female rats, [Dean et al. \(2002\)](#) gave PCB-153 at a dose of 10 000 µg/kg bw by gavage, three times per week, for 8 weeks, and observed only a significant increase in liver weight.]

(c) PCB-118**Rat**

Groups of 80 female Harlan Sprague-Dawley rats (age, 8 weeks) were given PCB-118 (purity, > 99%) at a dose of 0 (vehicle control), 100, 220, 460, 1000, or 4600 µg/kg bw in corn oil : acetone

(99 : 1) by gavage, 5 days per week, for up to 105 weeks (core study) ([Yoshizawa et al., 2009](#); [NTP, 2010](#)). Ten rats per group were evaluated at 14, 31, or 53 weeks. A stop-exposure group of 50 female rats was given PCB-118 at a dose of 4600 µg/kg bw in corn oil : acetone (99 : 1) by gavage for 30 weeks, then the vehicle for the remainder of the study. At the 53-week interim evaluation, three cholangiocarcinomas and one hepatocellular adenoma were observed in the group at 4600 µg/kg bw. At 2 years, the incidences of multiple cholangiocarcinoma, and single or multiple cholangiocarcinoma (combined) in the group at 4600 µg/kg bw and the stop-exposure group were significantly greater than those in the vehicle-control group. The incidences of multiple hepatocellular adenoma in the group at 4600 µg/kg bw, and single or multiple hepatocellular adenoma (combined) in the groups at 1000 µg/kg bw or 4600 µg/kg bw were significantly greater than those in the vehicle-control group. Four rats developed hepatocholangioma and one rat developed hepatocellular carcinoma in the group at 4600 µg/kg bw. Significantly increased incidences of multiple cystic keratinizing epithelioma of the lung and of single or multiple cystic keratinizing epithelioma (combined) occurred in the group at 4600 µg/kg bw compared with the vehicle-control group. The incidence of uterine carcinoma in the stop-exposure group was significantly greater than that in the vehicle-control group; a slight increase in the incidence of squamous cell carcinoma of the uterus occurred in the group at 220 µg/kg bw, and single incidences occurred at 460 µg/kg bw, 1000 µg/kg bw, and in the stop-exposure group. There were slightly increased incidences of exocrine pancreatic adenoma in core-study groups receiving PCB-118 at doses of 460 µg/kg bw or higher.

Table 3.3 Description of binary mixtures of PCB-126 and PCB-153 given to rats in a study of carcinogenicity by the NTP (2006c)

Group	Total TEQ (ng TEQ/kg bw)	Mass	
		PCB-126 (ng/kg bw)	PCB-153 (µg/kg bw)
<i>Constant ratio mixture</i>			
1	Vehicle control	0	0
2	1	10	10
3	10	100	100
5	30	300	300
7	100	1000	1000
<i>Varying ratio mixture</i>			
1	Vehicle control	0	0
4	30	300	100
5	30	300	300
6	30	300	1000

PCB, polychlorinated biphenyl; TEQ, toxic equivalent

(d) PCB-126 and PCB-153

Rat

The NTP conducted a 2-year study that was designed to assess the carcinogenicity of a mixture of PCB-126 and PCB-153 in a constant ratio, and a mixture of PCB-126 and PCB-153 in varying ratios to assess the effect of increasing PCB-153 (NTP, 2006c; Yoshizawa *et al.*, 2009). Groups of 81 or 80 female Harlan Sprague-Dawley rats (age, 8 weeks) received a mixture of PCB-126 and PCB-153 in corn oil : acetone (99 : 1) by gavage, 5 days per week, for up to 105 weeks. Dose groups were referred to by the total concentrations of toxic equivalents (TEQ) provided by the PCBs in the mixture per kg bw in each group (see Table 3.3); a control group of 81 female rats received the corn oil : acetone vehicle only (group 1). Ten rats per group were evaluated at 14, 31, and 53 weeks. At 2 years, the incidences of hepatocellular adenoma (single or multiple) in group 7 (constant ratio; TEQ, 100 ng/kg bw), and of cholangiocarcinoma (single or multiple) in group 5 (constant ratio; TEQ, 30 ng/kg bw) or group 7 were significantly increased. The incidence of hepatocholangioma was also significantly increased in group 7. Two

rats in group 7 had hepatocellular carcinoma; no hepatocellular carcinoma was reported in the historical vehicle controls. In the varying-ratio study, increasing the proportion of PCB-153 significantly increased the incidences of hepatocellular adenoma and cholangiocarcinoma. In the constant-ratio study, the incidence of cystic keratinizing epithelioma of the lung was significantly increased in group 7. In addition, one squamous cell carcinoma was reported in group 5 and one in group 7. Significantly increased incidences of gingival squamous cell carcinoma of the oral mucosa occurred in groups 5 and 7. There was also a slight increase in the incidence of uterine squamous cell carcinoma in group 5.

(e) PCB-118 and PCB-126

Rat

Groups of 81 female Harlan Sprague-Dawley rats (age, 9 weeks) were given a binary mixture of PCB-118 and PCB-126 (see Table 3.4) at a dose of 0 (vehicle control), 7, 22, 72, 216 ng TEQ/kg bw, by gavage in corn oil : acetone (99 : 1), 5 days per week, for up to 104 weeks; a group of 86 female rats received the mixture at a dose of 360 ng TEQ/kg bw (Yoshizawa *et al.*, 2005, 2007,

Table 3.4 Composition of a mixture of PCB-118 and PCB-126 given to rats in a study of carcinogenicity by the NTP (2006d)

	PCB-118	PCB-126	PCB-77 ^a	PCB-167 ^a
Percentage of bulk mass ^b	98.5	0.6	0.2	0.5
Percentage of total TEQ ^c	13.7	86.3	0.03	0.007

^a Present as contaminants that were not considered to contribute to the dioxin-like activity of the bulk synthesized test article

^b Based on the level of each compound present in the bulk synthesized test article

^c Assuming WHO toxic equivalency factor (TEF) values of 0.1 (PCB-126), 0.0001 (PCB-118), 0.0001 (PCB-77) and 0.00001 (PCB-167)
PCB, polychlorinated biphenyl; TEQ, toxic equivalent

2009; NTP, 2006d). Ten rats per group were evaluated at 14, 31, or 53 weeks. In the stop-exposure group, 50 female rats received the mixture at a dose of 360 ng TEQ/kg bw for 30 weeks, and then the vehicle only for the remainder of the study. The dose groups are described in Table 3.5. The mixture contained predominantly PCB-118 (by mass) and PCB-126 (by TEQ), but also contained PCB-77 and PCB-167 as contaminants that were not considered to contribute to the dioxin-like activity of the bulk synthesized material (see Table 3.4).

No rats at 216 or 360 ng TEQ/kg bw survived to the end of the study; survival in the stop-exposure group was also significantly lower than in the vehicle-control group, with only 10 rats surviving to the end of the study. Mean body weights of rats receiving 72 ng TEQ/kg bw or more were lower than those of rats in the vehicle-control group throughout most of the study. At 2 years, the incidences of cholangiocarcinoma (single or multiple, combined) and cholangiocarcinoma (multiple) were significantly increased in groups receiving 72 ng TEQ/kg bw or more. The incidence of hepatocellular adenoma was also significantly increased in the groups at 216 and 360 ng TEQ/kg bw. In addition, single occurrences of hepatocholangioma, cholangioma, or hepatocellular carcinoma were observed in some groups receiving 72 ng TEQ/kg bw or more. At 53 weeks, the incidence of cystic keratinizing epithelioma of the lung was significantly increased in the group at 216 ng TEQ/kg bw. At 2 years, significantly increased incidences of cystic keratinizing

epithelioma (single or multiple, combined) and of cystic keratinizing epithelioma (multiple) were reported in groups receiving 72 ng TEQ/kg bw or more. Non-statistically significant increased incidences of gingival squamous cell carcinoma of the oral mucosa were observed at the end of the 2-year study.

3.1.2 Commercial mixtures of PCBs

(a) Aroclor 1254

(i) Mouse

In a study on the activity of Aroclor 1254 in mice with different aryl hydrocarbon receptor (AhR) phenotypes, groups of 23–34 male C57BL/6, DBA/2, or B6D2F1 mice (age, 5 weeks) were initiated with a single intraperitoneal dose of *N*-nitrosodiethylamine (NDEA) at 0 or 90 mg/kg bw, in tricapylin. Three weeks later, the mice were placed on a diet containing Aroclor 1254 at a concentration of 100 ppm or the control diet for 20 weeks. After the promotion phase, the mice were left untreated until the terminal kill at age 52 weeks. Aroclor 1254 alone did not increase the incidence of tumours of the lung or liver in any of the three strains compared with their respective controls (Beebe *et al.*, 1995).

Four groups of 50 male BALB/cJ inbred mice (age, 5–6 weeks) were fed diets containing Aroclor 1254 (mixed with corn starch) at a concentration of 0 (control) or 300 ppm for up to 11 months (Kimbrough & Linder, 1974; Faroon *et al.*, 2001). After 6 months of exposure, one group of treated mice was fed the standard diet,

Table 3.5 Doses of PCB-118 and PCB-126 given to rats in a study of carcinogenicity by the [NTP \(2006d\)](#)

Dose (ng TEQ/ kg bw)	Contribution to dose by mass ^b				Contribution to dose by TEQ ^c (ng TEQ/kg bw)				Total nominal dose by TEQ ^c (ng TEQ/kg bw)
	PCB-118 (µg/kg bw)	PCB-126 (ng/kg bw)	PCB-77 ^a (ng/kg bw)	PCB-167 ^a (ng/kg bw)	PCB- 118	PCB- 126	PCB- 77 ^a	PCB- 167 ^a	
7	10 ^d	62	20	50	1.0	6.2	0.002	0.0005	7.2
22	30 ^d	187	60	150	3.0	18.7	0.006	0.0015	21.6
72	100 ^d	622	200	500	9.9	62.2	0.02	0.005	72.1
216	300 ^d	1866	600	1500	29.6	186.6	0.06	0.015	216.2
360	500 ^d	3110	1000	2500	49.3	311.0	0.1	0.025	360.4

^a Present as contaminants that were not considered to contribute to the dioxin-like activity of the bulk synthesized test article

^b Based on the level of each compound present in the bulk synthesized test article

^c Assuming WHO TEF (toxic equivalency factor) values of 0.1 (PCB-126), 0.0001 (PCB-118), 0.0001 (PCB-77) and 0.00001 (PCB-167). TEQ value for PCB-118 was calculated assuming 98.5% of bulk material is PCB-118

^d Nominal dose (µg/kg bw) of bulk synthesized material
PCB, polychlorinated biphenyl; TEQ, toxic equivalent

while the other treated group was fed the experimental diet for an additional 5 months; the two control groups were fed plain chow for an additional 5 months. Only one of 24 surviving mice given Aroclor 1254 for 6 months had a hepatoma [histopathology not further specified], while the incidence of hepatoma in the 22 surviving mice fed Aroclor 1254 for 11 months was significantly increased (10 out of 22; $P < 0.001$). Hepatomas were not found in any of the mice in the control groups.

(ii) Rat

Groups of 24 male and 24 female F344 rats (age, 7 weeks) were fed diets containing Aroclor 1254 at a concentration of 0, 25, 50, or 100 ppm in corn oil for up to 105 weeks ([NTP, 1978](#); [Ward, 1985](#); [Safe, 1989](#); [Silberhorn et al., 1990](#); [Faroon et al., 2001](#)). In males, hepatocellular adenoma was observed in one, two, and five of the rats at the lowest, intermediate, and highest dose, respectively, and hepatocellular carcinoma was observed in two rats at the highest dose; the incidences of hepatocellular adenoma and of hepatocellular adenoma or carcinoma (combined) in males at the highest dose were statistically significantly increased. Hepatocellular tumours were

not observed in controls. Non-statistically significant low incidences of rare adenocarcinomas of the glandular stomach were observed in both sexes. Adenocarcinoma of the glandular stomach was not observed in controls. The historical incidence of adenocarcinoma of the glandular stomach at the study laboratory (6 out of 600 males [1%], 2 out of 600 females [0.3%]) suggested that the occurrence of these tumours, although not statistically significant, may have been related to the administration of Aroclor 1254. There was a statistically significant dose-related trend in the combined incidences of lymphoma and leukaemia in male rats, but incidence in each dose group was not statistically significantly different from that in matched controls. [Morgan et al. \(1981\)](#) and [Ward \(1985\)](#) re-examined the gastrointestinal lesions observed in the study by the [NTP \(1978\)](#) and found a dose-related increase in the incidence of metaplasia of the glandular stomach, and also found adenocarcinoma of the glandular stomach in six treated rats. When compared with the incidence of adenocarcinoma of the glandular stomach in historical controls (1 out of 3548), the total incidence (6 out of 144 male and female rats treated with Aroclor 1254) was statistically significant.

*(b) Aroclor 1260**Rat*

Groups of 200 female Sherman rats (age, 21–26 days) were fed diets containing Aroclor 1260 at a concentration of 0 (control) or 100 ppm for approximately 21 months ([Kimbrough et al., 1975](#)). The rats were killed at age 23 months. There were statistically significant increases in the incidences of “hepatic neoplastic nodules” and of hepatocellular carcinoma in rats receiving Aroclor 1260 compared with controls. The hepatocellular tumours were re-evaluated histologically by a panel of pathologists using contemporary diagnostic criteria and nomenclature ([Moore et al., 1994](#)). Lesions that had been previously diagnosed as “neoplastic nodules” were reclassified as either hepatocellular hyperplasia or hepatocellular adenoma. In general, the results of the re-evaluation were consistent with those of the original evaluation.

Groups of 32 male Wistar rats (age, 5 weeks) were fed a 10% protein diet containing Aroclor 1260 (dissolved in coconut oil) at a concentration of 0 (control), 50, or 100 ppm for 120 days ([Rao & Banerji, 1988](#); [Silberhorn et al., 1990](#)). Controls were fed diet mixed with coconut oil. The incidences of “liver neoplastic nodules” [liver tumours] were significantly increased in both groups of treated rats; however, the incidence of tumours in rats fed the higher dose was lower than that in rats fed the lower dose.

Groups of 70 male and 70 female Sprague-Dawley rats were fed a diet containing Aroclor 1260 at a concentration of 100 ppm for 16 months, followed by diet containing Aroclor 1260 at 50 ppm for an additional 8 months, and then basal diet for 5 months ([Norback & Weltman, 1985](#); [Safe, 1989](#); [Silberhorn et al., 1990](#); [Moore et al., 1994](#); [Faroon et al., 2001](#)). Groups of 63 males and 63 females served as controls and received the basal diet supplemented with corn oil for 18 months, and then the basal diet only for the remainder of the study. The medial

and left lobes of the liver of 10 rats (two male controls, two female controls, three PCB-treated males and three PCB-treated females, for each time-point) were removed at 1, 3, 6, 9, 12, 15, and 18 months. In treated rats that survived 18 months or longer, malignant hepatic tumours (adenocarcinoma and/or trabecular carcinoma) were found in 43 out of 47 females, but only in 2 out of 46 males. The individual incidences of adenocarcinoma and of trabecular carcinoma in PCB-treated females were significantly greater than in controls. Hepatic neoplastic nodules [benign hepatocellular tumours] occurred in 5 out of 46 males, and 2 out of 47 females. A single hepatic neoplastic nodule occurred in a female control rat. PCB-exposed rats developed cystic cholangioma in 2 out of 46 males, and 5 out of 47 females [non-significant], versus 0 out of 32 males and 1 out of 49 females among the controls. Preneoplastic lesions of the biliary tract, referred to as simple and cystic cholangioma, also occurred at a higher incidence in treated males and females (30% and 45%, respectively).

*(c) Aroclor 1016, 1242, 1254, and 1260**Rat*

A comprehensive comparative long-term study of toxicity and carcinogenicity was conducted with four of the most widely used commercial Aroclor mixtures: Aroclor 1016, 1242, 1254, and 1260 ([Mayes et al., 1998](#); [Faroon et al., 2001](#); [Brown et al., 2007](#)). Groups of 50 male and 50 female Sprague-Dawley rats (age, 6–8 weeks) were fed diets containing Aroclor 1016, 1242, 1254, or 1260 at doses ranging from 25 to 200 ppm (three dose levels for Aroclor 1016, 1254 and 1260, and two dose levels for Aroclor 1242) for 24 months. Groups of 100 males and 100 females served as controls. Aroclor 1016, 1242, 1254, and 1260 contained polychlorinated dibenzodioxins (PCDDs) at concentrations of 0.6, 0, 20, and 0 ppb, respectively, and polychlorinated dibenzofurans (PCDFs) at concentrations

of 0.035, 2.9, 23, and 4.9 ppm, respectively. The basal diet contained PCBs at less than 0.15 ppm (estimated dose, < 0.01 mg/kg bw per day). Aroclor 1254 was treated to remove > 99% of the PCDFs. Feeding with diets containing Aroclor led to increased incidences of hepatic neoplasms (primarily hepatocellular adenoma) that were highly sex-dependent (females > males) and that differed between Aroclor mixtures. For females, the incidences of hepatocellular adenoma and of hepatocellular carcinoma increased with dose, with the following pattern: Aroclor 1254 > Aroclor 1260 > Aroclor 1242 > Aroclor 1016. The number of females bearing multiple hepatocellular tumours also increased in a dose-related manner for all Aroclor mixtures, and the highest numbers were in the groups receiving the intermediate and highest dose of Aroclor 1254, and the highest dose of Aroclor 1260. In addition, in females receiving Aroclor 1260, there was an increase in the incidence of cholangioma. In males, an increased incidence of hepatocellular adenoma was observed only in the group receiving Aroclor 1260 at the highest dose. The incidence of follicular cell adenoma of the thyroid gland was significantly increased in males in a non-dose-dependent manner; these increases were induced by Aroclor 1242 (both doses), Aroclor 1254 (all doses), and Aroclor 1260 (lowest and intermediate doses).

(d) *Kanechlor 300, 400, and 500*

(i) *Mouse*

Groups of 20 male and 20 female dd strain albino mice [age not reported] were given diets containing one of three PCB mixtures (Kanechlor 300, 400, or 500) at a concentration of 0, 100, 250, or 500 ppm for 24 or 32 weeks (Nagasaki *et al.*, 1975). The incidence of hepatocellular carcinoma was significantly increased in male and female mice given Kanechlor 500 at 500 ppm for 32 weeks. No tumours of the liver were found in mice fed Kanechlor 500 at dietary

concentrations of 100 or 250 ppm, or the lesser chlorinated commercial mixtures Kanechlor 400 or Kanechlor 300 at any of the three dietary concentrations at 24 or 32 weeks.

Groups of 12 male dd strain albino mice (age, 8 weeks) were fed basal diets supplemented with one of three PCB mixtures (Kanechlor 300, 400, or 500) at a concentration of 100, 250, or 500 ppm for 32 weeks; a control group of six mice was fed basal diet alone (Ito *et al.*, 1973; Silberhorn *et al.*, 1990; Faroon *et al.*, 2001). The incidences of hepatocellular carcinoma (5 out of 12 [not significant]) and liver hyperplastic nodules [some of which may have been hepatocellular adenomas] (7 out of 12 [$P < 0.05$]) were increased in mice fed diets containing Kanechlor 500 at 500 ppm compared with controls (0 out of 6). Hepatic lesions were not found in mice fed Kanechlor 500 at lower doses, or in mice exposed to the less chlorinated mixtures Kanechlor 400 or Kanechlor 300 for 32 weeks. Other histopathological changes in mice treated with PCBs included oval-cell proliferation, bile duct proliferation, hepatocyte hypertrophy, and amyloidosis. [The Working Group noted that the study may have been limited by the small number of mice, the relatively short treatment period, and the absence of an observation period after treatment.]

(ii) *Rat*

A group of 10 male and 10 female Donryu rats (age, 10 weeks) were fed diet containing Kanechlor 400 at a concentration of 38.5 ppm for 4 weeks, then the initial concentration was increased (based on body weights) twice for 8 weeks, 4 times for 3 weeks, 8 times for 3 weeks, and 16 times for 8 weeks (Kimura & Baba, 1973; Silberhorn *et al.*, 1990). The latter concentration was decreased to 12 times for 32 weeks because body weights were decreasing markedly. Rats were then fed basal diet until moribund, up to 560 days. A group of five males and five females fed basal diets served as controls. Treatment with Kanechlor 400 (duration, 400 days) caused

a significant increase in the incidence of multiple adenomatous nodules [hepatocellular adenoma] in females. None of the treated males developed adenomatous nodules. [The Working Group noted that the study may have been limited by the small numbers of animals, and may have exceeded the maximum tolerated dose.]

(e) *Clophen A 30 and Clophen A 60*

Rat

Male weanling Wistar rats were fed a diet supplemented with Clophen A 30 (42% chlorine by weight) or Clophen A 60 (60% chlorine by weight) at a concentration of 100 ppm, or an estimated dose of 5 mg/kg bw per day, for up to 832 days; controls were fed the basal diet (Schaeffer *et al.*, 1984; Young, 1985; Safe, 1989). Tumour incidence was investigated at intervals of 100 days. After 800 days, the overall incidence of hepatocellular neoplastic nodules, irrespective of time period, was significantly increased in rats fed Clophen A 30 (38 out of 130) or Clophen A 60 (63 out of 126) compared with controls (5 out of 131). The incidence of hepatocellular carcinoma was significantly increased in rats fed Clophen A 60 (61 out of 126 compared with 1 out of 131 controls). The incidences of hepatocellular lesions were re-evaluated by a panel of pathologists using contemporary diagnostic criteria and nomenclature (Moore *et al.*, 1994). Lesions that had been previously diagnosed as neoplastic nodules were now classified as either hepatocellular hyperplasia or hepatocellular adenoma. The results of the re-evaluation were generally consistent with those of the original evaluation.

3.2 Transplacental and perinatal exposure

This section covers those studies for which exposure to PCBs occurred either transplacentally and/or perinatally. This period generally covers exposure from day 1 of gestation until

weaning on postnatal day 21, although it should be noted that weaning can occur at up to age 28 days.

3.2.1 Individual PCBs and binary mixtures

(a) *PCB-126*

See [Table 3.6](#)

Rat

Five groups of pregnant Sprague-Dawley rats were given PCB-126 at a dose of 0 (corn oil), 0.025, 2.5, 250, or 7500 ng/kg bw by gavage on days 13 to 19 of gestation. Female pups from the exposed dams were weaned on postnatal day 21, and subsequently exposed at age 50 days to 7,12-dimethylbenz[*a*]anthracene (DMBA) at a dose of 20 mg/kg bw in corn oil by gavage, and followed until age 170 days (Muto *et al.*, 2001). There was no specific perinatal oral exposure to PCB-126. There was a significant reduction in body weight in the groups of pups at 250 ng/kg bw and 7500 ng/kg bw at postnatal day 21, and at 7500 ng/kg bw at age 30 days. There was a significant reduction in the incidence of DMBA-induced tumours of the mammary gland in the group at 7500 ng/kg bw. In the group at 7500 ng/kg bw, 41% of tumours were adenomas, while tumours in all other groups were mainly adenocarcinomas. [The study design was not a full carcinogenesis bioassay of PCBs.]

In a similar study by Wakui *et al.* (2005), four groups of pregnant Sprague-Dawley rats were given PCB-126 at a dose of 0 (corn oil vehicle), 2.5, 250, or 7500 ng/kg bw by gavage on days 13 to 19 of gestation. Female pups from the exposed dams were weaned at postnatal day 21, and subsequently exposed at age 50 days to DMBA at a dose of 100 mg/kg bw in corn oil by gavage, and followed until age 150 days. As in the study by Muto *et al.* (2001), there was a significant reduction in the incidence of adenocarcinoma of the mammary gland in the group at 7500 ng/kg bw. [The study design was not a full carcinogenesis bioassay of PCBs.]

Table 3.6 Studies of carcinogenicity in rats exposed perinatally or transplacentally to PCB-126

Strain (sex) Duration Reference	Dosing regimen, Animals/group at start	For each target organ: incidence (%), multiplicity of tumours	Significance	Comments
Sprague- Dawley (Japan SLC) (F) 170 day Muto et al. (2001)	Dams were treated with PCB-126 at 0 (corn oil vehicle), 0.025, 2.5, 250, or 7500 ng/kg bw (0.5 mL/rat) by gavage on days 13–19 of gestation. Pups were weaned at PND 21 Female pups (age 50 days) received DMBA at 20 mg/kg bw in corn oil by gavage and observed until age 170 days, or until tumours reached 20 mm in size Group 1: corn oil vehicle Group 2: 0.025 ng/kg bw Group 3: 2.5 ng/kg bw Group 4: 250 ng/kg bw Group 5: 7500 ng/kg bw 45/group	Tumours of the mammary gland: Group 1: 42/45, 3.12 ± 0.74 Group 2: 44/45, 2.77 ± 1.89 Group 3: 42/45, 3.98 ± 2.82 Group 4: 43/45, 5.09 ± 2.42 Group 5: 35/45*, 2.25 ± 1.55	* $P < 0.05$, χ^2 test (decrease)	Not a full carcinogenesis bioassay In the group at 7500 ng/kg bw, 41% of tumours were adenomas, whereas in all other groups the tumours were mainly adenocarcinomas
Sprague- Dawley (Japan SLC) (F) 150 day Wakui et al. (2005)	Dams were treated with PCB-126 at 0 (corn oil vehicle), 2.5, 250, 7500 ng/kg bw (0.5 mL/rat) by gavage on days 13–19 of gestation. Pups were weaned at PND 21 Females (age 50 days) received DMBA at 100 mg/kg bw in corn oil by gavage, and were observed until age 150 days Group 1: corn oil vehicle Group 2: 2.5 ng/kg bw Group 3: 250 ng/kg bw Group 4: 7500 ng/kg bw 25/group	Mammary gland, adenocarcinoma: Group 1: 22/25 (88%) Group 2: 21/25 (84%) Group 3: 23/25 (92%) Group 4: 16/25 (64%)*	* $P < 0.05$, χ^2 test (decrease)	Not a full carcinogenicity bioassay

DMBA, 7,12-dimethylbenz[*a*]anthracene; F, female; M, male; NDMA, *N*-nitrosodimethylamine; PND, postnatal day; wk, week

(b) *PCB-153 and PCB-138*

See [Table 3.7](#)

Mouse

Eight groups of male Swiss Cr:NIH(s) mice were given an intraperitoneal injection of *N*-nitrosodimethylamine (NDMA) at 0 (saline vehicle) or 5 mg/kg bw on postnatal day 4. On postnatal day 8, the mice were treated by gavage with PCB-153 or PCB-138, or a mixture of the two PCBs, each at a single dose of 20 mg/kg bw, or with the vehicle, olive oil ([Anderson et al., 1991](#)). The concentration selected, 20 mg/kg bw, is approximately equivalent to the concentration of each PCB congener in a dose of 500 mg/kg bw of Aroclor 1254. The mice were killed at age 16 weeks. There was no effect of either PCB congener alone or in combination on the incidence of bronchioloalveolar adenoma in the absence of treatment with NDMA. In NDMA-initiated mice, there was a significant increase in the multiplicity of bronchioloalveolar adenoma in mice also exposed to PCB-138. There was no effect of PCB-153, or of PCB-153 plus PCB-138, when compared with controls treated with NDMA only. [This study was not a full carcinogenesis bioassay. It was limited regarding the effect of the PCBs alone without initiation, due to the short duration of observation.]

3.2.2 Commercial mixtures of PCBs

(a) *Aroclor 1254*

See [Table 3.8](#)

Mouse

Pregnant CD-1 mice were given a single intraperitoneal injection of Aroclor 1254 at a dose of 0 (corn oil) or 500 mg/kg bw on day 19 of gestation ([Anderson et al., 1983](#)). Suckling mice were given NDMA at 0 (saline vehicle) or 5 mg/kg bw by intraperitoneal injection on postnatal day 4 or 14, or every 3 days on postnatal days 1–22. Mice were weaned at age 4 weeks and examined

at approximately 28 weeks and 18 months. No tumours of the liver were found at 28 weeks in male or female mice exposed in utero to the vehicle or Aroclor 1254 alone without exposure to NDMA. At 18 months, there was no increase in the incidence of tumours of the liver in mice treated with Aroclor 1254 without NDMA exposure. In the groups that were exposed to NDMA on postnatal day 4 or 14, there was no effect of maternal exposure to Aroclor 1254 on the incidence or multiplicity of tumours of the liver in male or female mice. Nevertheless, at 18 months, there was a significant increase in the incidence of “coalescing” tumours of the liver in females exposed on postnatal day 4 and in males exposed on postnatal day 14. There was no effect of maternal exposure to Aroclor 1254 on the incidence or multiplicity of tumours of the liver in male or female pups treated with NDMA between postnatal days 1 and 22. [This study design was not a full carcinogenesis bioassay of PCBs. Although mice were exposed to PCBs before being exposed to NDMA, NDMA acts as an initiator. Thus results from the groups exposed to NDMA plus PCBs are more likely to reflect an effect of the exposure to PCBs in utero on NDMA carcinogenesis.]

Groups of male neonatal Swiss Cr:NIH(s) mice were injected intraperitoneally with NDMA at a dose of 5 mg/kg bw in saline on postnatal day 4 ([Anderson et al., 1986](#)). On postnatal day 8, mice were exposed to Aroclor 1254 at a dose of 0 (control), 50, 250, or 500 mg/kg bw in olive oil by gavage, for 16 or 28 weeks. The study also included two non-initiated groups exposed to Aroclor 1254 at a dose of 0 or 500 mg/kg bw. A significant increase in the average number of bronchioloalveolar adenomas was observed in mice exposed to both NDMA and Aroclor 1254 compared with mice exposed to NDMA only, but not in mice exposed to Aroclor 1254 without NDMA initiation compared with mice exposed to vehicle only.

Table 3.7 Study of carcinogenicity in mice exposed perinatally to PCB-153 and PCB-138

Strain (sex) Duration Reference	Dosing regimen, Animals/group at start	For each target organ: incidence (%), multiplicity of tumours	Significance	Comments
Swiss Cr:NIH(s) (M) 16 wk Anderson et al. (1991)	Intraperitoneal injection on PND 4 with NDMA at 5 mg/kg bw or saline vehicle Exposure on PND 8 to PCBs (in olive oil) at 20 mg/kg bw by gavage until age 16 wk Group 1: NDMA Group 5: NDMA + PCB-153 Group 6: NDMA + PCB-138 Group 7: NDMA + PCB-153 + PCB-138 Group 8: saline/olive oil Group 2: PCB-153 Group 3: PCB-138 Group 4: PCB-153 + PCB-138 Number/group, NR	Bronchioloalveolar adenoma: Group 1: 15/55 (27%), 0.42 ± 0.11 Group 5: 13/53 (24%), 0.3 ± 0.08 Group 6: 21/50 (42%), 1.0 ± 0.3* Group 7: 14/46 (30%), 0.52 ± 0.13 Group 8: 0/26 Group 2: 0/32 Group 3: 0/31 Group 4: 0/34	* <i>P</i> = 0.014 vs group 1	Purity, NR Not a full carcinogenicity bioassay Concentration of PCBs (20 mg/kg bw) is approximately equivalent to that of each PCB congener in Aroclor 1254 at 500 mg/kg bw

M, male; NDMA, *N*-nitrosodimethylamine; PCB, polychlorinated biphenyl; PND, postnatal day; vs, versus

Table 3.8 Studies of carcinogenicity in mice exposed perinatally or transplacentally to Aroclor 1254

Strain (sex) Duration Reference	Dosing regimen, Animals/group at start	For each target organ: incidence (%), multiplicity of tumours	Significance	Comments
CD-1 (M, F) 28 wk and 18 mo Anderson et al. (1983)	Pregnant dams given a single intraperitoneal injection of Aroclor 1254 at 0 (olive oil vehicle) or 500 mg/kg bw on day 19 of gestation. Progeny then injected intraperitoneally with saline (experiment 1) or NDMA at 5 mg/kg bw on PND 4 (experiment 2), PND 14 (experiment 3), or every 3 days from PND 1 to 22 (experiment 4) Group 1: olive oil (F, 28 wk) Group 2: Aroclor 1254 (F, 28 wk) Group 3: olive oil (F, 18 mo) Group 4: Aroclor 1254 (F, 18 mo) Group 5: olive oil (M, 28 wk) Group 6: Aroclor 1254 (M, 28 wk) Group 7: olive oil (M, 18 mo) Group 8: Aroclor 1254 (M, 18 mo) Number of mice/group, NR	<i>Experiment 1 (to NDMA):</i> Liver tumours: 0/23, 0/21, 1/31, 1/23, 0/21, 0/23, 12/23, 8/25 <i>Experiment 2 (NDMA on PND 4):</i> Liver tumours: 3/17, 3/21, 21/29, 17/20, 17/23, 14/24, 27/28, 17/17 Liver (coalescing) tumours: 0/17, 0/21, 7/29, 13/20*, 17/23, 14/24, 27/28, 17/17 <i>Experiment 3 (NDMA on PND 14):</i> Liver tumours: 2/18, 0/19, 16/24, 9/19, 9/26, 1/19**, 18/19, 18/19 Liver (coalescing) tumours: 0/18, 0/19, 3/24, 1/19, 0/26, 0/19, 8/19, 14/19***	NS NS * $P < 0.01$ (Fisher exact test) ** $P < 0.04$ (Fisher exact test), decrease *** $P < 0.035$ (Fisher exact test)	Purity, NR Tumour incidence and multiplicity in progeny (from dams treated with Aroclor 1254) exposed to NDMA every 3 days from PND 1 to PND 22 (experiment 4) were not increased and are not shown
Swiss Cr:NIH(s) (M) 16 or 28 wk Anderson et al. (1986)	Intraperitoneal injection of NDMA (0 or 5 mg/kg bw) in saline on PND 4 followed on PND 8 by exposure to Aroclor 1254 in olive oil by gavage Groups were exposed for 16 or 28 wk to: NDMA + Aroclor 1254 (50 mg/kg bw); NDMA + Aroclor 1254 (250 mg/kg bw); NDMA + Aroclor 1254 (500 mg/kg bw); NDMA + olive oil; saline + Aroclor 1254 (500 mg/kg bw); saline + olive oil Number/group, NR	Bronchioloalveolar adenoma (average no. of tumours/no. of examined animals): 16 wk: 5.7/16, 5.1/12, 11.8/14*, 6.1/17, 0/13, 0.2/6 28 wk: 7.9/15, 8.6/14, 11.9/16**, 6.6/16, 0.2/19, 0.1/7	* $P < 0.05$ ** $P < 0.01$	Purity, NR Not a full carcinogenicity bioassay. Short duration

Table 3.8 (continued)

Strain (sex) Duration Reference	Dosing regimen, Animals/group at start	For each target organ: incidence (%), multiplicity of tumours	Significance	Comments
Swiss Cr:NIH(s) (M) up to 72 wk Anderson et al. (1994)	Intraperitoneal injection on PND 4 with NDMA at 5 mg/kg bw or saline vehicle. At age 8 days, mice received Aroclor 1254 at 250 mg/kg bw by gavage in olive oil or vehicle only. Mice were killed when moribund or at age 16, 28, 52, or 72 wk Groups were exposed to: NDMA; NDMA + Aroclor 1254; Aroclor 1254; saline/oil Number/group, NR	<i>Bronchioloalveolar adenoma:</i> Age 28 wk: 7/23 ^a (30%), 0.5 ± 1.1 ^b ; 19/27 ^a (70%), 1.9 ± 2.9 ^b ; 0/13; 0/16 Age 52 wk: 12/25 (48%), 0.6 ± 0.8 ^c ; 15/23 (65%), 2.7 ± 3.8 ^c ; 4/24 (17%), 0.17 ± 0.38; 6/27 (22%), 0.26 ± 0.4 Age 72 wk: 21/23 (91%), 5.1 ± 4.5; 17/23 (74%), 3.9 ± 4.3; 17/25 (68%), 0.9 ± 0.8; 17/39 (44%), 0.6 ± 0.7 <i>Liver adenoma:</i> Age 52 wk: 1/25 ^d (4%), 0.04 ± 0.2; 9/23 ^d (39%), 0.6 ± 0.8; 0/24; 0/27 Age 72 wk: 16/23 (70%), 1.8 ± 2.2; 14/25 (56%), 1.5 ± 2.0; 0/25; 0/39	Matched letters are significantly different from each other ^a P = 0.01 ^b P = 0.0033 ^c P = 0.0496 ^d P = 0.0004	Purity, NR Not a full carcinogenicity bioassay

mo, month; NDMA, N-nitrosodimethylamine; NR, not reported; NS, not significant; PND, postnatal day; wk, week

In a subsequent experiment, groups of neonatal male Swiss Cr:NIH(s) mice were given an intraperitoneal injection of NDMA at a dose of 0 (saline vehicle) or 5 mg/kg bw on postnatal day 4, then given Aroclor 1254 at a dose of 0 or 250 mg/kg bw in olive oil on day 8 by gavage, and killed at age 16, 28, 52, or 72 weeks ([Anderson et al., 1994](#)). At age 28 weeks, the incidence of bronchioloalveolar adenoma in mice initiated with NDMA was increased 2.5-fold by treatment with Aroclor 1254. The multiplicity of bronchioloalveolar adenoma was enhanced fourfold by treatment with Aroclor 1254 for 28 or 52 weeks. By 72 weeks, tumour numbers, although high, were similar in the groups receiving NDMA only, and NDMA plus Aroclor 1254. There was an increased incidence of liver adenoma at 52 weeks in mice receiving NDMA plus Aroclor 1254 compared with mice receiving NDMA only. By 72 weeks, the incidences in the groups receiving NDMA or NDMA plus Aroclor 1254 were similar. [This study was not a full carcinogenesis bioassay of PCBs.]

(b) *Kanechlor 500*

See [Table 3.9](#)

Rat

Pregnant Wistar rats were exposed to Kanechlor 500 at a dose of 0 (olive oil vehicle), 40, or 200 mg/kg bw by gavage on days 5, 10, and 15 of gestation ([Nishizumi, 1980](#)). Male and female pups were subsequently weaned and given drinking-water containing NDEA at 50 ppm for 5 weeks to induce liver tumours [mainly hepatocellular carcinomas] that were evaluated after 20 and 24 weeks. The average concentration of total PCBs in the liver at 4 weeks was 1 ppm, 18 ppm and 360 ppm in the groups at 0 (vehicle), 40 mg/kg bw and 200 mg/kg bw, respectively, indicating clear transfer from the dam to the offspring. In both males and females, there was a decrease in the multiplicity of NDEA-initiated tumours of the liver. [This study was not a full carcinogenesis bioassay.]

3.2.3 *Mixtures of PCBs and other chlorinated agents found in human milk fat*

(a) *Mixture of non-ortho PCBs, PCDFs, and PCDDs*

See [Table 3.10](#)

Rat

Female Sprague-Dawley rats were exposed by gavage at age 1, 5, 10, 15, and 20 days to a mixture of three non-ortho PCBs [PCB-77, PCB-126, and PCB-169], six PCDDs, and seven PCDFs, or were exposed to the vehicle (corn oil) only ([Desaulniers et al., 2004](#)). The concentrations of these agents in the mixture were based on the concentrations of dioxin-like congeners found in human milk fat, and the doses administered were equal to 10 times, 100 times, or 1000 times the quantities found in milk fat. At age 50 days, groups of rats were injected intraperitoneally with *N*-methyl-*N*-nitrosourea (MNU) at a dose of 0 or 30 mg/kg bw to induce the development of tumours of the mammary gland. At age 32 weeks, in those groups not treated with MNU, there was a significant increase in the incidence of benign lesions of the mammary gland (adenoma, fibroadenoma, and hyperplasia) after exposure to the 1000-times mixture. In the MNU-treated groups, there was no effect of exposure to the mixture on the incidences of benign lesions or malignant tumours of the mammary gland. [This study was not a full carcinogenesis bioassay. Given the presence of PCDDs and PCDFs in the mixture, conclusions regarding the effect of PCBs alone could not be drawn from this study.]

(b) *Mixture of PCBs, DDT, and DDE*

See [Table 3.11](#)

Rat

Neonatal female Sprague Dawley rats were exposed to a mixture of 19 PCB-congeners, *p,p'*-dichlorodiphenyltrichloroethane (DDT), and *p,p'*-dichlorodiphenyldichloroethene (DDE)

Table 3.9 Study of carcinogenicity in rats exposed transplacentally and perinatally to Kanechlor 500

Strain (sex)	Dosing regimen, Animals/group at start	For each target organ: incidence (%), multiplicity of tumours	Significance	Comments
Wistar (M, F) up to 29 wk Nishizumi (1980)	Dams were given Kanechlor 500 at 0 (olive oil vehicle), 40, or 200 mg/kg bw by gavage on days 5, 10 and 15 of gestation. Male and female offspring were given drinking-water containing NDEA at 50 ppm for 5 wk, and were evaluated 20 and 24 wk after NDEA exposure Group 1: vehicle (olive oil) Group 2: Kanechlor 500 at 40 mg/kg bw Group 3: Kanechlor 500 at 200 mg/kg bw 6–8 M and 6–8 F/group	Liver tumours (≥ 5 mm) M (20 wk): Group 1: 6/7 (86%), 3.0 \pm 0.7 Group 2: 6/8 (75%), 1.3 \pm 0.4* Group 3: 4/6 (50%), 1.0 \pm 0.4* F (20 wk): Group 1: 5/8 (62.5%), 1.1 \pm 0.4 Group 2: 4/8 (50%), 0.6 \pm 0.3 Group 3: 0/8, 0* M (24 wk): Group 1: 8/8 (100%), 4.6 \pm 0.7 Group 2: 6/6 (100%), 2.8 \pm 0.7 Group 3: 5/7 (71%), 2.0 \pm 0.7* F (24 wk): Group 1: 4/7 (57%), 1.4 \pm 0.5 Group 2: 3/7 (43%), 0.7 \pm 0.4 Group 3: 2/8 (25%), 0.4 \pm 0.3	* $P < 0.05$ (decrease)	Not a full carcinogenesis bioassay Liver tumours were mainly hepatocellular carcinomas, with some neoplastic nodules

F, female; M, male; NDEA, N-nitrosodiethylamine; wk, week

Table 3.10 Studies of carcinogenicity in rats exposed perinatally to a mixture of non-ortho PCBs, PCDDs, and PCDFs

Strain (sex) Duration Reference	Dosing regimen, Animals/group at start	For each target organ: Incidence of tumours	Significance	Comments
Sprague-Dawley Charles River, St-Constant, QC (F) 32 wk Desaulniers et al. (2004)	Mixture (5 mL/kg bw) in corn oil given to neonates at age 1, 5, 10, 15, and 20 days, by gavage. Mixture contained 0 (vehicle), 1, 10, 100, or 1000 times the amount a human baby would consume. MNU was injected intraperitoneally (30 mg/kg bw in saline) at age 50 days. The rats were killed at age 32 wk Without MNU: vehicle (controls), 1000 × mixture	<i>Mammary gland:</i> Benign lesions (adenoma, fibroadenoma, hyperplasia): 4/37, 11/37* Malignant (carcinoma in situ and adenocarcinoma): 1/37, 4/37	* $P < 0.05$	Purity, NR Short duration; not a full carcinogenicity bioassay The concentrations of each chemical included in the mixture (three non-ortho PCBs [PCB-77, PCB-126, and PCB-169], six PCDDs and seven PCDFs) were based on the concentrations found in human milk fat Description of benign lesions of the mammary gland did not differentiate between non-neoplastic (hyperplasia) and neoplastic (adenoma, fibroadenoma) lesions Mixture included PCDDs and PCDFs, so conclusions could not be made regarding the effect of PCBs alone
	With MNU: vehicle (controls), 1 × mixture, 10 × mixture, 100 × mixture, 1000 × mixture 31–40/group	Benign lesions: 11/35, 8/32, 14/32, 12/31, 10/40 Malignant tumours: 24/35, 18/32, 19/32, 21/31, 25/40	NS	

F, female; M, male; MNU, *N*-methyl-*N*-nitrosourea; PCBs, polychlorinated biphenyls; PCDDs, polychlorinated dibenzodioxins; PCDFs, polychlorinated dibenzofurans; wk, week

Table 3.11 Study of carcinogenicity in rats exposed perinatally to a mixture of PCBs, DDT, and DDE found in breast milk

Strain (sex) Duration Reference	Dosing regimen, Animals/group at start	For each target organ: incidence (%) of tumours	Significance	Comments
Sprague-Dawley (F) 308 days or when tumour size reached 1 cm Desaulniers et al. (2001)	Neonates treated by gavage at age 1, 5, 10, 15, and 20 days with a mixture ^a containing 0 (vehicle), 10, 100 or 1000 times the amount of PCBs, DDT, DDE that a human baby would consume. A separate group received TCDD at 2.5 µg/kg bw by gavage on day 18. On day 21, groups 3–7 received a single intra-peritoneal injection of MNU at 30 mg/kg bw in saline Group 1: corn oil vehicle controls Group 2: 1000 × mixture Group 3: MNU + corn oil vehicle Group 4: MNU + 10 × mixture Group 5: MNU + 100 × mixture Group 6: MNU + 1000 × mixture Group 7: MNU + TCDD 33–41/group	<i>Mammary gland</i> Groups 1 and 2: Fibroadenoma: 1/30, 0/33 Adenoma: 0/30, 0/33 Papilloma: 0/30, 0/33 Carcinoma in situ: 0/30, 1/33 Adenocarcinoma: 0/30, 0/33 Benign or malignant lesions (combined): 1/30, 2/33 Groups 3–7: Fibroadenoma: 12/41, 13/28, 6/31, 9/34, 10/32 Adenoma: 5/41, 4/28, 4/31, 8/34, 6/32 Papilloma: 3/41, 1/28, 3/31, 1/34, 5/32 Carcinoma in situ: 5/41, 5/28, 8/31, 7/34, 4/32 Adenocarcinoma: 11/41, 12/28, 10/31, 12/34, 13/32 Benign or malignant lesions (combined): 28/41, 24/28, 22/31, 25/34, 25/34 Benign or malignant lesions (median number of lesions): 2, 2, 1, 4.5*, 5.5	Group 2 vs group 1: NS Groups 4–7 vs group 3: NS for incidence *P = 0.05	Purity, NR Mixture included DDT and DDE, so conclusions could not be made regarding the effect of PCBs alone Not a full carcinogenesis bioassay

^a Mixture consists of *p,p'*-dichlorodiphenyltrichloroethane (DDT), *p,p'*-dichlorodiphenyldichloroethene (DDE) and PCBs mixture comprised of non-*ortho* (PCB-77, -126, -169), mono-*ortho* (PCB-28, -66, -74, -118, -156) and di-*ortho* (PCB-99, -128, -138, -153, -170, -180, -183, -187, -194, -201, -203) substituted congeners detected in > 75% of breast milk samples from Canadian women. DDT, DDE and PCBs were included in the mixture according to the median concentrations in milk fat
MNU, *N*-methyl-*N*-nitrosourea; NS, not significant; PCB, polychlorinated biphenyl; TCDD, 2,3,7,8-tetrachlorodibenzo-*para*-dioxin; vs, versus

(Desaulniers *et al.*, 2001). The PCB-congeners in the mixture were those detected in more than 75% of samples of breast milk from Canadian women and were included in proportions determined by their median concentrations measured in milk fat. The PCBs were: non-*ortho* (PCB-77, PCB-126, PCB-169), mono-*ortho* (PCB-28, PCB-66, PCB-74, PCB-118, PCB-156), and di-*ortho* (PCB-99, PCB-128, PCB-138, PCB-153, PCB-170, PCB-180, PCB-183, PCB-187, PCB-194, PCB-201, PCB-203) substituted congeners. In this study, five groups of neonatal rats were exposed to the mixture composed of DDT, its major metabolite DDE, and PCBs at 0 (corn oil), 10, 100, or 1000 times their concentrations in breast milk, by gavage, starting at age 1, 5, 10, 15, or 20 days. For comparison purposes, an additional group was exposed by gavage at age 18 days to 2,3,7,8-tetrachlorodibenzo-*para*-dioxin (TCDD) at a concentration of 2.5 µg/kg bw. On day 21, all treatment groups (except for a control group that received corn oil only, and a group that received the 1000-times mixture) received a single intraperitoneal injection of MNU (30 mg/kg bw) in saline. Animals were observed up to 308 days. Seven to nine rats from the groups not exposed to MNU were killed between ages 55 and 62 days; the remaining rats were killed at 224 days. MNU-treated rats were killed when palpable tumours reached 1 cm, or by day 308 if no palpable tumour was detected. Sporadic incidences of lesions of the mammary gland were observed in the groups not treated with MNU (0 and 1000-times mixture). On the contrary, a large number of lesions of the mammary gland (including hyperplasia, the most common lesion observed) were seen in MNU-treated rats, and there was a significant effect of the 1000-times mixture ($P = 0.05$) on the median number of combined benign and malignant lesions of the mammary gland when compared to the MNU-only treated rats. There was no significant effect on the incidence of any specific tumour type, either benign or malignant, or the combined incidence of

benign and malignant neoplasms. [Given that the mixture contained DDT and DDE, in addition to PCBs, the Working Group considered this study as a co-carcinogenicity study, and conclusions regarding the effect of PCBs alone could not be made.]

3.2.7 PCB metabolites: 4'-OH-PCB-30 and 4'-OH-PCB-61

See [Table 3.12](#)

Mouse

Neonatal female BALB/cCrg1 mice were exposed 16 hours after birth onwards to: 20 or 200 µg of 2',4',6'-trichloro-4-biphenylol [4'-OH-PCB-30]; 40 or 400 µg of 2',3',4',5'-tetrachloro-4-biphenylol [4'-OH-PCB-61]; 10 µg of 4'-OH-PCB-30 plus 10 µg of 4'-OH-PCB-61, or 100 µg of 4'-OH-PCB-30 plus 100 µg of 4'-OH-PCB-61 (Martinez *et al.*, 2005). Exposure occurred via daily subcutaneous injections for 5 days and the mice were held for 20 months. [The neonatal mouse model has previously been used as a model for diethylstilbestrol-induced carcinogenesis after exposure in utero. The BALB/c mouse is known to be sensitive to the induction of cervicovaginal tumours by estrogens.] Significant treatment-related increases in the incidence of cervicovaginal tumours were observed for the groups treated with 4'-OH-PCB-30. Modest but statistically significant increases in the incidence of cervicovaginal tumours were also seen in both groups exposed to 4'-OH-PCB-61, and to the combination of 4'-OH-PCB-30 + 4'-OH-PCB-61 at the higher dose. There was also a significant effect of 4'-OH-PCB-61 at the lower dose on the incidence of carcinoma of the mammary gland.

Table 3.12 Study of carcinogenicity in mice exposed perinatally to 2',4',6'-trichloro-4-biphenylol (OH-PCB-30) and/or 2',3',4',5'-tetrachloro-4-biphenylol (4'-OH-PCB-61)

Strain (sex) Duration Reference	Dosing regimen, Animals/group at start	For each target organ: incidence of tumours	Significance	Comments
BALB/cCrlj (F) Up to 20 mo Martinez et al. (2005)	Daily subcutaneous injections of 20 µL for 5 days starting 16 hours after birth. Mice were weaned at age 21 days. Examination daily for premature vaginal opening for the first 35 days of life and checks monthly to detect concretions. When concretions were found, the mice were removed from the study. All mice that survived to age 20 mo were killed. Groups were injected with: sesame oil vehicle (control); 20 µg OH-PCB-30; 200 µg OH-PCB-30; 40 µg OH-PCB-61; 400 µg OH-PCB-61; 10 µg OH-PCB-30 + 10 µg OH-PCB-61; or 100 µg OH-PCB-30 + 100 µg OH-PCB-61 Number/group, NR	Cervicovaginal tract carcinoma: 0/33, 2/33, 10/22**, 4/30*, 5/24*, 3/36, 8/21* Mammary gland carcinoma: 0/33, 5/33, 0/22, 4/30*, 1/24, 3/36, 0/21	*P < 0.05 (Fisher exact test) **P < 0.01 (Fisher exact test)	Purity, NR The BALB/c mouse is sensitive to the induction of cervicovaginal tumours by estrogens. The inbred BALB/cCrlj strain has a low incidence of tumours of the mammary gland. The neonatal mouse model has previously been used as a model for diethylstilbestrol-induced carcinogenesis after exposure in utero Carcinomas of the cervicovaginal tract were mainly squamous cell carcinomas and adenosquamous carcinomas

F, female; mo, month; NR, not reported; PCB, polychlorinated biphenyl

3.3 Initiation–promotion and co-carcinogenicity studies

See [Table 3.13](#)

3.3.1 Initiation–promotion studies

(a) PCB-153

A study was carried out to determine whether PCB-153 had promoting activity in NDEA-initiated tumours of the liver in male B6129SF2/J mice, and whether the deletion of the NF- κ B p50 subunit influenced liver carcinogenesis ([Glauert et al., 2008](#)). Four groups of 14–17 wildtype and transgenic mice were injected intraperitoneally with NDEA (90 mg/kg bw in saline) at 9 weeks of age. After a 2-week recovery period, both wildtype and NF- κ B p50^{-/-} mice were injected intraperitoneally with PCB-153 at a dose of 0 (corn oil) or 300 μ mol/kg bw every 14 days for a total of 20 injections. Mice were then maintained for an additional 15 weeks before being killed. Hepatocellular tumours were mainly classified as hepatocellular carcinoma. The incidence of hepatocellular tumours was higher in wildtype mice treated with PCB-153 than in wildtype mice receiving corn oil only. The deletion of p50 decreased the incidence of hepatocellular tumours in mice treated with PCB-153 or corn oil only.

(b) Aroclor 1254

(i) Mouse

In a study to determine whether Aroclor 1254 promoted the induction of liver nodules after initiation with NDEA, groups of male CD-1 mice were first given drinking-water containing NDEA at a dose of 0 or 8 μ g/g bw per day, for 8 weeks ([Gans & Pintauro, 1986](#)). After 2.5 weeks, mice were given Aroclor 1254 as an intraperitoneal dose at 0 (tricaprylin/corn oil, 1/4, v/v) or 100 μ g/g bw, every second week for 8 (8 mice per group) or 16 (18–19 mice per group) weeks.

Aroclor 1254 did not increase the incidence of liver nodules, which were made up of type I, type II, or more commonly a mixture of type I and type II tissues. [The Working Group noted that it was not clear whether the diagnosis referred to hyperplasia and adenoma, respectively.]

[Diwan et al. \(1994\)](#) examined whether Aroclor 1254 promoted NDEA-initiated tumours of the liver in groups of 30 male DBA/2NCr \times C57BL/6NCr (D2B6F1) mice. At age 5 weeks, mice were injected intraperitoneally with NDEA at a dose of 0 (tricaprylin vehicle) or 90 mg/kg bw. At age 7 weeks, mice were fed Aroclor 1254 at a dietary concentration of 175 or 350 mg/kg. The authors estimated the dose to be 0.1 or 0.2 mmol/kg bw per day based on a diet consumption of 4.5 g/day. [It was not reported whether food intake was measured.] Mice were killed after 60 weeks. The incidence of hepatocellular adenoma or carcinoma (combined) was significantly increased in both groups receiving NDEA plus Aroclor 1254 (all tumours were carcinomas) compared with the group receiving NDEA only (all tumours were adenomas). The incidences of hepatoblastoma in the group receiving Aroclor 1254 at 175 mg/kg, and of metaplastic and neoplastic glandular lesions within hepatocellular neoplasms (cholangiocellular neoplasms) in the groups receiving Aroclor 1254 at 175 and 350 mg/kg were higher [$P < 0.01$] than in the group receiving NDEA only.

[Beebe et al. \(1995\)](#) examined the promoting activity of Aroclor 1254 in the lung and liver in three strains of male mice that differ in AhR responsiveness: C57BL/6, DBA/2NCr, and B6D2F1. At age 5 weeks, groups of 23–34 mice were injected intraperitoneally with NDEA at a dose of 0 (tricaprylin vehicle) or 90 mg/kg bw. At age 8 weeks, the mice were placed on a diet containing Aroclor 1254 at a concentration of 0 or 100 mg/kg for 20 weeks. They were then left untreated for 24 weeks until being killed at age 52 weeks. Tumours of the liver were classified as hepatocellular adenoma, hepatocellular

Table 3.13 Initiation–promotion and co-carcinogenicity studies with PCBs

PCB congener or mixture	Species, strain (sex)	Dosing regimen, Animals/group at start	For each target organ: incidence (%), and/or multiplicity of tumours	Significance	Comments
<i>Initiation – promotion studies (initiator followed by PCB)</i>					
PCB-153	Mouse, wildtype (WT) and NF- κ B p50 ^{-/-} B6129SF2/J mice (M)	Initiation: NDEA (90 mg/kg, i.p.) at age 9 wk Promotion: 2 wk later, PCB-153 (300 μ mol/kg bw in corn oil) by i.p. injection, every 14 days; total of 20 injections; then maintained for an additional 15 wk. 14–17/group	<i>Hepatocellular tumours</i> Corn oil controls: WT, 11/15 NF- κ B p50 ^{-/-} , 5/11 PCB-153: WT, 7/7* NF- κ B p50 ^{-/-} , 6/9	*[$P < 0.05$] vs WT mice receiving corn oil	Hepatocellular tumours were mainly carcinomas
Aroclor 1254	Mouse, CD-1 (M) 8 or 16 wk Gans & Pintauro (1986)	<i>Initiation:</i> NDEA, 0 (control) or 8 μ g/g bw per day, in drinking-water, for 8 wk <i>Promotion:</i> 2.5 wk later, Aroclor 1254 at 100 μ g/g bw in tricaprylin/corn oil vehicle, i.p. every other wk for 8 (8/group) or 16 wk (18–19/group)	Liver nodules of types I and II 8 wk: Control + vehicle: 0/8 NDEA + vehicle: 2/8 Control + Aroclor 1254: 0/8 NDEA + Aroclor 1254: 2/8 16 wk: Control + vehicle: 0/18 NDEA + vehicle: 9/19 Control + Aroclor 1254: 1/18 NDEA + Aroclor 1254: 10/18	NS (effect of Aroclor 1254)	It was uncertain whether liver nodules included hyperplasias and adenomas Types not further identified
Aroclor 1254	Mouse, D2B6F1 (M) 60 wk Diwan et al. (1994)	<i>Initiation:</i> NDEA (0 or 90 mg/kg bw in saline, i.p.) at age 5 wk <i>Promotion:</i> Aroclor 1254 at 0, 175 or 350 mg/kg diet, at age 7 wk 30/group	<i>Hepatocellular adenoma or carcinoma (combined)</i> NDEA: 12/30 (3.4), 24/24* (10.8), 23/23* (16.9) Saline: 7/30 (1.1), 12/29 (2.1), 25/25 (2.9) <i>Hepatoblastoma</i> NDEA: 1/30 (1), 8/24* (1.5), 2/23 (1) Saline: NR, 0/29, 0/25 <i>Cholangiocellular tumours:</i> NDEA: 0/30, 7/24*, 17/23* Saline: NR, 2/29, 10/25	* $P < 0.00001$ * $P < 0.01$	In both NDEA + Aroclor 1254 groups all tumours were carcinomas whereas in the NDEA-only group all tumours were adenomas

Table 3.13 (continued)

PCB congener or mixture	Species, strain (sex) Duration Reference	Dosing regimen, Animals/group at start	For each target organ: incidence (%), and/or multiplicity of tumours	Significance	Comments
Aroclor 1254	Mouse, C57BL/6, DBA/2NCR, and B6D2F1 (M) 44 wk Beebe et al. (1995)	<i>Initiation:</i> NDEA (90 mg/kg bw, i.p.) or tricapyrylin vehicle at age 5 wk <i>Promotion:</i> at age 8 wk, Aroclor 1254 (100 mg/kg diet) for 20 wk followed by no-exposure phase of 24 wk Group 1: Tricaprylin Group 2: NDEA Group 3: NDEA+Aroclor 1254 Group 4: Tricaprylin+Aroclor 1254 23–34/group	C57BL/6 Liver tumours (all types): 0/27, 4/28, 19/32*, 2/27 Hepatocellular adenoma: 0/27, 4/28, 17/32**, 2/27 Hepatocellular carcinoma: 0/27, 3/28, 3/32, 0/27 Cholangioadenoma or cholangiocarcinoma (combined): 0/27, 0/28, 4/32, 0/27 Hepatoblastoma: 0/27, 0/28, 4/32, 0/27 Lung tumours (all): 1/27, 20/26, 20/25, 1/27 B6D2F1 Liver tumours (all types): 0/34, 7/33, 8/33, 3/34 Hepatocellular adenoma: 0/34, 6/33, 6/33, 3/34 Hepatocellular carcinoma: 0/34, 0/33, 2/33, 0/34 Cholangioadenoma or cholangiocarcinoma (combined): 0/34, 0/33, 0/33, 0/34 Hepatoblastoma: 0/34, 1/33, 0/33, 0/34 Lung tumours (all): 0/31, 33/34, 31/34, 2/34	* $P < 0.05$ (group 3 vs group 2) ** $P < 0.05$ (group 3 vs group 2 and group 3 vs group 4)	Purity, NR

Table 3.13 (continued)

PCB congener or mixture	Species, strain (sex) Duration Reference	Dosing regimen, Animals/group at start	For each target organ: incidence (%), and/or multiplicity of tumours	Significance	Comments
Aroclor 1254 (cont.)			DBA/2 Liver tumours (all types): 0/23, 6/28, 6/31***, 0/24 Hepatocellular adenoma: 0/23, 5/28, 4/31, 0/24 Hepatocellular carcinoma: 0/23, 2/28, 2/31, 0/24 Cholangioadenoma or cholangiocarcinoma (combined): 0/23, 0/28, 0/31, 0/24 Hepatoblastoma: 0/23, 0/28, 0/31, 0/24 Lung tumours (all): 3/23, 24/28, 28/29, 1/24	*** <i>p</i> < 0.05 (group 3 vs group 4)	
Aroclor 1254	Mouse, HRS/1 hairless (F) 20 wk Poland et al. (1982)	<i>Initiation</i> : MNNG (5 µmol in 50 µL of acetone) at age 8 wk <i>Promotion</i> : 1 mg Aroclor 1254 in 50 µL of acetone per mouse, twice weekly topically for 20 wk 20 mice in groups receiving Aroclor 1254; 26 in MNNG-only group	Skin papilloma: MNNG + vehicle, 0/23 Vehicle + Aroclor 1254, 0/19 MNNG + Aroclor 1254, 4/19	NS	Statistical test, NR

Table 3.13 (continued)

PCB congener or mixture	Species, strain (sex) Duration Reference	Dosing regimen, Animals/group at start	For each target organ: incidence (%), and/or multiplicity of tumours	Significance	Comments
Aroclor 1254	Mouse, Swiss (Cr:NIH) (M, F) 44 wk Beebe et al. (1993)	<i>Initiation:</i> For transplacental studies, pregnant mice were injected with NNK (100 mg/kg bw, i.p.) on days 15, 17, and 19 of gestation, or with NDMA (10 mg/kg bw, i.p.) on day 19 of gestation, or with saline vehicle on day 19 of gestation <i>For neonatal studies, pups were injected with NDMA (5 mg/kg bw, i.p.), NNK (50 mg/kg bw, i.p.), or saline vehicle on PND 4</i> <i>Promotion:</i> Aroclor 1254 (500 mg/kg bw, p.o.) or olive oil vehicle on PND 56 <i>Transplacental initiation</i> Group 1: Saline/olive oil Group 2: Saline/Aroclor 1254 Group 3: NDMA/olive oil Group 4: NDMA/Aroclor 1254 Group 5: NNK/olive oil Group 6: NNK/Aroclor 1254 <i>Neonatal initiation</i> Group 7: NDMA/olive oil Group 8: NDMA/Aroclor 1254 Group 9: NNK/olive oil Group 10: NNK/Aroclor 1254 Animals/group, NR	<i>Transplacental initiation</i> Lung tumours (M): 2/27, 3/30, 0/29, 10/28*, 1/27, 8/29** Lung tumours (F): 1/29, 2/30, 3/30, 4/30, 4/30, 5/29 <i>Neonatal initiation</i> Lung tumours (M): 11/28, 22/30***, 8/30, 10/30 Lung tumours (F): 16/27, 19/27, 4/30, 11/29****	* $P < 0.001$ (group 4 vs group 3) ** $P = 0.026$ (group 6 vs group 5) *** $P = 0.016$ (group 8 vs group 7) **** $P = 0.039$ (group 10 vs group 9)	Purity, NR The classification of lung tumours was not provided
Aroclor 1254	Rat, Sprague-Dawley (M) 18 wk Preston et al. (1981)	<i>Initiation:</i> NDEA at 66 µg/mL in drinking-water for 5 wk <i>Promotion:</i> Aroclor 1254 or Aroclor 1254 from which PCDFs were removed at 100 mg/kg diet, or control diet 40/group	Hepatocellular carcinoma: NDEA alone, 5/32 NDEA + Aroclor 1254, 21/33* NDEA + Aroclor 1254 with PCDFs removed, 27/32*	* $P < 0.05$, χ^2 analysis	
Aroclor 1254	Rat, Sprague-Dawley (M) 19 wk Vansell et al. (2004)	<i>Initiation:</i> DIPN (2.5 g/kg bw, s.c.) <i>Promotion:</i> 1 wk later, Aroclor 1254 at 100 mg/kg diet for 19 wk 24/group	<i>Thyroid</i> Cystic adenoma: 0/24, 2/22 Follicular adenoma: 5/24, 9/22 Follicular carcinoma: 1/24, 0/22 "Complete carcinoma": 0/24, 4/22*	* $P < 0.05$	Uncertainty in classification of one type of thyroid tumour as "complete carcinoma"

Table 3.13 (continued)

PCB congener or mixture	Species, strain (sex) Duration Reference	Dosing regimen, Animals/group at start	For each target organ: incidence (%), and/or multiplicity of tumours	Significance	Comments
Kanechlor 400	Rat, Donryu (F) 6 mo Kimura et al. (1976)	<i>Initiation:</i> MDAB (600 mg/kg diet) for 2 mo, rats aged 11–15 wk <i>Treatment:</i> with Kanechlor 400 at 400 mg/kg diet before, during, or after MDAB Two groups were treated with Kanechlor 400 or MDAB only 25/group; 10 untreated controls	Hepatocellular carcinoma: MDAB alone, 2/15 MDAB followed by Kanechlor 400, 7/11* Kanechlor 400 followed by MDAB, 0/9 MDAB/Kanechlor 400 together, 0/11 Kanechlor 400 alone, 0/12 Untreated controls, 0/7	[* $P < 0.05$] vs MDAB-only group	The authors indicated that the incidence in the group receiving MDAB followed by Kanechlor 400 was significantly different from that in all other groups, using <i>t</i> -test, but the Working Group noted that this test cannot be used for binomial data
Kanechlor 500	Rat, Wistar (M) 40 or 52 wk Nishizumi (1979)	<i>Initiation:</i> NDEA at 50 mg/L in drinking-water for 2 wk <i>Promotion:</i> 1 wk later, 0.1 mL of 10% Kanechlor 500 in olive oil, by gavage, twice per week for 12 wk, then maintained until 40 or 52 wk after start of study 7–8/group per time-point	Hepatocellular tumours (mainly carcinomas): 40 wk: NDEA + olive oil: 0/8 NDEA + Kanechlor 500: 6/7* (3.3 tumours/rat)** 52 wk: NDEA + olive oil: 0/8 NDEA + Kanechlor 500: 8/8* (6.9 tumours/rat)**	*[$P < 0.05$] ** $P < 0.01$	
Unspecified PCB mixture	Rat, F344 (M) 32 wk Hirose et al. (1981)	<i>Initiation:</i> 0.1% EHEN in drinking-water for 2 wk <i>Promotion:</i> 0 or 0.05% unspecified PCB mixture in diet for 32 wk UN 1 wk after starting PCBs 20–21/group	Hepatocellular carcinoma: EHEN only, 7/21 EHEN + PCB, 19/19 Renal cell tumours [benign]: EHEN, 18/21 EHEN + PCB, 12/19	$P < 0.001$ NS	PCB mixture: Kanegafuchi Chemical Co., Osaka, Japan No renal cell carcinomas were observed Statistical analysis, NR

Table 3.13 (continued)

PCB congener or mixture	Species, strain (sex) Duration Reference	Dosing regimen, Animals/group at start	For each target organ: incidence (%), and/or multiplicity of tumours	Significance	Comments
Unspecified PCB mixture	Rat F344 (M) 32 wk Arai et al. (1983)	<i>Initiation:</i> NDMA (0.04% in diet) for 2 wk <i>Promotion:</i> 2 wk later, 500 mg/kg diet PCB mixture (or a basal diet) for 28 wks; UN 1 wk after starting PCBs 20/group	<i>Liver</i> Hyperplastic or neoplastic nodules (combined): NDMA, 5/18 NDMA + UN, 7/20 NDMA + PCBs, 10/11* NDMA + PCBs + UN, 7/7* <i>Hepatocellular carcinoma:</i> NDMA, 0/18 NDMA + UN, 0/20 NDMA + PCBs, 3/11* NDMA + PCBs + UN, 1/7 <i>Kidney</i> Nephroblastoma: NDMA, 17/18 NDMA + UN, 18/20 NDMA + PCBs**, 4/11 NDMA + PCBs + UN**, 3/7	*[P < 0.05] vs control group **[P < 0.05] vs control group (decrease)	PCB mixture: Kanegafuchi Chemical Co., Osaka, Japan Statistical analysis, NR Significant mortality in some groups, especially in the group receiving NDMA + PCBs + UN
<i>PCBs with other modifying agents</i>					
Aroclor 1254	Mouse, C57BL/10ScSn and DBA/2 2, 4, 8, and 12 mo Smith et al. (1990)	Injection with Fe (Fe-dextran, 12 mL/kg; Fe, 600 mg/kg bw, s.c.) or dextran followed 7 days later by Aroclor 1254 at 100 mg/kg diet for 2 mo (5 mice/group), 4 mo (C57 only, 5 mice/group), 8 mo (10 mice/group for C57; 5–7 group for DBA), or 12 mo (C57 only, 15–19/group)	<i>Hepatocellular adenoma:</i> 4 mo: Aroclor 1254, 0/5 Aroclor 1254 + Fe, 1/5 8 mo (C57): Aroclor 1254, 0/10 Aroclor 1254 + Fe, 7/9* 12 mo: Aroclor 1254, 0/16 Aroclor 1254 + Fe, 15/18* <i>Hepatocellular carcinoma:</i> 12 mo only: Aroclor 1254, 1/16 Aroclor 1254 + Fe, 7/18*	*[P < 0.05]	Statistical analysis, NR No effects of iron and Aroclor 1254 in DBA/2 mice

Table 3.13 (continued)

PCB congener or mixture	Species, strain (sex) Duration Reference	Dosing regimen, Animals/group at start	For each target organ: incidence (%), and/or multiplicity of tumours	Significance	Comments
Aroclor 1254	Mouse, C57BL/10ScSn 8 and 12 mo Smith et al. (1995)	Injection with Fe-dextran (Fe, 600 mg/kg bw, s.c.) or dextran, followed 3 days or 1 wk later by Aroclor 1254 at 100 mg/kg diet; for 8 mo (10/group) or 12 mo (15–19/group) Group 1: Aroclor Group : Aroclor + Fe	8 mo: Group 1: 0/10 (hepatocellular tumours); Group 2: 7/9* (hepatocellular adenoma) 12 mo: Group 1: 0/16 (hepatocellular tumours); Group 2: 15/18* (hepatocellular adenoma) and 7/18* (hepatocellular carcinoma)	*[$P < 0.05$]	Statistical analysis, NR
Aroclor 1254	Mouse, C57BL/6J (M), <i>Cyp1a2^{+/-}</i> or ^{+/+} (wildtype) 57 wk Greaves et al. (2005)	Injection with Fe-dextran (Fe, 800 mg/kg bw; route NR) followed by Aroclor 1254 at 100 mg/kg diet for 57 wk Fe + Aroclor 1254, 10/group Fe-only, 5/group Greaves et al. (2005)	Liver adenoma: Fe-only: <i>Cyp1a2^{+/-}</i> : 0/5 <i>Cyp1a2^{-/-}</i> : 0/5 Fe + Aroclor: <i>Cyp1a2^{+/-}</i> : 5/10* <i>Cyp1a2^{-/-}</i> : 0/10	*[NS]	Statistical analysis, NR
Kanechlor 400	Mouse, A/J (M) 24 wk Nakanishi et al. (2001)	Single dose of Kanechlor 400 (2.5 mg/kg bw; i.p.) or DMSO vehicle injected into mice aged 6 wk. Mice were then injected with 1-nitropyrene at 1575 mg/kg bw (total dose of all injections) or DMSO vehicle (i.p., 3×/wk), 17 injections. Mice killed 18 wk after final injection of 1-nitropyrene 8–20/group	<i>Bronchioloalveolar lesions</i> Incidence (average number): DMSO control: 0/8 (0) Kanechlor 400: 2/10 (0.4) 1-Nitropyrene: 16/20 (1.8) Kanechlor 400 + 1-nitropyrene: 13/13 (3.2)* Number: DMSO control: 0 Kanechlor 400: 2 hyperplasias, 2 adenomas; 1-Nitropyrene: 10 hyperplasias, 20 adenomas, 3 adenocarcinomas; 1-Nitropyrene + Kanechlor 400: 15 hyperplasias, 23 adenomas, 8 adenocarcinomas	* $P < 0.01$ compared with 1-nitropyrene group	Statistical analysis, NR for incidence and number of lesions

Table 3.13 (continued)

PCB congener or mixture	Species, strain (sex) Duration Reference	Dosing regimen, Animals/group at start	For each target organ: incidence (%), and/or multiplicity of tumours	Significance	Comments
Kanechlor 400 and Kanechlor 500	Mouse, dd (M) 24 wk Nagasaki et al. (1975)	Dietary administration for 24 wk: α-BHC (250 mg/kg) α-BHC (250 mg/kg) + Kanechlor 500 (250 mg/kg) α-BHC (250 mg/kg) + Kanechlor 400 (250 mg/kg) α-BHC (100 mg/kg) α-BHC (100 mg/kg) + Kanechlor 500 (250 mg/kg) α-BHC (100 mg/kg) + Kanechlor 500 (100 mg/kg) α-BHC (100 mg/kg) + Kanechlor 400 (250 mg/kg) α-BHC (100 mg/kg) + Kanechlor 400 (100 mg/kg) α-BHC (50 mg/kg) α-BHC (50 mg/kg) + Kanechlor 500 (250 mg/kg) α-BHC (50 mg/kg) + Kanechlor 500 (100 mg/kg) α-BHC (50 mg/kg) + Kanechlor 400 (250 mg/kg) α-BHC (50 mg/kg) + Kanechlor 400 (100 mg/kg) Kanechlor 500 (250 mg/kg) Kanechlor 500 (100 mg/kg) Kanechlor 400 (250 mg/kg) Kanechlor 400 (100 mg/kg) 20–38/group	<i>Liver</i> Nodular hyperplasia: 30/38, 16/20, 26/30, 0/20, 8/25, 3/24, 4/29, 0/27, 0/20, 9/30, 0/28, 0/28, 0/27, 0/20, 0/20, 0/20, 0/20 Hepatocellular carcinoma: 10/38, 11/20*, 15/30*, 0/20, 1/25, 0/24, 0/29, 0/27, 0/20, 2/30, 0/28, 0/28, 0/27, 0/20, 0/20, 0/20, 0/20	*[<i>P</i> < 0.05] compared with α-BHC (250 mg/kg) group	The chemical is erroneously reported as benzene hexachloride and is actually hexachlorocyclohexane Statistical analysis, NR

Table 3.13 (continued)

PCB congener or mixture	Species, strain (sex) Duration Reference	Dosing regimen, Animals/group at start	For each target organ: incidence (%), and/or multiplicity of tumours	Significance	Comments
Kanechlor 500	Mouse, dd (M) 24 wk Ito et al. (1973)	BHC, (α , β , or γ isomers) (50, 100 or 250 mg/kg diet) for 24 wk \pm Kanechlor 500 (250 mg/kg diet) for 24 wk 25–30/group	<i>Liver nodular hyperplasia</i> α -BHC: 0/28, 0/26, 23/30 α -BHC + Kanechlor 500: 9/30, 8/25*, 21/26 β -BHC: 0/28, 0/26, 0/26 β -BHC + Kanechlor 500: 0/29, 5/30*, 16/29* <i>Hepatocellular carcinoma</i> α -BHC: 0/28, 0/26, 8/30 α -BHC + Kanechlor 500: 2/30, 1/25, 15/26* β -BHC: 0/28, 0/26, 0/26 β -BHC + Kanechlor 500: 0/29, 1/30, 6/29* γ -BHC (all doses) and γ -BHC (all doses) + Kanechlor 500: no tumours (0/26–30)	*[$P < 0.05$]	The chemical is erroneously reported as benzene hexachloride and is actually hexachlorocyclohexane Statistical analysis, NR
PCB-77	Rat, Sprague-Dawley (F) 10.5 wk Nesaretnam et al. (1998)	Single dose of DMBA at 10 mg by gavage in 0.5 mL corn oil at age 50 days PCB-77 treatment: single dose at 10 mg/kg bw by gavage at the same time as DMBA, then in the diet at 500 mg/kg for one additional wk ($n = 2 \times 20$); or DMBA only ($n = 2 \times 20$) Rats were then fed either a low-fat (5%) ($n = 2 \times 20$) or a high-fat (20%) diet ($n = 2 \times 20$) Total: 4 groups of 20 rats Group 1: DMBA+PCB-77 + low fat Group 2: DMBA+PCB-77 + high fat Group 3: DMBA + low fat Group 4: DMBA + high fat	Mammary gland tumours (mainly mammary ductal carcinoma) no tumours (0/26–30)	Number of palpable tumours: $P < 0.005$ for group 2 vs group 4 and group 1 vs group 3 at 8, 9, and 10 wk Incidence at 10.5 wk: $P < 0.05$ for group 1 (60%) vs group 3 (15%)	It was unclear whether the rats not treated with PCB-77 were given the vehicle instead Data were presented graphically

Table 3.13 (continued)

PCB congener or mixture	Species, strain (sex) Duration Reference	Dosing regimen, Animals/group at start	For each target organ: incidence (%), and/or multiplicity of tumours	Significance	Comments
PCB-126, PeCDF, and TCDD	Rat, Harlan Sprague-Dawley (F) 104 wk NTP (2006c)	PCB-126, TCDD and PeCDF in corn oil : acetone (99 : 1) by gavage 5 days/wk for 104 wk at doses of: 0 ng TEQ/kg bw (controls); 10 ng TEQ/kg bw (3.3 ng/kg TCDD, 6.6 ng/kg PeCDF, 33.3 ng/kg PCB 126); 22 ng TEQ/kg bw (7.3 ng/kg TCDD, 14.5 ng/kg PeCDF, 73.3 ng/kg PCB 126); 46 ng TEQ/kg bw (15.2 ng/kg TCDD, 30.4 ng/kg PeCDF, 153 ng/kg PCB-126); and 100 ng TEQ/kg bw (33 ng/kg TCDD, 66 ng/kg PeCDF, 333 ng/kg PCB 126) 81 rats/group Interim evaluations: up to 10 rats/group were evaluated at 14, 31, and 53 wk	<i>Liver</i> Hepatocellular adenoma: 0/53, 1/53, 1/53, 1/53, 11/51* Cholangiocarcinoma: 0/53, 0/53, 2/53, 7/53*, 9/51** <i>Lung</i> Cystic keratinizing epithelioma: 0/53, 0/53, 0/53, 2/53, 20/53*	*P < 0.001 P < 0.001 (trend) *P = 0.011 **P < 0.001 P < 0.001 (trend) *P < 0.001 P < 0.001 (trend)	<i>Non-neoplastic lesions</i> Liver: hepatocyte hypertrophy, multinucleated hepatocytes, pigmentation, inflammation, diffuse fatty change, bile duct hyperplasia, oval cell hyperplasia, eosinophilic focus, cholangiofibrosis, bile duct cysts, necrosis, portal fibrosis, mixed cell focus, and toxic hepatopathy Lung: squamous metaplasia

DIPN, *N*-nitroso diisopropanolamine; DMBA, 7,12-dimethylbenz[*a*]anthracene; EHEN, *N*-ethyl-*N*-hydroxyethylnitrosamine; i.p., intraperitoneal; MDAB, 3'-methyl-4-dimethylaminoazobenzene; MNNG, *N*-methyl-*N*'-nitrosoguanidine; mo, month; MNU, *N*-methyl-*N*-nitrosourea; NDEA, *N*-nitrosodiethylamine; NDMA, *N*-nitrosodimethylamine; NNK, 4-(*N*-nitrosomethylamino)-1-(3-pyridyl)-1-butanone; NR, not reported; NS, not significant; PCB, polychlorinated biphenyl; PCDF, polychlorinated dibenzofuran; PeCDF, 2,3,4,7,8-pentachlorodibenzofuran; s.c., subcutaneous; TCDD, 2,3,7,8-tetrachlorodibenzo-*para*-dioxin; TPA, 12-*O*-tetradecanoylphorbol-13-acetate; UN, unilateral nephrectomy; wk, week

carcinoma, cholangioadenoma, cholangiocarcinoma, or hepatoblastoma. [The classification of tumours of the lung was not described.] In NDEA-treated DBA/2NCR mice and B6D2F1 mice, Aroclor 1254 did not affect the incidence or multiplicity of tumours of the liver (all or any of the various types) when compared with mice receiving NDEA only. In NDEA-treated C57BL/6 mice, Aroclor 1254 increased the incidences of tumours of the liver (all types combined) and of hepatocellular adenoma. The incidence or multiplicity of tumours of the lung was not affected by treatment with NDEA and Aroclor 1254 in any strain when compared with mice receiving NDEA only.

[Poland *et al.* \(1982\)](#) investigated whether Aroclor 1254 could promote *N*-methyl-*N'*-nitro-*N*-nitrosoguanidine (MNNG)-initiated skin papillomas in female HRS/1 hairless mice. At age 8 weeks, mice were given 5 µmol of MNNG (in 50 µl of acetone) or the vehicle topically. Mice were then given a topical application of 1 mg of Aroclor 1254 (in 50 µl of acetone) per mouse, twice per week, for 20 weeks. There were 20 mice in the groups receiving MNNG plus Aroclor 1254, or Aroclor 1254 only, and 26 in the MNNG only-treated group. Aroclor 1254 did not promote MNNG-initiated tumours, and there was no neoplastic effect of Aroclor 1254 in non-initiated mice. [The statistical test was not reported.]

[Beebe *et al.* \(1993\)](#) investigated whether Aroclor 1254 could promote tumours of the lung and liver initiated by NDMA or 4-(methyl-nitrosamino)-1-(3-pyridyl)-1-butanone (NNK), either neonatally or transplacentally, in male and female Swiss (Cr:NIH) mice. For transplacental studies, pregnant mice were injected intraperitoneally with NNK at a dose of 0 (saline vehicle) or 100 mg/kg bw on days 15, 17, and 19 of gestation, or with NDMA at a dose of 0 (saline vehicle) or 10 mg/kg bw on day 19 of gestation. For the neonatal studies, infant mice were injected with NDMA (5 mg/kg bw), NNK (50 mg/kg bw), or saline vehicle on postnatal day 4. Mice were then

given Aroclor 1254 by gavage (500 mg/kg bw) or olive oil vehicle for 44 weeks starting at age 56 days. There were 27–30 mice in all groups when the mice were killed at age 52 weeks. In females, transplacental exposure to NNK or NDMA plus Aroclor 1254 did not increase the incidence of tumours of the lung or liver compared with controls treated with NNK or NDMA only. In males, Aroclor 1254 increased the incidence of tumours of the lung (but not of the liver) initiated by either NDMA or NNK transplacentally. In females, Aroclor 1254 increased the incidence of tumours of the lung initiated neonatally by NNK, but not by NDMA. In males, Aroclor 1254 increased the incidence of tumours of the lung initiated neonatally by NDMA, but not by NNK. [The classification of tumours of the lung was not provided.]

(ii) *Rat*

[Preston *et al.* \(1981\)](#) investigated whether Aroclor 1254 promotes chemically-induced hepatocarcinogenesis in male Sprague-Dawley rats. Three groups of 40 rats were first given drinking-water containing NDEA at a concentration of 66 µg/mL for 5 weeks as an initiating agent. The rats were then fed an unrefined diet containing Aroclor 1254 at a concentration of 100 mg/kg, or Aroclor 1254 from which PCDFs (present as impurities) had been removed, or control diet. Rats were fed the diets for 18 weeks and then killed. Lesions of the liver were classified as foci of cellular alteration, neoplastic nodules, hepatocellular carcinoma, cholangioma, or cholangiocarcinoma. The administration of either Aroclor 1254, or Aroclor 1254 without PCDFs, significantly increased the incidences of NDEA-initiated hepatocellular carcinoma.

[Vansell *et al.* \(2004\)](#) studied whether Aroclor 1254 could promote tumours of the thyroid initiated by *N*-nitrosodiisopropanolamine (DIPN) in male Sprague-Dawley rats. Rats were first injected subcutaneously with DIPN at 0 (saline) or 2.5 g/kg bw. After a 1-week recovery period,

rats were fed a diet containing Aroclor 1254 at a concentration of 100 mg/kg for 19 weeks and then killed. Tumours were classified as thyroid cystic adenoma, thyroid follicular adenoma, thyroid follicular carcinoma, or “thyroid complete carcinoma.” Aroclor 1254 only significantly increased the incidence of “thyroid complete carcinoma.” [The Working Group noted the uncertainty of the classification of one type of thyroid tumour as “thyroid complete carcinoma.”]

(c) *Kanechlor 400 and Kanechlor 500*

Rat

[Kimura et al. \(1976\)](#) gave female Donryu rats (age, 11–15 weeks) diets containing Kanechlor 400 or 3'-methyl-4-dimethylaminoazobenzene (MDAB) at a concentration of 400 or 600 mg/kg, respectively. Both agents were dissolved in olive oil before being added to the diet. There were five groups of 25 rats each. A first group was treated with Kanechlor 400 for 6 months, no treatment for 2 months, and then MDAB for 2 months; a second group was treated with MDAB for 2 months, no treatment for 2 months, then Kanechlor 400 for 6 months; a third group was treated with Kanechlor 400 for 6 months with MDAB given for the last 2 months, and no treatment for 4 months; a fourth group was treated with MDAB for 2 months and no treatment for 8 months; and a fifth group treated with Kanechlor 400 for 6 months and no treatment for 4 months. Additionally a sixth group of 10 rats was maintained for 10 months with no treatment. In all groups except that given MDAB only, body weight decreased markedly compared with untreated controls. Therefore, treatment with Kanechlor 400 was discontinued for 2 weeks after 3 months of treatment, and again for 4 weeks after the second 1 month of treatment. As for survival, 9, 11, 11, 15, 12 and 7 mice remained in groups 1 to 6, respectively. Only 2 out of 15 mice receiving MDAB only developed hepatocellular carcinoma compared with 7 out of 11

mice receiving MDAB followed by Kanechlor 400 [$P < 0.05$]. [The Working Group noted that the authors calculated the incidence in the group receiving MDAB then Kanechlor 400 compared to all other groups using a *t*-test, but it is not correct to use this test for binomial data.]

In a study to determine whether Kanechlor 500 could promote NDEA-initiated carcinogenesis, groups of 7–8 male Wistar rats were given drinking-water containing NDEA at a concentration of 50 mg/L for 2 weeks ([Nishizumi, 1979](#)). After a 1-week recovery period, the rats were given Kanechlor 500 (0.1 mL of 10% Kanechlor 500 in olive oil) by gavage twice per week for 12 weeks. Rats were then maintained without further treatment until being killed 40 and 52 weeks after the start of the experiment. Data were analysed using the Student *t*-test. The incidence [$P < 0.05$] and tumour multiplicity ($P < 0.01$) of hepatocellular tumours (mainly hepatocellular carcinomas) was significantly higher in rats given NDEA plus Kanechlor 500 than in rats given NDEA only, at both 40 and 52 weeks.

(d) *Unspecified PCBs*

Rat

In a study to examine the effect of an unspecified PCB mixture on hepatic and renal carcinogenesis induced by *N*-ethyl-*N*-hydroxyethylnitrosamine (EHEN), two groups of 20–21 male Fischer 344 rats were given drinking-water containing 0.1% EHEN for 2 weeks, or untreated drinking-water ([Hirose et al., 1981](#)). After an unspecified time, rats were placed on a diet containing 0.05% PCBs [not further specified] for 32 weeks. One week after starting the experimental diet, the right kidney was removed (unilateral nephrectomy). All rats treated with EHEN plus PCBs (19 out of 19; $P < 0.001$) developed hepatocellular carcinoma, compared with one third (7 out of 21) of the rats treated with EHEN only. Treatment with PCBs had no effect on the incidence or number of EHEN-induced

tumours of the kidney (neoplastic nodules or renal cell tumours [all benign tumours]) compared with rats receiving EHEN only. No renal cell carcinoma was observed.

In a study to determine whether an unspecified PCB mixture could promote tumours of the liver and kidney induced by NDMA, four groups of 20 male Fischer 344 rats were fed a diet containing 0.04% NDMA for 2 weeks ([Arai et al., 1983](#)). After a 2-week recovery period, rats were fed a diet containing PCBs [not further specified] at a concentration of 0 (basal diet) or 500 mg/kg for 28 weeks and then killed. In some groups, unilateral nephrectomy was performed at 5 weeks (1 week after starting the PCB containing diet). Tumours of the liver were classified as hyperplastic and neoplastic nodules, and hepatocellular carcinoma. Tumours of the kidney were classified as adenoma, adenocarcinoma, and nephroblastoma. In rats receiving NDMA plus PCBs, the incidences of liver hyperplastic or neoplastic nodules (combined) and of hepatocellular carcinoma (only in non-nephrectomized rats) were higher than in the respective controls. The administration of PCBs, either with or without nephrectomy, decreased the incidence of nephroblastoma. [The Working Group noted that no statistical analysis was reported and that there appeared to be significant mortality in some groups, especially in the group receiving NDMA plus PCBs plus unilateral nephrectomy.]

3.3.2 Studies with other modifying agents

(a) PCB-77

Rat

[Nesaretnam et al. \(1998\)](#) investigated whether dietary fat could influence the effect of PCB-77 on DMBA-induced tumours of the mammary gland in female Sprague-Dawley rats. Groups of 20 female rats were given DMBA (10 mg in 0.5 mL corn oil) by gavage at age 50 days. Two groups were also given a simultaneous dose of PCB-77

at 10 mg/kg bw by gavage, then a diet containing PCB-77 at a concentration of 500 µg/g corn oil for an additional week. Two groups were not exposed to PCB-77. [It was unclear whether these rats were given the vehicle instead of PCB-77.] The four groups (treated and not treated with PCB-77) were then fed either a low-fat (5%) or a high-fat (20%) purified diet. [Fat was substituted for dextrose on a weight basis rather than on a caloric basis.] Rats were palpated weekly for tumours of the mammary gland and were killed 10.5 weeks after administration of DMBA. Tumours at autopsy were mainly classified as mammary ductal carcinoma. The number of palpable tumours of the mammary gland was significantly higher in rats fed a high-fat diet plus PCB-77 than in rats fed a high-fat diet only, at 8, 9, and 10 weeks. Similarly, the incidence of tumours of the mammary gland was higher in rats fed a low-fat diet plus PCB-77 (~60%) than in rats fed a low-fat diet (~15%) only, at 10.5 weeks. [Data were presented graphically.]

(b) Aroclor 1254

Mouse

[Smith et al. \(1990\)](#) investigated whether iron (Fe) and/or Aroclor 1254 could influence liver carcinogenesis in male C57BL/10ScSn and DBA/2 mice. Mice (age 7–10 weeks) were first injected subcutaneously with Imferon, an Fe–dextran complex (12 mL/kg; dose of Fe, 600 mg/kg bw) or an equivalent volume of dextran C solution in water (200 mg/mL). After 7 days, mice were fed a diet mixed with 2% corn oil containing Aroclor 1254 at a concentration of 100 mg/kg for 2 (5 mice/group), 4 (C57 only, 5 mice/group), 8 (C57, 10 mice/group; DBA, 5–7 mice/group), or 12 months (C57 only, 15–19 mice/group) before being killed. Tumours were classified as hepatocellular adenoma or hepatocellular carcinoma. Higher incidences of hepatocellular tumour were observed in C57 mice receiving both Fe and Aroclor 1254 at 8 months (adenomas) and 12

months (adenomas and carcinomas) compared with those receiving Aroclor 1254 only. [No statistical analyses were reported.]

[Smith et al. \(1995\)](#) studied the influence of Fe and/or Aroclor 1254 on liver carcinogenesis in male C57BL/10ScSn mice [age of mice not reported]. Mice were subcutaneously injected a Fe–dextran solution (100 mg/mL Fe, and 100 mg/mL dextran; dose of Fe, 600 mg/kg bw) or the equivalent dextran solution only. After 3 days or 1 week, mice were fed a diet containing Aroclor 1254 (0.01% of diet) and corn oil (2%) for 8 months (10 mice/group) or 12 months (15–19 mice/group). Tumours were classified as nodules [hepatocellular adenoma] or hepatocellular carcinoma. Higher incidences of hepatocellular tumours were observed in mice receiving Aroclor 1254 plus Fe for 8 months (adenomas) and 12 months (adenomas and carcinomas) than in mice receiving Aroclor 1254 only. [No statistical analyses were reported.]

[Greaves et al. \(2005\)](#) studied the effects of deletion of the *Cyp1a2* gene on the induction of tumours of the liver by Aroclor 1254 and Fe in male C57BL/6J mice. *Cyp1a2* knockout ($^{-/-}$) and wildtype ($^{+/+}$) mice were given a Fe–dextran solution (Fe, 800 mg/kg bw) [route not reported], followed by a diet containing Aroclor 1254 at 100 mg/kg for 57 weeks or until death. There were 10 mice in the Aroclor 1254-treated groups and 5 mice in the control groups receiving Fe only. Liver tumours were classified as adenomas. No tumours were observed in *Cyp1a2* ($^{-/-}$) mice or in *Cyp1a2* ($^{+/+}$) wildtype mice not receiving Aroclor 1254. No tumours were seen in the 10 *Cyp1a2* ($^{-/-}$) mice receiving Aroclor 1254, but 5 out of 10 [not significant] of the wildtype mice receiving Aroclor 1254 developed liver adenoma. [No statistical analyses were provided.]

(c) *Kanechlor 400 and Kanechlor 500*

Mouse

[Nakanishi et al. \(2001\)](#) examined the effects of Kanechlor 400 on lung tumorigenesis induced by 1-nitropyrene in male A/J mice. Mice (age, 6 weeks) were given a single intraperitoneal dose of Kanechlor 400 at 0 (corn oil vehicle) or 2.5 mg/kg bw. Mice were then given 1-nitropyrene or the DMSO vehicle, three times per week (17 intraperitoneal injections for a total dose of 1575 mg/kg bw). Mice were killed 18 weeks after the last injection of 1-nitropyrene. Numbers of mice per group were as follows: DMSO controls, 8; Kanechlor 400, 10; 1-nitropyrene, 20; 1-nitropyrene plus Kanechlor 400, 13. Lung lesions were classified as bronchioloalveolar hyperplasia, adenoma, or adenocarcinoma. The incidence of lesions of the lung was increased in both groups of mice receiving 1-nitropyrene. The average number of lesions, but not incidence, was significantly greater in the group receiving Kanechlor 400 plus 1-nitropyrene than in the group receiving 1-nitropyrene only.

[Nagasaki et al. \(1975\)](#) investigated whether co-administration of Kanechlor 400 or Kanechlor 500 and α -benzene hexachloride (α -BHC) [hexachlorocyclohexane] would affect the incidence of nodular hyperplasia of the liver and hepatocellular carcinoma in male dd mice. Mice were given diets containing α -BHC at a concentration of 50, 100, or 250 mg/kg, and/or Kanechlor 400 or Kanechlor 500 (100 or 250 mg/kg), for 24 weeks. Nodular hyperplasia and hepatocellular carcinoma were observed. The incidence of hepatocellular carcinoma was higher [$P < 0.05$] in mice receiving 250 mg/kg α -BHC and the higher dose of Kanechlor 400 or Kanechlor 500, than in mice receiving only α -BHC at 250 mg/kg. No tumours were induced by Kanechlor 400 or Kanechlor 500 only. [Statistical analyses were not reported.]

A study by [Ito et al. \(1973\)](#) examined the effects of co-administration of Kanechlor 500 and one isomer of benzene hexachloride (BHC)

[hexachlorocyclohexane] on the incidence of nodular hyperplasia of the liver and hepatocellular carcinoma. Groups of male dd mice (age, 8 weeks) were given diets containing α -, β -, or γ -BHC (50, 100 or 250 mg/kg) for 24 weeks, with or without Kanechlor 500 (250 mg/kg). In some groups, Kanechlor 500 promoted the incidence of nodular hyperplasia and hepatocellular carcinoma induced by α -BHC and β -BHC. [Statistical analyses were not reported.]

(d) PCB-126, PeCDF, and TCDD

Rat

In a study by the NTP, groups of 81 female Harlan Sprague-Dawley rats were given a mixture of TCDD, PeCDF, and PCB-126 by gavage, 5 days per week, for up to 2 years (NTP, 2006e). Up to 10 rats per group were evaluated after 14, 31, and 53 weeks. Doses were formulated by using the WHO TEF values of 1.0 for TCDD, 0.1 for PCB-126, and 0.5 for PeCDF. Specific target doses were: “10 ng TEQ/kg bw” (TCDD, 3.3 ng/kg; PeCDF, 6.6 ng/kg; PCB-126, 33.3 ng/kg), “22 ng TEQ/kg bw” (TCDD, 7.3 ng/kg; PeCDF, 14.5 ng/kg; PCB-126, 73.3 ng/kg), “46 ng TEQ/kg bw” (TCDD, 15.2 ng/kg; PeCDF, 30.4 ng/kg; PCB-126, 153 ng/kg), and “100 ng TEQ/kg bw” (TCDD, 33 ng/kg; PeCDF, 66 ng/kg; PCB-126, 333 ng/kg). Rats in the control group received the corn oil : acetone vehicle (99 : 1; 2.5 mL/kg bw) only. After 2 years, there were statistically significant increases ($P < 0.001$) in the incidences of cholangiocarcinoma, hepatocellular adenoma, and cystic keratinizing epithelioma of the lung in the group at 100 ng TEQ/kg bw. The incidence of cholangiocarcinoma was also significantly increased ($P = 0.011$) in the group at 46 ng TEQ/kg. In addition, there was a significant trend in the incidence of these three types of neoplasm with increasing dose.

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4. MECHANISTIC AND OTHER RELEVANT DATA

4.1 Absorption, distribution, metabolism, and excretion

In this Section, the most recent Ballschmiter & Zell (BZ) nomenclature was used throughout (see [Mills *et al.*, 2007](#)). For the full corresponding IUPAC nomenclature, the reader is referred to Section 1.1, Tables 1.1–1.3. For the methyl sulfonyl metabolites, and wherever the nomenclature reported is unclear, the name of the metabolite is given as reported in the article, followed by, where appropriate, the abbreviation as well as the structural name ([Maervoet *et al.*, 2004](#); [Grimm *et al.*, 2015](#)).

4.1.1 Absorption

(a) Oral exposure

(i) Humans

The absorption of polychlorinated biphenyls (PCBs) was studied in four breastfed infants in Sweden by [Dahl *et al.* \(1995\)](#). Absorption was measured by comparing the estimated total intake and the excretion in faeces for 48 hours, at 1, 2, and 3 months postpartum. The concentrations of 56 congeners in maternal milk were determined. For tetrachlorosubstituted to octachlorosubstituted congeners, absorption was found to be close to 100%, while absorption of trichlorinated congeners was 60–98%, probably due to the low levels at which they were present

and ensuing analytical difficulties in detection. [Another possible explanation could be metabolism of the trichlorinated congener.]

The gastrointestinal absorption of 10 congeners from food was investigated using a mass balance approach in seven individuals aged 24–81 years with different contaminant body burdens ([Schlummer *et al.*, 1998](#)). The difference between ingested and excreted amounts of the chlorinated compounds was defined as net absorption. Nearly complete net absorption was observed for PCB-28, PCB-52, PCB-77, PCB-101, and PCB-126. Absorption of PCB-105, PCB-138, PCB-153, and PCB-180 was > 60% in most volunteers, but limited absorption was observed in the three older subjects. In all cases, absorption of PCB-202 was < 52%.

(ii) Experimental systems

Several reports have been published on the dietary absorption of PCBs, mostly individual congeners. Gastrointestinal absorption of congeners with between one and six chlorine atoms has been investigated by monitoring faecal excretion in rats fed individual congeners at doses ranging from 5 to 100 mg/kg bw. Absorption of the administered dose was > 90% for all 20 congeners tested ([Albro & Fishbein, 1972](#)). Metabolic studies in rodents given oral doses of various radiolabelled PCBs with three to six chlorine atoms (i.e. PCB-31, PCB-47, PCB-85, PCB-101, and PCB-153) indicated that gastrointestinal

absorption was highest for the trichlorobiphenyl congener (about 94% of the administered dose), and lowest for the hexachlorobiphenyl PCB-153 (28%) ([Bergman et al., 1982](#)). In a study by [Tanabe et al. \(1981\)](#), absorption efficiency was 95% for dichlorobiphenyls, but only 75% for octachlorobiphenyls. These data suggested that, in rats, absorption of PCBs decreases as the number of chlorine atoms increases.

(b) *Inhalation*

(i) *Humans*

There is indirect evidence for absorption of PCBs via inhalation in humans; several congeners have been detected in body fluids of people exposed in occupational settings or frequenting contaminated buildings, such as schools, where air concentrations of PCBs have also been measured ([Wolff, 1985](#); [Wolff et al., 1992](#); [Schwenk et al., 2002](#); [Liebl et al., 2004](#)).

(ii) *Experimental systems*

[Hu et al. \(2010\)](#) used a nose-only exposure system to assess the time course of PCB vapour uptake from commercial products in animals. Rats (average weight, 188 g) were exposed to vapours of Aroclor 1242 (PCB concentration, 2.4 mg/m³; total amount, 40 µg) for a total of 2 hours, with a 1-hour break, and killed at 0, 1, 3, 6, and 12 hours after exposure. Congeners detected in tissues included mostly PCBs with mono- or di-*ortho*-substitution, ranging from mono- to pentachlorobiphenyls, with the majority being tri- and tetrachlorobiphenyls. PCB-20 + PCB-28 co-elution was most abundant in every tissue. When compared with the air mixture, most of the material retained in the tissues had shifted from mono- and dichlorinated PCBs to tri- and tetra- or even more highly chlorinated biphenyls. The amount of PCBs measured in the five tissues collected (liver, lung, blood, adipose tissue, and brain) was 5 µg per rat. The measured body burden (i.e. the sum of PCBs loaded at the end of exposure) was 33 µg per rat, suggesting pulmonary

absorption of close to 100%. [Casey et al. \(1999\)](#) found that uptake of PCBs was greater by inhalation than by ingestion in a comparison of rats exposed to Aroclor 1254 for 30 days via inhalation (0.9 µg/m³) or in the diet (0.436 µg/g).

(c) *Dermal exposure*

(i) *Humans*

Studies on exposure of capacitor workers to PCBs suggested that these compounds are well absorbed by skin contact ([Wolff, 1985](#)). Skin samples collected from human cadavers and exposed in vitro to [¹⁴C]-labelled Aroclor 1254 and Aroclor 1242 retained 43–44% of the administered dose over a 24-hour period when the mixtures were formulated in water ([Wester et al., 1990, 1993](#)). A lower retention was observed when PCBs were formulated in mineral oil or adsorbed on contaminated soil.

(ii) *Experimental systems*

In rhesus monkeys, percutaneous absorption in vivo of [¹⁴C]-labelled Aroclor 1242 and Aroclor 1254 formulated in mineral oil was 20.4 ± 8.5% and 20.8 ± 8.3% of the administered dose, respectively, as determined by urinary and faecal excretion of radiolabel for 30 days after topical application ([Wester et al., 1990](#)).

In rats given selected mono-, di-, tetra- and hexachlorobiphenyls as a single dermal dose (0.4 mg/kg bw), dermal penetration varied inversely with the degree of chlorination ([Garner & Matthews \(1998\)](#)). At 48 hours, dermal penetration ranged from about 100% for the monochlorobiphenyl to about 30% for the hexachlorobiphenyl.

In rats given a topical dose of [¹⁴C]-labelled PCB-77 or PCB-153, absorption at 24 hours after dosing ranged from 5% to 8% for both compounds ([Hughes et al., 1992](#)). Skin retention was 3–31% for PCB-77 and 3–12% for PCB-153. Dermal absorption was similar for all application forms (solid, aqueous paste, aqueous suspension, dissolved in ethanol). For PCB-153, absorption

was significantly higher when PCB-153 was applied as a solid compared with in ethanol.

Male F344 rats were given single doses (0.4 mg/kg bw) of [¹⁴C]-labelled mono-, di-, tetra- and hexachlorobiphenyls applied to 1 cm² areas of the dorsal skin ([Garner et al., 2006](#)). The more highly chlorinated PCBs were slowly absorbed and accumulated in the adipose tissue and skin. Excretion of absorbed radiolabel varied with chlorine content, ranging from 27% to about 100% at 2 weeks after dosing ([Garner et al., 2006](#)).

4.1.2 Distribution

The distribution of PCBs is dependent on the structure and the physicochemical characteristics of the individual congeners, and also on dose.

(a) Humans

No studies of quantitative distribution in humans after controlled exposure to PCBs were available to the Working Group. However, some information existed regarding the concentration of PCBs in human tissues and biological fluids after occupational or dietary exposure. PCBs distribute preferentially to adipose tissue and concentrate in human breast milk due to its high fat content. The pattern of congeners observed in tissues does not correspond with the profiles of commercial PCB mixtures.

The most commonly detected PCBs in plasma and in adipose tissue of occupationally exposed individuals are the hexa- and heptachlorobiphenyls. PCB congeners with chlorine atoms in the 4 and 4' positions were generally found at relatively high concentrations, while PCBs with nonsubstituted 3,4-positions on at least one ring were present at lower concentrations ([ATSDR, 2000](#)).

In Greenlanders exposed through high consumption of fat from sea mammals, the most abundant PCB congeners found in adipose tissue, plasma, and liver were PCB-138, PCB-153, and PCB-180 ([Dewailly et al., 1999](#)).

Some studies focused on transplacental transfer of PCBs, as determined by measurement of PCB concentrations and congener profiles in maternal blood, placenta and cord blood. [Tsukimori et al. \(2013\)](#) investigated concentrations of four non-ortho PCBs (PCB-77, PCB-81, PCB-126, PCB-169) in maternal blood, placenta, and cord blood in 19 pregnant women from Fukuoka City, Japan. Mean concentrations were 3.95, 0.87, and 1.08 pg toxic equivalency (TEQ)/g lipid in maternal blood, placenta, and cord blood, respectively. Among specific congeners, PCB-126 showed the highest ratio for cord blood to maternal blood (0.3). PCBs are able to cross the placental barrier in humans, with PCB concentration in cord blood being 25–50% of that in maternal blood.

A study of 360 second-grade schoolchildren (a subgroup of the cohort in Hesse, Germany) in 1995 ([Karmaus et al., 2001a, b](#)) found a significant dose-dependent relationship between the duration of breastfeeding (0, 1–4 weeks, 5–8 weeks, 9–12 weeks, > 12 weeks) and blood concentrations of all organochlorine compounds, including PCBs. Breastfeeding for more than 12 weeks was associated with a doubling of concentrations of organochlorine compounds in the children's blood.

[Scheele et al. \(1992\)](#) measured the concentrations of PCB-138, PCB-153, and PCB-180 in 38 children with leukaemia and 15 children in a control group. The PCB concentrations in bone marrow were higher by two- to threefold than those in fat tissue; however, there was no significant difference between PCB concentrations in bone marrow of children with leukaemia and of children in the control group.

PCB-28, PCB-52, PCB-101, PCB-138, PCB-153, and PCB-180 were analysed in six post-mortem samples of human lung ([Rallis et al., 2012](#)). The limit of quantification (LOQ) varied from 1.7–4.5 ng/g tissue. PCB-153 (detected in two cases), PCB-138 and PCB-180 (detected in three cases) were found at highest concentrations, ranging from < LOQ to 6.3 ng/g.

In 107 post-mortem samples of human brain (Mitchell *et al.*, 2012), eight congeners (PCB-28, PCB-95, PCB-105, PCB-118, PCB-138, PCB-153, PCB-170, and PCB-180) were analysed. PCB-138, PCB-153, and PCB-180 were most frequently detected, at average concentrations of 5.5–8 ng/g lipid. PCB-95 was mainly detected in samples from individuals with neurodevelopmental disorders with a known genetic basis, compared with neurologically typical controls.

In addition to the parent PCBs, hydroxylated metabolites have been detected in human serum and adipose tissue (Fernandez *et al.*, 2008). The concentrations of hydroxylated PCBs (OH-PCBs; 14 congeners), methylsulfonyl PCBs (MeSO₂-PCBs; 24 congeners), and parent PCBs (17 congeners) in five paired samples of human liver and adipose tissue were reported by Guvenius *et al.* (2002). The sum of OH-PCB congeners was higher in liver (7–175 ng/g lipid) than in adipose tissue (0.3–9 ng/g lipid), with 3'-OH-PCB-138 and 4'-OH-PCB-130 as the predominant OH-PCB metabolites. The sum of MeSO₂-PCBs was of the same order of magnitude as OH-PCB congeners in the same samples: 12–358 ng/g lipid and 2–9 ng/g lipid in liver and adipose tissue, respectively. The concentrations of parent PCBs were similar in liver and adipose tissue, at 459–2085 ng/g lipid and 561–2343 ng/g lipid, respectively.

Concentrations and congener profiles of PCBs and OH-PCBs in placenta samples from a population in Madrid, Spain, were reported by Gómara *et al.* (2012). The sum of PCB concentrations in placenta samples ranged from 943–4331 pg/g fresh weight, and their hydroxylated metabolites showed a 20-times lower concentration (53–261 pg/g fresh weight). PCB-52 and PCB-101 accounted for more than 44% of the total amount of PCBs. The OH-PCB profiles were dominated by 4-OH-PCB-187 and 4-OH-PCB-146, representing > 50% of the sum concentration of OH-PCBs in the placenta samples.

The concentration of OH-PCBs may comprise 10–20% of total PCBs in human serum, and as many as 38 different OH-PCBs were structurally identified in human plasma, pooled from 10 randomly selected male donors. Only a few of these make up the major proportion of the OH-PCBs present in human blood (Hovander *et al.*, 2002).

MeSO₂ metabolites of PCBs were investigated in serum samples from pregnant women from Slovakia and in a selected number of paired samples of cord blood (Linderholm *et al.*, 2007). The major methylsulfone in most samples was a non-identified MeSO₂-hexachlorinated biphenyl, followed by 4'-MeSO₂-PCB-101, 4'-MeSO₂-PCB-87, and 4-MeSO₂-PCB-149. The concentrations of MeSO₂-PCBs in maternal serum were about 1.5 times higher than in the corresponding cord serum on a lipid-weight basis. In samples of human adipose tissue, 4-MeSO₂-PCB-49 [4-MeSO₂-2,2',4',5'-tetraCB; 4'-MeSO₂-PCB-49], 4-MeSO₂-PCB-101 [4'-MeSO₂-PCB-101; 4-MeSO₂-2,2',4',5,5'-pentaCB], and 3-MeSO₂-PCB-110 [5-MeSO₂-PCB-110; 3-MeSO₂-2,3',4',5,6-pentaCB] were the predominant MeSO₂ metabolites (Karásek *et al.*, 2007).

(b) Experimental systems

(i) PCB mixtures

Adult rhesus monkeys were given Aroclor 1248 as a single dose at 1.5 or 3.0 g per kg bw by gastric intubation, and killed after 4 days (Allen *et al.*, 1974). At the lowest dose tested, average concentrations found in liver, kidney, and brain were 25, 12, and 17 µg/g tissue, respectively. In another study, two groups of eight adult rhesus monkeys were exposed to diets containing Aroclor 1248 at 2.5 ppm (Allen & Barsotti, 1976). After 6 months of exposure, the monkeys were successfully bred. After 2 months, milk samples after birth were obtained from four lactating mothers exposed at 2.5 ppm. Concentrations of PCBs ranged from 0.154 to 0.397 µg per g milk in

three samples of milk fat, and reached 16.44 µg per g in milk fat in the fourth sample.

PCBs were analysed in blood, adipose tissue, liver, kidney and brain from female rhesus monkeys fed Aroclor 1254 at a daily dose of 0, 5, 20, 40, or 80 µg/kg bw for approximately 6 years (16 animals per group) (Mes *et al.*, 1995a). Offspring were nursed for 22 weeks and fed no additional PCBs until necropsy at approximately 120 weeks after birth. PCB concentrations in all tissues of the adult monkeys (mothers and offspring) increased with increasing dose. Mes *et al.* (1994) reported that for groups exposed to higher doses (≥ 40 µg/kg bw), tissues of infants from dosed dams contained higher concentrations of PCBs than tissues of infants from control dams. The PCB distribution pattern in tissues from a dosed mother/infant pair differed considerably. A larger percentage of heptachlorobiphenyls was found in the infants than in their dams.

In rats given a single dose of Aroclor 1254 at 500 mg/kg bw by gavage, the highest PCB concentrations were found in adipose tissue (996 µg/g wet weight), liver (116 µg/g wet weight), and brain (40 µg/g wet weight), indicating that PCBs are able to cross the blood-brain barrier (Grant *et al.*, 1971). The relative amounts of PCBs in the brain, liver, spleen, blood, testes, heart, kidney, and adipose tissue of rats killed 3 weeks after treatment were 10%, 16%, 20%, 21%, 22%, 24%, 36%, and 67%, respectively, of those found in animals killed after 2 days. In a subsequent long-term study, Grant *et al.* (1974) fed rats with Aroclor 1254 at a dietary concentration of 0, 2, 20, or 100 mg/kg feed and found highest concentrations of PCBs after 246 days in adipose tissue, with concentrations reaching 26.1 ± 2.9 µg/g wet tissue at the lowest contamination tested (2 mg/kg feed). Levels of PCBs in all tissues analysed were dose-related, and generally, the tissue concentrations did not increase significantly after 64 days of exposure. The residues present in the adipose tissue, liver, and brain had decreased by

64%, 75%, and 10% respectively, 182 days after removal of Aroclor 1254 at 2 mg/kg from the diet. Part of the decrease observed in the adipose tissue and the liver resulted from a dilution effect due to weight increase in these tissues.

The analysis of individual congeners in tissues of rats fed diets containing Aroclor 1254 for 84 days demonstrated a limited accumulation of PCB congeners with a low level of chlorine substitution (tri- and tetrachlorobiphenyls) (Nims *et al.*, 1994). In these rats, time- and dose-dependent increases in the relative concentrations of PCB-138 and PCB-153 were detected in the liver and adipose tissue. Increases in PCB-99 concentrations in hepatic and adipose tissues, and in PCB-156 in adipose tissue, were also observed.

Aroclor 1254 was given to pregnant rats once daily on days 7–15 of gestation (Curley *et al.*, 1973). The concentrations of PCBs found in fetuses were higher by twofold in the group at 50 mg/kg bw compared with the group at 10 mg/kg bw. The mean concentrations of PCB-derived components found in brain, liver, and kidney in weanlings aged 21 days (27 days after the last dose was given to the mother in the group at 10 mg/kg bw) were approximately 2, 4, and 2 µg/g wet tissue, respectively. Concentrations in milk sampled from the same group were between 16 and 25 µg/g.

Samples of brain, adipose tissue, and liver from rat pups and dams exposed to Aroclor 1254 were analysed by Shain *et al.* (1986). In adipose tissue, most congeners were detected at concentrations close to the feed concentration, but the following congeners accumulated to tissue concentrations 10-fold those in the feed: PCB-176, PCB-146, PCB-138 + PCB-168 + PCB 178 (co-eluted), and PCB-177. In the liver and the brain, the congeners present at the highest concentrations were PCB-85 and PCB-179 + PCB-188 (co-eluted). Bioaccumulation of congeners in the milk closely resembled that observed in fat samples from the dams. The chromatographic pattern

of bioaccumulated congeners in pup liver was different from that observed in the dams. The congener found at the highest concentration in samples of newborn rat brain was PCB-85. [Shain et al. \(1986\)](#) estimated that the transfer of PCBs through the mammary gland and milk in rats may be 100 times higher than the transfer across the placenta, resulting in a higher accumulation during lactation than during pregnancy.

[Kodavanti et al. \(1998\)](#) investigated the congener-specific distribution of PCBs in blood, brain, liver, and adipose tissue of adult rats given repeated doses of Aroclor 1254 (30 mg/kg bw per day; once per day, 5 days per week for 4 weeks). Total PCB congeners in control rat brain were < 0.02 µg/g tissue. Mean concentrations of total PCBs in treated rats in the frontal cortex, cerebellum, and striatum were 15.1, 13.1, and 8.2 µg/g tissue, respectively; those in the blood, liver, and adipose tissue were 1.6, 38.3, and 552 µg/g tissue, respectively. In addition to differential total uptake between tissues, there was differential accumulation of PCBs with respect to number of chlorine substituents. In all tissues, heavily (hexa- to nona-) chlorinated congeners were present in higher proportions than in the parent mixture, Aroclor 1254, while less highly (tetra- and penta-) chlorinated congeners were present to a lesser degree than their respective proportions in Aroclor 1254. This shift towards accumulation of heavily chlorinated congeners appeared to be more pronounced in the brain than in liver and fat.

In rats exposed via inhalation to vapour-phase PCBs generated from Aroclor 1242 for 10 days, much higher amounts of PCBs ($\times 400$) were found in liver and lung than in blood ([Hu et al., 2010](#)). PCB-20 + PCB-28 (co-eluted), PCB-49 + PCB-69 (co-eluted), PCB-52, PCB-60, PCB-61 + PCB-70 + PCB-74 + PCB-76 (co-eluted), PCB-66, PCB-83 + PCB-99 + PCB-112 (co-eluted), PCB-85 + PCB-116 + PCB-117 (co-eluted), PCB-90 + PCB-101 + PCB-113 (co-eluted), PCB-105, and PCB-118 were the major congeners in these tissues.

The presence of MeSO₂-PCB atropisomers was determined in liver, lung, and adipose tissues of rats orally exposed to Clophen A50. In all tissues analysed, especially lung, *para*-MeSO₂ PCBs were more abundant than *meta*-derivatives. An excess of the atropism 2(A₂) of 4-MeSO₂-PCB-149 – (*R*)-3-MeSO₂-PCB-149 – in lung extracts was observed ([Larsson et al., 2002](#)). The enantiomeric enrichment of PCB atropisomers was reported in selected tissues from rats exposed to Aroclor 1254 ([Kania-Korwel et al., 2006](#)). Both PCB-95 and PCB-149 were enantiomerically enriched to a significant extent in adipose tissue, liver, and skin.

A few studies on complex mixtures such as Aroclor 1254 mention substantial retention of certain congeners in lung of treated mice ([Anderson et al., 1993](#)).

In mice exposed to contaminated soil (retrieved from a Superfund site before remediation) through their bedding for 4 weeks, total PCB residues in skin and fat declined about 80% during the 4-week recovery period. PCB residues were detected in the ear skin (total PCBs, 208 mg/kg of tissue), trunk skin (total PCBs, 129 mg/kg of tissue), and in body fat (total PCBs, 370 mg/kg), confirming these tissues as important PCB reservoirs ([Imsilp & Hansen, 2005](#)).

(ii) Individual congeners

Several experiments carried out in mammals, including non-human primates, confirm the data obtained with complex mixtures. The congeners investigated were unlabelled or labelled PCB-3, PCB-5, PCB-15, PCB-30, PCB-31, PCB-47, PCB-65, PCB-77, PCB-101, PCB-116, PCB-118, PCB-126, PCB-153, and PCB-196 ([Goto et al., 1974a, b](#); [Matthews & Anderson, 1975a, b](#); [Abdel-Hamid et al., 1981](#); [Beran et al., 1983](#); [Shimada & Sawabe, 1984](#); [Koga et al., 1990](#); [van Birgelen et al., 1996](#); [Pereg et al., 2001](#); [NTP, 2006a, b, 2010](#)). In some cases, mixtures of individual congeners were used ([Öberg et al., 2002](#); [NTP, 2006c, d](#)). Taken together, the data indicated that an oral

dose of PCBs results in an initially high concentration in liver and serum, followed by a decrease in concentrations in the liver, and a concomitant increase in adipose tissue and lipid-rich tissues. This redistribution generally occurred during the first week after dosing, and the differences between the congeners were mainly dependent on the number of chlorine atoms (ATSDR, 2000). In rodents, the hepatic retention/accumulation of non-*ortho*-substituted PCBs such as PCB-126 may occur to a higher extent than in adipose tissue, including after long-term exposure (NTP, 2006a). This was not the case for congeners with chlorine atoms in *ortho* positions, such as PCB-153 (van Birgelen *et al.*, 1996; NTP, 2006a, b).

4.1.3 Metabolism

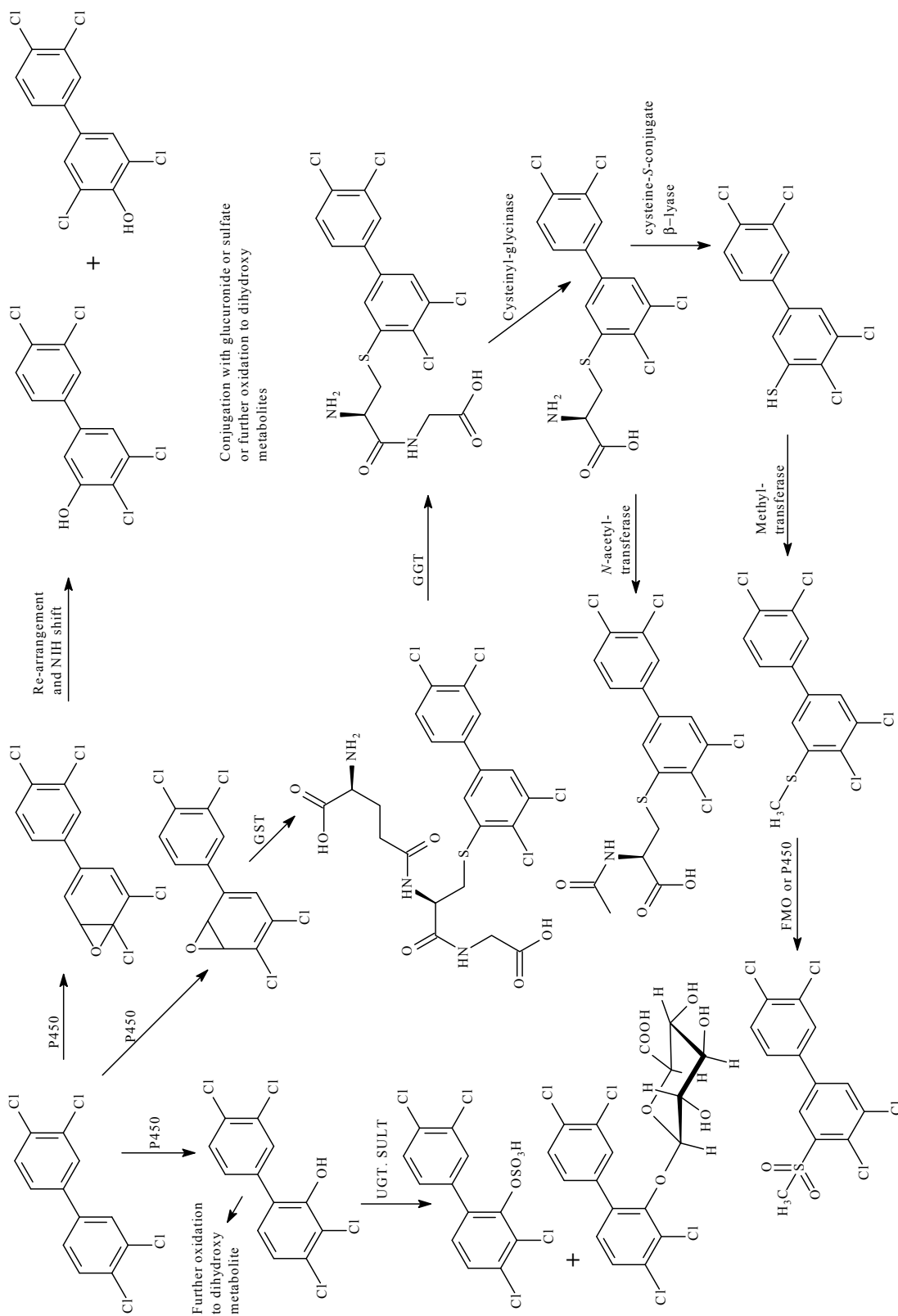
There is evidence that most known PCBs are subject to biotransformation (metabolism) in humans and other animals through enzymatic processes (Safe, 1993). Biotransformation is important for the eventual elimination of PCBs from the body, as most (but not all) of the metabolites are more water-soluble than the parent compound. As well as serving as substrates for biotransformation enzymes, some PCBs and PCB metabolites can interact with several drug-metabolizing enzymes as inducers or inhibitors, as discussed further below.

The first step in metabolism targets the biphenyl ring carbons, and is catalysed by cytochrome P450 (CYP) monooxygenase enzymes. Subsequent metabolism involves one or more of several other possible enzymatic pathways (James, 2001). Some of the major pathways of PCB metabolism are illustrated in Fig. 4.1, with PCB-77 as an example. Fig 4.2 shows structures of representative PCB metabolites. The rate and extent of biotransformation of a particular PCB congener depend upon its chlorination pattern, the number of chlorine substituents, the species, age, and sometimes sex of the animal, and in some cases whether or not the exposure is continuous or a single exposure. The number

of chlorine substituents and substitution pattern determine how well a particular PCB congener binds to and can be metabolized by the biotransformation enzyme (Matthews & Dedrick, 1984). In general, congeners with more than four chlorine substituents are more slowly metabolized than those with four or fewer chlorines, and congeners with unsubstituted 3,4-positions in one or both rings are more readily metabolized than those without such substitution patterns (Hansen, 2001). Biotransformation enzymes with similar functions often differ between animal species in properties of substrate recognition and binding, which contributes to species differences in metabolism. Very young animals often have lower levels of several biotransformation enzymes than adults, resulting in age-related differences in metabolism (Hines, 2008). In rodents, sex affects the expression of several important biotransformation enzymes, particularly CYP, which can lead to sex-specific differences in PCB metabolism. The reason that continuous exposure to certain PCB congeners can affect rate and extent of metabolism is that such exposure can result in upregulation of expression of enzymes that biotransform PCBs, through receptor-mediated processes. PCBs that bind the aryl hydrocarbon receptor (AhR) (see Section 4.3.1) are known to induce CYP isoforms in the 1 family (CYP1A1, CYP1A2 and CYP1B1) as well as epoxide hydrolase, some isoforms of uridine diphosphate-glucuronosyltransferase (UGT) and glutathione S-transferase (GST) (Parkinson *et al.*, 1980; 1983). PCBs that bind the nuclear receptors, the pregnane-X receptor (PXR) and the constitutive androstane receptor (CAR) have been shown to induce CYP3A4 and CYP2B isoforms (Petersen *et al.*, 2007; Al-Salman & Plant, 2012).

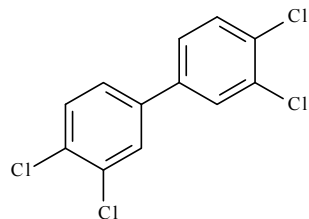
In the context of carcinogenesis, biotransformation to electrophilic metabolites that are more chemically reactive than the parent PCB is likely to be an important component. Being more biotransformed, the metabolized congeners are more likely to undergo bioactivation.

Fig. 4.1 Metabolic pathways for polychlorinated biphenyls, showing PCB-77 (3,3',4,4'-tetrachlorobiphenyl) as an example

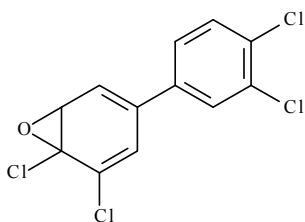


P450, cytochrome P450; UGT, UDP-glucuronosyltransferase; SULT, 3'-phosphoadenosine-5'-phosphosulfate-sulfotransferase; GST, glutathione-S-transferase; GGT, gamma-glutamyl transpeptidase; FMO, flavin monooxygenase
 The NIH shift causes non-enzymatic migration of chlorine atoms to an adjacent carbon.
 Compiled by the Working Group

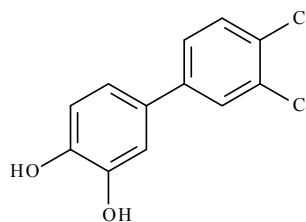
Fig. 4.2 Representative metabolites derived from PCB-77 (3,3',4,4'-tetrachlorobiphenyl)



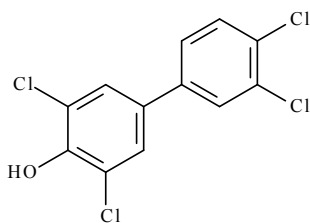
3,3',4,4'-tetrachlorobiphenyl (parent)



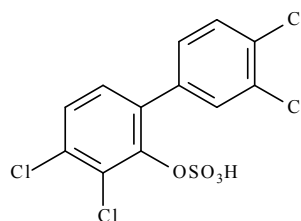
4,5-arene oxide of 3,3',4,4'-tetrachlorobiphenyl



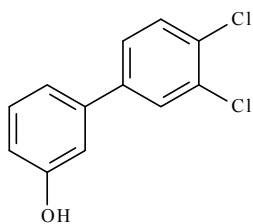
3',4'-dihydroxy-3,4-dichlorobiphenyl
(catechol metabolite)



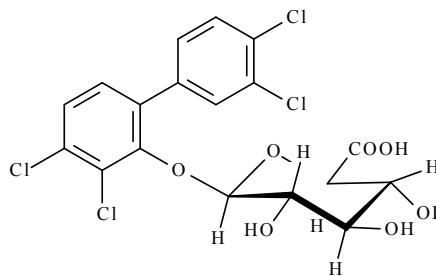
4'-hydroxy-,3,3',4,5'-tetrachlorobiphenyl



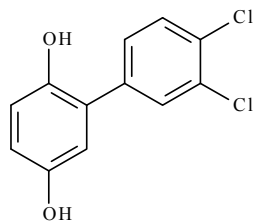
2'-hydroxy-3,3',4,4'-tetrachlorobiphenyl-2'-sulfate



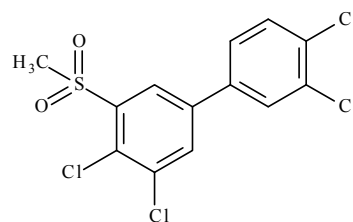
3'-hydroxy-3,4-dichlorobiphenyl



2'-hydroxy-3,3',4,4'-tetrachlorobiphenyl-2'-glucuronide



2',5'-dihydroxy-3,4-dichlorobiphenyl
(semiquinone metabolite)



5-methyl-sulfonyl-3,3',4,4'-tetrachlorobiphenyl
(methyl sulfone metabolite)

The following sections describe the different enzymatic pathways known to be involved in PCB metabolism.

(a) CYP

The first step in biotransformation of PCBs is introduction of oxygen, catalysed by one or more members of the CYP superfamily of monooxygenase enzymes (Guengerich, 2008). Two mechanisms are known, H• radical abstraction and recombination of the short-lived chlorobiphenyl radical with an OH• radical from the active site of CYP to give a hydroxylated (phenolic) metabolite, and formation of an arene oxide by addition of oxygen across an aromatic bond in the biphenyl ring. The arene oxide is an electrophilic metabolite that can rearrange non-enzymatically to form a phenolic metabolite. If one of the carbons that forms part of the arene oxide is substituted with chlorine then, during the non-enzymatic rearrangement, that chlorine can migrate to the adjacent non-chlorine-substituted carbon, while the phenolic hydroxy group attaches to the carbon previously substituted with chlorine, a mechanism known as the NIH shift (shown in Fig. 4.1). Alternatively, the arene oxide may undergo further metabolism by epoxide hydrolase or GST, or may bind with a nucleophilic site on DNA, such as the N7 of guanine, to form an adduct.

As noted above, the chlorine substitution pattern, number of chlorine substituents and presence or absence of unsubstituted 3,4-positions are important factors in determining how readily a particular congener is metabolized by CYP. There are more than 50 isoforms of CYP in humans, and a similar number in experimental animals (Guengerich, 2008). Studies to date have shown that several human isoforms can biotransform one or more PCB congeners; these include CYP1A1, CYP1A2, CYP2A6, CYP2B6, CYP2C8, CYP2C9, CYP2C19, and CYP3A4 (Ariyoshi *et al.*, 1995; McGraw & Waller 2006, 2009; Warner *et al.*, 2009; Yamazaki *et al.*, 2011). Related

isoforms usually metabolize the same congeners in rat (Morse *et al.*, 1995; Warner *et al.*, 2009; Wu *et al.*, 2011), mouse (Curran *et al.*, 2011), and other species such as fish (Schleizinger *et al.*, 2000). Studies have suggested that congeners with one or no *ortho*-chlorine substituent are more likely to be metabolized by CYP1 family isoforms. Although it has not been explicitly demonstrated, CYP1B1 metabolizes many of the same substrates as CYP1A1 and CYP1A2 (Shimada *et al.*, 1997) and may also metabolize congeners with one or no *ortho* chlorine. However, CYP1B1 protein is not constitutively expressed in liver, the major drug-metabolizing tissue, and is generally very low in normal tissues (Murray *et al.*, 2001). Congeners with two or more *ortho*-chlorine substituents are usually metabolized by CYP2A, CYP2B, CYP2C and CYP3A subfamily isoforms. It is not well understood which isoforms are involved in monooxygenation of each known PCB congener. This is partly because of difficulties in studying monooxygenation of some of the congeners in vitro with hepatic microsomes or expressed recombinant individual CYP isoforms. The less chlorinated congeners, which tend to be readily metabolized by CYP, are easily studied in vitro; however, until recently they attracted much less attention than the more highly chlorinated congeners (Espandiani *et al.*, 2004). The difficulty in studying highly chlorinated congeners is that they are very slowly metabolized, and conditions for incubation in vitro are difficult to set up to produce sufficient hydroxylated metabolite for analysis. With increasingly sensitive analytical techniques, this problem can be overcome (Yamazaki *et al.*, 2011). While some early publications claimed that certain congeners did not produce metabolites in particular species (Murk *et al.*, 1994), these congeners were later shown through studies in vivo to produce hydroxylated metabolites (Buckman *et al.*, 2007).

An important determinant of the activity of CYP is whether or not the isoform that metabolizes a particular congener is subject to induction, either through exposure to PCBs or through

exposure to other agents known to induce that form of CYP. For example, many congeners with no or one *ortho* chlorine are metabolized by CYP1A1 or CYP1A2 (Curran *et al.*, 2011), and these congeners, like dioxin, polycyclic aromatic hydrocarbons and some components of tobacco smoke, induce CYP1A1 and CYP1A2 by binding to and activating AhR (Parkinson *et al.*, 1983; Safe, 1993). CYP1B1 is also induced by compounds that bind and activate AhR (Murray *et al.*, 2001). A study in which wildtype and knockout mouse strains were exposed in utero and by lactation to a complex mixture of PCBs showed that mice with poor-affinity AhR and lacking CYP1A2 (*Cyp1a2*^{-/-} knockout) had higher concentrations of congeners with no or one *ortho* chlorine in tissues than mice with high-affinity AhR and CYP1A2 (*Cyp1a2*^{+/+} wildtype), consistent with low metabolism of these PCB congeners in the knockout mice (Curran *et al.*, 2011). PCBs with two or more *ortho* chlorines and at least one *para* chlorine interact with rat and human CAR and induce CYP2B family isoforms, including CYP2B1 and CYP2B6 in a similar manner to the classic inducer, phenobarbital (Parkinson *et al.*, 1980; Al-Salman & Plant, 2012). Some PCBs with two or more *ortho* chlorines have been shown to bind to the human and rat PXR and to human CAR, resulting in upregulation of CYP3A4 (Waller *et al.*, 1996; Petersen *et al.*, 2007; Al-Salman & Plant 2012). CYP3A4 converts PCB-101 and PCB-118 to hydroxylated metabolites (McGraw & Waller, 2009). Activation of CAR also results in upregulation of CYP2B isoforms, several of which have been shown to metabolize PCBs with two or more *ortho* chlorines. For example, human CYP2B6 and the related enzyme, canine CYP2B11, were shown to convert PCB-153 to the 3-hydroxylated metabolite, albeit very slowly (Ariyoshi *et al.*, 1995).

An interesting subgroup of PCBs comprises the 19 chiral PCB congeners, all of which have three or more *ortho* chlorines, which limit rotation around the biphenyl bond. There was

evidence that these compounds are enantioselectively metabolized, resulting in depletion of one enantiomer through metabolism, while the form that is resistant to metabolism accumulates (Kania-Korwel *et al.*, 2008; Lehmler *et al.*, 2010). Forms of CYP identified as metabolizing chiral PCBs are rat CYP2B1 and human CYP2B6. For example, there was evidence that PCB-45, PCB-84, PCB-91, PCB-95, PCB-132 and PCB-136 were enantioselectively metabolized to hydroxylated metabolites in vitro by purified rat CYP2B1 and human CYP2B6, leading to alterations in the enantiomeric fractions of the parent congeners (Warner *et al.*, 2009). The positions of hydroxylation were not identified. In a separate study, rat liver microsomes preferentially metabolized (+)-2,2',3,3',6,6'-hexachlorobiphenyl (PCB-136) to 5-hydroxy-PCB-136 (5-OH-PCB-136), and treatment of rats with phenobarbital, which induces CYP2B1, further increased the formation of 5-OH-PCB-136 from (+)-PCB-136, compared with untreated rats, thereby leaving an excess of the less readily metabolized (-)-PCB-136 (enantiomeric enrichment) (Wu *et al.*, 2011). There was also a slight increase in 5-OH-PCB-136 formation in dexamethasone-treated rats, which have induced CYP3A, compared with controls. The minor metabolites, 4-OH-PCB-136 and 4,5-dihydroxy-PCB-136 were also formed preferentially by microsomes from phenobarbital-treated rats compared with controls. Since the ryanodine receptor is sensitized only by (-)-PCB-136, more rapid metabolism of (+)-PCB-136 means that the more toxic enantiomer is preferentially retained in the body.

Once formed, OH-PCBs are sometimes further hydroxylated by CYP and perhaps other oxygenases to dihydroxy-PCBs (McLean *et al.*, 1996a; Garner *et al.*, 1999; Wu *et al.*, 2011). If the two OH groups are *ortho* to each other, the metabolites are termed catechols (Garner *et al.*, 1999), and if the two OH groups are *para* to each other, the metabolites are termed hydroquinones (or semiquinones) (Fig. 4.2).

(b) Other oxidative enzymes

PCB catechols and hydroquinones can undergo oxidation to PCB quinones, which are electrophilic, potentially reactive, metabolites. One pathway for quinone formation is through the action of prostaglandin endoperoxide H synthase, an enzyme expressed in extrahepatic tissues, including prostate, ovary, and breast ([Wangpradit et al., 2009](#)). Hydroquinones can also be converted to quinones by peroxidases such as horseradish peroxidase, myeloperoxidase, and lactoperoxidase ([Srinivasan et al., 2002](#)).

(c) Epoxide hydrolase

If not quickly rearranged to form a phenolic metabolite, an arene oxide metabolite can be converted to a dihydrodiol by addition of water, in a reaction catalysed by epoxide hydrolase ([Ota & Hammock, 1980](#)). The dihydrodiol metabolite is generally non-toxic and readily eliminated as the dihydrodiol or as a glucuronide conjugate. It has been suggested that dihydrodiol metabolites of PCBs may be oxidized by dihydrodiol dehydrogenase to the corresponding catechol metabolite, thereby restoring aromaticity to the ring ([Garner et al., 1999](#)). Furthermore, catechols could be converted to the *ortho* quinone, which is chemically reactive and can bind to protein and DNA ([Zhao et al., 2004](#)).

(d) PCB oxygenation and formation of ROS

PCB biotransformation by CYP can sometimes give rise to formation of reactive oxygen species (ROS) of PCBs, through uncoupling of the CYP cycle. Formation of ROS during PCB monooxygenation by CYP most likely occurs if the congener binds to the CYP substrate-binding site in an orientation that is not favourable for rapid monooxygenation: this has been demonstrated for PCB-77 biotransformation by CYP1A from fish and other vertebrates ([Schlezingner et al., 1999, 2000](#)). PCB-77 has been shown to inhibit ethoxyresorufin *O*-deethylase (EROD) activity

at high concentrations, perhaps by competitive inhibition of CYP1A by PCB-77 ([Hahn et al., 1993](#)). Formation of ROS through uncoupling of the CYP1A cycle has been demonstrated with two other non-*ortho*-substituted PCB congeners, PCB-126 and PCB-169 ([Schlezingner et al., 2006](#)). PCB-126 and PCB-169 were also shown to uncouple human CYP1B1 and produce ROS ([Green et al., 2008](#)). Since CYP1B1 is expressed and inducible in tissues that are frequent targets for cancer, including colon, breast, lung, endometrium, ovary, and prostate, formation of ROS in these tissues could result in genotoxicity.

PCB metabolism by peroxidases and prostaglandin H synthase (also called cyclooxygenase; COX) can also give rise to ROS ([Gonçalves et al., 2009](#)). Another pathway leading to ROS production during PCB metabolism occurs when quinone metabolites are formed. Quinones undergo redox cycling through reaction with glutathione (GSH) to form adducts through Michael addition. The quinone-GSH-adduct can be converted back to the semi-quinone or catechol and recycled through this pathway ([Amaro et al., 1996](#); [Oakley et al., 1996a](#)). This cycling results in depletion of the important cellular antioxidant, GSH, which can cause oxidative stress to the cell and formation of ROS. Redox cycling of the 2',5'-dihydroxy metabolite of PCB-12 has been shown to result in DNA adducts through formation of ROS ([Oakley et al., 1996a](#)).

(e) GST

Arene oxide metabolites of PCBs are potential substrates for GSTs, as shown in [Fig. 4.1](#). After initial formation of a conjugate with GSH, the two terminal amino acids of the tripeptide are enzymatically removed, leaving a cysteine conjugate of the PCB. This metabolite may be converted to a mercapturic acid, which is readily excreted in urine or bile ([Bakke et al., 1982](#)). Alternatively, the cysteine conjugate may be a substrate for cysteine conjugate β -lyase, which converts the cysteine conjugate to a thiol. The

thiol metabolite of the PCB can then be methylated by methyltransferase and oxidized by flavin monooxygenase or CYP to yield the MeSO₂-PCB (Mio & Sumino 1985). Depending on its structure, the MeSO₂-PCB metabolite may not be readily excreted and may accumulate in tissues, particularly liver, lung, and adipose tissue (Haraguchi *et al.*, 1997a, b; Guvenius *et al.*, 2002; Hovander *et al.*, 2006; Karásek *et al.*, 2007). Chiral PCBs were shown, by analysis of the MeSO₂-PCBs present in human adipose tissue, seal blubber and pelican muscle, to form MeSO₂-PCBs in an enantioselective manner (Karásek *et al.*, 2007). Tissue accumulation can occur in fatty tissues because the MeSO₂-PCBs are very lipid soluble, especially those that are highly chlorinated. Accumulation in lung appears to be due to specific binding of the MeSO₂-PCBs to an uteroglobin-like protein/PCB-binding protein, a protein that is synthesized in non-ciliated bronchiolar Clara cells of the lung epithelium (Nordlund-Möller *et al.*, 1990; Anderson *et al.*, 1993). Formation of MeSO₂-PCBs and their retention in tissues are of concern because several of these metabolites have been shown to interact with the glucocorticoid receptor (Johansson *et al.*, 1998), and to be antiestrogenic (Letcher *et al.*, 2002). Some MeSO₂-PCBs such as 3-MeSO₂-2,2',4',5-tetrachlorobiphenyl [3'-MeSO₂-PCB-49] and 3-MeSO₂-2,2',4',5,5'-pentachlorobiphenyl [3'-MeSO₂-PCB-101] were potent inducers of CYP2B1 and CYP2B2 in rats (Kato *et al.*, 1997).

(f) *Glucuronosyltransferase and sulfotransferase*

OH-PCBs may be expected to be conjugated with glucuronic acid or sulfate to form non-toxic, readily excreted metabolites, in reactions catalysed by uridine 5'-diphosphate-(UDP)-glucuronosyl transferase (UGT) or 3'-phosphoadenosine-5'-phosphosulfate (PAPS)-sulfotransferase (SULT). Glucuronide and sulfate conjugates of a hydroxylated metabolite of PCB-3 were identified in urine of rabbits given 1 g by gavage (Block & Cornish, 1959).

Studies of glucuronidation have not been conducted with human liver microsomes or UGTs; however, two studies demonstrated formation of glucuronide conjugates with several OH-PCB metabolites, using rat liver microsomes and expressed rat UGTs in yeast strain AH22 (Tampal *et al.*, 2002; Daidoji *et al.*, 2005). In a further study of OH-PCB glucuronidation, it was noted that rates of conjugation varied with the particular OH-PCB substitution pattern, in catfish as well as in rats (Sacco *et al.*, 2008). Those OH-PCBs with only one chlorine flanking a 4-OH group exhibited a higher V_{max} for glucuronidation than OH-PCBs with a 4-OH-3,5-dichloro substitution pattern. The more slowly glucuronidated 4-OH-3,5-dichloro-substituted OH-PCBs were shown to be more potent inhibitors of human estrogen sulfotransferase (human SULT1E1) than those lacking two flanking chlorine atoms (Kester *et al.*, 2000).

In addition to a study in rabbits, which were shown to excrete glucuronide and sulfate conjugates of OH-PCB-3 (Block & Cornish, 1959), further evidence that OH-PCBs are sulfonated in vivo was provided by a study of the fate of PCB-3 in male rats given a dose of 112 mg/kg bw by intraperitoneal injection (Dhakal *et al.*, 2012). The major metabolite was the 4'-sulfate of PCB-3, with little evidence for the glucuronide conjugate; 4'-OH-PCB-3 was converted to the 4'-sulfate conjugate by rat SULT1A1 (Liu *et al.*, 2009). The 4'-OH-PCB-3 was also a substrate for human hepatic cytosolic SULT1A1 (Wang *et al.*, 2006). Other OH-PCBs tested were very poor substrates for human SULT1A1 (Wang *et al.*, 2006), human SULT2A1 (Liu *et al.*, 2006; Ekuase *et al.*, 2011), rat liver SULT1A1, or rat liver SULT2A3 (Liu *et al.*, 2009).

As noted above, OH-PCBs with a 4-OH-3,5-dichloro- structural motif are potent inhibitors of human SULT1E1, with 17-β-estradiol as substrate (Kester *et al.*, 2000). Recent studies showed that some OH-PCBs inhibit sulfonation of dehydroepiandrosterone (DHEA), catalysed by human SULT2A1 or rat SULT2A3 (Liu

[et al., 2006, 2009](#); [Ekuase et al., 2011](#)). As well as inhibiting sulfonation of estradiol and DHEA, OH-PCBs inhibit sulfonation and glucuronidation of xenobiotic substrates. Several OH-PCBs were potent inhibitors (low μM values for IC_{50} , the concentration producing 50% inhibition) of sulfonation of 3-hydroxy-benzo[*a*]pyrene catalysed by human liver cytosol, human SULT1A1 and human SULT1E1, but were very weak inhibitors or did not inhibit SULT1A3 ([Wang et al., 2005](#)).

(g) Sites of metabolism

For most xenobiotics, including PCBs, the liver is the major organ of metabolism, as most of the drug-metabolizing enzymes are expressed in liver in high concentrations. This is true for several isoforms of CYP, epoxide hydrolase, GST, glucuronosyltransferase, and sulfotransferase; however, the liver is not the only site where these enzymes are expressed. The intestine expresses many of the same enzymes as the liver. The liver is able to convert PCBs to reactive metabolites, and to respond to PCBs that interact with AhR, but the role of metabolism in other tissues is not always clear. Tissues where there are associations between PCB exposure and cancer include the liver, lung, oral mucosa, uterus, thyroid, pancreas, adrenal, breast, skin, blood and lymphatic system, and these effects in some instances may be due to tissue distribution of PCBs or metabolite. As noted above, CYP1B1 is inducible by AhR agonists and has been shown to be expressed in colon, breast, lung, endometrium, ovary and prostate ([Schmidt & Bradfield, 1996](#); [Green et al., 2008](#)). Prostaglandin endoperoxide H synthase, implicated in formation of quinone metabolites from OH-PCBs, is expressed in high concentrations in the prostate gland, and is also found in ovary and breast ([Wangpradit et al., 2009](#)). The skin contains inducible CYP1A, as well as other drug-metabolizing enzymes ([Costa et al., 2010](#)).

4.1.4 Excretion

(a) Humans

Two well designed studies (taking into account ongoing exposure and body weight changes, and not limited by small sample size or short sampling interval) showed that highly chlorinated congeners persist in the body, with half-lives averaging about 8–15 years, while less chlorinated PCBs clearly have shorter half-lives ([Table 4.1](#); [Grandjean et al., 2008](#); [Ritter et al., 2011](#)).

Few studies on the faecal ([Schlummer et al., 1998](#); [Moser & McLachlan, 2001](#)), or urinary excretion ([Price et al., 1972](#); [ATSDR, 2000](#)) of PCBs in humans have been published. A substantial part of absorbed or retained PCBs may be eliminated via breast milk (see Section 1.4 in this *Monograph*). Concentrations varying from 9 to 1915 ng/g lipid have been reported in the general population. Not only parent compounds, but also OH-PCBs were detected in breast milk. Traces of OH-PCBs (median of the sum of 12 congeners, 3 pg/g milk) were found in milk samples collected in 2000–2001 from 15 mothers living in Stockholm; the ratio of total PCBs to total OH-PCBs was approximately 1400, and the major metabolite was an unresolved mixture of 4-OH-CB-107 [4-OH-2,3,3',4',5-pentaCB; 4-OH-PCB-109] and 4'-OH-CB-108 [4'-OH-2,3,3',4,5'-pentaCB; 4-OH-PCB-107] ([Guvenius et al., 2003](#)). [Adenugba et al. \(2009\)](#) analysed 15 samples of human bile, collected endoscopically, for seven PCB congeners (PCB-28, PCB-52, PCB-101, PCB-118, PCB-153, PCB-138, and PCB-180). Total PCB concentrations in bile ranged from 6 to 49 ng/mL, and PCB-28 was the predominant congener.

(b) Experimental systems

Elimination half-lives have been estimated in different animal species. In rats, elimination half-lives vary from days (di- and trichlorobiphenyl) to more than 3 months (penta- and

Table 4.1 Estimated human elimination half-lives for nine PCB congeners at background concentrations

Age group	Elimination half-life (years)								
	PCB-28	PCB-52	PCB-105	PCB-118	PCB-138	PCB-153	PCB-170	PCB-180	PCB-187
Children ^a	NR	NR	5.4	5.7	3.7	8.4	7.6	9.1	8
Adults ^b	5.5	2.6	5.2	9.3	10.8	14.4	15.5	11.5	10.5

^a [Grandjean et al. \(2008\)](#), *n* = 200

^b [Ritter et al. \(2011\)](#), *n* = 229

NR, not reported

Adapted from [Ritter et al. \(2011\)](#)

hexachlorobiphenyl), while a half-life of approximately 10 months was estimated for Aroclor 1254 in weanling pigs ([ATSDR, 2000](#)). Half-lives of a group of congeners (PCB-105, PCB-118, PCB-128, PCB-138, PCB-153, PCB-156, PCB-157, PCB-180, PCB-183) were estimated in monkeys dosed with Aroclor 1254. On average, half-lives varied from 0.4 years (PCB-105) to 1.9 years (PCB-128); however, a wide range of estimates (0.42–7.58 years, depending on individuals) was reported for PCB-128 ([Mes et al., 1995b](#)). [These data indicated that PCB half-lives vary according to species, and that PCB half-lives are longer in humans than in experimental animals, including monkeys.]

In rodents, PCBs administered by different routes are mainly excreted in the faeces, with urine usually representing a minor route of excretion.

PCB metabolites that have been identified in urine are mentioned in Section 4.1.3. In addition to OH-PCBs and dihydroxylated PCBs and corresponding glucuronides also observed in other studies, the elimination in urine of sulfated metabolites of PCB-3, PCB-3 2'-sulfate, PCB-3 3'-sulfate, and PCB-3 4'-sulfate after a single intraperitoneal dose of PCB-3 (112 mg/kg bw) was reported. In rats, approximately 3% of the administered dose was excreted in the urine as sulfates over 36 hours, with peak excretion occurring 10–20 hours after exposure ([Dhakal et al., 2012](#)). Mercapturic acid of [¹⁴C]-2,4',5-trichlorobiphenyl

(PCB-31) was isolated from the urine of rats treated with this congener ([Bakke et al., 1982](#)). This metabolite represented 0.3% of the administered dose of 4 mg per rat. About 57% of the administered dose was excreted in the bile, and 30–35% was present as metabolites in the mercapturic acid pathway.

Lactation is also a major route of excretion of PCBs in animals. In monkeys exposed to different doses of Aroclor 1254 in long-term studies, approximately 4% of the intake was eliminated in milk ([Mes et al., 1994](#)). The transfer of [¹⁴C]-labelled congeners PCB-77, PCB-126, PCB-169, and PCB-105 to milk has been investigated in mice ([Sinjari et al., 1996](#)). These compounds were administered intraperitoneally to lactating mice at a single dose of 2.0 µmol/kg bw each on postnatal day 11. Concentrations of PCB-126, PCB-169 and PCB-105 in milk 1 day after administration were higher (1450–2520 pmol/mL) than concentrations of PCB-77 (580 pmol/mL).

In addition to these routes of elimination, other minor pathways have been reported. Studies by [Yoshimura & Yamamoto \(1975\)](#) on PCB-66 in rats have suggested that excretion of unmetabolized PCB through the small intestinal wall may occur. In other experiments with rats, PCBs were excreted unchanged in hair and through the skin ([Matthews et al., 1976](#)).

4.2 Genetic and related effects

Since the first *IARC Monograph* on PCBs ([IARC, 1978](#)), the genetic and related effects of PCBs have been studied in several experimental systems and in humans (for details and references, see [Tables 4.2, 4.3, 4.4, 4.5, 4.6](#)), and summarized in numerous reviews ([Safe, 1989](#); [Silberhorn et al., 1990](#); [ATSDR, 2000](#); [Ludewig, 2001](#)).

4.2.1 Exposed humans

Several studies have used cytogenetic effects (structural chromosome aberration, sister-chromatid exchange, and DNA adducts) in cells from body fluids (blood and semen) as biomarkers in humans occupationally or environmentally exposed to PCBs (see [Table 4.2](#)).

(a) Genotoxicity and cytogenicity from occupational exposure

Peripheral lymphocytes from 32 workers exposed occupationally to commercial PCB mixtures (DELOR 103 and 106) for up to 25 years were examined for cytogenetic changes. All workers with PCB exposure were smokers and moderate drinkers, and control groups were chosen accordingly: control group 1 consisted of 20 people working outside the PCB-production unit, and control group 2 consisted of 20 employees from administrative offices and the research department ([Kalina et al., 1991](#)). Workers with PCB exposure were also exposed to formaldehyde and benzene, but at levels not exceeding national exposure limits. Occupational exposure to PCB mixtures led to an increase in PCB plasma concentrations of more than 100-fold (305–487 µg/L), when compared with the control groups (1.5–3 µg/L). A significant increase in the frequency of chromosomal aberration and sister-chromatid exchange was observed in workers exposed to PCBs for at least 11 years; however, no dose–response effect was

observed between cytogenetic effects and PCB blood concentrations. [The Working Group was not able to determine how the PCB plasma concentrations were measured. No quantitative data were provided on the exposure of the workers to benzene and formaldehyde, or on whether all three groups were similarly exposed to benzene and formaldehyde. The choice of control group used for the *t*-test analysis was not clearly indicated].

An increase in structural chromosomal aberration in lymphocytes was also observed in workers occupationally exposed to PCBs when compared with a non-exposed control group; however, no information on PCB blood concentrations or confounders was available ([Joksić & Marković, 1992](#)).

Peripheral blood lymphocytes from male workers ($n = 21$) exposed occupationally to PCBs for 2–5 years at a factory decontaminating industrial transformers and capacitors and from workers in an industrial control group (87; 53 men and 34 women) were analysed for structural and numerical chromosomal aberrations. Significant increases of twofold in the frequency of structural chromosomal aberration and four- to sixfold in the frequency of premature centromere division in mitotic chromosomes were observed in the PCB-exposed group ([Jakab et al., 1995](#); [Major et al., 1999](#)). [The Working Group noted that PCB concentrations in blood and/or air were not monitored, the industrial control group was not further specified, and no adjustment for confounders was made.]

Two studies of occupational exposure examined workers exposed to PCBs after a fire at an electric station ([Elo et al., 1985](#); [Melino et al., 1992](#)). In one study, maximum blood PCB concentrations (median, 14 µg/L) were reached 3 days after exposure and declined over the course of 1 month to background levels (≤ 2 µg/L). No exposure-related increases in the frequency of structural chromosomal aberration and sister-chromatid exchange in 15 PCB-exposed workers were observed for

Table 4.2 Genetic effects and markers of oxidative DNA damage in humans exposed to PCBs

Target tissue	End-point	Result	Comments	Reference
<i>Occupational exposure</i>				
Peripheral blood lymphocytes	Chromosomal aberration	-	Exposed, 15; unexposed, not defined No details on individual numbers and statistical analysis	Elo et al. (1985)
Peripheral blood lymphocytes	Sister-chromatid exchange	-		
Peripheral blood lymphocytes	Chromosomal aberration	-	Exposed, 45 (29 men, 12 women, 4 children) living within 2 km from capacitor-manufacturing plant (24 workers, 21 residents); unexposed; pre-employment test from workers Heavy smokers excluded; no statistical analysis; no correlation with PCB concentrations (11 congeners) in blood and adipose tissue [no details on PCB concentrations were given]	Tretjak et al. (1990)
Peripheral blood lymphocytes	Chromosomal aberration	+ ($P < 0.01$)	Exposed to technical PCB mixture, 32; unexposed group 1 (working outside production unit), 20; unexposed group 2 (administration and research), 20. Positive correlation with duration of exposure but not blood PCB levels	Kalina et al. (1991)
Peripheral blood lymphocytes	Sister-chromatid exchange	+ ($P < 0.05$)		
Peripheral blood lymphocytes	Chromosomal aberration	?	Exposed, 48; unexposed, 15	Joksić & Marković (1992)
Peripheral blood lymphocytes	Micronucleus formation	+	No statistical analysis performed	
Peripheral blood lymphocytes	Sister-chromatid exchange	+		
Peripheral blood lymphocytes	Chromosomal aberration	-	Exposed, 12; unexposed, 19	Melino et al. (1992)
Peripheral blood lymphocytes	Sister-chromatid exchange	-	No serum PCB concentrations; both groups contained moderate smokers; no confounder taken into account	
Peripheral blood lymphocytes	Chromosomal aberration	+ ($P < 0.01$)	Exposed, 21 (men); unexposed, 87 (53 men, 34 women)	Jakab et al. (1995), Major et al. (1999)
Peripheral blood lymphocytes	Premature centromere division	+ ($P < 0.01$)	Heavy smokers (> 20 cigarettes/day); heavy drinkers (> 100 g alcohol/day); donors with neoplasia	
Urine	Oxidative DNA damage (8-OHdG)	-	Study cohort: 64; pre- and post-shift workplace exposure	Wen et al. (2008)
<i>Environmental exposure</i>				
Peripheral blood lymphocytes	Chromosomal aberration	-	Exposed, 36 (Yucheng; 17 men, 19 women); unexposed 10 (5 men, 5 women)	Wuu & Wong (1985)
Peripheral blood lymphocytes	Chromosomal aberration	-	Sampling of exposed group occurred 3 years after exposure; chromosomal aberrations included breaks, exchanges, acentric fragments, and gaps.	
Peripheral blood lymphocytes	Chromosomal aberration	-	Exposed, 35 women (Yucheng victims); unexposed, 24	Lundgren et al. (1988)
Peripheral blood lymphocytes	Sister-chromatid exchange	-	Blood samples of exposed individuals were taken in 1985 or 5 years after the exposure had occurred; unexposed women were from the same county; all participants were nonsmokers	
Peripheral blood lymphocytes	After exposure of lymphocytes to α -naphthoflavone in vitro:	-		
Peripheral blood lymphocytes	Chromosomal aberration	-		
Peripheral blood lymphocytes	Sister-chromatid exchange	+ ($P < 0.001$)		

Table 4.2 (continued)

Target tissue	End-point	Result	Comments	Reference
Peripheral blood lymphocytes	Sister-chromatid exchange	-	Exposed, 16 Yusho patients; unexposed, 39	Nagayama et al. (2001)
	Sister-chromatid exchange after exposure of lymphocytes to α -naphthoflavone	-		
Peripheral blood lymphocytes	Micronucleus formation	+ ($P < 0.01$; PCB-118)	Study cohort: up to 1583; age 50–65 years; confounder: age, sex, smoking, lifestyle, body mass index	De Coster et al. (2008)
	DNA damage (comet assay)	+ ($P < 0.05$; PCB-118)		
Blood serum	Prostate specific antigen	-		
	Carcinoembryogenic antigen	-		
	TP53	+ ($P < 0.05$; sum of PCB-138, PCB-153, PCB-180)		
Leukocytes	DNA adduct	-	Study cohort: 103 Inuits, categorized into low (1.7–20 $\mu\text{g/L}$; $n = 54$), medium (21–40 $\mu\text{g/L}$; $n = 21$) and high (41–143 $\mu\text{g/L}$; $n = 28$) PCB exposure	Ravoori et al. (2008)
Leukocytes	DNA adduct	Negative correlation with PCB ($P < 0.0001$)	Study cohort: 83 Inuits; 56 women, 27 men	Ravoori et al. (2010)
	DNA adduct and 8-OHdG	Negative correlation in the high selenium/PCB ratio group ($P < 0.01$ and $P = 0.014$; respectively)	Effect of age, sex, smoking status, PCB and selenium concentrations on DNA adduct accumulation taken into account	
		+ ($P < 0.001$) + ($P < 0.001$)		
Sperm	XY disomy	+ ($P < 0.001$)	Study cohort: 192 men from subfertile couples	McAuliffe et al. (2012)
	Total sex-chromosome disomy XX disomy	+ ($P < 0.001$) Negative correlation ($P < 0.001$)		
Sperm	Sperm chromatid structure	+ ($P < 0.01$)	Study cohort: 176 adult men (Swedish)	Rignell-Hydbom et al. (2005)
Sperm	Sperm chromatid structure (DNA fragmentation)	+	Study cohort: 707 adult men (193 Greenland Inuits, 178 Swedish, 141 Polish, and 195 Ukrainian) Statistically positive association for Ukrainian and Swedish cohorts, and for European cohorts combined (Sweden, Poland, Ukraine)	Spanò et al. (2005)
Sperm	Sperm chromatid structure (DNA fragmentation)	+ ($P < 0.05$)	Study cohort: 652 adult men (200 Greenland Inuits; 166 Swedish, 134 Polish, and 152 Ukrainian) Significant association only for European cohorts combined (Sweden, Poland, Ukraine)	Stronati et al. (2006)
Urine	Oxidative DNA damage (8-OHdG)	-	Study cohort: up to 1583; age 50–65 years; confounder: age, sex, smoking, lifestyle, body mass index	De Coster et al. (2008)

8-OHdG, 8-hydroxy-2'-deoxyguanosine

Table 4.3 Genetic and related effects of commercial PCB mixtures in experimental systems in vitro

Agent	Test system	Results ^a		Dose ^b (LED or HID), µg/mL	Reference
		Without exogenous metabolic system	With exogenous metabolic system		
<i>Non-mammalian systems</i>					
Aroclor 1221	<i>Salmonella typhimurium</i> TA1538, reverse mutation	-	(+)	200	Wyndham et al. (1976)
	<i>Saccharomyces cerevisiae</i> , strain RS112, interchromosomal recombination	+	+	10 000	Schiestl et al. (1997)
	<i>Salmonella typhimurium</i> TA98, TA1538, reverse mutation	-	-	5000 µg/plate	Shahin et al. (1979)
Aroclor 1254	<i>Salmonella typhimurium</i> C3076, D3052, G46, TA98, TA1000, TA1535, TA1537, TA1538, and <i>Escherichia coli</i> WP2 <i>uvrA</i> , reverse mutation	-	-	NR	Probst et al. (1981)
	<i>Salmonella typhimurium</i> TA98, TA100, TA1535, TA1537, TA1538, and <i>Escherichia coli</i> WP2 <i>uvrA</i> , reverse mutation	-	-	500	Bruce & Heddle (1979) Schoeny et al. (1979) Dunkel et al. (1984)
	<i>Salmonella typhimurium</i> TA1538, reverse mutation	-	-	333	Wyndham et al. (1976)
	<i>Salmonella typhimurium</i> TA98, TA100, <i>Escherichia coli</i> WP2 <i>uvrA</i> , reverse mutation	-	-	200	Evandri et al. (2003)
	<i>Saccharomyces cerevisiae</i> , heterozygous transgenic for human MS32 minisatellite, length mutation	+	NR	6000	Appelgren et al. (1999)
Aroclor 1260	<i>Saccharomyces cerevisiae</i> , strain RS112, interchromosomal recombination	+	+	15 000	Schiestl et al. (1997)
Aroclor 1268	<i>Salmonella typhimurium</i> TA1538, reverse mutation	-	-	200	Wyndham et al. (1976)
Kanechlor 300	<i>Salmonella typhimurium</i> TA1535, TA1536, TA1537, TA1538, TA98, TA100, reverse mutation	-	-	NR	Odashima (1976)
	<i>Salmonella typhimurium</i> TA98, TA100, <i>Escherichia coli</i> WP2, reverse mutation	-	-	NR	Sugimura et al. (1976)
Kanechlor 500	<i>Salmonella typhimurium</i> TA1535, TA1536, TA1537, TA1538, TA98, TA100, reverse mutation	-	-	NR	Odashima (1976)
	<i>Salmonella typhimurium</i> TA98, TA100, <i>Escherichia coli</i> WP2, reverse mutation	-	-	NR	Sugimura et al. (1976)
Clophen 30	<i>Drosophila melanogaster</i> , genetic crossing-over, sex-chromosome loss	-	-	250	Nilsson & Ramel (1974)
Clophen 50	<i>Drosophila melanogaster</i> , genetic crossing-over, sex-chromosome loss	-	-	200	Nilsson & Ramel (1974)
<i>Mammalian cells in vitro</i>					
Aroclor 1221	Intrachromosomal (non-homologous) recombination at <i>Hprt</i> locus, Chinese hamster lung Sp5/V79 cells	-	-	30	Helleday et al. (1998)
	Intrachromosomal (homologous) recombination <i>Hprt</i> locus, Chinese hamster lung SPD8/V79 cells	+	+	20	

Table 4.3 (continued)

Agent	Test system	Results ^a		Dose ^b (LED or HID), µg/mL	Reference
		Without exogenous metabolic system	With exogenous metabolic system		
Aroclor 1221 (cont.)	Intrachromosomal recombination by deletion in <i>HPRT</i> locus, human lymphoblastoid GM6804 cells	+		5	Aubrecht et al. (1995)
Aroclor 1016	DNA adducts ³² P-postlabelling, primary human hepatocytes (three donors)	(+)		23	Borlak et al. (2003)
Aroclor 1242	Gene mutation (ouabain resistance), Chinese hamster fibroblast V79 cells	-		150	Hattula (1985)
	Chromosomal aberrations, chicken embryo (<i>Gallus domesticus</i>)	-		20	Blazak & Marcum (1975)
Aroclor 1254	DNA single-strand breaks, alkaline elution, rat hepatocytes	+		100	Sina et al. (1983)
	DNA strand breaks (comet assay), rat primary prostate cells	+		1	Cillo et al. (2007)
	Unscheduled DNA synthesis, primary rat hepatocytes	+		20 (MED)	Althaus et al. (1982)
	Unscheduled DNA synthesis, primary F344 rat hepatocytes	-		[16] 50 µM	Probst et al. (1981)
	DNA adducts ³² P-postlabelling, primary fetal rat hepatocytes		-	[16] 50 µM	Dubois et al. (1995)
	DNA adducts ³² P-postlabelling, human hepatocarcinoma HepG2 cells	-		[16] 50 µM	Dubois et al. (1995)
	DNA adducts ³² P-postlabelling, primary human hepatocytes (three donors)	(+)		[20] 60 µM	Borlak et al. (2003)
	Detection of repairable adducts by growth inhibition (DRAG) assay in wildtype and DNA repair-deficient Chinese hamster ovary cells	-		135/114, 127, 132 ^c	Johansson et al. (2004)
	Micronucleus formation, human keratinocytes	-		3	van Pelt et al. (1991)
	Chromosomal aberrations, human lymphocytes (five donors)	+		0.1	Sargent et al. (1989)
	Cell transformation, Syrian hamster embryo cells	-		50	Pienta (1980)
Glophen A60	Gene mutation (ouabain resistance), Chinese hamster fibroblast V79 cells	-		150	Hattula (1985)
Kanechlor 500 + 600 (plus PCDD/PCDF/ PCB-77, PCB- 126, PCB-169 as 0.5% wt)	Sister-chromatid exchange, human lymphocytes	+	+	[0.4 ng WHO-TEQ/g; 0.25 ng WHO- TEQ/g]	Nagayama et al. (1994)

^a +, considered to be positive; (+), considered to be weakly positive in an inadequate study; -, considered to be negative; ?, considered to be inconclusive (variable responses in several experiments within an inadequate study)

^b Approximately minimal lethal dose not reported.

^c Dose 135 µg/mL is the IC₅₀ concentration inhibiting growth of wildtype CHO cells (A48) by 50%; doses 114, 127 and 132 µg/mL are the IC₅₀ for repair-deficient CHO cells EM9, UV4 and UV5, respectively.
HID, highest effective dose; LED, lowest effective dose; MED, maximum effective dose; PCDD/PCDF, polychlorinated dibenzodioxin/polychlorinated dibenzofuran; TEQ, toxic equivalency

Table 4.4 Genetic and related effects of commercial PCB mixtures in experimental animals in vivo

Agent	Test system	Results ^a	Dose ^b (LED or HID)	Reference
Aroclor 1221	Intrachromosomal recombination by DNA deletion, homozygous C57BL/6J p^{in}/p^{in} mouse	+	1000 ip × 1	Schiestl et al. (1997)
Aroclor 1242	DNA adducts ³² P-postlabelling, and 8-OHdG, HPLC/ECD-analysis, male Lewis rat liver, thymus, glandular stomach, spleen, testes, seminal vesicles and prostate gland	-	20 po × 1	Schilderman et al. (2000)
	Chromosomal aberrations (structural), male Osborne-Mendel rat bone-marrow and spermatogonial cells	-	5000 po × 1	Green et al. (1975a)
	Dominant lethality, Osborne-Mendel rat	-	500 po × 4	
		-	2500 po × 1	Green et al. (1975b)
		-	250 po × 5	
Aroclor 1254	DNA adducts (I-compounds only) ³² P-postlabelling, male Sprague-Dawley rat liver, kidney, lung	-	500 ip × 2	Nath et al. (1991)
	DNA adducts ³² P-postlabelling, male F344 rat liver	-	25 po × 35	Chadwick et al. (1993)
	Unscheduled DNA synthesis, Sprague-Dawley rat, primary hepatocytes	-	300 ip × 1	Kornbrust & Dietz (1985)
	Unscheduled DNA synthesis, rat, primary hepatocytes	-	500 ip × 1	Shaddock et al. (1989)
	Unscheduled DNA synthesis, male cynomolgus monkey, primary hepatocytes	-	50 ip × 1	Hamilton et al. (1997)
	Micronucleus formation, fish (<i>C. carpio</i>), erythrocytes	-	50 ip × 2	
	Micronucleus formation, B6C3F ₁ mouse, bone-marrow cells	+	50 ip × 1	Al-Sabri (1986)
	Chromosomal aberrations (structural), fish (<i>C. carpio</i> ; <i>T. tinica</i> ; <i>C. idella</i>), kidney cells	-	15 000 ip × 5	Bruce & Heddle (1979)
	Chromosomal aberrations (structural), Sprague-Dawley rat, spermatogonial cells	+	50 ip × 1	Al-Sabri (1985)
	Chromosomal aberrations (structural), Sprague-Dawley rat, bone-marrow cells	-	50 po × 7	Dikshith et al. (1975)
	Chromosomal aberrations (structural), male Osborne-Mendel rat, bone-marrow cells	-	300 po × 5	Green et al. (1975a)
	Chromosomal aberrations (structural), male Holtzman rat, bone-marrow and spermatogonial cells	-	500 ppm, 5 weeks	Garthoff et al. (1977)
	Sperm morphology, B6C3F ₁ mice	-	7500 ip × 5	Bruce & Heddle (1979)
	Germline length mutation PC-1 minisatellite, male C57Bl/6 mouse, liver	+	100 ip × 1	Hedenskog et al. (1997)
	Germline length mutation PC-2 minisatellite, male C57Bl/6 mouse, liver	-	100 ip × 1	Hedenskog et al. (1997)
	Dominant lethal mutation, Osborne-Mendel rats	-	300 po × 5	Green et al. (1975b)
	Gene mutation, transgenic male BigBlue TM mice	(+)	100 ppm in diet, 7 weeks	Davies et al. (2000)
Aroclor 1260	Intrachromosomal recombination by DNA deletion, homozygous C57BL/6J p^{in}/p^{in} mouse	+	500 ip × 1	Schiestl et al. (1997)
	DNA adducts ³² P-postlabelling, male and female B6C3F ₁ mouse, liver	-	50 po × 1	Whysner et al. (1998)
		-	200 ppm × 2 weeks	

Table 4.4 (continued)

Agent	Test system	Results ^a	Dose ^b (LED or HID)	Reference
Kaneclor 300	Chromosomal aberrations, mouse, bone-marrow cells	-	NR ^c	Odashima (1976)
	Chromosomal aberrations, rat, bone-marrow cells	-	NR ^c	Odashima (1976)
Kaneclor 500	Micronucleus formation, male ddY mice, bone-marrow cells	(+)	100 po × 6	Watanabe et al. (1982)
	Chromosomal aberrations, mouse, bone-marrow cells	-	100 sc × 6	
Kanechlor [no further specification given]	Chromosomal aberrations, rat, bone-marrow cells	+	NR	Odashima (1976)
	Chromosomal aberrations, rat, bone-marrow cells	-	NR	Odashima (1976)
Kanechlor [no further specification given] PCB ₃ ^c	DNA strand breaks (comet assay), ddY male mouse (stomach, colon, liver, kidney, urinary bladder, lung, brain, bone marrow)	-	1000 po × 1	Sasaki et al. (2000)
	Micronucleus formation, fish (<i>Misgurnus anguillicaudatus</i>), erythrocytes	+	0.5 mg/L × 7 d	Chu et al. (1996a)
		+	1 mg/L × 2 d	
		-	10 ppm × 12 mo	

^a +, considered to be positive; (+), considered to be weakly positive in an inadequate study; -, considered to be negative; ?, considered to be inconclusive (variable responses in several experiments within an inadequate study)

^b In-vivo tests, mg/kg bw

^c Commercial PCB mixture manufactured in China, the composition of which was similar to that of Aroclor 1242 (see Section 1.1, Table 1.8)
CB, chlorobiphenyl; d, day; HID, highest effective dose; HPLC/ECD, high-performance liquid chromatography electrochemical detection; ip, intraperitoneal; LED, lowest effective dose; mo, month; NR, not reported; 8-OHdG, 8-hydroxy-2'-deoxyguanosine; po, oral administration; TEQ, toxic equivalency

Table 4.5 Genetic and related effects of PCB congeners and their metabolites in experimental systems in vitro

PCB congener Structural name	BZ nomenclature ^a	Test system	Results ^b		Dose ^c (LED or HID), µg/mL	Reference
			Without exogenous metabolic system	With exogenous metabolic system		
<i>Non-mammalian systems</i>						
2-MonoCB	PCB-1	<i>Salmonella typhimurium</i> C3076, D3052, G46, TA98, TA1000, TA1535, TA1537, TA1538, reverse mutation	-	-	1000	McMahon et al. (1979)
4-MonoCB	PCB-3	<i>Salmonella typhimurium</i> C3076, D3052, G46, TA98, TA1000, TA1535, TA1537, TA1538, reverse mutation	-	-	1000	McMahon et al. (1979)
4-MonoCB	PCB-3	<i>Salmonella typhimurium</i> TA1538, reverse mutation	?	+	50 µg/ plate	Wyndham et al. (1976)
4-MonoCB	PCB-3	<i>Salmonella typhimurium</i> TA98, TA100, TA1535, TA1537, reverse mutation	-	-	200	Schoeny (1982)
4,4-DiCB	PCB-15	<i>Salmonella typhimurium</i> TA98, TA100, reverse mutation	-	-	100	Butterworth et al. (1995)
4,4'-DiCB	PCB-15	<i>Drosophila melanogaster</i> , somatic mutation and recombination, eye mosaic test	+	+	223	Butterworth et al. (1995)
2,2',4,4'-TetraCB	PCB-47	<i>Salmonella typhimurium</i> TA98, TA100, reverse mutation	-	-	200	Schoeny (1982)
2,2',5,5'-TetraCB	PCB-52	<i>Salmonella typhimurium</i> TA1538, reverse mutation	-	-	200 µg/ plate	Wyndham et al. (1976)
2,2',5,5'-TetraCB	PCB-52	<i>Salmonella typhimurium</i> TA98, TA100, TA1535, TA1537, reverse mutation	NT	-	200 µg/ plate	Hsia et al. (1978)
4-OH-2,2',5,5'-TetraCB	4-OH-PCB-52	<i>Salmonella typhimurium</i> TA98, TA100, TA1535, TA1537, reverse mutation	NT	-	20 µg/ plate	Hsia et al. (1978)
3,4-Epoxy-2,2',5,5'-tetraCB	3,4-Epoxy-PCB-52	<i>Salmonella typhimurium</i> TA98, TA100, TA1535, TA1537, reverse mutation	NT	-	200 µg/ plate	Hsia et al. (1978)
3,3',4,4'-TetraCB	PCB-77	<i>Salmonella typhimurium</i> TA98, TA100, reverse mutation	-	-	200	Schoeny (1982)
2,2',4,4',6,6'-HexaCB	PCB-155	<i>Salmonella typhimurium</i> TA98, TA100, reverse mutation	-	-	200	Schoeny (1982)
2,2',3,3',4,4',5,5',6,6'-DecaCB	PCB-209	<i>Salmonella typhimurium</i> TA98, TA100, TA1535, TA1537, <i>Escherichia coli</i> WWP2 <i>uvrA</i> , reverse mutation	-	-	5000	Han et al. (2009)

Table 4.5 (continued)

PCB congener Structural name	BZ nomenclature ^a	Test system	Results ^b		Dose ^c (LED or HID), µg/mL	Reference
			Without exogenous metabolic system	With exogenous metabolic system		
<i>Mammalian cells in vitro</i>						
2',5'-HQ-2-MonoCB	Metabolite of PCB-1	Polyploidy, Chinese hamster lung V79 cells	-	-	4.4	Flor & Ludewig (2010)
2',5'-HQ-2-MonoCB	Metabolite of PCB-1	Sister-chromatid exchange, Chinese hamster lung V79 cells	-	-	4.4	Flor & Ludewig (2010)
2',5'-HQ-3-MonoCB	Metabolite of PCB-2	Polyploidy, Chinese hamster lung V79 cells	+	+	1.1	Flor & Ludewig (2010)
2',5'-HQ-3-MonoCB	Metabolite of PCB-2	Sister-chromatid exchange, Chinese hamster lung V79 cells	-	-	2.2	Flor & Ludewig (2010)
4-MonoCB	PCB-3	Binding (covalent) to DNA, RNA or protein, Chinese hamster ovary cells	+	+	2	Wong et al. (1979)
4-MonoCB	PCB-3	Unscheduled DNA synthesis, Chinese hamster ovary cells	(+)	(+)	2	Wong et al. (1979)
4-MonoCB	PCB-3	DNA adducts (³² P-postlabelling), primary human hepatocytes (three donors)	+	+	43	Borlak et al. (2003)
4-MonoCB	PCB-3	Gene mutation, Chinese hamster lung V79 cells, <i>Hprt</i> locus	-	-	56	Zettner et al. (2007)
2'-OH-4-MonoCB	Metabolite of PCB-3		-	-	20	
3'-OH-4-MonoCB	Metabolite of PCB-3		-	-	20	
4'-OH-4-MonoCB	Metabolite of PCB-3		-	-	20	
2',5'-HQ-4-MonoCB	Metabolite of PCB-3		-	-	1.7	
3',4'-HQ-4-MonoCB	Metabolite of PCB-3		-	-	5.5	
2',5'-Q-4-MonoCB	Metabolite of PCB-3		+	+	0.1	
3',4'-Q-4-MonoCB	Metabolite of PCB-3		+	+	0.1	
4-MonoCB	PCB-3	Micronucleus formation, Chinese hamster lung V79 cells	-	-	38	Zettner et al. (2007)
2'-OH-4-MonoCB	Metabolite of PCB-3		+	+	10	
3'-OH-4-MonoCB	Metabolite of PCB-3		+	+	20	
4'-OH-4-MonoCB	Metabolite of PCB-3		+	+	15	
2',5'-HQ-4-MonoCB	Metabolite of PCB-3		+	+	0.6	
3',4'-HQ-4-MonoCB	Metabolite of PCB-3		+	+	3.3	
2',5'-Q-4-MonoCB	Metabolite of PCB-3		+	+	0.1	
3',4'-Q-4-MonoCB	Metabolite of PCB-3		+	+	0.5	

Table 4.5 (continued)

PCB congener Structural name	BZ nomenclature ^a	Test system	Results ^b		Dose ^c (LED or HID), µg/mL	Reference
			Without exogenous metabolic system	With exogenous metabolic system		
4-MonoCB	PCB-3	Aneuploidy, Chinese hamster lung V79 cells	-		38	Zettner et al. (2007)
2'-OH-4-MonoCB	Metabolite of PCB-3		+		10	
3'-OH-4-MonoCB	Metabolite of PCB-3		+		20	
4'-OH-4-MonoCB	Metabolite of PCB-3		+		15	
2',5'-HQ-4-MonoCB	Metabolite of PCB-3		+		0.6	
3',4'-HQ-4-MonoCB	Metabolite of PCB-3		+		3.3	
2',5'-Q-4-MonoCB	Metabolite of PCB-3		+		0.5	
3',4'-Q-4-MonoCB	Metabolite of PCB-3		+		1.1	
2',5'-HQ-4-MonoCB	Metabolite of PCB-3	Polyploidy, Chinese hamster lung V79 cells	+		1.1	Flor & Ludewig (2010)
3',4'-HQ-4-MonoCB	Metabolite of PCB-3	Polyploidy, Chinese hamster lung V79 cells	-		2.2	Flor & Ludewig (2010)
2',5'-HQ-4-MonoCB	Metabolite of PCB-3	Sister-chromatid exchange, Chinese hamster lung V79 cells	-		2.2	Flor & Ludewig (2010)
3',4'-HQ-4-MonoCB	Metabolite of PCB-3	Sister-chromatid exchange, Chinese hamster lung V79 cells	+		1.1	Flor & Ludewig (2010)
2',5'-Q-4-MonoCB	Metabolite of PCB-3	Micronucleus formation, human breast epithelial MCF-10A cells	+		0.1	Venkatesha et al. (2008)
2',5'-Q-4-MonoCB	Metabolite of PCB-3	Micronucleus formation, Chinese hamster lung V79 cells	+		0.6	Jacobus et al. (2008)
2,2',5,5'-TetraCB	PCB-52	DNA strand breaks (alkaline sedimentation), mouse fibroblast L-929 cells	+		20	Stadnicki et al. (1979)
4-OH-/3-OH-2,2',5,5'-TetraCB (4 : 1)	Metabolites of PCB-52	DNA strand breaks (alkaline sedimentation), mouse fibroblast L-929 cells	+		20	Stadnicki et al. (1979)
3,4-Epoxy-2,2',5,5'-TetraCB	Metabolite of PCB-52	DNA strand breaks (alkaline sedimentation), mouse fibroblast L-929 cells	+		10	Stadnicki et al. (1979)
2,2',5,5'-TetraCB	PCB-52	DNA strand breaks (comet assay), human lymphocytes (six donors)	(+)		0.3	Sandal et al. (2008)
2,2',5,5'-TetraCB	PCB-52	Sister-chromatid exchange, human lymphocytes (four donors)	-		1	Sargent et al. (1989)
2,2',5,5'-TetraCB	PCB-52	Chromosomal aberrations, human lymphocytes (5-9 donors)	-		1	Sargent et al. (1989)

Table 4.5 (continued)

PCB congener Structural name	BZ nomenclature ^a	Test system	Results ^b		Dose ^c (LED or HID), µg/mL	Reference
			Without exogenous metabolic system	With exogenous metabolic system		
2,2',5',5'-TetraCB and 3,3',4,4'-tetraCB	PCB-52 + PCB-77	Chromosomal aberrations, human lymphocytes (5–9 donors)	+		1 + 10 ⁻⁵	Sargent et al. (1989)
2,2',5',5'-TetraCB and 3,3',4,4'-tetraCB	PCB-52 + PCB-77	Sister-chromatid exchange, human lymphocytes (four donors) in vitro	-		1 + 10 ⁻⁵	Sargent et al. (1989)
3-MeSO ₂ -2',3',4',5'-TetraCB	5-MeSO ₂ -PCB-56	Sister-chromatid exchange, human lymphocytes	-		7.1	Nagayama et al. (1999)
3-MeSO ₂ -2',3',4',5'-TetraCB	5-MeSO ₂ -PCB-56	Micronucleus formation, human lymphocytes	-		7.1	Nagayama et al. (1995)
3,3',4,4'-TetraCB	PCB-77	DNA strand breaks (comet assay), human lymphocytes (three donors)	-		25	Belpaeme et al. (1996a)
3,3',4,4'-TetraCB	PCB-77	DNA strand breaks (comet assay), human lymphocytes (six donors)	(+)		3	Sandal et al. (2008)
3,3',4,4'-TetraCB	PCB-77	DNA adducts ³² P-postlabelling, human hepatocarcinoma HepG2 cells	+		15	Dubois et al. (1995)
3,3',4,4'-TetraCB	PCB-77	DNA adducts ³² P-postlabelling, primary fetal rat hepatocytes	-	+	15	Dubois et al. (1995)
3,3',4,4'-TetraCB	PCB-77	Sister-chromatid exchange, human lymphocytes (four donors) in vitro	-		0.1	Sargent et al. (1989)
2,2',5',5'-TetraCB and 3,3',4,4'-tetraCB	PCB-52 + PCB-77	Sister-chromatid exchange, human lymphocytes (four donors) in vitro	-		1 + 10 ⁻⁵	Sargent et al. (1989)
3,3',4,4'-TetraCB	PCB-77	Micronucleus formation, human lymphocytes (two donors)	-		500	Belpaeme et al. (1996a)
3,3',4,4'-TetraCB	PCB-77	Chromosomal aberrations (structural), human lymphocytes (5–9 donors)	+		0.01	Sargent et al. (1989)
3-MeSO ₂ -3',4',5'-TetraCB	5-MeSO ₂ -PCB-77	Sister-chromatid exchange, human lymphocytes	-		6.8	Nagayama et al. (1999)
3-MeSO ₂ -3',4',5'-TetraCB	5-MeSO ₂ -PCB-77	Micronucleus formation, human lymphocytes	-		7.8	Nagayama et al. (1995)
4,4'-(OH) ₂ -3,3',5,5'-TetraCB	Metabolite of PCB-80	Detection of repairable adducts by growth inhibition (DRAG) assay in wildtype and DNA repair-deficient Chinese hamster ovary cells	(+)		140/102, 92, 91 ^d	Johansson et al. (2004)
4-MeSO ₂ -2,2',3',4',5'-PentaCB	4'-MeSO ₂ -PCB-87	Sister-chromatid exchange, human lymphocytes	+		5.8	Nagayama et al. (1999)

Table 4.5 (continued)

PCB congener Structural name	BZ nomenclature ^a	Test system	Results ^b		Dose ^c (LED or HID), µg/mL	Reference
			Without exogenous metabolic system	With exogenous metabolic system		
4-MeSO ₂ -2,2',3',4',5'-PentaCB	4'-MeSO ₂ -PCB-87	Micronucleus formation, human lymphocytes	-		5.8	Nagayama et al. (1995)
2,2',4,5,5'-PentaCB	PCB-101	DNA strand breaks (comet assay), fish fibroblast RTG-2 cells	+		16	Marabini et al. (2011)
2,2',4,5,5'-PentaCB	PCB-101	Micronucleus formation, fish fibroblast RTG-2 cells	+		16	Marabini et al. (2011)
3-MeSO ₂ -2,2',4',5',5'-PentaCB	3'-MeSO ₂ -PCB-101	Sister-chromatid exchange, human lymphocytes	+		5.2	Nagayama et al. (1999)
3-MeSO ₂ -2,2',4',5',5'-PentaCB	3'-MeSO ₂ -PCB-101	Micronucleus formation, human lymphocytes	-		5.2	Nagayama et al. (1995)
4-OH-2,3,3',4',5'-PentaCB	Metabolite of PCB-109	Detection of repairable adducts by growth inhibition (DRAG) assay in wildtype and DNA repair-deficient Chinese hamster ovary cells	-			Johansson et al. (2004)
2,3',4,4',5'-PentaCB	PCB-118	DNA strand breaks (comet assay), fish fibroblast RTG-2 cells	+		10	Marabini et al. (2011)
2,3',4,4',5'-PentaCB	PCB-118	Micronucleus formation, fish fibroblast RTG-2 cells	+		10	Marabini et al. (2011)
3,3',4,4',5'-PentaCB	PCB-126	Micronucleus formation, human hepatoma HepG2 cells in vitro	-		0.003	Wei et al. (2009b)
2,2',3,4,4',5'-HexaCB	PCB-138	DNA strand breaks (comet assay), fish fibroblast RTG-2 cells	+		25	Marabini et al. (2011)
2,2',3,4,4',5'-HexaCB	PCB-138	Micronucleus formation, fish fibroblast RTG-2 cells	-		25	Marabini et al. (2011)
4-MeSO ₂ -2,2',3',5,5',6'-HexaCB	4'-MeSO ₂ -PCB-151	Sister-chromatid exchange, human lymphocytes	-		9.6	Nagayama et al. (1999)
4-MeSO ₂ -2,2',3',5,5',6'-HexaCB	4'-MeSO ₂ -PCB-151	Micronucleus formation, human lymphocytes	-		9.6	Nagayama et al. (1995)
2,2',4,4',5',5'-HexaCB	PCB-153	Chromosomal aberrations (structural), human lymphocytes (5-9 donors)	+		1	Sargent et al. (1989)

Table 4.5 (continued)

PCB congener Structural name	BZ nomenclature ^a	Test system	Results ^b		Dose ^c (LED or HID), µg/mL	Reference
			Without exogenous metabolic system	With exogenous metabolic system		
2,2',4,4',5,5'-HexaCB	PCB-153	Micronucleus formation, human breast epithelial MCF-10A cells	+		0.4	Venkatesha et al. (2008)
2,2',4,4',5,5'-HexaCB	PCB-153	Micronucleus formation, human hepatoma HepG2 cells	+		36	Wei et al. (2009a)
2,2',4,4',5,5'-HexaCB	PCB-153	DNA strand breaks (comet assay), fish fibroblast RTG-2 cells	+		11	Marabini et al. (2011)
2,2',4,4',5,5'-HexaCB	PCB-153	Micronucleus formation, fish fibroblast RTG-2 cells	+		11	Marabini et al. (2011)
4-OH-2,2',3,4',5,5',6-HeptaCB	Metabolite of PCB-187	Detection of repairable adducts by growth inhibition (DRAG) assay in wildtype and DNA repair-deficient Chinese hamster ovary cells	-		23	Johansson et al. (2004)
2,2',3,3',4,4',5,5',6,6'-DecaCB	PCB-209	Gene mutation, mouse lymphoma L5178Y cells, <i>Tk^{+/+}</i> locus	-		150	Han et al. (2009)

^a BZ nomenclature as listed in Table 1.1, Section 1

^b +, considered to be positive; (-), considered to be weakly positive in an inadequate study; -, considered to be negative;?, considered to be inconclusive (variable responses in several experiments within an inadequate study); 0, not tested.

^c Approximately minimal lethal dose not reported.

^d Dose 140 µg/mL is the IC₅₀ concentration inhibiting growth of wildtype CHO cells (AA8) by 50%; 102, 92 and 91 are the IC₅₀ for repair-deficient CHO cells EM9, UV4 and UV5, respectively.

CB, chlorobiphenyl; HID, highest effective dose; HQ, hydroquinone; LED, lowest effective dose; MED, maximum effective dose; MeSO₂, methyl sulfonyl; OH, hydroxyl
For the nomenclature of PCB metabolites, the reader is referred to the review by [Grimm et al. \(2015\)](#).

Table 4.6 Genetic and related effects of PCB congeners and their metabolites in experimental animals in vivo

PCB congener Structural name	BZ nomenclature ^a	Test system	Results ^b	Dose ^c (LED or HID)	Reference
4-MonoCB	PCB-3	Gene mutation, transgenic male BigBlue [®] rat, liver	+	113 ip × 4	Lehmann et al. (2007)
4'-OH-4-MonoCB	Metabolite of PCB-3		-	82 ip × 4	
4-MonoCB	PCB-3	Gene mutation, transgenic male BigBlue [®] rat, lung	(+)	113 ip × 4 (1/week)	Maddox et al. (2008)
4'-OH-4-MonoCB	Metabolite of PCB-3		(+)	82 ip × 4 (1/week)	
4-MonoCB	PCB-3	Gene mutation, transgenic female BigBlue [®] rat, liver	-	113 ip × 4	Jacobus et al. (2010)
4'-OH-4-MonoCB	Metabolite of PCB-3		-	82 ip × 4	
2,2',5,5'-TetraCB	PCB-52	Chromosomal aberrations (numerical and structural), female Sprague-Dawley rat, 70% hepatectomy, bone-marrow cells	-	10 ppm, 1 year	Meisner et al. (1992)
2,2',5,5'-TetraCB	PCB-52	Chromosomal aberrations (numerical), female Sprague-Dawley rat, liver cells after 70% hepatectomy	-	10 ppm × 7 mo 10 ppm × 12 mo	Sargent et al. (1992)
3,3',4,4'-TetraCB	PCB-77	Chromosomal aberrations (numerical & structural), female Sprague-Dawley rat, 70% hepatectomy, bone-marrow cells	-	0.1 ppm, 1 year	Meisner et al. (1992)
3,3',4,4'-TetraCB	PCB-77	Chromosomal aberrations (numerical), female Sprague-Dawley rat liver cells after 70% hepatectomy	-	0.1 ppm × 7 mo 0.1 ppm × 12 mo	Sargent et al. (1992)
3,3',4,4'-TetraCB	PCB-77	DNA strand breaks (comet assay) and micronucleus formation, fish (<i>Salmo trutta fario</i>) erythrocytes	-	0.9 µg/mL	Belpaeme et al. (1996b)
3,3',4,4'-TetraCB and 2,2',5,5'-tetraCB	PCB-77 + PCB-52	Chromosomal aberrations (numerical & structural), female Sprague-Dawley rat, 70% hepatectomy, bone marrow cells	+	0.1 + 10 for 1 year	Meisner et al. (1992)
3,3',4,4'-TetraCB + 2,2',5,5'-tetraCB	PCB-77 + PCB-52	Chromosomal aberrations (numerical), female Sprague-Dawley rat liver cells after 70% hepatectomy	-	0.1 + 10 ppm for 7 mo	Sargent et al. (1992)
3,3',4,4',5'-PentaCB	PCB-126	Gene mutation, transgenic Muta TM Mouse fetus, day 18 of gestation, after exposure on day 10, in utero	-	0.5 po × 1	Inomata et al. (2009)
3,3',4,4',5'-PentaCB	PCB-126	DNA adducts, M,dG secondary oxidative DNA lesion, LC-MS/MS female Sprague-Dawley rat, liver	+	0.001 po × 5 per week for 53 weeks	Jeong et al. (2008)
2,2',4,4',5,5'-HexaCB	PCB-153	DNA adducts, M,dG secondary oxidative DNA lesion, LC-MS/MS female Sprague-Dawley rat, liver	-	1 po × 5 per week for 53 weeks	Jeong et al. (2008)
2,2',4,4',5,5'-HexaCB	PCB-153	DNA adducts, M,dG secondary oxidative DNA lesion, LC-MS/MS female Sprague-Dawley rat, brain	-	1 po × 5/week for 53 weeks	Jeong et al. (2008)

Table 4.6 (continued)

PCB congener Structural name	BZ nomenclature ^a	Test system	Results ^b	Dose ^c (LED or HID)	Reference
3,3',4,4',5'-PentaCB and 2,2',4,4',5,5'-hexaCB	PCB-126 + PCB-153	DNA adducts, M _d G secondary oxidative DNA lesion, LC-MS/MS female Sprague-Dawley rat, liver	+	0.0003 + 3 po × 5/week for 53 weeks	Jeong et al. (2008)
3,3',4,4',5'-pentaCB and 2,2',4,4',5,5'-hexaCB	PCB-126 + PCB-153	DNA adducts, M _d G secondary oxidative DNA lesion, LC-MS/MS female Sprague-Dawley rat, brain	-	0.001 + 1 po × 5/week for 53 weeks	Jeong et al. (2008)
2,2',3,3',4,4',5,5',6,6'-DecaCB	PCB-209	Micronucleus formation, male and female Crl:CD1 mice bone-marrow cells	-	2000 po × 1	Han et al. (2009)
1 : 2 : 3 : 2 Mixture of 2,3',4,4',5'-pentaCB, 2,2',3,3',4,4',5'-hexaCB, 2,2',4,4',5,5'-hexaCB, and 2,2',3,3',4,4',5,5'-heptaCB	PCB-118, PCB-138, PCB-153, PCB-180	DNA adducts, M _d G secondary oxidative DNA lesion, LC-MS/MS female C57BL/6j mouse, liver	-	10 ng TEQ/kg bw ip × 1	Jeong et al. (2008)

^a BZ nomenclature as listed in Table 1.1, Section 1.

^b +, considered to be positive; (-), considered to be weakly positive in an inadequate study; -, considered to be negative; ?, considered to be inconclusive (variable responses in several experiments within an inadequate study)

^c In-vivo tests, mg/kg bw

CB, chlorobiphenyl; HID, highest effective dose; ip, intraperitoneal; mo, month; LED, lowest effective dose; po, oral administration; TEQ, toxic equivalency; 8-OHdG, 8-hydroxy-2'-deoxyguanosine; HPLC/ECD, high-performance liquid chromatography electrochemical detection; I-compounds, take from [Table 4.3](#) or [Table 4.4](#)

7 months ([Elo et al., 1985](#)). [The Working Group noted that the control group was not defined. The data on observed chromosomal aberration and sister chromatid exchange, and the statistical method used, were not provided.] The other study reported a non-significant increase by fourfold in the frequency of chromosomal aberration, but no increase in the frequency of sister-chromatid exchange in a group of 12 workers ([Melino et al., 1992](#)).

In another report, the study group consisted of 45 randomly selected people (workers, residents, or children) living within 2 km of a capacitor-producing factory known to cause occupational and environmental exposure to PCBs, in Semic, Slovenia, and was compared to workers that had pre-employment tests. An abnormally high frequency of structural chromosome aberration (55%) was observed in peripheral lymphocytes from workers and residents when compared with the control group ([Tretjak et al., 1990](#)). However, these findings were not correlated to environmental or blood PCB concentrations. [The Working Group noted that no PCB concentrations in blood were reported. No matched control group was available and no statistical analysis was performed. Heavy smokers and people who had had recent X-ray examinations were excluded from the study].

Men working in Chinese electrical and electronic equipment waste-dismantling factories were shown to be exposed occupationally to PCBs, tetrachlorodibenzo-*p*-dioxins and dibenzofurans (TCDD/Fs) and polybrominated diphenyl ethers (PBDEs). Urine concentrations of 8-hydroxydeoxyguanosine (8-OHdG), a product of oxidative DNA damage, were significantly increased in workers after their working shift when compared with levels before the working shift. However, no correlation could be drawn between the observed increase in urinary 8-OHdG concentrations and occupational exposure to any of the organochlorine compounds ([Wen et al., 2008](#)).

(b) *Genotoxicity and cytogenicity from non-occupational exposure*

Three years after accidental contamination of cooking oil with PCBs in Taiwan, China (see Section 1.4.8), blood samples were taken from 36 patients with Yucheng (“oil disease”); lymphocytes were analysed for chromosomal aberrations and compared with lymphocytes from age- and sex-matched laboratory staff ($n = 10$). Blood PCB concentrations ranged from 6.4 to 101.8 $\mu\text{g/L}$. A high frequency of chromosomal aberration was observed in 19 out of 36 (53%) PCB-exposed patients, while none was seen in the control group. The findings could not be correlated with the blood PCB levels ([Wuu & Wong, 1985](#)). [The Working Group noted that no details on the statistical evaluation or adjustment for confounders were given.]

The frequencies of chromosomal aberration and sister-chromatid exchange in peripheral lymphocytes from 35 nonsmoking women from Taiwan, China, exposed to PCBs through contaminated rice oil (“Yucheng”) were similar to those from matched controls. However, when peripheral blood lymphocytes were treated with α -naphthoflavone in vitro [to increase sensitivity], a small (20%) but significant increase in frequency of sister-chromatid exchange, but not chromosomal aberration, was observed ([Lundgren et al., 1987, 1988](#)).

Similarly, 27 years after exposure to high concentrations of PCBs, the frequency of sister-chromatid exchange in lymphocytes of 16 victims of the “Yusho” food poisoning incident (see Section 1.4.8 in this *Monograph*) were not significantly different from those of a non-exposed control group, despite persistently elevated blood PCB concentrations in these patients (281 pg/g fat versus 41 pg/g fat in the control group). Addition of α -naphthoflavone did not increase the frequency of sister-chromatid exchange ([Nagayama et al., 2001](#)).

Blood concentrations of cadmium, lead, *p,p'*-dichlorodiphenyldichloroethylene (DDE), hexachlorobenzene, PCBs (PCB-99, PCB-118, PCB-170, PCB-138, PCB-153, PCB-180), and dioxin-like activity (Calux assay) were analysed in 1583 residents in nine different industrialized regions in Belgium (De Coster *et al.*, 2008). Also analysed as effect biomarkers were the percentage of cells with micronucleus formation, DNA damage (comet assay) in peripheral blood cells, and 8-OHdG in urine. Overall significant differences between the different regions were found for micronucleus formation, DNA damage, and urinary 8-OHdG concentrations. Among these, positive correlations were reported between PCB-118 concentrations and both micronucleus formation and DNA damage.

In a group of 103 Inuit people from Northern Canada exposed to high dietary concentrations of PCBs and selenium, plasma PCB concentrations and DNA adduct profiles in leukocytes were determined (Ravoori *et al.*, 2008). The ³²P-postlabelling technique used allowed for differentiation between polar and lipophilic adducts. Plasma PCB concentrations were significantly correlated with increasing age [$P < 0.01$]. The most abundant PCB congeners in the plasma were PCB-138, PCB-153, and PCB-180. The most abundant adduct was 8-OHdG, which accounted for 51–57% of the total adduct burden. No correlation between adduct levels and specific PCB congeners, smoking status, or sex were observed.

In a follow-up study in 83 subjects, Ravoori *et al.* (2010) reported 30–800-fold interindividual variability in levels of unidentified polar DNA adducts (indicative of oxidative stress) in leukocytes. Negative associations were observed between total DNA adduct levels and selenium, and PCB concentrations, the latter being significant. After grouping the individuals according to selenium/PCB ratio as high-ratio (ratio, > 33 ; mean, 75.5; $n = 41$), or low-ratio (ratio, ≤ 33 ; mean, 18; $n = 42$), levels of 8-OHdG and total DNA adducts were significantly negatively correlated

with the high-ratio group ($P = 0.014$ and $P < 0.01$, respectively), while there was no correlation with the low-ratio group, indicating a mitigating effect of selenium on the toxicity of PCBs.

(c) Sperm DNA damage

Sex-chromosome disomy in sperm nuclei was determined in 192 men from subfertile couples. A positive association with YY, XY, and total sex-chromosome disomy and an inverse association with XX disomy were observed with higher serum concentrations of four PCBs (PCB-118, PCB-138, PCB-153, and PCB-180) (McAuliffe *et al.*, 2012). Other environmental organochlorine pollutants may also have contributed to sex-chromosome aneuploidy, since plasma DDE concentrations were positively associated with increased rates of XX, XY, and total sex-chromosome disomy.

In a group of 176 Swedish fishermen with low or high consumption of fatty fish, the DNA fragmentation index in sperm was compared with serum PCB concentrations (Rignell-Hydbom *et al.*, 2005). Plasma concentration of PCB-153 was statistically significantly associated with an increase in DNA fragmentation ($P < 0.001$); however, when adjusted for age, which was strongly associated with percentage DNA fragmentation index, this association was no longer significant ($P = 0.28$). When PCB-153 concentrations were categorized into quintiles, the lowest-exposure quintile had significantly lower levels of DNA fragmentation than the other quintiles ($P < 0.001$), even after adjustment for age ($P = 0.006$). The association between DNA fragmentation and DDE concentrations was not significant (Rignell-Hydbom *et al.*, 2005).

In sperm samples from 707 adult men (193 Inuits from Greenland, 178 Swedish fishermen, 141 men from Poland, and 195 men from Ukraine), DNA fragmentation was correlated with serum PCB-153 concentrations (Spanò *et al.*, 2005). After adjustment for age, period of sexual abstinence, and serum PCB-153 concentration,

levels of DNA fragmentation between men in the three European groups did not differ considerably, but were significantly higher than those found in Inuit men. While DNA fragmentation in sperm was unrelated to PCB-153 concentration among the Inuits (very high PCB concentrations) and Polish men (very low PCB concentrations), increasing serum PCB-153 concentrations were significantly associated with increased DNA fragmentation in the Swedish ($P = 0.001$), and Ukrainian cohorts ($P = 0.027$), and in the three European groups combined ($P < 0.0001$). No correlation between DNA fragmentation index and serum DDE concentrations was seen.

Similar results were observed in a subsequent study with a largely overlapping study population ([Stronati et al., 2006](#)).

(d) Gene mutation

A possible correlation between PCB exposure and cancer of the pancreas has been discussed earlier (see Section 2.3.5). An analysis of blood organochlorine concentrations and *KRAS* mutations in tissue from pancreatic cancer found a significant correlation between tumours harbouring *KRAS* mutations and PCB-138, and PCB-153, and between the two most common mutations in *KRAS* and PCB-138 concentrations ([Porta et al., 2009](#)). The dose–response pattern was approximately linear only for PCB-138.

Another study analysed post-mortem samples of brain from patients with neurodevelopmental disorders with a known genetic basis ($n = 32$), autism of unknown etiology ($n = 32$), and controls ($n = 43$) for eight PCBs (PCB-28, PCB-95, PCB-105, PCB-118, PCB-138, PCB-153, PCB-170, and PCB-180) ([Mitchell et al., 2012](#)). The concentration of PCB-95 was significantly higher in the group with genetic neurodevelopmental diseases. In fact, PCB-95 was detected nearly exclusively in the brain of patients from mothers with a specific duplication in the long arm of chromosome 15 (dup15q11–q13) or deletions in the same chromosome 15q11–q13

in patients with Prader-Willie syndrome. Five out of six patients with dup15q11–q13, which is related to autism spectrum disorder, were born after 1976.

(e) Epigenetic effects

In the study by [Mitchell et al. \(2012\)](#) cited above, samples of brain showing dup15q also showed a lower level of methylation in regions of repetitive DNA, suggesting that PCBs may have caused hypomethylation in these regions, resulting in chromosome instability and a higher risk of duplication.

Rusiecki and coworkers used pyrosequencing to estimate global DNA methylation via repetitive elements *Alu* and (long interspersed nucleotide element) LINE-1 assays of bisulfite-treated DNA in 70 samples from Inuit people in Greenland to examine epigenetic effects of high PCB contamination ([Rusiecki et al., 2008](#)). They observed significant inverse correlations between percentages of methylcytosine and plasma concentrations of DDT, DDE, β -hexachlorocyclohexane, oxychlordane, α -chlordane, mirex, sum of PCBs, and sum of all persistent organic pollutants, after adjusting for age and cigarette smoking.

(f) Changes in gene expression

In samples taken in 2007 from 139 daughters of members of a cohort of fish-consumers in Michigan, there was no correlation between serum concentrations of PCB, PBDE, or DDE, and expression of four genes encoding 17- α -hydroxylase (CYP17A1), aromatase (CYP19A1), and estrogen receptor α and β (ESR1 and ESR2) ([Karmaus et al., 2011](#)). In contrast, maternal concentrations of serum PCB (prenatal PCB concentration), measured in 1973–1991, were highly significantly associated with decreased expression of the steroid synthesis genes *CYP17* and *CYP19* in blood lymphocytes. Other persistent organic pollutants were not correlated.

4.2.2 Experimental systems

(a) Commercial PCB mixtures

[Table 4.3](#) and [Table 4.4](#) summarize data with commercial PCB mixtures in in-vitro and in-vivo studies respectively. For each category of test (non-mammalian systems, mammalian cells in vitro, and in-vivo assays), the data are presented by commercial PCB mixture in increasing order of chlorination, and for each commercial mixture, by end-point.

(i) Non-mammalian systems

All PCB mixtures tested for their ability to induce gene mutation in bacteria, i.e. PCB mixtures with chlorination levels ranging from ~20% (e.g. Aroclor 1221) to ~70% (e.g. Aroclor 1268) were not mutagenic in different strains of *Salmonella typhimurium* and *Escherichia coli* in the absence or presence of an exogenous metabolic activation system comprising induced and non-induced liver microsomes ([Table 4.3](#)). However, only Aroclor 1254 was tested up to the recommended limit dose for hazard assessment of 5000 µg/plate ([Shahin et al., 1979](#)), not all strains typically used in the Ames test battery (*S. typhimurium* TA98, TA100, TA1535, TA1537) or *E. coli* WP2 *uvrA* were tested, and an exogenous metabolic system was not always included.

In contrast, Aroclor 1221 and Aroclor 1260 did induce intrachromosomal recombination in *Saccharomyces cerevisiae* cells in the absence and presence of exogenous metabolic activation. Since Aroclor 1221 was effective at lower concentrations than Aroclor 1260, chlorination level seemed to be inversely correlated to mutagenicity of PCBs in this test system ([Schiestl et al., 1997](#)).

Additionally, Aroclor 1254 induced mutations in the number of tandem repeats in *S. cerevisiae* transgenic for the human MS32 mini-satellite ([Appelgren et al., 1999](#)).

Clophen mixtures did not induce somatic mutation in the fruit fly *Drosophila melanogaster* ([Nilsson & Ramel, 1974](#)).

(ii) Mammalian cells in vitro

Aroclor 1254 caused DNA strand breaks (detected by alkaline filter elution) in primary rat hepatocytes ([Sina et al., 1983](#)) and in primary rat prostate cells (comet assay; [Cillo et al., 2007](#)), while evidence for induction of unscheduled DNA synthesis in primary rat hepatocytes was equivocal ([Probst et al., 1981](#); [Althaus et al., 1982](#)). An increase in the frequency of DNA adducts (detected by ³²P-postlabelling) was observed in primary human hepatocytes from three different donors ([Borlak et al., 2003](#)), but not in cultured human hepatocarcinoma HepG2 cells or dexamethasone-treated primary rat fetal hepatocytes ([Dubois et al., 1995](#)). A dose-dependent increase in structural chromosomal aberration starting at concentrations of less than 1 µg/mL was seen in cultured human lymphocytes ([Sargent et al., 1989](#)).

Aroclor 1221 caused intrachromosomal recombination at the *Hprt* locus in a mutant Chinese hamster V79 cell line ([Helleday et al., 1998](#)), and in human lymphoblastoid cells ([Aubrecht et al., 1995](#)). Aroclor 1016 enhanced DNA-adduct formation in primary human lymphocytes ([Borlak et al., 2003](#)); no increase in the frequency of chromosomal aberration was seen in chicken embryos and ouabain-resistant colonies in Chinese hamster V79 cells treated with Aroclor 1242 ([Blazak & Marcum, 1975](#); [Hattula, 1985](#)).

(iii) In-vivo assays

Repeated doses of Aroclor 1254 did not alter hepatic levels of DNA adducts (as measured by ³²P-postlabelling) in male Sprague-Dawley (given two intraperitoneal doses of 500 mg/kg bw) or male Fischer 344 rats (given 35 oral doses of 25 mg/kg bw) compared with controls ([Nath et al., 1991](#); [Chadwick et al., 1993](#)).

When used for hepatic enzyme induction, a single intraperitoneal application of Aroclor 1254 of up to 500 mg/kg bw in rats ([Kornbrust & Dietz, 1985](#); [Shaddock et al., 1989](#)) and 50 mg/kg bw

in cynomolgus monkeys ([Hamilton et al., 1997](#)) did not enhance unscheduled DNA synthesis in isolated primary hepatocytes.

Dietary exposure of male C57BL/6 (Big Blue[®]) mice transgenic for bacterial *lacI* to Aroclor 1254 at 100 ppm (0.01%) for 7 weeks caused a significant, but less than twofold, increase in the frequency of mutation in the liver ([Davies et al., 2000](#)).

No increase in the frequency of structural chromosomal aberration in bone marrow and spermatogonial cells was observed in rats given repeated doses of Aroclor 1254 by gavage (300 mg/kg bw for five consecutive days or 50 mg/kg bw for seven consecutive days) or in the diet (500 ppm for 5 weeks) ([Dikshith et al., 1975](#); [Green et al., 1975a](#); [Garthoff et al., 1977](#)). Aroclor 1254 did not increase the frequency of micronucleus formation in bone marrow of B6C3F₁ mice given Aroclor 1254 as intraperitoneal injections of 15 000 mg/kg bw on five consecutive days ([Bruce & Heddle, 1979](#)).

In contrast to the observations in rodents, a single intraperitoneal injection of Aroclor 1254 induced a dose-dependent increase in the frequency of micronucleus formation in fish (*Cyprinus carpio*) erythrocytes ([Al-Sabti, 1986](#)), and aberrant metaphases and structural chromosomal aberration in fish kidney cells (*Cyprinus carpio*, *Tinca tinca*, *Ctenopharyngodon idella*), from the starting dose of 50 mg/kg bw ([Al-Sabti, 1985](#)). In addition, Aroclor 1254 induced germline length mutation in the PC-1 but not PC-2 minisatellite region in male C57B1/6 mice given a single intraperitoneal dose of Aroclor 1254 at 100 mg/kg bw ([Hedenskog et al., 1997](#)).

Kanechlor 500 (which has a similar level of chlorination as Aroclor 1254) caused a weak (less than twofold) increase in the frequency of micronucleus formation in bone-marrow cells in male ddY mice given an oral dose at 100 mg/kg bw for 6 days, but not when applied subcutaneously at the same dose ([Watanabe et al., 1982](#)).

A single dose of Aroclor 1242 did not enhance levels of DNA adducts (as measured by ³²P-postlabelling) or 8-OHdG formation (as measured by high-performance liquid chromatography/electrochemical detection) in liver, glandular stomach, spleen, thymus, prostate, testes, and seminal vesicles of male Lewis rats, nor did Aroclor 1242 induce structural chromosomal aberrations in bone marrow and spermatogonial cells of Osborne-Mendel rats given a single oral dose of 5000 mg/kg bw, or repeated doses of 500 mg/kg bw for 4 days ([Green et al., 1975a](#); [Schilderman et al., 2000](#)).

Aroclor 1242, like Aroclor 1254, did not reduce the number of mitotic spermatogonial cells in Osborne-Mendel rats at the highest doses tested ([Green et al., 1975a](#)), and had no effect on the number of dominant lethals ([Green et al., 1975b](#)).

A study by [Desaulniers et al. \(2009\)](#) examined the effects of PCB and organochlorine pesticide mixtures on DNA methylation in the liver of exposed rats. The PCB mixture, but not the organochlorine pesticide mixture, reduced the mRNA abundance of DNA methyltransferase-1, -3a, and -3b, reduced the abundance of the methyl donor S-adenosylmethionine, and decreased the methylation of CpG sites in the promoter region of the tumour suppressor gene *p16^{INK4a}*.

Another group analysed histone post-translational modifications in chromatids from liver of rats exposed to PCBs in early life ([Casati et al., 2012](#)). There was a decrease in levels of histone H4K16Ac and histone H3K4me3, and an increase in the expression of *SirtT1* and *Jarid1b*, genes encoding two chromatid-modifying enzymes (histone demethylases). A decrease in the abundance of mRNA of androgen receptor, a histone enzyme coregulator, was also reported.

[Ghosh et al. \(2011\)](#) applied the tools of global gene expression and Ingenuity biological functions analysis to peripheral blood mononuclear cells (PBMC) exposed in vitro to PCB-138 (0.87 ng/mL) or PCB-153 (1.42 ng/mL) for 48

hours. The expression of several biologically significant genes was highly modulated in vitro, in general by downregulation, and differential gene expression was specific to the PCB used. Exposure to PCB-153 identified genes involved in three Ingenuity Pathway Analysis (IPA) networks involved in cellular movement, development and function of the haematological system, immune cell trafficking, molecular transport, and cancer. Exposure to PCB-138 resulted in significant expression of several genes including tumour necrosis factor-associated protein 1 (*TRAP1*), contactin 5 (human neuronal NB-2 gene) (*CNTN5*), glial cell line-derived neurotrophic factor family receptor α -1 (*GFRA1*), von Willebrand factor D and EGF domains (*VWDE*), and *CYP1A2*. Notable among these are the upregulated genes *TRAP1*, *CNTN5*, *GFRA1*, which are important in the activation of *TRAP-1*.

Using the same genomic methods, [Hochstenbach et al. \(2010\)](#) reported alterations indicative of exposure to immunotoxicants in whole genome gene-expression profiles (transcriptomic changes) in human PBMC from two healthy donors exposed in vitro to a range of immunotoxic chemicals including PCB-153.

[Wens et al. \(2013\)](#) studied gene-expression profiles in PBMC exposed in vitro to a dioxin-like polychlorinated biphenyl, PCB-126 (1 μ M), or a non dioxin-like polychlorinated biphenyl, PCB-153 (10 μ M). Hierarchical cluster analysis created distinct clustered gene groups for samples exposed to PCB-126 or PCB-153. The number of differentially expressed genes varied with the compound used and ranged from 60 to 192. As expected, exposure to PCB-126 caused induction of the AhR signalling pathway. Exposure to PCB-153, which is known to disrupt thyroid metabolism, resulted in expression of the nuclear estrogen receptor *ESR2*.

(b) Individual congeners and their metabolites

In this section, the data in the text are presented first for non-mammalian systems and then combined for cell culture tests and in-vivo assays, by PCB congener and corresponding metabolite(s) ([Table 4.5](#) and [Table 4.6](#)). Data in the table are presented first for non-mammalian systems and cell culture tests ([Table 4.5](#)), and then for in-vitro assays ([Table 4.6](#)).

(i) Non-mammalian systems

In tests for gene mutation in bacteria, the PCB congeners PCB-1, PCB-3, PCB-15, PCB-47, PCB-52, PCB-77, PCB-155, and PCB-209 were not mutagenic in various strains of *Salmonella typhimurium* and *Escherichia coli* in the absence or presence of exogenous metabolic activation (induced and non-induced liver microsomes), except in one study with PCB-3 in *S. typhimurium* TA1538 in the presence of rabbit liver microsomes ([Wyndham et al., 1976](#)). Only PCB-209 was tested up to the recommended limit dose of 5000 μ g/plate and in all strains typically used in the Ames test battery, i.e. *S. typhimurium* TA98, TA100, TA1535, TA1537, and in *E. coli* WP2 *uvrA* ([Han et al., 2009](#)).

The less chlorinated congener PCB-15 was reported to induce somatic mutation in *Drosophila melanogaster* ([Butterworth et al., 1995](#)).

(ii) Cell culture tests and in-vivo assays

Several studies have shown in vitro or in non-humans in vivo that PCB congeners with one to four chlorine atoms are bioactivated to DNA- and protein-binding intermediates in vitro and in vivo. Each congener produced multiple different DNA adducts, particularly with guanine. The most prominent ultimate DNA-binding intermediates were quinone metabolites, but some binding of epoxide intermediates was suggested. Rodent and human liver microsomes produced similar or different adduct patterns depending on the PCB congener used, indicating that

species differences exist. Reactive intermediates can bind to cellular macromolecules, including DNA and DNA-maintenance proteins, and such adducts can be detected in multiple organs ([Morales & Matthews, 1979](#); [Amaro et al., 1996](#); [McLean et al., 1996b](#); [Oakley et al., 1996a, 1996b](#); [Lin et al., 2000](#); [Pereg et al., 2001, 2002](#); [Srinivasan et al., 2002](#); [Arif et al., 2003](#); [Zhao et al., 2004](#); [Bender et al., 2006](#); [Bender & Osheroff, 2007](#)).

PCB-1, PCB-2, PCB-3 and metabolites

Without exogenous metabolic activation, tritium-labelled PCB-3 was reported to bind to DNA, RNA, and cellular proteins in cultured Chinese hamster ovary cells ([Wong et al., 1979](#)). PCB-3 also enhanced unscheduled DNA synthesis by 1.6-fold in the same cell line ([Wong et al., 1979](#)), and increased DNA-adduct formation dose-dependently in primary human hepatocytes, as determined by ^{32}P -postlabelling ([Borlak et al., 2003](#)). Maximum adduct levels were observed 24 hours after exposure and declined to control levels within 48 hours ([Borlak et al., 2003](#)).

The mutagenicity of PCB-3, its mono- and dihydroxylated metabolites, and its 3',4'- and 2',5'-quinones was investigated in cultured Chinese hamster V79 cells ([Zettner et al., 2007](#)). Induction of gene mutations at the *Hprt* locus was determined by 6-thioguanine resistance. Induction of chromosomal and genomic mutation was assessed by micronucleus formation and immunochemical differentiation of micronuclei containing whole chromosomes (kinetochore-positive) or DNA fragments (kinetochore-negative). Both quinones, but not the PCB-3 itself or its mono- or dihydroxylated metabolites, caused a dose-dependent increase in the frequency of 6-thioguanine-resistant colonies at non-cytotoxic concentrations, and an increase in chromosomal and genomic mutation was observed at higher, cytotoxic concentrations.

In addition, the 2',5'-dihydroxylated metabolites of PCB-3 and PCB-2, but not of PCB-1, or the 3',4'-dihydroxy-PCB-3 induced polyploidy in

V79 cells; of these dihydroxylated metabolites, only 3',4'-dihydroxy-PCB-3 increased the levels of sister-chromatid exchange ([Flor & Ludewig, 2010](#)).

As in V79 cells, PCB-3-2',5'-quinone caused a dose-dependent increase in the frequency of micronucleus formation in human breast epithelial MCF-10A cells ([Venkatesha et al., 2008](#)). At the concentrations tested, electron paramagnetic resonance showed an increase in steady-state levels of ROS, and detected the presence of a semiquinone radical, suggesting redox cycling of the 2',5'-quinone. Furthermore, the increase in number of micronucleated cells observed with PCB-3-2',5'-quinone and also with PCB-153 was consistent with an increase in levels of phosphorylated histone protein γ -H2AX ([Venkatesha et al., 2008](#)). The 2',5'-quinone of PCB-3 also caused significant and dose-dependent shortening of the telomeres in human keratinocyte HaCaT cells after 11 weeks of exposure, and an increase in frequency of micronucleus formation in V79 cells ([Jacobus et al., 2008](#)).

Induction of gene mutation in vivo by PCB-3 and its monohydroxylated metabolite 4'-OH-PCB-3 was investigated in male and female transgenic Fischer 344 (Big Blue[®]) rats given four intraperitoneal injections of PCB-3 at 113 mg/kg bw and 4'-OH-PCB-3 at 82 mg/kg bw over 4 weeks. Seventeen days after the last injection, the frequency and spectrum of mutation in the *lacI* gene were determined in the liver ([Lehmann et al., 2007](#)) and lung ([Maddox et al., 2008](#)) of males, and in the liver of females ([Jacobus et al., 2010](#)). Both PCB-3 and its 4'-OH-metabolite caused a similar, more than twofold, increase in mutation frequency in the liver of male rats; however, only the increase observed with PCB-3 was statistically significant. Although the mutation spectrum induced by PCB-3 was different from that in control rats, and similar to that induced by the positive control, 3-methylcholanthrene, only the proportion of transitions was statistically different from that in control

rats. In contrast, the mutation spectrum for 4'-OH-PCB-3 differed only slightly from that in the control group ([Lehmann et al., 2007](#)). In the liver of female rats treated with PCB-3 and its 4'-OH-metabolite, mutation frequencies and mutation spectra were not significantly different from those observed in control rats ([Jacobus et al., 2010](#)). PCB-3 and its 4'-OH-metabolite caused a twofold, but not statistically significant, increase in mutation frequency in the lungs of treated males. However, a shift in the mutation spectra, especially with PCB-3, and an increase in the frequency of mutation outside of the hotspot region for spontaneous mutation of *lacI* (base pairs 1–400) were observed ([Maddox et al., 2008](#)). The genotoxicity profile of metabolites of PCB-3 is summarized in [Table 4.7](#).

PCB-28, PCB-52, PCB-77

PCB-52 enhanced the frequency of DNA strand breaks in human lymphocytes (comet assay) and mouse fibroblast L-929 cells (alkaline sedimentation), but had no effect on the level of sister-chromatid exchange and structural chromosomal aberration in human lymphocytes ([Stadnicki & Allen, 1979](#); [Stadnicki et al., 1979](#); [Sargent et al., 1989](#); [Sandal et al., 2008](#)). However, the addition of PCB-77 at non-genotoxic concentrations led to a threefold increase in the frequency of chromatid breaks compared with that in control cells ([Sargent et al., 1989](#)).

PCB-28, PCB-52, and a synthetic mixture of PCBs similar to that present in air in Chicago, USA, at equimolar concentrations all caused a 30–40% reduction in telomerase activity in human skin HaCaT keratinocytes, but the effect on telomere length differed, with shortening effects caused by PCB-28, PCB-52, and the Chicago air mixture of about 10%, 40%, and 5%, respectively, compared with controls after 6 weeks of exposure ([Senthilkumar et al., 2011](#)).

PCB-77 caused DNA-adduct formation in human hepatocarcinoma HepG2 cells and in dexamethasone-treated primary rat fetal

hepatocytes. In human lymphocytes, PCB-77 induced structural chromosomal aberration, but no increase in the frequency of micronucleated cells and sister-chromatid exchange was observed ([Sargent et al., 1989](#); [Dubois et al., 1995](#); [Belpaeme et al., 1996b](#)).

Long-term dietary exposure of female hepatectomized Sprague-Dawley rats to PCB-52 at 10 ppm for 7 months, or PCB-77 at 0.1 ppm for 1 year, did not enhance the frequency of structural or numerical chromosomal aberration in liver and bone-marrow cells ([Meisner et al., 1992](#)). However, coexposure to PCB-52 and PCB-77 at the doses given above for 1 year increased the frequency of polyploidy and structural chromosome aberration in bone-marrow cells. Although the frequency of numerical and structural chromosomal aberration in primary hepatocytes remained unaffected after coexposure to PCB-52 and PCB-77 for 7 months, the liver became more susceptible to diethylnitrosamine-induced genotoxicity ([Sargent et al., 1992](#)).

PCB-101, PCB-118, PCB-138

PCB-101, PCB-118, and PCB-138 were able to induce DNA strand breaks (comet assay) and micronucleus formation (except PCB-138) in fish fibroblast RTG-2 cells [usually not used for genotoxicity testing], in a single dose experiment. However, the time course of markers for oxidative stress (carboxy-dichlorofluorescein oxidation, intracellular GSH, lipid peroxidation, and superoxide dismutase activity) did not correspond with the observed genotoxicity ([Marabini et al., 2011](#)).

PCB-126

PCB-126 did not increase the frequency of micronucleus formation in human hepatoma HepG2 cells, but did cause a significant, but not dose-dependent, increase in levels of the DNA repair protein XPA (Western blot), whereas XPC protein levels were unaffected ([Wei et al., 2009b](#)).

Table 4.7 Genotoxicity profile of metabolites of PCB-3

Compound	Lowest effective dose (μM)						
	Gene mutation (thioguanine resistance) ^a	Micronucleus (clastogenic effect) ^a	Micronucleus (aneuploidy: chromosomal loss) ^a	SCE ^b	Polyploidy ^b	DNA damage (comet assay) ^c	ROS ^c
PCB-3	-	-	-	-	-	-	-
2-OH-PCB-3	-	-	50	-	-	-	-
3-OH-PCB-3	-	-	100	-	-	-	-
4-OH-PCB-3	-	75	75	-	-	-	-
3,4-dihydroxy-PCB-3	-	25	15	5	-	-	-
3,4- <i>ortho</i> -quinone	0.6	15	5	-	-	-	-
2,5-hydroquinone	-	5	2.5	-	7.5	10 (at 37°C, not 6°C, in HL-60 cells; not in Jurkat cells at 37°C)	5 (ROS increased in HL-60 cells at 37°C, not at 6°C; no effect on ROS in Jurkat cells)
2,5- <i>para</i> -quinone	0.5	1	2.5	-	-	5 (at 37°C or 6°C in HL-60 cells; at 37°C in Jurkat cells)	2.5 (ROS increased in HL-60 cells and in Jurkat cells)

^a From [Zettner et al. \(2007\)](#)

^b From [Flor & Ludewig \(2010\)](#)

^c From [Xie et al. \(2010\)](#)

PCB, polychlorinated biphenyl; ROS, reactive oxygen species; SCE, sister-chromatid exchange. Adapted from [Robertson & Ludewig \(2011\)](#)

PCB-126 did not increase the frequency of mutation in fetuses of the transgenic MutaTMMouse on day 18 of gestation after a single maternal oral dose of 0.5 mg/kg bw on day 10 of gestation ([Inomata et al., 2009](#)).

PCB-126 and PCB-153

The role of oxidative DNA damage in carcinogenesis caused by PCB-126, PCB-153, and a combination thereof, was investigated by measuring in treated animals the accumulation of a DNA adduct, namely 3-(2'-deoxy-β-D-erythro-pentafuranosyl)-pyrimido[1,2-α]-purin-10-one (M1dG) (the pyrimidopurinone of deoxyguanosine) ([Dedon et al., 1998](#)), which can be formed by reaction of lipid-peroxidation derived malonaldehyde or by oxidation of deoxyribose-derived DNA base propenal and deoxyguanosine. Accumulation of M1dG adducts was assessed in the liver of female C57BL/6J mice given a single dose and in Sprague-Dawley rats exposed for 1 year. A single dose of a mixture consisting of four dioxin-like compounds (including PCB-126), or a mixture consisting of four non-dioxin-like PCBs (PCB 118, 138, 153, 180), did not increase M1dG accumulation in the mouse liver. In female Sprague-Dawley rats exposed to PCB-126, PCB-153, or a combination of both for 1 year (see Section 3; [NTP, 2006a, b, c](#)), an increase in hepatic levels of M1dG was observed in rats treated with PCB-126, and in rats treated with a combination of PCB-126 + PCB-153. In female rats coexposed to PCB-126 + PCB-153, the observed levels of M1dG adducts correlated with the observed incidence of liver tumours ([Jeong et al., 2008](#)).

PCB-153

PCB-153 induced structural chromosomal aberration in human lymphocytes ([Sargent et al., 1989](#)) and a statistically significant dose-dependent increase in the frequency of micronucleus formation in human breast epithelial MCF-10A cells ([Venkatesha et al., 2008](#)). PCB-153

also induced a significant and dose-dependent twofold increase in the frequency of micronucleation in human hepatocarcinoma HepG2 cells. Coexposure to PCB-153 and benzo[*a*]pyrene significantly and dose-dependently increased the frequency of micronucleus formation by 60%. When α-naphthoflavone (an inhibitor of CYP1A1) was added to cultures exposed to PCB-153 and PCB-153 + benzo[*a*]pyrene, the frequency of micronucleation decreased almost to control levels ([Wei et al., 2009a](#)).

PCB-153 was able to induce DNA strand breaks and micronucleus formation in fish fibroblast RTG-2 cells ([Marabini et al., 2011](#); see above for comments).

Treatment of immortal human skin HaCaT keratinocytes with PCB-153 at a single concentration resulted in a decrease in telomerase activity (~20% after 1 week to ~40% after 7 weeks of exposure) and telomeres were shortened by about 40% ([Senthilkumar et al., 2012](#)). Shortening of telomeres was also observed in normal human foreskin keratinocytes exposed to PCB-153 in culture, but the difference compared with the control cells was not statistically significant on any of the days analysed.

PCB-209

PCB-209 did not induce mutation at the thymidine kinase locus in mouse lymphoma L5178Y/T^{+/−} cells, and did not cause an increase in micronucleus formation in bone-marrow cells of male and female Crl:CD1 mice given a single oral dose at 2000 mg/kg bw ([Han et al., 2009](#)).

MeSO₂-PCB metabolites

MeSO₂-PCBs did not induce micronucleus formation in cultured human lymphocytes, but some, namely 3-MeSO₂-2,5,2',4',5'-pentaCB [3'-MeSO₂-PCB-101;3-MeSO₂-2,2',4',5,5'-pentaCB] and 4-MeSO₂-2,5,2',3',4'-pentaCB [4'-MeSO₂-PCB-87; 4-MeSO₂-2,2',3',4',5'-pentaCB], enhanced levels of sister-chromatid exchange ([Nagayama et al., 1995, 1999](#)).

(c) *Summary*

Numerous cell-based test systems, and animal models, have been used to investigate the genotoxic potential of commercial PCB mixtures. However, only 13 individual congeners have been examined so far in studies of genotoxicity and related effects. Seven congeners (PCB-3, PCB-52, PCB-77, PCB-118, PCB-138, PCB-153, PCB-209) have been investigated in both cellular systems and animals. An additional four congeners (PCB-15, PCB-47, PCB-101, and PCB-155) were tested only in cellular systems, and two congeners (PCB-126 and PCB-180) have been tested only in cellular systems or animals, respectively.

Studies on induction of gene mutation in bacteria exposed to PCB mixtures, or to the few individual congeners tested, gave negative results. However, these data were of limited value for assessing this end-point because the doses applied were usually < 1000 µg/plate and/or where this was not the case, testing with an exogenous metabolic system was omitted. Studies with PCB-209 were not subject to the aforementioned limitations.

When high concentrations of commercial PCB mixtures were tested in *Saccharomyces cerevisiae*, genotoxicity was observed with Arochlor 1254, Arochlor 1221, and Arochlor 1260. In mammalian cells in vitro, Arochlor 1254 was reported to produce DNA adducts, unscheduled DNA synthesis, DNA strand breaks and, to some extent, chromosomal aberration. Although these end-points were negative when tested in rodents in vivo, Arochlor 1254 did increase chromosomal aberration and micronucleation in fish, and mutation frequency in the liver of transgenic Big Blue[®] mice. Arochlor 1254 induced cell transformation in cultured Syrian hamster embryo cells.

As for the individual congeners, the most comprehensive data on genetic effects were available for PCB-3 and its metabolites. PCB-3 did not induce gene mutation in bacteria at doses up to 1000 µg/plate in the presence or absence of

an exogenous metabolic system, except for one study in strain TA1538 in the presence of rabbit liver microsomes (see [Table 4.4](#)). However, PCB-3 was reported to bind to DNA and to cause an increase in levels of DNA adducts in primary human hepatocytes.

The cell lines commonly used for mutagenicity testing (Chinese hamster lung fibroblast V79, Chinese hamster ovary fibroblast, and mouse lymphoma L5178Y cells) have no or only very limited biotransformation capability, a problem for test compounds that require metabolic activation. Using instead a series of synthetic PCB-3 metabolites in the V79 gene mutation assay, the *ortho* (3,4-) and *para* (2,5-) quinones were shown to efficiently induce mutation at the *Hprt* locus at non-cytotoxic concentrations, while none of the tested mono- or dihydroxylated metabolites or PCB-3 itself induced mutation (see [Table 4.4](#)). In addition, an increase in chromosomal and genomic mutation was observed for all tested PCB-3 metabolites at higher, cytotoxic concentrations. Also, the 2',5'-dihydroxylated metabolites of PCB-3 and PCB-2, but not metabolites of PCB-1 or the 3',4'-dihydroxylated PCB-3, induced polyploidy in V79 cells, indicating strict structure-activity requirements for this type of DNA damage. The 2',5'-quinone of PCB-3 induced an increase in levels of ROS via a semiquinone radical at concentrations inducing micronucleation, suggesting redox cycling of the 2',5'-quinone. PCB-3-2',5'-quinone caused telomere shortening in cultured HaCaT cells exposed for 11 weeks, an effect that may have been caused by oxidative stress.

The mutagenic activity of PCB-3 was also tested in an assay in transgenic rats in vivo. In the liver of male rats exposed to PCB-3, the mutation frequency was significantly increased and the mutation spectrum changed from predominantly transitions in the controls to predominantly G:C → T:A transversions in the rats exposed to PCB-3. 4'-OH-PCB-3 caused a similar, but not statistically significant, increase

in mutation frequency and a minor shift in the mutation spectrum compared with rats in the control group. A sex-specific and organ-specific difference was noted, since the response was less pronounced in livers of female Big Blue[®] rats and lungs of males, in which the observed increases in mutation frequency were below the level of statistical significance.

The non-dioxin-like PCB-52 was not tested for gene mutation in bacteria and cultured mammalian cells. Data on chromosomal aberration in cultured mammalian cells were ambiguous, but also of limited value since PCB-52 was never tested in the presence of a metabolic activation system. There were, however, indications of DNA damage caused by PCB-52 metabolites in studies in vitro and in vivo in rats coexposed to PCB-52 and dioxin-like PCB-77 for 1 year. Negative outcomes in other studies of chromosomal aberration in vivo may be attributed to the low doses tested.

The dioxin-like PCB-77 increased the level of DNA adducts in cultured mammalian cells. The lack of data on mutagenicity testing of PCB-77 did not allow for an interpretation of these findings with regard to gene mutation. Data on structural/numerical chromosomal aberrations, including micronucleus formation, were inconclusive in vitro, and negative for chromosomal aberration in female rats after long-term dietary exposure.

The limited data available on PCB-126 suggested no genotoxic potential in vitro or in vivo. However, increased levels of DNA adduct (M₁dG) indicative of the formation of ROS and/or lipid peroxidation were seen in female rats exposed to PCB-126 and PCB-126 + PCB-153 for 1 year ([Jeong et al., 2008](#)).

Non-dioxin like PCB-153 gave positive results when tested for micronucleus formation in two cultured mammalian cell lines and one fish cell line. Also, reduction in telomerase activity corresponding to shortened telomeres was reported in cultured human cells. [Since no in-vivo data were

available, the significance of these in-vitro results could not be assessed by the Working Group.]

For the decachlorinated PCB-209, a series of standard assays for genotoxicity that followed internationally accepted testing guidelines for regulatory purposes were performed under good laboratory practice (GLP) conditions, and showed no mutagenic and/or genotoxic potential.

4.3 Biochemical and cellular effects

4.3.1 AhR binding and activation

(a) AhR activity

AhR is a cytosolic, ligand-activated transcription factor that mediates many toxic and carcinogenic effects in vertebrates. TCDD has extremely high affinity to the AhR and is the reference AhR agonist and toxicant. AhR-mediated toxic responses are consequences of deregulated physiological functions, and sustained (chronic) AhR activation by persistent “dioxin-like” compounds is the key process in dioxin-like toxicity ([Bock & Köhle, 2006](#)). Toxicological evaluation of dioxin-like-PCBs (DL-PCBs) is based on various end-points associated with activation of the AhR and AhR-mediated physiological and toxic responses ([Haws et al., 2006](#)). The major advantages of this concept are that most (if not all) effects of dioxin-like compounds are mediated via AhR activation, and that various effects of TCDD reported in many in-vivo and in-vitro models associated with carcinogenesis and tumour promotion may be extrapolated for DL-PCBs ([IARC, 2012](#)).

Effects of AhR-mediated changes in gene expression include the control of xenobiotic-metabolizing enzymes, modulations in cell cycle progression and cell proliferation, suppression of apoptosis, and perturbation of various developmental signalling pathways involved in carcinogenic processes ([Vezina et al., 2004](#); [Sartor et al., 2009](#); [Faust et al., 2013](#)). In addition, AhR interacts with other signalling and transcription pathways,

including estrogen, thyroid and retinoic acid receptors, mitogen-activated protein kinases (MAPKs), NF- κ B, retinoblastoma protein, and hypoxia-inducible factor-1 α ([Tian et al., 2002](#); [Beischlag et al., 2004](#); [Murphy et al., 2007](#); [Puga et al., 2009](#)). Several molecular mechanisms that are related to AhR and that may contribute to carcinogenesis have been proposed:

- Induction of CYP1 enzymes linked to toxicity and cancer initiation (DNA-adduct formation and oxidative DNA damage);
- Sustained AhR-dependent expression of genes directly or indirectly controlling the cell cycle, proliferation and apoptosis, and cross-talk between genes in the AhR and growth-regulatory pathways;
- AhR-mediated cytoskeletal remodelling, reduced cell-cell contacts, modulation of developmental/differentiation pathways, cell plasticity and invasiveness affecting tumour progression;
- Upregulation of proinflammatory genes ([Gasiewicz et al., 2008](#)).

Correlations between the immunosuppressive effects of PCBs and activation of the AhR pathway have been also reported (see Section 4.3.4).

(b) Concepts of TEF and TEQ

The concept of toxic equivalency (TEQ) is based on a common mechanism of action (mediated through AhR activation) of persistent organic pollutants (including polyhalogenated dibenzo-*p*-dioxins, dibenzofurans and biphenyls). It uses relative effective potencies (REP) of individual compounds to activate the AhR, and AhR-dependent toxic or biological effects relative to the reference toxicant TCDD; toxic equivalency factors (TEFs) for individual compounds were established/extrapolated from the database of many in-vivo studies. Since the 1980s, the TEF concept has been developed and refined ([Safe](#)

[et al., 1985](#); [Safe, 1990](#); [Ahlborg et al., 1994](#); [Van den Berg et al., 1998](#)). Current TEF values were reevaluated recently using a refined TEF database ([Haws et al., 2006](#); [Van den Berg et al., 2006](#)).

TEQ is defined by the sum of concentrations of dioxin-like compounds multiplied by their TEF values. A limitation of the concept is the additivity model being used, but its major advantage is the transformation of data on chemical concentration of complex mixtures into a single TCDD-like activity of the mixture. Many experimental studies with complex mixtures have confirmed that the TEQ approach is consistent with an additive model, although some deviations from additivity are observed. Another disadvantage is that the potential toxic and carcinogenic effects of non dioxin-like-PCBs (NDL-PCBs) are not included in this concept; high levels of NDL-PCBs may even suppress AhR-mediated toxicity, and thus act as antagonists.

Importantly, studies of carcinogenic and tumour-promoting activity were accounted for in the refined TEF database. Based on the TEF approach, carcinogenic hazard in humans may only be identified for DL-PCBs. The current TEF values for the PCB congeners included in the TEF concept are presented in Section 1, Table 1.4.

(c) Validation in experimental systems

AhR activation by DL-PCBs has been reported in many studies in vitro and in vivo, including comparative toxicogenomic analyses in primary human, monkey, and rodent hepatocytes ([Silkworth et al., 2005](#); [Westerink et al., 2008](#)). In a comparative in-vitro study in primary cultures of human and rat hepatocytes exposed to TCDD or PCB-126 at various concentrations for 48 hours, dose-responses and relative effective potencies (REP-values) were calculated for induction of CYP1A1 and other AhR-responsive genes ([Carlson et al., 2009](#)). Previously, [Silkworth et al. \(2005\)](#) found that human cells are about 10–1000 times less sensitive to TCDD, PCB-126, and Aroclor 1254 than are rat and monkey cells.

Importantly, the newly calculated rat–human interspecies relative potency factors for PCB-126 were more than 100 times lower than the current rodent-derived value (Silkworth *et al.*, 2005).

These and other studies showed a relative insensitivity of the human AhR and human cells to PCB-126. In addition to a lesser potency of TCDD in human models (Haws *et al.*, 2006), lower potencies of PCB-126 might be due to species differences in relative intrinsic efficacy and/or species-specific differences in recruitment of transcriptional co-activators (Carlson *et al.*, 2009). In spite of the discrepancies between relative potencies of PCB-126 and TCDD in rodent and human liver cells, REP estimates based on induction of CYP1A1 or other AhR target genes might be relevant to evaluate the carcinogenic and hepatotoxic potential of TCDD and PCB-126 in humans.

The TEF approach and additivity concept were evaluated in 2-year cancer bioassays in groups of 53–55 female Harlan Sprague-Dawley rats receiving TCDD at a dose of 3–100 ng/kg bw per day, PCB-126 at a dose of 30–1000 ng/kg bw per day, 2,3,4,7,8-pentachlorodibenzofuran (PeCDF) at a dose of 6–200 ng/kg bw per day, or a mixture of the three toxicants. Dose–response curves for hepatic, pulmonary, and oral mucosal neoplasms showed that carcinogenic effects could be predicted from the WHO TEF values (Walker *et al.*, 2005).

In a short-term study, female Harlan Sprague-Dawley rats were exposed for 13 weeks to toxicologically equivalent doses of four polychlorinated aromatic hydrocarbons based on their TEF: TCDD (100 ng/kg bw per day), PeCDF (200 ng/kg bw per day), PCB-126 (1000 ng/kg bw per day), or PCB-153 (1000 µg/kg bw per day) (Vezina *et al.*, 2004). The AhR agonists (TCDD, PeCDF, and PCB126) produced very similar global gene-expression profiles, while PCB-153 showed a different, non-AhR-mediated response. All four compounds induced significant liver hypertrophy. TCDD and PCB-126 were

more effective in activating AhR-dependent gene expression and inducing hepatic hypertrophy than was PeCDF, although the administered doses of each compound were based on equal TEQ values. These data fitted perfectly with the TEF value for PCB-126 in rats. Nevertheless, the gene-expression data might not bear a direct relevance to carcinogenicity of the studied compounds (Vezina *et al.*, 2004).

Global gene expression was investigated *in vitro* in the contact-inhibited rat liver progenitor WB-F344 cells exposed to PCB-126 at a concentration of 100 nM, or TCDD at 1 nM, for 6, 24, and 72 hours (Faust *et al.*, 2013). AhR dependency was validated using both chemical inhibition of AhR and knockdown of the AhR or the aryl hydrocarbon receptor nuclear translocator (ARNT) using small interfering RNA (siRNA). Gene ontology analysis revealed that, apart from deregulation of drug and lipid metabolism, genes participating in regulation of the cell cycle and growth control, developmental and cancer pathways, cell–cell communication and adhesion were significantly affected. Importantly, transcriptional regulation mediated by PCB-126 was very similar to that induced by TCDD in rat liver *in vivo* (Vezina *et al.*, 2004), and in rat liver progenitor WB-F344 cells. [Nevertheless, the relevance of these data to human carcinogenesis remained limited due to the species-specific pattern of AhR-dependent gene expression (Dere *et al.*, 2011).]

4.3.2 Cell death and proliferation

- (a) *Apoptosis, cell proliferation, and cell cycle control*
- (i) *Apoptosis*

DL-PCBs and NDL-PCBs have been shown to suppress DNA damage-induced apoptosis *in vitro* (Knerr & Schrenk, 2006; Al-Anati *et al.*, 2010).

PCB-28, PCB-101, and PCB-187 inhibited ultraviolet irradiation-induced apoptosis in hepatocytes from male Wistar rats pre-exposed to ultraviolet radiation before being treated with PCBs for 12 hours. A statistically significant suppression of apoptosis was found after the treatment with PCB-28 at 1 nM, PCB-101 at 10 nM, or PCB-187 at 1 μ M ([Bohnenberger et al., 2001](#); [Schrenk et al., 2004](#)).

PCB-126, and several NDL-PCBs (concentration range, 0.01–10 μ M), attenuated the TP53-mediated apoptotic response via phosphorylation of the regulatory protein MDM2 in human hepatoma HepG2 cells ([Al-Anati et al., 2009](#)). PCB-28, PCB-101, and PCB-153 reduced benzo[*a*]pyrene-induced phosphorylation of MDM2, and amplified the benzo[*a*]pyrene-induced TP53-dependent apoptotic response; however, benzo[*a*]pyrene-induced apoptosis was inhibited. Reduced levels of phosphorylated forkhead family transcription factor FOXO3a [FOXO3] were also reported after treatment with NDL-PCBs ([Al-Anati et al., 2010](#)). FOXO3a probably functions as a trigger for apoptosis through expression of genes necessary for cell death. Thus NDL-PCBs may also inhibit benzo[*a*]pyrene-induced apoptosis by preventing phosphorylation of FOXO3a ([Al-Anati et al., 2010](#)).

(ii) Cell proliferation

Cell proliferation can be caused either by cytotoxicity/injury and regenerative proliferation, or by a sustained increase in proliferation. It is mediated via several signal-transduction pathways leading to pro-proliferative changes in gene expression (controlled by specific transcription factors, such as AhR, CAR, NF- κ B or AP-1). These events may drive genotoxic and nongenotoxic processes associated with tumour promotion and progression. PCBs have been reported to induce such proliferative events in a series of experimental in-vitro and in-vivo models ([Tharappel et al., 2002](#); [Marlowe & Puga, 2005](#); [Puga et al., 2009](#)).

CAR is known to control the hepatic expression of detoxification enzymes and to induce sustained cell proliferation in the liver. *Ortho*-substituted PCBs induce expression of CYP isoenzymes (see Section 4.1.3) via CAR ([Muangmoonchai et al., 2001](#)). The activation of CAR-dependent gene expression by NDL-PCBs in vivo has been observed, e.g. in rat liver after 28-day exposure to PCB-180 ([Roos et al., 2011](#)), or in the liver of immature, ovariectomized C57BL/6 mice treated with PCB-153 ([Kopec et al., 2010](#)). Using a range of genetically engineered human cell models derived from liver, lung, and colon tissues, it has been shown that several NDL-PCBs, such as PCB-99, PCB-138, PCB-153, PCB-180 or PCB-194, may activate CAR-controlled reporter vectors, as well as PXR reporters, in a tissue-specific manner ([Al-Salman and Plant, 2012](#)). [The Working Group was aware that the relevance to human risk of CAR-driven hepatocarcinogenic effects seen in rodents has been questioned ([Holsapple et al., 2006](#)).]

In the 13-week study by [Vezina et al. \(2004\)](#), modulation of global gene expression was analysed in liver of female rats given PCB-153 at a dose of 1000 μ g/kg bw per day. In addition to CYP2B1 and CYP2B2, PCB-153 also modulated the expression of anti-apoptotic genes (*Bcl2* and *Wee1* were downregulated), and other genes associated with liver injury. PCB-153 selectively enhanced expression of the cAMP response element modulator (CREM), which is a signature response to liver regeneration after hepatocyte injury.

In an initiation–promotion study in female Sprague-Dawley rats, an increase in the frequency of several preneoplastic foci, and increased NF- κ B and AP-1 binding activities were observed in the liver of rats given PCBs ([Tharappel et al., 2002](#)). Although cell proliferation was not affected by PCB-153, apoptotic indexes were decreased in focal hepatocytes by PCB-153. The induction of altered hepatic foci appeared to be related to compensatory cell proliferation in rats treated

with PCB-77, while inhibition of apoptosis appeared to be important for rats treated with PCB-153 ([Tharappel et al., 2002](#)). In a subsequent study, a single dose of PCB-153 (at 150 or 300 $\mu\text{mol/kg}$ bw), but not PCB-77, induced hepatocyte proliferation and hepatic NF- κB activation in male Sprague Dawley rats ([Lu et al., 2003](#)). Comparison of the effects of PCB-153 in wild-type mice and in mice deficient in the NF- κB p50 subunit suggested possible involvement of NF- κB in PCB-153-modulated cell proliferation and apoptotic changes ([Lu et al., 2004](#)). Absence of the NF- κB p50 subunit inhibited the promoting activity of PCB-153, as illustrated by the NF- κB knockout study in mice treated with diethylnitrosamine/PCB-153. Taken together these data implicate a possible role for oxidative stress-mediated activation of specific transcription factors, such as NF- κB , as a possible mode of action for NDL-PCBs ([Glauert et al., 2008](#)).

[Brown et al. \(2007\)](#) have reported a correlation between incidence of tumours of the liver and increased activity of mixed function oxidases and increased expression of proliferating cell nuclear antigen (the indicator of cell proliferation) in Sprague-Dawley rats exposed to repeated doses of Aroclor mixtures for 24 months. [From these data, it was not clear to which class of PCB congeners (DL- or NDL-PCBs) the effects could be attributed.]

In nontumorigenic human mammary epithelial MCF-10A cells, PCB-153 at a concentration of 1–15 μM , Aroclor 1254 and 2-(4-chlorophenyl) benzo-1,4-quinone increased levels of reactive oxygen species, and caused cell-cycle delay and growth inhibition by suppressing levels of cyclin D1 ([Venkatesha et al., 2008, 2010](#); [Chaudhuri et al., 2010](#)).

Further studies also examined the role of AhR in PCB-mediated deregulation of cell proliferation. Activation of AhR is known to cause a delay in cell-cycle progression in several cancer cell lines, models of differentiated cells (e.g. rodent hepatoma cells), and in primary rodent

hepatocytes ([Elferink, 2003](#); [Marlowe & Puga, 2005](#)). However, AhR ligands have been found to elicit opposite effects in liver progenitor cells: induction of cell proliferation in contact-inhibited rat liver progenitor cells in vitro by DL-PCBs was reported to be an AhR-dependent process ([Vondráček et al., 2005](#)). Like TCDD, PCB-126 at 100 pM, 4'-OH-PCB-79 (a metabolite of coplanar PCB-77) at 1 μM , or PCB-105 (mono-*ortho*-chlorinated congener) at 10 μM increased the percentage of cells in S-phase and the total number of cells. In contrast, the NDL-PCBs and their metabolites had no effect on cell proliferation at concentrations up to 10 μM . Only PCB-126 (AhR-activating), and not PCB-153 (not AhR-activating), upregulated levels of cyclin A and D2 protein ([Vondráček et al., 2005](#)). The proliferative effects of PCB-126 were further potentiated by tumour necrosis factor- α ([Umánová et al., 2007](#)).

(iii) DNA synthesis

The rate of DNA synthesis in altered hepatic foci and in tumours in PCB-treated rats and mice was studied by [Tharappel et al. \(2002\)](#), who gave rats DEN at a dietary concentration of 150 mg/kg followed by four biweekly intraperitoneal injections of PCB-77 or PCB-153 at a dose of 100 or 300 $\mu\text{mol/kg}$ bw. Rats were given bromodeoxyuridine (BrdU) in Alzet osmotic pumps for the measurement of DNA synthesis in focal and nonfocal hepatocytes. PCB-77 increased the BrdU labelling indexes in GSTP-positive foci and in normal hepatocytes, but PCB-153 did not. Similarly, PCB-153 did not influence the BrdU labelling index in DEN-initiated hepatic tumours in mice ([Glauert et al., 2008](#)). [Haag-Grönlund et al. \(2000\)](#) found that weekly subcutaneous injections of PCB-118 at doses of 10–10 000 $\mu\text{g/kg}$ bw did not increase BrdU labelling in focal hepatocytes after 20 weeks, but that PCB-118 at a dose of 10 000 $\mu\text{g/kg}$ bw increased the BrdU labelling index after 52 weeks.

(b) Cell–cell communication

Several studies have demonstrated that PCBs can inhibit gap-junctional intercellular communication (GJIC) both in vivo ([Krutovskikh et al., 1995](#); [Bager et al., 1997](#)) and in vitro in rat liver epithelial cells, mouse and rat hepatocytes, human keratinocytes, and normal human breast epithelial cells ([Ruch & Klaunig, 1986](#); [Swierenga et al., 1990](#); [Hemming et al., 1991](#); [Kang et al., 1996](#)). The *ortho*-substituted PCBs were potent inhibitors of GJIC at low micromolar concentrations, while the coplanar PCBs did not inhibit GJIC after a single dose ([Machala et al., 2003](#)). The assay for GJIC inhibition showed good predictability for tumour promotion of *ortho*-substituted PCBs. Recently, inhibition of GJIC has been confirmed using single doses of ultrapure NDL-PCB congeners ([Hamers et al., 2011](#)).

Different cell- and connexin-specific mechanisms of action probably account for the inhibitory effects of PCBs on GJIC. Of the NDL-PCBs, PCB-153 decreased the number of gap-junction plaques, and decreased levels of connexin 43 (constitutive protein of gap junctions) in liver epithelial cells. PCB-153 enhanced proteasomal and lysosomal degradation of connexin 43 and inhibited trafficking of connexin 43 to the plasma membrane ([Šimečková et al., 2009a](#)). In contrast, inhibition of GJIC by AhR ligands (i.e. DL-PCBs such as PCB-126) seems to proceed mainly through downregulation of mRNA of connexin 32 in hepatocyte-derived models ([Herrmann et al., 2002](#)).

(c) Other cellular mechanisms relevant to PCB-induced carcinogenesis

NDL-PCBs have been shown to elicit additional nongenomic effects on membrane-associated proteins, which are closely related to tumour promotion and progression.

PCB-153 was found to increase the incidence of glutamine synthetase-positive tumours of the liver in male B6129sf2/J mice, and almost 90%

(34 out of 38) of all tumours from mice treated with PCB-153 contained mutations in the β -catenin gene (*Catnb*), compared with ~45% (17 out of 37) of tumours in the control group. Tumours containing mutations of Ha-*ras* [*Hras*] and B-*raf* [*Braf*] were rare and not significantly different between treatment groups. Exposure to PCB-153 appeared to strongly select for *Catnb*-mutated, glutamine synthetase-positive tumours of the liver in mice ([Strathmann et al., 2006](#)).

In the rat liver progenitor WB-F344 cell line, PCB-153 was found to decrease levels of several proteins at adherens junctions involved in cell–cell communication and intracellular signalling, including E-cadherin, β -catenin, and plakoglobin ([Šimečková et al., 2009b](#)). Such mechanisms may be involved in the effects of NDL-PCBs, contributing to promotion of tumours.

Oral administration of dioxin-like PCB-126, mono-*ortho*-substituted PCB-118, and non-dioxin-like PCB-153 differentially altered expression of the tight junction proteins claudin 5, occludin, and ZO-1 in brain capillaries in C57/B16 mice. These alterations were associated with increased permeability of the blood–brain barrier. Most importantly, exposure to individual PCB congeners enhanced the rate of formation and progression of brain metastases by luciferase-tagged melanoma cells ([Seelbach et al., 2010](#)).

As vascular endothelial cells create a selective barrier to the passage of cancer cells, it is of interest to note that non-dioxin-like PCB-104 induced endothelial hyperpermeability of human microvascular endothelial cells HMEC-1 and trans-endothelial migration of human breast cancer cells MDA-MB-231; these effects were associated with overexpression of vascular endothelial growth factor ([Eum et al., 2004](#)).

Structurally different PCBs may induce proinflammatory mediators, which further contribute to metastasis. PCB-77, PCB-104 and PCB-153 induced expression of intercellular adhesion molecule-1 (ICAM-1), vascular cell adhesion molecule-1 (VCAM-1), and monocyte

chemoattractant protein-1 (MCP-1) in the liver, lung, and brain of male C57Bl/6 mice. PCB-77 and PCB-104 also increased levels of matrix metalloproteinase-7 (MMP-7) mRNA in the liver and brain ([Sipka et al., 2008](#)).

The mixture of seven NDL-PCBs (PCB-28, PCB-52, PCB-101, PCB-138, PCB-153, PCB-180, and PCB-209) increased cell motility of human non-metastatic MCF-7 cells and human metastatic breast cancer MDA-MB-231 cells in vitro via production of reactive oxygen species, and activation of the Rho-associated kinase (ROCK). In a follow-up study in vivo, the PCB mixture enhanced the capability of metastatic breast cancer cells to metastasize to bone, lung, and liver ([Liu et al., 2010](#)).

To explore the possible effects of PCBs on telomeres and telomerase, human skin keratinocytes were exposed to a synthetic mixture of volatile PCBs, or the prominent airborne PCB congeners, PCB-28 or PCB-52, for up to 48 days (see also Section 4.2.2b). The PCB mixture and the two congeners significantly inhibited telomerase activity from day 18, while telomere length was reduced by PCB-52 from day 18, and by PCB-28 and by the mixture from day 30 onwards ([Senthilkumar et al., 2011](#)).

New bioanalytical tools (e.g. transcriptomics) applied in human, animal, and in-vitro studies might improve the ability to predict the potential carcinogenicity of chemicals by elucidation of similar mechanisms ([Guyton et al., 2009](#)). Several analyses of global gene expression in rodent models included identification of the effects of DL-PCBs, especially PCB-126, on pathways related to carcinogenicity.

4.3.3 Endocrine disruption

Extensive data indicate an association between exposure to PCBs and endocrine disruption. The effects include primarily interference with the function of sex hormones, i.e. estrogens and androgens, and their receptors

(reviewed by [Bonfeld-Jørgensen, 2010](#); [Bonfeld-Jørgensen et al., 2011](#); [Crinnion, 2011](#); [Fucic et al., 2012](#)). In addition, PCBs are able to bind to thyroxine transport protein (TTR), human thyroxine-binding globulin, and thyroid-hormone receptors (reviewed by [Cheek et al., 1999](#); [Kawano et al., 2005](#); [Grimm et al., 2013](#)); disruption of the thyroid-hormone system was observed up to 30 years after exposure ([Masuda, 2001](#)). Furthermore, PCBs affect hormone-metabolizing enzymes, e.g. of the CYP1, CYP2, CYP3A subfamilies, and uridine-diphosphate-glucuronyl transferase, iodothyronine deiodinase, and sulfotransferase ([Brouwer et al., 1998](#)).

OH-PCB and PCB-catechol and PCB-quinone metabolites formed by CYP and other oxidative enzymes have been implicated as direct or indirect endocrine-disrupting agents. The interactions found depended upon the position of hydroxylation, as well as the proximity of chlorine substituents and the substitution pattern. Some OH-PCBs are retained in blood because they bind to transthyretin (TTR) ([Lans et al., 1993](#)). Several OH-PCBs, PCB-catechols and PCB-quinones interact with estrogen receptors and other cellular receptors as agonists or antagonists ([Garner et al., 1999](#)). Other OH-PCBs inhibit human estrogen sulfotransferase, thyroid hormone sulfotransferase and phenol sulfotransferases, with inhibitory potencies (IC_{50}) ranging from less than nM to low μ M ([Schuur et al., 1998a](#)). Species differences in the protein structures of these sulfotransferases are such that there are differences in potency of inhibition of the corresponding sulfotransferases from other species such as fish ([Wang & James, 2007](#)). The human sulfotransferase enzymes are more potently inhibited by OH-PCB than those of other species (see details below).

(a) *Humans*

(i) *Effects on sex hormones and their receptors*

Serum samples were collected from male residents of an area in eastern Slovakia with extensive environmental contamination from a former PCB-production site, as well as from a neighbouring non-industrial region. The highest quartile of PCB concentrations was significantly associated with reduced estrogen receptor-mediated activity, and a negative correlation was observed between total estrogenic activity and dioxin-like activity. No correlation was found between E_2 [17beta-estradiol] concentrations and total PCB concentrations ($R_s = 0.078$). E_2 was largely responsible for the estrogenic activity identified in total serum extracts ([Plísková et al., 2005](#)).

PCB-induced endocrine dysfunction related to the hypothalamic–pituitary–gonadal axis was evaluated in a birth-cohort study in Germany, initiated in 2000. Healthy mother–infant pairs were recruited in the industrialized city of Duisburg. Dioxins, DL-PCBs, and six indicator PCBs (PCB-28, PCB-52, PCB-101, PCB-138, PCB-153, PCB-180) were measured in maternal blood during pregnancy and in breast milk. Concentrations of testosterone and estradiol were measured in maternal and cord serum of 104 mother–infant pairs. Linear-regression analysis was used to describe the association of PCBs in maternal blood or milk with the serum concentrations of the sex steroids, after adjustment for confounding. Median concentrations for the sum of indicator PCBs were 149 ng/g in maternal blood fat and 177 ng/g in milk fat. Typically, reduction in testosterone concentrations was more pronounced in the cord serum of female babies. In contrast, male babies showed a stronger reduction in estradiol concentrations. The only statistically significant reduction associated with the six indicator PCBs was for testosterone in girls (means ratio, 0.76; 95% CI, 0.61–0.96) ([Cao et al., 2008](#)).

Serum concentrations of testosterone in relation to concentrations of PCBs were investigated in an adult Native American (Mohawk) population. Fasting serum samples were collected from 257 men and 436 women, and analysed for the presence of 101 PCB congeners, and for testosterone, cholesterol, and triglycerides. The associations between testosterone and tertiles of PCB concentrations in serum (both adjusted for wet weight and lipid) were assessed by use of a logistic regression model, controlled for age, body mass index (BMI), and other factors. The lowest tertile was taken as the reference level. Testosterone concentrations in men were inversely correlated with total PCB concentration in serum, and with concentrations of the congeners PCB-74, PCB-99, PCB-153, and PCB-206, but not PCB-52, PCB-105, PCB-118, PCB-138, PCB-170, PCB-180, PCB-201, or PCB-203. Testosterone concentrations in women were much lower than in men, and not significantly correlated with serum concentrations of PCBs ([Goncharov et al., 2009](#)).

A possible correlation between exposure to PCBs and testosterone concentrations was studied in 834 men from Eastern Slovakia (age, 21–78 years; median age, 48 years), of whom 432 were from a highly polluted area, and 402 were from an area with background pollution. Serum concentrations of 15 PCB congeners were measured by gas chromatography/mass spectrometry, and total testosterone was determined immunochemically (electrochemiluminescence). Correlation coefficients for each PCB congener and for the total of 15 PCBs ($\Sigma 15$ PCBs) with testosterone were determined. The full cohort of 834 men (median concentration of $\Sigma 15$ PCBs, 885 ng/g lipid) showed a highly statistically significant negative correlation between testosterone concentration and age ($r = 0.303$; $P < 0.0001$). A significant negative correlation ($P < 0.05$) with testosterone concentration was seen only for two mono-*ortho*-congeners, i.e. PCB-105 and PCB-118. No significant correlations were found in the subcohort of 444 men

in a narrower age range (41–55 years), in which there was no effect of age on testosterone concentrations ([Langer et al., 2010](#)).

A follow-up study by the same authors included 429 men (age, 41–55 years) from a highly polluted area in Eastern Slovakia. For all subjects, the serum concentrations of 15 PCB congeners and several other chemicals were measured by gas chromatography/mass spectrometry, and total testosterone in serum was determined by electrochemiluminescence immunoassay. Similarly to the previous analysis, there was no statistically significant correlation between Σ 15PCBs and testosterone ([Langer et al., 2012](#)).

The association of PCBs with sex-hormone concentrations in serum was assessed in 341 men from an infertility clinic in the USA, whose exposure levels to PCBs were comparable to those observed in the general population. In crude regression models, inverse correlations were found between serum concentrations of PCBs and steroid hormone-binding globulin (SHBG) and total and free testosterone. However, after adjustment for lipids, age, and body-mass index, nearly all the significant associations disappeared: an inverse correlation remained between PCB-118 and SHBG ($P < 0.01$), while those between DL-PCBs and SHBG and total testosterone, and between PCB-118 and total testosterone, were suggestive but not statistically significant ([Ferguson et al., 2012](#)).

A few studies explored the relationship between levels of steroid hormones in consumers of contaminated fatty fish from the Great Lakes ([Persky et al., 2001](#); [Turyk et al., 2006](#); see below).

(ii) *Effects on the thyroid-hormone system*

In a study of more than 600 children in Germany, blood samples collected from 320 children showed a significant positive correlation between serum concentrations of PCBs and increased levels of thyroid-stimulating hormone (TSH), and a significant inverse correlation with

free total thyroxine (T4), as was to be expected when TSH increases ([Osius et al., 1999](#)).

[Hagmar et al. \(2001a\)](#) studied the relationship between the amounts of various organohalogenic compounds in fatty fish from the Baltic Sea and hormone levels in adult men who consumed these fish. Plasma samples from 110 men (43 from south-eastern Sweden, 67 from Latvia; age range, 23–79 years) who consumed up to 32 fish-meals per month were analysed for the presence of 18 PCB congeners, five OH-PCBs, and various other chemicals. In addition, plasma concentrations of follicle-stimulating hormone, luteinizing hormone, prolactin, plasma thyrotropin, free and total triiodothyronine (T3), free and total T4, and free testosterone were measured. After adjustment for age, no significant associations were found between any of these markers and any of the PCBs or OH-PCBs. However, a study among 182 fishermen's wives (age range, 23–46 years) from the east coast of Sweden, who had a median consumption of contaminated fatty fish from the Baltic Sea of two meals per month (range, 0–12 meals), found a significant inverse correlation between PCB-153 concentrations (range, 16–776 ng/g lipid) and total T3 levels in plasma, also after adjustment for age ($P < 0.001$) ([Hagmar et al., 2001b](#)). An inverse correlation was also observed with total T4, which was borderline significant ($P = 0.07$).

Parallel to a larger investigation of consumption of contaminated fatty fish from the Great Lakes and effects on reproductive function, the association between PCB intake via consumption of fish and effects on thyroid and steroid hormones was studied in 178 men, and on thyroid hormones in 51 women ([Persky et al., 2001](#)). Serum concentrations of PCBs and fish consumption were associated with significantly lower levels of T4 and a significantly lower free T4 index in women. Fish consumption, but not serum PCB concentration, was associated with a higher uptake of T3 in men. Results for TSH were inconsistent. Among men, there were significant

inverse associations for serum PCB concentration and fish consumption with SHBG-bound testosterone, but no association with SHBG itself, or with free testosterone. There were no significant overall associations for serum PCB concentration or fish consumption with estrone sulfate, follicle-stimulating hormone, luteinizing hormone, or dehydroepiandrosterone sulfate.

The relationship between levels of steroid and thyroid hormones and total NDL-PCBs was investigated in 56 men who were frequent or infrequent consumers of fish from the Great Lakes ([Turyk et al., 2006](#)). The men had consumed fish meals for 15–57 years. Significant inverse associations with serum PCB concentrations were found for T3, T4, TSH, and SHBG-bound testosterone, after adjustment for age, body-mass index, and use of medication. Follicle-stimulating hormone, luteinizing hormone, free testosterone, and SHBG were not associated with PCB concentrations in serum.

To assess the relationship between exposure to organochlorine compounds and thyroid function and neurodevelopment, a population-based birth-cohort study was conducted on the Faroe Islands (Denmark), where the regular consumption of PCB-contaminated fish is an important source of exposure (see Section 1.4.1). The study included 182 newborns who were followed up until age 54 months. PCB levels (calculated as the sum of congeners PCB-138, PCB-153, and PCB-180, multiplied by two) were measured in breast milk and maternal serum, and maternal blood and cord blood were collected for measurement of thyroid parameters. After covariate adjustments, consistent inverse and monotonic associations were observed between total PCB exposure and the resin T3 uptake ratio, a proxy measure of the binding capacity of T4-binding globulin sites that are not saturated with T4. The resin T3 uptake ratio is high in hyperthyroidism and low in hypothyroidism. No associations with other thyroid parameters (TSH, free T3, free T4) were observed ([Julvez et al., 2011](#)).

In a study in 39 healthy pregnant women in the metropolitan area of Tokyo, Japan, associations were studied between in-utero exposure to PCBs or OH-PCBs and free T4 or TSH status in newborns. The concentration of total OH-PCBs and of OH-metabolites of PCB-187 in umbilical cord tissue was significantly correlated with higher levels of free T4 in heel-prick blood samples obtained from neonates aged 4–6 days. On the other hand, the concentration of total PCBs and of the congeners PCB-118, PCB-138, PCB-153, and PCB-180 showed no relationship with free T4 and TSH levels ([Otake et al., 2007](#)).

In a study in 232 healthy mother–infant pairs recruited between 2000 and 2002 in the industrialized city of Duisburg, Germany, TSH, total T4, T3, free T4 and free T3 were measured in serum of the pregnant women and in cord serum ([Wilhelm et al., 2008](#)). Blood levels ($n = 182$) of WHO 2005 TEQ (which includes PCDD/PCDF + PCBs) were in the range of 3.8–58.4 pg/g lipid (median, 19.3 pg/g lipid). The corresponding value for human milk ($n = 149$) was 2.6–52.4 pg/g lipid (median, 19.7 pg/g lipid). Multiple regression analyses did not detect any effects on thyroid hormones related to WHO 2005 TEQs in blood or milk of mothers and their newborns.

In a study among Inuit women and their infants, a positive correlation was found between concentrations of OH-PCBs and total T3 in plasma of 120 women at delivery ($\beta = 0.57$; $P = 0.02$). In umbilical cord plasma of 95 newborns, PCB-153 concentrations were negatively correlated with T4-binding globulin concentrations ($\beta = -0.26$; $P = 0.01$). No associations were observed between organochlorine contaminants and thyroid hormones in blood plasma collected from infants aged 7 months ([Dallaire et al., 2009](#)).

(b) *Experimental systems*

(i) *Effects on sex hormones and their receptors*

Experimental animals in vivo

Groups of pregnant Wistar WU rats received a daily oral dose of 4-OH-2,3,3',4',5-pentachlorobiphenyl [4-OH-PCB-109] at 0.5 or 5.0 mg/kg bw, or Aroclor 1254 at 25 mg/kg bw, on days 10–16 of gestation. The diestrous stage of the estrous cycle was significantly prolonged in 75% and 82% of female offspring exposed to 4-OH-PCB-109 at the lower and higher dose, respectively, compared with 64% of Aroclor-exposed offspring. This effect resembled a state of pseudopregnancy. Plasma estradiol concentrations in female offspring were significantly increased (50%) in the proestrous stage after exposure to 4-OH-PCB-109 at the higher dose, while no effects on estradiol were seen in rats treated with Aroclor 1254 ([Meerts et al., 2004](#)).

In the offspring (age, 17 weeks) of Sprague-Dawley dams treated intragastrically with PCB-77 at a dose of 250 ng/kg bw on days 13–19 post-conception, the concentrations of follicle-stimulating hormone, luteinizing hormone, and testosterone were similar to those in the controls ([Wakui et al., 2012](#)).

In-vitro assays

In an in-vitro estrogen-reporter assay with T47 human breast-cancer cells, the less chlorinated congeners (PCB-28, PCB-52, PCB-66, and PCB-74) were estrogenic, while the more highly chlorinated congeners (PCB-138, PCB-153, PCB-170, PCB-180, PCB-187, PCB-194, PCB-199, and PCB-203) acted as anti-estrogens. Co-planar PCBs had no effect on estrogen-receptor activation in this assay ([Plísková et al., 2005](#)).

Less chlorinated, *ortho*-substituted, non-co-planar PCBs were weakly estrogenic in some in-vitro assays. Results in MCF-7 human breast-cancer cells were generally consistent with, but not absolute in, the requirement for *ortho*-chlorine substitution and *para*-hydroxylation for estrogenic potency ([Gierthy et al., 1997](#)).

In MCF-7 human breast-cancer epithelial cells, three abundant PCBs, i.e. PCB-138, PCB-153 and PCB-180, showed pleiotropic effects on the estrogen and androgen receptors. Slightly increased cell proliferation was observed at low PCB concentrations (1–10 nM) in cells co-treated with E₂ at 0.01 nM, while the PCBs significantly inhibited cell growth at higher concentrations (1 and 10 µM). In a reporter assay (ERE-*tk*-CAT analysis), the three congeners induced a significant decrease of ER-E₂-mediated CAT activity. PCB-138 had a dose-dependent antagonistic effect on androgen-receptor activity in transiently co-transfected Chinese hamster ovary cells, with an IC₅₀ of 6.2 µM. Thus the three PCBs compete with the binding of two natural hormone-receptor ligands ([Bonfeld-Jørgensen et al., 2001](#)). In reporter-based assay with LNCaP human prostate-cancer cells, the congeners PCB-42, PCB-128, PCB-138 and the Aroclor mixtures 1242, 1248, 1254, and 1260, showed antagonizing effects on androgen-receptor activity ([Portigal et al., 2002](#)).

The effects of PCB-77, PCB-118, PCB-126, and PCB-153 (at 0.01–20 µg/mL) on the human prostatic carcinoma cell-line LNCaP were investigated in vitro. PCB-77 and PCB-126 reduced androgen-dependent prostate-specific antigen (PSA) secretion and LNCaP cell proliferation, and inhibited 5- α -reductase activity. PCB-118 and PCB-153 had no effect on 5- α -reductase, but showed a biphasic effect on LNCaP cell proliferation, with low concentrations (0.1–1 µg/mL) causing an increase, and higher concentrations (10–20 µg/mL) a significant reduction. Likewise, PCB-118 and PCB-153 enhanced PSA secretion at low concentrations and reduced it at higher concentrations. Since induction of ethoxyresorufin-O-deethylase (EROD) and inhibition of 5- α -reductase activity were not observed, these PCBs act through an AhR- and androgen-receptor-independent mechanism. The anti-androgenic effects of the *meta*- and *para*-substituted PCB-77 and PCB-126 are more pronounced than

those of *ortho*-substituted PCB-118 and PCB-153 ([Endo et al., 2003](#)).

The estrogenicity of binary mixtures of the OH-PCBs 2,4,6-trichloro-4'-biphenylol (4'-OH-PCB-30) and 2,3,4,5-tetrachloro-4'-biphenylol (4'-OH-PCB-61), was examined in the MCF-7 focus assay and a competitive estrogen-receptor binding assay. Although the individual OH-PCBs were estrogenic in both assays, there was no synergy when they were combined at various concentrations as equimolar mixtures ([Arcaro et al., 1998](#)). Likewise, the estrogenic activities of these two OH-PCBs were additive when tested as equimolar mixture in several systems (MCF-7 cells, MDA-MB-231 human breast-cancer cells, mouse uterus) at high and low levels of estrogen-receptor expression, confirming the lack of a synergistic effect ([Ramamoorthy et al., 1997](#)).

PCB-138, PCB-153, and PCB-180, as well as other non-*ortho*- and di-*ortho*-substituted PCBs, were shown to interfere with the function of the androgen and estrogen receptors in vitro ([Schrader & Cooke, 2003](#); [Hjelmborg et al., 2006](#)). Similarly, some OH-PCBs showed estrogenic and/or anti-estrogenic effects ([Jansen et al., 1993](#); [Rasmussen et al., 2003](#)).

PCB-54 was chosen as a prototypical *ortho*-substituted PCB to test the hypothesis that *ortho* substitution in the absence of *para*- or *meta*-substituted chlorines may lead to enhanced estrogenic activity. The results indicated that PCB-54 is estrogenic both in vitro in the MCF-7 cell-focus test, and in vivo in the rat uterotrophic assay ([Arcaro et al., 1999](#)). The estrogenic activity of PCB-54 in MCF-7 cultures was inhibited by the estrogen-receptor antagonist LY156758. Competitive binding assays with recombinant human (rh) estrogen receptor indicated that PCB-54 does not bind to rhERalpha or rhERbeta, but the 4-hydroxylated metabolite of PCB-54 does. This metabolite was also 10-fold more estrogenic than PCB-54 in the MCF-7 focus assay, but was not detected in the medium of MCF-7 cultures exposed to PCB-54. These results suggested that

the estrogenicity observed in the human breast-cancer cells and the rat uterus may be due to (i) binding of an undetected metabolite of PCB-54 to the estrogen receptor; (ii) direct binding of PCB-54 to a novel form of the estrogen receptor; or (iii) an unknown mechanism involving the estrogen receptor ([Arcaro et al., 1999](#)).

Evidence that PCB-77 can act as an estrogen – with effects mediated by the estrogen receptor – was based on results from a variety of assays, including those assessing binding to the receptor in a competitive binding assay (where PCB-77 at 700-fold molar excess inhibited [³H]-estradiol binding to the estrogen receptor by 50%); regulation of gene expression from a transfected exogenous (ERE-*tk*-CAT) or endogenous (*pS2*) estrogen-regulated gene; regulation of cell growth in the estrogen-dependent human breast-cancer cell lines MCF-7 and ZR-75-1; and activity in the immature mouse uterine-weight bioassay in vivo. These data demonstrated that PCB-77 mimics estrogenic action at concentrations in the nanomolar range (292 ng/L), which is comparable to concentrations of PCBs found in human tissues ([Nesaretnam et al., 1996](#)).

The estrogenic effects of PCBs may be mediated in part by their hydroxylated metabolites. Both the parent compound and the OH-metabolite show low affinities for both the α - and β -isoform of the estrogen receptor, which suggests that they have only weak activity as estrogen-receptor agonist or antagonist. However, PCBs and OH-PCBs may be indirectly estrogenic by inhibiting human estrogen sulfotransferase (hEST). When 31 OH-PCBs were tested for their inhibitory effect on hEST, hydroxylation of one of the phenyl rings appeared to increase the inhibitory effect in the order *para*-OH > *meta*-OH > *ortho*-OH. Indeed, various environmentally relevant OH-PCBs (e.g. 4-OH-2,3,3',4',5-pentachlorobiphenyl, 4-OH-PCB-109; and 4,4'-dihydroxy-3,3',5,5'-tetrachlorobiphenyl, 4,4'-(OH)₂PCB-80) are very potent inhibitors of hEST. Since sulfation by this enzyme is an

important pathway for E₂ inactivation, inhibition of this metabolic step would lead to increased bioavailability of estradiol. This would explain the indirect estrogenicity of hEST inhibitors (Kester *et al.*, 2000).

A series of twelve PCBs were investigated for their ability to bind to the uterine estrogen-receptor protein, by use of a competitive equilibrium-binding assay with enriched cytosol-receptor preparations (0–40% ammonium sulfate fraction) from uteri of ovariectomized mice. PCBs that showed strong affinities generally possessed either single or multiple *ortho*-chlorine substituents. For OH-metabolites, *ortho*-chlorine substitution on the phenolic ring seemed less effective than on the nonphenolic ring. Thus 4'-OH-2,4,6-trichlorobiphenyl (4'-OH-PCB-30), which has two *ortho* chlorines and a *para* substituent, had the strongest binding affinity. For PCBs without *ortho* chlorines, the binding activity decreased 10–100-fold. PCBs that demonstrated appreciable receptor-binding activity were also active *in vivo* in stimulating an increase in uterine weight, while weak binders were inactive in this respect. The *ortho*-chlorine substitution appears essential in determining receptor-binding activity, probably because of decreased conformational flexibility due to restricted rotation about the inter-ring bond (Korach *et al.*, 1988).

The effects of structure and substituent position on the estrogenic and anti-estrogenic activities of various OH-PCBs were investigated in a series of assays. The presence of an *ortho* or *meta* substitution in the phenolic ring had minimal effects on estrogenic activity, while the 2,4,6-trichloro- and 2,3,4,6-tetrachloro configuration in the non-phenolic ring were required for this response. Substitution in the phenolic ring had no effect on anti-estrogenic activity (Connor *et al.*, 1997).

In-vitro toxicity profiles were determined for 24 NDL-PCBs with respect to 10 different mechanisms of action. All NDL-PCBs antagonized androgen-receptor activation; none were

androgenic. Less chlorinated NDL-PCBs (PCB-19, PCB-28, PCB-47, PCB-51, PCB-53, PCB-100, PCB-104, PCB-136) were weak estrogen-receptor agonists. More highly chlorinated NDL-PCBs (PCB-138, PCB-153, PCB-170, PCB-180, PCB-190) were weak estrogen-receptor antagonists; several inhibited estradiol-sulfotransferase activity by > 50% (PCB-28, PCB-47, PCB-51, PCB-53, PCB-100). On the basis of hierarchical analysis of the toxicity profiles, three separate clusters of NDL-PCBs and a fourth cluster of reference DL-PCBs could be distinguished. The indicators PCB-28, PCB-52, PCB-101, PCB-118, PCB-138, PCB-153, and PCB-180 contributed most to the anti-androgenic, anti-estrogenic, anti-thyroidal, tumour-promoting, and neurotoxic potencies calculated for PCB mixtures reported in human samples, while the most potent AhR-activating DL-PCB, PCB-126, contributed at most 0.2% to any of these calculated potencies. It was suggested that PCB-168 should be added to the list of indicator congeners, given its relatively high abundance and its anti-androgenic and TTR-binding properties (Hamers *et al.*, 2011).

(ii) Effects on the thyroid-hormone system

Experimental animals in vivo

Marmoset monkeys were treated with oral doses of PCB-77 at 0.1, 1, or 3 mg/kg bw, twice per week, for 18–23 weeks. Histological examination of the thyroid gland showed dose-dependent hyperplasia of follicular cells, which was associated with various changes in thyroid function. The average serum concentrations of T₄ during the treatment period were reduced by 35% in monkeys at 0.1 mg/kg bw, 81% at 1 mg/kg bw, and > 99% at 3 mg/kg bw. A reduction in serum concentrations of T₄ was observed from 2 weeks and throughout the entire treatment period (18–23 weeks), and was reflected in a decrease in the free T₄ index in the groups at 1 and 3 mg/kg bw. Serum T₃ concentrations were reduced in the group at 3 mg/kg bw within 2

weeks. Concentrations of TSH were increased in the group at the highest dose as a feedback response to the strongly reduced serum T4 concentrations ([van den Berg et al., 1988](#)).

Pregnant Wistar WU rats were given Aroclor 1254 as daily oral dose at 5 or 25 mg/kg bw on days 10–16 of gestation to determine effects on thyroid-hormone concentrations in plasma and brain, on peripheral thyroid-hormone concentrations, and on peripheral thyroid-hormone metabolism in fetal and weanling rats. Maternal exposure to Aroclor 1254 significantly reduced fetal (day 20 of gestation) and neonatal (postnatal day 4) plasma concentrations of total T4 and free T4. These effects were less pronounced in offspring at age 21 days and absent at 90 days. T3 concentrations in brain tissue in the exposed fetuses were significantly decreased relative to controls, but only in the group at the lower dose. On postnatal day 21, T4 concentrations had significantly decreased in the forebrain of female weanling rats from the group at the higher dose, but no reductions were seen in male or female neonates. The deiodination of T4 to T3 was significantly increased in fetal forebrain homogenates at both doses. No alterations in thyroid-hormone metabolism were seen in forebrain homogenates from adult offspring exposed pre- and postnatally to Aroclor 1254. Accumulation of the PCB metabolite 2,3,3',4',5-pentachloro-4-biphenylol [4-OH-PCB-109] was observed in fetal plasma and forebrain tissue on day 20 of gestation, and in neonatal and weanling plasma on postnatal days 4, 21, and 90 ([Morse et al., 1996](#)).

In groups of Sprague-Dawley rats given two or five weekly intraperitoneal injections of PCB-126 (0.2 mg/kg bw) or PCB-114 (20 mg/kg bw), total T4 concentrations in serum were lower than those in the controls. The expression of TTR was significantly higher in the PCB-treated group than in the control group ([Han et al., 2010](#)).

Reduced thyroid-hormone levels were found in serum of Sprague-Dawley rats treated with MeSO₂ metabolites of the following

PCB congeners: 3-MeSO₂-2,2',3',4',5,6-hexachlorobiphenyl [5'-MeSO₂-PCB-132]; 3-MeSO₂-2,2',3',4',5,5'-hexachlorobiphenyl [3'-MeSO₂-PCB-141]; 3-MeSO₂-2,2',4',5,5',6-hexachlorobiphenyl [5-MeSO₂-PCB-149] and 4-MeSO₂-2,2',4',5,5',6-hexachlorobiphenyl [4-MeSO₂-PCB-149]. These MeSO₂-PCBs are found in human milk, liver, and adipose tissue. All four metabolites (20 μmol/kg bw, intraperitoneal injection, once per day, for 4 days) reduced the serum concentration of total T4 by 22–44%, on days 2, 3, 4 and 7 after the last dose. Concentrations of total T3 were reduced by 37% on day 7 after treatment with 4-MeSO₂-PCB-149. A 30% increase in thyroid weight was seen after treatment with 3'-MeSO₂-PCB-141. These data suggest that these 3- and 4-MeSO₂ metabolites act as endocrine disrupters, but probably through different mechanisms ([Kato et al., 1998](#)). A similar study was conducted with the *meta*-MeSO₂ metabolites of tetra- and pentachlorinated biphenyls: 3-MeSO₂-2,2',4',5-tetraCB [3'-MeSO₂-PCB-49], 3-MeSO₂-2,3',4',5-tetraCB [3-MeSO₂-PCB-70], 3-MeSO₂-2,2',3',4',5-pentaCB [3'-MeSO₂-PCB-87], 3-MeSO₂-2,2',4',5,5'-pentaCB [3'-MeSO₂-PCB-101], and the *para*-MeSO₂-metabolite 4-MeSO₂-2,2',4',5,5'-pentaCB [4'-MeSO₂-PCB-101]. The data showed that all five MeSO₂-PCBs influence thyroid-hormone metabolism ([Kato et al., 1999](#)). A further study by this group demonstrated that the *meta*-MeSO₂ metabolites of PCB-49, PCB-70, PCB-87, PCB-101, PCB-132, PCB-141, PCB-149 [3'-MeSO₂-PCB-49, 3-MeSO₂-PCB-70, 3'-MeSO₂-PCB-87, 3'-MeSO₂-PCB-101, 5'-MeSO₂-PCB-132, 3'-MeSO₂-PCB-141, 5-MeSO₂-PCB-149] and the *para*-MeSO₂ metabolite of PCB-101 [4'-MeSO₂-PCB-101] induced hepatic microsomal UDP-glucuronosyl transferase (UDP-GT) in male Sprague-Dawley rats. The increase in hepatic glucuronidation of T4 after the administration of the eight test compounds was the probable cause of the reduced serum concentration of T4 ([Kato et al., 2000](#)).

Thyroid hormone status and metabolism were studied in groups of pregnant Wistar WU rats given oral doses of 4-OH-2,3,3',4',5-pentachlorobiphenyl [4-OH-PCB-109] (^{14}C -labelled or unlabelled) at 5 mg/kg bw on days 10–16 of gestation. Fetuses were studied at days 17 and 20 of gestation. The test compound accumulated in the fetal compartment, with fetal/maternal ratios of 11.0, 2.6, and 1.2 in liver, cerebellum, and plasma, respectively, at day 20. Radiolabel was bound to plasma TTR in dams and fetuses. Fetal plasma concentrations of total T4 and free T4 were significantly decreased at days 17 and 20 of gestation (89% and 41%, respectively, at day 20), while fetal concentrations of TSH were increased more than twofold at day 20 of gestation. No effects were seen on T3 concentrations in fetal brain ([Meerts et al., 2002](#)).

In a study to investigate the effects of PCBs on thyroid-hormone status, female Sprague-Dawley rats were given Aroclor 1254 at a dose of 4 mg/kg bw per day by gastric intubation for 14 days. To test underlying mechanisms, microsomal enzyme activities (CYP isozymes and UDP-GT, indicating metabolic activation and/or biliary clearance), ex-vivo binding of ^{125}I -T₄ to plasma proteins (suggesting effects on peripheral thyroid-hormone transport), and light microscope morphology of the thyroid gland were studied. The extent of thyroid-hormone reduction (free T4 to 30% and total T4 to 60% of control) observed after exposure to Aroclor 1254 corresponded with a decrease in the ex-vivo binding of ^{125}I -T₄ to plasma TTR, and with induction of the microsomal phase-I enzymes (ethoxy- and methoxy-resorufin dealkylase, EROD and MROD). The phase-II enzyme UDP-GT was moderately elevated. The thyroid morphology showed activation of the epithelium, but no degenerative alterations correlated with exposure to Aroclor 1254. The results suggested that the decrease in T4 is mainly due to disturbed serum transport, as a result of binding of Aroclor 1254 metabolites to TTR ([Hallgren & Darnerud, 2002](#)).

[Miller et al. \(2012\)](#) studied the effects of exposure to PCBs and PBDEs on T4 levels in rat offspring from day 6 of gestation until postnatal day 21. In male rat offspring, exposure to PCBs or PBDEs at a dose of 1.7, 5, 10, 20, 40, or 60 $\mu\text{mol}/\text{kg}$ bw per day induced equivalent and dose-dependent reductions in T4 from postnatal days 7 to 21. Exposure to equimolar mixtures of PCBs and PBDEs at a dose of 3.4, 10, 20, 40, or 80 $\mu\text{mol}/\text{kg}$ bw per day additively reduced T4 levels during the exposure period. The effects on T4 levels were similar in males and females.

In-vivo and ex-vivo systems

The OH-PCB metabolites 4-OH-PCB-69, 4-OH-PCB-106, and 4-OH-PCB-121 were tested for capacity to disrupt the thyroid-hormone system via proliferation of thyroid hormone-dependent rat-pituitary GH3 cells. Growth of GH3 cells was stimulated by all three 4-OH-PCBs ([Ghisari & Bonefeld-Jørgensen, 2005](#)). These OH-PCBs were previously reported to bind to the thyroid receptor and to thyroid-hormone transport proteins ([Cheek et al., 1999](#)).

PCBs are the most concentrated class of pollutant found in polar bears (*Ursus maritimus*). In plasma samples collected from polar bears, no binding of ^{125}I -T4 to TTR was observed. Incubation of these plasma samples with ^{14}C -2,3,3',4',5-pentachloro-4-biphenylol [^{14}C]-4-OH-PCB-109], a PCB metabolite with a higher binding affinity to TTR than the endogenous ligand T4 itself, resulted in competitive binding. Incubation of plasma with T4 at up to 1 mM (a concentration that is not physiologically relevant) did not result in any detectable competition. These results suggested that the binding sites on TTR for T4 in wild polar bears are completely saturated ([Gutleb et al., 2010](#)).

Disruption of thyroid-hormone transport may be an important mechanism by which PCBs can alter thyroid-hormone homeostasis. In a systematic in-vitro study of PCB-binding to TTR, the role of *ortho* substitution was investigated in

more detail. PCBs that have only *ortho* substitution show significant binding activity. The congeners most closely resembling the diiodophenolic ring of T4, i.e. di-*meta*-substitution in one or both rings, showed the highest binding activity to TTR. Multiple *ortho* substituents decreased the binding activity of such congeners. PCBs with a single *meta* substitution in one or both rings resemble more closely the monoiodophenolic ring of T3, and showed significantly lower binding activity to TTR. This was consistent with the relatively low binding activity of T3 and the smaller size of chlorine compared with iodine. The addition of *ortho* substituents gave variable results, depending on their position ([Chauhan et al., 2000](#)).

In in-vitro studies that assessed the effect of OH-PCBs on thyroid-hormone sulfation, the inhibition of sulfotransferase activity towards 3,3'-diiodo-thyronine (T2) appeared to be similar to that towards T3. Hydroxylated metabolites of PCBs strongly inhibited T2 sulfotransferase activity, the most potent inhibitor being 3-OH-2,3',4,4',5-pentachlorobiphenyl (3-OH-PCB-118). An important structural requirement for inhibition of T2 sulfotransferase by OH-PCBs is the presence of a hydroxyl group in the *para* or *meta* position, with *ortho*-OH-PCBs being much weaker inhibitors ([Schuur et al., 1998a, b](#)).

4.3.4 Effects on the immune system

The effects of PCBs on several parameters related to the immune system have been reported for humans, and more extensively for experimental animals (reviewed by [Tryphonas & Feeley, 2001](#)).

(a) Adults

Immunomodulatory effects of PCBs have been reported in workers occupationally exposed to these chemicals, in humans following consumption of contaminated fish, and in populations accidentally exposed to PCBs and their heat-

degradation products, PCDFs, and polychlorinated quarterphenyls (PCQ) via consumption of contaminated rice oil (the Yusho and Yucheng poisoning incidents). In addition, PCB exposure during prenatal and early life has been associated with incidence of infectious and allergic diseases in children, and alterations in immune-system development.

[Lawton et al. \(1985\)](#) tested 194 workers exposed occupationally (152 men, 42 women) to one or more of the Aroclors 1254, 1242, and 1016 in a capacitor plant factory for an average duration of 17 years. The results taken in 1976 were compared with those from the same workers taken in 1979, two years after discontinuation of all PCB use in 1977. Significantly increased levels of leukocytes, with a concomitant increase in levels of lymphocytes, monocytes and eosinophils, were observed when these workers were tested in 1976. Interestingly, the levels of circulating polymorphonuclear cells were reduced in the same workers. Similar, but not statistically significant, shifts in leukocyte levels were noted when testing was repeated in 1979. A positive association was observed between serum PCB concentrations and blood monocytes, and was reported to persist even 2 years after discontinuation of PCB use. [The Working Group noted that the extent to which PCB exposure compromises the immune system could not be estimated on the basis of immune-cell alterations, since measurement of functional immune parameters was not part of the study protocol.]

In contrast, a study by [Emmett et al. \(1988a, b\)](#) of 55 transformer repairmen working in a factory and exposed to Aroclors 1260 and 1242 did not report any significant exposure-related effects on the immune system. The percentage of workers with positive skin responses (delayed-type hypersensitivity) to mumps and trichophyton antigens was similar to that of 56 nonexposed workers.

Follow-up studies of the Yusho and Yucheng populations indicated that several immune-related parameters were disrupted in exposed

adults. These included a statistically significant decrease in serum levels of immunoglobulins A and M, reduced T-helper (Th) and increased T-suppressor cells (Ts) resulting in reduced Th:Ts cell ratio, persistent respiratory distress caused by Gram-negative bacilli-infected airways, and increased in-vitro lymphoproliferative responses of peripheral blood leukocytes to phytohaemagglutinin, concanavalin A, and pokeweed mitogens at 1 and 3 years after exposure. Furthermore, a reduced number of patients with positive skin-test reactivity to streptokinase/streptodornase antigens was observed at 1 year after exposure, and to tuberculin antigens at up to 4 years after exposure (Lü & Wu, 1985; Nakanishi *et al.*, 1985), while some other immunological effects persisted up to 30 years after exposure (Masuda, 2001).

Consumption of contaminated fish has been associated with some effects on the immune system. High consumption of fatty fish from the Baltic Sea correlated positively with B-cell numbers, but negatively with the percentage of cytotoxic (CD8⁺) T-cells in 68 fishermen in Latvia (Hagmar *et al.*, 1995). [The significance of these observations was not clear, since no functional immune parameters were examined.]

Svensson *et al.* (1994) studied levels of leukocytes in a group of 23 men in Sweden who consumed high levels of fatty fish species from the Baltic Sea and compared results with 20 men who ate practically no fish. No effects were reported on leukocyte counts, the number of total lymphocytes or their subsets, or serum immunoglobulin levels. A marginal reduction in natural killer (NK) cell activity was reported for the fish-eating population. This was in agreement with the weakly negative correlation observed between NK cell numbers and blood concentrations of PCB-126 and PCB-118 in some of the same subjects tested 3 years previously.

(b) Children

Weisglas-Kuperus *et al.* (1995) studied children residing in the Netherlands and who were exposed, in utero and via breastfeeding, to ambient concentrations of PCBs. The study group consisted of 207 healthy mother–infant pairs. Prenatal exposure to PCBs was estimated by the sum of PCB-118, PCB-138, PCB-153, and PCB-180 (Σ PCB) in maternal and cord plasma, and in breastfed infants by the TEQ levels (based on 17 dioxins and 8 dioxin-like PCBs) in human milk. A higher prenatal PCB/dioxin exposure was associated with increased numbers of T lymphocytes bearing T-cell receptors of the gamma/delta type, increased cytotoxic T-cells at age 18 months in breastfed infants; higher prenatal and postnatal concentrations of PCB/dioxin was associated with reduced monocytes and granulocytes at age 3 months. In follow-up studies, statistically significant associations were observed between prenatal PCB exposure and increased number of lymphocytes, T-cells, and cytotoxic (CD3⁺CD8⁺) cells, memory (CD4⁺CD45RO⁺) cells, T-cell receptor (TcR) $\alpha\beta$ ⁺, and activated T-cell (CD3⁺HLA-DR⁺) numbers in the toddlers.

Horváthová *et al.* (2011a, b) collected blood specimens from newborns, and infants aged 6 and 16 months, from two districts in Slovakia, Michalovce and Svidník/Stropkov, that had respectively high and low environmental PCB contamination, and correlated blood PCB concentrations with lymphocyte-receptor expression. The percentages of lymphoid dendritic cells and naive/resting T lymphocytes were significantly increased at 6 months in the Michalovce area compared with those in cord blood samples ($P < 0.001$). Overall there was a positive correlation of terminally differentiated effector memory T-lymphocyte population with age, and a negative linear correlation for myeloid dendritic cells from birth to 6 months in both regions. The Michalovce samples indicated

significantly higher expression of memory T lymphocytes (at birth, 6, and 16 months), terminally differentiated effector memory T lymphocytes (at birth and at 6 months), and lymphoid dendritic cells (at 6 months) than in samples from Svidnik/Stropkov.

[Jusko et al. \(2012\)](#) investigated the effect of several PCB congeners on thymus volume in 1134 mother–infant pairs residing in eastern Slovakia. Samples of maternal and infant (age 6 and 16 months) blood were collected and analysed for 15 PCB congeners. Higher maternal concentrations of PCBs were associated with reduced thymus volume at birth, while maternal PCB concentration was not predictive of thymus volume in the infants aged 6 and 16 months.

In a subgroup of 331 children aged 7–10 years from the Hesse, Germany cohort, mean concentrations of PCBs were 0.50 µg/L, and this value was significantly associated with increased levels of serum immunoglobulin M (IgM) ([Karmaus et al., 2005](#)).

Similar immune-related sensitivities in adolescence were reported by [Van Den Heuvel et al. \(2002\)](#) for a study in Flanders, Belgium. In this study, serum concentrations of PCB-138, PCB-153 and PCB-180, and combined serum dioxin-like activity as determined by AhR-mediated expression of a reporter gene luciferase, were measured in samples from boys and girls (aged 17–18 years) with certain immune-related respiratory complaints. A significantly negative correlation between the percentage of eosinophils and NK cells in peripheral blood and TEQ in serum ($P=0.009$ and $P=0.05$, respectively) was observed. Similarly, significant negative correlations were calculated between serum TEQs and levels of specific IgE antibodies to allergens (cat dander, house dust mite, and grass pollen), and the incidence of reported allergies of the upper airways. A significant positive correlation was observed between increased serum TEQs and increased serum IgA levels ($P=0.05$).

(c) *Non-human primates*

Unlike all other experimental animal models in which exposure levels were high, the available studies in non-human primates used PCB doses that were relatively low (< 1 mg). Such studies have shown that non-human primates are more sensitive to the immune-related effects of PCBs than any other experimental animal tested. Alterations in the immune system and immunotoxicity were also reported after PCB exposure during prenatal or early life.

[Thomas & Hinsdill \(1978\)](#) investigated immunological parameters in groups of eight rhesus monkeys fed diets containing Aroclor 1248 at a dose of 0.1 or 0.2 mg/kg bw per day for 11 months. The reported immune-related effects were seen only at 0.2 mg/kg bw and included significantly reduced titres of antibodies to sheep red blood cells (SRBC) at weeks 1 and 12 after primary immunization, and decreased percentage of gamma-globulin after 20 weeks, compared with a control group of five monkeys. The response to tetanus toxoid was not affected by treatment. Reduced titres to SRBC were also reported in the single female cynomolgus monkey (*Macaca fascicularis*) treated with a PCB mixture with constituents similar to those ingested by Yusho patients, and containing predominantly penta- and hexachlorobiphenyls and no PCDFs, prepared from Kanechlor 400 and administered at 5 mg per day for 20 weeks ([Hori et al., 1982](#)).

Differences in PCB-induced toxicity were investigated in cynomolgus (*Macaca fascicularis*) and rhesus (*Macaca mulatta*) monkeys ([Tryphonas et al., 1986](#); [Arnold et al., 1990](#)). In these studies, groups of four cynomolgus and four rhesus monkeys ingested Aroclor 1254 in apple juice-gelatin-corn oil emulsion at doses of 0.00 (control) or 280 µg/kg bw per day for 12–13 months (cynomolgus monkeys) and 27–28 months (rhesus monkeys) respectively. The total serum IgM levels and titres to anti-SRBC (primary response) antigens were significantly

reduced in both species. Based on clinical and pathological findings, the rhesus monkeys were more sensitive to PCB-induced toxicities than the cynomolgus monkeys, although effects on the immune system were similar in both species.

A long-term study with Aroclor 1254 (Tryphonas *et al.*, 1989, 1991a, b; Arnold *et al.*, 1993, 1995) was of particular significance since it was the only long-term study in which low doses (range, 5–80 µg/kg bw per day) of commercial PCB mixtures were used. Immunological effects were reported after 23–25 months (phase I) (Tryphonas *et al.*, 1989), during which time a blood PCB pharmacokinetic equilibrium was established, and after 55 months (phase II) (Tryphonas *et al.*, 1991a, b). Testing at phase I detected significant shifts in Th and Ts lymphocyte subsets (decreased Th, increased Ts and decreased Th:Ts cell ratio) at 80 µg/kg bw per day, and significantly reduced titres in response to SRBC antigens (Tryphonas *et al.*, 1989). The response to SRBC antigens was significantly reduced even at a dose of 5 µg/kg bw per day. These effects in monkeys were comparable to those reported for the Yucheng population at 1 and 3 years after exposure (Lü & Wu, 1985). Several significant immune-related parameters were affected in monkeys exposed continuously to Aroclor 1254 for 55 months (phase II). Effects included: a dose-related decrease in the anamnestic (IgM and IgG) response to SRBC antigens; a dose-related decrease in the lymphoproliferative response of leukocytes to the mitogens concanavalin A and phytohaemagglutinin, but not to pokeweed mitogen (mostly B-cell dependent); reduced monocyte activity (peak chemiluminescence after phorbol myristate acetate activation); significantly higher levels of serum complement (CH₅₀) activity across all treated groups compared with controls; a dose-related significant increase in thymosin α1 (Tα₁) levels in treated groups compared with controls; a significant but not dose-related increase in levels of interferon at the 20 and 80 µg/kg bw per day, with a significantly

reduced interferon level at 40 µg/kg bw per day. Tumour necrosis factor (TNF) levels were not affected significantly by treatment (Tryphonas *et al.*, 1991a, b).

Hand-reared infant rhesus (*Macaca mulatta*) monkeys (age, 66 weeks) were treated with a mixture of PCB congeners at a dose of 7.5 µg/kg bw per day, which represents the approximate daily intake of a nursing infant whose mother's breast milk contained PCBs at a concentration of 50 ppb. The PCB congeners used for treatment were those commonly found in human breast milk in Canada. Treatment continued until the monkeys reached age 20 weeks. Significant treatment-related effects characterized by reduced antibody responses to SRBC antigens, and reduced levels of the HLA-DR cell surface marker were observed (Arnold *et al.*, 1999).

Groups of eight adult female rhesus monkeys were fed diets containing Aroclor 1248 at a concentration of 2.5 or 5.0 ppm for approximately 1.5 years (Allen & Barsotti, 1976). Six of the eight monkeys treated with Aroclor 1248 at 5.0 ppm, and all monkeys at 2.5 ppm were successfully bred after 6 months of exposure. There was one live infant born among monkeys at 5.0 ppm, and five infants born to monkeys at 2.5 ppm. Infants were permitted to nurse with their mothers. Three infants died within 8 months, after 44, 112 and 239 days, respectively. At necropsy, histopathological observations of the infant tissues included a near complete absence of thymocytes in the cortical and medullary areas of the thymus, extremely small lymph nodules of the spleen with inapparent germinal centres, and hypocellularity of the bone marrow.

(d) *Rodents and rabbits*

(i) *Effects on the thymus*

Commercial PCB mixtures

Thymic atrophy was detected in female White New Zealand rabbits fed diets containing Aroclor 1260 at a dose of 118 mg/kg bw per

day for 38 days, or Aroclor 1260 at a dose of 120 mg/kg bw per day for 28 days ([Vos & Beems, 1971](#); [Vos & Notenboom-Ram, 1972](#)); in male White New Zealand rabbits fed Aroclor 1254 at a dietary concentration of 20, 45.8, or 170 ppm [0.92, 2.10 or 6.54 mg/kg bw per day] for 56 days ([Street & Sharma, 1975](#)); in male Fischer 344 rats given Aroclor 1254 at a dose of 10 or 25 mg/kg bw per day by gavage for 15 weeks ([Smialowicz et al., 1989](#)); in female guinea-pigs fed Clophen A60 at a dietary concentration of 50 ppm for 49 days ([Vos & van Driel-Grootenhuys, 1972](#)) and in male Sprague-Dawley rats fed Aroclor 1262, 1254, or 1248 at 1% of the diet for 6 weeks. The severity of thymic atrophy was Aroclor 1254 = Aroclor 1248 > Aroclor 1262 ([Allen & Abrahamson, 1973](#)).

Thymic atrophy was not detected upon exposure to Aroclor 1248 when fed to female outbred albino mice (50, 100, 500 or 1000 ppm) for 3 to 5 weeks ([Thomas & Hinsdill, 1978](#)), or to Aroclor 1242 (167 ppm) fed to Balb/c mice ([Loose et al., 1979](#)).

PCB congeners

Thymic atrophy characterized by reductions in cortical and medullary volume was also reported in weanling male and female Sprague-Dawley rats treated with feed containing individual PCB congeners for 13 weeks at the following concentrations: PCB-126, 0.1–100 ppb (0.01–7.4 µg/kg bw per day) ([Chu et al., 1994](#)); PCB-153, 0.05–50 ppm (3.6–3534 µg/kg bw per day) ([Chu et al., 1996b](#)); PCB-28, 0.05–50 ppm (2.8–3783 µg/kg bw per day) ([Chu et al., 1996c](#)); and PCB-105, 0.05–50 ppm (3.9–4327 µg/kg bw per day) ([Chu et al., 1998](#)). In contrast, PCB-77, PCB-118, and PCB-128 did not have any significant effects on the thymus when fed to weanling male and female Sprague-Dawley rats for 13 weeks at the following concentrations: PCB-77: 0.01–10 ppm (0.73–768 µg/kg bw per day) in males; 0.01–10 ppm (0.92–892 µg/kg bw per day) in females ([Chu et al., 1995](#)); PCB-118: 0.01–10 ppm (0.66–683 µg/kg bw per day) in males; 0.002–2

ppm (0.17–170 µg/kg bw per day) in females; PCB-128: 0.05–50 ppm (4.5–4397 µg/kg bw per day) ([Lecavalier et al., 1997](#)).

In male C57BL/6 (Ah⁺) and DBA/2 (Ah⁻) mice given intraperitoneal doses of PCB-77 (DL-PCB) or PCB-52 (NDL-PCB) at 0, 10, or 100 mg/kg bw per day, thymic atrophy was observed only in C57BL/6 mice treated with PCB-77 ([Silkworth & Grabstein, 1982](#)). The results suggested that PCB immunotoxicity in mice is mediated through the AhR, present only in the C57BL/6 mice.

(ii) Effects on humoral immunity

Commercial PCB mixtures

Several studies reported effects of PCBs on humoral immune reactivity. A significant reduction in production of antibodies to tetanus toxoid was noted in guinea-pigs fed Clophen A60 ([Vos & van Driel-Grootenhuys, 1972](#)), to keyhole limpet haemocyanin (KLH) in rats fed Aroclor 1254 ([Exon et al., 1985](#)), and to SRBC using the plaque-forming cell assay in mice given Aroclor 1254 intraperitoneally ([Wierda et al., 1981](#); [Loose et al., 1979](#)). Mice genetically engineered to be either aryl hydrocarbon-responsive (Ah^b/Ah^b) or non-responsive (Ah^d/Ah^d) did not exhibit the same sensitivity to PCB-induced suppression in the plaque-forming cell assay. For example, C57BL/6N (Ah^b/Ah^b) mice injected intraperitoneally with Aroclor 1254 at a dose of 250–750 mg/kg bw exhibited significant reductions in plaque-forming cell numbers after 5 days, compared with controls, while DBA/2N (Ah^d/Ah^d) mice failed to demonstrate any significant PCB-induced effects on plaque-forming cell numbers, compared with controls ([Lubet et al., 1986](#)).

PCB congeners

Cotreatment of C57BL/6 B6 mice with PCB-153 and TCDD showed that PCB-153 partially antagonized TCDD-mediated immunotoxicity in various assays ([Biegel et al., 1989](#)).

Individual congeners were also assessed for their immunotoxicity in AhR-responsive or AhR-non-responsive mouse models. [Bandiera et al. \(1982\)](#) reported that PCB-77 binds AhR with high affinity and causes severe suppression of the humoral antibody response in C57BL/6 B6 (Ah^b/Ah^b) mice. In comparison, PCB-77 exhibited lower binding affinity for AhR in DBA/2N (Ah^d/Ah^d) mice and did not cause any immune-related effects ([Silkworth & Grabstein, 1982](#)). In contrast, the di-*ortho*-substituted PCB-52 had weak AhR binding affinity and was not immunosuppressive in either mouse strain ([Silkworth & Grabstein, 1982](#)).

(iii) Effects on cellular immunity

The effects of PCBs were less pronounced on cellular immune responses than on humoral immune reactivity. Reduced skin reactivity to tuberculin was detected in female guinea-pigs fed Clophen A60 at 50 or 250 ppm for 49 days ([Vos & van Driel-Grootenhuis, 1972](#); [Vos & Van Genderen, 1973](#)). In contrast, no effects were detected when dinitrochlorobenzene was used as the skin sensitizer in female Swiss-Webster mice fed Aroclor 1254 at 10, 100, or 250 ppm [1.17, 116, 292 mg/kg bw per week] for 12 weeks ([Talcott & Koller, 1983](#)). Similarly, White New Zealand male rabbits fed Aroclor 1254 at 170 ppm [6.54 mg/kg bw per day] for 56 days did not show any effects on skin reactivity to tuberculin sensitization ([Street & Sharma, 1975](#)).

Studies on the mitogen-induced proliferative activity of splenic mononuclear leukocytes and the mixed lymphocyte response, both in-vitro correlates of cellular immune responses, also gave conflicting results and suggested that PCBs may affect a specific subpopulation of T lymphocytes. A few studies reported that phytohaemagglutinin-induced leukocyte blastogenic activity was increased upon exposure to Aroclors, while no effect was noted when concanavalin A, *S. typhimurium*, or pokeweed mitogens were used ([Bonnyns & Bastomsky, 1976](#); [Wierda et al., 1981](#);

[Smialowicz et al., 1989](#)). The mixed lymphocyte response was not affected by treatment with the less chlorinated Aroclor 1242 ([Carter & Clancy, 1980](#); reviewed by [Silkworth & Loose, 1981](#)).

[Nakanishi et al. \(1995\)](#) treated female Sprague-Dawley rats (age, 8 weeks) intraperitoneally with 5 mg of Kanechlor 400 in 2 mL of corn oil, and effects on the immune system were examined at termination of the study 4 weeks later. The percentage of T lymphocytes, and T-helper and T-suppressor cells, was significantly decreased in the treated groups compared with the controls. In contrast, the percentage of T lymphocytes in the bronchoalveolar lavage fluid was not significantly increased after treatment with Kanechlor 400. The percentage of T-suppressor cells increased significantly, while the percentage of T-helper cells was not affected by treatment. Release of O₂⁻ by alveolar macrophages, stimulated with either wheat germ lectin or phorbol myristate acetate, increased significantly compared with the controls ([Martin et al., 1981](#)). In addition, there was mild inflammation of the alveoli after administration of PCBs. In support of this observation, [Kikuchi et al. \(1971\)](#) reported that lung autopsies for two Yusho patients showed the presence of pulmonary haemorrhage and pulmonary oedema. [It is conceivable that failure to remove O₂⁻ produced by macrophages might be responsible for the observed pathogenesis of interstitial changes of the lung after treatment with PCBs].

(iv) Effects on innate (non-specific) immunity

The cellular components of innate immunity, including phagocytic cells (neutrophils, macrophages) and NK cells, are targets of PCB-induced immunotoxicity. Functional impairment of these cells is characterized by reduced phagocytic activity and consequently diminished ability to eliminate pathogenic infections in PCB-exposed experimental animals, as well as compromised immunosurveillance mechanisms.

Male ICR mice fed diets containing Kanechlor 500 at 400, 200, or 100 µg per gram feed showed increased susceptibility to herpes simplex virus compared with control mice ([Imanishi et al., 1980](#)). Likewise, [Koller \(1977\)](#) demonstrated that Balb/c male mice fed diets containing Aroclor 1242 at 375 ppm for 6 months showed a significant increase in susceptibility to Moloney leukaemia virus; this effect was not seen with Aroclor 1221. In Balb/c male mice given feed containing Aroclor 1242 at 167 ppm for 6 weeks, there was significantly increased susceptibility to *S. typhosa* endotoxin and to malaria parasite *Plasmodium berghei* ([Loose et al., 1979](#)). Reduced clearance of *Listeria monocytogenes* was observed in adult and neonate male and female ICR mice given Aroclor 1254 at 75 mg/kg bw per day by gavage for 14 days ([Smith et al., 1978](#)). [Thomas & Hinsdill \(1980\)](#) reported increased sensitivity to endotoxin challenge in outbred, female albino mice fed Aroclor 1248 at 100 ppm, but no effect on resistance to *S. typhimurium* in mice fed Aroclor 1248 at 1000 ppm.

NK-cell activity was reported to be decreased in male Fischer 344 rats exposed daily to Aroclor 1254 at 10 or 25 mg/kg bw by gastric intubation for up to 15 weeks ([Smialowicz et al., 1989](#)), and in male Sprague-Dawley rats fed Aroclor 1254 at 50 or 500 ppm for 10 weeks ([Talcott et al., 1985](#); [Exon et al., 1985](#)).

Paradoxically, despite the evidence that PCB-induced immunosuppression impairs immune surveillance, Aroclor 1254 protected mice and rats against certain kinds of experimentally induced tumours, such as Ehrlich's tumour ascites ([Keck, 1981](#)) and primary Walker 256 tumour ([Kerkvliet & Kimeldorf, 1977](#)).

(e) *Fish and marine mammals*

As top predators, marine mammals and large fish bioaccumulate PCBs at high concentrations in fat. Several studies have reported on the immunotoxic effects of PCBs on fish and marine mammals in contaminated environments ([Mahy](#)

[et al., 1988](#); [Osterhaus & Vedder, 1988](#); [Cleland et al., 1989](#); [Dietz et al., 1989](#); [Visser et al., 1993](#); [De Swart et al., 1994](#); [Ross et al., 1995, 1996](#); [Hammond et al., 2005](#); [Iwanowicz et al., 2009](#); [Frouin et al., 2010](#); [Duffy-Whritenour et al., 2010](#)).

4.3.5 *Effects on inflammatory response*

Several in-vivo and in-vitro studies have investigated the role of PCBs in the development of inflammatory responses, and are reviewed in the following section. Pertinent to this review are the following questions: (i) is the observed inflammation in PCB-treated animals directly related to PCB exposure, or is it a secondary development following PCB-induced toxicity in target organs; and (ii) does inflammation play an active role in the development of cancer after PCB exposure?

(a) *Humans*

No studies defining an association between exposure to PCBs and the development of inflammation in relation to cancer in humans were available to the Working Group.

(b) *Experimental animals in vivo*

(i) *Commercial PCB mixtures*

[Tryphonas et al. \(1984\)](#) reported significant changes indicative of an ongoing inflammatory response in the liver of cynomolgus monkeys (*Macaca fascicularis*) treated with Aroclor 1254 or Aroclor 1248. These changes included "ground glass" appearance of the cytoplasm and pyknosis of the nuclei with or without neutrophil infiltration, eosinophilic necrosis of single or clusters of hepatocytes often with neutrophilic infiltration or collapse of the connective tissue framework, and moderate, diffuse sinusoidal fibrosis and hypercellularity, and were associated with PCB-induced necrosis of the liver.

Interstitial inflammation of the liver was also observed in cynomolgus monkeys fed with

P-KC-400 (Kanechlor 400 from which PCDFs had been removed, largely containing tri- and tetrachlorobiphenyls), or PY-PCB (a PCB mixture with constituents similar to those ingested by Yusho patients, and largely containing penta- and hexachlorobiphenyls and no PCDF) at 5 mg per day, for 20 weeks ([Hori et al., 1982](#)).

(ii) *PCB congeners*

Inflammatory responses, presumably secondary to PCB-induced toxic effects, have been reported in long-term studies of carcinogenicity in rats treated with PCB-126 ([NTP, 2006a](#)), PCB-153 ([NTP, 2006b](#)), PCB-126 + PCB-153 ([NTP, 2006c](#), varying ratios study), PCB-126 + PCB-118 ([NTP, 2006d](#)), and PCB-118 ([NTP, 2010](#)). The incidence and severity of inflammation in the treated groups varied according to the congener administered. For PCB-118 and PCB-126, the incidence of inflammation and degree of severity were significantly increased in core groups receiving the three higher doses than in the controls, while for PCB-153, the incidence in the core groups was only slightly increased compared with the controls and was not dose-dependent. In addition to the core groups, inflammation, albeit of low incidence and intensity, was also observed in the control groups in the studies with PCB-118 and PCB-126, and in the uterus of rats in the PCB-153 control group, but not in the ovary of rats in the same group.

[Sipka et al. \(2008\)](#) investigated the potential for various PCB congeners to induce inflammation in mice. Mice were given a single gavage dose (150 µmol/kg bw) of PCB-77, PCB-104, or PCB-153. The levels of specific inflammatory mediators including intercellular adhesion molecules (ICAM-1), vascular cell adhesion molecule-1 (VCAM-1) mRNA and monocyte chemoattractant protein-1 mRNA (MCP-1) were determined in the liver, lung, and brain. All three PCB congeners activated inflammatory mediators, and the organs affected varied according to the congener used. PCB-77 and PCB-104 caused

induction of all three inflammatory mediators in the liver and lungs, but not in the brain. In contrast, the effects of PCB-153 varied across mediators and were predominantly seen in the lung and brain. Concentrations of PCB-153 were higher in the lung and brain than in the liver, and PCB-153 was the only PCB to be detected in the brain ([Sipka et al., 2008](#)). These observations suggested that the observed differences in target organ for the effects on inflammatory mediators were due to differences in PCB-congener accumulation in the organs affected.

In another study, a single dose of PCB-77 resulted in increased expression of VCAM-1 only in the wildtype (AhR-positive) mice, and not in mice lacking the AhR gene ([Hennig et al., 2002b](#)).

[Sipos et al. \(2012\)](#) suggested that exposure to environmental toxicants including PCBs may cause vascular inflammation that facilitates the development of brain metastases. The crucial event in metastasis is adhesion of blood-borne tumour cells to the vascular endothelium, followed by transcapillary migration. In wild-type or ICAM-1-deficient mice injected with Lewis lung carcinoma cells via the carotid artery, oral pretreatment with PCB-118 enhanced development of brain metastases by inducing overexpression of ICAM-1 (also designated as CD54) and VCAM-1 in the brain endothelium ([Sipos et al., 2012](#)).

(c) *In-vitro studies*

In-vitro studies by [Narayanan et al. \(1998\)](#) indicated that Aroclor 1242 and PCB-47 (a major constituent of Aroclor 1242) impaired the oxidative burst (respiratory burst) in human neutrophils by inhibiting the antioxidant enzyme superoxide dismutase, which converts O_2^- to H_2O_2 . Pre-incubation of neutrophils with Aroclor 1242 or PCB-47 before stimulation with phorbol 12-myristate 13-acetate, elevated the respiratory burst, and resulted in a significant increase in intracellular O_2^- production and a significant

decrease in H_2O_2 compared with that in unexposed but agonist-stimulated neutrophils.

Additional in-vitro studies indicated that non-coplanar PCBs stimulate neutrophil production of superoxide anions (O_2^-) by a mechanism that is structure-specific and dependent on the chlorine substitution pattern of the biphenyl rings. On the contrary, coplanar congeners with high affinity for AhR do not activate neutrophils to produce superoxide anions and may inhibit this response ([Brown et al., 1998](#)). In these studies, neutrophils were isolated from male Sprague-Dawley rats and exposed to specific PCB congeners at 0 (vehicle), 10, or 50 μM for 30 minutes at 37 °C, before stimulation with phorbol 12-myristate 13-acetate at 0 or 20 ng/mL. PCB-4, PCB-8, or PCB-11 (50 μM) stimulated neutrophils to produce O_2^- . Incubation of neutrophils with PCB-15, PCB-126, PCB-127, or PCB-128 did not result in generation of O_2^- . Of the various congeners tested, PCB-8 elicited the highest production of superoxide anions.

Exposure to PCB-4, PCB-8, PCB-11, or PCB-128 before addition of phorbol myristate acetate caused a significant increase in the amount of O_2^- produced that was greater than that seen with either compound alone. Phorbol myristate acetate-stimulated production of O_2^- was unaffected by prior exposure to PCB-15, PCB-126, or PCB-127. In separate experiments, PCB-126 inhibited the amount of O_2^- produced in response to activation with either PCB-4 or PCB-11. From these results it appeared that non-coplanar congeners are capable of stimulating neutrophil production of O_2^- . Coplanar congeners with a high affinity for AhR do not activate neutrophils to produce O_2^- and may inhibit this response.

[Kwon et al. \(2002\)](#) investigated the effects of PCB-153 on the expression of cyclooxygenase-2 (COX-2) and pro-inflammatory cytokines such as IL-1 β , IL-6 and TNF- α in a human leukaemic mast cell line. The expression of TNF- α and IL-1 β mRNA was not dependent on PCB-153, while the

expression of COX-2 and IL-6 mRNA was highly induced by PCB-153. Pre-treatment with pyrrolidine dithiocarbamate, an NF- κ B-pathway inhibitor, suppressed induction of COX-2, TNF- α and IL-1 β , and reduced the induction of IL-6 mRNA by PCB-153.

The effects of PCBs on the activation of human granulocytes were investigated by [Voie et al. \(1998\)](#). Respiratory burst activity was measured as luminol-amplified chemoluminescence in human granulocytes. *Ortho*-substituted PCB congeners (PCB-47 and PCB-4) stimulated chemoluminescence in a concentration-dependent manner (ED_{50} , approximately 10 μM), while *meta*- and *para*-substituted congeners had no significant effect. Furthermore, using several enzyme-specific inhibitors, it was shown that PCB-activated chemiluminescence was dependent on Ca^{++} -dependent phospholipase D or phospholipase C, phosphatidylinositol 3-kinase, and protein kinase C activation before activation of the NADPH oxidase.

In an early experiment, porcine pulmonary artery-derived endothelial cells were incubated for up to 24 hours with PCB-77, PCB-114, or PCB-153, which were selected for their varying binding avidities to AhR and different capacities to induce CYP ([Toborek et al., 1995](#)). PCB-77 and PCB-114 significantly disrupted endothelial barrier function in a dose-dependent manner by allowing an increase in albumin transfer across endothelial monolayers. PCB-77 and PCB-114 also enhanced oxidative stress (increasing levels of 2,7-dichlorofluorescein fluorescence, lipid hydroperoxides, and intracellular calcium) and caused increased activity and level of CYP 1A, and decreased levels of vitamin E in the culture medium. In contrast, incubation of endothelial cells with the non-dioxin-like PCB-153 did not have any effect on cellular oxidation, intracellular calcium levels, or on endothelial barrier function.

Additional in-vitro experiments ([Hennig et al., 1999](#); [2002a](#), [2002b](#)) further suggested

that PCBs are atherogenic, exerting their effect by disrupting normal cellular functions of the vascular endothelium, and confirmed that oxidative stress and activation of the CYP1A subfamily may play a role in the events that lead to atherogenicity.

Treatment of porcine endothelial cells with the DL-PCBs PCB-77, PCB-126, or PCB-169 resulted in increases in expression of the *CYP1A1* gene, oxidative stress, and the DNA-binding activity of NF- κ B in a concentration-dependent manner. PCB-126 elicited a maximal response at the lowest concentration (0.5 μ M) tested. In addition, all three coplanar PCBs increased endothelial production of IL-6. The expression of adhesion molecule VCAM-1 by endothelial cells was highest at 3.4 μ M PCB-77 or PCB-169 (Hennig *et al.*, 2002b).

When human umbilical vein endothelial cells (HUVEC) were treated with PCB-104, a non-coplanar congener, PCB-104 increased the oxidative stress and markedly upregulated the expression of monocyte chemoattractant protein-1 (MCP-1), and the adhesion molecules E-selectin, and ICAM-1, at both the mRNA and protein levels, in a time and concentration-dependent manner. Furthermore, PCB-104 stimulated the adhesion of THP-1 cells (a human acute monocytic leukaemia cell line) to endothelial cell monolayers (Choi *et al.*, 2003).

4.3.6 Quantitative structure–activity relationships (QSAR)

Based on their structure–activity characteristics, PCB congeners are generally grouped as dioxin-like and non-dioxin-like (see Section 1.1.1):

- DL-PCBs are *meta*-/*para*-chloro-substituted PCBs and include PCB-77, PCB-126, PCB-169 and their mono-*ortho*-chlorinated derivatives. These congeners can adopt a coplanar structure and display avid binding to AhR (avidity to AhR diminishes with

ortho-chloro-substitution). AhR activation leads to a multitude of biological and toxic manifestations, referred to as “dioxin-like activity”.

- NDL-PCBs are *ortho/para*-substituted PCBs. *Ortho/para*-substitution (at least two chlorines in *ortho* positions) is associated with the capacity to induce CAR/PXR-dependent gene expression (e.g. CYP2B, CYP3A isoenzymes). CAR agonists have substitutions in *ortho, para* with or without *meta* substitution, while PXR agonists and ryanodine agonists have multiple *ortho* positions substituted with chlorines.
- Some PCB congeners do not elicit activation of AhR, CAR, or PXR.

PCB congeners can also be grouped as lower- and higher-chlorinated congeners. The number of chlorine substituents is linked to persistency and bioaccumulation in animals and humans; less chlorinated congeners are typically volatile and metabolically active, and may produce ROS and genotoxic insults (see Section 4.2).

Additionally, a specific configuration may show activity in a specific bioassay, e.g. for endocrine effects (especially modulation of steroid and thyroid nuclear receptors), neurotoxic activities (release of a neurotransmitter, calcium homeostasis), and/or events associated with tumour promotion (e.g. inhibition of GJIC) (see Section 4.3.2).

The TEQ concept used for risk assessment of PCBs is based on AhR-mediated toxicity of DL-PCBs (see Section 4.3.1). In contrast, the toxicity profiles of NDL-PCBs are insufficiently characterized.

Defining key structural toxicity determinants of individual congeners modulating CAR-, PXR-, androgen receptor-, estrogen receptor-, and other receptor-dependent gene expression is not easy; with the exception of AhR, androgen receptor, and estrogen receptor, there were no systematic studies comparing a large series of PCB congeners in a receptor-based bioassay.

Only a few specific QSAR studies addressing carcinogenicity of PCBs have been published. [Ruiz et al. \(2008\)](#) attempted to predict mutagenicity and carcinogenicity of all 209 PCB congeners and some oxidative metabolites using experimental data on DNA-adduct formation, on GJIC-inhibition potency, and National Toxicology Program (NTP) rodent carcinogenicity bioassays. Interestingly, a positive mutagenicity activity was predicted for the less chlorinated PCBs and their hydroxy- and benzoquinone metabolites. Carcinogenicity of many di- to hexachlorinated PCBs was predicted by the QSAR based on NTP carcinogenicity studies in mice, while no carcinogenicity was predicted for tested congeners in the analysis for rats. [A significant drawback was that carcinogenicity predictions were not applicable for the highly abundant, higher-chlorinated congeners PCB-153, PCB-170 and PCB-180 (predicted values were outside the optimum prediction space). Therefore QSAR analyses of carcinogenicity of PCB congeners were inadequate, especially when regarding possible extrapolation to hazards in humans.]

An alternative and more complex approach was reported recently by [Stenberg et al. \(2011\)](#). Multivariate toxicity profiles and QSAR modeling of NDL-PCBs were used, based on a variety of molecular descriptors. The toxicity profiles of 24 selected PCBs were identified by in-vitro screening; the different mechanisms of action, which were mostly related to endocrine disruption and neurotoxicity, also included tumour promotion. NDL-PCBs were highly purified, to exclude any contaminating dioxin-like compounds before testing ([Hamers et al., 2011](#)). QSAR analysis included also several parameters relevant to carcinogenicity, such as ROS production and inhibition of GJIC. Principal component analysis was used to derive general toxicity profiles from experimental in-vitro data, and individual QSAR models were calculated for each in-vitro response using a set of 67 chemical descriptors. It was shown that PCBs

could be divided into at least three major clusters; the DL-PCBs, and two separate NDL-PCB clusters with similar toxicity profiles. The first NDL-PCB cluster included mainly less-chlorinated, *ortho*-substituted congeners with generally higher biological activities (e.g. PCB-28, PCB-95, PCB-101, PCB-136); this subset of congeners was also the most active in the study of GJIC inhibition. The second cluster of NDL-PCBs included congeners with a narrow effective concentration and lower biological activities, with the exception of three assays related to endocrine activity (e.g. PCB-118, PCB-138, PCB-153, PCB-170, PCB-180) ([Stenberg et al., 2011](#)).

QSAR approaches might become a useful tool for evaluation and prediction of toxicity of PCBs related to carcinogenesis; however, currently their use is hampered by the lack of data on specific mechanisms of action for larger congener sets.

4.4 Organ toxicity relevant to carcinogenicity

The reader is referred to Section 3.1.2 and Table 3.1 for study design and additional results of the experiments described below.

4.4.1 Hepatic preneoplastic lesions

- (a) *Promotion of preneoplastic lesions*
- (i) *Commercial PCB mixtures*

PCB mixtures, including Aroclor 1254, Clophen A 30, Clophen A 50, and Phenoclor DP6, have shown promoting activity in liver carcinogenesis ([Glauert et al., 2001](#)). Several initiating agents were used, including diethylnitrosamine (DEN), aflatoxin B₁, and benzo[*a*]pyrene. The following markers of altered hepatic foci were used in these studies: gamma-glutamyl transferase (GGT), ATPase, and glycogen. The promoting activity of PCBs was observed in males and females. In one study, the promoting activity

of Clophen A 50 was much higher in female rats than in males (Deml & Oesterle, 1982); a similar observation was made for phenobarbital (Xu *et al.*, 1990). In mice, males are more susceptible than females to hepatocarcinogenesis; higher production of IL-6 by Kupffer cells in males may be responsible for this sex-specific difference (Naugler *et al.*, 2007). In a dose–response study with Clophen A 50, a threshold dose (1 mg/kg bw, three times per week, for 11 weeks) was identified (Deml & Oesterle, 1987).

(ii) Individual congeners

Many studies have examined the ability of individual PCB congeners to promote altered hepatic foci in rat liver (Glauert *et al.*, 2001). Most of the studies used DEN as the initiating agent, whether as a single necrogenic dose, as a low dose in conjunction with partial hepatectomy, as a low dose in newborn animals, or in the drinking-water for 10–12 days. The following markers of altered hepatic foci were used in these studies: GGT, GST π , ATPase, and/or glucose-6-phosphatase. PCB congeners that had promoting activity included non-*ortho* PCBs (PCB-77 and PCB-126), which activated AhR; di-*ortho*-substituted PCBs (PCB-47, PCB-49, and PCB-153), which activated CAR; and mono-*ortho*-substituted PCBs (PCB-105, PCB-114, PCB-118, and PCB-156), which activated both receptors. Non-*ortho*-PCBs were the most efficacious (Glauert *et al.*, 2001). PCBs that did not induce (PCB-3 and PCB-15) or that weakly induced (PCB-28 and PCB-101) either receptor had poor promoting activity (Oesterle & Deml, 1981; Deml *et al.*, 1985; Buchmann *et al.*, 1991; Kunz *et al.*, 2006). [These differences could be due to pharmacokinetics as well as pharmacodynamics.]

(iii) Combinations of individual congeners

Several studies have investigated the effects of administering combinations of two or more PCB congeners. Most of these studies found that the co-administration of non-*ortho* and di-*ortho*

PCBs produced less than additive effects, while administration of two non-*ortho* PCBs produced additive effects. These studies used DEN as the initiating agent, either as a low dose in combination with partial hepatectomy, or as a hepatotoxic dose.

In the earliest study, Sargent *et al.* (1991) examined the separate and combined effects of dietary administration of (di-*ortho*) PCB-52 at 10 ppm, and (non-*ortho*) PCB-77 at 0.1 ppm for 1 year in rats. When administered separately, PCB-77 did not increase the number or volume of altered hepatic foci, but PCB-52 increased the volume fraction but not the number of altered hepatic foci. Co-administration of PCB-52 and PCB-77, however, increased both the number and volume fraction of altered hepatic foci in a more than additive manner. In a study examining the interactive effects of a non-*ortho*-substituted PCB (PCB-126), a mono-*ortho*-substituted PCB (PCB-105), and a di-*ortho*-substituted PCB (PCB-153), no more than additive effects were observed. An additive effect was observed with PCB-105 + PCB-153, while less than additive effects were observed for PCB-126 + PCB-153, and for PCB-126 + PCB-105 (Haag-Grönlund *et al.*, 1998). In another study, PCB-77 and PCB-153 were administered every 2 weeks separately at 300 $\mu\text{mol/kg}$ bw, or in combination at 150 $\mu\text{mol/kg}$ bw (total PCB dose, 300 $\mu\text{mol/kg}$ per injection) for four injections (Berberian *et al.*, 1995). Numbers and volume of foci induced by PCB-77 were decreased by the co-administration of PCB-153. In a study using a similar experimental design, rats were injected four times with PCB-77 or PCB-153 (100 or 300 $\mu\text{mol/kg}$ bw), or PCB-77 + PCB-153 (100 $\mu\text{mol/kg}$ bw each) biweekly. Both PCB-77 and PCB-153 separately increased the number and volume of GSTP-positive foci, but co-administration of PCB-153 inhibited the number and volume of foci induced by PCB-77 (Tharappe *et al.*, 2002). When PCB-126 (non-*ortho*) and PCB-153 (di-*ortho*) were co-administered using 14 combinations of doses, a less

than additive effect was observed ([Dean et al., 2002](#)). Finally, the tumour-promoting activity of a polyhalogenated aromatic hydrocarbon mixture (TCDD; 1,2,3,7,8-pentachlorodibenzo-*p*-dioxin; 2,3,4,7,8-pentachlorodibenzofuran; PCB-126; PCB-118; and PCB-156) with or without PCB-153 (di-*ortho*) was compared with that of TCDD alone, the mixture and TCDD having the same total TEF ([van der Plas et al., 1999](#)). The mixture produced a lower mean volume of foci and volume fraction of foci in the liver than did TCDD alone. The addition of PCB-153 slightly increased the mean volume of foci and volume fraction of foci in the liver, but still not above that produced by TCDD alone. TCDD and PCB-126 (non-*ortho*) were found to have an additive effect in another study ([Hemming et al., 1995](#)).

(b) *Initiation of preneoplastic lesions*

Studies examining the effect of PCBs as initiating agents fell into two categories: those that examined the effect of PCB treatment with no subsequent chemical treatment, and those in which PCB treatment was followed with protocols designed to shorten the latency period and increase the number and size of lesions, such as the Solt-Farber selection protocol ([Solt et al., 1977](#); [Tsuda et al., 1980](#); [Semple-Roberts et al., 1987](#)). Groups of animals treated with PCBs only were often control groups in initiation-promotion studies, e.g. PCB-only groups being used to compare initiator + PCB groups.

Several studies have observed a small increase in the number of altered hepatic foci after treatment with PCBs only. These PCBs included Clophen A 50, PCB-49, PCB-77, and PCB-114 (reviewed in [Glauert et al., 2001](#)). There are two possible explanations for this phenomenon: first, these PCBs have initiating activity; or second, these PCBs are very efficient at promoting cells that have initiated spontaneously (e.g. from errors in DNA replication, exposure to background chemicals or radiation, etc.). Other studies, however, have observed that certain

PCBs, including Aroclor 1254, Clophen A 50, PCB-52, PCB-77, and PCB-153, do not produce any increase in the number of altered hepatic foci after treatment with the PCB congener only (reviewed in [Glauert et al., 2001](#)). [Possible reasons for obtaining different results for the same PCBs included use of different doses, use of different proliferative stimuli, and different latency periods.]

Three studies have used PCBs as initiating agents in the Solt-Farber protocol to determine whether altered hepatic foci would develop. This protocol involves treatment with an initiating agent (either known or to be tested) in conjunction with a proliferative stimulus. After a recovery period (usually 2 weeks), rats are treated with 2-acetylaminofluorene (2-AAF; to inhibit cell proliferation), given either in the diet or by gavage, for 2 weeks, with a proliferative stimulus (usually an oral dose of carbon tetrachloride or partial hepatectomy) after the first week.

[Hayes et al. \(1985\)](#) assessed Aroclor 1254, a reconstituted human breast milk mixture of PCB congeners, PCB-47, PCB-52, and PCB-153, and found that none of them had initiating activity. [Espandiarì et al. \(2003\)](#) examined less chlorinated PCBs, and observed that some (PCB-3, PCB-15, PCB-52, and PCB-77) increased the number of GGT-positive foci, while others did not (PCB-12 and PCB-38). A subsequent study showed that the PCB-3 metabolites 4-OH-PCB-3 and the *ortho* 3,4-quinone of PCB-3 acted as the proximate and ultimate carcinogens ([Espandiarì et al., 2004](#)). [Negative results obtained after the administration of PCBs could indicate lack of initiating activity, likely due to low metabolic activation, or could be caused by alteration of other components of the protocol, such as acetylaminofluorene metabolism and effects.]

4.4.2 Liver

Liver toxicity is commonly observed in long-term studies in rats and mice exposed to PCBs, with dose- and duration-dependent increases in the incidence, severity, and breadth of spectrum of lesions observed ([Kimbrough & Linder 1974](#); [Mayes *et al.*, 1998](#); [NTP, 2006a, c, d, 2010](#)).

For PCB-126, PCB-118, and binary mixtures of PCB-126 with PCB-153 or PCB-118, hepatic toxicity increased with increasing dose and duration of exposure, and was characterized by increases in the incidence and severity of hepatocyte hypertrophy (most likely due to alterations in PCB-induced CYP expression), diffuse fatty changes, multinucleated hepatocytes, pigmentation (likely due to haemosiderin accumulation), inflammation, altered hepatic foci, necrosis, oval cell hyperplasia, cholangiofibrosis, bile-duct hyperplasia, bile-duct cysts, and nodular hyperplasia ([NTP, 2006a, c, d, 2010](#)).

With PCB-153, hepatocyte hypertrophy was seen after 14, 31, and 53 weeks in female rats treated with doses of up to 3 mg/kg bw by gavage; at 2 years, there were also increases in the incidence of fatty change, bile-duct hyperplasia, oval-cell hyperplasia and pigmentation ([NTP, 2006b](#)).

While none of these hepatic responses are specifically preneoplastic, cholangiofibrosis and cholangiocarcinoma represent different diagnoses along the same continuum of pathogenesis. Cholangiofibrosis was seen in the above-mentioned NTP studies of female rats treated with specific PCB congeners by gavage, in female rats fed with Aroclor 1260 ([Kimbrough *et al.*, 1975](#)), and in female rats treated with other dioxin-like compounds by gavage ([NTP, 2006e, f, g](#)). In general, the higher the dose and duration of exposure, the higher the incidence, severity, and breadth of spectrum of responses observed. The observations of biliary and hepatocellular lesions are characteristic of an initial insult and the response of the liver to repair the injury and

regenerate, leading to a hepatic stem-cell response and a bifurcating lineage of subsequent pathologies of both bile-duct cells and hepatocytes.

4.4.3 Lung

In the long-term NTP studies in female Harlan Sprague-Dawley rats treated with PCB-126, PCB-118, PCB-118 + 126 and PCB-126 + 153 by gavage, there were clear increases in the incidence of cystic keratinizing epithelium of the lung and of squamous cell carcinoma ([NTP, 2006a, c, d, 2010](#)). The two common effects seen in PCB-treated rats were an increased incidence of alveolar epithelial bronchiolar metaplasia and of squamous metaplasia of the lung (reviewed in [Sells *et al.*, 2007](#)). Squamous metaplasia was characterized by the transition of alveolar epithelial cells to squamous metaplastic cells with distortion of the normal architecture. Keratin formation was evident and inflammation was sometimes observed. The more expansive lesions formed keratinizing cysts, which consisted of a cystic structure with a thin uniform wall composed of mature squamous cells that contained various amounts of keratin. The term “cystic keratinizing epithelioma” was used for a benign neoplasm in this family of lesions, and “squamous cell carcinoma” was used as a diagnosis for the malignant form of the lesion ([Sells *et al.*, 2007](#)). Alveolar epithelial bronchiolar metaplasia was characterized by metaplasia of alveolar epithelium to respiratory type primarily at the junction of the terminal bronchioles and along alveolar ducts. Alveolar epithelial bronchiolar metaplasia did not appear to be associated with progression to neoplasia, but may have been characteristic of increased metabolic activity in the metaplastic area ([Brix *et al.*, 2004](#)).

No pulmonary toxicity was observed in a long-term NTP study with PCB-153 in female rats ([NTP, 2006b](#)). Pulmonary toxicity was not reported in long-term bioassays with Aroclors 1016, 1242, 1254, and 1260 in CD Sprague-Dawley

rats ([Mayes et al., 1998](#)). [Differences between the studies included strain of rat used (Harlan Sprague-Dawley versus Charles River Sprague-Dawley), route of exposure (feed for Aroclors versus gavage for the PCB congeners), and use of complex mixtures (Aroclors) versus individual or binary mixtures of single PCB congeners.]

4.4.4 Thyroid

In long-term NTP studies of female Sprague-Dawley rats treated with PCB-126, PCB-118, PCB-126 + 118, and PCB-126 + 153 by gavage, there were increased incidences of follicular cell hypertrophy of the thyroid in the exposed groups at 14, 31, 53 weeks, and 2 years ([NTP, 2006a, c, d, 2010](#); [Yoshizawa et al., 2010](#)). Increased incidence of follicular cell hypertrophy was also seen with PCB-153 only at 53 weeks and 2 years ([NTP, 2006b](#)).

The observation of thyroid follicular cell hypertrophy in treated rats was attributed to alterations in the expression of UDP-GT in the liver, leading to a decrease in circulating T₄, disruption of thyroid-hormone homeostasis, and compensatory hypertrophy ([Hill et al., 1989](#)). [The Working Group noted that other mechanisms may be operational.] A persistent increase in the incidence of follicular cell hypertrophy has often been linked to increased incidences of follicular cell tumours of the thyroid in studies in experimental animals (see Section 3). No neoplasms were observed in treated females. Increased incidence of thyroid follicular cell tumours was seen in male CD SD rats exposed to Aroclors 1242, 1254, or 1260, although without significant increase in the incidence of thyroid follicular cell hypertrophy ([Mayes et al., 1998](#)). The morphological appearance of the thyroid tumours was characteristic of those developed as a secondary response to chronic overstimulation of TSH. [This phenomenon is more common in males than females rats due to higher circulating levels of TSH in males.]

4.4.5 Adrenal gland

In the long-term NTP study in female Harlan Sprague-Dawley rats treated with PCB-126 by gavage, increased incidences of adrenal atrophy and cytoplasmic vacuolization were observed in those groups in which elevated incidences of adrenal adenoma were seen ([NTP, 2006a](#)). In long-term NTP studies in female rats treated with PCB-118, increases in the incidence of adrenal atrophy and cytoplasmic vacuolization, but not adrenal adenoma, were observed ([NTP, 2010](#)). Treatment with PCB-153 or Aroclors had no effect on the adrenal gland in long-term studies in female rats ([Mayes et al., 1998](#); [NTP, 2006b](#)).

4.4.6 Pancreas

A common occurrence in long-term studies with PCBs with dioxin-like activity (PCB-126, PCB-118, PCB-126 + PCB-118, and PCB-126 + PCB-153) in female rats (males were not studied) was toxicity in the pancreas ([NTP, 2006a, c, d, 2010](#)). In the NTP studies with PCB-126 and PCB-118, pancreatic acinar cytoplasmic vacuolization, atrophy, and chronic active inflammation were observed. No effect on the pancreas was seen in female rats exposed to PCB-153 at doses of up to 3 mg/kg bw per day for 2 years ([NTP, 2006b](#)). Increased incidence of acinar adenoma was observed in a long-term NTP study of PCB-126/153 in female rats, and sporadic incidences of acinar adenoma were observed in a long-term NTP study of PCB-118 in female rats, although it was uncertain whether this was a treatment-related effect ([NTP, 2006c, 2010](#)).

4.4.7 Female reproductive system

In the long-term NTP study of PCB-118 and PCB-153 in female Harlan Sprague-Dawley rats, there was no increase in the incidence of cystic endometrial hyperplasia of the uterus and squamous metaplasia of the uterus; the incidences of squamous metaplasia and cystic endometrial

hyperplasia in the core study groups were significantly less than the incidence in the vehicle-control group. In the PCB-118 stop-exposure group, in which exposure (to 4600 µg/kg bw) was for only 30 weeks followed by vehicle only (corn oil) for up to 2 years, the incidences of these two lesions were significantly increased compared with those in the core-study group exposed continually at 4600 µg/kg bw per day (NTP, 2006b, 2010). Accordingly, there was a significant increase in the incidence of uterine carcinoma in the stop-exposure group in which exposure was for only 30 weeks followed by vehicle only (corn oil) for up to 2 years, but not in the long-term exposure group (see Section 3.1.1). While the mechanism was not known, it was speculated that exposure to PCB-118 for the first 30 weeks led to the early development of responsive uterine carcinoma, and that the subsequent cessation of exposure reestablished a normal estrogenic milieu that promoted the development of these uterine neoplasms, which would otherwise have been suppressed if exposure had been continued for the full 2 years (Yoshizawa *et al.*, 2009).

In the 2-year NTP study with PCB-153 in female Harlan Sprague-Dawley rats, there was a significant increase in the incidence of chronic active inflammation of the ovary; however, there was no increase in the incidence of ovarian tumours (NTP, 2006b).

4.4.8 Skin

Chloracne and other dermal alterations are well known effects of long-term exposure to PCBs and related compounds (ATSDR, 2000). These effects have been reported in workers exposed occupationally to PCBs, and also in individuals exposed by accidental ingestion of rice oil contaminated with high concentrations of PCBs (Yusho and Yucheng), and in rhesus monkeys fed a diet containing Aroclor 1248. Chloracne is probably caused by interference of PCBs with the metabolism of vitamin A in the skin, resulting

in disturbances of the epithelial tissues of the pilo-sebaceous duct (Coenraads *et al.*, 1994).

(a) Human exposure

(i) Occupational exposure

Chloracne is the most easily recognized effect of exposure to PCBs and structurally related chlorinated organic chemicals (Rice & Cohen, 1996). Chloracne first develops on the face, under the eyes and behind the ears, but severe chloracne can cover the entire body. Histologically, the lesions consist of keratinous cysts caused by squamous metaplasia of sebaceous glands. The acute stage is followed by vermiculite skin atrophy. Mild to moderate chloracne was observed in 7 out of 14 workers exposed to Aroclors (formulation not specified) at 0.1 mg/m³ for an average duration of 14.3 months (Meigs *et al.*, 1954). [Because PCBs were used as a heat-exchange material, it is possible that these workers were exposed to pyrolysis products.] Three cases of chloracne occurred among autoclave operators (number not specified) exposed to Aroclor 1254 at 5.2–6.8 mg/m³ for 4–7 months (Bertazzi *et al.*, 1987). [The presence of pyrolysis products may have been a confounding factor.] In 1977, four more cases of chloracne were diagnosed among 67 workers from the same plant who were engaged in impregnating capacitors with Pyralene 3010 (0.048–0.275 mg/m³) and had skin contact confirmed as a major exposure route. An increased incidence of non-adolescent acneiform eruptions was reported in workers exposed to various Aroclors at mean concentrations of 0.007–11 mg/m³ for > 5 years; 40% of the workers had been exposed for > 20 years (Fischbein *et al.*, 1979, 1982). Maroni *et al.* (1981a, b) reported ten cases of acne and/or folliculitis and five cases of dermatitis among 80 capacitor-manufacturing workers in Italy. All the workers with chloracne were employed in jobs with high exposure. Their blood PCB concentrations ranged from 300 to 500 µg/L. No definite association was found

between chloracne and blood PCB concentrations. Other dermal effects reported in workers included skin rashes, pigmentation, disturbances of skin and nails, erythema and thickening of the skin, and burning sensations (Ouw *et al.*, 1976; Fischbein *et al.*, 1979, 1982; Smith *et al.*, 1982). In these studies, the workers were exposed to various Aroclors at concentrations as low as 0.003 mg/m³ for > 5 years. In those studies that looked at PCB profile of exposure, statistically significant associations between dermatological effects and plasma concentrations of more highly chlorinated PCB congeners were reported (Fischbein *et al.*, 1979, 1982; Smith *et al.*, 1982), while no relationships were found between the incidence of skin rash or dermatitis, and plasma concentrations of less chlorinated PCBs (Smith *et al.*, 1982).

(ii) *Accidental exposure*

Skin effects were widely reported among victims of the Yusho and Yucheng poisoning episodes (Lü & Wu, 1985; Kuratsune, 1989; Rogan, 1989; Guo *et al.*, 1999). However, these effects could not be attributed solely to exposure to PCBs, since the victims were also exposed to PCDFs and other chlorinated chemicals (ATSDR, 1994). Characteristic skin changes included marked enlargement, elevation and keratotic plugging of follicular orifices, comedo formation, acneiform eruptions, hyperpigmentation, hyperkeratosis, and deformed nails. Dark-coloured pigmentation frequently occurred in the gingival and buccal mucosa, lips, and nails, and improved only gradually in most patients (Kuratsune *et al.*, 1971; Fu, 1984; Lü & Wu, 1985; Kuratsune, 1989; Rogan, 1989). At 14 years after the Yucheng incident, exposed men and women had a higher lifetime prevalence of chloracne, abnormal nails, hyperkeratosis, and gum pigmentation (Guo *et al.*, 1999). Skin lesions were commonly observed in children born to mothers exposed during the Yusho or Yucheng incidents (Gladen *et al.*, 1990).

(b) *Experimental systems*

(i) *Animal studies in vivo*

Female rhesus monkeys fed diets containing Aroclor 1248 at concentrations of 2.5 and 5.0 ppm developed facial oedema, swollen eyelids, erythema, loss of hair, and acne, within 2 months. After 6 months, the monkeys were bred with control males. In the seven offspring carried to term, and exposed for 4 months to PCBs via the lactating mother, focal areas of hyperpigmentation and acneiform lesions of the face developed within 2 months, and were accompanied by increased skin PCB concentrations (Allen & Norback, 1976).

Developing *Xenopus laevis* tadpoles were exposed to Aroclor 1254 at concentrations of 0 to 100 µg/mL from day 5 to day 9 after fertilization. Exposure at the higher concentrations (10, 50, and 100 µg/mL) caused statistically significant reductions in survival and body size, and resulted in histological abnormalities, including aberrant tail-tips, and aberrant myotomal and melanocyte morphologies; tadpoles treated with Aroclor 1254 were devoid of dendritic arborizations, resulting in decrease in total melanocyte area (Fisher *et al.*, 2003).

(ii) *Human cells in vitro*

Only two studies were available on the molecular effects of PCBs in human skin cells. Exposure of normal human melanocytes to TCDD resulted in activation of the AhR signaling pathway, AhR-dependent induction of tyrosinase, and consequently, elevated total melanin content. These effects were due to the induction of tyrosinase and tyrosinase-related protein 2-gene expression. Thus AhR is able to modulate melanogenesis by controlling the expression of melanogenic genes (Luecke *et al.*, 2010).

Exposure of human skin keratinocytes to a synthetic mixture of volatile PCBs, or the common airborne congeners PCB-28 or PCB-52

led to significant inhibition of telomerase activity and reduced telomere length. All PCBs decreased cell proliferation, and PCB-52 produced a small increase in the fraction of cells arrested in G0/G1 of the cell cycle. Changes in telomere length and telomerase activity are hallmarks of ageing and carcinogenesis; these effects suggested a potential mechanism by which exposure to PCBs could lead to skin cancer ([Senthilkumar et al., 2011](#)).

4.5 Susceptibility

4.5.1 Genetic polymorphisms

Single nucleotide polymorphisms in the genes for metabolizing enzymes or receptors can potentially affect expression or inducibility (if these polymorphisms were in the promoter region of the gene), and stability or function of the protein (if they were in the coding region). The individual response to carcinogens may be influenced by polymorphisms in genes for metabolizing enzymes, including xenobiotic- and steroid-metabolizing CYP, GST, catechol O-methyltransferase (COMT), and others ([Singh et al., 2008](#)); receptors that control expression of metabolizing enzymes such as AhR ([Ng et al., 2010](#)) and the AhR repressor ([Hung et al., 2013](#)); and receptors that interact with endogenous molecules such as steroid hormones.

(a) *Metabolizing genes*

As discussed in Section 4.1.3, CYP plays an important role in PCB metabolism. Knowledge of the particular CYP isoform most likely to bind and/or metabolize a PCB congener is important in evaluating risk from exposure to this congener. Many human CYP isoforms exhibit pharmacogenetic polymorphisms, which can affect expression levels, catalytic activity per unit enzyme with particular substrates, or both parameters ([Ingelman-Sundberg et al., 2007](#)). Variations in activity due to polymorphism could lead to inter-individual differences in the

capacity to metabolize particular congeners. If metabolism of the congener produced genotoxic metabolites, such as arene oxides, quinones, or reactive oxygen species through the action of CYP, this could mean that greater amounts of these potential carcinogens would be formed in some individuals with increased metabolic activity. Alternatively, people with a lower metabolic activity for some PCBs could accumulate greater amounts of those PCBs, if continually exposed. Both scenarios could lead to increased risk of cancer, through several mechanisms.

(i) *Cancer of the breast*

Epidemiological studies have provided evidence for increased risk of cancer of the breast in women with a particular genetic polymorphism in the *CYP1A1* gene and high serum PCB concentrations ([Moysich et al., 1999](#); [Laden et al., 2002](#); [Charlier et al., 2004](#); [Zhang et al., 2004](#); [Li et al., 2005](#)). In the variant form, *CYP1A1*2C*, also called the m2 variant, has valine substituted for isoleucine at position 462 near the C terminus of the protein ([Persson et al., 1997](#)). This variant is found in 10–15% of the white population and in a larger proportion of African-Americans (reviewed in [Brody et al., 2007](#)). [Persson et al. \(1997\)](#) reported that the activity per unit enzyme of this variant, measured in vitro, was similar to that of wildtype *CYP1A1*. Polymorphisms in AhR, or its repressor, that influence the expression of *CYP1A1* may be more important than *CYP1A1* genotype in determining the in-vivo activity of *CYP1A1* ([Smart & Daly, 2000](#); [Hung et al., 2013](#)).

Among postmenopausal patients with cancer of the breast in western New York state, USA, the incidence of cancer of the breast was higher in women with total PCB concentrations (73 congeners) of 3.73–19.04 ng/g of serum and the *CYP1A1*2C* polymorphism than in women with lower PCB concentrations or wildtype *CYP1A1* ([Moysich et al., 1999](#)). In a study of Caucasian women in Connecticut, USA, in which serum

concentrations of PCB-74, PCB-118, PCB-138, PCB-153, PCB-156, PCB-170, PCB-180, PCB-183, and PCB-187 were measured, cancer of the breast was more prevalent in postmenopausal women with lipid-adjusted serum concentrations of 611–2600 ng/g and the *CYP1A1**2C polymorphism than in controls ([Zhang et al., 2004](#)). If the *CYP1A1* polymorphism was absent (homozygous wildtype alleles), there was no effect of serum PCB concentration on incidence of cancer of the breast. An epidemiological study of African-American and white women in North Carolina, USA, examined lipid-adjusted total plasma PCB concentrations, *CYP1A1* polymorphism, and risk of cancer of the breast ([Li et al., 2005](#)). Although results were not conclusive due to small sample size, premenopausal white women with cancer of the breast were more likely to have total PCB concentration > 0.35 ng/mL serum and the *CYP1A1**2C polymorphism than were controls, while there was no relationship between cancer of the breast in women with total PCB concentration < 0.35 ng/mL serum or lacking this polymorphism. In the African-American women, total PCB concentrations were somewhat higher (≥ 0.430 ng/mL), and the *CYP1A1**3 polymorphism was more prevalent in pre- and postmenopausal patients with cancer of the breast ([Li et al., 2005](#)).

Another study found a non-significantly elevated risk of cancer of the breast among women with the *CYP1A1*-m1 variant and high serum PCB concentrations ([McCready et al., 2004](#)).

(ii) Cancer of the testis

Data from 568 cases of testicular cancer and 698 controls enrolled in the United States Servicemen's Testicular Tumor Environmental and Endocrine Determinants Study were used to examine associations between testicular germ cell tumours (TGCT) and exposure to PCBs, as affected by polymorphisms in several hormone-metabolizing genes, i.e. *CYP17A1*,

CYP1A1, *HSD17B1*, *HSD17B4* and androgen receptor. Among these, the polymorphism rs384346 in *HSD17B4* modified the association of TGCT risk with PCB-118 and PCB-138 concentrations. Among men who were homozygous for the major allele genotype, there was a statistically significant dose-dependent reduction in risk (P for trend, < 0.001) with higher exposure to PCB-118 and PCB-138. Men in the highest quartile of PCB-118 exposure had an almost 50% reduction in risk of TGCT (OR, 0.46, 95% CI, 0.31–0.70) compared with men in the lowest quartile; similar results were seen for PCB-138. For any minor allele of this *HSD17B4* polymorphism, there were no associations between PCB-118 and PCB-138 concentrations and risk of TGCT. No interactions between other PCB congeners of interest (PCB-153, PCB-156, PCB-163, PCB-170, PCB-180, and PCB-187) and enzyme polymorphism were observed ([Chia et al., 2010](#)).

(b) Polymorphisms in other genes

Among highly exposed Yucheng patients, combined *CYP1A1*-*Msp1* mutant genotype and *GSTM1*-null genotype were associated with an increased risk of chloracne (OR, 2.8; 95% CI, 1.1–7.6). Among intermediately exposed individuals, the *GSTM1*-null genotype was associated with skin allergy ([Tsai et al., 2006](#)).

Patients with non-Hodgkin lymphoma and PCB-118 concentrations in the highest quartile (> 12.85–202.13 $\mu\text{g/L}$ plasma) were more likely to have a polymorphic variant of AhR (IVS + 4640 null; G/G genotype) than controls, although the effect was not strong and was also related to highest levels of oxychlorodane and *trans*-nonachlor ([Ng et al., 2010](#)).

Among women with cancer of the breast who carried a variant of the tumour-suppressor gene *TP53*, total PCB exposure in the highest quartile was associated with an increased risk of cancer of the breast, but this was not statistically significant (OR, 3.0; 95% CI, 0.66–13.62) ([Hoyer et al., 2002](#)).

4.5.2 Exposure in utero, postnatally, and of children

PCBs can pass through the placenta during embryonic development and accumulate in breast milk. In addition, compared with adults, children have a lower barrier to absorption through the skin, gastrointestinal tract and lungs, and lower levels of detoxifying enzymes ([Lindström et al., 1995](#)). A combination of all these factors leads to a higher accumulation of PCBs in children.

(a) Toxicokinetics and distribution in tissues

(i) Children

[Grandjean et al. \(2008\)](#) studied the elimination kinetics of PCBs in two groups of children with elevated PCB concentrations due to breastfeeding. Children were followed from age 4.5 to 7.3 years (99 subjects) and 7 to 14 years (101 subjects). Subjects with exposures above the median and in the highest quartile showed half-lives of about 3–4 years for PCB-138; 4.5–5.5 years for PCB-105 and PCB-118; 6.5–7.5 years for PCBs 156, 170 and 187; and 7–9 years for PCBs 153 and 180. The longest half-lives correspond to elimination of the parent PCB solely with a daily fat excretion rate of 1–2 g, while shorter half-lives assume metabolic break-down.

[Scheele et al. \(1992\)](#) measured the concentrations of PCB-138, PCB-153, and PCB-180 in bone marrow (collected during routine bone-marrow aspiration) of 38 children with leukaemia and 15 control children (nine had idiopathic thrombocytopenia and six were bone-marrow donors). Most of the samples were pooled to ensure sufficient volume for analysis. Total PCB concentrations were determined on the basis of congeners PCB-138 + PCB-153 + PCB-180 and multiplied by 1.7 ([Deutsche Forschungsgemeinschaft, 1988](#)). The mean and median concentrations of total PCBs in bone marrow of children were 3.6 mg/kg fat basis and 2.9 mg/kg, respectively. PCB concentrations in bone marrow were two- to threefold those in fat tissue. [The reason for

the high affinity of bone marrow for PCBs was not clear. It is possible that genetic factors may play a role.] There were no significant differences in PCB concentrations between the group of children with leukaemia and the control group. [The Working Group noted that the authors did not report whether parental smoking, an important confounding factor, was accounted for in their statistical analysis.]

A study in 360 schoolchildren (a subgroup of the Hesse, Germany cohort) in 1995 ([Karmaus et al., 2001a, b](#)) focused on the potential of early childhood factors such as breastfeeding, parity, and parental smoking to contribute to the variety of effects observed with exposure to organochlorine compounds including PCBs, at approximately age 7 years. Concentrations of PCBs (sum of congeners PCB-101, PCB-118, PCB-138, PCB-153, PCB-170, PCB-180, PCB-183, and PCB-187) were determined in whole blood. A significant dose-dependent relationship ($P < 0.0001$) existed between the duration of breastfeeding (none, 1–4 weeks, 5–8 weeks, 9–12 weeks, > 12 weeks) and the sum of PCB concentrations. Of all the potential factors analysed, breastfeeding accounted for most of the variance in PCB concentrations. Exclusive breastfeeding beyond 12 weeks was associated with a doubling of PCB concentrations in whole blood compared with bottle-fed children (sum of PCBs, 0.25 µg/L versus 0.55 µg/L).

(ii) Experimental animals

Sixteen (eight/group) adult female rhesus monkeys were exposed to diets containing Aroclor 1248 at 2.5 or 5.0 ppm for approximately 1.5 years ([Allen & Barsotti, 1976](#)). Six out of the eight monkeys treated with Aroclor 1248 at 5.0 ppm, and eight out of the eight monkeys at 2.5 ppm were successfully bred after 6 months of exposure. One live infant was born to dams exposed at 5.0 ppm, and five infants were born to monkeys at 2.5 ppm. Infants were permitted to nurse with their mothers. All six surviving infants had PCBs

in their tissues at birth: PCB concentrations in skin biopsies (epidermis, dermis and the attached underlying subcutaneous tissue) ranged from 1.0 to 4.8 µg per g of tissue. By the third month, skin PCB concentrations ranged from 86.4 to 136.8 µg per g of tissue. The infant that died after 239 days had PCB concentrations of more than 20 µg per g in seven organs (adrenal gland, cerebrum, kidney, muscle, pancreas, testes, thymus). In the two infants that survived for shorter periods, this PCB concentration was exceeded only in three tissues (bone marrow, lung, thymus) in one infant and two tissues (bone marrow, pancreas) in the other.

Female rhesus monkeys were fed a daily dose of Aroclor 1254 (0, 5, 20, 40 or 80 µg/kg bw) for approximately 6 years (Arnold *et al.*, 1993, 1995; Mes *et al.*, 1994, 1995a). Blood and adipose tissue from offsprings exposed in utero/during lactation who had nursed for 22 weeks were analysed for PCB content at 120 weeks after birth. PCB concentrations in the adult monkeys increased with their dosage. Tissues of live infants of dosed dams contained more PCBs than those of infants of control dams, and less PCBs than those of still-born infants. Also, offspring with higher PCB concentrations showed a marked shift from tetra- and hexachlorobiphenyls to penta- and heptachlorobiphenyls. The PCB distribution pattern in tissues from a dosed mother–infant pair differed considerably. A larger percentage of heptachlorobiphenyls was found in the infant than in its dam (Mes *et al.*, 1995a). Depletion studies revealed that PCB concentrations in the blood of exposed infants declined rapidly after weaning due to growth dilution and approached maternal levels within 40–50 weeks. Approximately 100 weeks after weaning, PCB concentrations in adipose tissue of infants from treated dams reached levels of those in the control group (Mes *et al.*, 1994).

Male Swiss mice aged 8 days were given a single intraperitoneal injection of a mixture of PCB-99, PCB-105, PCB-118, PCB-128, PCB-138, PCB-153, PCB-156, PCB-170, and PCB-180 at

500 mg/kg bw (Anderson *et al.*, 1993). Groups of 25 mice were killed at 1 and 7 days, and at 8, 12, and 16 weeks after treatment. Congeners in group 1 (PCB-99, PCB-105, PCB-118, PCB-128) were eliminated from the body more rapidly than congeners in group 2 (PCB-138, PCB-153, PCB-156, PCB-170, PCB-180). PCB concentration in the carcass (adipose compartment) was the most predictable finding, since the congeners behaved similarly within each group. In contrast, in lung, after a rapid loss during the first week, all congeners except PCB-153 were retained and decreased in amount only as a function of dilution due to growth. Congeners PCB-105 and PCB-138 were present at higher proportions in the lung than in the carcass. In the liver, retention of all congeners was observed during the prepubertal growth phase, with specific enrichment of PCB-105, followed by more rapid depletion of certain congeners (Anderson *et al.*, 1993).

(b) Effect on gene expression

Dutta *et al.* (2012) used microarray-based differential gene expression analysis of a group of children (mean age, 46.1 months) of central European descent (Slovak Republic) to study the impact of PCBs on different cellular pathways and to explain their possible mode of action. The subset of children having high blood PCB concentrations (> 75th percentile) was compared with their low PCB counterparts (< 25th percentile), with mean lipid-adjusted PCB concentrations of 3.02 ± 1.3 and 0.06 ± 0.03 ng/mg of serum lipid, respectively. A set of 162 genes with statistically significant differential expression ($P < 10^{-5}$) between groups with high and low PCB concentration was identified. Analyses using the IPA tool indicated that cell–cell signalling and interactions, cellular movement, cell signalling, molecular transport, and vitamin and mineral metabolism were the major molecular and cellular functions associated with the genes differentially expressed in children with high PCB concentrations. Furthermore, the

differential gene expression appeared to play a pivotal role in the development of probable diseases and disorders, including cardiovascular disease and cancer. The analyses also pointed out possible organ-specific effects, e.g. cardiotoxicity, hepatotoxicity and nephrotoxicity in the children exposed to high concentrations of PCBs. Expression levels of *BCL2*, paraoxonase 1 (*PON1*), interleukin *IL1F7*, *IL23A* and integrin β 1 (*ITGB1*) were significantly altered in these children; more specifically, *BCL2* and *ITGB1* were downregulated, while *IL1F7*, *PON1*, and *IL23A* were upregulated.

(c) *Enzymatic effects in fetoplacental unit, and fetal and neonatal liver*

[Alvares & Kappas \(1975\)](#) investigated the induction of aryl hydrocarbon hydroxylase (Ahh) by PCBs in the fetoplacental unit, fetal livers and neonatal livers during lactation. For the in-utero exposure protocol, pregnant Sprague-Dawley rats were injected intraperitoneally with Aroclor 1254 (25 mg/kg bw per day) for 6 days, and killed 24 hours later on day 20 of gestation. For the lactation experiments, untreated mothers were injected intraperitoneally with Aroclor 1254 (25 mg/kg bw per day) for 6 days starting on day 2 postpartum; the offspring of these dams were killed on day 8 postpartum.

PCBs caused a 10-fold induction in Ahh activity in the placenta, but only a threefold induction in the fetal livers. Ahh activity in placentas of untreated rats was markedly lower than that observed in the fetal liver of the same rats. In the liver of neonates whose mothers were treated with Aroclor 1254 postpartum (infants exposed through lactation), there was an 18-fold increase in Ahh activity, a threefold increase in CYP content, and a twofold increase in *N*-demethylase activity. Thus Aroclor 1254 was a more potent inducer of Ahh activity in placenta and liver when exposure occurred through lactation than through in-utero exposure when administered to pregnant rats.

4.6 Mechanistic considerations

The group of PCBs comprises 209 individual congeners with widely different physical and chemical properties. The number of chlorine atoms on the two phenyl rings and their relative positions determine the biological and toxicological attributes of each congener. Some PCBs are susceptible to metabolic conversion, which may give rise to a series of metabolites, each with its own profile of biological and toxicological activities. In this section, various mechanisms of carcinogenesis will be identified and summarized for specific subgroups of PCBs and their metabolites.

4.6.1 Metabolic activation and genotoxicity of PCBs and their metabolites

(a) *Metabolism leading to formation of electrophiles*

The 209 PCB congeners vary greatly in their susceptibility to metabolic attack, with less chlorinated biphenyls being much more susceptible. The first metabolic step is mono-oxygenation, which leads to the formation of hydroxylated metabolites, a reaction that is mediated by enzymes of the CYP super-family. There are 837 possible mono-hydroxylated products ([Rayne & Forest, 2010](#); [Grimm et al., 2015](#)). Depending on the number of chlorines present, the arene oxide may emerge as a highly reactive, electrophilic species: the lower the number of chlorines, the more reactive the arene oxide.

Mono-hydroxylated PCBs may undergo a second hydroxylation, producing a dihydroxylated PCB derivative, either as catechol (hydroxyl groups in the *ortho* configuration) or as hydroquinone (hydroxyl groups in the *para* configuration) ([McLean et al., 1996a](#)). The formation of dihydroxylated PCBs is catalysed primarily by CYP enzymes. PCB catechols and hydroquinones may then be oxidized by peroxidases, prostaglandin synthase, and probably other enzymes,

giving rise to the formation of highly reactive electrophilic PCB quinones ([Amaro et al., 1996](#); [Oakley et al., 1996a](#); [Wangpradit et al., 2009](#)).

The oxygenated PCB intermediates and metabolites, i.e. the arene oxides and the quinones, are probably the most relevant to PCB-induced carcinogenesis, but many other metabolites may also be formed. For example, OH-PCBs are substrates for glucuronidation ([Tampal et al., 2002](#)) and sulfation ([Liu et al., 2006, 2009](#); [Ekuase et al., 2011](#)). All electrophilic PCB metabolites with elevated chemical reactivity, however, should be regarded as probable cancer initiators.

(b) *Binding to DNA and protein*

Covalent binding to cellular macromolecules (adduct formation) has been observed in mice treated with radiolabelled PCB-153 and PCB-136, the binding of the latter decreasing in the order RNA > protein > DNA ([Morales & Matthews, 1979](#)). Formation of protein and DNA adducts was observed in vitro with PCB-3 and the tetrachlorinated congeners PCB-47, PCB-49, PCB-52, and PCB-77 ([Wyndham et al., 1976](#); [Shimada & Sawabe, 1984](#)). DNA-adduct formation was also observed with a series of 15 mono- and dichlorinated PCBs, with but not without activation by microsomes, horseradish peroxidase and hydrogen peroxide ([McLean et al., 1996b](#)). This suggested that quinones were the ultimate genotoxic agents. Indeed, tests with synthetic quinones of less chlorinated PCBs confirmed the extensive DNA-adduct formation, particularly with deoxyguanosine ([Oakley et al., 1996a](#); [Zhao et al., 2004](#)).

These experiments indicated that PCBs require CYP-mediated metabolic activation, that a lower degree of chlorination favours bioactivation, that an arene oxide intermediate and/or possibly a semiquinone or quinone is the ultimate DNA-binding species, and that guanine is the major target site in DNA. Apart from binding to DNA, PCB quinones also bind

cellular proteins, preferably, but not exclusively, to cysteine ([Amaro et al., 1996](#); [Srinivasan et al., 2002](#); [Bender et al., 2006](#)).

(c) *Indirect genotoxicity: metabolism-associated generation of ROS*

The arene oxides and quinones are probably the metabolites with most relevance to the cancer-initiating activity of PCBs, since they can be regarded as direct-acting genotoxic intermediates. In addition, dihydroxylated PCBs and their corresponding PCB quinones may undergo redox cycling, thereby generating ROS, which are considered to be active in the initiation, promotion, and progression of cancer. For example, ROS formed during auto-oxidation of a PCB hydroquinone may give rise to oxidative DNA damage, e.g. 8-OHdG. Mutations induced by these lesions may lead to activation of oncogenes or inhibition of tumour-suppressor genes, thus contributing to the carcinogenic potential of PCBs ([Amaro et al., 1996](#); [Oakley et al., 1996a](#)). Formation of ROS may also induce DNA strand breaks ([Srinivasan et al., 2001](#)).

(d) *Mutagenic effects*

PCB-3, 4-OH-PCB-3, and two hydroquinones of PCB-3 were tested for mutagenicity in Big Blue[®] rats and in Chinese hamster V79 cells. These results demonstrated that monochlorinated PCBs are mutagenic in vivo in the target organ, the liver, and studies in vitro suggested that metabolic activation to electrophilic and mutagenic species plays a crucial role. Although the ultimate mutagenic metabolite (*ortho*- or *para*-quinone, or epoxide or other metabolite) could not be deduced with certainty, the evidence pointed towards adduct formation by a quinone, or quinone-induced redox cycling as the mode of action.

Apart from gene mutations, other forms of genotoxicity observed after exposure to PCBs included the induction of DNA strand breaks, and anomalous segregation of chromosomes.

Elevated concentrations of mono- and dihydroxylated metabolites of PCB-3 were shown to induce these types of lesions *in vitro* ([Zettner et al., 2007](#); [Flor & Ludewig, 2010](#)).

With regard to the PCB congeners considered to act primarily through *trans*-activation of nuclear receptors, the available data provided little evidence regarding genotoxicity (see Section 4.2).

(e) *Cancer initiation and promotion*

The ability of commercial PCB mixtures and individual PCB congeners to initiate and/or promote neoplastic lesions has been studied in rodent two-stage models of liver carcinogenesis. Aroclor 1254, which contains mainly tetra- and pentachlorobiphenyls, acted as a weak tumour initiator in the mouse two-stage model of skin carcinogenesis ([DiGiovanni et al., 1977](#)). In contrast, when tested using the Solt-Farber protocol, Aroclor 1254 and the PCB-153, PCB-52, and PCB-47 did not produce a positive response in male F344 rats ([Hayes et al., 1985](#)). No nodules were apparent in animals receiving PCB-12 (dichloro-) or PCB-138 (trichloro-) as initiator, while PCB-3 (mono-chlorinated) induced clearly visible nodules in 50% of the exposed rats ([Espandiari et al., 2003](#)). Thus less chlorinated PCBs seem to be able to initiate hepatocarcinogenesis in the rat, but in view of the small number of congeners tested, a clear structure–activity relationship could not be established.

A series of synthetic oxygenated metabolites of PCB-3 were studied with respect to focus formation in rat liver. Test compounds included the 2-OH-, 3-OH-, 4-OH-, 2,3-dihydroxyl-, 3,4-dihydroxyl-, 2,5-dihydroxyl-, 2,3-quinone, 3,4-quinone, and 2,5-quinone metabolites of PCB-3. The 4-OH- and 3,4-quinone metabolites significantly increased focus number and focus volume, while none of the other metabolites had a significant effect on either parameter ([Espandiari et al., 2004, 2005](#)). The 3,4-*ortho*-quinone of PCB-3 was the initiating metabolite, and

that PCB-3 is metabolized in rat liver *in vivo* to yield this ultimate carcinogenic species.

(f) *Direct and indirect endocrine disruption*

After the liver, the thyroid gland is the second major target of the toxicity of PCBs. In rats, exposure to PCBs produced an increase in the mass and/or volume of the thyroid gland, and in the number of thyroid neoplasms ([Mayes et al., 1998](#)). Both these changes may be linked to the PCB-driven reduction in serum T4 concentrations, a commonly measured effect of PCBs ([Knerr & Schrenk, 2006](#); [Pearce & Braverman, 2009](#)). Suggested mechanisms include: (a) PCB-induced alterations in the structure and function of the thyroid gland; (b) PCB-induced alterations in thyroid-hormone metabolism, biliary excretion of T4-glucuronide ([Martin et al., 2012](#)), and effects on de-iodonase activity; and (c) interference with the transport of T4. OH-PCBs are competitors for the T4-binding site in the transport protein TTR ([Brouwer et al., 1998](#); [Gutleb et al., 2010](#)), with binding affinities up to an order of magnitude stronger than that of the natural ligand, T4 ([Chauhan et al., 2000](#)). The sulfate conjugates of OH-PCBs also bind to TTR, with affinities similar to that of T4 ([Grimm et al., 2012](#)).

Circulating steroid and thyroid hormones are sulfated by sulfotransferases, which is an important feature of their homeostatic control. Since OH-PCBs are both substrates and inhibitors of these enzymes, they may directly influence the circulating levels of steroids and thyroid hormones by affecting the rates of sulfation ([Schoor et al., 1998b, c](#); [Kester et al., 2000](#); [Liu et al., 2009](#); [Ekuase et al., 2011](#)).

OH-PCBs have both estrogenic and anti-estrogenic properties (see Section 4.3.3).

4.6.2 Receptor-driven effects of PCBs and their metabolites

PCBs and their metabolites may bind to and activate a wide range of cellular receptors, as illustrated in [Table 4.8](#). Activation of AhR, CAR, and other receptors results in extensive modulation of expression of genes involved in cell-cycle control, cell proliferation, apoptosis, cell–cell communication, cell adhesion and migration, the pro-inflammatory response, and endogenous metabolism. Deregulation of those processes is directly associated with carcinogenesis, i.e. tumour promotion and progression (see Sections 4.3.1 and 4.3.2). The most significant events include modulation of cell proliferation, suppression of apoptosis (i.e. survival of initiated cells), impaired plasma-membrane function and plasma membrane-mediated signal transduction (i.e. modulation of cell plasticity, cell–cell communication, adhesion and migration) and induction of proinflammatory mediators. In part, induction of cell proliferation may be a consequence of cytotoxicity and tissue injury – after biotransformation processes, oxidative stress, etc. – and is considered regenerative cell proliferation (see Section 4.3.2).

In addition, disruption of endocrine function, due to interaction of PCBs or their metabolites with steroid and thyroid hormone receptors and serum proteins, or as a result of changes in biosynthesis and catabolism of steroids, may be linked to cancer development in hormone target tissues (see Section 4.3.3). Receptor-mediated gene expression is also linked to induction of proinflammatory processes and immunotoxic effects (see Sections 4.3.4 and 4.3.5).

(a) Induction of xenobiotic metabolism

Many highly chlorinated PCB congeners are potent inducers of enzymes involved in the metabolism of xenobiotics ([Parkinson et al., 1983](#)) via binding to AhR ([Bandiera et al., 1982](#)). Efficient induction has been reported of a wide spectrum

of enzymes, notably certain CYP-dependent mono-oxygenases of the CYP1A subfamily, as well as CYP2Bs and microsomal epoxide hydroxylase ([Parkinson et al., 1983](#)), glutathione transferases, and UDP-glucuronosyl transferases (for a review, see [Parkinson et al., 1980](#)).

Individual PCB congeners that showed the strongest binding to the AhR were identified as those in which the chlorines are in the *meta* and *para* positions of the phenyl rings in the absence of *ortho* chlorines (see Section 1.1.1). These PCBs are referred to as “coplanar” or “dioxin-like,” typical examples being PCB-77, PCB-126, and PCB-169. Other PCBs, characterized by substitution in the *ortho* and *para* positions of the phenyl rings (e.g. PCB-153), activate CAR. PCBs in this group induce CYP2B1/2 and other enzymes, and as such resemble the drug phenobarbital ([Parkinson et al., 1983](#)). Many PCBs that activate CAR also activate the pregnane X receptor ([Holsapple et al., 2006](#)). PCBs that have one chlorine in the *ortho* position may be mixed-type inducers of CYPs, for example PCB-118, which induces members of the CYP1A and the CYP2B subfamilies.

Exposure to PCBs may alter the metabolic status in the liver, which will change the metabolism of endogenous or other exogenous compounds. For example, PCBs induce CYPs in the liver, which may redirect the metabolism of endogenous estrogen to more harmful estrogen catechols ([Ho et al., 2008](#)), or generate ROS that produce estrogen quinones ([Brown et al., 2007](#)).

(b) Immunomodulation

The biochemical events leading to the observed PCB-induced immunomodulation have not been completely elucidated. Studies on structure–activity relationships, and structure–toxicity relationships have demonstrated that some of the PCBs share a common mechanism of action with other structurally related halogenated aromatic hydrocarbons such as dioxins and dibenzofurans ([Safe, 1990](#)). These studies

Table 4.8 PCBs and metabolites as ligands for cellular and nuclear receptors

Receptor	Ligands	Gene or function affected	References
AhR	Coplanar, <i>meta</i> -, <i>para</i> -PCBs	CYP1A activation	Bandiera et al. (1982)
CAR	<i>Ortho</i> -, <i>para</i> -PCBs	CYP2B activation	Denomme et al. (1983) , Al-Salman & Plant (2012)
PXR	Multi- <i>ortho</i> -PCBs, PCB-47, PCB-184; PCB-138, PCB-153, PCB-180, PCB-194	CYP3A activation	Schuetz et al. (1998) , Al-Salman & Plant (2012)
PPAR	Coplanar, <i>meta</i> -, <i>para</i> -PCBs	CYP4A, repression	Hennig et al. (2005) , Robertson et al. (2007)
RyR	Non-dioxin-like-PCBs (optimal configuration, multi- <i>ortho</i> , <i>para</i> -PCBs), OH-PCBs, catechols, MeSO ₂ -PCBs	Ca ²⁺ -channel	Pessah et al. (2006)
ER	Multi- <i>ortho</i> -PCBs, OH-PCBs	Agonism and antagonism	Connor et al. (1997) , Arcaro et al. (1999) ; Bonefeld-Jørgensen et al. (2001) , Plisková et al. (2005) , Hamers et al. (2011)
AR	Multi- <i>ortho</i> -PCBs	Antagonism	Portugal et al. (2002) , Fang et al. (2003) ; Schrader & Cooke (2003) , Hamers et al. (2011)
PR	OH-PCBs	Antagonism	Connor et al. (1997)
TH	PCBs, OH-PCBs	Disruption of thyroid receptor-dependent gene expression	Gauger et al. (2004) , Miyazaki et al. (2004)
DAT or VMAT	Coplanar and multi- <i>ortho</i> -PCBs	Decrease or increase in dopamine levels	Bemis & Seegal (2004) , Richardson & Miller (2004) , Seegal et al. (2005)
GR	MeSO ₂ -PCBs, OH-PCBs, PCB-28, PCB-153, PCB-118	Competitive antagonism	Johansson et al. (1998) , Bovee et al. (2011) , Antunes-Fernandes et al. (2011)

MeSO₂-PCB, methyl sulfonyl PCB; OH-PCB, hydroxylated PCB; PCB, polychlorinated biphenyl
Adapted from [Ludewig et al. \(2007\)](#)

indicated that certain immunotoxic effects seen with dioxin-like PCB congeners depend on the presence of AhR, which regulates the synthesis of a variety of proteins (Safe, 1990). AhR is present in several tissues and cells of the immune system as shown in rodents (e.g. Mason & Okey, 1982), in non-human primates (Van Der Burght *et al.*, 1998) and in humans (Hakkola *et al.*, 1997).

AhR is present in several tissues and cells of the immune system in animals and in humans. Binding of PCBs to AhR is a prerequisite for some of the immunotoxic effects of the DL-PCBs (reviewed in Silkworth *et al.*, 1984; Safe, 1990). TEFs were calculated for individual PCB congeners and several commercial PCB products, based on the suppression of the response in a challenge test against sheep erythrocytes (SRBC) – a parameter predictive of effects on humoral immunity (Davis & Safe, 1989, 1990). Highly chlorinated commercial PCB products, including Aroclors 1260, 1254, and 1248 have higher TEFs, while lower TEFs were calculated for the less chlorinated Aroclors 1242, 1016, and 1232.

Clearly some PCBs produce their immunotoxic effects by binding to AhR present in tissues and cells of the immune system, while others may follow different pathways and produce similar effects. Furthermore, individual congeners in commercial PCB products may antagonize each other's effects by mechanisms that have not been fully elucidated (see Section 4.3.4).

Overproduction of IL-6 has been shown to be responsible for the pathogenesis of inflammation-associated colorectal cancer (Waldner *et al.*, 2012). Furthermore, activation of NF- κ B, a hallmark of inflammatory responses, plays a fundamental role in the formation and development of malignant tissue changes caused by inflammation, and is thought to function as a tumour promoter in inflammation-associated cancer (Pikarsky *et al.*, 2004; Karin, 2006).

(c) Interference with endogenous transport by PCBs and their metabolites

Endogenous substances such as vitamins, metals, steroids, and hormones are transported throughout the body by virtue of their binding to serum proteins. Substances that interfere with these processes can severely impair their tissue availability. Notable examples are the ability of PCB metabolites to interfere with vitamin A homeostasis and T4 transport (Grimm *et al.*, 2012), and steroid metabolism (see Section 4.3.3).

Overall, PCBs can induce formation of ROS, genotoxic effects, immune suppression, inflammatory responses, and endocrine effects to various extents and through different pathways. DL-PCBs exert their effects mainly through activation of AhR and the downstream cascade of related events; less chlorinated PCBs act more readily through metabolic activation and the ensuing effects involving their metabolites.

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5. SUMMARY OF DATA REPORTED

5.1 Exposure data

Polychlorinated biphenyls (PCBs) are a class of aromatic chemical compounds in which some or all hydrogen atoms attached to the biphenyl nucleus are substituted by one to ten chlorine atoms. There are 209 congeners, which are arranged according to current nomenclature from 1 to 209 by increasing number of chlorines. Although physical and chemical properties vary widely across the class, PCBs generally have low solubility in water, high lipophilicity, and low vapour pressure; they are chemically stable and generally persist in the environment and in the human body.

PCBs are not known to occur naturally and have been produced commercially by a limited number of companies since 1929. Production peaked between the 1950s and the 1970s, and was banned in most countries by the 1980s; however, manufacturing in the Democratic People's Republic of Korea continued at least until 2006.

Commercial PCB products were manufactured to yield a given degree of chlorination to fulfil technical requirements. Products sold under different trade names (e.g. Aroclor, Clophen, Kanechlor) may be of similar composition with regard to the chlorine content. However, individual congeners have generally not been quantified in these products. A subset of PCBs are referred to as "dioxin-like PCBs," and have been assigned toxicity equivalency factors (TEFs) relative to 2,3,7,8-tetrachlorodibenzo-*para*-dioxin (TCDD).

Laboratory analyses of PCBs have improved in selectivity and sensitivity through the development of advanced instrumentation and analytical strategies allowing the identification and quantification of individual congeners within commercial products. State-of-the-art analytical methods enable detection of PCBs in virtually all types of sample; however, comparability with older methods is limited. Dioxin-like PCBs often occur in lower concentrations than other PCBs and are analysed together with polychlorinated dibenzodioxins and polychlorinated dibenzofurans. Apart from instrumental analysis, analyses based on biological response have been applied as screening tools.

Based on their physical and chemical properties, such as non-flammability, chemical stability, high boiling point, and high dielectric constant, products containing PCBs were widely used in several industrial, commercial, and military open and closed applications. The most important closed applications were as dielectric fluids in capacitors and transformers, and as hydraulic fluid and heat-transfer medium. Although these applications are considered as "closed," PCBs can still be released into the environment due to leakage. The most important open applications were as constituents of permanent elastic sealants, in polymers, and as flame-retardant coatings. To a lesser extent, PCBs were also used in inks, adhesives, dyes for carbonless duplicating paper, conveyor belts, and other rubber products, small ballasts for fluorescent lights, cutting

and lubricating oils, and metal coatings. In all open applications, PCBs can be released from the product into the environment via volatilization or erosion.

Once released into the environment, PCBs can be transported via environmental media and migratory species far from the site of production and use. PCBs are ubiquitous in the environment and are found in biota, air, soil, sediment, and water worldwide, including in polar regions and deep oceans. PCB concentrations vary by several orders of magnitude. Furthermore, congener patterns differ to varying degrees in air, water, sediments and soils as a consequence of transport, and transformation processes such as dechlorination. In the environment, PCBs volatilize easily, or are ingested by fish and other animals and transferred to the food chain, where their concentration may increase.

The general population is exposed primarily through ingestion of contaminated food. Food can become contaminated with PCBs by: (i) uptake from the environment by fish, birds, livestock; (ii) contamination of the foodstuffs through usual practice or industrial processing; and (iii) accidental contamination. In contrast to vegetables and crops, fatty foods typically contain high concentrations of PCBs. Most foodstuffs will have a shift in the congener profile in favour of less volatile, more highly chlorinated congeners.

Six congeners (PCB-28, PCB-52, PCB-101, PCB-138, PCB-153, PCB-180) are found at high concentrations in the environment, food, and in human tissue. These congeners are often used to monitor exposure in epidemiological studies and are referred to as “indicator PCBs.”

There have been two major episodes of human food contamination; both of which occurred in Asia; these episodes are commonly referred to as “Yusho” and “Yucheng.” These populations were exposed through accidental contamination of cooking oil with either Kanechlor 400 or Kanechlor 500. Exposed people had blood

PCB concentrations that were 100 to 1000 times higher than in the non-exposed population. Other accidental releases have occurred in the last few decades.

Indoor air can also contribute to human exposure to PCBs, owing to the use of PCBs in construction material. Exposure can occur in the workplace or at home; importantly, children may be exposed in schools and nurseries where PCB-containing materials have been used. Inhalation of PCBs results in a higher relative exposure to the more volatile, less chlorinated congeners.

Workers may be exposed during manufacturing, repair, use, and disposal of products or equipment containing PCBs. Earlier exposures to PCBs were higher and occurred during PCB manufacture, and filling of PCB-containing transformers and capacitors (up to 11 000 $\mu\text{g}/\text{m}^3$) and during the repair of transformers (up to 60 $\mu\text{g}/\text{m}^3$). More recent exposures may occur during abatement in construction (up to 120 $\mu\text{g}/\text{m}^3$), waste incineration, and recycling of electronic equipment and – to a lesser extent – working in PCB-contaminated buildings (up to 10 $\mu\text{g}/\text{m}^3$). It has been reported that workers in small-scale welding facilities in less developed countries may not use personal protective equipment when extracting PCB-contaminated coolant oil from discarded transformers, and are therefore likely to receive a considerable degree of exposure.

Historically, workers were exposed through inhalation and dermal contact, while occupational exposure to PCBs is nowadays primarily through dermal contact. In the past, workers were exposed during PCB manufacture and use to congener patterns that were similar to those of the products they handled, while today’s workers are exposed to congener profiles that are different from those of the commercial mixtures. Occupational exposures to PCBs before the banning of PCB manufacture in the 1980s were much higher than those encountered today from

other sources. Since then, levels of occupational exposure to PCBs have been greatly reduced and now approach levels of environmental exposure.

5.2 Human carcinogenicity data

The association between exposure to PCBs and risk of cancer in humans has been evaluated in a large number of epidemiological studies in several occupational groups, in populations with elevated exposure to PCBs as a result of environmental incidents, and in the general population. Studies have been conducted in several countries, primarily in North America, Europe, and Asia, and have used cohort, nested case-control, and case-control designs.

The Working Group considered more than 70 separate studies with informative data regarding several cancer sites. The most important evidence regarding carcinogenicity came from studies of workers in industries where PCBs were used, and from population-based case-control studies. Occupational studies assessed exposure to PCB mixtures through job-exposure matrices and historical measurements, but most did not report data on non-occupational risk factors, which are important for some cancer sites. In case-control studies, analyses included adjustments for a larger range of risk factors and most used measurements of PCB concentrations (typically for specific congeners or groups of congeners) in blood or adipose tissue as indicators of exposure. The Working Group did not consider any exposure-assessment approach to be superior, each providing contrasting but useful information.

5.2.1 Malignant melanoma

Information on the association between risk of melanoma and exposure to PCBs was available primarily from cohort studies of capacitor- and transformer-manufacturing workers (four studies) and electric power and equipment workers (three studies) in North America and

Europe. Excess risks of melanoma were reported in all studies except one. The only study reporting null results combined data from two plants in the USA: risk was significantly increased in the plant with predominantly white workers, but not in the second, where a large proportion of workers of African heritage were employed. Exposure-response relationships were evaluated in three studies and a statistically significant linear exposure-response trend was observed with a 20-year lag in the largest study, which included workers at five electric power companies.

Further evidence came from a high-quality case-control study of skin melanoma in Canada, which reported measurement of plasma concentrations of PCBs. This was the only case-control study in which the association between PCBs and melanoma was evaluated in the general population; the study used biological measurements of exposure and accounted for potential confounding factors. Trends were evaluated for dioxin-like PCBs, non-dioxin-like PCBs, and eight highly chlorinated individual congeners: all trends were positive and statistically significant. Additional support came from a multi-centre European case-control study of uveal melanoma that assessed occupational exposure to oils containing PCBs and found positive associations.

The association between malignant melanoma and exposure to PCBs was consistently observed across studies of occupational exposure in different industries in several countries, in the general population, and with both cohort and case-control designs. These findings were unlikely to be a result of chance, since statistically significant associations were observed in large studies. Exposure-response relationships were also observed in several studies using different methodologies among exposed workers and in the general population. Confounding or other bias is unlikely to explain these results: there are few known risk factors for malignant melanoma other than sunlight, which was controlled for in

the case-control studies and in the only large study of occupational exposure that included outdoor workers for whom occupational exposure to sunlight could be significant. Exposure to sunlight is unlikely to confound associations in studies of indoor workers, since there is no reason to believe that exposure to sunlight during leisure time is associated with occupational exposure to PCBs.

5.2.2 *Non-Hodgkin lymphoma*

Data on the association of NHL and exposure to PCBs are available from studies of five independent occupational cohorts of capacitor manufacturing workers (three in the USA, one each in Italy and Sweden) and two cohorts of transformer manufacturing and repair workers (one in the USA, one in Canada). Four of these studies included specific assessments of the level of PCB exposure (three in the USA, one in Sweden). Statistically significant increases in mortality from NHL were observed in a cohort of capacitor manufacturing workers in Italy and among retired workers at a transformer manufacturing plant in the USA. Non-statistically significant increased risk of NHL was observed in the other capacitor and transformer manufacturing cohorts. However, a separate analysis of one of these latter cohorts by different investigators reported no excess of NHL. None of the four studies that assessed the level of PCB exposure found clear evidence of an exposure-response relationship. The number of deaths from non-Hodgkin lymphoma was above that expected among men (deaths, $n = 4$) in a mortality follow-up study of a population in Taiwan, China, as a result of a mass poisoning episode with cooking oil contaminated with PCBs (Yucheng). However, no data on non-Hodgkin lymphoma were reported after a similar episode in Japan (Yusho), with a different exposure profile.

Nested case-control studies were conducted among subsamples of large population cohorts,

and presented the advantage of having collected blood at recruitment, and having subsequently identified incident cases. Statistically significant trends in risk were associated with the sum of PCB congeners in three of the five studies considered; and were positive with specific congeners in several studies.

Four out of six good-quality case-control studies provided indications of a positive trend in risk of non-Hodgkin lymphoma with increasing plasma concentrations of the sum of PCBs. The results of a European case-control study of non-Hodgkin lymphoma were null overall, although heterogeneity was observed across the participating centres. A positive interaction was reported with markers of infection with Epstein-Barr virus (EBV), or with polymorphisms in genes encoding inflammatory cytokines, or an ancestral haplotype for human leukocyte antigen (HLA). Regarding non-Hodgkin lymphoma subtypes, follicular lymphoma, but not diffuse large B-cell lymphoma, was positively associated with exposure to PCBs in three studies.

In summary, the balance of evidence, taking into account study size and quality, suggested increased risk of non-Hodgkin lymphoma in relation to PCB exposure, and this is biologically plausible. However, since heterogeneous results were observed in high-quality studies, the Working Group could not exclude chance as a potential explanation for the associations observed. It is noteworthy that bias and confounding were excluded.

5.2.3 *Cancer of the breast*

Many studies investigated the risk of cancer of the breast in relation to exposure to PCBs, with the rationale that such an association is biologically plausible. The evidence that weighed most strongly in this evaluation came from 12 well designed and implemented case-control studies in the USA, Canada, and Japan that assessed risk in relation to concentrations of PCBs measured

in serum and/or adipose tissue. These studies each included between 175 and 750 cases of cancer of the breast, the controls being comparable women without cancer of the breast, and results were adjusted for relevant confounders. In one large study in the USA, no excess risk was seen, while in the other large study in the USA, increased risk of cancer of the breast in relation to PCBs was seen among African-American women, and among parous never-lactating white and African-American women combined. Of the 10 moderately sized studies, increased risks were seen in six studies in relation to PCBs, with some exposure–response relationships. In some of these studies, risk was also evaluated by subgroup, and increased risks were seen for women who were parous and had never lactated, for pre- and postmenopausal women, by various tumour characteristics, and by *CYP1A1* variants. Statistically significant increases in risk ranged from 1.1- to 4.3-fold. Three additional moderately sized studies from the USA reported no excess risk, while an inverse risk was seen in one study from Japan. Two additional case–control studies assessed PCBs through estimates of occupational or dietary exposure, and although the results suggested some increase in risk, these studies were not weighted strongly. In addition, most of the 10 smaller case–control studies reported some increased risks in relation to PCBs, although they were not weighted strongly in this evaluation due to the imprecise risk estimates.

While a few cohort studies of occupational exposure suggested an increased risk of cancer of the breast, PCB exposure was usually not assessed quantitatively in relation to risk, and important potential confounders were not taken into account. Within a case–control study nested among female capacitor workers, increased risk of cancer of the breast was seen for “non-white” (otherwise unspecified) women, taking into account non-occupational confounders. Other nested case–control studies (six from the USA, two from Denmark, and one from Norway) had a

small or moderate number of cases and assessed PCBs in serum or adipose tissue with controls for confounders. The findings suggested some increased risks associated with some of the PCBs analysed, but the studies had limited power to assess associations.

On the balance of evidence, when taking into account study size, quality, and magnitude of risk, an increased risk of cancer of the breast was seen in relation to PCBs, with higher risks among some subgroups, and these associations are biologically plausible. Bias and confounding are unlikely to explain these results. However, as the results across high-quality studies were heterogeneous, the Working Group could not exclude chance as a possible explanation for positive associations.

5.2.4 Other cancer sites

Several other cancer sites were considered in one or more cohort or case–control studies. There were positive findings for cancer of the prostate and brain in several studies, but null findings in others. Other cancers with sporadic positive findings were those of the liver and biliary tract, extrahepatic biliary tract, lung and respiratory tract, thyroid, stomach, pancreas, colon and rectum, urothelial organs, uterus and ovary combined, as well as childhood acute lymphatic leukaemia, and multiple myeloma.

5.3 Animal carcinogenicity data

PCBs (individual congeners, binary mixtures, and commercial mixtures) were evaluated in rats and mice in studies of various design, and ranging in duration from several months up to 2 years. These included 2-year studies of carcinogenicity, studies involving transplacental/perinatal and postnatal exposure, initiation–promotion studies examining the promoting activity, and other co-carcinogenicity studies, using tumours as an end-point.

For the 2-year bioassays, the route of administration was oral, by gavage or feeding. In studies of initiation–promotion, co-carcinogenicity, and transplacental/perinatal exposure, PCBs were also administered intraperitoneally, subcutaneously, or by skin application. There were no studies of exposure by inhalation.

5.3.1 PCB congeners

PCB-126 was tested for carcinogenicity in one study in female rats treated by gavage. PCB-126 caused significant increases in the incidences of benign and malignant tumours of the liver (hepatocellular adenoma, hepatocholangioma, and cholangiocarcinoma), lung (cystic keratinizing epithelioma), and oral mucosa (gingival squamous cell carcinoma). In two studies of transplacental/perinatal exposure in female rats treated by gavage, PCB-126 had an inhibitory effect on the development of tumours of the mammary gland induced by 7,12-dimethylbenz[*a*]anthracene (DMBA) in the offspring.

PCB-153 was tested for carcinogenicity in one study in female rats treated by gavage, one 4-month study of perinatal exposure in mice (including an initiation–promotion experiment), and one initiation–promotion study in mice. In the study of carcinogenicity, PCB-153 did not cause significant increases in the incidence of tumours in rats, but two rare cholangiomas were observed. PCB-153 promoted hepatocellular carcinomas induced by *N*-nitrosodiethylamine (NDEA) in mice. PCB-153 did not induce or promote bronchioloalveolar tumours in mice. PCB-153 was also evaluated as part of a binary mixture in a study examining the effect of increasing the dose of PCB-153 on the carcinogenicity of PCB-126 (see below); increasing the dose of PCB-153 increased the incidences of hepatocellular adenoma and cholangiocarcinoma when coadministered with PCB-126.

PCB-118 was tested for carcinogenicity in one study in female rats treated by gavage. PCB-118 caused significant increases in the incidences

of benign and malignant tumours of the liver (hepatocellular adenoma, hepatocholangioma, and cholangiocarcinoma), benign tumours of the lung (cystic keratinizing epithelioma), and carcinoma of the uterus.

A binary mixture of PCB-126 and PCB-153 was tested for carcinogenicity in one study in female rats treated by gavage. The mixture of PCB-126 and PCB-153 caused significant increases in the incidences of hepatocellular adenoma, hepatocholangioma and cholangiocarcinoma, cystic keratinizing epithelioma of the lung, and squamous cell carcinoma of the oral mucosa. As stated above, increasing the proportion of PCB-153 to PCB-126 caused significant increases in the incidences of hepatocellular adenoma and cholangiocarcinoma in one study.

A binary mixture of PCB-118 and PCB-126 was tested for carcinogenicity in one study in female rats treated by gavage. The mixture caused significant increases in the incidences of hepatocellular adenoma, cholangiocarcinoma, and cystic keratinizing epithelioma of the lung.

When given to mice for 4 months, from the perinatal period to adulthood, PCB-138 was not carcinogenic, but did show evidence of a promoting effect based on a significant increase in the multiplicity of bronchioloalveolar adenomas induced by *N*-nitrosodimethylamine (NDMA).

A mixture of PCB-138 and PCB-153 was administered to mice for 4 months, from the perinatal period to adulthood. The mixture was not carcinogenic, and did not promote bronchioloalveolar tumours.

A mixture of non-*ortho*, mono-*ortho*, and di-*ortho* substituted PCB congeners, *p,p'*-dichlorodiphenyltrichloroethane (DDT) and *p,p'*-dichlorodiphenyldichloroethene (DDE) was tested for carcinogenicity in one study of perinatal exposure in rats treated by gavage. The mixture was not carcinogenic.

The hydroxylated mono-*ortho*-PCBs 2',4',6'-trichloro-4-biphenylol (4'-OH-PCB-30) and 2',3',4',5'-tetrachloro-4-biphenylol

(OH-PCB-61), alone or as a binary mixture, were tested for carcinogenicity in one study of perinatal exposure in female mice treated by subcutaneous injection. Both the individual congeners and the binary mixture caused a significant increase in the total incidence of malignant tumours of the cervicovaginal tract (squamous cell carcinomas and adenosquamous carcinomas).

A mixture of the three non-*ortho* congeners PCB-77, PCB-126, and PCB-169, six polychlorinated dibenzodioxins, and seven polychlorinated dibenzofurans was tested for carcinogenicity in one study of perinatal exposure in female rats treated by gavage. The mixture caused a significant increase in the incidence of benign lesions of the mammary gland (hyperplasia, adenoma, and fibroadenoma).

A mixture of PCB-126, TCDD, and 2,3,4,7,8-pentachlorodibenzofuran was tested for carcinogenicity in one long-term study in female rats treated by gavage. The mixture caused a significant increase in the incidence of benign and malignant tumours of the liver (hepatocellular adenoma and cholangiocarcinoma) and benign tumours of the lung (cystic keratinizing epithelioma).

5.3.2 Aroclor

In a feeding study of carcinogenicity in male and female rats, Aroclor 1016 caused significant increases in the incidence of hepatocellular adenoma, and of hepatocellular adenoma or carcinoma (combined) in female rats.

In a feeding study of carcinogenicity in male and female rats, Aroclor 1242 caused significant increases in the incidence of hepatocellular adenoma in female rats, and of thyroid follicular cell adenoma, and thyroid follicular cell adenoma or carcinoma (combined) in males.

Aroclor 1254 was tested for carcinogenicity in two feeding studies in male and female rats, one feeding study in male mice, three studies of transplacental/perinatal exposure in mice, two

studies examining promoting activity in male rats, five studies examining promoting activity in mice, and three co-carcinogenesis studies in mice. In rats, oral administration of Aroclor 1254 caused significant increases in the incidence of hepatocellular adenoma or carcinoma (combined) in males in the first study, and of hepatocellular adenoma and hepatocellular carcinoma in females, and of thyroid follicular cell adenoma, and follicular cell adenoma or carcinoma (combined) in males in the second study. In mice, oral administration of Aroclor 1254 caused significant increases in the incidence of “hepatomas” of the liver. In the studies of transplacental/perinatal exposure, Aroclor 1254 was not carcinogenic in mice, but promoted NDMA-induced bronchioloalveolar adenomas in two studies, and coalescing liver tumours in one study. In rats, Aroclor 1254 promoted NDEA-induced hepatocellular carcinomas in one study. In mice, Aroclor 1254 promoted NDEA-induced hepatocellular adenomas in one study, and NDEA-induced hepatocellular carcinomas, hepatoblastomas, and cholangiocellular tumours in another study. In a third study, Aroclor 1254 promoted lung tumours induced by NDMA and by 4-(methylnitrosamino)-1-(3-pyridyl)-1-butanone (NNK).

Aroclor 1260 was tested for carcinogenicity in one feeding study in male rats, one feeding study in female rats, and two feeding studies in male and female rats. Aroclor 1260 caused significant increases in the incidences of “liver tumours” in males in one study, and of hepatocellular adenoma and carcinoma in females in a second study. In a third study, Aroclor 1260 increased the incidence of hepatocellular carcinoma in females, and of cholangioma in males and females. In a fourth study, Aroclor 1260 increased the incidence of hepatocellular adenoma in males, of hepatocellular adenoma, hepatocellular carcinoma, and cholangioma in

females, and of thyroid follicular cell adenoma in males.

5.3.3 Clophen

In one feeding study of carcinogenicity in male rats, Clophen A 30 caused a significant increase in the incidence of benign hepatocellular tumours.

In one feeding study of carcinogenicity in male rats, Clophen A 60 caused significant increases in the incidence of benign hepatocellular tumours and hepatocellular carcinoma.

5.3.4 Kanechlor

Kanechlor 300 gave negative results when tested for carcinogenicity in one feeding study in male and female mice, and one feeding study in male mice.

Kanechlor 400 was tested for carcinogenicity in one feeding study in male and female mice, one feeding study in male mice, and one feeding study in male and female rats. Kanechlor 400 was also tested in three initiation–promotion studies examining promoting activity, one in rats and two in mice. Both studies of carcinogenicity in mice gave negative results. The results of the study of carcinogenicity in rats were inconclusive. Kanechlor 400 promoted hepatocellular tumours in one initiation–promotion study in rats, and in one initiation–promotion study in mice.

Kanechlor 500 was tested for carcinogenicity in one feeding study in male mice, one feeding study in male and female mice, and one initiation–promotion study of transplacental/perinatal exposure in male and female rats. It was also tested in three initiation–promotion studies, one in rats and two in mice, examining promoting activity. Kanechlor 500 caused significant increases in the incidence of hepatocellular carcinoma in both studies of carcinogenicity in male and female mice. Transplacental/perinatal

administration of Kanechlor 500 decreased the incidence of NDEA-initiated tumours of the liver in rats. Kanechlor 500 promoted hepatocellular tumours in the three initiation–promotion studies.

5.4 Mechanistic and other relevant data

5.4.1 Absorption, distribution, metabolism, and elimination

(a) Absorption

In humans, gastrointestinal absorption of PCBs was estimated to vary from 50% of the ingested amount to close to 100%, the absorption decreasing as the number of chlorine atoms of the congener increased. A similar situation was observed in experimental animals. Although no quantitative data were available regarding absorption of PCBs in humans exposed by inhalation, the levels of residues detected in individuals exposed to high concentrations of PCBs in air suggested that inhaled PCBs are absorbed to a substantial extent. Data from experimental animals indicated that inhalation of PCBs gives a higher uptake of PCBs than ingestion. Studies assessing dermal exposure to commercial PCB mixtures in humans and animals showed that this route of exposure generally results in absorption levels of between 20% and 40%, with dermal penetration varying inversely with the degree of chlorination of the mixture administered. First-pass metabolism at the site of dermal exposure appears to be responsible for differences in metabolism and disposition between routes of administration. The rate of absorption and the disposition of PCBs after dermal administration may be mediated by transdermal metabolism.

(b) *Distribution*

PCBs are lipophilic compounds that are preferentially retained and may accumulate in adipose tissue and lipid-rich tissues. A few studies mentioned substantial retention of certain congeners in the lung and spleen in mice and rats, respectively. The pattern of congeners observed in tissues of humans or experimental animals does not correspond to the congener profiles of PCB formulations. The major PCB components in the plasma and adipose tissue of occupationally exposed individuals are the hexa- and heptachlorobiphenyls. PCB congeners with chlorine atoms in the *para* positions are generally found at relatively high concentrations, while PCBs with unsubstituted *meta,para* positions on at least one ring are present at lower concentrations. The most abundant congeners found in adipose tissue, plasma, and liver are 2,2',3,4,4',5'-hexachlorobiphenyl (PCB-138), 2,2',4,4',5,5'-hexachlorobiphenyl (PCB-153) and 2,2',3,4,4',5,5'-heptachlorobiphenyl (PCB-180). PCBs have been found to cross the blood–brain barrier, and data from humans and experimental animals provided clear evidence for the transplacental passage of these chemicals. Metabolites of PCBs, including hydroxylated PCBs and methylsulfone PCBs, are also known to distribute to various tissues.

(c) *Metabolism*

Individual PCB congeners differ greatly in the ease with which they are metabolized in humans and animals. Congeners with four or fewer chlorines and those with adjacent unsubstituted *meta,para* positions are metabolized more readily than those with more than four chlorines and with substituents at *meta,para* ring positions. The initial step in the biotransformation of all PCB congeners is cytochrome P450 (CYP)-dependent mono-oxygenation. Readily metabolized congeners can be converted to potentially electrophilic and genotoxic metabolites of PCBs,

arene oxides, and quinones. Quinones arise from dihydroxylated PCB metabolites through the action of peroxidases or prostaglandin endoperoxide synthase. The other major pathway of metabolism of PCBs is conversion of an arene oxide metabolite to a glutathione conjugate. The glutathione conjugate is then converted either to the excreted non-toxic mercapturic acid, or to the generally poorly excreted methyl sulfone metabolite.

(d) *Elimination*

Highly chlorinated congeners persist in the body, with half-lives averaging about 8–15 years; the half-lives of less chlorinated PCBs are distinctly shorter. In addition, PCB half-lives vary according to species, being longer in humans than in experimental animals, including monkeys. PCBs are mainly excreted via the faeces, while urine usually represents a minor route of excretion. Faecal excretion concerns not only unabsorbed PCBs, but also the excretion of biliary metabolites in the intestine. The proportion as well as the rate of elimination in the excreta depends on the type of mixture or congener and the route of exposure. Excretion profiles, and metabolite profiles in excreta, were different after administration of a dermal dose of PCBs when compared with an equivalent intravenous dose.

In addition to hydroxylated and dihydroxylated PCBs, the corresponding glucuronide and sulfate conjugates, as well as mercapturic acids, have also been characterized in the urine. Lactation is also a major route of excretion of PCBs in animals and humans. Minor routes of excretion such as elimination through the intestinal wall in the gastrointestinal tract or via the skin may also occur.

5.4.2 Genetic and related effects

A very limited number of studies in humans was available on cytogenetic effects in peripheral lymphocytes (chromosomal aberration, sister-chromatid exchange, micronucleus formation) and urinary concentrations of 8-hydroxy-2'-deoxyguanosine (8-OHdG) in populations with possible exposure to PCBs. Although all these studies provided valuable information on genetic and related effects in humans exposed occupationally and environmentally to PCBs, the interpretation and generalization of the results was hindered by lack of information about PCB exposure, analysis, and levels, the lack of a real unexposed control population, the small number of individuals examined, confounding exposure to other chemicals, and lifestyle factors.

Several reports of sperm DNA damage and chromosome aneuploidy indicated that the testis may be a target organ for toxicity associated with PCBs.

Some very recent studies indicated that PCBs affect DNA methylation patterns in exposed humans, with long-term consequences for gene expression and chromosome stability. Since genes encoding for steroid hormone-synthesizing enzymes and oncogenes have been shown to be targeted, this may have significant implications for a possible mode of action of carcinogenesis by PCBs.

There was a lack of data about levels or even occurrence of individual PCB congeners in publications on the genotoxic effects of PCBs in humans. Only a few recent studies had analysed a very small number of congeners and calculated correlations with biological effects. Statistically positive correlations were found between serum concentration of PCB-118 and formation of micronuclei and DNA strand breaks (comet assay) in peripheral lymphocytes, serum concentrations of PCB-153 and DNA fragmentation in sperm, serum concentrations of PCB-138 and PCB-153

and *KRAS* mutation in tumours of the pancreas and brain, and PCB-95 concentrations and autism with a genetic basis (maternal dup15q11–q13 and Prader-Willi syndrome). These were interesting observations, but not sufficient to allow a structure–activity correlation.

Of all the commercial PCB mixtures, Aroclor 1254 has been by far the most extensively investigated for genetic effects *in vitro* and *in vivo*. Although numerous studies *in vitro* and *in vivo* with a negative outcome have been reported, almost none are suitable for hazard assessment, primarily due to the low doses tested and, in case of studies *in vitro*, the lack of an exogenous metabolic system. Thus the Working Group concluded, on the basis of a positive test for cell transformation and a weakly positive study of mutagenicity in transgenic mice *in vivo*, that mutagenicity associated with long-term exposure to Aroclor 1254 cannot be excluded with certainty.

Studies of mutagenicity with individual PCBs were available for 13 congeners. The most frequently investigated congener was monochlorinated PCB-3 and its metabolites, and studies *in vitro* and *in vivo* provided clear evidence that PCB-3 causes mutation *in vitro* and *in vivo*. However, metabolic activation to electrophilic species, *i.e.* quinones, is required, as shown by direct testing of PCB-3 metabolites for gene mutagenicity *in vitro*. The experimental evidence overall suggested that both DNA-adduct formation and generation of reactive oxygen species must be considered equally plausible modes of action.

Since both *in-vitro* and *in-vivo* studies provided evidence that PCB congeners with up to four chlorines are metabolically activated to electrophilic species that cause an increase in DNA-adduct levels, it seems likely that PCBs with one to four chlorines have the same mode of action as PCB-3. In contrast, strong evidence suggested that decachlorinated PCB-209 is very unlikely to cause mutations.

For dioxin-like PCB-126, a dose-dependent increase in DNA-adduct formation – resulting from lipid peroxidation or oxidative damage of the DNA backbone – has been reported in rats exposed to PCB-126 in the long-term. Thus, a genotoxic mechanism, probably via generation of reactive oxygen species, seems to contribute to the mode of action of PCB-126.

For non-dioxin-like PCB-153, a complete lack of genotoxic activity cannot be established with certainty since three in-vitro studies gave positive results. However, mechanistic follow-up studies in vitro and/or in vivo were not available to the Working Group. Thus, the relevance of this finding remains elusive.

For all other nine PCB congeners tested, i.e. PCB-15, PCB-47, PCB-52, PCB-77, PCB-101, PCB-118, PCB-138, PCB-155, and PCB-180, the Working Group considered that the results did not allow a clear conclusion to be drawn.

5.4.3 Cellular and biochemical effects

PCB congeners can be categorized according to their degree of chlorination, substitution pattern, and binding affinity to receptors. Individual PCB congeners activate receptors, including the aryl hydrocarbon, constitutive androstane, and pregnane xenobiotic receptors, and modulate gene expression controlled by these receptors/transcription factors.

(a) Cell death and proliferation

Twelve PCB congeners that have a strong affinity for the aryl hydrocarbon receptor are referred to as “dioxin-like PCBs.” Activation of the aryl hydrocarbon receptor is one of the key events linked to carcinogenesis mediated by dioxin-like compounds. Besides its role in induction of CYP1 enzymes (linked to toxicity and cancer initiation), sustained activation leads to deregulation of cell-cycle control and cell proliferation, inhibition of apoptosis, suppression of cell–cell communication and adhesion, and increased cell

plasticity and invasiveness. In accordance with the concept of toxic equivalency, PCB-126 is the most potent aryl-hydrocarbon receptor agonist of the PCBs, followed by PCB-169; mono-*ortho* chlorinated PCBs (e.g. PCB-118, PCB-156), and PCB-77 also activate the aryl hydrocarbon receptor, although to a lesser extent.

On the other hand, non-dioxin-like PCBs induce many of their effects via multiple aryl hydrocarbon receptor-independent mechanisms, including activation of the constitutive androstane or pregnane X receptors, and perturbations in cell–cell communication and cell adhesion. Non-dioxin-like PCBs induce production of reactive oxygen species, activation of NF- κ B transcription factors, and suppression of plasma membrane proteins, constituents of gap, adherens, and tight junctions, all of which may play a significant role in tumour promotion and progression. A series of non-dioxin-like PCBs, including less chlorinated congeners (e.g. PCB-18, PCB-47, PCB-52, and PCB-74), environmentally abundant congeners (e.g. PCB-138 and PCB-153), and hydroxylated metabolites, such as 3',4'-di(OH)PCB-5, 4-OH-PCB-109 (4-OH-2,3,3',4',5-pentaCB), and 4-OH-PCB-187, inhibited gap junction intercellular communication in rat liver epithelial cells. A mixture of seven non-dioxin-like PCBs (PCB-28, PCB-52, PCB-101, PCB-138, PCB-153, PCB-180, and PCB-209) induced production of reactive oxygen species and cell motility in human breast cancer cells. Both the dioxin-like congener PCB-126, and the non-dioxin-like congeners PCB-118 and PCB-153 disrupted the expression of cytosolic scaffold proteins of tight junctions in brain endothelial cells in mice. Expression of anti-apoptotic *Bcl2* gene in a short-term study in female rat liver, to decrease apoptotic index and to suppress the levels of gap junction and adherens junction proteins (connexin 43, β -catenin, E-cadherin) in rat liver epithelial cells. PCB-28, PCB-101, PCB-153, and also PCB-187 (to a lesser

extent) suppressed apoptosis in rat hepatocytes and human hepatoma HepG2 cells.

(b) *Endocrine disruption*

Population-based studies in men and women have shown an inverse correlation between serum concentrations of PCBs and circulating testosterone, including testosterone bound to sex-hormone-binding globulin. Studies on mother–infant pairs showed an inverse relationship between indicator PCBs and testosterone in female infants, which was statistically significant with the mono-*ortho* congeners PCB-105 and PCB-118, while male infants showed a stronger reduction in estradiol with higher serum concentrations of PCBs.

In studies on extracts of PCBs from human serum, higher serum PCB concentrations correlated with lower activities of the estrogen, androgen, and aryl hydrocarbon receptors.

The observed inverse trend between dioxin-like PCBs and activities of the aryl hydrocarbon and estrogen receptors suggests that these compounds have anti-estrogenic activity. In cultured cells, highly chlorinated congeners generally act as anti-estrogens and their hydroxylated metabolites are more active than the parent compound. In contrast, less chlorinated PCBs and their hydroxylated metabolites are generally estrogenic, and their potency is dependent upon *ortho* chlorination and *para* hydroxylation; estrogenic activities of the hydroxylated metabolites of less chlorinated PCBs were reported to be additive.

Studies with cultured cells demonstrated that some PCBs are androgen-receptor antagonists, the anti-androgenic effects of dioxin-like PCBs being more pronounced than those of *ortho*-substituted PCBs. This antagonism has been associated in humans with several factors related to an increased risk of cancer of the testis.

In population-based studies, an inverse correlation was also reported between total serum PCBs and triiodothyronine, thyroxine,

and thyroid-stimulating hormone. For hydroxylated PCBs, a positive correlation was found with free thyroxine in umbilical cord tissue of fetuses after in-utero exposure.

Studies in rats demonstrated that hydroxylated PCBs that bind to the thyroid receptor act as agonists to the thyroid hormone; one metabolite even displayed a higher binding affinity than does thyroxine, the natural ligand. PCBs with chlorines in the *ortho* position only have significant binding affinity for the transport protein transthyretin.

Hydroxylated PCBs may cross the placental barrier, probably through binding to transthyretin, thus causing a reduction of total and free thyroxine concentrations in fetal plasma and brain. Moreover, pre- and postnatal exposure to PCBs and their hydroxylated metabolites can interfere with the thyroid-hormone system, which may lead to a decrease in levels of thyroid hormone.

Disturbance of thyroxine-binding to transthyretin by PCB metabolites and increased glucuronidation causes a reduction in serum thyroxine concentrations in Aroclor 1254-exposed rats. The interference of PCBs with the thyroid system in vitro as well as in animals corroborates the effects observed in human population studies. The effects of PCBs on thyroid-hormone function, metabolism and transport may increase the risk for toxicity and pre-cancerous processes.

In a study that considered 10 different mechanisms to establish in-vitro toxicity profiles for 24 PCB congeners, hierarchical cluster analysis showed that 7 indicator PCBs contributed most to the anti-androgenic, (anti)estrogenic, and anti-thyroidal effects of PCBs reported to be present in human samples.

(c) *Effects on the immune system*

The limited data available for human exposure suggested that PCBs may cause immunosuppression. PCBs can affect an impressive number of immune parameters that include

changes in bone-marrow cellularity; shifts in T-lymphocyte subsets and function; thymus and spleen atrophy, which correlate strongly with humoral and cell-mediated immunosuppression; reduced resistance to microbial infection; and a compromised immune-surveillance mechanism. Alterations in the immune system and immunotoxicity were also reported after PCB exposure during prenatal or early life.

An estimation of the degree of immunotoxicity induced by various PCB congeners and mixtures is hindered by the fact that several species with significant differences in sensitivity were used across the studies, with different routes of exposure and levels of treatment. In general, doses of > 1 mg/kg bw per day of the highly chlorinated commercial PCB mixtures (Aroclors 1248, 1254, 1262, and 1260) were more immunotoxic than the less chlorinated PCB mixtures. The few individual congeners tested in rats caused only minor changes in the thymus without affecting other parameters of the immune system.

Non-human primates are more sensitive to PCB-induced immunotoxicity. In long-term studies in rhesus monkeys exposed at levels similar to those in humans, a consistent finding was the significantly suppressed response to challenge with sheep red blood cell antigen in adult and infant monkeys. Similar results were observed in many other experimental animals at higher concentrations of PCBs.

The humoral immune response to sheep red blood cell antigen is the most predictive of the tests currently used in immunotoxicology, and has been used in the calculation of TEFs. The TEF calculation is based on the assumptions that the effects of PCBs on the immune system are mediated through the aryl hydrocarbon receptor, and that PCBs in mixtures may have an additive effect. Nonetheless, certain PCBs exert their immunotoxic effects by mechanisms that are not mediated through the aryl hydrocarbon receptor; such effects are thought to be mediated

via metabolism to arene-oxide intermediates capable of alkylating critical cellular macromolecules. Additionally, certain non-dioxin-like PCBs may antagonize the immunotoxic effects of other chemicals, including those of dioxin.

The effects on the immune system were shown to persist in children at a later age. The severity of effects correlated with PCB concentrations in the children's blood, or with those in maternal blood during pregnancy and lactation. Similar results were obtained in experimental animals.

(d) *Effects on the inflammatory response*

Exposure to PCBs has been associated with the development of inflammation in several studies in experimental animals in vivo; chronic active inflammation can be detected specifically in tissues that are affected by PCB exposure.

In in-vivo studies in mice, it has been reported that PCB-77, PCB-104, and PCB-153 are associated with inflammation in target organs since they induced the production of specific inflammatory mediators, including intercellular adhesion molecules (e.g. ICAM, VCAM-1, MCP-1) in the liver, lungs, and brain. The tissue distribution of these inflammatory mediators varied according to the congener administered, probably due to differences in congener accumulation in the various organs.

PCBs have also been shown to cause vascular inflammation in vivo.

In vitro, PCB-153 may induce expression of several pro-inflammatory cytokines through NF- κ B pathway inhibitor.

Several PCB congeners and mixtures, including Aroclor 1242 and PCB-47, interfere with O_2^- elimination by suppressing the activity of superoxide dismutase which converts O_2^- to H_2O_2 . Non-dioxin-like PCBs are capable of stimulating neutrophil O_2^- production, while dioxin-like congeners with a high affinity for the aryl hydrocarbon receptor do not activate neutrophils to produce O_2^- and may inhibit this response.

Certain congeners (PCB-77, PCB-114, PCB-126, and PCB-169) disrupted the normal functions of the vascular endothelium, thus allowing increased transfer of albumin across endothelial monolayers. The same congeners enhanced oxidative stress, increased production of interleukin-6 by endothelial cells, increased the levels of intracellular calcium, increased the activity of cytochrome P450 1A, enhanced expression of the adhesion molecule VCAM-1, and decreased levels of vitamin E in the culture medium. In contrast, PCB-153 did not have an effect on cellular oxidation or on endothelial barrier function.

5.4.4 Classification of congeners and quantitative structure–activity relationships

Different key structural determinants of the toxicity of individual PCB congeners were identified in various in-vitro assays for specific effects of tumour promotion, endocrine disruption, and neurotoxicity. Multivariate toxicity profiling of a series of PCB congeners indicated that many of the responses are due to different structure–activity relationships and cannot be integrated. The use of quantitative structure–activity relationships is also hampered at present by the lack of data on specific cancer-related modes of action for larger sets of congeners.

5.4.5 Hepatic preneoplastic lesions

Numerous studies have used preneoplastic lesions as end-points to study the effects of PCBs on two-stage hepatocarcinogenesis. PCBs have promoting activity, especially congeners and mixtures that activate the aryl hydrocarbon and/or constitutive androstane receptors. When non-*ortho* and di-*ortho* PCBs are coadministered, less than additive effects are observed in most studies, while administration of two non-*ortho*

PCBs is additive. Several less chlorinated PCBs have initiating activity.

5.4.6 Organ toxicity

Organ toxicity relevant to the carcinogenicity of long-term exposure to PCB congeners and commercial mixtures of PCBs in experimental systems is observed in the liver and also in other organs, notably the lung and thyroid.

5.4.7 Effects on skin

Chloracne and other dermal alterations are well-known effects that have been reported in workers exposed occupationally to PCBs, and in individuals exposed by accidental ingestion of rice oil contaminated with high concentrations of PCBs (Yusho and Yucheng victims). Chloracne generally appears in individuals with serum PCB concentrations that are 10–20 times higher than those of the general population, but there is large variability between individuals. At birth, children exposed in utero during food poisoning incidents had increased rates of hyperpigmentation, eyelid swelling and discharge, deformed nails, and acne, compared with controls.

Long-term oral administration of relatively low doses of PCBs to rhesus monkeys resulted in dermal alterations similar to those observed in humans exposed at high concentrations. Offspring from monkeys exposed during gestation and nursed by exposed mothers also developed dermal alterations after a few weeks of suckling. Rodents also develop skin alterations, but only after high exposures to PCBs.

Exposure of normal human melanocytes to TCDD resulted in activation of the aryl hydrocarbon receptor signalling pathway, an aryl hydrocarbon receptor-dependent induction of tyrosinase and – as a consequence – an elevated total melanin content. These effects were due to the induction of expression of tyrosinase and tyrosinase-related protein 2 genes. Thus, the

aryl hydrocarbon receptor is able to modulate melanogenesis by controlling the expression of melanogenic genes. This lends biological plausibility to the epidemiological findings of increased risks of melanoma of the skin after exposure to PCBs.

5.4.8 Susceptible populations

(a) Genetic polymorphisms

Differences in response to individual congeners may arise from polymorphisms in the genes for CYP, the aryl hydrocarbon receptor and repressor, and other enzymes and receptors that interact with endogenous molecules such as steroid hormone receptors. Studies in the most highly exposed populations reported a higher incidence of cancer of the breast in women with the *CYP1A1*2C* genotype; of non-Hodgkin lymphoma and a polymorphism in the gene encoding the aryl hydrocarbon receptor; and of skin lesions in Yucheng victims who had the *CYP1A1*2C* polymorphism and were null for *GSTM1*.

(b) In-utero and postnatal exposure

PCBs can pass through the placenta during embryonic development and is excreted in breast milk. In addition, compared with adults, children have a lower barrier to absorption through the skin, gastrointestinal tract, and lungs, and lower levels of detoxifying enzymes. A combination of all these factors leads to a higher accumulation of PCBs in children. The determination of PCB concentrations in cord blood, breast milk, and in tissues of mother/infant have contributed significantly to the understanding of the movement of these compounds from mother to infant and their distribution patterns throughout the body.

A significant dose-dependent relationship exists between the duration of breastfeeding and the concentration of the sum of congeners PCB-101, PCB-118, PCB-138, PCB-153, PCB-170, PCB-180, PCB-183, and PCB-187. Exclusive

breastfeeding beyond 12 weeks was associated with a doubling in the whole blood concentration of PCBs compared with bottle-fed children.

Elimination kinetic studies in children with elevated PCB concentrations as a result of breastfeeding revealed differences in congener half-lives. The longest half-lives corresponded to elimination of the parent PCB only, with a daily fat excretion rate of 1–2 g, while shorter half-lives were attributable to metabolic breakdown.

Long-term studies in non-human primates receiving Aroclor 1254 have shown that in tissues of mother/infants with higher concentrations of PCBs, a dramatic shift from tetra- and hexachlorobiphenyls to penta- and heptachlorobiphenyls was observed. The PCB distribution pattern in tissues from a dosed mother/infant pair differed between mother and infant, with a larger percentage of heptachlorobiphenyls in the infant than in its dam. PCB concentrations in the infant's blood declined rapidly and approached maternal levels within 40–50 weeks; at 100 weeks after weaning, PCB concentrations in the adipose tissue of exposed infants were similar to background levels found in the control group.

Tissue retention/accumulation of PCBs in postnatal and prepubertal studies in mice showed results consistent with the well known effect of chlorine-substitution pattern on the rate of metabolism. In the lung, all congeners except PCB-153 were retained and decreased in amount only as a function of dilution due to growth. The selective retention of congeners with high affinity for the aryl hydrogen receptor is of interest since it is a property that correlates with toxicity and tumour promotion. In the liver, retention of all congeners was observed during the prepubertal growth phase, with specific enrichment of PCB-105, followed subsequently by more rapid depletion of certain congeners.

Prenatal/postnatal (through breastfeeding) exposure to PCBs can affect the dynamics of cell-surface receptor expression on lymphoid cells. These effects result in dysfunctional

immune responses, which may have adverse immune-system related consequences on the health of infants and toddlers. Furthermore, PCB-induced effects on the thymus and natural killer cells have been reported in children, and these effects may play a role in the development of leukaemia in these children.

5.4.9 Mechanistic considerations

PCBs and their metabolites have multiple modes of action. Less chlorinated congeners involved in oxidative metabolism may produce oxidative stress and genotoxicity; highly chlorinated congeners are very persistent and interact with various receptors including the aryl hydrocarbon, constitutive androstane, pregnane-X (controlling xenobiotic and steroid hormone metabolism and other processes), and steroid nuclear receptors such as the androgen and estrogen receptors. Additionally, PCBs modulate plasma membrane-associated proteins affecting cell communication, adhesion and migration, and also act as tumour promoters. Overall, PCBs occur and act in complex mixtures eliciting both genotoxic and nongenotoxic effects associated with carcinogenesis, tumour promotion, and progression.

6. EVALUATION AND RATIONALE

6.1 Cancer in humans

There is *sufficient evidence* in humans for the carcinogenicity of polychlorinated biphenyls (PCBs). PCBs cause malignant melanoma. Positive associations have been observed for non-Hodgkin lymphoma and cancer of the breast.

6.2 Cancer in experimental animals

There is *sufficient evidence* in experimental animals for the carcinogenicity of PCBs.

There is *sufficient evidence* in experimental animals for the carcinogenicity of PCB-126, PCB-118, Aroclor 1260, Aroclor 1254, and Kanechlor 500.

There is *limited evidence* in experimental animals for the carcinogenicity of PCB-153, 4'-OH-PCB-30, 4'OH-PCB-61, Aroclor 1242, Aroclor 1016, Clophen A30, and Clophen A60.

There is *inadequate evidence* in experimental animals for the carcinogenicity of PCB-138, Kanechlor 300, and Kanechlor 400.

Congeners for which there is *sufficient evidence* in experimental animals for carcinogenicity (PCB-126 and PCB-118) are agonists of the aryl hydrocarbon receptor and exhibit dioxin-like properties. Commercial mixtures for which there is *sufficient evidence* in experimental animals for carcinogenicity are highly chlorinated and are known to include aryl-hydrocarbon receptor agonists that exhibit dioxin-like

properties, as well as agonists of the constitutive androstane receptor.

The commercial mixtures for which there is *limited evidence* in experimental animals generally have a low degree of chlorination, but are also known to contain congeners that are agonists of the aryl hydrocarbon and/or constitutive androstane receptors. The relative contributions of the different congeners (dioxin-like and non-dioxin-like) to the carcinogenicity of the commercial mixtures is not known.

6.3 Overall evaluation

PCBs are *carcinogenic to humans (Group 1)*.

“Dioxin-like” PCBs, with a toxicity equivalency factor (TEF) according to WHO (PCB-77, PCB-81, PCB-105, PCB-114, PCB-118, PCB-123, PCB-126, PCB-169, PCB-156, PCB-157, PCB-167, PCB-189), are *carcinogenic to humans (Group 1)*.

6.4 Rationale

In making this overall evaluation, the Working Group considered that:

- There is strong evidence to support a receptor-mediated mechanism for carcinogenesis associated with dioxin-like PCBs in humans, based upon demonstration of carcinogenicity in experimental animals and upon extensive proof of activity identical to 2,3,7,8-tetrachlorodibenzo-*para*-dioxin (TCDD) for every step of the mechanism described for

TCDD-associated carcinogenesis in humans, including receptor binding, gene expression, protein-activity changes, cellular replication, oxidative stress, promotion in initiation–promotion studies and complete carcinogenesis in experimental animals.

- However, the carcinogenicity of PCBs cannot be attributed solely to the carcinogenicity of the dioxin-like PCBs.